

Withdrawal/Redaction Sheet

Clinton Library

DOCUMENT NO. AND TYPE	SUBJECT/TITLE	DATE	RESTRICTION
001. resume	re: James Gordon (partial) (1 page)	09/09/1999	P6/b(6)
002. list	re: Possible Commission Members (3 pages)	n.d.	P2, P5, P6/b(6)

COLLECTION:

Clinton Presidential Records
Domestic Policy Council
Devorah Adler
OA/Box Number: 20472

FOLDER TITLE:

Alternative Medicine [Folder 1]

2012-0463-S

rc706

RESTRICTION CODES

Presidential Records Act - [44 U.S.C. 2204(a)]

- P1** National Security Classified Information [(a)(1) of the PRA]
- P2** Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3** Release would violate a Federal statute [(a)(3) of the PRA]
- P4** Release would disclose trade secrets or confidential commercial or financial information [(a)(4) of the PRA]
- P5** Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]
- P6** Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

C. Closed in accordance with restrictions contained in donor's deed of gift.

PRM. Personal record misfile defined in accordance with 44 U.S.C. 2201(3).

RR. Document will be reviewed upon request.

Freedom of Information Act - [5 U.S.C. 552(b)]

- b(1)** National security classified information [(b)(1) of the FOIA]
- b(2)** Release would disclose internal personnel rules and practices of an agency [(b)(2) of the FOIA]
- b(3)** Release would violate a Federal statute [(b)(3) of the FOIA]
- b(4)** Release would disclose trade secrets or confidential or financial information [(b)(4) of the FOIA]
- b(6)** Release would constitute a clearly unwarranted invasion of personal privacy [(b)(6) of the FOIA]
- b(7)** Release would disclose information compiled for law enforcement purposes [(b)(7) of the FOIA]
- b(8)** Release would disclose information concerning the regulation of financial institutions [(b)(8) of the FOIA]
- b(9)** Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

Biosketch

Linda H. Aiken, Ph.D.

Dr. Aiken is Director of the Center for Health Outcomes and Policy Research, and The Claire M. Fagin Leadership Professor of Nursing and Professor of Sociology at the University of Pennsylvania in Philadelphia, USA. Dr Aiken's other appointments at the University of Pennsylvania include senior fellow at the Leonard Davis Institute for Health Economics, Research Associate in the Population Studies Center, and Director of Social and Behavioral Sciences Program of the University of Pennsylvania Center for AIDS Research. Prior to joining the faculty of the University of Pennsylvania in 1988, Dr. Aiken was Vice President of the Robert Wood Johnson Foundation. Dr. Aiken is a member of the Institute of Medicine of the National Academy of Sciences, the American Academy of Arts and Sciences, the National Academy of Social Insurance, a former president of the American Academy of Nursing, and Distinguished Fellow of the Association for Health Services Research. She served on the Physician Payment Review Commission for six years, and was a member of President Clinton's National Health Reform Task Force and the 1982 Social Security Advisory Council. Dr. Aiken conducts research on health care outcomes and health workforce policy. Her recent work has focused on the impact of cost containment driven hospital restructuring on patient outcomes in the U.S., Canada, U.K., and Germany. In addition she studies AIDS prevention and care. She has consulted on health care systems and workforce in various parts of the world, including most recently the countries of central and eastern Europe, central Asia, and Russia. Dr. Aiken received her bachelors and master's degrees in nursing from the University of Florida, Gainesville, and her Ph.D. in sociology and demography from the University of Texas at Austin. She was a postdoctoral research fellow in medical sociology at the University of Wisconsin, Madison.

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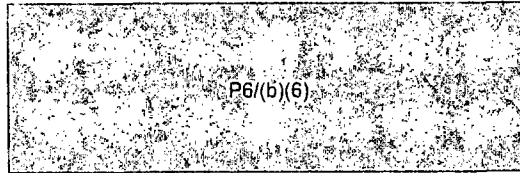
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SEPT-05-1999 10:10 C:\KIND\B... CURRICULUM VITAE

CURRICULUM VITAE

James Samuel Gordon, MD



[001]

Date of Birth:

P6/(b)(6)

SSN:

P6/(b)(6)

EMPLOYMENT

Director, The Center for Mind-Body Medicine, Washington, DC, 1991-Present

Chair, Program Advisory Council, Office of Alternative Medicine, National Institutes of Health, Bethesda, MD, 1994-1997

Clinical Professor, Departments of Psychiatry and Family Medicine, Georgetown University School of Medicine, Washington, DC, 1980-Present

Private Practice of Psychiatry and Medicine, 1971-Present

Member, Cancer Advisory Panel, The National Institutes of Health, 1998 - Present

Fellow, The Fetzer Institute, Kalamazoo, MI, 1990-1996

Senior Consultant, The Latin American Youth Center, Washington, DC, 1984-Present

Associate Clinical Professor, Department of Psychiatry, The Uniformed Services University of the Health Sciences, Bethesda, MD, 1989-Present

SEP-69-1999 10-10 CTR AND EXT MEDICAL
Visiting Scholar, Aurora Associates, Washington, DC, 1982-1984

Chief, Adolescent Services Branch, Division of Child and Adolescent Services, Saint Elizabeths Hospital, Washington, DC, 1980-1982

Research Psychiatrist, Division of Special Mental Health Programs, National Institute of Mental Health, Rockville, MD, 1980-1982

Medical Consultant, The Wellness Program, Walter Reed Army Medical Center, Washington, DC, 1980-1982

Research Psychiatrist and Consultant on Alternative Forms of Service, Center for Studies of Child and Family Mental Health, National Institute of Mental Health, Rockville, MD, 1974-1980

Senior Consultant on Adolescence, Division of Child and Adolescent Services, Saint Elizabeth's Hospital, Washington, DC 1979-1980

Blanche Ittleson Consultant, The Group for the Advancement of Psychiatry (Committee on Psychiatry and Religion), 1979

Director, Special Study on Alternative Services, The President's Commission on Mental Health, 1977-1978

Visiting Lecturer, Community Therapy Training Center, Washington, DC, 1975

Visiting Lecturer, Graduate School of Psychology, The Catholic University of America, Washington, DC, 1974

Staff Psychiatrist, Mental Health Study Center, National Institute of Mental Health, Adelphi, MD, 1971-1974

Chief Resident and Clinical Instructor in Psychiatry, Albert Einstein College of Medicine, Bronx, NY, 1970-1971

Resident in Psychiatry, Albert Einstein College of Medicine, Bronx, NY, 1968-1970

Rotating Intern, Mount Zion Hospital, San Francisco, CA, 1967-1968

Volunteer Physician, Haight-Ashbury Free Medical Clinic, San Francisco, CA, 1967-1968

Clinical Researcher on the Phenomenology of Infantile Autism, Metropolitan State Hospital, Waltham, MA, 1967

National Institute of Health Research Fellow and Teaching Assistant, Department of Pathology, Cornell Medical College, New York, NY, 1964-1965

Teaching Fellow in General Education, Harvard College, Cambridge, MA, 1963-1967

EDUCATION

Chief Resident in Psychiatry, Albert Einstein College of Medicine, Bronx, NY, 1970-1971

Resident in Psychiatry, Albert Einstein College of Medicine, Bronx, NY 1968-1970

Rotating Intern, Mount Zion Hospital, San Francisco, CA, 1967-1968

M.D., Harvard Medical School, Cambridge, MA, 1967

A.B., Magna Cum Laude, Harvard College, Cambridge, MA, 1962

HONORS AND AWARDS

Ford Foundation Grant, ("Humanistic Perspectives on Contemporary Social Issues") for a study of and book on Americans and the new religions, 1982

Medical Self-Care Magazine's Book Award for *Health for the Whole Person: The Complete Guide to Holistic Medicine*, 1981

Diplomate, American Board of Psychiatry and Neurology, 1978

Harvard College:

Phi Beta Kappa, 1962

Bowdoin Prize for Outstanding Literary Achievement

First Prize, 1962

Third Prize, 1961

Sargent Shakespeare Prize, 1962

Shaw Travelling Fellowship, 1962

TEACHING EXPERIENCE

Georgetown Medical School, Director of Program of Mind-Body Studies in the Departments of Psychiatry and Community and Family Medicine, 1980-Present:

- Clerkships in psychiatry and psychosomatic medicine for fourth-year medical students and residents in Psychiatry and Community and Family Medicine
- Lectures and seminars for residents in Psychiatry and Community and Family Medicine
- Electives for first and second-year students—"An Integral Approach to Psychiatry and Psychosomatic Medicine;" "The Healing Partnership;" "The Alternative Medicines;" "Nutrition in Clinical Practice;" and "Alternative Medicine."

— 4 —

Community Therapy Training Center, Presented a semester-long series of original lectures on an "Introduction to Psychotherapy," 1975

— 5 —

The Catholic University of America, A course for Ph.D. candidates in psychology in "Psychohistory," 1974

Albert Einstein College of Medicine, Supervised first-year residents and medical students on short- and long-term psychiatric wards, 1970-1971

Cornell Medical School, Taught a section of pathology to second-year medical students, 1964-1965

Harvard College, Taught English Composition, Literature and Creative Writing to Harvard and Radcliffe freshmen (Advanced Honors Sections), 1963-1964, 1965-1967

ADMINISTRATIVE EXPERIENCE

Chief, Adolescent Services Branch Division of Child and Adolescent Services, Saint Elizabeths Hospitals—Served as clinical and administrative director for the District of Columbia's forty-bed in-patient psychiatric service (staff of 65 including child psychiatrists and psychiatric residents) for adolescents. Supervised a short-term admissions and court evaluation unit. Organized and supervised a twenty-bed long-term intensive treatment program which emphasized individual, family and milieu therapy, self-help skills (including relaxation therapies, dietary modifications, physical exercise, etc.), a comprehensive psycho-educational program, vocational training, community involvement and aftercare, 1980-1982

Research Psychiatrist, Division of Special Mental Health Programs, National Institute of Mental Health. Advised the National Institute of Mental Health on the development of community-based health and mental health programs. Continued ongoing studies of the treatment needs of American young people and their families. Served on a committee as a liaison with other agencies in the Department of Health and Human Services, 1980-1982

Research Psychiatrist and Consultant on Alternative Forms of Services, Center for Studies of Child and Family Mental Health, National Institute of Mental Health. Directed the National Institute of Mental Health's nationwide demonstration program for runaway youths and its efforts to study and support alternative mental health services, 1974-1980

Director, Special Study on Alternative Services, The President's Commission on Mental Health. Directed a nationwide study of alternative mental health services for President Carter's Commission of Mental Health. The results of this study were published as a monograph and included in Volume II of the *Report to the President's Commission on Mental Health*, 1977-1978

EDITORIAL POSITIONS AND APPOINTMENTS IN SOCIETIES OR REVIEW BOARDS

Editorial Board, *Alternative and Complementary Therapies*, 1994 – present

Editorial Board, *Alternative Therapies in Health and Medicine*, 1994 – present

Trustee, American Holistic Health Association, 1990-1991

Member, Acupuncture Advisory Board, District of Columbia, 1987-1996

Fellow, American Association for Social Psychiatry, 1983-1996

Trustee, American Holistic Medical Association, 1980-1986

Contributing Editor, *Holistic Medicine*, 1980-1986

Consultant, *The Journal of Alternative Human Services*, 1976-1980

- Required lectures for first-year medical students in Psychiatry and Family Medicine on "Illness and Personal Transformation" and "The Social and Cultural Context of Health and Illness"
- Leadership of sections in second-year course in psychiatry
- Seminars on "Self-Regulation Strategies;" "Mind-Body Medicine;" and "The Spiritual Dimensions of Psychiatry" for Psychiatric Residents

Center for Mind-Body Medicine

- Course Director for "The Spirit of Self-Regulation" Professional Training Program

Lectures, Workshops, Ground Rounds, etc. at numerous medical schools including Albany Medical School, Albert Einstein College of Medicine, Columbia University, Dartmouth, George Mason University, George Washington University, Harvard, Howard University, Jefferson Medical School, Johns Hopkins University, State University of New York at Buffalo, Temple University, University of California (San Francisco), University of Chicago, University of Illinois Medical School, and University of Michigan, University of Minnesota, American Psychiatric Association, American Psychological Association, American Naturopathic Association, as well as at national and regional meetings of the American Medical Students Association. Topics included: "Innovative Approaches to the Treatment of Psychosis;" "The Social Context of Mental Illness;" "Alternative Services and Mental Health;" "Community Mental Health;" "Runaway Youth;" "Youth and Social Change;" "The Psychology of Adolescence;" "The American Family;" "Healing Relationships;" "Holistic Medicine and Psychiatry;" "The Paradigm of Holistic Medicine;" "Stress and Stress Reduction;" "American Youth and the New Religions;" "Psychiatry and Spirituality;" "Mind-Body Medicine," "Manifesto for a New Medicine," and "The Natural Healing of Depression."

Community Therapy Training Center, Presented a semester-long series of original lecturers on an "Introduction to Psychotherapy," 1975

PUBLICATIONS:
ARTICLES IN REFEREED JOURNALS

"Alternative Medicine and the Family Physician" in *American Family Physician*, Vol. 54, No. 7, 2205-2212 (1996)

"The Voices of Experience and the Process of Change in Medicine" in *Alternative Therapies*, Vol. 2, No. 3, 95-96 (1996)

"Holistic Medicine and Mental Health Practice: Toward a New Synthesis" in *American Journal of Orthopsychiatry*, Vol. 60, No. 3, 357-370 (1990)

"The Cult Phenomenon and the Psychotherapeutic Response" in *Journal of the American Academy of Psychoanalysis*, Vol. 11, No. 4, 603-615 (1983)

"Holistic Medicine: Advances and Shortcomings" in *The Western Journal of Medicine*, Vol. 136, No. 6, 546-551 (1982)

"Psychiatry and Alternative Services" in *American Journal of Psychiatry*, Vol. 139, No. 5, 653-656 (1982)

"Holistic Medicine: Toward a New Medical Model" in *The Journal of Clinical Psychiatry*, Vol. 42, No. 3, 114-119 (1981)

"Freedom from Pain" by David Bresler, a book review, *American Journal of Psychiatry*, Vol. 138, No. 2, 273 (1981)

"The Runaway Center as Community Mental Health Center" in *American Journal of Psychiatry*, Vol. 135, No. 9, 932-935 (1978)

"Group Homes: Alternative to Institutions" in *Social Work*, Vol. 23, 300-305 (1978)

"Alternative Group Foster Homes: A New Place for Young People to Live" in *Psychiatry*, Vol. 39, No. 4, 339-354 (1976)

"Working with Runaways and Their Families: How the SAJA Community Does It" in *Family Process*, Vol. 14, No. 2, 235-236 (1975)

"The Washington, DC Runaway House" in *Journal of Community Psychology*, Vol. 3, No. 1, 68-80 (1975)

BOOKS

Manifesto for a New Medicine: Your Guide to Healing Partnerships and the Wise Use of Alternative Therapies, Addison-Wesley Publishing, Reading, MA, 1996

Stress Management, a volume in *The Encyclopedia of Medicine* (Edited by Solomon Snyder, M.D.), Chelsea House, New York, 1990

Holistic Medicine, a volume in *The Encyclopedia of Medicine* (Edited by Dale Garell, M.D.), Chelsea House, New York, 1988

The Golden Guru: The Strange Journey of Bhagwan Shree Rajneesh, Stephen Green Press, Viking/Penguin, New York, 1987

The Healing Partnership with Raymond Rosenthal, M.D., MPH, Aurora, Washington, DC, 1984

New Directions in Medicine with Raymond Rosenthal, M.D., MPH, Aurora, Washington, DC, 1984

Mind, Body and Health: Toward an Integral Medicine, (Edited with Dennis Jaffe, Ph.D. and David Bresler, Ph.D.), Human Sciences Press, New York, 1982

Reaching Troubled Youth: Runaway Centers and Community

Mental Health, (Edited with Margaret Beyer, Ph.D.), National Institute of Mental Health, 1981

Health for the Whole Person: The Complete Guide to Holistic Medicine, (Edited with Arthur Hastings, Ph.D. and James Fadiman, Ph.D), Boulder, CO, Westview Press, 1980 and Bantam Books, 1982

Caring for Youth: Essays on Alternative Services, National Institute of Mental Health, 1978. Reprinted, 1980

MONOGRAPHS

"Alternative Medicine: Expanding Medical Horizons," Office of Alternative Medicine, Government Printing Office, 1995.

"Special Study on Alternative Services," Volume II of the *Report to the President's Commission on Mental Health*, Government Printing Office, 1978

CHAPTERS IN BOOKS

"Foreword" in *Homeopathic Self-Care: The Quick and Easy Guide for the Whole Family* by Judyth Reichenberg-Ullman, N.D. and Robert Ullman, N.D. Prima Publishing, 1997.

"Foreword" in *A Brain is Born: Exploring the Birth and Development of the CNS* by John E. Upledger, D.O., O.M.M. North Atlantic Books and The Upledger Institute, Inc., 1996.

"The New Medicine" in *Future Care: Responding to the Demand for Change*, Faulkner & Gray's 21st Century Health Care Series, Vol. 1, (Bezold and Mayer, editors) 1996

"Mind-Body Interventions" with Jeanne Achterberg, Ph.D., and Larry

Dossey, M.D. in *Report on the Status of Alternative Medicine*.

"Alternative Medicine Should Be Considered Standard Medical Practice" in *Health Care in America*, "Opposing Viewpoints Series, (Bender & Leone, editors) 1994

"Foreword" in *A Time to Heal* by Daniel Redwood, A.R.E., 1994

"A Letter from Poona, November, 1989" in *The Rajneesh Papers: Studies in a New Religious Movement*, (Palmer and Sharma), Motilal Banarsidass Publishers, 1993

"Holistic Medicine and Mental Health Practice: Toward a New Synthesis" in *Yearbook of Cross-Cultural Medicine and Psychotherapy*, 1992

"Alone and Together" in *On the Vineyard II* (Simon, editor), 1990

"Psychiatry and the Krishnas" in *The Hare Krishna Movement* (Shinn and Bromley, editors), Bucknell University Press, 1990

"Crisis in Adolescence" in *Issues and Trends in Health* (Carlson and Newman, editors), CV Mosby and Co., 1987

"Holistic Medicine: Fringe or Frontier?" in *The Holistic Health Handbook* (Bliss, editor), Stephen Green Press, 1985

"Holistic Health Centers" in *Alternative Medicine* (Salmon, editor), Tavistock, 1984

"Foreword" in *Everybody's Guide to Homeopathic Medicine* (Cummings and Ullman), Tarcher, 1984

"Toward an Integral Medicine" with James Fadiman in *Mind, Body and Health: Toward an Integral Medicine*, Human Sciences Press, 1984

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"Alternatives in Mental Health" in *Mind, Body and Health: Toward an Integral Medicine*, Human Sciences Press, 1984

"Alternative Services and Mental Health" in *Networking Human Systems*, Human Sciences Press, 1984

"New Directions in Childbirth" with Doris Haire in *Health for the Whole Person: The Complete Guide to Holistic Medicine*, Westview Press, 1980 and *Pregnancy, Childbirth and Parenthood*, Plenum, 1981

"The Paradigm of Holistic Medicine" in *Health for the Whole Person: The Complete Guide to Holistic Medicine*, Westview Press, 1980

"Holistic Health Centers" in *Health for the Whole Person: The Complete Guide to Holistic Medicine*, Westview Press, 1980

"Running Away in America: The History and the Hope" in *Uprooting and Development*, Plenum, 1980

"Mental Health Services Now and for the Future" in *Toward a New Definition of Health*, Plenum, 1979

"Running Away: Reaction or Revolution?" in *Adolescent Psychiatry*, Volume VII, University of Chicago Press, 1979

"Consultation with Youth Projects" in *Consultation in Community Settings*, Jossey-Bass, 1979

"Mental Health for People" in *The Federal Budget and Social Reconstruction*, Transaction, New Brunswick, NY, 1978

"Consultation with Alternative Services for Young People" in *Mental Health Consultation*, National Institute of Mental Health, 1975

"Psychiatric Miseducation" in *In Search of a Therapy*, Doubleday,

1975

"The Uses of Madness" in *In Search of a Therapy*, Doubleday, 1975

"Who is Mad, Who is Sane? The Radical Psychiatry of R.D. Laing" in *Going Crazy*, Bantam, 1971 and in several textbooks of abnormal psychology

ARTICLES IN NON-REFEREED JOURNALS

"The Social Roots of the Wellness Movement" in *Advances*, Summer, 1994

"Holistic Health Centers" in *The Journal of Holistic Medicine*, Spring, 1981

"The Paradigm of Holistic Medicine" in *The Holistic Health Review*, Fall-Winter, 1980

"Mental Health Care in Cuba" in *The Journal of Alternative Human Services*, 1979

"Grass Roots Mental Health Services" in *Social Policy*, May-June, 1978

"Community Based Human Services: An Overview" in *The Journal of Alternative Human Services*, Spring, 1978

"Four Areas of Concern" in *The Journal of Alternative Human Services*, February, 1977

"Alternative Services in Transition" in *The Journal of Alternative Human Services*, Autumn, 1976

"Youth Helping Youth" in *Social Policy*, September-October, 1976

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"Consultation with Alternative Services for Young People" in *Social Policy*, July-August, 1974

"The Uses of Madness" in *Social Policy*, September-October, 1973

"Psychiatric Miseducation" in *Social Policy*, July-August, 1973

POPULAR ARTICLES

"Why 'Later' Won't Do in Kosovo" in *The Washington Post "Outlook"*, September 27, 1998.

"Fewer Pills...Fewer Bills: How to Make the Most of Alternative Medicine" in *Bottom Line Personal*, Vol. 18, No. 5, March 1, 1997

"Unconventional Medicine Deserves Mainstream Attention" in *The Washington Post "Outlook,"* October 6, 1996

"Alternative Medicine Moves Mainstream: What Alternative Medicine Can Do for You, When to Use It, How to Use It " in *Bottom Line Personal*, April 1, 1996

"Someone to Watch Over Us" in *The New York Times Book Review*, May 1, 1994

"Pity and Terror in Waco" in *Common Boundary*, May/June, 1994

"Reviving the Spirit of Medicine—Principles for Health Care Reform" in *Pathways*, Fall, 1993

"Healing with Feeling" in *The Washington Post "Outlook,"* August 29, 1993

"Healing from Within" in *Viewer's Guide: Healing and the Mind with*

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Bill Moyers, 1993

"Healing from Within" in *Healing and the Mind with Bill Moyers: A Resource Guide*, 1993

"Alternative Medicine" in *Bottomline*, Volume 14, Number 11, June 15, 1993

"On Borderlines" in *The Atlantic Monthly*, January, 1993

"The Oriental Cure" in *The Atlantic Monthly*, October, 1992

"The UFO Experience" in *The Atlantic Monthly*, August, 1991

"The Inner Life" in *The Atlantic Monthly*, May, 1991

"Understanding the Secret Self" in *The Washington Post* "Health Section," June 12, 1990

"Why Spiritual Groups Go Awry" in *Common Boundary*, May-June, 1990

"R.D. Laing Remembered" in *The Psychiatric Times*, April 1990

"Jim Jones' Temple of Doom" in *The Washington Post* "Outlook," November 27, 1988

"Stern Sigmund's Rebel Son" in *The Los Angeles Times Book Review*, December 27, 1987

"Surviving the Bhagwan" in *The Washington Post* "Outlook," October 18, 1987

"The Class of '62" in *The Washington Post* "Outlook," June 14, 1987

"Remembering Rodrigo Rojas, Murdered in Chile" in *The Washington*

Post "Outlook," August 24, 1986

"Holistic Medicine: Fringe or Frontier" in *Harvard Medical Alumni Bulletin*, Winter, 1984

"Holistic Medicine and the Future of Health Care" in *The New Physician*, June, 1980

"The Boy Who Defected" in *The Washington Star*, September, 1980

"The Next Generation" in *Children Today*, July-August, 1980

"Jim Jones and His People" in *The New York Times Book Review*, January 7, 1979

"Demonic Children" in *The New York Times Book Review*, September, 1977

"New Roads to Mental Health" in *The Washington Post "Outlook,"* February 13, 1977

Testimony on **"Foster Care for Young People"—House Select Committee o/n Education**, September, 1976, *Congressional Record*, reprinted in *SAJA Quarterly*, November, 1976

"The Kids and the Cults" in *Children Today*, 1976

"Systems of Transformation, Myths of Integration: An Essay on C. G. Jung" in *The New York Times Book Review*, June 27, 1975

"The Death Immersion" in *The New Republic*, July 28—August 4, 1973

"The Vietnamization of Our Children" in *The Washingtonian*, November 1972

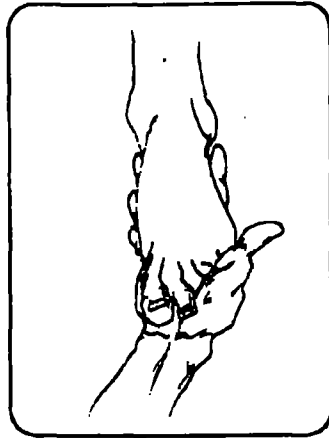
"Schizophrenia" in *Collier's Yearbook* for 1971, published 1972
"Who is Mad, Who is Sane?: R. D. Laing, In Search of a New Psychiatry" in *The Atlantic*, January, 1971

In addition, I have published approximately 50 shorter book review/essays on subjects related to psychiatry, spirituality, medicine and social problems in *The New York Times*, *The Washington Post*, *The New Republic*, *The Los Angeles Times* and *USA Today*.

PRESENTATIONS

Over 800 formal presentations to annual meetings of professional societies, the U.S. Congress, the Armed Forces Hospitals, departments of psychiatry and family medicine, graduate schools of medicine and public health, psychology, social work and nursing and public conferences on the following subjects:

"Manifesto for a New Medicine "
"Mind-Body Skills Groups: A Powerful Tool for Treatment and Transformation"
"Seeing in the Dark: Treating Depression Without Drugs"
"Alternative Medicine"
"Reviving the Spirit of Medicine"
"Mind-Body Medicine"
"Psychotherapy and Spirituality"
"Medicine and Meditation"
"Stress and Stress Reduction"
"The Paradigm of Holistic Medicine"
"American Youth and the New Religions"
"Holistic Medicine and Psychiatry"
"The American Family"
"The Psychology of Adolescence"
"Youth and Social Change"
"Runaway Youth"
"Community Mental Health"
"Alternative Services and Mental Health"
"The Social Context of Mental Illness"



September 9, 1999

Bob Nash, Director of Presidential Personnel
The White House, Room 153
1600 Pennsylvania Avenue
Washington, DC 20502

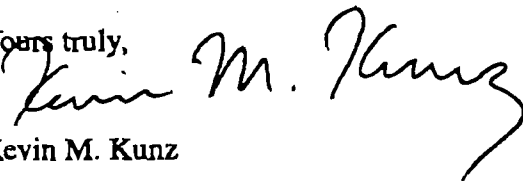
Dear Mr. Nash,

I seek to be named to the White House Commission on Complementary and Alternative Medicine for two reasons. One, complementary and alternative medicine offers a valuable contribution to future health care in the United States. I am concerned about the ability of the consumer to receive appropriate and affordable services in the future. Secondly, complementary and alternative medicine are emerging as professions. I am concerned that licensing and regulation of complementary and alternative medicine protect the consumer, encourage responsible practice and maintain the integrity of the fields of study.

I am uniquely qualified to serve on this Commission. I am considered to be an expert in my field both nationally and internationally. My written works have served to define and educate a generation of alternative health participants. Having maintained a reflexology practice for twenty-five years, I am well versed in consumer concerns about being provided with service in complementary and alternative medicine. Finally, I have been active for a quarter of a century in defining professional, legal and legislative matters in the alternative health field.

Thank you for your consideration of my application.

Yours truly,


Kevin M. Kunz

Kevin Kunz

Office: 1488A South Saint Francis, Santa Fe, NM 87505

Mailing address: 141 San Fidel NW, Albuquerque, NM 87107

Telephone: (505-344-9392) • Fax: 505-344-0246 • Email: footc@aol.com

Web pages: www.reflexology-research.com and www.foot-reflexologist.com

Experience**Reflexology Practitioner**
1976 to present

Primarily general clientele. Extensive special clientele work includes persons experiencing brain injury and spinal cord injuries.

Reflexology Educator
*1980 to present****Reflexology Research Project***

- Instruction of a wide variety of reflexology courses and seminars in the United States, Canada, England, and Netherlands for national and state association audiences with diverse backgrounds
- Author of basic educational texts of the field (see Published Works) utilized in 8 countries
- Development of curricula for basic and advanced reflexology training

*1978 to 1979****National Institute of Reflexology***

National instructor teaching reflexology classes throughout the United States and Canada.

Research Collaborator
1997 to present

- Columbia University, Complementary Care Center: Provide information and advice concerning existing reflexology research, research protocol, standards of practice and practitioners
- University of California at Irvine, Radiology Department: Provide information concerning existing research and research protocol

Reflexology Web Master
1996 to present

Development and maintenance of www.reflexology-research.com and www.foot-reflexologist.com and web pages

- Over one and a half million visitors in three years, currently 3,000 to 4,000 hits per day
- Providing information regarding world-wide reflexology research updates and professional issues

Activist for Alternative Health Professionalism
1980 to present

- Developed basic definition of reflexology, 1983, adopted in three countries
- Developed the world's first code of ethics in reflexology, 1983
- Organized campaign to place "Reflexologist" heading in "Yellow Pages" of telephone directories nationwide
- Develop and maintain national and international contacts to stay abreast of developments in legislation and regulation regarding reflexology, and transmit the information to practitioners in the field

Kevin Kunz, page 2

- Developed legislation and testified before New Mexico legislative committees regarding proposed legislation affecting reflexologists and nine other health care practices

Consulting

- Best Care of Japan: providing information about the American reflexology market for sales of a Japanese product
- Alternative Link, LLC: providing information about coding in the insurance system for alternative health work

Published Works**Books (US)**

- *The Complete Guide to Foot Reflexology*, Prentice Hall, 1982
- *Hand and Foot Reflexology, A Self-Help Guide*, Prentice Hall, 1984
- *Hand Reflexology Workbook*, Prentice Hall, 1985
- *The Practitioner's Guide to Reflexology*, Prentice Hall, 1985
- *The Complete Guide to Foot Reflexology (Revised)*, RRP Press, 1993
- *The Parent's Guide to Reflexology*, Random House/Crown, 1997
- *Medical Application of Reflexology: Findings in Research about Safety, Efficacy, Mechanism of Action and Cost-Effectiveness in Reflexology*, RRP Press, 1999

Books (Foreign)

- 17 foreign editions of various titles noted above in 9 languages

Newsletter Co-editor

- *Reflexions, the Journal of Reflexology Research*, published since 1980, 73 issues

Magazine Articles

- Including "Understanding the Art and Science of Reflexology, *Alternative & Complementary Therapies*, April/May, 1995

Research Reference

- Provide information and quotes for use by writers of articles on alternative health practices for publication in diverse newspapers and journals

Education

B.A., Political Science
1972

American University, Washington, D. C.

Certified Reflexologist
1977

National Institute of Reflexology

TAJ

TRADITIONAL
ACUPUNCTURE
INSTITUTE, INC.
American City Building
10227 Wincopin Circle, Suite 100
Columbia, Maryland 21044-3422

301 596 6006 410 997 4888 FAX 410 964 3544

CHARLOTTE ROSE KERR, R.S.M.

TITLE: Sister (Religious Sister of Mercy of the Americas); Registered Nurse; Acupuncturist and Senior Faculty Member at the Traditional Acupuncture Institute

ORGANIZATION: Traditional Acupuncture Institute
STREET ADDRESS: American City Building, 10227 Wincopin Circle, Suite 100
CITY/STATE/ZIP CODE: Columbia, Maryland 21044
PHONE: 410/997-3770, ext. 614
FAX NUMBER: 410/964-3544

EDUCATION

- Master's Degree, Traditional Acupuncture. College of Traditional Chinese Medicine, Leamington Spa, England. 1985.
- Master's Degree, Public Health. University of North Carolina, 1973.
- University of Maryland Primary Care Nurse Practitioner Program. Apprentice Certificate, 1972.
- B.S. (Nursing). University of Maryland School of Nursing, Baltimore. 1971.
- Diploma in Nursing. St. Joseph Infirmary School of Nursing, Atlanta, GA. 1967.

Other studies:

- Theology. Catholic University of Louvain, Belgium. August 1996.
- Ecology, Physics, Spirituality. St. Thomas University (FIA), Assisi, Italy. Summer 1993.
- Theology and Science. Oxford University, England. Summer 1992.
- Independent Study of Healing, including clinical site visits in Belgium, Germany, Switzerland, Hungary, Czechoslovakia. Summer 1991.
- Certificate, Theology for Ministry. Catholic University of Louvain, Belgium. 1991 and 1993.

CAREER HISTORY

- Practitioner of Traditional Acupuncture, Traditional Acupuncture Institute. 1978 to present.
- Senior Faculty Member, Traditional Acupuncture Institute. 1981 to present.
- Instructor and Assistant Professor of Nursing, University of Maryland School of Nursing. November 1973-May 1977.
- Primary Care Nurse Practitioner Apprentice, University of Maryland Primary Care Center, Baltimore. Part-time. January 1974-May 1976.
- Clinical Nurse in Medicine, University of Maryland Hospital, Baltimore. September 1971-August 1972.
- Geriatrics Nurse, Stella Maris Hospice, Towson. September 1969-June 1970.
- Coordinator for Baltimore Headstart Health Services, Office of Economic Opportunity, Baltimore. Summer 1968.
- Pediatric Staff Nurse, Mercy Hospital, Baltimore. February-June 1968.
- Surgical Supervisor, Mahaica Leprosy Hospital, Guyana, South America. August 1967-January 1968.
- Lecturer/workshop leader

OFFICE/BOARD MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- Governor's Acupuncture Advisory Council for the State of Maryland (Retired 1993)
- NIH (National Institutes of Health) Alternative Medicine Program, Advisory Council, 1994-1997.

- University of Maryland, Scientific Board of the Centre for Alternative Medicine Pain Research and Evaluation
- National Association of Body Workers in Religious Service, Board Member

OFFICE/BOARD MEMBERSHIP IN CIVIC/NON-PROFIT ORGANIZATIONS

- First National Bank of Maryland, ARK Mutual Funds, Board of Trustees.
- Mercy Medical Center, Board Member of the Center for Women's Health and Medicine
- Girl Scouts Beyond Bars, Community Advisory Committee
- American Visionary Arts Museum, Board of Directors

OTHER ACTIVITIES

- NIH (National Institutes of Health) Office of Alternative Medicine, and the Royal Society of Medicine (Great Britain), cosponsors of a major national conference, "Talking Health," to be hosted by the University of Maryland at Baltimore. Invited planning committee member.
- Renaissance Weekend/Hilton Head, SC, 1997. Invited participant and presenter. (The Renaissance project gathers leaders from diverse fields for discussions that further personal and national renewal.) Invited 1998.
- NIH (National Institutes of Health) Office of Medical Applications of Research, and the NIH Office of Alternative Medicine. Invited planning committee member, invited participant and guest at the Consensus Development Conference on Acupuncture, 1997.
- Catholic Hospital Association (CHA), 1995. Addressed the CHA national conference on the topic, "Creating a Dialogue Between Complementary and Traditional Western Medicine."
- Catholic Hospital Association, 1994. Invited to participate in the CHA-sponsored Think Tank on Health and Well-being, and to advise and appear on a CHA videotape on wellness.
- Life Sciences Institute of Mind-Body Health, 1995. Invited to participate in the 27th Council Grove Conference. (The Institute explores healing from many perspectives and encourages multidisciplinary exchange of ideas and practices.)

MOST SIGNIFICANT ACCOMPLISHMENT

Have been a part of the "Copernican Revolution" taking place in health care. Have worked to bring to the public and the medical world new and transforming ways of looking at health and healing, and to bring together Western and alternative/complementary medicine.

**OFFICE OF MANAGEMENT AND BUDGET
GENERAL COUNSEL'S OFFICE
FAX TRANSMITTAL SHEET**

TO:

ROSEMARY HART
TIMOTHY WHITE
BRENDA ROBINSON
SAM BRICK
PATTY HAGLE
BRUCE REED
JANET YELLEN

DOJ/OLC
HHS
GSA
DEFENSE
VETERAN AFFAIRS
OPD
CEA

FROM:

TELEPHONE NUMBER:

MAC REED

202-395-3563

FAX NUMBER: (202) 395-7294

DATE: 9/3/99

NO. OF PAGES (INCLUDING COVER): 6

COMMENTS:



EXECUTIVE OFFICE OF THE PRESIDENT
OFFICE OF MANAGEMENT AND BUDGET
WASHINGTON, D.C. 20503

GENERAL COUNSEL

September 3, 1999

MEMORANDUM FOR DESIGNATED AGENCY HEADS
(SEE ATTACHED DISTRIBUTION LIST)

FROM: Robert G. Damus *MD2/1 EGO*
General Counsel

SUBJECT: Proposed Executive Order Entitled "White House Commission on
Complementary and Alternative Medicine Policy"

Attached is a proposed Executive order entitled "White House Commission on Complementary and Alternative Medicine Policy," that was prepared by the Department of Health and Human Services.

On behalf of the Director of the Office of Management and Budget, I would appreciate receiving any comments you may have concerning this proposal. If you have any comments or objections, they should be received no later than close of business Friday, September 10, 1999. Please be advised that agencies that do not respond by the deadline will be recorded as not objecting to the proposal.

Comments or inquiries may be submitted by telephone to Mr. Mac Reed (202-395-3563) or Carla Stone (202-395-9177) of this office or fax to 202-395-7294.

Thank you.

Attachments - Distribution List
Proposed Executive Order

cc:	Jack Lew	Michael Deich	Danny Mendelson
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	Josh Gotbaum	Joe Minarik	Bill Halter
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to the Vice President

Honorable Sean Maloney
Staff Secretary to the President

EXECUTIVE ORDER

(Executive Order Number)

WHITE HOUSE COMMISSION ON COMPLEMENTARY
AND ALTERNATIVE MEDICINE POLICY

By the authority vested in me as President by the Constitution and the laws of the United States of America, and in order to establish, in accordance with the provisions of the Federal Advisory Committee Act, as amended (5 U.S.C. Appendix 2), the White House Commission on Complementary and Alternative Medicine Policy, it is hereby ordered as follows:

Section 1. Establishment. There is established in the Department of Health and Human Services the White House Commission on Complementary and Alternative Medicine Policy ("Commission"). The Commission shall consist of not more than 12 members, including the chair, appointed by the President from knowledgeable representatives in health care practice, and complementary and alternative medicine. The Secretary of HHS shall appoint an Executive Director for the Commission.

Section 2. Function. The Commission shall report to the President and the Congress, through the Secretary, regarding legislative and administrative recommendations to assure that public policy maximizes the benefits to Americans of appropriate use of complementary and alternative medicine (CAM). The recommendations shall address the education and training of health care practitioners; coordinated research to increase knowledge about complementary and alternative medicine practices and products; reliable and useful information for health professionals that can be made readily accessible and understandable to the general public; and guidance for appropriate access and delivery of complementary and alternative medicine.



BETH ISRAEL DEACONESS
MEDICAL CENTER

A member of CAREGROUP



A major teaching hospital
of Harvard Medical School

Center for Alternative Medicine Research and Education

8/18

David Eisenberg, MD
Director
Assistant Professor of
Medicine
Harvard Medical School

Ted J. Kaptchuk, OMD
Associate Director
Assistant Professor of
Medicine
Harvard Medical School

August 11, 1999

Mr. Peter Reinecke
Office of Senator Harkin
731 Hart Senate Office Building
Washington, D.C. 20510

Dear Peter:

It was good talking with you today. As discussed, I am faxing a copy of our Stanford-Harvard course entitled, "Complementary and Alternative Medicine: Practical Applications and Evaluations". I am also attaching a copy of a letter from Bill Harlan to Bill Haskell regarding NCCAM's support for this conference and Bill Harlan's interest in having Commission members attend.

As I mentioned, the course schedule includes a keynote address on Saturday, October 16th. We had initially intended to leave this slot for the new NCCAM Director. It is now unlikely that the directorship will be filled by October 15th. On the other hand, it may be the case that Commission members are named by October and the Commission chair may be willing to use this opportunity to deliver initial thoughts about the Commission, its charter and the challenges it will face.

Feel free to relay this information to governmental officials involved with the Commission. Please remind them of the fact that the media's attention on complementary and alternative medicine will surely increase in September and October as the NIH announces funding allocations for NCCAM's first \$50 million of research support. This will be followed by the Stanford-Harvard conference in mid October which is also likely to attract media interest. As such, this may be an ideal opportunity to highlight the work of the new Presidential Commission in Complementary and Alternative Medicine.

Hey Devora -
I'm passing this along --
it might be good to have
on the radar screen if
the Commission is up &
running.

- Sapina

Thank you again for taking the time to speak with me. Please send my warmest regards to Senator Harkin.

Sincerely yours,

A handwritten signature in black ink, appearing to read 'David', with a long, sweeping horizontal line extending to the right.

David Eisenberg, M.D.

DE:mm

cc: Bill Haskell, Ph.D.
Ken Pelletier, Ph.D.



DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

National Institutes of Health
Bethesda, Maryland 20892

June 24, 1999

William L. Haskell, Ph.D.
Kenneth R. Pelletier, Ph.D.
Stanford Center for Research in
Disease Prevention
Stanford University School of Medicine
730 Welch Road, Suite B
Palo Alto, California 94304-1583

Dear Drs. Haskell and Pelletier:

Thank you for sending brochures for the conference on practical applications and evaluations of complementary and alternative medicine (CAM). I indicated earlier we would like to fulfill our cosponsorship role by the expenses of speakers on the morning of October 16, 1999, dealing with research and evaluation of CAM and training issues. This would account for 5 speakers, but one, Dr. Haskell, does not need to travel for the meeting. This arrangement would comport with the mission of NIH in research and training. If this works for the meeting, please contact Ms. Patti Ruben to make arrangements for these speakers.

The program is interesting and timely and we are pleased to be able to support it.

Sincerely,

A handwritten signature in black ink, which appears to read "William R. Harlan".

William R. Harlan, M.D.

Acting Director

National Center for Complementary and
Alternative Medicine

cc: Ms. Patti Ruben

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**Stanford Center for Research in Disease Prevention
Stanford University School of Medicine**

and



**Center for Alternative Medicine Research and Education
Beth Israel Deaconess Medical Center
A major affiliate of Harvard Medical School**

Present

Complementary and Alternative Medicine: Practical Applications and Evaluations

First Annual Conference

**October 15-17, 1999
Sheraton Palace Hotel
San Francisco, California**

Supported in part by
the National Center
for Complementary
and Alternative
Medicine,
National Institutes
of Health

Under the Direction of:
Kenneth R. Pelletier, PhD
David M. Eisenberg, MD
William L. Haskell, PhD

***Proposal for Commission on Complementary and Alternative Medicine:
Developing a National Plan***

level of accountability
mission

THE CHARGE TO THE COMMISSION

The Commission will report to the President and the Congress legislative and administrative recommendations to assure that public policy maximizes the benefits to Americans of appropriate use of complementary and alternative medicine (CAM). These recommendations should address the education and training of health care practitioners; coordinated research to increase knowledge about CAM practices and products; reliable and useful information for health professionals that can be made readily accessible and understandable to the general public; and guidance for appropriate access and delivery of CAM.

BACKGROUND

In November 1998, the *Journal of the American Medical Association* reported that 83 million Americans now use some form of complementary and alternative therapy. That represents a nearly 50 percent increase from 1990 in the number of visits to complementary and alternative medicine (CAM) practitioners. These visits totaled 629 million in 1997, exceeding total visits to all primary care physicians. Americans are digging into their pocketbooks for this care. Nearly 60 percent of alternative health care was paid for out-of-pocket--an estimated \$12 billion.

With this rapid rise in the use of CAM therapies by the public has come a number of other changes. Over the last decade nearly all U.S. medical schools have incorporated some form of training in unconventional medical therapies. Many private insurers have begun to offer coverage for CAM therapies. The number and quality of research studies evaluating CAM therapies has increased significantly.

While the government has acted to substantially increase its support for CAM research by establishing and funding the new National Center for Complementary and Alternative Medicine at the National Institutes of Health (NIH), many other areas of public policy have not kept pace. Public policy regarding training, credentialing, access, quality and consumer education, among others, must be evaluated and updated to meet the challenges and opportunities presented by complementary and alternative medicine.

The Commission will review and make recommendations in each of these areas. While the Commission will be charged with reviewing ways to increase support for CAM research, it will not set the nation's research agenda. This function remains the clear responsibility and role of the National Center for Complementary and Alternative Medicine at the NIH.

not to serve as consultant to new center.

advisory
commission
is in C-CAM

FOCUS AREAS FOR THE COMMISSION

Education, Training and Credentialing:

1. Should those being trained in CAM practices, such as acupuncture and homeopathy, be eligible for the full range of federal education assistance (loans, grants....)?
2. How should CAM be better integrated into the curricula and field training of medical, public health, and other health professional schools?
3. What can be done to encourage continuing education of CAM among practicing physicians and other conventional health care professionals?
4. * Are existing licensing and accreditation standards for CAM fields appropriate?

Research:

Recommendations as to process, level of professionalism & credibility increase cons. confidence

How can private sector support be increased for research on CAM practices and products, particularly self-care remedies such as vitamin and herbal products that are not easily patented? Are additional federal incentives required?

2. How can greater coordination among federal agencies be encouraged to address the diversity of research needs in CAM?

3. What can be done to expand the current research environment so that frontier claims and practices that lie outside conventional scientific conceptions are adequately and appropriately addressed?

Delivery of Integrated Health Care:

1. What criteria should be used to determine whether CAM therapies or products that demonstrate effectiveness are covered or subsidized by government health programs and private health plans?
2. What should and can be done to further the integration of effective CAM therapies and approaches with mainstream/traditional medical practices?

Oversight:

1. What can be done to ensure that consumers have appropriate access to promising CAM therapies and products? education, information outreach
2. Are there adequate guidelines for the use of CAM whether in self-care or under the guidance of a health care provider?

3. Should a federally-sponsored entity be established to coordinate CAM-related activities and discussions among federal agencies?

Public Information:

1. How can useful, reliable and updated information about CAM products and practices be made more accessible to the public and to health professionals?

COMMISSION MEMBERSHIP

The White House will identify and appoint 12-15 knowledgeable and prominent representatives with expertise in health care practice and/or CAM from the public and private sectors in the following measure:

4-6 CAM and conventional practitioners

2 research experts

2 health policy experts

2 business/health management experts

2-3 consumers/patient representatives

The Chair should be a respected health care professional with broad-based health care and public policy experience, who reflects an openness to innovative alternative practice and an ability to balance a wide diversity of views.

Additionally, a number of ex officio representatives will be identified from federal agencies to provide technical assistance and expertise.

An executive staff will be established to organize and support the Commission, and will include detailees from federal agencies.

TIME LINE and FUNDING

The Commission would be named and begin its work by May 15, 1999. It would conclude its work and provide its recommendations to the President and Congress by June 1, 2000. It would be funded by the \$1,000,000 provided through the National Center for Complementary and Alternative Medicine in the Fiscal Year 1999 Labor, HHS Appropriations Act.

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tick tock

November 14, 1998

Just What the Doctor Orders May Flunk Drug Tests

By GINA KOLATA

In San Diego on Tuesday, two major drug companies rolled out studies showing the safety and effectiveness of a new class of prescription pain relievers; they had been duly tested on thousands of patients, some for up to a year. Such testing was a minimum requirement before the drugs could be prescribed to millions of Americans. If the Food and Drug Administration approves, the drugs can be sold.

On the same day, the prestigious Journal of the American Medical Association held a news conference in Washington to hail the publication of six papers "evaluating" studies of alternative medical treatments.

These treatments were already on the market. The studies came after the fact. The testing involved only dozens of patients and only weeks of trials. Yet these studies, which any large drug company would have considered tentative and inconclusive, were presented as resolving questions of safety and efficacy.

An accompanying editorial, titled "Alternative Medicine Meets Science," used decisive words like "found," as in the study "found" that moxibustion -- the burning of herbs to stimulate acupuncture points -- is helpful for breech pregnancy; that a particular treatment "is helpful" for a medical condition; that researchers were able to "document" that a mixture of Chinese herbs "improves symptoms of irritable bowel syndrome."



Chris Maynard for The New York Times

Treating neck pain by inserting needles, twisting them and stimulating them with electricity.

Is there a double standard? One thing is sure: the issue has stirred up supporters and skeptics.

Dr. Phil Fontanarosa, an editor of the Journal of the American Medical Association who helped write its editorial, said that "the trials were all well done and the usual caveats were in place." The resulting news coverage was exuberant. But Fontanarosa said that was the result of interest in the topic.

Exactly, said some critics of alternative medicine, who were stung by what they

saw as an exaggeration of the importance of such modest studies.

Double standard? "Absolutely," said Dr. Richard Friedman, director of the psychopharmacology clinic at Cornell Hospital-New York Medical Center. With all the hoopla, the message that alternative treatments were still a scientific terra incognita got lost. "The public will be sold" on the notion that such treatments have passed muster, Friedman said.

Dr. John Hathcock, the director of nutritional and regulatory science for the Council for Responsible Nutrition, argued that the double standard works the other way by hurting the vitamin and mineral industry. His group represents the dietary supplement industry.

Hathcock said that an epidemiological study came out about a month ago linking folic acid in the diet with protection from colon cancer.

"I was talking with a high official at the National Cancer Institute, and he said, 'That's very intriguing, we're very interested, but it needs to be confirmed with a clinical trial,'" Hathcock said. "I said, 'Give me a break. There is no risk, and the effective period is 15 years.'" A study is likely to take that long to assess the effects of folic acid on colon cancer rates.

If a treatment has a low risk, the consumer does not have to be as certain of the benefit in order to use it, said Dr. Stephen DeFelice, chairman of the Foundation for Innovation in Medicine in Cranford, N.J. With actual pharmaceuticals, "we require more evidence because it is an unknown entity, an artificial molecule," he said. Drugs "are not nature's way of handling disease," DeFelice added.

Alternative medicine is different, he said. "These things are not nearly as toxic as drugs," said DeFelice, adding that "when we go for benefits, we accept less evidence."

But that is not to say that most Americans are indifferent about evidence on whether alternative treatments work, said Lisa Meyer, a spokeswoman for the Council for Responsible Nutrition. "People are hungry for additional information," she said.

Critics of America's acceptance of alternative medicine trace it to the Dietary Supplement Health and Education Act of 1994, which enabled makers of supplements containing herbs, amino acids, botanical extracts, vitamins and minerals to sell them without the approval of the FDA. These companies also can claim benefits for their products -- without any supporting scientific studies. But unlike manufacturers of pharmaceuticals and devices, they are not required to report adverse effects to the agency.

With no regulations forcing them to test for product safety, no protocol for tracking bad side effects and no requirement that products demonstrate effectiveness, the alternative medicine industry has been able to sidestep the rules of drug development.

Critics like Dr. Allen Roses, a vice president at the drug company Glaxo Wellcome Inc., say that is inherently dangerous.

If an alternative medicine company is selling its product as a substitute for a drug, they should show that it works and that its benefits outweigh its risks, said Roses, who questioned studies like those in the medical journal. One of those studies involved 116 patients divided into three groups and studied for 14

weeks. Such a study, he said, cannot detect deleterious side effects that, as so often happens with drugs, occur only in a small percentage of people or only after people take the drug for a long time.

"If you are going to take anything, it should be based on efficacy and not on hope," Roses said. "You are crushing people's hope by giving them a treatment that is not efficacious and implying it will be."

The result has been a clash of two cultures, said Dr. William Wardell, the executive director of the Covance Institute for Drug Development Studies in Princeton, N.J. "The culture for conventional medicine comes out of a history of fraud and disaster," he said.

"The presumption is that drugs are ineffective and unsafe unless they are proven to be effective and safe," he added.

Alternative medicine's philosophy has been the presumption that treatments are safe and effective unless proven otherwise. Now, Wardell said, "There is a confusion of gullibility with credibility."

"If sales go up from \$2 million to \$67 million, people say, 'This proves it works,'" he said. "If you can put yourself in the mind of a marketer, it's true. It works."



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Draft March 5, 1999

***Proposal for Commission on Complementary and Alternative Medicine:
Developing a National Plan***

THE CHARGE TO THE COMMISSION

The Commission will report to the President and the Congress legislative and administrative recommendations to assure that public policy maximizes the benefits to Americans of appropriate use of complementary and alternative medicine (CAM). These recommendations should address the education and training of health care practitioners; coordinated research to increase knowledge about CAM practices and products; reliable and useful information for health professionals that can be made readily accessible and understandable to the general public; and guidance for appropriate access and delivery of CAM.

BACKGROUND

In November 1998, the *Journal of the American Medical Association* reported that 83 million Americans now use some form of complementary and alternative therapy. That represents a nearly 50 percent increase from 1990 in the number of visits to complementary and alternative medicine (CAM) practitioners. These visits totaled 629 million in 1997, exceeding total visits to all primary care physicians. Americans are digging into their pocketbooks for this care. Nearly 60 percent of alternative health care was paid for out-of-pocket--an estimated \$12 billion.

With this rapid rise in the use of CAM therapies by the public has come a number of other changes. Over the last decade nearly all U.S. medical schools have incorporated some form of training in unconventional medical therapies. Many private insurers have begun to offer coverage for CAM therapies. The number and quality of research studies evaluating CAM therapies has increased significantly.

While the government has acted to substantially increase its support for CAM research by establishing and funding the new National Center for Complementary and Alternative Medicine at the National Institutes of Health (NIH), many other areas of public policy have not kept pace. Public policy regarding training, credentialing, access, quality and consumer education, among others, must be evaluated and updated to meet the challenges and opportunities presented by complementary and alternative medicine.

The Commission will review and make recommendations in each of these areas. While the Commission will be charged with reviewing ways to increase support for CAM research, it will not set the nation's research agenda. This function remains the clear responsibility and role of the National Center for Complementary and Alternative Medicine at the NIH.

FOCUS AREAS FOR THE COMMISSION

Education and Training:

1. Should those being trained in CAM practices, such as acupuncture and homeopathy, be eligible for the full range of federal education assistance (loans, grants....)?
2. How should CAM components be standardized within the curricula for medical public health schools?
3. What can be done to encourage continuing education of CAM among practicing physicians and other conventional health care providers?

Research:

1. How can support for increased research by the private sector be encouraged for self-care remedies such as vitamin and herbal products that are not easily patented?
2. How can coordination among federal agencies be encouraged to address the diversity of research needs in CAM?
3. What can be done to stimulate innovative research of CAM practices by the private and public sector, both in the field and in the lab?
4. What can be done to expand the current research environment so that frontier claims and practices that lie outside conventional scientific conceptions are adequately and appropriately addressed?

Delivery of Integrated Health Care:

1. How should public health programs assess whether alternative therapies or products that demonstrate effectiveness are covered or subsidized by government health programs?
2. What should and can be done to further the integration of effective CAM therapies into mainstream medical practices?

Oversight:

1. Are additional steps needed to ensure that consumers have appropriate access to promising CAM therapies and products?
2. How should we determine what is effective or safe for self-care or for use under the direction of a health care provider?
3. Should a federally-sponsored entity be established to coordinate CAM-related activities

and discussions among federal agencies?

Public Information:

1. How can useful, reliable and updated information about CAM products and practices be made more accessible to the public and to health professionals?

COMMISSION MEMBERSHIP

The White House will identify and appoint 10-12 knowledgeable and prominent representatives with expertise in health care practice and/or CAM from the public and private sectors in the following measure:

- 2-3 CAM practitioners
- 2-3 conventional medical practitioners
- 2-3 researchers of CAM or conventional sciences
- 2 health policy analysts
- 2-3 consumers/patient representatives

The Chair should be a respected health care professional with broad-based health care and public policy experience, who reflects an openness to innovative alternative practice and an ability to balance a wide diversity of views.

Additionally, a number of ex officio representatives will be identified from federal agencies to provide technical assistance and expertise.

An executive staff will be established to organize and support the Commission, and will include detailees from federal agencies.

TIME LINE and FUNDING

The Commission would be named and begin its work by April 15, 1999. It would conclude its work and provide its recommendations to the President and Congress by May 1, 2000. It would be funded by the \$1,000,000 provided through the National Center for Complementary and Alternative Medicine in the Fiscal Year 1999 Labor, HHS Appropriations Act.

United States Senate
WASHINGTON, DC 20510-1502

COMMITTEES:
AGRICULTURE
APPROPRIATIONS
SMALL BUSINESS
LABOR AND HUMAN
RESOURCES

FAX COVER SHEET

TO: Devora Adler
FR: Sabrina Corlette

Number of Pages to Follow: 3

COMMENTS:

If there is a transmittal error, please call:

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THANK YOU

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Draft February 1, 1999

***Proposal for Commission on Complementary and Alternative Medicine:
Developing a National Plan***

THE CHARGE TO THE COMMISSION

The Commission will report to the President and the Congress legislative and administrative recommendations to assure that public policy maximizes the benefits to Americans of appropriate use of complementary and alternative medicine (CAM). These recommendations should address the education and training of health care practitioners; coordinated research to increase knowledge about CAM practices and products; reliable and useful information for health professionals that can be made readily accessible and understandable to the general public; and guidance for appropriate access and delivery of CAM.

BACKGROUND

In November 1998, the *Journal of the American Medical Association* reported that 83 million Americans now use some form of complementary and alternative therapy. That represents a nearly 50 percent increase from 1990 in the number of visits to complementary and alternative medicine (CAM) practitioners. These visits totaled 629 million in 1997, exceeding total visits to all primary care physicians. Americans are digging into their pocketbooks for this care. Nearly 60 percent of alternative health care was paid for out-of-pocket--an estimated \$12 billion.

With this rapid rise in the use of CAM therapies by the public has come a number of other changes. Over the last decade nearly all U.S. medical schools have incorporated some form of training in unconventional medical therapies. Many private insurers have begun to offer coverage for CAM therapies. The number and quality of research studies evaluating CAM therapies has increased significantly.

While the government has acted to substantially increase its support for CAM research by establishing and funding the new National Center for Complementary and Alternative Medicine at the National Institutes of Health (NIH), many other areas of public policy have not kept pace. Public policy regarding training, credentialing, access, quality and consumer education, among others, must be evaluated and updated to meet the challenges and opportunities presented by complementary and alternative medicine.

The Commission will review and make recommendations in each of these areas. While the Commission will be charged with reviewing ways to increase support for CAM research, it will not set the nation's research agenda. This function remains the clear responsibility and role of the National Center for Complementary and Alternative Medicine at the NIH.

FOCUS AREAS FOR THE COMMISSION

Education and Training:

1. Should those being trained in CAM practices, such as acupuncture and homeopathy, be eligible for the full range of federal education assistance (loans, grants....)?
2. How should CAM components be standardized within the curricula for medical public health schools?
3. What can be done to encourage continuing education of CAM among practicing physicians and other conventional health care providers?

Research:

1. How can support for increased research by the private sector be encouraged for self-care remedies such as vitamin and herbal products that are not easily patented?
2. How can coordination among federal agencies be encouraged to address the diversity of research needs in CAM?
3. What can be done to stimulate innovative research of CAM practices by the private and public sector, both in the field and in the lab?
4. What can be done to expand the current research environment so that frontier claims and practices that lie outside conventional scientific conceptions are adequately and appropriately addressed?

Delivery of Integrated Health Care:

1. How should public health programs assess whether alternative therapies or products that demonstrate effectiveness are covered or subsidized by government health programs?
2. What should and can be done to further the integration of effective CAM therapies into mainstream medical practices?

Oversight:

1. Are additional steps needed to ensure that consumers have appropriate access to promising CAM therapies and products?
2. How should we determine what is effective or safe for self-care or for use under the direction of a health care provider?
3. Should a federally-sponsored entity be established to coordinate CAM-related activities

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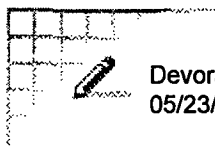
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Devorah R. Adler
05/23/99 02:25:35 PM

Record Type: Record

To: Walker F. Bass/WHO/EOP@EOP

cc:

Subject: alternative medicine commission

hey --

thanks for your fax on Friday -- I am getting ready to show this to Chris and realized that I do not have bios for the following people:

Practitioners

1. Laura Patton ✓

Analysts

1. Michael Cohen ✓
2. John Weeks ✓

Researchérs

1. Dr. Kabat-Zinn ✓
2. Richard Strohman ✓
3. Brian Berman ✓

Conventional Practitioners

1. Hugh Hill ✓

Public/Consumers

1. John Lewin ✓
2. George Devries ✓
3. Jennifer Klein ✓
4. Berkley Bedell ✓

If you can send them over, I will put together a package for Chris so he can make some decisions about who he prefers for this.

Thanks!

Devorah

THE WHITE HOUSE
WASHINGTON

COPY FOR YOUR
INFORMATION

May 13, 1999

The Honorable Dianne Feinstein
United States Senate
Washington, D.C. 20510

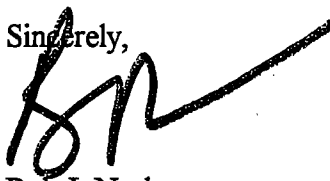
Dear Senator Feinstein:

On behalf of President Clinton, let me thank you for your recent letter recommending George DeVries to a position on the White House Commission on Alternative and Complimentary Medicine. Our administration appreciates your help in identifying quality candidates.

You speak highly of Mr. DeVries' qualifications and I have carefully noted your insights and support. I have shared your letter with Heather Marabeti, my Associate Director, and would like you to know that your comments will receive full consideration.

We welcome your suggestions in the future regarding appointments and look forward to working with you during the many months ahead.

Sincerely,



Bob J. Nash
Assistant to the President and
Director of Presidential Personnel

BJN:Sys

cc: Heather Marabeti ✓



United States Senate
WASHINGTON, DC 20510-0504

MAR 4 1999

Gov. A
H. M.

April 22, 1999

Mr. Bob J. Nash
Assistant to the President and Director of Presidential Personnel
The White House
1600 Pennsylvania Avenue
Washington, D.C. 20500

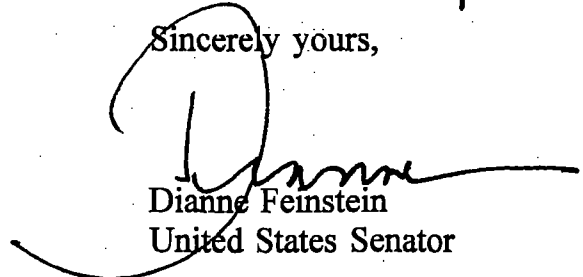
Dear Bob:

I have been asked to bring to your attention Mr. George DeVries, who is interested in serving on the White House Commission on Alternative and Complimentary Medicine.

Mr. DeVries is the Chairman and CEO of American Specialty Plans, a specialty health plan that focuses on chiropractic and acupuncture managed-care services. He is also the President and CEO of American Specialty Health & Wellness, which distributes traditional Chinese herbal supplements and other health care products over the Internet. Mr. DeVries was named San Diego's Entrepreneur of the Year in Health Sciences in 1997.

Thank you for considering Mr. George DeVries as you review candidates for appointment to the White House Commission on Alternative and Complimentary Medicine. I appreciate your time and attention to this request.

Sincerely yours,



Dianne Feinstein
United States Senator

DF:djd