

Withdrawal/Redaction Sheet

Clinton Library

DOCUMENT NO. AND TYPE	SUBJECT/TITLE	DATE	RESTRICTION
001. note	re: phone number (1 page)	04/17	P6/b(6)

COLLECTION:

Clinton Presidential Records
Domestic Policy Council
Heather Howard (Subject Files)
OA/Box Number: 21198

FOLDER TITLE:

Youth Conference [Binder]

2012-0254-S

rc682

RESTRICTION CODES

Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3 Release would violate a Federal statute [(a)(3) of the PRA]
- P4 Release would disclose trade secrets or confidential commercial or financial information [(a)(4) of the PRA]
- P5 Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]
- P6 Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

C. Closed in accordance with restrictions contained in donor's deed of gift.

PRM. Personal record misfile defined in accordance with 44 U.S.C. 2201(3).

RR. Document will be reviewed upon request.

Freedom of Information Act - [5 U.S.C. 552(b)]

- b(1) National security classified information [(b)(1) of the FOIA]
- b(2) Release would disclose internal personnel rules and practices of an agency [(b)(2) of the FOIA]
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- b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

BREAKOUT #7

A HEALTHY START: HOW CAN WE HELP TEENAGERS STAY HEALTHY?

Sub-themes and discussion leaders:

- **Secretary Shalala**, will address the health status of teens today. She will introduce issues such as access to care, risk behaviors (drugs, alcohol, smoking, sex, and violence), and the importance of health promotion and prevention, including nutrition and exercise. She will also highlight the Administration's initiatives on teen smoking and refer to Matt Myers.
- **Michael Resnick, Ph.D.**, University of Minnesota, was co-director of the Add Health Study, which found that the home environment and school are critical influences on the health behavior of youth. He will discuss recurring protective factors across gender, race, ethnic and class barriers, including the importance of connectedness to parents, family and other adults, as well as to school.
- **Sarah Brown** is Director of the National Campaign to Prevent Teenage Pregnancy. She will discuss how to get kids to avoid risk behavior, and she will talk about the collaborative guide for parents, which builds on the commonalities in the different campaigns' tips for parents.
Also Brandi Chapple, youth voice, member of the Youth Leadership Team of the Campaign to Prevent Teenage Pregnancy, and co-host of BET's "Teen Summit."
- **Carole Morris** is Executive Director of the Mt. Vernon Neighborhood Health Center. She will discuss a community-based model of treating adolescents: the importance of open access and confidentiality; treating the whole teen; emphasis on teens developing trust in their providers; and ways to include parents in the treatment of their teens.
- **Harold Koplewicz, M.D.** is Director of the NYU Child Study Center and Vice-Chair of the Department of Psychiatry. He will discuss mental health issues, focusing on the risks teens face as they enter adolescence, which is a critical time for them because their brains are changing and they are at risk for developing depression and other mental and behavioral problems. How can parents and health providers catch signs of developing problems and help teens?

Moderators: Secretary Shalala
Rep. Sheila Jackson Lee (D-TX), Co-Chair, Children's Caucus

Staff Contact: Heather Howard 456-7263

WHITE HOUSE CONFERENCE ON TEENAGERS
Program Draft 4/16/2000

- 9:58 **Melanne Verveer** welcomes audience and explains how the program will work, introduces video
- 10:00 **Opening Video:** Montage of a diverse group of parents and teens speaking about their lives. Gets out key messages: how they use their time, kids don't feel listened to, parents don't think their kids listen, kids are stressed, parents are worried, hopes and aspirations. The overall message is that whatever their background, families have similar hopes and concerns.
- 10:04 **POTUS and HRC announced into room together with keynote speaker(s), Cabinet members attending**
- 10:05 **HRC Speaks:** Provides interesting statistics and trends about today's teens and their families, explains that this conference is the bookend to the Early Childhood Conference, puts it in the context of post Littleton. Underlying message: While there is much to be happy about in terms of trends over the last seven years, there remain serious challenges. Parents are key, but need support from the community.
- 10:13 **POTUS Speaks:** Talks about the Administration's accomplishments, budget, and deliverables. Acknowledges all cabinet members attending. Underlying message: Youth are resources in their own development, but we need to support them and their families in order to maximize their potential.
- 10:23 **KEYNOTE:**
Joint keynote by a parent/teen combination – we have a good lead on an African American father and son who would be perfect for this role. They would talk about their own lives, illustrate the themes of the day with real stories, and give credibility to the researchers and experts who will follow.
- 10:30 **POTUS departs. PANEL I takes the stage, joining HRC.**
- 10:33 **Who are today's teens? What do they need?**
HRC introduces topic and panelists
- 10:35 **Teen Girl-** offers personal perspective on challenges of adolescence
- 10:38 HRC comments on teen girl's remarks and turns to Jacqueline Eccles.
- 10:40 **Adolescent Development-** present stages of development, peer cues, behavioral pressures, need for independence, *Jacqueline Eccles* (Professor at Univ of Michigan)
- 10:44 HRC comments on Jacqueline Eccles' remarks, turns to Dr. Giedd (*Scientist at National*

Institute of Mental Health)

- 10:46 **Brain Research/Physical development-** recent research suggests that an important phase of brain development occurs around puberty and that what happens now matters and can set the stage for later successes, *Dr. Giedd*
- 10:50 HRC comments on Dr. Giedd's remarks, turns to Susan Bales (*President of Frameworks Institute in DC*)
- 10:52 **Media Images of Teens** –*Susan Bales*
- 10:56 HRC comments on Susan Bales's remarks, turns to Karen Pittman (*of International Youth Foundation*)
- 10:58 **Assets-** all teenagers need a caring adult, healthy habits, safe places, good education, opportunity to serve, *Karen Pittman*
- 11:02 HRC comments on Karen Pittman's remarks, thanks panel, invites panel II to take the stage.
- 11:05 **Panel I leaves stage/Panel II seated with HRC.**
What can parents do to help teens? What can communities do to help parents get teens what they need? HRC introduces topic of second panel and introduces panel members.
- 11:08 **Synthesize what we know about good parenting of teenagers,** *Laura Sessions Stepp*, (author of *Our Last Best Shot & Washington Post Columnist*)
- 11:12 HRC comments on Stepp's remarks, turns to Robert Blum (*U Minnesota*)
- 11:14 **Avoiding risk behaviors** – *Robert Blum*, *Add Health*
Blum
- 11:18 HRC comments on ~~Resnick~~'s remarks, turns to Steve Case (*AOL*)
- 11:22 **Parenting & the New Media** - *Steve Case*
- 11:26 HRC comments on Case's remarks, turns to Geoff Canada (*Rheedlan Centers for Children and Families in NY*)
- 11:28 **The role of the community in a teen's life** - *Geoff Canada*
- 11:32 HRC comments on Canada's remarks, introduces scripted audience portion of the program expressing specific ways that the communities can help/support parents in raising responsible and resourceful teens, calls on AmeriCorps member, tbd, to speak.

- 11:36 **Youth as resources-** how young people themselves can make difference, *AmeriCorps member*
- 11:39 HRC comments, introduces Representative of the Ten Point Coalition, Rev. Jeff Brown (*Ten Point Coalition in Boston*)
- 11:41 **Religious Community-** importance of religion/values in raising teens, *Rev Jeff Brown*
- 11:44 HRC comments, introduces Ed Rep
- 11:46 **School-** importance of parent involvement in middle and high school, high school reform, afterschool programming, *Ed rep*
- 11:49 HRC comments, introduces Ellen Galinsky (*President of Work and Family Institute- very well respected*)
- 11:51 **The Family Friendly Workplace-** how does the work world need to change to support our raising families, *Ellen Galinsky*
- 11:54 HRC comments, introduces Ben Casey (*Director of Metropolitan Dallas YMCA*)
- 11:56 **CBO-** ways youth organizations can involve families, *Ben Casey, YMCA Dallas*
- 11:59 HRC comments, introduces Angela Diaz
- 12:01 **Health-** *Dr. Angela Diaz, (Mt. Sinai/Children's Aid Society)*
- 12:04 HRC comments, introduces Katherine Newman (*Kennedy School of Govt*)
- 12:06 **Employers of Youth-** *Katherine Newman*
- 12:09 **Reflections/Closing:** HRC Thank you and good bye, mentions breakouts later in day, invites people to lunch, invites satellite downlinks to continue talking into the day within their local communities.
- 12:15 End**

Withdrawal/Redaction Marker

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BREAKOUT #6

Supporting the Health of America's Teenagers: Helping Teens Make Health Decisions (?)

Sub-themes and discussion leaders:

- What is the state of health of teens? (% of kids who have no access to care. Suicide, Risky behaviors: drugs, alcohol, sex.) Importance of health promotion and prevention. (Nutrition and exercise).

Secretary Shalala

- Add Health Study found that the home environment and school can positively influence the health behavior of youth:
 - Parent behavior is important in shaping kids' health outcomes. Children who report feeling connected to a parent are protected against risk behavior.
 - Presence of drug, alcohol, or tobacco in the home increases the likelihood of adolescents using them.
 - Feeling connected to school is also important to the health of youth -- it protects teens from emotional distress, protects against substance abuse, and helps delay sexual debut.

Dr. Robert Blum, University of Minnesota

- How to get kids to avoid risk behavior.
Sarah Brown, Director of Campaign to Prevent Teenage Pregnancy
- The role of school-based clinics.

Julia Graham Lear, Robert Wood Johnson Foundation.

- What works? A community based care example: care that is confidential, non-judgmental, relevant to teen life-styles and behavior, at minimal cost, with appointments after hours, with a focus on health (prevention), rather than disease.

Dr. Angela Diaz, Mt. Sinai Adolescent Health Clinic.

- Mental Health in Adolescence

Dr. Bernie Arons, director of the Center for Mental Health Services

- Youth voice

Brandy Chapel, Anchor on BET Teen Show who has worked with Sarah Brown and the Campaign to Prevent Teenage Pregnancy.

Moderator: Secretary Shalala

Policy Deliverables:

- Challenge to the health community to . . .

↑
tell us what.

sleep?

BREAKOUT #6

Supporting the Health of America's Teenagers: (Helping Teens Make Healthy Decision? Helping Teens Avoid Risk Behavior?)

Sub-themes and discussion leaders:

- What is the state of health of teens? (% of kids who have no access to care. Suicide, Risky behaviors: drugs, alcohol, sex.) Importance of health promotion and prevention. (Nutrition and exercise).
- Add Health found that the home environment and school can positively influence the health behavior of youth:
 - Parent behavior is important in shaping kids' health outcomes. Children who report feeling connected to a parent are protected against risk behavior.
 - Presence of drug, alcohol, or tobacco in the home increases the likelihood of adolescents using them.
 - Feeling connected to school is also important to the health of youth -- it protects teens from emotional distress, protects against substance abuse, and helps delay sexual debut.
 - How to get kids to avoid risk behavior. Sarah Brown.
 - The role school-based clinics can play. Julia Graham Lear, Robert Wood Johnson Foundation.
 - What works? Community based care example: care that is confidential, non-judgmental, relevant to teen life-styles and behavior, at minimal cost, with appointments after hours, with a focus on health (prevention), rather than disease. Dr. Angela Diaz, Mt. Sinai Adolescent Health Clinic.

Need someone from Add Health study – you have Resnick elsewhere. Blum?

Moderator: Secretary Shalala
Senator Dodd?
Cong. Woolsey?

Policy Deliverables:

- Collaborative Guide from the National Campaigns fits in well here.

WHITE HOUSE CONFERENCE ON TEENAGERS

Program Draft 4/7/2000

Melanne - announce video

9:30 **Opening Video:** Montage of parents and teens. Gets out key messages: time piece, kids don't feel listened to, parents don't think their kids listen, kids are stressed, parents are worried. In the end takes a universalist approach demonstrating that we essentially all have the wants and needs.

9:33 **POTUS and HRC announced into room**

9:34 **HRC Speaks:** Paint a portrait to today's teens, shatter myths while family problems. Underlying message: Kids are more potential than problem. *Tie into early childhood work, conferences post-litton framing*

9:44 **POTUS Speaks:** *Legacy - what he's done for youth* Deliverables. Underlying message: kids are hope of today not just tomorrow, youth are resources.

9:59 **KEYNOTE:**

- Testimonial by teen- this is my life today
 - Celebrity- ie Grant Hill who could talk about what it was like being a teen growing up, how he made it through, what his parents did right
- parent-teen duo from the book*

10:05 **PANEL I/ Who are today's teens? What do they need? [5 min/adults, 3min/teen, 10min give and take]**

- **Brain Research-** brain is still developing, what happens now matters and can set the stage for later successes, *Dr Giedd, Jacqueline Eccles, Jeannie Brooks-Gunn*
 - **Physiologist-** puberty piece, hormones, growth piece, mood *melvin Garbarino*
 - **Behaviorist/ Developmentalist-** stages of development, peer cues, behavioral pressures, need for independence, *Richard Lerner*
 - **Assets Piece-** kids need caring adult, healthy habits, safe places, good education, opportunity to serve, *Peter Benson*
 - **Teen/Girl-** *Teen girl? (Hispanic)*
 - **Teen/Boy-** *Karen Pittman*
- checking my OSTP*

10:41 **Panel I leaves stage/Panel II seated**

10:43 **PANEL II/ How can parents and the community get teens what they need?** *What can parents do to help teens? What can parents & communities do to help teens & parents?*

[5min/panel, 3min/popups, give and take 20min]

- **Parent-** talking about the challenges they have faced and how they've worked around them
- **Parent Researcher-** *Expert* someone to synthesize parent piece, *Steve Small Uwison, Dr. Kerby Alvy, Laura Sessions-Step*
- **Communication Piece-** how do we talk to our kids, *Jim Younis*
- **"At Risk" Piece-** how to generally attack at risk behavior through good parenting, *pop-ups* *Sarah Brown, David Hawkins, Richard Catalon Uwash, Del Elliot,*
- **Values Piece-** how can we teach our kids right from wrong, instill the right values, *media/writer* *Steve Case - digital age - helping parents of teens*

David Hamburg? *Frontline reporter (suburban ang-re-synthetic)*

Ron Ferguson - Harvard

Marta Tienda - Princeton
Angele Diaz - Mt. Sinai, legal aid Society - community schools

Bill Damon - breakout sessions

pop up — • **Work and Family Piece**- how does the work world need to change to support our raising better kids, *Ellen Galinsky?*

POP UPS THROUGOUT- expressing how they can help/support parents in raising responsible and resourceful teens

- **Religious, Community**- *Seventh Grade Fund? Our Youth Pastor?*
- **School**- *Referring to the whole child, involve families as a whole, afterschool, including parents* teach to the whole child, involve families as a whole, afterschool programming, educator in the field talking about what they are doing, *Lois Harrison Jones, Steve Edwards? Principal of the Year*
- **Business**- unless on panel, put families first, happy families = happy workers, also ways to provide meaningful employment for teens, *Ellen Galinsky?*
- **CBO**- *YMCA Dallas which involves parents talking about their program*
- **Media Researcher**- Consider your impact on teens, portray them fairly and responsibly, consider messages you are putting out there for kids to consume, consider the parents point of view- how can you assist them in setting teenage media consumption habits? *Catherine Montgomery* Center for Media education? *Jane Brown?*
- **Policymaker/Municipal**- how communities can put kids at the top of their agenda, need to provide venues for children and their families to enjoy time and activities together, *Rochester Mayor? Boston Police Commissioner?*

Youth pop-up - Sonia idea - kids also come up w/ ideas to improve community - youth as resource
11:46 **Reflections/Closing:** HRC Thank you and good bye, mentions breakouts later in day, invites people to lunch, invites satellite downlinks to continue talking into the day within their local communities.

11:48 **End**

*have Cabinet Secretaries up on dais -
POTUS + FLOTUS can refer to them
when he's doing his legacy*

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**Multiplying Excellence:
Ensuring Quality
Mathematics and Science
Teaching**

Tue Apr 18 2000 - 8:00 PM ET

[Register](#) | [Description](#) | [Viewing Options](#)

**Applying for Safe and
Drug-Free School Grants: A
Technical Assistance
Workshop**

Wed Apr 26 2000 - 3:00 PM ET

[Register](#) | [Description](#) | [Viewing Options](#)

**Safe Schools Series:
"Forging Community
Alliances"**

Thu Apr 27 2000 - 2:00 PM ET

[Register](#) | [Description](#) | [Viewing Options](#)

**The White House
Conference on Teenagers:
Raising Responsible and
Resourceful Youth**

Tue May 2 2000 - 9:30 AM ET

[Register](#) | [Description](#) | [Viewing Options](#)

**Public Charter Schools:
New Choices in Public
Education**

Wed May 3 2000 - 4:00 PM ET

[Register](#) | [Description](#) | [Viewing Options](#)

**Teacher Voices 2000:
Making a Difference,
Shaping the Future**

Thu May 11 2000 - 8:00 PM
ET[Register](#) | [Description](#) | [Viewing Options](#)

**Connecting with Youth: High
Standards and Safe Schools**

Tue May 16 2000 - 8:00 PM
ET[Register](#) | [Description](#) | [Viewing Options](#)

**Learning Everywhere - In
and Out of School**

Tue Jun 20 2000 - 8:00 PM ET

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The White House Conference on Teenagers: Raising Responsible and Resourceful Youth

Tuesday, May 02, 2000 9:30 am - 11:30 am ET

Duration: 2 hrs.

- Viewing Options
- Satellite Coordinates and Technical Information
- Participant Technical Assistance on the day of Program
- Production Contact
- Disclaimer

****Please note that times are approximate. Program is scheduled for two hours but may run long.**

A live teleconference featuring the President and Mrs. Clinton leading a discussion among a diverse group of parents, teenagers, policymakers, youth workers, educators, and representatives of faith-based organizations, media, business, and foundations.

Viewing Options:

To participate, all you need is to locate a facility with satellite downlink capabilities. Otherwise, call your local cable access station or school board channel and give them the satellite coordinates or visit the site's Registration Gateway for [viewing options](#) in your area.

Satellite Coordinates:

Satellite Coordinates not available. Please check back later.

Participant Technical Assistance Number on the day of Program:

Technical assistance Number not available. Please check back later.

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Disclaimer:

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UNIVERSITY OF MINNESOTA

Twin Cities Campus

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Professor of Pediatrics, Director

National Teen Pregnancy Prevention Research Center

Division of General Pediatrics and Adolescent Health

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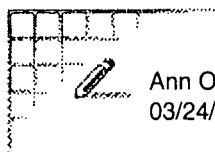
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Ann O'Leary
03/24/2000 01:20:43 PM

Record Type: Record

To: Sonia G. Chesson/OPD/EOP@EOP, MaryEllen C. McGuire/WHO/EOP@EOP
cc: Heather H. Howard/OPD/EOP@EOP
Subject: Adolescent Health Experts

Tomorrow at Noon, Dr. Angela Diaz (who heads up the Adolescent Health Unit and Mt. Sinai and is very involved with the Children's Aid Society) is bringing in a group of national adolescent health experts to brainstorm about the conference. Heather and I will lead the group, but if either of you are inclined to join us on a Saturday at Noon in Room 100 - it would be great to have you. They are in town for a national conference and Saturday at Noon was there only availability.

Agenda for Tuesday meeting

Name of conference:

How about -- White House Conference on Raising Teenagers in the Twenty-first Century:
Responsible, Resourceful, and Ready for the Future

Proposed Invitation copy:

OUTSIDE COVER

(PRESIDENTIAL SEAL)

The President and Mrs. Clinton

Invite you to

The White House Conference
On Raising Teenagers

On Wednesday, April 5, 2000

From 9:30 a.m. until 4:30 p.m.

INSIDE COVER

The White House Conference
On Raising Teenagers

Tuesday, May 2, 2000

Morning Session

Opening Remarks By President and Mrs. Clinton
THE EAST ROOM

Luncheon

THE STATE DINING ROOM

Breakout Sessions

Discussion Groups with Senior Administration Officials and Members of Congress
THE WHITE HOUSE CONFERENCE CENTER AND EISENHOWER OFFICE BUILDING

Closing Reception

THE INDIAN TREATY ROOM

Funding and co-sponsors:

Fiscal agent—YMCA, National Campaign for the Prevention of Teen Pregnancy, Save the Children, American Youth Policy Forum, or another organization?
Who will call and work this out?

Private sector funders – Budget is ready to go. Should we send it plus 2-pager to all the foundations on our call? We need about \$100,000 in private sector funding to cover the lunch, reception, video, and low-income participant travel (although we could get by with \$50,000 if we have the reception at the Indian Treaty Room instead of the Gores', we do a low-budget video, and we see if groups or agencies can pay for low-income participants). WE NEED THIS PIECE LOCKED UP QUICKLY SO WE CAN START WORK ON THE VIDEO.

Federal cosponsors – Should we set a \$ or in-kind floor to be a co-sponsor? I sent the budget and 2-pager to Ruby and Wendy from Cabinet Affairs to get around for contributions.

Video concept:

MaryEllen spoke briefly to the producers who have done Millennium Evening videos and the Philanthropy conference video. The Social Office is comfortable with them and they work quickly. (HRC really liked the philanthropy video.) The concept we have floated is to use a half dozen or so parent/teen pairs drawn from the DC area and to film them responding to a series of questions designed to cover the topics we want to highlight (ie communication, perceptions, concerns, problems and solutions, etc.). The actual video would feature snippets of these remarks (ie, Teen: I wish I had more time with my mom. Mom: I have to work two jobs to pay the rent and that means I'm never home for dinner. Etc.) Do we like this concept? What alternatives? If we go with this, we need to hunt down parents and teens right away, and of course, nail down funding. I would propose that we do the first draft of a script and let that drive both the selection of families and the interview questions.

Conference announcement

Was there any receptivity to having the President announce the conference? Do we agree that HRC should not make the announcement? We need to start making media calls – are scheduling a meeting with Melanne and Lissa for tomorrow to formulate a real plan.

Program

We should schedule a meeting for next Monday (and do our homework before then) to make decisions about program. Specifically:

- What are the key messages
- Who can deliver these messages
- What celebrities are on message if we could get them
- What should the breakout sessions cover
- Who should we ask to chair (and to organize) the breakout sessions

-- What themes should the introductory video touch on

Deliverables

One deliverable that keeps coming up is the joint document from the Campaigns for the Prevention of that came up during our meeting with Sarah Brown. If we want this to happen, we need to move on it.

Same deal with any reports to be released, etc.

Invitation list

MaryEllen has about 150 names on the list – we need at least 200 out of the box. We will need to get a list to Social by April 1, so we both need to get our names in and to have a list meeting early next week. Ann and Sonia – we don't have the list of folks you contacted for focus groups, so if any of them should be invited, need to send them to MaryEllen asap. The list meeting will identify holes so we may be scrambling to add to the list next week.

\$15

Conference Follow-up

Don, Shirley
Charles S. Shon
Fulvia Borland
Cory S. Young

Time of your Teens - Time of Teens

Judy Lichtman + Ellen Galsbisky

\$15 mtg of interested parties

time for parents - PMCA - for parent/teacher conferences
flexi-time

Task Force on Navigating the New Media

- tools for parents + teenagers
- media + entertainment industry - on place
of info about rating systems

\$12 mtg.

Conference report

Tips for Parents - } ^{translate into Spanish}
CEA report } how to disseminate

Education - PSA: a afterschool

DoJ - push Safe School/Healthy Students budget piece

HHS - youth blueprint

- more NIH research ; retail conference

Mental Health

Sf follow up to WH Conference

- Sf conference a medical?
- or something else?

check
w/ Trooper

4/24

Daily Call

9:30 invites - seated in East Room

8:30 panelists at 8:30
rehearsal 9 am

9:30 briefing -

9:50 - meet + greet

- Mc's

Cabinet

Sponsors

Celebs

} 9:30 - meet #2

- real people

9:57

- people are seated

Melanne remarks

Video

(HRC + POTUS watch from Blue room of

Cabinet secretaries + real people)

HRC + POTUS + cabinet + real people enter

HRC speaks

POTUS

Father

Son

} at podium together

POTUS speaks + leaves

Need 7 tape recorders

check up staff who's moderating

talk about how we see breakfast flowing

breakout leader introduces self to panelists + moderating

Cabinet - speakers - MC

Then moderators reminds people to ask Q's

speaker bios -
1 paragraph
handouts

- after - lead people to Indian Treaty Room

find out what stuff moderators are bringing -
give to Wendy

they can come to \$50, breakfast + reception
Mary Ellen (OR Q's office)



Trooper Sanders@OVP



04/12/2000 04:25

Record Type: Record

To: Ann O'Leary/OPD/EOP@EOP, Heather H. Howard/OPD/EOP@EOP

CC:

Subject: Re: WH Conf. on Teenagers 

Sorry for the delay. My initial recommendation for the health session is Dr. Bernie Arons, director of the Center for Mental Health Services. He our strongest arm on mental health and, since he's been through the WH Conference on MH experience and lots of Mrs. Gore mental health events, he'll "get" what we need without much coaching.

That said, let me know if you'd prefer a non-governmental person and I can pull up some names, but with only one slot, there is a risk of getting tangled up in the divisions in the mental health community between psychiatrists and psychologists, social workers, etc.

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USA TODAY Newspaper stories

Page 19A

Clintons to host conference on bringing up
teens

By Kathy Kiely
USA TODAY

WASHINGTON -- It's a topic that parents by the millions talk about every day over kitchen tables and office fax machines. And next month, President Clinton and first lady Hillary Rodham Clinton will give it bully pulpit treatment when they host a White House conference on raising teens.

The White House Conference on Teenagers: Raising Responsible and Resourceful Youth will take place May 2, less than two weeks after the first anniversary of the shootings April 20 at Columbine High School, where a pair of teens killed 12 classmates and a teacher before turning their guns on themselves.

A formal announcement of plans for the conference is expected from the administration today.

Concern over youth violence is only one of several reasons the Clintons have decided to host the conference, according to a senior administration official involved in planning the conference.

Among other things, the first couple want to focus attention on new research that indicates that preteen years are a key time for brain development and that -- contrary to many parents' beliefs -- kids want and need more direction from their parents.

The Clintons want to discuss the challenges and risks of raising what White House officials believe is one of the fastest-growing and most diverse groups of teens in U.S. history. There were 35.3 million Americans ages 10-18 as of September 1999, according to the latest estimates from the Census Bureau.

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The day-long conference will feature parents, teens, educators, policymakers and other experts. Among the topics expected to be discussed are drug and alcohol abuse, violent behavior, sexual activity and the effects of the news media on children and parents.

After an opening session, the conferees will break into small discussion groups, led by members of Congress and Clinton administration officials.

The conference is a reflection of Hillary Clinton's long-time interest in children's issues.

It follows up on a similar forum that she and the president hosted in 1997 on early childhood development.

It also will give the first lady a high-profile forum to appeal to women, a constituency that is expected to be key in her New York Senate race.

Her likely Republican opponent, New York Mayor Rudy Giuliani, has also been wooing female voters.



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WH CONFERENCE ON TEENAGERS DRAFT ON BREAKOUTS

BREAKOUT #1

Recapturing Time for Parents and Teenagers

Sub-Themes and Discussion Leaders:

- Parents and Families Matter in the Lives of Teenagers
Dr. Larry Steinberg, Temple University (expert on parenting styles)
Dr. Michael Resnick, Minnesota (research on importance of parental and family involvement in adolescent development, including research on family meal time)
- Parents and teens thoughts on work-family issues and spending time together
Ellen Galinsky, Families and Work Institute, author of *Ask the Children: What America's Children Really Think about Working Parents*
- Businesses can make a difference in supporting parents of teenagers
(CEO from model Corporation, such as Discovery)
- Highlight FMLA 24 hour policy to support parent leave for educational activities
State policymaker who could highlight such policies and discuss importance of policy on parents of teens (FYI – 8 states require leave for participation in children's educational activities)

Moderators: Secretary Herman
Senator Murray
Senator Jeffords

Policy Deliverables:

- Family Meal Time that would include a non-government campaign to promote families having meals together
- Continuing push for FMLA expansion to 24 hours
- Release of EO on non-discrimination of parents in the Federal work place
- Federal Campaign to urge Federal Workers to use flexi-time and family-friendly policies to have meals with their children

BREAKOUT #2

How is the Information Age Shaping Youth Today?

Sub-Themes and Discussion Leaders:

- Positive and Negatives of Technology Use by Teens
Katherine Montgomery, Center for Media and Education
- Providing parents with tools to better understand and monitor the media used by their teenagers
Representative from AOL

Director of the Kaiser Family Foundation (funded parents guide to the television ratings)

- Civic Values in the Media Age
Dr. Bill Dammon, Director of the Stanford University Center on Adolescence
(In June 1999, Dr. Dammon conducted a conference on “Creating Citizenship: Youth Development for Free and Democratic Society” – he could focus on using media and information for the purpose of civic engagement and encouraging parents to support young people in using media for this purpose)
- Media Portrayal of Youth and Family
Susan Bales, President, FrameWorks Institute

Moderators: William Kennard, FCC Chairman
Senator Lieberman
(Republican House Member?)

Policy Deliverables:

- Uniform rating system (We are in negotiation with AOL, but would like to be able to announce the support of Steve Case and ask him to form a task force on this issue as part of his role as Board Member of the National Campaign Against Youth Violence. In addition, we would like to push industry to do more to inform parents of current rating system and we would like to dedicate some Federal research dollars to studying kids and their media consumption.)

BREAKOUT #3

Parents Cannot Raise Teens Alone – Spaces and Places for Teenagers to Grow

Sub-Themes and Discussion Leaders:

- Reforming the American High School to meet the needs of 21st Century Teens
Dr. Gene Bottoms, education researcher and advocate for reforming the American High School to better serve students through personal attention, high standards, technological innovation, and parental involvement
- Expanding Opportunities for Teenagers in the Non-School Hours
Rhonda Lauer, CEO of Foundations, Inc. – funds after-school sites specifically focused on after-school for high-school students
YMCA After-School program director
- Importance of community based organizations for Youth Development, including importance of involving parents in community organizations
Dr. Milbrey McLaughlin, Stanford University professor and author of recently released report *Community Counts*
- Work places that help young people grow
Dr. Katherine Newman, Harvard University, recent book on teens and work
(David Hamburg recommended Dr. Newman)
Model employer that support youth development, e.g. CEO of Burger King

Moderators: Secretary Riley
Senator Kit Bond
Congresswoman Woolsey

Policy Deliverables:

- Challenges to Sectors (we hope to get commitments from various sectors, e.g. Dept. of ED with education organizations on push for parental involvement in middle school and high school, etc.)

BREAKOUT #4

Fulfilling America's Promise for ALL Teenagers

Sub-Themes and Discussion Leaders:

- Basic Assets Needed to Help All Teens Grow into Responsible & Resourceful Youth
Peter Benson, Search Institute – famous for spelling out 40 assets needed by young people, which were used by America's Promise to create the 5 promises
- What works and what does not for our most vulnerable youth
Debra Delgado, Annie E. Casey Foundation – focus on children in foster care
David Domenici, Principal of the Maya Angelou Public Charter School that has been nationally recognized for its work with kids in the juvenile justice system
(Speaker who has worked with Immigrants/Refugees)

Moderator: Attorney General
(need recommendation from Leg Affairs on Hill moderator)

Policy Deliverables:

- for new breakout?*
- Collaborative guide to prevention for parents that includes assets, prevention of risk behaviors, etc. produced by National Campaigns (e.g. Teen Pregnancy, Youth Violence, Tobacco-Free Kids, ONDCP) in partnership with HHS
 - Parenting Website – OJJDP parenting website geared towards parents of teenagers that would include principles and concrete guidelines for parents, also promote parenting information geared to parents of teens on private internet sites such as ivillage, oxygen.com, and parents.com

BREAKOUT #5

Teenagers as their Own Best Resources

Sub-Themes and Discussion Leaders:

- Teenagers Engaged In Community Service and Service Learning
Andrew Shue, President of Do Something
Teacher who runs service learning program at community high school
- Youth solving community problems

Oakland City Youth Board
Youth Philanthropist

- Building local networks for teens
United Way Atlanta 211 – built up network of service providers for young people

Moderators: Harris Wofford
Rep. Chris Shays (R-CT)

Policy Deliverables:

- Announce a Task Force to help local communities develop “211” or “1-800” line that would connect resources for teens to get information on local services, hotlines, volunteer opportunities. In addition, set up national public-private web site with local links to do same thing. Also, announce a major public relations campaign to push for local hotlines and www.teens.gov for available resources
(We are looking at work of Mrs. Blair on UK’s Child Hotline)

BREAKOUT #6

Supporting the Health of America’s Teenagers

(THIS SESSION IS NOT YET DEVELOPED. We realized that we needed a great focus on health issues and will be developing this breakout session over the next few days.)

Sub-Themes:

- Access issues – insurance, school-based clinics ; need for integrals of capital
services in multisite settings
- Risk behaviors – Teen pregnancy, drugs, alcohol, violence, etc.
- Healthy Habits – nutrition and exercise, obesity

Moderator: Secretary Shalala *Lynda Worley? Dodd? Suicide?*
Need House members

school-based clinics - Dr. Angela Diaz

Risky behaviors - Linda Beavinger?

Sarah Brown?

Tobacco or Drug or alcohol person

resilience / protective factors -

parent-lead

parent attitudes behavior is imp. in shaping health outcomes
(anxiety - being here at the point of doing, conveying high expectations for school success, behavior, restricting access to guns, drugs, alcohol, modeling screen & technology)

girls self-esteem & emotional health

Add Health - how indiv., family, + school factors influence behavior.

WHITE HOUSE CONFERENCE ON TEENAGERS
Program Draft 4/10/2000

- 9:30 **Melanne Verveer intro:** Welcomes audience and satellite audience, informs people this is a live broadcast, etc. Same role as Ellen Lovell plays at Millennium Evenings and at Philanthropy Conference.
- 9:31 **Opening Video:** Montage of a diverse group of parents and teens speaking about their lives. Gets out key messages: how they use their time, kids don't feel listened to, parents don't think their kids listen, kids are stressed, parents are worried, hopes and aspirations. The overall message is that whatever their background, families have similar hopes and concerns.
- 9:35 **POTUS and HRC announced into room together with keynote speaker(s), Cabinet members attending**
- 9:36 **HRC Speaks:** Provides interesting statistics and trends about today's teens and their families, explains that this conference is the bookend to the Early Childhood Conference, puts it in the context of post Littleton. Underlying message: While there is much to be happy about in terms of trends over the last seven years, there remain serious challenges. Parents are key, but need support from the community.
- 9:46 **POTUS Speaks:** Talks about the Administration's accomplishments, budget, and deliverables. Acknowledges all cabinet members attending. Underlying message: Youth are resources in their own development, but we need to support them and their families in order to maximize their potential.
- 9:56 **KEYNOTE:**
The President's people have argued for a keynote address following POTUS's remarks, in order to make it easier for him to leave. Our first choice would be a *joint keynote by a parent/teen combination* – we have a good lead on an African American father and son who would be perfect for this role. They would talk about their own lives, illustrate the themes of the day with real stories, and give credibility to the researchers and experts who will follow. Alternatives for the keynote address are a *celebrity* (see attached list) or *Geoff Canada*, Harlem Rheedlen Centers, who would bring some urgency to the issue (although he might also take us a little off of our “universal” as opposed to “at-risk” message).
- 10:04 **PANEL I takes the stage. HRC to moderate.**
- 10:06 **Who are today's teens? What do they need? [4 min/adults, 3 min/teen]**
- **Brain Research-** recent research suggests that an important phase of brain development occurs around puberty and that what happens now matters and can set the stage for later successes, *Dr. Giedd* or *Dr. Melvin Grumbach*
 - **Adolescent Development-** present stages of development, peer cues, behavioral pressures, need for independence, *Jacqueline Eccles* or *Richard Lerner*

- **Importance of teen years**- present information from Carnegie report, *David Hamburg*
- **Assets**- all teenagers need a caring adult, healthy habits, safe places, good education, opportunity to serve, *Karen Pittman* or *Peter Benson*
- **Teen Girl**- (if we do not have a teen boy as one of the keynote speakers, should have a boy and girl here) offers personal perspective on challenges of adolescence

10:41 Panel I leaves stage/Panel II seated. HRC to moderate.

10:46 What can parents do to help teens? What can communities do to help parents get teens what they need? [4 min/panel, 3min/speakers from the audience][these are too many speakers – need to cut two from the panel]

- **Parent Expert**- someone to synthesize what we know about good parenting of teenagers, *Laura Sessions Stepp*, author of *Our Last Best Shot*, which David Hamburg calls the best book ever written on parenting teens
- **Parent/Teen Communication** - *Steve Small*
- **Parenting & the New Media** - *Steve Case*
- **Health issues** - *Dr. Angela Diaz*
- **Dynamics of race, and income inequality** – *Dr. Marta Tienda*, Princeton University Office of Population Research
- **“At Risk” Piece**- how to generally attack at risk behavior through good parenting, what is missing in a child’s life that they engage in this behavior, *Front line reporter from “The Lost Kids of Rockdale County”*
- **The role of the community in a teen’s life** - *Geoff Canada*

Speakers from the audience - expressing specific ways that the communities can help/support parents in raising responsible and resourceful teens

- **Youth as resources**- how young people themselves can make difference, *TBD*
- **Religious Community**- importance of religion/values in raising teens, *Representative of The Ten Point Coalition in Boston*
- **School**- importance of parent involvement in middle and high school, high school reform, afterschool programming, *Jay Engelin- Principal of the Year*
- **The Family Friendly Workplace**- how does the work world need to change to support our raising families, *Ellen Galinsky*
- **CBO**- ways youth organizations can involve families, *YMCA Dallas*
- **Media Researcher**- impact of the media on teens, portrayal of teens in the media, *Katherine Montgomery, Center for Media Education*
- **Policymaker/Municipal**- how communities can put kids at the top of their agenda, need to provide venues for children and their families to enjoy time and activities together, *TBD*

11:46 Reflections/Closing: HRC Thank you and good bye, mentions breakouts later in day, invites people to lunch, invites satellite downlinks to continue talking into the day within

their local communities.

11:51 End

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(CEO from model Corporation, such as Discovery)
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State policymaker who could highlight such policies and discuss importance of policy on parents of teens (FYI – 8 states require leave for participation in children's educational activities)

Moderators: Secretary Herman
Senator Murray
Senator Jeffords

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Director of the Kaiser Family Foundation (funded parents guide to the television ratings)

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Dr. Katherine Newman, Harvard University, recent book on teens and work
(David Hamburg recommended Dr. Newman)
Model employer that support youth development, e.g. CEO of Burger King

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Congresswoman Woolsey

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Peter Benson, Search Institute – famous for spelling out 40 assets needed by young people, which were used by America's Promise to create the 5 promises
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Sub-Themes:

- Access issues – insurance, school-based clinics
- Risk behaviors – Teen pregnancy, drugs, alcohol, violence, etc.
- Healthy Habits – nutrition and exercise, obesity

Moderator: Secretary Shalala

April 10, 2000

MEMORANDUM FOR MRS. CLINTON

FROM: Shirley Sagawa
Ann O'Leary
Mary McGuire
Heather Howard
Sonia Chessen

CC: Lissa Muscatine, Melanne Verveer, Sharon Kennedy Gill

SUBJECT: Follow-up Information on the White House Conference on Teenagers

This packet is intended to provide you with further information on the White House Conference on Teenagers including your participation, the agenda, the press plan, and the possible celebrity invites. Currently, you are scheduled to be at the conference on May 2nd in the morning from 9:00 – 11:30 a.m. After you depart, the participants will have lunch, proceed to breakout sessions, and end the day with a reception.

Attached for your review are:

- A draft script for the morning program, with speaker names embedded in it. We have not called to interview these speakers and this is a rather preliminary list. It is also too long a program. But we wanted to get your preliminary feedback, and to find out if there is anyone you want to cut or add. We intend for all panels to have diversity, and to feature at least two or three youth speakers.
- A draft breakout session plan for your comments.
- A list of possible celebrity participants for your feedback.

In addition, you will receive a media plan from Lissa under separate cover.

We have reached our target budget, with pledges from the Departments of Education, Justice, Labor, and HHS.

We will keep working on our plans, but would like your feedback as soon as possible. Thank you.

CELEBRITY IDEAS

Danny DeVito and Rhea Perlman – parents of teenagers who just agreed to be spokespeople for the Afterschool Alliance involving the Department of Education

Will Smith – active in the community in support of youth.

Grant Hill and his parents – has done PSAs for AmeriCorps, the Campaign for the Prevention of Teen Pregnancy, and ONDCP. Probably won't be available due to NBA playoffs.

Edward James Olmos – active in Hispanic and education-related causes.

Denzel Washington – spokesperson for Boys and Girls Clubs who is himself a club alumni.

Susan Sarandon – parent of teenagers who has played a mother of teens in several recent movies (*Stepmom*, *Anywhere But Here*)

Sela Ward – plays a mother of teens on *Once and Again* television show. Has young children.

Bill Cosby – children's advocate, famous dad, and another Boys and Girls Club alum.

OPTIONS FOR BREAKOUTS

Recapturing Time for Parents and Teens

- Parents and Families Matter (Larry Steinberg/Michael Resnick)
- Businesses can make a difference (highlight model such as Discovery)
- Kids want to spend time with their parents (Ellen Galinsky)

Deliverables: Family Meal Time
FMLA expansion to 24 hours
Federal Campaign for Flexi-Time

Janice Lechance (OPM)

Moderators: Secretary ~~Shalala~~ *Herman*
Senator Murray - 24 hour bill sponsor
Jeffords

How is the Information Age Shaping Youth Today?

- Civic Values in the Media Age (Bill Dammon)
- Media Portrayal of Youth and Family (Susan Bailes) *N.M. Partnership*
- The Positive and Negatives of Technology Use by Teens (MIT/Stanford/Center for Media)
Sherry Turkle
- Providing parents with tools to better understand and monitor the media used by their teenagers (Steve Case)
Cathy Montgomery

Deliverables: uniform rating system, task force on youth and media
BET / Teen Show - programming for teens highlight an internet site teens are using

Moderators: *B.M.* *Kennard, FCC*
Liberman

Spaces and Places for Teenagers to Grow

- Parent involvement and inclusion in front-line institutions, e.g. schools, community based organizations, work, health
- Reforming the American High School to meet the needs of the 21st Century teen (Gene Bottoms/James McPartland)
- Afterschool? *YMCA*
- Importance of community based organizations (Milbrey McLaughlin - Community Counts and parent from Laura Sessions Stepp book who got involved with BB/BS)
- Work places that help young people grow (Katherine Newman, Burger King)
- ~~Health - school based clinics (Dr. Angela Diaz)~~

*School
community
work*

Deliverables: Challenges to Sectors

Moderators: Secretary Riley/Shalala
Cong. Woolsey
Jeffords Bond

Harold Ford

Helping ALL Teenagers Grow - Assets Teens Need

- Assets - Peter Benson
- Resiliency research
- Juvenile Justice (David Domenici - Maya Angelou Public Charter School)

James Foreman
+ bring a kid

Casey Foundation

--Foster Kids

--Immigrants/Refugees

--Sarah Brown (pregnancy), other Campaigns Heads

Deliverables: National Campaigns Guide

Parenting Website

Moderator: Attorney General

Teenagers as their Own Best Resources

--Community Service

--Youth solving community problems (Oakland youth)

--Building local networks for teens (Atlanta 211)

^{service people}
^{teen philanthropy}
Moderator: Harris Wofford

Kennedy
Chris Skayge

Youth + parents - Kit Bond
R + D's
diversity



dina.borzekowski@mountsinai.org

03/30/2000 02:35:13 PM

Record Type: Record

To: Heather H. Howard/OPD/EOP

cc: vaughn.rickert@mountsinai.org

Subject: Re[2]: White House Conference on Teenagers

Heather-

Regarding studies of health utilization, I'm passing on your email to Dr. Vaughn Rickert.

If I were pushed to give a list of features that make health-care adolescent friendly, I would offer the following:

- Confidential

- Respectful

- Minimal cost, if at all

- Relevant to teen life-styles and behaviors

- Appointments available after-school, evenings, and weekends

- Non-judgmental

- Available social support groups

- Focus on health rather than disease

Here at the Adolescent Health Center, it seems that the health providers are committed to offering care that involves all of these features.

Dina

Reply Separator

Subject: Re: White House Conference on Teenagers

Author: <Heather_H._Howard@opd.eop.gov> at Internet-Mail

Date: 3/30/00 11:42 AM

Dina -- thanks for your comments. I have a health related question. You all mentioned that kids are great consumers of health care, if it's adolescent friendly. Are there any studies you can point us to that have identified how to make health care adolescent friendly? Can you yourself point to a few discrete things?

Heather



Michael Resnick <resni001@tc.umn.edu>

04/03/2000 11:03:51 AM

Record Type: Record

To: Ann O'Leary/OPD/EOP, Heather H. Howard/OPD/EOP

cc:

Subject: Re: White House Conference on Teenagers

Dear Ann and Heather:

It was a pleasure meeting with you to discuss ideas related to the White House conference on adolescents. I would like to briefly recap highlights from our conversation, and I will be sending you another research article ("The Impact of Caring and Connectedness on Adolescent Health and Well-being") that captures many of the themes we discussed at our roundtable conversation.

The suggestions I would emphasize for conference content in fact underscore the ideas and materials you have already received from Dr. Linda Bearinger. The work that she and her research team have done with urban American Indian youth provide a very potent example of how protective factors can offset risk factors, INCLUDING with very high risk, vulnerable populations. In fact, it is the analyses that she has presented that demonstrate the power of protective factors in the lives of young people PRECISELY BECAUSE they work with youth who face such enormity of risk in their everyday lives. In other words, resilience research has made substantial progress in identifying assets and protective factors for young people. Research such as Bearinger's and other analyses presented by University of Minnesota faculty at our recent adolescent health meetings in Washington, D.C. are demonstrating the power of protection/assets/ strengths. Thus, the cutting edge questions now, I believe, are: 1) can protective factors/assets offset risk even in the face of enormous adversity? and 2) through families, schools and communities can we assure that each young person in the U.S. has access to and can tap into that which promotes resilience? These are the questions we should be asking, given the state-of-the-science in resilience research. These are the questions that researchers, educators, clinicians, advocates and policy-makers should be asking.

Some of the organizing themes for the conference we discussed include:

*fundamental needs for healthy youth development: how are teenagers different from children and adults in terms of their psychosocial needs leading to healthy outcomes?

*protective factors in the lives of young people: what do we know, from a research standpoint, about protective factors that guard many types of risky behaviors and outcomes? Are they different between boys and girls and for different ethnic and racial groups? Again, materials sent to you by Dr. Bearinger

from her
urban Indian research as well as the National Longitudinal Study of Adolescent Health are informative here.

*reframing the dialogue: how do we realign our resources and priorities to match the evidence that demonstrates the power of assets and protective factors? Specifically, what actions need to be taken at the family, school and community level to promote resiliency in teens? (For example, I have been meeting with a local coalition of schools that has identified assets/protective factors that are inadequate or missing in their school districts. Together, we have prioritized a set of action steps that will help to build these protective factors among junior and senior high school youth in their respective districts {e.g., increasing a sense of connection to school by providing increased adult time and attention with at-risk learners; developing a sense of competence and confidence through participation in extracurricular activities and service-learning programs}).

I strongly endorse your idea that the White House conference serves as the proverbial bully pulpit, to move critical ideas from invisible to visible in terms of public discourse. By painting a portrait of the changing face of youth in America and describing who they might be twenty or more years in the future, the stage is set for discussing the events, experiences and life events that will shape and mold healthy development. Folks from Child Trends, Inc. in Washington DC would be excellent candidates for painting that portrait of youth now and into the future (e.g., Dr. Kristin Moore: (202) 362-5580).

The discussion about protective factors can serve to address the pervasive myths that are embraced by too many parents and adults, the myths that: youth equals trouble; that parents and adults are irrelevant in the lives of adolescents once they make it 'past' childhood, that families don't matter to youth, and that schools themselves do little to influence the developmental pathways of kids (as opposed to the belief that peers are EVERYTHING).

I am grateful for your efforts to move this agenda forward. Based on our experience with analysis and dissemination of results from the National Longitudinal Study of Adolescent Health (which included Drs. Bearinger, Blum, myself, and others from the Minnesota program), we learned that these ideas about protective factors at the family, school and individual level can help to shape the nature of our thinking and discourse about young people, moving from a negative to a more positive, solution-focused agenda. I am aware that last year, Governor George W. Bush's office requested 1,000+ copies of the Add Health monograph report sent to you by Dr. Bearinger ('Connections that Make a Difference...'). However, the perspective that embraces an understanding of how protective factors can offset risk factors, and the primary role of parents, family, adults and school in that process is not one that can be claimed exclusively by any political party or interest group. Rather, it is a perspective for research, programming, policy and practice that appears to resonate well with a wide variety of youth-involved persons.

I will be glad to assist in any way I can to help make this important endeavor a success.

Best wishes,

Michael D. Resnick, Ph.D.
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>>

>>>

>>>Thank you so much for coming to the White House on a Saturday to help us
>>>brainstorm about the upcoming White House Conference on Teenagers. To
>>>facilitate our planning efforts we would appreciate it if you could provide
>>>any materials (research/possible deliverables/suggested speakers) as soon
>>>as possible or let us know that something is coming.
>>>Below please find a list of information that we are collecting:

>>>

>>>I. Research/Supporting Documents

>>>If you can think of any research, data, or other materials that support
>>>your choice of issues or themes or on adolescents in general that you feel
>>>are essential for us to see, please send them along.

>>>II. Deliverables

>>>If you or your organization can provide, or has ideas for, possible
>>>conference deliverables [grants, announcements, reports] please let us
>>>know. We are interested in pooling as many resources and tools as we can.

>>>III. Speakers

>>>If you know of people working with, advocating for, or who are youth that
>>>would make exceptional conference speakers or if you know of a family we
>>>may want to highlight in the course of our conference, please send us their
>>>name, brief background and contact information. As people come into
>>>consideration, we may call you for further details.

>>>

>>>As your materials arrive Heather and I will share them with the rest of the
>>>White House working group. Our contact information is:

>>>Ann O'Leary	Heather Howard
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>>>2nd Floor, West Wing	2nd Floor, West Wing
>>>The White House	The White House
>>>Washington, DC 20500	Washington, DC 20500
>>>ann_o'leary@opd.eop.gov	heather_howard@opd.eop.gov
>>>202/456-6275 - phone	202/456-7263 - phone
>>>202/456-2878 - fax	202/456-2878 - fax

>>>Thank you again for all of your help!!!

>>>

>>>-Ann O'Leary

>>> Heather Howard

>>>

>>>

>>>

>>>

>>>

>>>

>>>Message Sent

>>> To: _____

>>>

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DRAFT THEMES AND POLICY DELIVERABLES

White House Conference on Teenagers: *Raising Responsible and Resourceful Youth* May 2, 2000

Despite many positive developments in the last seven years – including declining rates of teen pregnancy, decreases in crimes by and against youth, and increases in student achievement and college access – parents of today's adolescents express significant anxiety about the well being of their children. In many cases, teenagers themselves feel alienated from their communities and insecure about the future. And recent tragedies have made parents and teens of all backgrounds feel helpless in the face of school violence.

The White House Conference on Teenagers will examine the anxiety and frustration felt by parents and teenagers by focusing attention on ways that families and communities can teach good values, promote healthy behavior, and support positive youth development in a world that is rapidly changing – with more parents and teenagers working more hours than ever before; technology changing the way we spend our time, the way we learn, and the way we interact; and in a society that many fear is declining in civility. The Conference will focus on this critical period of development by sending a strong message that parents and families matter in the lives of teenagers and will provide tools to help parents raise teenagers that are responsible, prepared, and engaged members of our society.

The Clinton Administration has worked tirelessly on behalf of young people by making key investments to support the healthy development of teenagers:

- In education, this Administration has made a commitment to improve education for middle and high school students by helping them make the transition to college or work through GEAR-UP and School-to-Work partnerships, providing them with after-school opportunities that are safe and enriching, and by pushing for a new high school initiative that would break down the high school into a smaller and more personal learning environment.
- In youth employment, this Administration has ensured that thousands of young people have had meaningful summer work experiences through the Department of Labor's Summer Jobs program and provided young people with hands-on experience through Youth Opportunity Grants.
- The Administration has also fought hard to support the community activism and volunteerism of youth by launching AmeriCorps – to date over 150,000 young people have participated in community service and earned education awards for their service through AmeriCorps.
- In the area of health care, this Administration has pushed for the expansion of coverage for children and youth through the Children's Health Insurance Program (CHIP) and focused on the mental health needs of children and youth through the Surgeon General's Report on Mental Health. The Administration has also helped bring a national focus to problems faced by many young people by launching the National Campaign to Prevent Teen Pregnancy and the National Campaign Against Youth Violence.
- This Administration has supported working parents of teenagers by passing the Family and Medical Leave Act to allow parents to take time to care for their sick children and by pushing for the expansion of FMLA to allow parents to attend parent-teacher conferences and be active participants in the lives of their children.

These examples are just a few of the ways that the Administration has invested in the healthy development of teenagers. This Conference will build on this record and help to lay the groundwork for future investments in this area.

Opening Session

- Video -- showing diverse array of parents (or parental figure) and teenagers all talking about struggles, hopes, and what has worked for them (YMCA has agreed to help with video)
- President and First Lady will lay out the themes of the conference, establish the research base, and announce the policy deliverables. The opening session will be framed around four messages:
 - (1) Understanding the American Teenager;
 - (2) Sending a strong message the parents and families matter in the lives of teenagers and need tools to help their teenagers develop;
 - (3) Sending a message that teenagers are important actors in their own development and also need tools to succeed; and,
 - (4) Putting the pieces together by making challenges to the community to support parents and teenagers in this effort.
- This opening session will include two panel discussions. The first will focus on the snapshot of the American teenager and will include a young person and several researchers that can speak to issues around healthy adolescent development as well as risk behaviors associated with teenagers. The second panel will focus on what we can do to help raise responsible and resourceful youth. It will include parents and researchers and will rely on voices from the audience to gain perspectives from educators, businesses, and community members.

I. Snapshot of the American Teenager

- Snapshot of Teenagers: A "snapshot" report on teenagers and the American Family will be used as a base for the conference and will provide the public with an accurate image of teens, their families, the positive and negative behavior trends of young people, and why parents matter in the lives of teens. This report will include information on the diversity of teens (race, ethnicity, immigrant status), health status, life expectancy, education and will put this information in an historical perspective -- looking at teens over the past one hundred years. The Council of Economic Advisors will work with HHS to produce this report and will largely use the Add Health study as a base for the report, as well as recent data on issues such as teen pregnancy, youth violence, etc.
- This report will also include a summary of time-use research to outline how teenagers and parents spend their time.

II. Parents and Families Matter in the Lives of Teens

Research:

- Highlight research on how parents and families can make a difference in the lives of their teenagers by focusing on parent connectedness research, research on importance of parental involvement in teen years that includes barriers to parental involvement and communication
- Highlight research on importance of parenting styles – Larry Steinberg, Temple University
- Focus on increase in parents' work – more parents working more hours (Bureau of Labor Statistics info.)
- Examine what teenagers think of their parents working and implication on work and raising teens – Ellen Galinsky

Policy Deliverables:

- National Campaigns (e.g. Teen Pregnancy, Youth Violence, Tobacco-Free Kids, ONDCP) in partnership with HHS produce collaborative guide to prevention for parents that includes assets, prevention of risk behaviors, etc.
- OJJDP parenting website geared towards parents of teenagers that would include principles and concrete guidelines for parents, also promote parenting information geared to parents of teens on private internet sites such as ivillage, oxygen.com, and parents.com
- Federal campaign to encourage parents to take flexi-time to have meal time with teenage children and participate in lives of their teenagers – e.g. attending extracurricular activities, visiting school, etc.
- Push for parental involvement in middle schools and high schools – Dept. of Education campaign with NEA/AFT/NASSP/NAMSP
- Resources on effective communication for adults and teens, parenting tips, checklists – including HHS guide for youth, "Express Yourself" and supplemental guide for parents on communication

III. Teenagers Are Actors in Their Own Development**Research:**

- Assets Teens Need to Succeed (Peter Benson, America's Promise, etc.)
- Effectiveness of youth solutions to community problems

Deliverables:

- Challenges to youth to take responsibility for their own futures
- Announce a national "211" or "1-800" line that would be a national resource for teens to get information on local services, hotlines, volunteer opportunities. In addition, set up national public-private web site with local links to do same thing. Also, announce a major public relations campaign to push for 211 and www.teens.gov for available resources
- EO on youth "cabinet member" or official youth advisory to keep the youth perspective prominent in Federal policy making
- Highlight FY 2001 National Service budget, including youth empowerment grants

IV. Putting the Pieces Together

Research:

- Highlight importance of collaboration between schools, health, and community that includes strong parent/family involvement
- Include message that schools, community based organizations, and health providers make a difference in helping teenagers on pathways to healthy development: release of Milbrey McLaughlin's Community Counts; Gene Bottom's research on reforming the American High School and highlight research on quality after-school programs; highlight research on importance of adolescent-specific health care, access to health care for adolescents – including school-based health care
- Include research on the importance of media in the lives of kids, as well as the responsibility media has in the development of healthy teenagers. Highlight research on portrayal of youth in media (Susan Bails, Frank Gillian, Karen Hyne); Kaiser Family Foundation research on Kids and the Media; and include information on technology use by teens and implications for family (Stanford study, work at MIT media lab).
- Include message about the role of work in the lives of parents and teenagers: highlight research on impact teen work has on teen development – highlight Katherine Newman's work – problem with low-end jobs are not jobs, but lack of social network; also look at work of "Great Transitions" and their recommendation of restricting teenage employment

Policy Deliverables: CALL TO ACTION FOR VARIOUS SECTORS

- Bring back family meal time – challenge to families, employers and teenagers to make family meal time a priority. This challenge would be used as a proxy for the overall important message of parents and teenagers spending time together. Research suggests the importance of this simple step, but in a practical sense, it is not easy to achieve even by the best parents. In order to acknowledge how hard it is for many families, and to make the challenge credible, we would seek a few lead commitments by employers and others (7-11s, cereal companies, etc.) both to spread the word and take steps to help their own employees participate in family meals
- Call to Action and challenges to the community: to employers to make it easier for parents of teenagers to spend time with them; to youth organizations to involve parents in their programs, not just youth; to schools to involve not just elementary school parents, but middle school and high school parents as well; to the media to take responsibility in how they portray young people, how they market to young people, and what messages they send to young people, etc.
- Specific call to action for media to move forward on developing a voluntary uniform rating system that is usable for parents; adult actors taking pledge to only do "family friendly" work – leaders in this area are Chevy Chase, Eddie Murphy, Denzel Washington; and, challenge web owners of "teen.com" and "teenagers.com" to put warning labels on web sites that the sites are not for teens or teenagers
- Push for FY2001 budget for Youth – GearUp, Youth Opportunity Grants, etc.
- Legislative push for education legislation that includes smaller high schools, more after-school opportunities
- Call to Action for foundations, state and local governments on investing in integrated strategies for youth development

Post Conference Deliverables

- CNS Youth Summit
- Education Conference on “Reforming the American High School”
- Cabinet Members day of focusing on youth

White House Conference on Teenagers: Raising Responsible and Resourceful Youth

Despite many positive developments in the last seven years – including declining rates of teen pregnancy, decreases in crimes against youth, and increases in student achievement and college access – parents of today's teenagers express significant anxiety about the well-being of their children. In many cases, teenagers themselves feel alienated from their communities and insecure about the future. And recent tragedies have made parents and teens of all backgrounds feel helpless in the face of school violence.

The White House Conference on Teenagers will respond to these concerns by:

- Providing a snapshot of today's teenagers, based on the latest statistics;
- Bringing to the public cutting edge research, including new brain research, about teenagers and their development;
- Acknowledging the challenges and opportunities presented by new technology, the changing workplace, and the increasing diversity of the youth population;
- Presenting advice from the nation's leading experts on youth development about what works and offering tools for healthy development to parents and teens;
- Focusing attention on ways that families and communities together can teach good values, promote healthy behavior, and support positive youth development; and

When will the conference occur?

Tuesday, May 2, from approximately 9:30 am to 4:30 pm. We anticipate that the opening session, featuring the President and First Lady will take place from approximately 9:30 to 11:30 am. This session may be followed by lunch, breakout sessions for discussion, and a closing reception.

Who will attend the conference?

Approximately 150 individuals will attend the conference. (The size is limited by the available space at the White House.) The on-site audience will include a diverse group of parents, teenagers, policymakers, youth workers, educators, and representatives of faith-based organizations, media, business, and foundations. Additional individuals may participate via satellite at locations around the country. We encourage organizers of satellite locations to show the opening session and then host interactive discussions among participants. We regret that due to scheduling constraints, the timing of the opening session will make it difficult for the west coast to view the conference live; however, we hope that interested organizations will consider taping the event for later viewing.

4/6

Youth Conference

- Deliverables:
- provide recommendations
 - CEA - Snapshot of Teenagers & the American Family
filled in their pregnancy data
 - Y Poll.
- tools for parents - collaborative guide for parents for the campaign
- OTJDP web site
- Ed - Initiative
parent + family involvement in middle + HS.
- HTS - Communications between parents + teens
- tools for teens - spur local action
web site
- Challenges to community
- Bring back family meal time
- to media to be responsible - Voluntary uniform rating systems

3/29

Mtg of YMCA

Kristen -
mediation
+ policy
for Y

Can recycle old questions from old polls -

- ok b/c ^{they} didn't get much pick up

- + they are old - pre-litlle - so it make sense ^{re-poll}

They can survey parents + kids

meal time -

- Dallas Y has program - parents pledge

time issues

communication Q's - parents thinking kids are now comfortable ^{telling} about things

how often does the whole family eat together?

how often do you have a 30 min. conversation?

Themes -

parents do matter

there are real, substantive things you can do.

~~sup~~ communication

supervision - time spent on internet

quality time

family meal time

what are barriers to spending more w/ parents/teens

how much ability parents feel they have to affect their kids -
~~that's important~~ as compared to the influence they had when the kids ^{were} younger

do parents feel they have somewhere to turn if comm. goes bad + ^{they need} ^{help} ^{dealing} ^{w/ kids}
~~the~~ kids - if you "find" serious "problems", where would you
turn for help.

3/29

②

YMCAT

- how much time do you talk a day
- how often do you have family meal time - meals a week
- supervised bedtime
- supervised internet

} or use Kaiser poll?

- barriers to spending time w/ kid/parent
- influence parents have on kids
- do you want your parents influence?

are your values
like your parents'?

who are the adults that are most influential

facing a serious challenge - where do you turn? (do you have a place to turn)

what are kids/parents worried about

is it easy to communicate w/ kid/parent about

Kristen will type up + run by pollster +
then get us a draft.

3/28

Youth Conference

poll - teens on the issues
what they think of their schools

Natl. Campaign ... Teen Pregnancy - teens attitudes about sex
values question

influences - who has most influential
what kids are worried about

find an old question - ask + get very diff answer now
do you eat dinner w/ your family

CEA - teen suicide (availability of guns)
- stay away from violence

mental health - young girls
drug + alcohol abuse -

Trooper - youth as resources - community service - Gores - intergenerational

young people as resources for each other

Family Meal - Parker Brothers - game night

Trooper - be careful of class issues - some parents can't do dinner

parent tools - campaigns, web
teen tool -
challenges to community - meal time
relate to teens { - employees - to facilitate
cbo's -

(2)

3/28

Big 4
deliverables:

Family health time

211 (or some resource #) -

- HRC learned about in UK

look at DV national hotline

web site

Uniform Voluntary ratings

legislatively - PMCA - this & go to school mtp.

do a document - on budget, initiative

- pull it all together

- tie legislative & budget together

child health insurance -

recently block grants to extend to teens

but 18-19 are highest rate of uninsured - not covered

ok
budget
HAP
discretionary

deliverables

Family real

Voluntary Uniform Ratings - now sell forward

1800 fourteen - connected to web page

for parents

Eric Liu - what's rationale for the conference

be careful - don't let it become diffuse -

don't let it creep into "future of american family"

- be disciplined - keep it focused.

meal time - national challenge - make family real time a priority

set up
business
possible - employer component / commitment - Nat'l. Governors & WOLC Families

- marketing piece 7-11's

- get a few signature commitments

- govt. component

③ 3/28

211 - United Way Campaign
link to web -

ie AOL campaign - kids can learn of volunteer opps.

NPR site - afterschool.gov -

DDL - workers.gov - clearinghouse

teens.gov - federal resources for teens

Eric Lin - General # for teens - not focused & maybe unwelcome
hotline

resource guide to get kids connected to mental health
parents who have kids who need help

Shirley - Federal Teen piece on web - work w/ NPR

Eric - deliverable on mentoring

Ann - mission creep - focus on parents

teens.gov - work w/ AOL

Eric - "pause page" - for porn sites teens.com
fact: Dan Byer, Khalil

3/28

DRAFT THEMES AND POLICY DELIVERABLES
White House Conference on Teenagers:
Raising Responsible and Resourceful Youth
May 2, 2000

Opening Session

- Video -- showing parents, teens, adult mentors all talking about struggles, hopes, and what has worked for them (YMCA has agreed to help with video)

I. Debunking the Myth of the American Teenager - Snapshot of teens today

Research:

- Longitudinal look at teens 20 years ago, 10 years ago, TODAY, 10 years out, 20 years out -- demographics (who are we talking about), risk behavior (e.g. teen pregnancy, youth violence, tobacco use), positive behavior (e.g. community activism, high school graduation, etc.) -- (sources: ADD Health study, what else?)
- Brain research -- brains still growing in early teen years (NIMH, UCLA)
- General adolescent development -- specific health issues related to adolescent development (e.g. puberty, sleep, nutrition, etc.)
- Portrayal of youth in media (Susan Bails, Frank Gillian, Karen Hyne)
- Time-use research -- a look at how teenagers spend their time
- Examining realities -- where are there real problems and real risks (e.g. suicide rate up for black male teens, teen pregnancy up for Hispanic girls, "huffing" up for white suburban kids, risky sexual behavior up in suburban communities -- e.g. crisis in suburb outside Atlanta with teens practicing sex with multiple partners, etc)
- Positives and negatives of peer influence
- Research on youth as resources (dispelling the myth that young people cannot be actors in their own pathways)

Deliverables:

- Polls outlining attitudes of adults versus reality (AD Council/Public Agenda)
- YMCA poll on time-use of teens
- Other graphical display of how teens spend time -- life size figures spit into chunks of time??
- Release of teen birth-rates (numbers down) -- also show that numbers of tobacco use and overall youth violence are down
- EO on youth "cabinet member" or official youth advisory to keep the youth perspective prominent in Federal policy making
- Announce Surgeon General's report on Youth and Mental Health

strong Values message

II. Parents and Families Matter in the Lives of Teens

Research:

- Portrayal of the American Family yesterday, today, and tomorrow (CEA could potentially help based on American Family chapter they did for budget book)
- Research on parent connectedness, research on importance of parental involvement in teen years, including barriers to parental involvement and communication
- Highlight research on importance of parenting styles – Larry Steinberg, Temple University
- Focus on increase in parents' work – more parents working more hours (Bureau of Labor Statistics info.)
- Examine what teenagers think of their parents working and implication on work and raising teens – Ellen Galinsky

Deliverables:

- OJJDP parenting website (can we gear part of the web site towards parents of teens??), also promote parenting information geared to parents of teens on ivillage, oxygen.com, and parents.com
- ★ • Bring back family meal time – challenge to families and employers
- Federal campaign to encourage parents to take flexi-time to have meal time with teenage children and participate in lives of their teenagers – e.g. attending extracurricular activities, visiting school, etc.
- Major campaign in supermarkets, 7-11s, public housing on importance of parent involvement in teen years
- Push for parental involvement in middle schools and high schools – ED campaign with NEA/AFT/NASSP?
- Resources on effective communication for adults and teens, parenting tips, checklists – including HHS guide for youth, “Express Yourself” and guide for parents on communication

III. Communities Matter

Research:

Community organizations

- Community based organizations can help teens on pathways -- release of Milbrey McLaughlin's Community Counts
- Great Transitions research on importance of strong institutions – schools, health care providers, community based organizations

Schools

- Highlight research on reforming the American High School – Gene Bottoms
- Research on difficult transitions – e.g. middle school to high school to post-secondary work or education

Health Providers

- ✕ Highlight research on importance of adolescent-specific health care, access to health care for adolescents – including school-based health care
- Research on resiliency – Resnick

Media

- Kids & Media report from Kaiser
- Technology use by teens and implications for family (Stanford study, work at MIT media lab)

Business – Teen Work

- Examine hours that teenagers are working (BLS)
- Impact teen work has on teen development – highlight Katherine Newman's work – problem with low-end jobs are not jobs, but lack of social network; also look at work of "Great Transitions" and their recommendation of restricting teenage employment

Policy Deliverables: CALL TO ACTION FOR VARIOUS SECTORS

Community:

- Parents guide (checklist?) for what to look for in a quality community based program—Karen Pittman
- Tools for community based organizations on how to best involve parents and use youth as resources and challenge to cbos to do a better job of involving and valuing parents

Health:

- Children's Health bill? *info on how to make centers kid friendly
School-based clinics*

Schools:

- Push for Education legislation – focus on small high schools, more afterschool opportunities, new bill on integrated services?? (Congresswoman Lynn Woolsey has wanted to expand integrated services for some time)

Media

- Uniform Rating System -- get parents/family groups to sign on and layout a process for getting to a uniform rating system that will be accessible to parents
- More adult actors taking pledge to only do "family friendly" work – leaders in this area are Chevy Chase, Eddie Murphy, Denzel Washington
- Challenge web owners of "teen.com" and "teenagers.com" to put warning labels on web sites that the sites are not for teens or teenagers

Business

- Challenge to employers to take responsibility for overall development of teens and highlight model employers (e.g. Burger King) – possible guide for employers??
- Summer jobs – DOL?? – guidance to communities to ensure that they can still offer summer jobs programs

IV. Youth as Resources

Research:

- Highlight increase in community service and civic involvement of young people
- Research on community service/service-learning, civic education
- Youth entrepreneurs (do we have any research on youth entrepreneurs?)
- Effectiveness of youth solutions to community problems (any interesting research/evaluation on effectiveness of projects such as the one in Oakland?)

Policy Deliverables:

- National Service – youth empowerment grants
- Web site for teenage entrepreneurs?

V. Putting the Pieces Together

Research:

- Assets Teens Need to Succeed (Peter Benson, America's Promise, etc.)
- Highlight importance of collaboration between schools, health, and community that includes strong parent/family involvement

Policy Deliverables:

- National Campaigns (in partnership with HHS?) produce collaborative guide to prevention for parents that includes assets, risk behaviors, etc.
- 211 – National resource for teens to get information on services, hotlines, volunteer opportunities – could also set up national web site with local links to do same thing – major public relations campaign to push for 211 and www.teens.gov for available resources
- Highlight Models of Successful Collaborations – Children's Aid Society, Beacon Schools
- Children's Health bill?
- Push for FY2001 budget for Youth – GearUp, Youth Opportunity Grants, etc.
- Call to Action for foundations, state and local governments on investing in integrated strategies for youth development

Post Conference Deliverables

- CNS Youth Summit
- Education Conference on "Reforming the American High School"
- Cabinet Members day of focusing on youth

3/27

DRAFT THEMES AND POLICY DELIVERABLES
White House Conference on Teenagers and the American Family
May 2, 2000

Opening Session

- Video -- showing parents, teens, adult mentors all talking about struggles, hopes, and what has worked for them (YMCA has agreed to help with video)

Themes of Conference: Debunking the Myth of the American Teenagers, Parents and Families Matter in the Lives of Teens, Re-Capturing Time is Essential, Renewing Our Commitment to Civil Society, and Teens Need Pathways to Success

I. Debunking the Myth of the American Teenager

Research:

- Longitudinal look at teens 20 years ago, 10 years ago, TODAY, 10 years out, 20 years out -- demographics (who are we talking about), risk behavior (e.g. teen pregnancy, youth violence, tobacco use), positive behavior (e.g. community activism, high school graduation, etc.) – (sources: ADHealth study, what else?)
- Brain research -- brains still growing in early teen years (some have warned us that this research is not yet ready to be highlighted -- we should discuss)
- General adolescent development – specific health issues related to adolescent development (e.g. puberty, sleep, nutrition, etc.)
- Portrayal of youth in media (are there any researchers who study how youth are portrayed in media and the effects this portrayal has on a range of issues from self-esteem to adult attitudes?)
- Examining realities – where are there real problems and real risks (e.g. suicide rate up for black male teens, teen pregnancy up for Hispanic girls, “huffing” up for white suburban kids, crisis in suburb outside Atlanta with teens practicing sex with multiple partners, etc)
- Positives and negatives of peer influence.
- Research on youth as resources (dispelling the myth that young people cannot be actors in their own pathways)

Deliverables:

- Polls outlining attitudes of adults versus reality (AD Council/Public Agenda)
- Kris Moore issues brief on debunking the myth ??
- Teen pregnancy numbers down, tobacco, youth violence ?
- EO on youth “cabinet member” or official youth advisory to keep the Federal government “real”
- Specific strategies for dealing with high-risk behavior in certain populations?
- Announce Surgeon General’s report on Youth and Mental Health -7

Breakout Session:

Why portrayal of youth in the media matters – affects the myths have on resources, attitudes, etc. (e.g. investment in problem-based programs instead of prevention)

II. Parents and Families Matter in the Lives of Teens

Research:

- Portrayal of the American Family yesterday, today, and tomorrow (CEA could potentially help based on American Family chapter they did for budget book)
- Research on parent connectedness??, research on importance of parental involvement in teen years?
- Highlight research on importance of parenting styles – Larry Steinberg, Temple University
- Highlight barriers to parental involvement, parental communication (what do we know in this category?)

Policy Deliverables:

- OJJDP parenting website (can we gear part of the web site towards teens??), also promote parenting information on ivillage or oxygen.com
- Bring back family meal time – challenge to families and employers *imp. to health indicators & research shows + family*
- Major campaign in supermarkets, 7-11s, public housing on importance of parent involvement in teen years *middle schools*
- Push for parental involvement in high schools – ED campaign with NEA/AFT/NASSP?
- Resources on effective communication for adults and teens, parenting tips, checklists – including HHS guide for youth, “Express Yourself” *ask them to write a guide for adults – publish it.*

III. Re-Capturing Time is Essential

Research:

- Focus on increase in parents’ work – more parents working more hours (Bureau of Labor Statistics info.)
- Examine what teenagers think of their parents working and implication on work and raising teens – Ellen Galinsky
- Examine hours that teenagers are working (BLS)
- Impact teen work has on teen development – highlight Katherine Newman’s work – problem with low-end jobs are not jobs, but lack of social network; also look at work of “Great Transitions” and their recommendation of restricting teenage employment

Policy Deliverables:

- YMCA poll on time-use of teens
- Other graphical display of how parents and teens spend time -- life size figures spit into chunks of time??
- Push FMLA agenda – 24 hours for parent-teacher conferences, anything else specifically teen focused? *volunteering at school*
- Federal campaign to encourage parents to take flexi-time to attend to teen needs – e.g. attending extracurricular activities, visiting school, etc.
- Challenge to employers ^{of teens} to take responsibility for overall development of teens and highlight model employers (e.g. Burger King) – possible guide for employers??
- Summer jobs – DOL?? – guidance to communities to ensure that they can still offer summer jobs programs

IV. Renewing Our Commitment to a Civil Society: Culture/Civil Society/Media

Research:

- Kids & Media report from Kaiser
- Technology use by teens and implications for family (Stanford study, work at MIT media lab)
- Community service/service-learning, civic education
- Research on importance of modeling good adult behavior – mentorship

Policy Deliverables:

- Uniform Rating System -- get parents/family groups to sign on and layout a process for getting to a uniform rating system that will be accessible to parents *AOL*
- More adult actors taking pledge to only do “family friendly” work – who are the leading actors on this one? Chevy Chase?
- Challenge web owners of “teen.com” and “teenagers.com” to put warning labels on web sites that the sites are not for teens or teenagers
- Push for national service, mentoring in budget

V. Teens Need Pathways to Success

Research:

- Assets Teens Need to Succeed (Peter Benson, America’s Promise, etc.)
- Community based organizations can help teens on pathways -- release of Milbrey McLaughlin's Community Counts
- Great Transitions research on importance of strong institutions – schools, health care providers, community based organizations
- Highlight importance of collaboration between schools, health, and community that includes strong parent/family involvement
- Schools – highlight research on reforming the American High School

- Health – highlight research on importance of adolescent-specific health care, access – including school-based health care
- Research on difficult transitions – e.g. middle school to high school to post-secondary work or education

Policy Deliverables:

- National Campaigns (in partnership with HHS?) produce collaborative guide to prevention for parents that includes assets, risk behaviors, etc.
- 211 – National resource for teens to get information on services, hotlines, volunteer opportunities – could also set up national web site with local links to do same thing – major public relations campaign to push for 211 and www.teens.gov for available resources *hotline*
- Parents guide (checklist?) for what to look for in a quality community based program, high school, etc.—Karen Pittman
- Highlight Models of Successful Collaborations – Children's Aid Society, Beacon Schools
- Push for Education legislation – focus on small high schools, more afterschool opportunities, new bill on integrated services?? (Congresswoman Lynn Woolsey has wanted to expand integrated services for some time)
- Children's Health bill? – ?
- Push for FY2001 budget for Youth – GearUp, Youth Opportunity Grants, etc.
- Call to Action for foundations, state and local governments on investing in integrated strategies for youth development

potus proposal - children's Trust Fund

Post Conference Deliverables

- CNS Youth Summit
- Education Conference on "Reforming the American High School"
- Cabinet Members day of focusing on youth *- Reno, Heuman have offered get others?*

missing

*Fatherhood
faith based orgs
youth voices
race/ethnicity
violence*

*Shirley - Debunking the myth
Parents Do matter
~~The~~ Communities Do matter*

SUGGESTED AGENDA- **MaryEllen 3/23**

I. VIDEO Montage:

Get out key messages: time piece, kids don't feel listened to, kids don't feel connected, kids are stressed, parents feel powerless, parents don't know how to talk to their kids/make them listen, parents are stressed and don't know when it will end or where to go for health, parents are worried about the world their kids are growing up in

II. HRC Speaks:

Paint a portrait of today's teen, the reality of teens today; shatter myths while framing problems. Underlying Message: kids are more potential than problem.

III. POTUS Speaks:

Frame the roles of parent, schools, communities, youth and society at large (media, policymaker) in shaping today's youth. End with responsibility of policymakers: to provide more resources, more money to cbo's that work to give parents and kids the tools they need [could plug census here – get them in so you're counted and get the resources you need]

Underlying Message: kids are the hope of today not tomorrow, don't waste anymore time.

IV. THE RESEARCH: WHAT DO WE KNOW? Mind, Body & Spirit

- Mind: Brain piece. The brain is still developing, it's not too late, what happens now does matter and can set the stage for later successes. Cognitive development- different kids learn in different ways. Social Development
- Body: Puberty. Development issues and the differences in girls and boys when developing. Sexuality.
- Spirit: Mental health, emotional needs, hormones affect on mood. Need for independence, "personal growth"

V. WHAT DO TEENS NEED TO SUCCEED/Assets (First five are America's Promise)

- A Caring Adult: parents/mentors, get out some positive feelings kids have about adults/parents. Celebrate good things adults are currently doing. Get out the message that kids need to be nurtured, still need their parents/caregivers. Free flowing communication and feedback.
- A Health Start/Healthy Habits: Physical fitness, prevention piece.
- Safe Places: Time- what are kids doing with the time versus what could they be doing. Afterschool, community orgs, need for programs, resources.
- Marketable Skills: education, opportunity, training
- Opportunity to Serve: To develop values, empathy, character, citizenship.
- Independence: to search for identity. How do parents set limits, how do you know when enough is enough?
- Connections/Community: need to be connected to as many institutions as possible starting with the institution of family, small schools initiative, need to get to know adults, etc, know people care.

VI. OPTIMUM ROLES: PARENTS, SCHOOL, COMMUNITY, WORK, TEENS & SOCIETY AT LARGE (POLICYMAKERS & MEDIA)

- Parents: communicate, set limits and boundaries, first teacher and mentor [teach by example], advocate in community for resources, instill values, nurturer, unconditional love [Deliverables: A series of how to talk to your kids pamphlets (about drugs, sex, etc); General parenting tips; Pamphlet on how to tell if kid is in trouble?; List of parent resources/orgs]
- School: Educate and enlighten, teach the whole child- including arts piece, prepare child for careers & college opportunities, social skills and character building (don't allow for bullying, labels), extend the day (afterschool programming), outreach (immigrant parents), a race piece [Deliverables: Tips for parents to work w/educators and vice versa; Guide on how to identify kids in need]
- Community: Provide venues for parents and kids to come together, facilitators, resource providers, outreach (immigrant parents, disenfranchised)
- Work: Provide family friendly workplaces (not just about little kids), provide workplace mentoring programs, provide teens with meaningful employment/opportunities [Deliverables: A best employers list? How to evaluate your child's workplace?]
- Teens: Take responsibility for yourselves, you are resilient, are a resource, do matter, get involved, be an active citizen, a good friend, volunteer, communicate your needs [Deliverables: A guide to development- what's normal? – kids love to read about themselves, why do you think magazines are such a big part of a young girl's life; list of resources, a teen clearinghouse?]
- Media/Technology: Consider your impact on teens, portray them fairly and responsibly, provide useful and meaningful information [Deliverables: parent guide to internet/media; youth poll on media consumption]
- Policymakers: provide more money for community based resources, technical assistance/models for collaboration

*Throughout all talk about how society/communities/schools are and are not investing in the development of our youth

VII. LUNCH

Could be showing excerpts from teen dramas

VIII. BREAKOUTS/Concurrent sessions

- Preparing Youth for the World of Work: What opportunities do youth believe they have in terms of education, training and work? What motivates young people to seek out careers and take steps to make them a reality? What concern youth about inequalities in the labor market? How can one evaluate teen workplaces? Host: DOL
- Building Local Capacity for Community Youth Development: What is role of community as a whole? How can faith based, community based and volunteer organizations work together to provide for youth? How do we break through bureaucracies to get results for our youth? Host: HUD, A Member [with some ideal EZ in their district]

- Communicating with Youth: How to Talk with Today's Teens: How can parents learn to speak and listen to their children in ways that allow them to be heard and understood? Are kids ready to talk? How can kids cross the bridge- learn to talk to their parents about drugs, sex, etc. HOST: HHS
- Prevention in Place: Stopping High Risk Behavior Before it Starts: prevention piece HOST: DOJ/ONDCCP
- The Values We Teach: How do young people develop their values? What values are they learning and from who? Role of media and community at large. HOST: Tipper, Member, ED
- Opportunities to Serve: Bringing Young People into the Community: What is considered to be meaningful service? How can kids contribute? Where do they start? HOST: CNS

IX. CLOSING SESSION

-Come to a shared sense of community between parents, schools, work, teens, media, policymakers. Underlying message: help young people grow roots and wings

WHITE HOUSE CONFERENCE ON RAISING RESPONSIBLE TEENS

Agency Response

I. Themes

Agriculture Department: Food and Nutrition Service

- Healthy eating patterns for teens and their families
- Childhood obesity and overweight issues
- Educating teens about nutrition information and services
- Teen pregnancy-low birth weight and infant mortality

Agriculture Department: Cooperative Research Education and Extension Service

Corporation for National Service

- Youth as Resources: we must ask more of teens

Education Department

- Hope: How does society give teens hope
- Early Childhood
- Critical transitions [from junior high to high school]; reforming the HS
- Search for Identity: especially among boys with the lack of responsible definitions of manhood
- Growing up alone: lack of parental involvement and supervision in teen years
- Parental adult substitutes
- Creating a responsible values system with character education and religion

Health and Human Services

- **Healthy Habits: Setting the Course for Adulthood** (What are the social dimensions of health and fitness as kids grow into adulthood? How can we work with young people to help them make wise choices about their bodies and their behaviors? Highlight the Healthy People 2010 indicators around adolescent health.) [*Sec. Shalala, DHHS*]
- **Mental Health and Adolescents** (What do we know about the mental health needs of young people? What do young people say are their main mental health issues/needs? How do we provide supports to help young people develop a positive sense of self and belonging, and help them avoid violence against themselves or others?) [*Surgeon General Satcher*]
- **Joining a Community: Effective Ways to Engage Youth** (How can we enlist youth as committed partners in building communities and their own futures? [*Gen. Colin Powell, America's Promise*])

Other suggested topics:

- **Aiming High: Helping Teens Set Goals and Achieve Them** (What motivates young people to aim high? How do we get youth involved in community building, educational and career pursuits, creative expression, athletics, and developmental experiences in and beyond the classroom?) [*Sec. Riley, ED*]
- **Preparing Youth for the World of Work: Concerns and Opportunities** (what opportunities do youth believe they have in terms of education, training and work? What

motivates young people to seek a career and take the steps necessary to make it a reality? What concerns youth about inequalities in the labor market?) [*Sec. Herman, DOL*]

- **Building Local Capacity for Community Youth Development** (What is the role of community, faith-based, and volunteer organizations in building up youth's responsibility and commitment? How do we break through bureaucracies to get results for our kids?) [*Sec. Cuomo, HUD*]
- **Conflict Resolution and Alternatives to Violence** (How do young people learn to resolve conflicts? How can parents, mentors and other adults involved with teens build a positive foundation of social skills that will enable youth to deal with anger or conflict productively?) [*Attorney General Reno, DOJ*]
- **Communication: Valuing the Perspectives of Youth** (Are kids ready to talk? Are adults ready to hear them? How can parents and other adults who work with teens learn to speak and listen in ways that allow youth to express themselves and be understood?) [*Member of Congress/Youth Organization Leader/Foundation Leader*]
- **Peer Learning** (What can low-risk and high-risk youth learn from one another? How can young people resist learning negative habits from peers?) [*Member of Congress/Youth Organization Leader/Foundation Leader*]
- **The Values We Teach** (How do young people develop their own values? What values are kids learning today and who is teaching them? How do family values, customs and conversations make a difference in a youth's maturation?) [*Member of Congress/Youth Organization Leader/Foundation Leader*]

Housing and Urban Development

- Partnerships in Public Housing (Boys and Girls Clubs, YMCA, Girl Scouts of American, etc.);
- Providing Safe Environments through Gun Violence Reduction Initiatives;
- After School Program;
- Tutoring and Mentoring;
- Government and Private Partnerships

Justice Department

- **Developing Positive Youth/Adult Partnerships.** It is important to focus on the development of positive communication skills between youth and adults, parents and children. For your information, two promising youth/adult partnership curriculums have been developed: one by the National 4-H Council and another by the National Boys and Girls Clubs.
- **Recognizing What Parents Do Right.** Though the conference needs to highlight the difficulties that parents face, it will also be important to focus on how parents are successful.
- **Highlighting Effective Programming.** The conference should be utilized as a vehicle to educate parents, practitioner and other conference attendees about the availability of effective programming which strengthens families.

Labor Department

- At-risk youth
- Partnerships, i.e. DOL/DOJ on youth offender
- Coordination of resources

NICHD

- Adolescent sexual behavior.
- Youth violence is much in the news these days. Different interest groups point to different possible causes of the seeming increase in such violence. The NIH has recently set aside several million dollars of funding and issued a call for research on this topic.
- Help young people grow both roots and wings: A continued investment in research-based, theoretically grounded and culturally appropriate intervention studies designed to help youth avoid risky behaviors and maintain healthy ones, with appropriate evaluation and long term follow-up will provide guidance to parents, schools, churches and other community organizations.

II. Deliverables

Agriculture Department: Food and Nutrition Service

- Joint statement of Medical Associations on the role of schools in the promotion of healthy eating behaviors.

Agriculture Department: Cooperative Research Education and Extension Service

Corporation for National Service

- Announce National Youth Summit in June
- Recognize recipients of President's Student Service Awards and/or President's Student Service Scholarships
- Recognize newly named National Service-Learning Leader Schools
- Highlight recently signed Youth Service Compact

Education Department

- Growing Up Drug Free: A Parents Guide to Prevention. The publication is being printed in Spanish and will be ready for distribution in April.

Health and Human Services

- **State-by-state birth rates broken down by ethnicity.** Every May, DHHS works with the White House to create an event commemorating teenage pregnancy prevention month. As in past years, CDC will have new state-by-state birth rates broken down by ethnicity to announce. It is expected that this will be the seventh year in a row that teen birth rates will have gone down. Additionally, the Administration has worked with the Campaign to Prevent Teenage Pregnancy to recognize their annual award recipients --- national and community leaders from a variety of fields who have made a real difference in helping teens avoid pregnancy. This conference would be a natural venue for these announcements.
- **Preliminary announcement Surgeon General's Report on Youth Violence.** Although the Surgeon General's Report on Youth Violence will not be complete until December 2000, there may be a way to make a preliminary announcement about this project.

Although the following may not be substantial enough to constitute announcements, we would suggest that the White House may want to consider making available for the first time (in either the morning session or an appropriate break-out):

- A pamphlet for adult community members on *Preventing Tragedies Involving Young People: How You Can Help*.
- A handout for youth called *Express Yourself*, which will be available in both English and Spanish.
- A small handout with anecdotes about vulnerable youth who have been helped by youth programs operated through the runaway and homeless youth system.

Housing and Urban Development

- HUD issued its Super Notice of Funding Availability (SuperNOFA) on February 24, 2000. The SuperNOFA contains a wide variety of programs relating to children. Contract awards will not be made until later in the year. HUD would be willing to provide training on the SuperNOFA to conference participants.
- HUD partners with 3,400 housing authorities and CDBG block grant cities through and fund a wide variety of programs for teens and their families. Many of these programs have been recognized for their outstanding work with young people. Provided is a list of programs/services offered to teens through HUD.

Justice Department

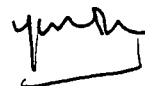
- **Parenting Website.** OJJDP and the Coordinating Council on Juvenile Justice and Delinquency Prevention are developing a national website for parents. Similar to the children with disabilities website, the parenting website will provide a catalog of information currently available for parents through the Internet and will provide links to all the major Federal agencies for accessing this information. This website will also provide Internet links to various foundations, private and public organizations, and other groups which provide information for parents through the Internet. This website is under production. It will not be fully available by the date of the conference (early May). However, the development of the website and its pending availability could be announced at the conference.
- **Juvenile Justice Journal.** OJJDP produces a publication entitled the "Juvenile Justice Journal". OJJDP would like to offer the September edition for focusing on issues related to parenting. As a lead article for the September edition, we propose to highlight the conference and its proceedings, perhaps with an article lead-in from the First Lady or the President.

Labor Department

- At-Risk Youth Grant competition announcement of winners (\$9 million total)
- Numbers day on youth (5/5) – (trying to figure out what this is)
- Herman/Reno day together around the issues of youth
- violence/reentry/job training [are there grants?]

NICHD

- Ann Siegal at DHHS/ASPE has a number of copies of the booklet produced from the early findings of the AddHEALTH Study. "Reducing the risk: Connections that make a difference in the lives of youth." This is an appropriate, interesting and useful contribution from NIH-funded research.



THE NATIONAL ACADEMIES

Advisers to the Nation on Science, Engineering, and Medicine

National Academy of Sciences
National Academy of Engineering
Institute of Medicine
National Research Council

Institute of Medicine
Commission on Behavioral and Social Sciences and Education
Board on Children, Youth, and Families

MEMORANDUM

DATE: November 12, 1999

TO: Melanne Verveer
Ann O'Leary
Nicole Rabner

FROM: David Hamburg
Michele Kipke

For your consideration, attached please find a suggested agenda for a White House conference on youth development. Our goal was to share with you our thoughts regarding how to organize the day, as well as capture some of the points discussed at the planning meeting last week. We do hope this will be useful as you consider next steps.

Please do not hesitate to call on us for further assistance. We will messenger over background materials about the activities of the Forum on Adolescence and the National Academy of Sciences, including a soon to be published synthesis of reports on adolescence published by the National Research Council and Institute of Medicine.

Preliminary Draft

Toward a Comprehensive Strategy to Promote Youth Development

Opening Remarks

President and First Lady (in whatever sequence they determine)

1. Importance of topic. What administration has done.
2. What are the essential needs of adolescents?
3. What risks do adolescents face, and what are the opportunities to promote youth development?
4. How can we move toward a comprehensive strategy to promote youth development?
5. How does recent research help us to answer these questions?

Session 1: Reducing Risks and Enhancing Opportunities: Essential Requirements for Healthy Adolescent Development

- Puberty & Neuroendocrine Development - Melvin Grumbach, Professor of Pediatrics, University of California, San Francisco
 - Psychosocial Development - Michele Kipke, Director, Forum on Adolescence, National Academy of Sciences
 - Health Risks and Opportunities - Michael Cohen, Chair, Department of Pediatrics, Montefiore Medical Center, or Iris Lint, Director, Division of Adolescent Medicine, Stanford University
 - Sleep Needs and Patterns During Adolescence - William Dement, Professor, Dept. of Psychiatry, Stanford University
1. What does the research tell us about biological, psychological, and social developmental needs of adolescents?
 2. How do social, environmental, and hormonal factors influence adolescent development?
 3. How do peers influence adolescents in both positive and negative ways?

4. How do we think about ensuring that adolescents grow to become healthy, learning and productive adults?

Session 2: Meeting the Educational Needs of Adolescents

- Science Education for the Modern Economy, Bruce Alberts, President National Academy of Sciences
- Lessons of Turning Points Schools - Anthony Jackson, The Learning Center of Disney Foundation
- After School Programs and Community Service - Jane Quinn, Children's Aid Society

Full time study, then school.

Session 3: Opportunities for Bridging Research, Policy, and Practice

- Duane Alexander (NICHD's portfolio + discussion of ADD HEALTH study)
- Marshall Smith (DoEd's efforts, include small schools and 21st Century Learning Centers)
- Margaret Hamburg (ASPE's efforts; policy analysis on youth development)

Session 4: Successful Targeted Prevention Approaches

- Adolescent - Pregnancy - Sarah Brown, National Campaign to Prevent Teen Pregnancy
- Tobacco - Matt Myers, Campaign for Tobacco Free Kids
- Alcohol and Drug Use - Joseph Califano, President, Center on Addiction and Substance Abuse, Columbia University

Must be effective together

Session 5: Promoting the Constructive Potential of Frontline Institutions

- Families - Steven Small, Professor, University of Wisconsin
- Communities & Community-based Organizations - Jacque Eccles, Professor, University of Michigan
- Religious Institutions - Kenneth Smith, President, Chicago Theological Seminary

- ♦ Business - to be determined
 - ♦ Media - Laura Sessions Stepp, Washington Post
1. What do adolescents need from their families and how can we strengthen parents' role during the adolescent years?
 2. How are pivotal/frontline institutions meeting essential requirements of adolescents, and how might they do a better job?
 3. How can we ensure that adolescents' connect with these institutions and other social supports to facilitate learning, health-promoting behavior and pro-social actions.

Session 6: Putting the Pieces Together: Toward a Comprehensive & Integrated Strategy for Youth Development

Ruby Takanishi, President, Foundation for Child Development

Jeanne Brooks-Gunn, Professor, Center for Children and Families, Columbia University

Darnell Hawkins, Professor, African-American Studies, University of Illinois - Chicago

1. How can the nation move toward a comprehensive and integrative approach to promoting youth development?
2. How can we foster curiosity and creativity among youth?
3. How can we encourage and foster meaningful roles in communities and society?
4. How can we ensure that adolescents acquire the technical and analytic capabilities to participate in a world-class economy?
5. How can we ensure that adolescents master social skills, including managing conflict peacefully?
6. How can we promote peaceful, respectful relations among diverse youth?
7. How can we encourage and support youths' active participation, community service, and responsible citizenship?

Concluding Remarks: First Lady

*Youth centered
- every sense*

*Now some
youth joining*

Frameworks for Designing and Evaluating Community-Level Programs for Youth

Working Outline
03/13/00 draft

Chapter I

A. Preface

1. Committee background
2. History of committee and report
3. Thanks to funders, advisors, friends, etc.

B. Introduction

1. Report grows out of new view of young people
 - a. Our future economic well-being depends in large part on our raising a whole new generation of skilled, competent adults
 - b. Our social fabric (perhaps even our democracy) requires an educated public that holds a number of civic values in common, particularly in a diverse country
 - c. Looking at the present, rather than the future, young people are a resource in of themselves that we can enjoy, benefit from, and rely on in the present, if they are given the opportunity to do meaningful things
2. Who are we talking about: the demographics of "young people"
 - a. Numbers of young people, within different age groupings
 - b. How many are in school?
 - c. How many are in higher education?
 - d. How many are in vocational education?
 - e. How many are employed?
 - f. What are the ethnic and cultural demographics of this group?
 - g. Where do they live?
 - h. What is their economic status?
 - i. Etc.

3. How are we doing in raising children through adolescence? How are young people faring, both as assets for today and potential tomorrow?

a. Answer is mixed

1) Assets

- a) High rates of literacy
- b) Reasonably good health
- c) Etc.

2) Problems

- a) Increased violence
- b) Increased tobacco and drug use
- c) Increased sexual risk-taking
- d) Evidence of racism and persistent poverty
- e) Sense of alienation
- f) Increased homelessness / runaway youth
- g) Increased mental illness
- h) Etc.

4. Importance of Adolescence

- a. Adolescence is an important time for young people to learn to negotiate critical transitions, such as from school to work, from childhood to adulthood, in the formation of self-identity and the selection of life options
- b. Understanding youth assets and problems take on importance as we've come to understand how critical it is that adolescence be used to build skills, develop independence and the ability to make good decisions, learn how to work and learn
- c. In our economy it is especially important not to be left behind; an adolescent sacrificed to violence or disaffection from school may never be turned around
- d. Need has never been greater to educate, support, guide, train young people

5. Assets and problems of adolescence also capture our attention because we know that the world young people live in is different from that which shaped their parents

a. Young people spend less time with parents and adults other than teachers

★ 1) Increases in working parents

★ 2) Media saturation and increased hours spent watching television / on the Internet

- 3) Primacy of peer group
- 4) Increases in young people growing up with language and cultural experience different than their parents
- b. More “empty,” often unsafe hours in the day
6. Youth programs / activities as a response to this environment and these conditions
 - a. Increased interest in programs and activities that we hope might:
 - 1) build skills
 - 2) keep young people out of trouble
 - 3) supplement formal schooling
 - 4) fill “empty” hours with valuable activities
 - 5) provide adult mentoring and support
 - 6) etc.
 - b. Long history of programs that have been around for years
 - 1) Little League
 - 2) Boy and Girl Scouts
 - 3) 4-H
 - 4) Religious programs
 - 5) non-affiliated programs
 - 6) etc.
 - c. As need for programs grows and the prospect looms that such activities might be increasingly supported by tax dollars, questions arise around these programs
 - 1) What do they accomplish?
 - 2) Who do they serve?
 - 3) How much do they cost?
 - 4) Who is staffing them?
 - 5) How are the staff trained?
 - 6) Etc.
7. These issues and questions have launched this report – lay out organization of report and its “intellectual architecture,” audience, etc.

3/25

Brainstorming of Health Professionals

WH Conferences on Aging - led to legislation
here - affect current dialogue in Congress
no new legislation

Rosnick pres engaged about research & role of parents, communities
- promoting + protecting kids

DINA teenagers + technology - kids are not techno-savvy
work of media about some of their lives

go beyond ^{normal} family definitions

strengthen connections between kids + schools

Kids unconnected to school tend to be high risk

focus on solutions, not just problems -

list of solutions that work

change image the public has of kids

breakout - family / school / community

shape public discourse about kids - use bully pulpit
- paint portrait of changing face of youth -

look ahead 20 years - how are we going
to look - Dig nature of am-family -

this is where we're going

- what do we know that protect / nourish the well-being
of kids

3/16

②

What things - families, schools, communities can do

ADHealth Study - long. individual study

use example of community based center - use in video -
have a kid say the center has helped them.

Resnick -

myths to debunk

Youth = trouble

parents are irrelevant

families don't matter

schools are a mess + ineffective

we just don't know what to do

tools + web resources

↓
parents + others can know where to go + look

MNF → research on resiliency - what protects young people

Resnick - research on resiliency

There are protective factors - protect kids
against risky behavior

Peter Bensen - 40 assets

MNF digital divide - doesn't exist among adolescent -

~~that~~ p. w. study -

(Kids) - Harlem have access - using
internet & get them up

(Dinner)

3/25 (3)

msg

CDC + N.H Support resource on resiliency

(Remick) ★ Larry Steinberg - keynote - Society for Adolescent Health
last year - synthesized research on parenting -
communicating styles has predictable effect
on kids' behavior
Temple U.

one piece

access to health services

- not the sole need of kids

part of broader goal of fundamental need of
kids for healthy development

access to appropriate quality ^{health} care is one part

religiosity/spirituality - protective factor

Develop
Therefore: confidence + competence - to

- ~~then~~ kids develop through hands on experience
- learning skills of good citizenship
- let them participate

Elizabeth Schon - Successful programs

What are health needs of kids - how do we measure

- youth violence
- incl. sexual violence
- ~~sexual~~

Kids need adolescent focused ~~services~~ ^{services}
→ so they are comfortable

Bob Blum
researcher

3/25

(4)

clinics - kids coming on their own

Kids are great health care consumers
if place is designed to meet their need

barriers - insurance, parental consent

The Door, Children's Aid Society

access - cuts across

role

School-based clinics play a access

connectivity

Health Futures of ~~the~~ Youth II -

Set of papers

Peter Bensen was there

many
1
choices - let
about how
to incorporate
participatory
processes

Check-in of teens -

if you focus on good programs - what are common
underlying characteristics

→ Channel One - ^{convergence} newscaster

DET Teen Summit

* Blank - Oxygen - Trackers - teens report - under Canadian
media
reports for

3/23

Youth Conference

DOED?

Internet
NH mtg

May 2nd - firm from POTUS scheduling

name brainstorming

tools for families + youth for raising kids

DOED will handle all the satellite stuff

video - from the day - ~~not~~ montage of parents + kids

Celebrities (John Tervino - get as a sports celebrities)

Do not circulate – Embargoed

White House Conference on Raising Teenagers in the 21st Century

Despite many positive developments in the last seven years – including declining rates of teen pregnancy, decreases in crimes against youth, and increases in student achievement and college access – parents of today’s adolescents express significant anxiety about the well-being of their children. In many cases, teenagers themselves feel alienated from their communities and insecure about the future. And recent tragedies have made parents and teens of all backgrounds feel helpless in the face of school violence.

The White House Conference on Raising Teenagers in the 21st Century will respond to these concerns by focusing attention on ways that families and communities can teach good values, promote healthy behavior, and support positive youth development. Break through brain research suggests that the adolescent years are far more important than we had previously understood. With this in mind, and against a backdrop of broader societal changes (new technology, an increasingly diverse population, and a significant “opportunity gap” for low-income and minority youth), the Conference will bring to light research on positive youth development, stress the importance of investing in youth, and provide tools for parents and other adults – and youth themselves – to ensure that the teen years are healthy and productive ones.

What issues will be addressed through the Conference?

- Parents feel disconnected from their teenage children, lack information to respond to the challenges they and their teens face, and may not believe they have an important role to play in their own children’s lives.
- Teenagers feel alienated from their families and communities, are victims of negative stereotypes, and may be overly influenced by negative role models.
- Low-income and minority teenagers face an “opportunity gap” in many areas.
- Problems of youth require comprehensive and integrated solutions, but often are addressed through programs focused on a single issue.
- There is only limited research on “what works” for adolescents, and that research is not well known.

What do we hope to accomplish?

- To engage parents and communities in a conversation about how we can do a better job working together to raise our teenagers.
- To make the case for new resources to support positive youth development.
- To challenge inaccurate views and stereotypes about teenagers, their role in the community, and the importance of parents in their lives.
- To encourage more effective, integrated services for and by youth at all levels

of government and in the private sector.

- To provide parents and communities with tools and information they can use to address the needs of adolescents.
- To enable teenagers to speak out about the challenges they face and their role in addressing these problems.
- To issue a call to action to the private sector, media, etc. to take responsibility for their effect on youth, and use their resources to promote healthy development.

When will the conference occur?

Tentatively scheduled for Tuesday, May 2, from approximately 9:30 am to 4:30 pm. We anticipate that the opening session, to take place from approximately 9:30 to 11:30 am, will be available via satellite. This session may be followed by lunch, four to six different breakout sessions, and a closing event or reception.

Who will attend the conference?

Approximately 180 individuals will attend the conference. (The size is limited by the available space at the White House.) The on-site audience will include a diverse group of parents, teenagers, policymakers, youth workers, educators, faith-based organizations, media, business, and foundations. Additional individuals may participate via satellite at locations around the country.

What will be addressed in the conference program?

Both youth and parents will be significant voices in the program

The program may be organized thematically around “community, opportunity, and responsibility.”

Within this framework, the following issues may be addressed during breakout sessions:

Health – exercise, nutrition, teen pregnancy, HIV, smoking, drugs and alcohol, and research on obesity, sleep, etc.

Education – afterschool programs, smaller high schools, impact of work on education, college preparation and access

Work – family friendly workplaces, youth employment, entrepreneurship programs, school-to-work

Safety – violence by youth, youth as victims of violence, gangs, sexual harassment, peer pressure, risky behaviors

Values – citizenship, service, philanthropy, character education, community strengthening, “One America”

3/2

Youth Conference

Shirley
Mary Ellen
Sonia
Anna (by phone)

Title - Can we put subtitle or invite?

Social says no usually

Anne Casey ~~will~~ will give \$50^{1k} - \$75K - will they be fiscal agent?

Karen Hine? will give \$5K w/ strings

will Eden do the poll?

need private
sector \$

Videos

Lunch

low-income travel

~~vision~~ Federal cosponsors:

Education will give something

Shirley will get something out to Wendy to get to agencies

Can we get Education to take care of Satellite? + pay for it?

Video: montage of parents + teens - 3 1/2 minutes?
producers suggest pick 4 families?

or maybe have more people - to get out
a lot of issues as framework for event

Shirley - maintain control - write script
work w/ organizations to find people

(2)

script interviews - their answers would be spontaneous + then edited

well list themes, then we want people to say
ask groups to find us people
- maybe phone interviews of the families

Announcement - POTUS doesn't have any education
stuff coming up to make the announcement

Shirley - thinks it should come from WH Press +
have a contact on DPC + FLOTUS staff.

Deliverables

conference call of conference Youth Violence, Tobacco, Drugs,
Teen Pregnancy
- joint document

teen pregnancy #'s? - not ~~make~~ make a big deal about it -
it's off message, same old same old

pamphlet on normal teen development + problem behavior

WH website linking to sites

* ^{parenting} DOT site - catalog of info for parents + links to many sites
not fully available for conference - but when?

③

invitation list - plenty of names satisfied w/ diversity
short on ^{normal} ordinary parent / teen combos -
getting extraordinary cases

next meeting - Monday 3:00 - 4:30

3/20

Brain Development

- Front Page story on brain development in teens

Research is nice follow up to HRC's research

Old ways of looking at brain - CT scans, X-rays
new way now - MRIs are cheaper

brain we thought the brain over producing + fighting it out
was over at 18 months - 3 years

~~but~~

followed kids - ~~the~~ scan

brain matter grows to pretty much full size by age 5

but - 2nd wave of overproduction

brain cells get more complicated - branches, roots +

high points - 11-15 yrs

1/2 - boys

grey matter gets thicker before puberty + this down after
pruning - all complete

down by use it or lose it - activities guide which

the kid uses or loses - the one lost - it's gone

so teens can influence own brain development

activities optimize - set up brain for adult years

most susceptible to drugs

Shirley
Lynne
Mary Ellen
Ann

②

Brain development

Sports, music, academics — brain thinks that's what it needs to do / be good at.

Second wave of brain development — brain figures out what it needs to do to stay alive — hunt, etc.

Sex + violence are what brain is hardwiring for

~~the~~ brain doesn't change much after 30 —
b/c biologically we didn't last must longer

Now that teens will live to 100 — very imp. to hardwire correctly.

Tell kids they're in charge of building their brains

easier to learn music + sports as teen — can pick up later
~~even~~ easier than starting later

Studying twins now — scan their brains early on +
see how the brains develop as the twins
grow up + maybe some of them do diff things / diff
interests

Look for effect of practice on the brain

③

Brain development in Teens

what does this mean for parents, society
should we try to influence the development

Should we try to exploit the windows

diff parts of brain ~~have~~ develop at diff rates -
have diff windows

onset of puberty - impacts identity, sexual development

psychopneumics - powered down their gray matter (frontal lobe)
in 4 stages

if it's use it or lose it - if what you do w/ brain
determines how it develops -

Then if you ~~if~~ don't treat depression, etc.,
they may be hardwired to be depressed

if do treat w/ medication - may hardwire brains
to be more happy

Conference -- parents need to know they have an ^{imp.} role -
in child's life at this point

maybe kids will be motivated?
parents who don't want to pay for music lessons...

④

when are kids hard-wired for right (wrong)
- if they don't learn now - harder later
(like adults learning a new language)

What is effect of drugs on development? don't know
worse since drinking, huffing are on rise

There is this breakthrough window - we
don't know how to influence but we need to
be careful

his
re view
agenda

- Study twins - effect of biology v. practice
- effects of medicine - effect of risk
- psychopharmacology - can medicine stop
- bacteria / virus - effect on brain
- how can we guide the pruning in positive ways

like a 2nd chance

shaping MRI & brain of researchers all over the world
UCLA researchers doing technology side

LA Times, NY Times, Newsweek, W. Post
Nature Neuroscience article

3/16

Youth Conference - internal mtg.

name

brain research

teenagers need their parents - parents can have an impact

time use

risky behavior -

Themes + breakout sessions

policy deliverables

East Room

2 hour session - Satellite - Pres + HRC space

lunch

breakout sessions

reception

invitation list - need next week

deliverables - get groups to issue joint tips

consumer focused - reports, research -

Things distilled for parents

Cabinet sponsorships - needs one pager + budget

Briefings for MC's + inter govt.

celebrities >

faith based organizations

g's groups / work-family groups

groups

3/15

Interagency mtg - WH Conference

Par Montoya HHS
ACP

Conference - May 2

9 - 9:30 Start

Post FL from conference - lay out agenda

1200 participants

lunch in East Room

Break out sessions in afternoon - Secretaries, MC's - Ya S
reception

opp - for WH to change media perception of young people

focus on 3 parts of triangle - parents, youth + community

parents need parenting info

Communications shows parent + child

the ~~comm~~ issues - church, etc - how parents + teens ^{spoke} ^{of} ^{their}

Shirley

youth input - groups doing focus groups

conference call in late March

will email w/ list of who we've been brainstorming w/

Ann - need about policy deliverables

OPM - DC jobs initiative, School to Work, Federal employees assistance

HHS - teen pregnancy rates - state by state birth rates down for 7th year
is a goal

S.G. report on youth violence - not out until Dec - ^{but may} ^{something} ^{early}

youth aspect of Mental Health report

handout for youth - Express Yourself - in English + Spanish

- how adolescents can get their voice out

(2)

HHS

new - Health Habits - setting course for adulthood

highlight Healthy People 2000 - ~~to~~

for the health of adolescents -

risky behaviors

HHS:

Pat Montoya
205-8347

Julie Bosland
401-2887

Education - ~~parent~~ responsible value system -
parental substitutes - make sure every kid has someone to talk to
Search for identity - esp. among boys & young men
takes them to drugs, guns, risky sex

transitions

early childhood - sup. parenting begins early in life

~~large~~ jump in # of teenage kids

kids respecting kids

kids work too much

USDA - coop extension - 4H - present in every county
teaches life skills
publication

HUD - Super Nova - Youth Bill component
grants applications due in June

empowerment zone

providing safe environment for kids - reducing gun violence in public housing

Joyce Williams
603-305-
2281

USDA - FNS - announcement? role of schools in promotion of healthy eating
health-related

NICHD - brochure on reducing risks - good deliverable
applications for youth violence research

1993 book - Raising teens

(3)

ONDCP - prevention

another segment of media campaign - role reversal
define sensation seekers
community partnerships - 106 Black men, etc.

DOT -

developing positive youth
recognizing what parents do right
highlighting effective programs
publications

Education -

June conference
Mott & W. Wilson Foundation - focus on senior year
creating commission to address ^{it's a} ^{big} ^{issue}

Cooperation for
National Service

highlight youth as resources
youth service compact - leading service orgs have signed

labor -

focus on at-risk kids
partnerships w/ DOT on youth offender
discretionary grants for at-risk youths
- more minority youth are employed
It's Day (employment data) - on Friday
focus on youth employment data

2/13

WH Conference

Sony a
Ann
Mary Ellen
Shirley
Peter Benson
Tennie
Ode Blum
Chris Moore
Lorrie Clavner
Karen Korman

follow up to conference on ^{early} brain development
focus on parenting, connectedness
Working title: Parenting: Raising Responsible Teens

Coordinate w/ conferences in the states?
shift from problem focused to pro-active
"Responsible Raising Successful Teens" or Responsible Successful

how can parents communicate w/ teens

Kids' positive feelings toward parents

how do you measure success (also interviewing kids)?

need to look at available indicators

find communities that do well in outcome indicators

communication

how parent + child handle conflict

what do kids need?

what can they get from their families, schools, communities

~~can~~ get employment sector involved - allow parents to support their kids

good families + good communities

Youth Voice

Natl Campaign to Prevent Teen Pregnancy - Sarah Brown

Message re: Family-friendly corporate policy -

- ① doesn't exist when kids are no longer pre-school
- ② the church families face
- ③ community programs

emphatically

emphasize ^r
on these role parents play in kids lives (10 year old article ^{Skinner} ~~small~~)
some roles they can't play alone

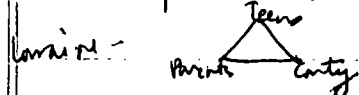
learn from youth - what they need + where they can contribute

What is optimal role of parents + community in youths' lives

9-1 " " " " 1 year in community & family

Song - bring in parent-children who have worked to improve communities.

Blum - parents w/ - context of community -
Teens



Public health angle - support from county crucial
parents + kids can't do it all -
i.e. school stays open after 3pm

also - attempt to measure impact

Beavis - lead - 4 negative Stereotypes adult bone 7 kees -
Then counter it (9. 8 kids, etc.)

Look at total then

back
(?)

parents - imp. of communication - some conflict is helpful.
parents + kids can't do it alone

the - crunch issues

policy - corporate family friendly policies, after school care

Chris - negative stereotypes - positive focus

Imp connections - 10^{10} kids place orders.

What Kids Need

peers & parents

Conference ③

Bill - develop sense of shared purpose
teens, parents, teachers, county

Karen - congruence between systems
negative stereotypes re: kids + parents
what kids need

Where kids are? (% in prison, school, streets)

Peter - outline: measurable - reality of teens in America -
"more potential than problem"
what kids ~~need~~ need to succeed
optimal role of parents, ~~teachers~~ ^{teens} + community
recommendations + strategies for assisting
parents, teens + county to work together

Opening - Plenary session of Pros + PL
break out groups

Memo

To: Ann O'Leary, Special Assistant to the President for Domestic Policy
Ruby Shamir, Associate Director for Domestic Policy

Date: 03/15/00

Re: White House Conference on Youth, May 2000

This memorandum represents the first step in the Department of Health and Human Service's contributions to the planned White House conference on youth. As noted in several places below, we will continue to work with various parts of the Department to get additional information, deliverables, etc.

A. SUPPORT FOR WHITE HOUSE CONFERENCE ON YOUTH:

The window of opportunity is open for the creation of a new, more proactive approach to youth development. As DHHS Secretary Donna Shalala pointed out in her testimony of September 14, 1999 before the Senate Appropriations Subcommittee on Labor, HHS, Education, effective youth development programs do more than prevent risky behavior. "They promote such things as the social, emotional, cognitive and moral competence of young people... Most importantly, [a comprehensive strategy] must include adolescents themselves and make them active participants in the strategies that we develop for their successful futures." Positive youth development takes a public health approach, preventing negative outcomes by developing healthful behaviors among young people.

Just as new findings in cognitive development have revolutionized national policy toward young children (from birth to age 3), the same could happen for older children and teens based on our rapidly developing body of knowledge about the public and social health aspects of adolescent maturation. In an article entitled "Key Brain Growth Goes On Into Teens," the March 9, 2000 *Washington Post* reported that: "Scientists have discovered that the brain undergoes surprisingly dramatic anatomical changes between the ages of 3 and 15," with significant cognitive and emotional implications for success and health later in life. This White House conference could build on the earlier White House conferences on early brain development and child care by conveying the message that we need to protect our

investment in our youngest children by fully supporting them as they go through this second period of accelerated change and growth.

Given the context of recent national initiatives for workforce investment, welfare reform, and after-school programs, as well on concurrent activities on youth development in the youth-serving and health fields, DHHS feels that the time is ripe to begin a national dialogue on the policies and practices that will help America protect and empower our young people as they grow from the dependency of childhood into productive, independent adults. **The Department of Health and Human Services (HHS) welcomes this opportunity to focus on positive youth development.**

B. ADDRESSING THE ROLE OF YOUTH, PARENTS AND COMMUNITIES IN POSITIVE YOUTH DEVELOPMENT:

HHS strongly supports the themes of *community, opportunity and responsibility* that are referenced in the 3/3/00 White House draft document. To build on these themes and capture the energy and commitment of youth, along with the families and communities in which they grow up, HHS would recommend modifying the title of the conference to convey the message that youth, families and communities are partners in a positive effort to build strong futures. This approach would connect genuine concern about the risks youth navigate as they grow up with a sense of hope and promise. Possible suggestions include:

- Promoting Opportunity, Responsibility and Community Engagement for Youth in the 21st Century
- Coming of Age: Empowering Youth in the 21st Century
- Communities, Families and Youth – Building a Better Future
- Building on Strengths: Communities, Families and Youth Working Together
- America and Youth: Responsible, Caring and Creative Partners
- The Nation and its Youth: Building the Future through Positive Youth Development
- Investing in the Future: Supporting Positive Youth Development in the 21st Century
- Developing Youth, Building a Better Future

C. PARTNERS AND RESOURCES:

The following individuals would be valuable contributors to the design, planning and implementation of this event:

- Stewart Smith, Executive Director of Campfire Boys and Girls and Chair of the National Collaboration for Youth (representing dozens of major youth serving organizations)
- Karen Pittman, International Youth Foundation

- David Hamburg, former President, Carnegie Foundation
- Pam Stevens, Edna McConnell Clark Foundation
- Inca Mohamed, Ford Foundation
- Della Hughes, Executive Director of the National Network for Youth
- Michelle Kipke, Chair, Board for Children Youth and Families, National Academy of Sciences
- Andy Hahn, Brandeis University
- Sam Halprin, American Youth Policy Forum

The Administration on Children, Youth and Families (ACYF) has already begun engaging a number of these partners to begin this dialogue on positive youth development. For instance, on February 9, 2000, ACYF organized a half day discussion on the topic of setting a national "Blueprint for Youth." This discussion was planned in conjunction with the National Network for Youth's annual symposium so the audience included over a hundred youth service providers and young people. This session included a federal panel with representatives from DHHS, DOL, DOJ and ED, as well as youth. A second panel included representatives from the Ford Foundation, the National Collaboration for Youth, and the National Academy of Sciences. This forum was well-received and demonstrated how growing federal interest is coinciding with similar efforts by the National Collaboration for Youth, the United Way's Leadership 18 umbrella and America's Promise. ACYF is planning to follow up with these youth development leaders in a meeting in late March.

D. ISSUES/THEMES:

At the March 3 meeting, Departments were requested to identify important issues/themes that could be discussed in the morning or used as break-out sessions and to recommend Cabinet Secretaries, Members of Congress, or other high-level individuals who could function as leads for breakouts. In your follow up email, you requested that we note the 2-3 themes we feel cannot be left out of the conference; these are listed first below.

- **Healthy Habits: Setting the Course for Adulthood** (What are the social dimensions of health and fitness as kids grow into adulthood? How can we work with young people to help them make wise choices about their bodies and their behaviors? Highlight the Healthy People 2010 indicators around adolescent health.) [Sec. Shalala, DHHS]
- **Mental Health and Adolescents** (What do we know about the mental health needs of young people? What do young people say are their main mental health issues/needs? How do we provide supports to help young people develop a positive sense of self and belonging, and help them avoid violence against themselves or others?) [Surgeon General Satcher]
- **Joining a Community: Effective Ways to Engage Youth** (How can we enlist youth as committed partners in building communities and their own futures? [Gen. Colin Powell, America's Promise]

Other suggested topics:

- **Aiming High: Helping Teens Set Goals and Achieve Them** (What motivates young people to aim high? How do we get youth involved in community building, educational and career pursuits, creative expression, athletics, and developmental experiences in and beyond the classroom?) [Sec. Riley, ED]
- **Preparing Youth for the World of Work: Concerns and Opportunities** (what opportunities do youth believe they have in terms of education, training and work? What motivates young people to seek a career and take the steps necessary to make it a reality? What concerns youth about inequalities in the labor market?) [Sec. Herman, DOL]
- **Building Local Capacity for Community Youth Development** (What is the role of community, faith-based, and volunteer organizations in building up youth's responsibility and commitment? How do we break through bureaucracies to get results for our kids?) [Sec. Cuomo, HUD]
- **Conflict Resolution and Alternatives to Violence** (How do young people learn to resolve conflicts? How can parents, mentors and other adults involved with teens build a positive foundation of social skills that will enable youth to deal with anger or conflict productively?) [Attorney General Reno, DOJ]
- **Communication: Valuing the Perspectives of Youth** (Are kids ready to talk? Are adults ready to hear them? How can parents and other adults who work with teens learn to speak and listen in ways that allow youth to express themselves and be understood?) [Member of Congress/Youth Organization Leader/Foundation Leader]
- **Peer Learning** (What can low-risk and high-risk youth learn from one another? How can young people resist learning negative habits from peers?) [Member of Congress/Youth Organization Leader/Foundation Leader]
- **The Values We Teach** (How do young people develop their own values? What values are kids learning today and who is teaching them? How do family values, customs and conversations make a difference in a youth's maturation?) [Member of Congress/Youth Organization Leader/Foundation Leader]

E. ANNOUNCEMENTS/DELIVERABLES

We are still in the process of working with DHHS agencies to identify possible announcements, but the following represent some initial ideas:

- Every May, DHHS works with the White House to create an event commemorating teenage pregnancy prevention month. As in past years, CDC will have new state-by-state birth rates broken down by ethnicity to announce. It is expected that this will be the seventh year in a row that teen birth rates will have gone down. Additionally, the Administration has worked with the Campaign to Prevent Teenage Pregnancy to recognize their annual award recipients — national and community leaders from a variety of fields who have made a real difference in helping teens avoid pregnancy. This conference would be a natural venue for these announcements.

- Although the Surgeon General's Report on Youth Violence will not be complete until December 2000, there may be a way to make a preliminary announcement about this project.

Although the following may not be substantial enough to constitute announcements, we would suggest that the White House may want to consider making available for the first time (in either the morning session or an appropriate break-out):

- A pamphlet for adult community members on *Preventing Tragedies Involving Young People: How You Can Help*.
- A handout for youth called *Express Yourself*, which will be available in both English and Spanish.
- A small handout with anecdotes about vulnerable youth who have been helped by youth programs operated through the runaway and homeless youth system.

F. DOWNLINK AUDIENCES

- The National Collaboration for Youth and the HHS Regional ACF youth staff could help coordinate downlink sites around the nation (e.g. Girl Scouts in Atlanta, Campfire in Kansas City, etc.)

G. DHHS SERVICES/PROGRAMS FOR YOUNG PEOPLE AND THEIR FAMILIES

A preliminary survey of DHHS programs/activities in this area follows:

HHS Positive Youth Development/Prevention Programs

- Girl Power! (ASPA/SAMHSA)
- Girl Neighborhood Power! (HRSA/MCHB)
- Safe Schools/Healthy Students (SAMHSA)
- Secretarial Initiative on Youth Substance Abuse Prevention (SAMHSA)
- National Youth Sports (ACF/OCS)
- Project Youth Connect (mentoring/advocates) (SAMHSA or CDC)
- *Your Time – Their Future* National Public Education Program (SAMHSA/CSAP)
- Parenting IS Prevention (SAMHSA/CSAP)
- Division of Adolescent and School Health (DASH) school health/health education programs (CDC)
- Youth Violence Prevention (OPHS)

Intervention Services for Youth in Crisis

- Street Outreach for runaway and homeless youth (ACF/FYSB)
- Basic Center (Shelter with Services) for runaway and homeless youth (ACF/FYSB)

- Transitional Living Program for runaway and homeless youth (ACF/FYSB)
- Child Welfare Services (including child protective services, foster care, family preservation/support/reunification, etc.)
- Independent Living Program (ACF/CB)

Research Activities

- Study of Adolescent Health (Add Health Study) (NICHD)
- Project Youth Connect (SAMHSA)
- Injury Prevention Effects of Violence Interventions (studying curfew laws) (SAMHSA)
- Predictor Variables (on negative behaviors leading to substance abuse) (SAMHSA)
- Family Strengthening (SAMHSA/CSAP)
- High Risk Youth Demonstration Grant Program (SAMHSA/CSAP)
- National Survey on Child and Adolescent Well-Being (ACF)
- Youth Risk Behavior Surveillance and Data (CDC)
- Patterns of Alcohol Use Among Adolescents and Associations with Emotional and Behavioral Problems (SAMHSA)

H. RESEARCH AND OTHER BACKGROUND MATERIALS

- *Translating Youth Development into Action* (1999 issue of The Exchange newsletter) (ACF/FYSB)
- *Best Practices to Prevent Violence by Children and Adolescents: A Sourcebook* (CDC)
- *Things that DO Make a Difference for Youth: A Compendium of Evaluations of Youth Programs and Practices* (American Youth Policy Forum)
- [Guidelines to managing anger, confrontation and one's own stress – literature to be identified]



BMalone@osophs.dhhs.gov (Beverly Malone)

03/15/2000 01:57:02 PM

Record Type: Record

To: See the distribution list at the bottom of this message
cc: Ann O'Leary/OPD/EOP, Shirley S. Sagawa/WHO/EOP, MaryEllen C. McGuire/WHO/EOP
Subject: Re: WH Conference on Raising Responsible Teenagers

Ruby, the three issues that we feel are tremendously important are; ethnic and racial health disparities, underage drinking and physical and mental health fitness. BEV

Reply Separator

Subject: WH Conference on Raising Responsible Teenagers
Author: Ruby_Shamir@opd.eop.gov at INTERNET
Date: 3/8/00 1:30 PM

Thank you all for coming to our first interagency meeting last week. The purpose of this note is to give you all an update on the conference, to remind you all to send us your agency's memo, and to set up a our second meeting for next week.

I. Conference Timing

Although we had mentioned to you that this conference would take place at the end of May, it is looking more likely that the conference will take place in early May, which gives us less time to prepare than we had originally thought.

II. Memos

As many of you recall, last week we asked you to provide us with a memo from your agency on the following topics:

1. The top 2-3 issues and themes [not necessarily programs] that your agency would consider essential to cover in the course of the conference.
2. The deliverables [grants, announcements, reports] that your agency will have ready, and would recommend announcing at the conference.
3. The list of services/programs your agency provides for young people [tweens, teens] and their families.
4. Research, data and other material that we should look at, and that supports the themes you think we ought to focus on.

PLEASE BE SURE TO GET THESE MEMOS TO ME BY COB FRIDAY. You can e-mail or fax them to me at 456-2878.

III. Next meeting

We will have our second meeting on Wednesday, March 15 at 3:30 pm in room 100 OEOB. Please confirm your attendance with me by e-mail or phone [456-5696], and when you do, please give me your clearance info [DOB and

SSN] again.

Thank you all for your good work. I look forward to hearing from you soon.

Ruby

Message Sent To:

KMoritsugu@osophs.dhhs.gov (Kenneth Moritsugu)
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NICHD



"Newcomer, Susan (NICHD)" <newcomes@exchange.nih.gov>
03/10/2000 04:30:25 PM

Record Type: Record

To: Ruby Shamir/OPD/EOP

cc: "Alexander, Duane (NICHD)" <alexandd@exchange.nih.gov>, "Bachrach, Chris" <cbachrach@nih.gov>

Subject: NICHD Memo for White House Conference on Raising Responsible Teenagers

To Ruby Shamir, Office of the First Lady
From Susan Newcomer, NICHD
10 March 2000

Information requested in preparation for the White House Conference on Raising Responsible Teenagers

1. Top 2-3 issues and themes to be addressed at the conference

One particular aspect of adolescence which has received much attention in the past two decades is that of adolescent sexual behavior. While the initiation of risky behavior - particularly sexual behavior - is related to hormonal changes, it is also very much related to the young person's sense of connection to friends, family and community. AddHEALTH, a comprehensive and nationally representative study of the complex interactions of individual, familial and social-structural influences on adolescent health behavior has recently been completed, and the Conference should include a presentation based on the findings from this study. There is strong evidence that connections count, and that working parents need not worry unnecessarily that they are somehow "shorting" their children. There is strong evidence that young people really do listen to their parents and other trusted adults, and that parental advice is heeded. It is important that intervention programming be based on research findings, no matter how powerful a single testimony can be. No single voice can speak for all.

Add HEALTH

Youth violence is much in the news these days. Different interest groups point to different possible causes of the seeming increase in such violence. The NIH has recently set aside several million dollars of funding and issued a call for research on this topic. To date, over 150 researchers have submitted letters saying they intend to apply for this funding. Peer review of these applications and funding decisions will be made over the summer.

A third important theme is to understand and implement the most effective and powerful ways to help young people grow both roots and wings. That is, to see that the teens are grounded in their families and homes, but are able to move on into the adult world. A continued investment in research-based, theoretically grounded and culturally appropriate intervention studies designed to help youth avoid risky behaviors and maintain healthy ones, with appropriate evaluation and long term follow-up will provide guidance to parents, schools, churches and other community organizations. A variety of interventions will be necessary, as

one size does not fit all.

2. Deliverables [grants, announcements, reports] for the Conference

Ann Siegal at DHHS/ASPE has a number of copies of the booklet produced from the early findings of the AddHEALTH Study. "Reducing the risk: Connections that make a difference in the lives of youth." This is an appropriate, interesting and useful contribution from NIH-funded research.

→ was it
comment
yet?

★

3. List of services provided to youth and families

The NIH does not provide direct services to youth and families, except insofar as research is translated into stories in the press, interventions or best practices for health care providers. However, NIH has a long-standing commitment to address issues in adolescent health. Research has and will continue to involve studies not only of health, but of cognitive development, adaptation, relationship with significant others, as well as studies of the broader physical and social contexts of adolescent development and behavior. Adolescence, after infancy, is a time of maximum physical change. Young people and those they live with and around experience great diversity in their responses to the extent and timing of these physical changes. In addition to these significant physical changes, adolescence is a period of major cognitive and intellectual growth. An adolescent's ability to think, reason, evaluate and make choices is closely related to the avoidance of high-risk behaviors, the maintenance of health, and the ability to prepare for adulthood as a productive member of society. Morbidity and mortality during adolescence are primarily the result of behaviors rather than specific disease. Some of these behaviors are grounded in earlier childhood, some are new.

4. Research, data and other materials that the organizers should look at and that supports the themes suggested above.

It might be possible to provide a print-out of all the studies ongoing at NIH that deal with adolescent issues. Given the time frame, this may not be useful. At the first planning meeting for this conference, I gave Sonia Chesson, who is now in the First Lady's office, a list of NICHD-funded researchers on these issues. We will be glad to provide names and contacts for researchers on a wide-range of youth-relevant studies.

Susan Newcomer, Statistician (demography),
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Children's
National Medical Center.

Serving Children and Their Families Since 1870

MEMORANDUM

~~Confidential~~

111 Michigan Avenue, N.W.
Washington, D.C. 20010-2970
(202) 884-5000

TO: Melanne Verveer, Assistant to the President &
Chief of Staff to the First Lady
Fax: 202-456-6244

FROM: Jacqueline D. Boardman, Vice President
Government & Public Affairs

DATE: September 27, 1999

SUBJECT: Meeting with the Mayor of the District of Columbia (White Paper)

**DETERMINED TO BE AN
ADMINISTRATIVE MARKING**
INITIALS: RUR DATE: 03/13/12
2012-0264-S

Thank you for taking the time to allow us to explain some of the major issues confronting Children's Hospital as we and the District Government struggle to cope with important issues that affect the lives of many of our patients and children throughout our community.

We appreciate any mention the First Lady may have an opportunity to make with respect to these issues when she meets with Mayor Williams. A more genuinely collaborative approach by the District in working with traditional providers will move us toward actual Medicaid Program reform and improved access to care for children and adults much more quickly.

We have attached two documents. The first focuses on Medicaid enrollment and eligibility issues. The second describes: 1) the issues surrounding the District's Medicaid expansion plan which eliminates the DSH Program, 2) the \$9-\$26.3 million in federal DSH funds we are already working with the Clinton Administration to obtain, and 3) the less risky approach toward expansion we're encouraging the District to adopt.

Again, thank you for your interest, and please feel free to have your staff (I have forwarded this document to Shirley Sagawa, Ruby Shamir & Chris Jennings.) contact me at 202-884-4933 if you have any questions or need additional information.

cc: Shirley Sagawa (202-456-6244)
Ruby Shamir (202-456-5690)
Chris Jennings (202-456-5557)

Attachment

*Disproportionate
Share*

*It was great
meeting you*

District of Columbia Medicaid Eligibility Determination

CNMC is the only institution of its kind in the District of Columbia and the surrounding area. The largest single provider of pediatric primary care services, Children's also provides pediatric tertiary care along with over 40 pediatric specialties and subspecialties. With over 125 years of experience, Children's is also the largest provider of pediatric services to Medicaid enrollees. This experience has earned Children's the trust of families and the wider community. Public health authorities should seek to capitalize on this asset to buttress efforts to expand access to pediatric health care services.

Enrollment/Eligibility Status Report

The District of Columbia Medical Assistance Administration estimates that approximately 8,000 children are uninsured in the District of Columbia (national estimates of the number of uninsured have been higher.) Since October of 1998, the MAA has, to its credit, adopted a short SCHIP application form and contracted for outreach services. By June, the District reported only 1,905 new SCHIP eligible enrollments. About 2,500 children previously eligible for the regular program were enrolled. Over 4,100 parents were enrolled (approximately 20,000 people are currently eligible for the regular Medicaid Program, but remain unenrolled).

Eligibility Issues

- The District's Medicaid policy, planning, outreach and administration is the responsibility of the Medical Assistance Administration (MAA), but enrollment is the responsibility of the Income Maintenance Agency (IMA).
- IMA was sued (settled) for noncompliance with Medicaid requirements.
- Despite the availability of the short form, families that may apply for other forms of public assistance simultaneously continue to use the long complicated common form.
- The District is not set up to accept applications electronically which would eliminate many delays and reduce the number of clients who never complete the paper process.
- HCFA requires states to post state eligibility workers at DSH hospitals, but the District continues to only post them at the public hospital.
- Although special outreach programs may be in effect, they are uneven and access to these initiatives does not appear to be open to all providers.
- Hospitals have both a mission oriented and financial incentive to expend hundreds of thousands of dollars to enroll individuals on Medicaid, but the District has no such goal/incentive for which MAA/IMA administrators can be held accountable.
- MAA staff recently encouraged hospitals to cease taking what they have termed the "extraordinary" steps that hospitals occasionally take to ensure compliance by socially and economically disadvantaged (less compliant patients & families) with procedures necessary to complete the Medicaid application/interview process.
- Federal rules require states to reimburse hospitals for eligibility/enrollment costs. Contrary to its own rules, the District pays a small portion of the costs.
- The District uses presumptive eligibility for pregnant women but refuses to adopt the policy for children.

Recommendations

Self-Attestation

Some jurisdictions have eliminated the need for families to attach documentation to the Medicaid application (Florida and Wisconsin). States have a variety of methods for verifying income. For example, it is possible to match data supplied on a Medicaid application to wage or income tax returns. Similarly, collateral databases from the public schools, WIC, school lunch or other programs could be used to verify information supplied by parents seeking Medicaid coverage for their children.

Alabama, Utah, Washington, Florida and California do not require families to document family income as part of the SCHIP application process. The family member is required to sign a statement that all of the information provided on the application is true. This and similar techniques result in a smooth, efficient and less costly process. Children can be rapidly enrolled in Medicaid and assured of access to adequate pediatric health care services.

Presumptive Eligibility

For many years several states have exercised the option under federal law to make pregnant women presumptively eligible for Medicaid services. This feature of the program permits pregnant women to receive enrollee services while the application is being processed.

A provision in the Balanced Budget Act of 1996 enacted a similar state option for children, as well. The District has adopted the process for pregnant women, but has rejected providing presumptive eligibility for children or even for especially vulnerable pediatric populations.

A specific time period (60 days) is established for presumptive eligibility, and parents must answer questions on income and employment, for example. *New York has established this process for the SHIP, and will move to presumptive eligibility for regular Medicaid in January, 2000.* Experience, to date, indicates that almost 100% of those receiving services under this process are determined to be eligible.

The District can work with providers to ensure adequate follow-up verification rather than insisting that a confused and worried parent attend to a some times intimidating application process, often while a child is in the midst of an illness.

Presumptive eligibility is consistent with the District MAA's position that very little time or data are required when using the new short application form.

District of Columbia Medicaid Disproportionate Share Hospital Program & Medicaid Expansion

Children's National Medical Center has a mission of Care, Advocacy, Research and Education. One of our principle goals has been to ensure the broadest possible access to health care services for children, including insurance coverage. Children's has enrolled as many as 2,000 children in Medicaid, annually, and our staff is very familiar with the cracks through which children frequently fall. Children's strongly supports effective efforts to expand health insurance coverage. These initiatives must be based on concrete data, sound analysis, appropriate funding and a clear understanding of the target population and its particular health care requirements.

Medicaid Expansion and Technical Correction Status Report

Children's joined several major Medicaid hospitals, but failed to convince the District to work to correct the approximately \$26.3 million mistake in the 1997 BBA cap on the federal matching portion of the District's Medicaid Disproportionate Share Hospital Program. The hospitals successfully sought Administration (Carol Thompson Coles & Jacob Lew) and Congressional (Eleanor Norton) support for a technical correction. Action is currently pending on this item before the Appropriations Committees on Labor, Health and Human Services and Education.

Simultaneously, and with no consultation with providers, MAA proposed a major Medicaid expansion that would leave 25,000 of the target population uninsured while eliminating the only public support for hospitals (even though they would likely continue to provide significant levels of uncompensated care. The District Council refused to implement the proposal this year, but gave the Mayor the authority to proceed in FY 20001. A Commission is also to submit recommendations regarding the troubled health delivery system.

Expansion Issues

- The Medicaid expansion plans prepared by the MAA and its consultants relies upon existing resources (DSH is less than 4% of DC Medicaid) that currently fund the District's safety net - health care providers that serve the bulk of the Medicaid population and the uninsured.
- The MAA's plan will use funds currently used to subsidize services for children to fund a managed care insurance program for adults.
- The MAA's plan uses funds previously available for uncompensated care to pay for insurance coverage for coverage for 9,000 persons who already have private insurance.
- The MAA's plan requires a massive redistribution of resources but is based entirely upon enrollment assumptions, service utilization, cost, and critically essential demographic, financial and other data points that the District's Medicaid Program does not measure.
- The MAA's plan is based upon inadequate extrapolated national data.
- Expansions must be budget neutral. The MAA's administrative planning process historically underfunds program obligations (including DSH) in a manner that makes this massive plan an even greater risk for current and new enrollees as well as traditional providers
- MAA plans exceed historic administrative capacity to manage major new programs:
 - 1) working for HCFA approval of the extension of the 1915 waiver for the TANF population;
 - 2) the publication and review of new managed care contracts for the same population;
 - 3) coping with the potential bankruptcy/sale of the largest HMO in the TANF program;
 - 4) extending the 1915 Waiver to include foster care children;
 - 5) extending the 1915 Waiver to include special needs children now covered by an 1115 Waiver;
 - 6) negotiating with HCFA on a new Medicaid expansion 1115 Waiver to cover childless adults;
 - 7) amending the 1115 application to include a one-year 2400 person (\$6 million) pilot project.

Recommendations

The District of Columbia must:

Implement Administrative & Program Improvements to Maximize Enrollment

- work with providers and HMOs to obtain accurate costs for Medicaid budget projections
- incorporate electronic eligibility determination, claims submission & claims payment systems
- regularly update inpatient codes that ensure efficient, proper and prompt payment of inpatient claims and accurate patient diagnosis and discharge data collection
- regularly update physician and outpatient services codes and payment rates to reflect true costs of care, and provide incentives for delivering primary/preventive health care services.
- establish program policies clearly understood by Medicaid staff, financial intermediaries and providers that are based fully on District state plan and federal regulations.
- in conformity with federal rules, extend outstationed eligibility workers to DSH hospitals.
- extend outstationed eligibility workers to non-DSH hospitals

Seek Federal Resources to Support Local Commitment to Insure New Populations

- advocate for restoring the \$26.3 million in federal DSH funds mistakenly eliminated by the 1997 BBA in order to fund new insurance coverage
- strongly consider using the DSH technical correction funds to expand Medicaid eligibility while preserving the current DSH Program to support safety net hospitals
- include the local matching funds required for drawing down the federal technical correction funds in the local Medicaid budget (for example, if the FY 2000 appropriations process yields a \$9 million increase in federal DSH, then DC must provide \$3.9 million)

Adopt Achievable Goals for the Most Vulnerable Populations

- use new local and appropriate federal resources to expand Medicaid enrollment in order to ensure that new enrollments are properly financed and sustainable
- phase-in coverage for the most vulnerable populations in order to measure actual enrollment take-up rates, utilization of services, and costs
- target smaller population groups by income and age (19 to 27 year-olds and/or 50-64 year-olds) in order to develop a manageable expansion program with rational utilization/cost projections that do not risk undermining the broader systems of care required by all citizens
- initially provide expanded coverage on a fee-for-service basis (historic rates) in order to properly plan and accurately project a transition to managed care plans.

Lupus Foundation of America, Inc.
Communications & Advocacy Department
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Rockville, MD 20850-4303
301-670-9292 lfagovtrcl@aol.com

*Heather -
Can we talk
about this.*

Fax Cover Sheet

DATE: March 29, 2000

TO: Melarne Verveer
Chief of Staff to the First Lady

PHONE: 202-456-6266
FAX: 202-456-6244

FROM: Duane Peters
Vice President of Advocacy

PHONE: 301-670-9292, Ext. 17
FAX: 301-670-9486

RE: Lupus Awareness & Advocacy

CC: None

Number of pages including cover sheet: 3

For your review.

Mission Statement: To educate and support those affected by lupus and find a cure!



Foundation of America, Inc.

March 29, 2000

Ms. Melanne Verveer
Chief of Staff to the First Lady
Old Executive Office Building, Room 100
Washington, DC 20502

Dear Ms. Verveer:

I understand that Laura Schwartz told you about Lupus Foundation of America (LFA) efforts to increase awareness of lupus among the public and on Capitol Hill. I have provided information and a video about lupus to Anne O'Leary for Mrs. Clinton. In light of the program next week at the White House for World Women's Health Day, I would like to present some additional information about this very urgent women's health issue.

For too long, the public has understood little about lupus. Thanks to the courageous efforts of lupus victims, and their families and friends, that situation is changing. The Lupus Foundation of America – the nation's only voluntary health agency working exclusively to address the needs of lupus victims and their families – is leading a nationwide effort to increase awareness of the widespread and devastating impact of this complicated autoimmune disease. The LFA recently launched its new national awareness campaign, "Get into the loop," which uses a bright orange loop to symbolize the circle of knowledge that those most at risk for lupus must possess to protect themselves.

One-hundred-fifty lupus advocates will be in Washington on April 5-9 to increase awareness of lupus on Capitol Hill. Among the advocates will be actress Mary McDonough, a lupus sufferer and LFA spokesperson. Mary and her fellow advocates will be calling on members of Congress seeking additional support for the Lupus Research & Care Amendments Act (H.R. 762 and S. 1163). This legislation authorizes an additional \$30 million for lupus medical research, and a grant fund to provide medical services to those affected by the disease. At the present time, more than 235 Members of the U.S. House of Representatives are cosponsors of H.R. 762. Lupus advocates now are attempting to secure additional cosponsors from among Members of the United States Senate.

Lupus affects 1.4 million Americans, ninety percent of whom are women. It also is two to three times more common among women of color. The disease is especially prevalent among young African-American women.

The U.S. Surgeon General and the Department of Health & Human Services Office of Women's Health have recognized the significance of lupus as a major women's health issue. On April 13, DHHS will conduct a program, "Unlocking the Mystery of Lupus," to increase awareness of lupus among federal employees. The program includes a presentation by lupus sufferer, Mrs. Virginia Hayes-Williams, the mother of Washington, DC Mayor Anthony Williams.

Ms. Melanne Verveer
March 29, 2000
Page 2

Lupus and other autoimmune diseases are the fourth leading cause of disability among women. Lupus is a very serious and complicated disease that is difficult to diagnose because its symptoms often mimic other illnesses and can go into periods of remission. It is not unusual for people to have lupus for three to five years and to visit up to five doctors before they are properly diagnosed.

When first presenting symptoms of the disease, lupus patients usually contact their family physician. Unfortunately, many medical schools do not provide family physicians with sufficient training to diagnose lupus, and currently there is no definitive test for the disease. By the time some lupus patients are diagnosed, especially in poor or rural communities, irreversible damage to vital organs may already have occurred. This increases the need for expensive treatments such as kidney dialysis or transplantation.

After a diagnosis, lupus patients face a series of economic, psychological, and medical challenges. These include the inability to obtain health or life insurance, the inability to obtain or hold meaningful employment, and frequently, the disintegration of a marriage or family support network. Medical researchers have made some progress and there is great hope for new discoveries. Still, most patients are frustrated that lupus remains an incurable disease and that current therapies, primarily corticosteroids (such as prednisone), can cause serious side effects.

The mission of the Lupus Foundation of America is to educate and support those affected by lupus and find the cure. The LFA has approximately 75 affiliated chapters and hundreds of local community-based support groups. We work with more than 70 international groups to bring attention throughout the world to this often-confusing disease.

Our organization supports programs of medical research, public awareness, education, patient support and advocacy. We want to help save women's lives by alerting them to the early warning signs of lupus, and by providing them with the information and services they need to manage this potentially fatal chronic illness. The Lupus Foundation of America wishes to join with the First Lady in improving the health of women. Please let us know how we can help. I would be happy to meet with you to discuss this issue in greater detail.

Sincerely,



Duane Peters
Vice President of Advocacy
301-670-9292, ext. 17
LFAGovtRel@aol.com