



CITY OF BOSTON • MASSACHUSETTS

OFFICE OF THE MAYOR
THOMAS M. MENINO

Dina
FINAL COPY

**Remarks of Mayor Thomas M. Menino
Announcement of Teen Pregnancy Prevention Program
October 26, 1995**

Earlier this week, I testified before the House Human Services Committee to oppose the current welfare reform bills. I told the Committee that I was testifying not only as the Mayor of Boston but also as an agent -- an agent for all the men and women who have hit some rough times but are trying to improve their lives.

As I sat and listened to arguments in favor of these welfare cuts, all I kept hearing were numbers -- statistics, dollar figures, and percentages. But every day, as I travel around this city, I don't meet any numbers on welfare. I meet people on welfare -- real people with names and faces and problems that they cannot solve alone.

The current welfare reform bills do not help people -- they attack people. And I will never believe that we can improve this city or this state by depriving, humiliating, or insulting anyone. That's why I urged the State House to stop focusing on what is not working -- and to focus instead on what is working. I described some of the programs that are making a real difference in the lives of our residents -- and encouraged the legislature to use these success stories as models.

Today, I am very pleased to announce an initiative that does exactly what I am talking about -- a program that will take a positive, constructive approach to the crisis of teen pregnancy. The Boston Department of Health and Hospitals -- in conjunction with the Boston Public Schools and the Alliance for Young Families -- have pooled their resources on behalf of the young people of this city. These groups have applied for a national CDC grant to launch the Adolescent Pregnancy Prevention and Intervention Network. Today, we are pleased to announce that we have been awarded a grant for 300,000 dollars -- which will allow this tremendous idea to become a reality.

Rather than focusing on teens who are already pregnant or parenting, this program takes a proactive approach to preventing teen pregnancies. It targets our neighborhoods where teen birth rates are highest -- and will study the causes of this problem. Best of all, the program will draw from many resources to develop an effective strategy for reducing teen pregnancy in those areas.

This program is a perfect example of welfare reform at its best. As I said at the State House on Monday, this is not just a fiscal issue.

- It's a health issue.
- It's an education issue.
- And it's a community issue.

That's why this program brings together a variety of people -- including parents, teachers, school officials, and health and human service providers. In short, there is a role in this program for anyone who believes in taking a caring approach to preventing teen pregnancy. We all bring different skills and information to the table, but we share a common goal -- to promote wellness and stability among our young people.

Some people would have us believe that the way to reduce teen pregnancy is simply to deprive pregnant and parenting teens of welfare benefits. They claim that if the money is not there, teen-aged women won't have an incentive get pregnant. But that is just not the case. Numerous studies and experts in the field tell us there is no link between welfare benefits and a teenager's decision to bear a child. What does affect these decisions is the opportunity for a full and successful life -- which is exactly what this program is all about.

I want to thank and congratulate everyone who is involved in this terrific partnership -- especially the Department of Health and Hospitals, the Boston Public Schools, and the Alliance for Young Families.

The City of Boston is committed -- as all of you are -- to improving young lives. Together, we can and will reduce the teen pregnancy rate here in Boston -- not with threats and cuts, but with patience and understanding. With this new program, we are fighting teen pregnancy -- not fighting pregnant teens.

Menino, Payzant seek to improve services for pregnant teen-agers

By Richard Chacón
CLOCK STAFF

Seeking to reinforce his opposition to welfare reform bills pending on Beacon Hill, Mayor Menino yesterday announced plans to improve the coordination of teen-age pregnancy services in five city neighbor-

hoods. Joined by School Superintendent Thomas W. Payzant, Menino said before a group of community health activists in Roxbury that the Boston public schools would join with the Department of Health and Hospitals and the Alliance for Young Families to form the Adolescent Pregnancy Prevention and Intervention Network.

The network, officials said, would seek ways to pool many of the city's existing public and nonprofit resources - including public high schools, middle schools - to design ways to prevent teen-age girls from getting pregnant and giving them more effective support if they do.

"Some people would have us believe that the way to reduce teen-age pregnancy is simply to deprive pregnant and parenting teen-agers of welfare benefits," Menino said yesterday. "We will fight against teen pregnancy, not against pregnant teens."

Dozens donate as gun buyback runs to Oct. 31

of people and organizations have donated money to the city's annual Gun Buyback program, an effort to remove guns from the streets of Boston in which those who turn in a gun are given \$50.

This year's campaign began Oct. 10 and will end Tuesday. Guns may be turned in at district police stations from noon to 7 p.m. Monday through Friday. So far, organizers have 221 guns.

Those who turn in guns voluntarily will not be asked to identify themselves, and they will be given immunity for illegal possession or carrying a gun if they turn it in.

Guns must be in working condition.

On Monday, Menino testified before the state's House Human Services Committee to express his opposition against welfare reform measures such as fingerprinting and cutting off benefits for women who have additional children. "All I keep hearing are numbers and percentages. But I don't meet any numbers on welfare, only people," he added.

With the help of a two-year, \$400,000 grant from the federal Cen-

ters for Disease Control, local officials hope to work in the five areas where, they said, teen-age pregnancy rates remain far above the state and national averages - East Boston, South Boston, Allston-Brighton, Dorchester and Roxbury.

Within those communities, according to city Health Department figures, the teen-age birth rate is 14 per 1,000 young women. In 1981-1982, 67 percent of all births to teen-

age mothers in the city came from these five neighborhoods.

Despite many years' work by several government and nonprofit groups throughout the city for years, efforts to significantly reduce teen-age birth rates in these areas have been hindered by programs that are generally small and scattered, specialists say. What's more, they add, is that programs typically have devoted counseling to teen-age girls

after they become pregnant, rather than trying to prevent pregnancies.

Past attempts also have lagged in developing bridges for teen-age mothers to return to school. "In the past, some collaborations haven't worked," said Juanita Warr, the city's secretary for Health and Human Services. "But this time we have a schools superintendent who is willing to get involved."

Going back to school is exactly

what Mariel Figueroa, a 19-year-old Jamaica Plain mother-to-be, wants most of all.

"I wish I hadn't left school in the first place," Figueroa said while standing on Tremont Street talking with Eva Soriano, 18, a mother of two children. "Now I want to go back, but I just get hassled from the school and I have no money. But I want to go back and finish for me and for my baby's future."

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Saturday & Sunday



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OFFICE OF THE MAYOR
THOMAS M. MENINO

**INTERGOVERNMENTAL RELATIONS
FAX TRANSMITTAL PAGE**

DATE: Nov 2, 1995

TO: Debbie Fine
Dom. Policy Council

FAX#: (202) 456-7028

FROM: Dina Siegel
IBR

CITY OF BOSTON - ROOM 968
TELEPHONE - (617) 635-3817
FAX# - (617) 635-3289

RE: info on our teen prog. event
let me know if you need

COMMENTS: more

8 pages total

Hub Organization: Trustees of Health and Hospitals of the City of Boston, Inc.
Boston, MA

**Deputy
Administrator:** Thomas Driscoll (617) 534-5851

Project Director: Dr. Karen Hacker, Director of Adolescent and School Health

Project Coordinator: TBA

Title: Adolescent Pregnancy Prevention and Intervention Network

Target Community: Boston Public School District zones of Allston/Brighton, East Boston, South End, Roxbury, South Boston, Dorchester, and Roslindale (203,500 population)

Coalition Members: Boston Public Schools' Student Support Services Department,
Massachusetts Department of Mental Health
This CDC-funded program is a component of the Alliance for Young Families/The Boston Initiative for Teen Pregnancy Prevention.

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EXECUTIVE SUMMARY

The Boston Department of Health and Hospitals (BDH&H) on behalf of state and local agencies and service providers, is submitting a proposal to establish the **Adolescent Pregnancy Prevention and Intervention Network (APPIN)**. The BDH&H has been involved in a partnership with the Boston Public Schools (BPS) and the Massachusetts Department of Mental Health (DMH). This group-the Integrated Operations Group (IOG)- has promoted the development and implementation of comprehensive school health and has focused efforts on preventing teen pregnancy through relationships with community agencies. The Alliance for Young Families (AYF), a non-profit statewide consortium, has been at the forefront of teen pregnancy prevention and through its Boston Initiative for Teen Pregnancy Prevention (BITPP), works with multiple service providers, including BDH&H, to promote life options for teenagers in Boston. These two coalitions intend to come together as the APPIN and develop a comprehensive plan for the target area to prevent teen pregnancy.

Eligibility of Hub: The Hub organization is the Boston Department of Health and Hospitals and its Adolescent and School Health Services. BDH&H is the local health department for the City of Boston. BDH&H serves the Boston community of over 500,000. The target community within the Boston Public School District has a teen birth rate of 94.4 per 1,000 for young women 15-19 years of age. See Appendix I for all data tables. The Hub organization is a member of the IOG, and, as such it has played a leading role in the Boston Healthy Start School-Based Initiative. This program links schools with one of three community agencies that provide services to pregnant and parenting students.

Composition of Coalition: The IOG The BDH&H's Adolescent and School Services Department, the Boston Public Schools' Student Support Services Department, and the Massachusetts Department of Mental Health have been meeting on a regular basis since 1992 to advance models for Boston comprehensive school health programming. The IOG oversees activities including implementing services on a school-by-school basis. The chief objective of this group is to develop and implement comprehensive school health in Boston. The IOG has successfully provided services to school children through its relationships with community based providers including: pregnancy prevention and support services, school based health centers, and an enhancement of the HIV/AIDS curriculum.

The Alliance for Young Families/The Boston Initiative for Teen Pregnancy Prevention
The Alliance, a non-profit consortium of human services and health care agencies in Massachusetts provides leadership to prevent teen pregnancy. Established in 1979, the Alliance is recognized as a statewide leader in identifying and addressing the issues related to teen pregnancy. The Boston Initiative for Teen Pregnancy Prevention (BITPP) is a component of the AYF. It is a broad-based citywide coalition promoting postponement of early childbearing through responsible decision making, sponsorship of citywide youth events, and coordination of youth advocacy. Established in 1988, the BITPP has two major components: a 300 member citywide coalition of teens, parents and providers; and Soul n' Salsa, an outreach program designed to reach out-of-school youth.

Applicant Capabilities: BDH&H is the local health department for the City of Boston. Trustees of Health and Hospitals (THH) under whose auspices this proposal is submitted, is the fiscal agent for the administration and management of grants and contracts awarded to BDH&H. BDH&H is a comprehensive, community-based health care system committed to providing accessible and quality health care to Boston residents regardless of their ability to pay. BDH&H

provides services and works collaboratively with community and institutional resources to create models of urban health. BDH&H is comprised of the Division of Public Health, Emergency Medical Services, the Ambulatory Care Center, Boston City Hospital, and the Boston Specialty and Rehabilitative Hospital. The Division of Public Health has been involved in an ongoing needs assessment culminating in the release of 16 neighborhood health status reports last year.

In the past 10 years the the Division of Public Health has taken a leadership role in mobilizing community-based coalitions for infant mortality reduction (Healthy Start), substance abuse treatment (OTI), and HIV/AIDS Services (Ryan White). Over the last six years, the BDH&H has collaborated with the BPS in initiating programs to meet the growing needs of children in Boston. These have included: pregnancy prevention, school health centers, violence prevention education, and HIV/AIDS education. BDH&H has a wealth of expertise in areas of Adolescent Medicine, community health, population based analysis, and coalition building.

Characteristics of the Target Community: The target area is shown on the map in Appendix II and all neighborhoods fall within the Boston Public School District. This area was identified by the BDH&H Office of Research and Health Statistics, as having the highest teen birth rate in the City. The target community also has some of the highest risks in a variety of health status areas. The total population in the Target Areas was 203,492 in 1990. The race/ethnic breakdown is 48.1% Black non-Hispanic, 32.9% White non-Hispanic, 18.2% Hispanic, 4.4% Asian and 0.4% other race/ethnic groups. There are an estimated 15,019 teens aged 15-19 in the Target Area, representing 7.4% of the total target area population, and 35% of all teens in Boston. The distribution by race/ethnicity of this teen population is : 52.3% Black non-Hispanic, 21.0% White non-Hispanic, 21.0% Hispanic 5.1% Asian and 0.4% other race/ethnicities. The Target Area's children under 18 are more likely to live in a single parent household than in married couple household. The poverty rates are among the highest in Boston. The 1990 Census estimates there are about 9,007 enrolled students between the ages of 16-19 and about 1093 teens between 16-19 who were high school graduates, not enrolled in school and not in the Armed Forces. An estimated 1,765 high school dropouts between 16-19 live in the Target Area. Target area unemployment rates for teens 16-19 (not enrolled in school) are both higher than Boston and higher than the target area general population. Target Area residents are 4-6 times more likely to be homicide victims and 3 times more likely to be victims of aggravated assault than other Bostonians.

Teen Pregnancy Problem and Gaps: The birth rate in the Target Area is 94.4 per 1,000 women ages 15-19. The total number of teen pregnancies is comprised of all teen births, abortions and miscarriages. In the Target Area from 1991-1993, there were 2,098 births to teenage mothers, representing 67.4% of overall births to teens in the City. An estimate of 2,098 abortions and miscarriages among target area teens for the same period. Therefore, an estimated 4,200 teens in the Target Area were pregnant from 1991-1993.

Despite the work of The Alliance for Young Families which serves as a strong advocate and communication mechanism for teen pregnancy prevention efforts, and the IOG which brought pregnancy prevention into schools, Boston's efforts in teen pregnancy prevention have notable gaps. Most programming is targeted at secondary intervention, focusing on services for teens after they are pregnant. Prevention efforts are small and scattered at best. In addition there is poor continuity of service bridging the "in" and "out" of school gap. Overall, there is no comprehensive approach to pregnancy prevention that is agreed upon by all community members and little evaluation of teen pregnancy prevention and intervention programs has been conducted to date.

Proposed Goals, Objectives, Activities, and Evaluation:

GOAL I To develop a citywide Adolescent Pregnancy Prevention and Intervention Network

Objectives: formalize the Network; link efforts of IOG with AYF/BITPP to bridge the gap between in-and out-of-school programming; integrate APPIN with existing school structure; integrate efforts to combat STDs and HIV/AIDS into APPIN planning; design a development process for APPIN that involves at least 100 of its community based and teen agencies; and link with the CDC and other programs funded under this authority to share information and refine planning process.

GOAL II To conduct a city-wide needs assessment.

Objectives: conduct a population-based needs assessment; assess current elementary school prevention efforts; assess existing school and community based teen pregnancy activities; identify and prioritize gaps in services; develop criteria to identify teens at greatest risk of becoming pregnant or getting someone pregnant; develop approach to using criteria as a means of linking teens to prevention services; and identify effective in-school and out-of-school programs for evaluation.

Goal III To oversee the evaluation of selected interventions

Objectives: designate a time period in which the identified interventions are introduced to students in one in-school and one out-of-school program for evaluation; evaluate the effectiveness of the interventions and modify the approach based on results.

Goal IV To develop a comprehensive plan to guide the implementation of these strategies in a coordinated manner.

Objectives: translate the identified problems, needs, and results of the evaluation into a comprehensive prevention plan-- for K-12 and for in- and out-of-school youth -- including implementation goals, strategies, measurable objectives, evaluation; and identify possible sources of funds and develop a plan for raising funds from government, non profit and/or business sources.

GOAL V To evaluate the overall 2 year planning process (Years 1 & 2).

Objectives: conduct a process evaluation of APPIN, its formation, work, involvement of community and teen based organizations; review design and usefulness of needs assessment; assess effectiveness of collaboration between APPIN, the CDC and other national programs collaborating in this initiative.

Provisional Description of Intervention Approaches under Consideration: The intervention approaches under consideration include both school-based and community-based programs. Examples include: The school-based health center intervention with students with negative pregnancy tests and the Proyecto Corazon HOPE, a community-based program that trains Latina youth to teach their peers about pregnancy prevention.

Roles and Responsibilities of Partner Organizations:

1) BDH&H will provide the oversight of APPIN, coordination of program activities among partners, implement and analyze the needs assessment, supervise all evaluation components, liaison to CDC 2) BPS will coordinate and administer school survey, coordinate all existing CDC efforts, and focus on the implementation of comprehensive health. 3) AYF/BITPP will facilitate the coalition and advisory group, organizational needs assessment and focus groups, and facilitate planning process. 4) DMH will participate in Executive Committee.

Estimated Total Cost for 2 Years and requested amount: The estimated total cost for two years is \$654,034. The requested amount for Year 1 is \$285,559.

EPHIS

COMMUNITY COALITION PARTNERSHIP PROG FOR PREV. TEEN PREGNANCY
 Summary Report by FA/DA and Object Class
 Funds Awarded FY 95

Page 1

09/27/95

Organization: TRUSTEES OF HEALTH & HOSPITALS OF THE CITY OF BOSTON, INC.
 Grant Number: U88/CCU12154-1

	Requested	Recommended	Negotiated	Awarded
Financial Assist				
Personnel	\$84,934	\$90,569	\$90,569	\$90,569
Fringe Benefits	\$20,384	\$21,737	\$21,727	\$21,737
Travel	\$5,500	\$5,500	\$5,500	\$5,500
Equipment	\$5,000	\$5,000	\$5,000	\$5,000
Supplies	\$1,000	\$1,000	\$1,000	\$1,000
Contractual	\$134,007	\$134,007	\$134,007	\$134,007
Other	\$1,000	\$1,000	\$1,000	\$1,000
Direct Total	\$251,825	\$258,813	\$258,813	\$258,813
Indirect Cost	\$33,733	\$35,821	\$35,822	\$35,822
Indirect Total	\$33,733	\$35,821	\$35,822	\$35,822
FA	\$285,558	\$294,634	\$294,635	\$294,635
Less Carryover \$ from Prior Years	\$0	\$0	\$0	\$0
Total New FA Dollars	\$285,558	\$294,634	\$294,635	\$294,635
Grand Totals for New \$	\$285,558	\$294,634	\$294,635	\$294,635

Teen Pregnancy Prevention Program

Division of Reproductive Health
National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention

Date: 11/1/95

From: Michael Dalmat

To: DEBBIE KINE

Fax Number: (202) 456-7028

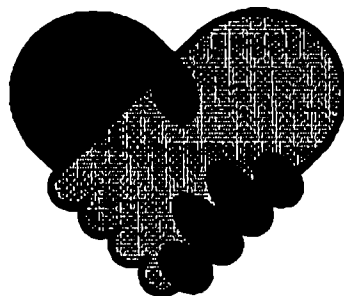
Phone Number: (202) 456-5522

Number of Pages: (Including this page) _____

Comments:

I will be out Thursday & Friday. In my absence, please contact George Walter at (770) 488-5204, and FAX (770) 488-5967.

Thanks,
Michael



Program Services and Development Branch
Division of Reproductive Health (K22)
National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention
4770 Buford Highway, N.E.
Atlanta, GA 30341-3724

Fax: (404) 488-5967
Tel: (404) 488-5136

Internet address: med1@ccddrh1.em.cdc.gov



ALLIANCE FOR YOUNG FAMILIES

a nonprofit consortium providing leadership to prevent teenage pregnancy, promote adolescent health,
and meet the service needs of pregnant and parenting teens and their children

FAX COVER SHEET

Date: November 2, 1995

To: Debbie Fine

Organization: White House Domestic Policy Council

Fax Number: 202/456-7028

From: JOAN TIGHE

Message:

Information you requested follows

This fax contains 6 pages, including this cover sheet.

If you have any problems with this transmission, please
call 617/482-9122. Thank you.
ext. 101



Call for
2 page descrip
Cross-check
neighborhood
with Mayor's
info on
her back



ALLIANCE FOR YOUNG FAMILIES

*a nonprofit consortium providing leadership to prevent teenage pregnancy, promote adolescent health,
and meet the service needs of pregnant and parenting teens and their children*

VIA FACSIMILE TRANSMISSION

202/456-7028

2 November 1995

Debbie Fine
White House Domestic Policy Council
The White House
Washington, D.C.

Dear Ms. Fine:

Thank you for contacting me for information about teen pregnancy prevention programs in Boston. As you requested, I am attaching information both about the Alliance and our Boston Initiative for Teen Pregnancy Prevention (BITPP) program.

x104 — Sue Covitz, BITPP's Program Director, and I have three recommendations of neighborhood-based teen pregnancy prevention programs in the city for you to contact:

- Monday
- 1) Geiger-Gibson Community Health Center
250 Mount Vernon Street, Dorchester, MA 02125
617/288-1140
Executive Director: James Kanak
Program Director: Mary Cahill, R.N.

Geiger-Gibson's "Healthy Start to Head Start" program offers primary prevention services to girls and boys through case management, psycho-education groups, mentoring and tutoring.

- Monday
- 2) Hispanic Office of Planning and Evaluation (HOPE)
165 Brookside Avenue Extension
Jamaica Plain, MA 02130
617/524-8888
Executive Director: José Duran
Project Director: Vikki Segovia

HOPE's Proyecto Corazon (the Hearts Initiative) is a youth leadership development and health education risk reduction peer education intervention targeted to Latina youth, ages 14-19.

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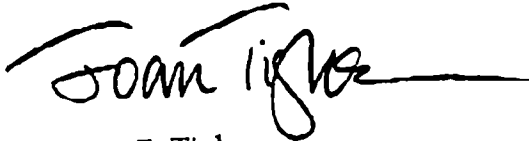
Debbie Fine
White House Domestic Policy Council
2 November 1995

- 3) Urban League of Eastern Massachusetts
88 Warren Street
Roxbury, MA 02119
617/442-4519
Executive Director: Joan Wallace-Benjamin, Ph.D.
Program Director: Bruce Taylor

The Urban League's Youth Education and Development Program is a primary prevention program targeted to boys ages 9 to 13.

I hope this information is helpful to you. Please do not hesitate to contact me at 617/482-9122, extension 101 if you need any additional information.

Best wishes,



Joan E. Tighe
Executive Director

cc: Dina Siegal, Mayor's Office

Attachments: 3 pages
JET/nz



ALLIANCE FOR YOUNG FAMILIES

a nonprofit consortium providing leadership to prevent teenage pregnancy, promote adolescent health, and meet the service needs of pregnant and parenting teens and their children

AGENCY PROFILE

The Alliance for Young Families, a non-profit consortium of Massachusetts human service and health care agencies, provides leadership to prevent teenage pregnancy, promote adolescent health, and meet the service needs of pregnant and parenting teens and their children. The Alliance is the leading agency in Massachusetts in promoting analysis, understanding, and policy solutions to the complex problems of teenage pregnancy and adolescent health.

FOUNDED

In 1979 by eleven agencies to promote coordination of services. Today, the Alliance membership numbers over 100 agencies. In 1989, the National Organization on Adolescent Pregnancy and Parenting recognized our effectiveness and impact when it named the Alliance the first recipient of its award for **Outstanding Local Teen Pregnancy Coalition in the United States**.

PROGRAMS

The Alliance operates four programs:

- The **Policy Program** promotes responsive state and federal policy development and resource allocations for teen pregnancy and adolescent health services. Issues addressed include: welfare, day care, housing, health care, education and employment and training. Involving youth in the policy-making process is key to the program's work. The program includes the **Benefits Access Project (BAP)** which complements the services of local human service and health care agencies by providing technical expertise on public benefits and family issues for teen parents. BAP serves over 400 teens annually.
- The **Research Program** seeks to expand our knowledge base about teen pregnancy and adolescent health to inform policy decisions and "best practice." Current research projects include a study of the access to and treatment of teenagers in Massachusetts health maintenance organizations and a study of in-school teens in Massachusetts to document their health care needs and assess their access to, satisfaction with and preferences for health care.
- The **Education and Public Information Program** provides a wide range of workshops and seminars to develop and enhance the skills of individuals working in teen pregnancy and adolescent health services, reaching over 800 people annually. In addition, program staff respond to numerous requests for information.
- The **Boston Initiative for Teen Pregnancy Prevention** coordinates a broad-based, 300-member citywide coalition promoting postponement of early childbearing through responsible decision-making. Projects include communication training for parents and youth, sponsorship of citywide youth events and coordination of youth advocacy.

IMPACT

In the past 16 years, the Alliance's policy and research efforts have resulted in the investment of over \$95 million for publicly-funded services for teen pregnancy prevention and services for young families that have reached over 400,000 youth and teen parents and their children. Massachusetts teen births declined in the past four years and teen parents have stayed in school, gotten job training, and become self-supporting. Our educational services have trained over 10,000 individuals.

LEADERSHIP

The Alliance is governed by a 21-member Board of Directors reflective of the diversity of our member agencies and the broader community. Thirty-five percent of the Board are minorities. The Alliance currently employs 8 staff, including two peer leaders; 50% are minority.

BUDGET

For the fiscal year beginning July 1, 1995, the Alliance operations budget is \$430,000. Operating funds come from foundations, corporations, churches, the United Way, membership dues, contracts, program fees, and individual contributions.

For information about Alliance membership, contact Caryn Erikson at 617/482-9122, extension 100.



A United Way
Member Agency

ALLIANCE FOR YOUNG FAMILIES MEMBER AGENCIES October 1995

Action for Boston Community Development
Adoption Center
Affiliated Neighborhood Health Center
Associated Day Care Services
Beth Israel Hospital
Beverly Hospital-Center for Family Development
Big Sister Association of Greater Boston
Boston Children's Services
Boston City Hospital-Adolescent Center
Boston Emergency Shelter Commission
Boston Healthy Start Initiative
Boston YWCA-ASWALOS House
Bowdoin Street Health Center
Bridge, Inc.
Brigham & Women's Hospital
Brookside Community Health Center
Cambodian Mutual Assistance Association of Lowell
Cambridge Community Services
Cape Cod Human Services-Visions Home
Cardinal Cushing Center (El Centro Cardenal)
CARE Center
Casa Myrna Vasquez
Catholic Charities-Boston Regional Office
Catholic Charities North
Child Care Resource Center
Children's Friend & Family Service Society
Children's Hospital Medical Center
Children's Services of Roxbury
City Mission Society
Coalition for Pregnant and Parenting Teens (Plymouth)
Codman Square Health Center
Comprehensive School-Age Parenting Program
Concerned United Birthparents
Concilio Hispano de Cambridge
Concord-Assabet Adolescent Services
Crittendon Hastings House
Cura Visiting Nurse Association
Department of Health & Hospitals - City of Boston
Dimock Community Health Center
Dorchester House Multi-Service Center
Family Center
Family Day Care, Inc.
Family Service of Greater Boston
Federated Dorchester Neighborhood Houses
Fenway Community Development Corporation
First Steps Day Care-CRLS
Friends of the Unborn, Inc.
Geiger Gibson Health Center
Girls, Inc. (Lynn)
Harvard Street Neighborhood Health Center
Health Awareness Services of Central Massachusetts
Health Care of Southeastern Massachusetts

Inquilinos Boricuas en Acción (IBA)
Jobs for Youth
Just-A-Start
La Alianza Hispana
La Escuelita Agueybana
Lakeview Manor Tenants Association
Little House Neighborhood Health Center
March of Dimes Birth Defects Foundation
Martha Elliot Health Center
Massachusetts Coalition for Pregnant & Parenting Teens
MSPCC
Mattapan Community Health Center
Medical Foundation
Metro-West Guidance Center
Mount Auburn Hospital-Women's Center
Nepunet Health Center
New Bedford Child & Family Services
New Bedford Parenting Teen Program
New England Medical Center-General Pediatrics
Newton Community Services Center
Planned Parenthood League of Massachusetts
Pregnancy Help of Greater Boston
Quincy City Hospital
Quincy Teen Mothers Program
Reaching Out to Chelsea Adolescents (ROCA)
Re-Vision House, Inc.
Saints Memorial Hospital Teen Health Center
Salvation Army-Social Services Department
Shriver Center
SMOC Pathways Family Shelter
Sociedad Latina
Somerville Hospital
South End Community Health Center
South Shore Educational Collaborative
Southern Jamaica Plain Health Center
Springfield Infant Mortality/Teen Pregnancy Coalition
St. Elizabeth's Medical Center
St. Mary's Women and Infants Center
Summerhill House
Upham's Corner Health Center
Urban League of Eastern Massachusetts
Valley Opportunity Council
Waltham-Weston Hospital
Watertown Health Center
Wayside Community Programs
Whittier Street Neighborhood Health Center
Women and Infant Network
Women's Educational & Industrial Union
YMCA of Greater Boston
YWCA of Western Massachusetts

BOSTON INITIATIVE

FOR TEEN PREGNANCY PREVENTION

30 Winter Street, 11th floor
Boston, Massachusetts 02108
(617) 482-9122
(facsimile) (617) 482-9129

PROJECT DESCRIPTION AND MISSION

Mission Statement:

The Boston Initiative for Teen Pregnancy Prevention (BITPP) was established in 1988 in response to the high rates of teen pregnancy among adolescents in low-income inner city neighborhoods of Boston. Through Coalition work and direct services, BITPP aims to promote the postponement of childbearing and to prepare adolescents to become healthy well-informed individuals capable of making responsible decisions regarding pregnancy.

Target Population:

BITPP will target high risk male and female youth who are out of school or at risk of dropping out, between the ages of 12-19, and living in Mission Hill, Grove Hall, Franklin Hill/Franklin Park and Roxbury from Washington Street to Columbia Avenue along Dudley. The Coalition and the Neighborhood Services component will primarily target Latinos and African-Americans and any other groups with high rates of teen pregnancy.

Program Description:

BITPP has two components: the Citywide Coalition and the Neighborhood Services component. Together, these components address the gaps in services in Boston and begin to create a comprehensive, collaborative, community-based approach to teen pregnancy prevention.

The Citywide Coalition serves as a networking and information sharing body, community advisory board for other teenage pregnancy prevention services and peer leader groups, and advocate for effective policies and programs. Three committees have been established within the coalition: the Schools and Community-based Services Committee, the Teen Committee and the Parent Committee. All three committees work to promote effective services for teens in the Boston community.

The Neighborhood Services component involves the following three agencies: Harvard Street Neighborhood Health Center, Sociedad Latina and Alianza Hispana. All three agencies have a street outreach and education component which focuses on out-of-school youth and youth at risk for dropping out. The goals are to reach youth before they become parents, offer them alternatives, and refer them to necessary services. In addition, each agency provides recreational activities, educational workshops, and support groups.

For further information, please contact Sue Covitz, Program Director at (617)-482-9122 ext. 104

A citywide coalition promoting options for teens

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London Alexander



Dr. Joan
Wallace
Benjamin

FAX TRANSMITTAL SHEET

DATE: 11-3-95

TO: Brendan DeSilva

COMPANY:

CITY, STATE:

FAX NUMBER: (202) 456-7028

NUMBER OF PAGES 4 (including cover sheet)

FROM: Bruce Taylor - Dir of Program
Memorizing

URBAN FAX NUMBER: (617) 442-0562

COMMENTSTHIS AGENCY IS
SUPPORTED BYUnited Way
OF MASSACHUSETTS Bay88 Warren Street
Roxbury, Massachusetts 02119
(617) 442-4519

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London Alexander



THE URBAN LEAGUE
OF
EASTERN MASSACHUSETTS'
YOUTH EDUCATION AND DEVELOPMENT PROGRAM

OVERVIEW

The Urban League of Eastern Massachusetts' (ULEM), Youth Education and Development Program (YEDP) operates as an in-school and after-school development and preventative model that addresses the academic, social and personal concerns of 120 African American and Latino preadolescent and adolescent males (ages 8-15), in the Roxbury, Dorchester, Jamaica Plain and Mattapan areas. It also represents a successful collaboration between the Urban League and the Boston Public School system.

The original format of our youth program (formerly called Positive Futures), was initially an after school model (at the David A. Ellis Elementary and the Grover Cleveland Middle Schools) that focused on tutorials and recreation only. At the time, we serviced 60 students, and met only two days per week.

Over the course of the next eight years, we have expanded to where we are now servicing 120 students at four schools (the Ellis and Cleveland, as well as the Martin Luther King Jr. and the James P. Timilty Middle Schools). Our visitations range from one day per week to four days per week. The emphasis of the present model is preventative in nature, in that it is designed to provide at risk African American and Latino males from single parent families, and whose family income is at or below the poverty level, an alternative way to look at their futures as students, workers, parents and contributing members of society. The other factors for selection include students who display behavioral problems such as dysfunctional social skills; students that are visibly affected by health and safety concerns; and students that may have experiences directly or indirectly with the court system.

THIS AGENCY IS
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88 Warren Street
Roxbury, Massachusetts 02119
(617) 442-4519

The program aims to develop healthy self-confidence through positive peer affiliations, mentoring and structured educational and recreational activities. In addition, the program emphasizes values clarification, positive work ethics, educational achievement, employment and career development, violence prevention/conflict resolution/mediation, and sexual responsibility. At the same time, we are also providing the youngsters with an opportunity to understand the consequences of drug/alcohol abuse, sexual irresponsibility, HIV/AIDS awareness, illegal activities and academic decline. Of course, all materials, both academic and social, are age and culturally sensitive.

It is our intention to draw a direct link between the children valuing the education that they are currently attaining to the prospect of their seeking and attaining employment in the fields of their choice. In essence, YEDP is the "farm team" for the other programs of the Urban League. And in properly and effectively communicating our message to the children, the extended family members will also be empowered to utilize the complete scope of services offered by the Urban League.

PROGRAM GOALS

The goals of the Youth Education and Development Program (YEDP) are:

- 1) To enhance and improve the educational and social development of young African American, Latino and other children of color.
- 2) To provide academic support that focuses improved math and science skills demonstrated in grade improvement throughout the school year.
- 3) To increase the percentage of promotion to the next grade level.
- 4) To provide tools and skills necessary for self-development and self-confidence building through the concepts and principles of Efficacy.
- 5) To build skills that link effort, achievement and self-confidence that broaden employment options.
- 6) To increase the employability of young adults seeking employment and self-sufficiency.
- 7) To instill and foster social responsibility and community awareness promoting integrity, character and pride in one's self.

- 8) To provide behavioral models in conflict resolution and violence prevention.
- 9) To provide alternative lifestyle options to the negative aspects of drugs, violence, unemployment, poverty and helplessness.
- 10) To improve participant awareness and responsibility regarding the risks and costs associated with teen pregnancy prevention, and to delay the onset of sexual activity in preadolescent and adolescent males.

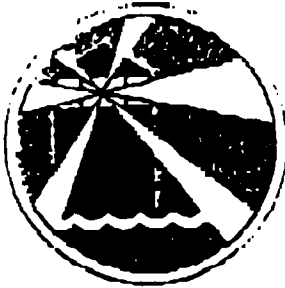
PROGRAM OUTCOMES

The Youth Education and Development Program is designed to increase at risk African American and Latino preadolescents' and adolescents' abilities to demonstrate critical thinking skills; to enable at risk African American and Latino preadolescents and adolescents to engage in an expanded belief of their unlimited potential, opportunities and choices in their participation as contributing members of society, specifically, their employment options, life choices and the ability to understand and discern how those choices connect with consequences.

EVALUATION

The school based curriculum allows for a greater dissemination of positive information to better retrieve the measurable accomplishments intended by the program.

Quarterly, throughout the academic school year teachers, parents and students provide written assessment and feedback of the school based program model and student performance. Student attendance and report cards are monitored and charted. Personal portfolios of each student is maintained throughout the year. And contact has been established with the Simmons College School of Social Work to provide assistance for program evaluation.



Harbor Health Services, Inc.

Geiger-Gibson Community Health Center

formerly Columbia Point Health Center

350 Mount Vernon Street, Dorchester, MA 02125

Tel. (617) 288-1140 Fax (617) 288-3910

FAX COVER PAGE**OUR FAX NUMBER IS: (617) 288-3910****NOTICE OF CONFIDENTIALITY**

This transmission is from a medical facility and is intended only for the addressee(s) listed below. This may contain information that is confidential and/or privileged. If you are not the addressee, any use, disclosure, reproduction or communication of these contents is prohibited. If this message was received in error, please call us immediately.

DATE: November 6, 1995

TO: Debbie Fien c/o Brendan DaSilva

FROM: Mary Cahill

FAX #: (702) 456-7028 No. of pages sent 5

Comments:

Please call me if I can be of further
assistance.

If you do not receive all of the pages please call 617-288-1140.

To: Debbie Fien
Domestic Policy Council of The White House

From: Mary Cahill
Geiger-Gibson Community Health Center

Date: November 6, 1995

I received your request regarding the number of teens served through our Teen Pregnancy Prevention and Healthy Start Programs here at the Health Center.

Below are some of the numbers that may be helpful:

Number of Adolescent users 11/94 - 10/95.....398

Number of Adolescent visits 11/94 - 10/95.....1,350

I have also included in this fax a copy of the groups that are offered, a recent article about the Program, and a fact sheet. If you have any further questions, please feel free to call me at (617)288-1140.

THE BOSTON SUNDAY GLOBE JULY 23, 1995

Teen-agers saying no way, baby

Citywide programs help to reduce youth pregnancy

By Indra A.R. Lakshmanan
BLADE STAFF

All of them have older sisters or cousins or mothers who got pregnant as teen-agers. But these girls have no intention of balancing dirty diapers with algebra homework and prom dress shopping.

"I'm not into having no baby 'a baby crisis,'" declared Shavante Taylor, 16. "I want to finish high school and go to college."

She's not about to have my

childhood taken away from me," announced Arleaya Martin, 14, her finger jabbing the air to punctuate her point.

The run self-assured girls are among scores of young people at the Geiger-Gibson Community Health Center in Dorchester who have been taught to fix their goals and avoid anything — young motherhood or fatherhood, violence or drugs — that might scuttle their success.

Down the street from Dorchester's Harbor Point housing development, where most of the young participants live, is the red brick build-

ing with a bright blue awning that's home to the Healthy Start to Head Start program. It's a three-year-old initiative to prevent teen-age pregnancy and assist young people who do have children in securing day care, returning to school and being good parents.

It's also a project that has had measurable results. Last year, 86 percent of pregnant and parenting teen-agers in the young mothers group returned to high school or a GED program, up from only 36 percent when the program began in 1992.

TEENS, Page 26



Robin Goffigan discusses to a discussion about single motherhood at the Geiger-Gibson Community Health Center.

Program tells teen-agers it's OK to wait

TEENS

Continued from Page 21

1992. Since the program began, only 11 percent of the young mothers have had repeat pregnancies, a figure considered quite low among those who work in this field. Almost none of the girls in the teen age group have become pregnant, said Mary Cahill, director of Healthy Start to Head Start.

From President Clinton's promise to appoint a commission to study illegitimacy, to Republican proposals to deny welfare to teen age mothers, policy makers have focused attention recently on the steady rise in the percentage of children born out of wedlock in this country.

Last week, a group called the Massachusetts Family Institute decried the increase in out-of-wedlock births in Massachusetts, which have jumped from 7 percent of all births in 1969 to 26 percent in 1993. In Boston, the percentage is even higher: nearly 50 percent.

What was cheered by those statistics, however, is that the state has made significant strides in reducing pregnancy among teen-agers, boasting a rate half the national average and fourth lowest in the U.S.

Geiger-Gibson's Healthy Start to Head Start initiative is one of dozens of programs in Boston and at least scores across the state that work comprehensively to discourage teenage pregnancy, said Susan Covita, coordinator of the Boston Initiative for Teen Pregnancy Prevention.

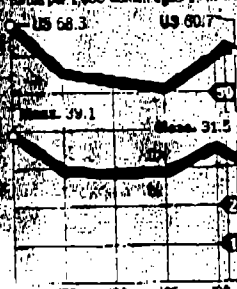
The Geiger-Gibson model combines personalized prenatal and per-

Birth patterns

Girls in teenage mothers and young women in Massachusetts are choosing to wait longer before having a first child than single women and teen-agers nationwide.

Teen-age mothers

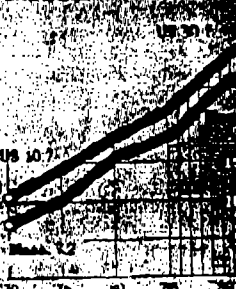
Births per 1,000 women aged 15 to 19



NOTE: The latest available US figures were for 1992
SOURCE: National Center for Health Statistics
COLUMBIA STAFF COURTESY

Single mothers

Births per 1,000 women aged 15 to 19



inatal health care and case management, support and education groups and on-site day care for young parents, with preventive education for teen-agers and younger girls and boys. Its annual budget of \$284,000 serves about 35 families and scores of adolescents and teens, Cahill said.

Maria Kilgus, 18, a senior at Boston High School, credits the program with finding her day care that allowed her to stay in school, hold a part-time job as a child care aide at the center and take care of her 4-year-old son, Hector.

"Girls, it's something to think about. It's hard," Martin preached to

a group of adolescents and young teen-agers gathered at the health center last week. "I'm 18 and I still get kind of upset because I can't do the things I want to do. I try to do my homework when" my son "goes to sleep. I have a job, and it's still hard with that and the money from welfare to take care of a kid."

Martin's younger sister Mary, a member of the young girls group, seemed wise far beyond her 12 years when she spoke.

"I don't want to have any children because it's too hard," she said. "A lot of people have children and don't even take care of them ...

Well, I'm young and I don't even take care of the responsibilities I have now." The maturity of the youngsters and the success of the program may stem in part from an educational model that advocates leadership and responsibility among the youngsters.

"No one has solved teen pregnancy. What we do here is try to let those guys take as much initiative as they can, discuss topics they want," said Vicky Wright, a coordinator of Teen Night at the center. "We encourage leadership within the groups, for them to make choices. It's about knowing what the consequences are of certain behaviors."

"A lot of it comes from a good sense of self-respect and wanting things for themselves, wanting a future," Wright added.

"The more kids we get to go to college, the more who will think, 'Hey, I can do that,'" Cahill said.

Cahill said providing quality day care is the key to enlisting teenage parents to go back to school and work. Teaching young parents to take care of their children's health and education is what will make the difference for the next generation, she said.

"The true measure of success won't be until 15 years from now — to see if Hector is a teen parent," Cahill said.

"I don't want him to end up like me — at age 15 with a baby," Maria said. "I feel good when people say, 'He's smart. You do a good job reading to him. Hopefully, he'll go to high school, college, marry someone nice and have a normal life.'"

To: ALL STAFF

Healthy Start Groups

(#8 of 9/30/95)

Young Girls' Group- Leaders: Holly Alston and CCHERS Nursing Students
Meets: Mondays 2:30pm- 4:00pm. Conference Room or Harbor Point Youth Center;
Health Education/ Pregnancy Prevention group for girls age 9 thru 13 years.

Maryellen McCormack Mothers' Group- Leader: Betsy Abrams with help from
Carol Foley
Meets: Tuesdays : 9:30am- 11:00am MEM Youth Center Resident Mothers of MEM
support and Parenting education group. Primarily women 25 years and older.

Child Birth Education- Leader: Andrea McCarthy RN
Meets: Tuesdays 3:30 pm-5:00pm Flexible six week instruction in child birth
preparation and newborn care including Breastfeeding preparation by Holly Alston.

Young Mothers' Group(Mothers' of Quality)- Leader: Holly Alston with help from
Vanessa Ellis and Michelle Mair
Meets: Tuesdays: 6:00pm-7:30pm; Day Care; Parenting Education and Support Group
for Teen Mothers (21 years and younger) and their children .

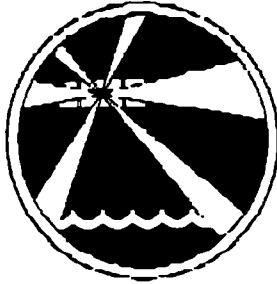
Mothers' Group- Leader: Betsy Abrams with help from Carol Foley
Meets: Wednesdays: 3:00pm- 4:30pm maybe in conference room or Harbor Point
Youth Center. Geared towards Mothers age 22 years and older. Support and parenting
education.

Teen Night- Leaders: Vicky Wright and Ron Young
Meets: Wednesdays : 7:00pm-8:30pm in Conference Room; Health Education with
some recreation. Coed 13 years old plus. Uses interactive curricula to help equip teens
with positive decision making skills.

Young Boys' Group- Leaders: Ron Young with help from James Corley
Meets: Fridays: 3:00pm-4:30pm in Conference Room; Health Education, role modeling
for young men age 9 thru 13 years.

Some of these groups have time limited enrollment. If you have referrals or
questions please ask group leaders or Mary Cahill.

THANK YOU!



Harbor Health Services, Inc.

Geiger-Gibson Community Health Center

formerly Columbia Point Health Center

250 Mount Vernon Street, Dorchester, MA 02125

Tel. (617) 988-1140 Fax (617) 288-3910

Healthy Start to Head Start Why continue program? Fact Sheet

Since 1993, efforts have been made to reduce teen pregnancy and support those teens that have become pregnant by offering case management services. Education of the teens is the most important goal of the program.

The goals of the program include:

- * initiating early prenatal care for each women to ensure a healthy outcome of the pregnancy.
- * establishing attainable goals with young parents to develop a stable environment for the children. Education and quality day care are essential components.
- * ensure that the children born into this program have a healthy start by monitoring immunizations and well child care.
- * working with the younger siblings of the teen parents to educate and equip them with the life skills to postpone a pregnancy during their teen years

These services are essential because of the following statistics: (provided by Alliance for Young Families)

- * *Without day care*, four out of five teen parents drop out of high school.
- * *Without day care*, nearly one in four teen mothers has a second baby within two years.
- * *Without day care*, 69% of all teen parents go on welfare before their child's fourth birthday.
- * Over 60% of all teen parents are survivors of sexual abuse, most often incest. Prior abuse increases the odds that they will abuse their own children.
- * Teen parents experience enormous stress juggling parenting, high school, and the normal developmental issues of adolescence.
- * A teen pregnancy cuts lifetime income in half, on average. Low income produces stress and increases the odds of abuse and neglect.
- * In Massachusetts, over 40% of all child abuse and neglect occurs with families that begin with a teen birth. It is critical to direct services at high-risk teen parents, preventing a cycle of abuse and neglect from occurring and saving considerable future costs to the Commonwealth.

Successes of the "HEALTHY START TO HEAD START" Program:

- * **ONLY 11%** of the teens that have become pregnant have had a second child before graduating high school.
- * In 1992, when the program first began, 35% of Young Mothers returned to school after giving birth. Last year 85% of the Young Mothers returned to school !!
- * The program serves over 85 families including the Young parents, their children, their parents and their younger siblings.

"The Original Neighborhood Health Center"

1) Andrea McCarthy is out of town but will be back Monday.

~~Preliminary stuff is being~~
~~fixed.~~

2) ~~Segovia will call back.~~

~~3) is fixing stuff.~~

Vikki Segovia will gather info and fax on Monday.

④ HOPE Program
just started. 3 month cycle
Program

|

a general

Teen Pregnancy in Boston

Lisa Gilman

CDC - checking

Lisa - ~~Nathaniel~~

Kate Fricker

TP

E2C

Victoria Williams

City of Boston

617 635 4408

~~Flora~~

Flora

Conradson

Critchdon

mail report
last 4
call
if possible

LM

ora

617/ 868 0596

Critchdon Hastings House

School based TP pregnancy prevention clinic

~~617 782 7600~~ 617 782 7600

Send into the school group, father groups

Shala C. Church

LM 12:45

TP

work TP

Coalition

The Alliance for Young Families

ED Joan Tighe

617 482 9122

Karen G. Jan

tax budget
clear doc
add #'s

Laura C. Evans

Adolescent Wellness Program

Dina Segal

city-wide
PP 617 635 3517
initiated
resources
in
add
more
to city
announced last

have
Crittendon

Carrie
635 9030 x133

SCHEDULE PROPOSAL

THE WHITE HOUSE
WASHINGTON

Date: 11/2/95

☐ ACCEPT

☐ REGRET

☐ PENDING

TO: Stephanie Street/Anne Walley
Directors of Presidential Scheduling

FROM: Carol Rasco
Assistant to the President for Domestic Policy

REQUEST: POTUS Teen Pregnancy Event

PURPOSE: The event would allow the President to: (1) announce Dr. Foster's new position; (2) get some credit for a teen pregnancy grant just awarded to Boston, 1 of 15 recently awarded around the country; and (3) release a status report highlighting the administration's teen pregnancy initiatives.

BACKGROUND: The event will enable us to bring closure to the question of Dr. Foster's future role in the administration and allow the President to demonstrate the administration's achievements and underscore its commitment in the area of teen pregnancy.

It will further enable us to take some credit for recently announced CDC grants, while highlighting successful local efforts. Launching a new program, CDC awarded 13 grants totalling \$3.25 million to community coalitions working with youth to prevent unwanted teen pregnancies. One of the grants (\$300,000) went to the Trustees of Health and Hospitals of the City of Boston and was announced last week by Mayor Menino as a new initiative to prevent teen pregnancy, called the Adolescent Pregnancy Prevention and Intervention Network. It is a public/private effort by the Boston Department of Health and Hospitals, the Boston Public Schools and the Alliance for Young Families to pool resources among the many teen pregnancy prevention programs in Boston, targeting 5 neighborhoods where teen birth rates are highest.

**PREVIOUS
PARTICIPATION**

The President committed in the State of the Union address to help launch a national campaign against teen pregnancy. He has since then visited a teen health clinic in North Carolina to discuss the issue and has held a closed press meeting with private sector leaders to try to encourage the formation of a national campaign.

DATE AND TIME: November 13

BRIEFING TIME: 10 minutes

DURATION: 30-40 minutes

LOCATION: Site of Teen Pregnancy Program in Boston (Options to be provided.)

PARTICIPANTS: The President
Mayor Menino
Dr. Henry Foster
A small group of representatives of the grant recipients, teens, parents, teachers, community leaders, and providers

OUTLINE OF EVENTS: The event would be held at the site of a successful teen pregnancy program in the city of Boston. The President would tour the center. The Mayor would make brief remarks and introduce the President, the President would make remarks and introduce Dr. Foster. We would also propose releasing a brief document highlighting the administration's activities and plans in the area of teen pregnancy.

REMARKS: Brief opening remarks to be supplied by Speechwriting

MEDIA: Open press

FIRST LADY'S ATTENDANCE: TBD

VICE PRESIDENT'S ATTENDANCE: TBD

SECOND LADY'S ATTENDANCE: TBD

RECOMMENDED BY: Don Baer and Jeremy Ben-Ami

CONTACT: Debbie Fine: 6-5572

ORIGIN OF PROPOSAL: Staff generated

The
Crittenton

H A S T I N G S H O U S E

The
Crittenton
HASTINGS HOUSE

Crittenton Hastings House

10 Perthshire Road

Boston, MA 02135

617 782-7600

PRESERVATION: PHOTOCOPY
Fax 617 254-7966

November 3, 1995

Debbie Fine
Domestic Policy Council
217 OEOB
1600 Pennsylvania Avenue, NW
Washington DC, 20500

Dear Ms. Fine:

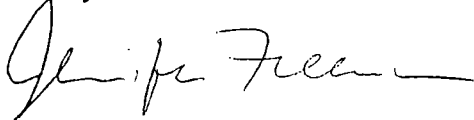
As promised, I have enclosed some additional brochures and newsclippings to provide you with a complete picture of Crittenton's services.

We have had a great idea. One of our most innovative programs is our Young Fathers Program, which provides parenting education, vocational counseling and support to young fathers attending the Boston Public Schools. Each year, the program serves 265 young men, ages 15-19, who are primarily African-American and Latino. These young men are taking positive steps to develop active, committed relationships with their children.

A meeting between the President and the young fathers and their families would be a wonderful affirmation of the path these young men have chosen. I understand that his time in Boston will be very limited. So, needless to say, we are happy to make any arrangements necessary to meet with the President wherever he would like. This event would provide a tremendous opportunity to present a positive image of high-risk young men.

In any case, I appreciate your interest in Crittenton and our services for young parents. I will call you next week to see how we can be of help as you plan for the President's visit.

Sincerely,



Jennifer Freeman
Director of Program Planning

They're growing fathers



GLOBE STAFF PHOTO / SUZANNE KREITER

Nineteen-year-old Damien Bell of Mattapan plays yesterday with his second son, 1-month-old Davaun.

Program proves it's not just the teen-age moms who benefit from guidance

By Jordana Hart
GLOBE STAFF

At 17, feeling unprepared and even frightened, high school student Damien Bell became a father. A month ago, at 19, the Mattapan teen-ager had another child. But this time, he felt ready.

Bell learned how to be a better, more prepared father through the Young Fathers program at Crittenton Hastings House in Boston, one of a growing number of projects nationwide that coax and prod teen-age fathers toward understanding how vital they are to their child's development.

"They try to get us jobs so we can support our kids," Bell said. "They talk about spending time with kids and going to events. I have been to a few baby fairs already and I see my kids three or four times a day."

Bell's enthusiasm and confidence underscore the program's aims as it reaches out to growing numbers of younger fathers through Boston's high schools.

"Fathers are an important component of families, and helping the young men develop the skills they need is essential," said Elizabeth Reilinger, president of Crittenton, which offers housing, education, nutrition, child care and health services to more than 8,000 women and families annually.

With teen-age mothers under intense scru-

tiny as the nation pushes welfare reform, Reilinger and other advocates noted how rarely fathers are brought up in that debate. "Teen moms are the target of welfare reform, but it doesn't happen in a vacuum," said Reilinger, a Boston School Committee member.

Begun in 1993, Young Fathers has set up programs in six Boston public high schools; Madison Park, Brighton, Boston, East Boston, Snowden International and Hyde Park. Every year it serves about 100 fathers and father-to-be, ages 13 to 19.

Tonight, a half-dozen young fathers and scores of young mothers from another Crittenton program will graduate from the program at a ceremony at the World Trade Center.

Boston High School graduate Alexander Mervin, 18, the father of 2-year-old Rahim, said finding he was to be a father brought a mix of emotions. But Benson Wheeler, his Young Fathers mentor, made him determined to finish school. He is expected to address the graduates and their families tonight.

I thought my social life was over. I was angry, happy and confused. I was 16 in ninth grade with a mom who was very mad at me," he wrote in his address. "I want to be a role model for my son by being available and having a strong line of communication."

For Bell, it helped that the mother of Abygail Santana, his 19-year-old girlfriend, was supportive, promising to help guide the couple as they raise Damien Jr., 2, and infant Davaun Bell. But Young Fathers, with its male mentors, brought Bell closer to the realities of fatherhood.

Wheeler and James Smith, Young Fathers directors and outreach workers, want their young men to stay in school and graduate; increase their awareness of sexuality, contraceptives and sexually transmitted diseases; promote involvement with their babies; and help them find and keep jobs.

One of Smith's goals, once he has gained the fathers' often reluctant trust, is to help them make the leap from being a "man with a child" to being a father.

"The mature ones will mention they are fathers, while others will say they have a child," said Smith, 27, who spends time each week at Brighton High School. "Most of them have no clue about what it is like to be a father."

Smith works with Bell, who is a few credits shy of graduating from Brighton High School. But Bell plans to pass a high school equivalency test this summer so he can apply to study child development at Mount Ida College in the fall. He holds part-time office jobs and has worked with youngsters during the summer, he said.

The Boston Globe

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THOMAS WINSHIP, *Editor 1965-1984*

An upbringing for teen parents

Teen parenthood does not have to be a life sentence of poverty and despair. With the right educational and social supports and a great deal of personal motivation, strong families can emerge. The tangible expression of these beliefs can be seen tonight at the graduation ceremony of the Crittenton Hastings House, an agency devoted to the health and well-being of parents and children.

The agency's roots go back to 1936, when a group of women began offering shelter and employment services to rural and immigrant women. Later it was a hideaway for pregnant girls whose babies were usually adopted. In 1973 it became the state's first fully licensed, free-standing clinic to offer abortion services.

Today, high school girls can attend classes at the Brighton facility in their final months of pregnancy. Many others participate in Crittenton programs at several Boston high schools. Case managers keep pregnant girls and young mothers and fathers from dropping out of school by providing them with support services, sex education and job

skills. The agency also runs the state's largest equivalency diploma program for young mothers, and another program trains students to work as licensed child-care providers.

Although education is central, Crittenton's services are comprehensive. The Brighton campus includes a day-care center and a health clinic. The agency also provides emergency and transitional housing for 30 homeless families. Its nutrition program prepares meals for women, children and the homebound elderly.

Linda Brandon, a graduate of Brighton High and Northeastern University, remembers how frightened she was as a pregnant 16-year-old. She recalls her Crittenton graduation – the agency's first – in 1985 as a “warm and cozy” affair with 10 honorees. Tonight, 119 young women and men will be donning royal blue caps and gowns at the World Trade Center.

The ceremony will be a testament to the courage and perseverance of the graduates, and the vitality of Crittenton's mission.

Crittenton



Photo by Mark Ostow

Elizabeth Rellinger, president and CEO of Crittenton Hastings House, has turned that nonprofit around.

Sound management needed during tough times

By JOHN P. MELLO, JR.
SPECIAL TO THE JOURNAL

With the dimming of government resources for the nation's thousand points of light, not-for-profit organizations are looking to better management to guide them through challenging times.

"Some of the financial commitments to the programs managed by nonprofits have been withdrawn by the public sector and . . . that's caused some very difficult situations in the communities in which the nonprofits work," said Ruth McCambridge, program director for special projects for the Boston Foundation.

"There's a greater concern by nonprofits in management because times are tougher," said Fernando Menendez, program coordinator for the nonprofit leadership program at Lincoln Filene Center, affiliated with Tufts University. "More and more of what was seen as an area for government has been cut back and more and more pressure has been put on the nonprofit sector to pick up that slack."

Whether deserved or not, nonprofits have suffered from an image problem related to how they have managed their resources.

In one sense, the challenges facing nonprofits in tough times are no different than those facing the private

sector, noted Maureen Sullivan, vice president of public relations for the United Way of Massachusetts Bay.

"The economy, cuts on the federal, state and city levels, have put nonprofits in the same position it's put the for-profit world, which is do more with less," she said. "Whenever you have to do more with less, the skills of your managers, the skills of your work force, in being able to continue to meet your customer demands is pre-eminent."

Whether deserved or not, nonprofits have suffered from an image problem related to how they have managed their resources.

"Nonprofits have the image of being unsophisticated in terms of management, but they're not," said Mark Levine, president of Levine Associates in Brookline, a consulting firm to nonprofits. "They're quite sophisticated."

Blood from stone

"I think there is a general misperception that nonprofits may not be managed well," said Henry Allen, program director for the Hyams Foundation. "We don't share that at this foundation. There are many, many managers who are skilled at getting blood from a stone."

For Allen, the proof of the nonprofits' management skills is obvious. "Most small nonprofits have to do a lot with very little," he explained. "Most couldn't survive in that kind of situation unless they were skilled in the first place."

"Nonprofits are under-recognized for the quality of the management that they have," Levine added. "I think many nonprofits are extremely well-managed, especially given their resource constraints. The sector in general is under-recognized for the quality of the management and the quality of the people in the sector."

Still, the resource crunch nonprofits find themselves in does limit the options some nonprofits have to deal with their management problems.

"Many nonprofits can't afford to have a middle management," said Elizabeth Cabral Curtis, president of Technical Development Corp. (TDC), a Boston technical assistance firm. "It's not a question of upgrading their skills. It's a question of whether they can have a middle-management function."

One resource nonprofit organizations can turn to is the Support Center of Massachusetts, based in Boston, which gives management training workshops to nonprofits as part of a national network, the Support Centers of America.

Instructors volunteer their time; participants pay on a sliding scale basis. The number of clients of the Support Center of Massachusetts has seen a 100 percent increase in the last three years, from 300 organizations in 1990 to 600 today.

In addition to Tufts, local schools that offer programs in management that might be of interest to nonprofits include Boston University, Brandeis University and Lesley College.

Even when nonprofits had training money in the past, management training took a back seat to other kinds of training, according to Sullivan, of the United Way.

"There was training, but the training tended to be in someone's expertise," she said.

"So if you were a rehabilitation counselor, there was training money in the budget to expand your skills as a rehabilitation counselor. Agencies tended not to put money into training that was going to focus on management and management skills."

That isn't the case anymore, though. "We've gone over the hump of understanding that we are in the business of providing service, and that business is not a dirty word," said Elizabeth Reilinger, president and CEO of Crittenton Hastings House in Brighton. "You have to be bottom-line oriented, not only in dollars and cents but in asking hard questions, not only about how you do something but how well you do it and whether you should be doing it at all."

A new breed

Reilinger is an example of a new breed of nonprofit chief: tough, bottom-line smart and management trained. When she took the operations of Crittenton Hastings in the mid-80's, the institution, founded in 1826, was on the ropes and going down for the count.

"By the mid-1980's, this was an organization perilously close to demise," Reilinger said. "Out of a \$1 million budget, it was operating at a 50 percent deficit for close to a decade. It was using its endowment to offset that operating deficit. With that kind of stream, it would have eroded its endowment in two years."

Crittenton Hastings was founded to provide residential services for unwed mothers, but its view of unplanned pregnancy hadn't changed in more than 100 years, Reilinger explained.

"The organization had not taken a very hard look at what some of the environmental realities were," she said. "It wasn't responding to either the client needs or the priority areas that funders were interested in supporting."

After taking the tiller at Crittenton Hastings, Reilinger stabilized its funding situation by making the organization more attractive to donors by transforming it from an institution aimed at the "problem" of unplanned pregnancy to a comprehensive multiservice organization for women, children and families.

She also looked for ways to develop money-generating services within the organization. For example, she tapped Crittenton Hastings' underused kitchen facilities for a meals on wheels program for Greater Boston's elderly population.

"I saw it as a way to use a resource we had--equipment, space, staff--that was underutilized and respond to a need in the community," Reilinger said. "I also saw it as an ideal opportunity, looking to the future, to set up a job-training program in food-service management, which has been identified as a growing occupational area."

When putting the program together, Reilinger approached the task much as any businessperson would approach it. She explained, "We devised a business plan, not unlike any business plan you would present to venture capitalists, and took a look at the resources we had, the revenue potential, where we could apply that revenue, where was the break-even point, what the profit margin would be, how consistent it was with everything else we did."

In the six years since Reilinger arrived at Crittenton Hastings, the organization has gone from a \$1 million to a \$5 million operation.

Although nonprofits can pick up some pointers from the for-profit sector in the management area, Menendez, of the Lincoln Filene Center, reminds would-be management fanatics that there is a fundamental difference between the two sectors that they shouldn't lose sight of.

"There may be some value gained in looking at for-profit formats, but there's a need to explore different kinds of management systems for nonprofits," he said. "The fact of the matter is, many of the areas that nonprofits are in are not profitable. They're not something you can make money at. A nonprofit is there to embody the best ethical, philosophical and moral values of our society."

Elizabeth Reilinger, Ph.D.
President, CEO

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For information about Crittenton Hastings House call 617.782.7600

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Crittenton
HASTINGS HOUSE

Providing services to women,
children and families since 1836.

Crittenton

For more than 155 years, Crittenton Hastings House has responded to the changing needs of women, families and the community. Today, Crittenton operates a full spectrum of programs to assist individuals and families to preserve and maximize their life options and

- *to attain and sustain self-sufficiency and*
- *economic independence.*

Crittenton's resources are focused on delivering basic services which yield concrete, positive outcomes for individuals, for the community, and, for the future. Our range of programs address the most essential aspects of daily life, including education, housing, child care, health care and nutrition.

Housing

Annually, over 125 young families use Crittenton's housing services, successfully making a transition from homelessness to permanent housing and self-sufficiency.



Nutrition

Over 100,000 nutritious meals are prepared annually for pregnant and parenting women, high risk children and home bound elderly.



Health Care

More than 6,000 individuals count on Crittenton's licensed health care and counseling services each year.



Education

Each year, more than 1,000 students participate in Crittenton's education programs; 60% of our graduates pursue higher education or job training.



Child Care

Our child care program provides working parents with quality options and offers children a healthy and educationally sound head start.

Homelessness is one of our most serious and complicated social problems. Research has shown that the lack of affordable housing is only one factor contributing to homelessness. Homelessness is often a result of a rupture in family and community ties, which impedes an individual's capacity to sustain self-sufficiency. Among those at highest risk for homelessness are young families headed by single mothers.

Crittenton Hastings House operates a full spectrum of housing programs specifically for single-parent young families. Backed by solid experience and a prestigious history in offering residential services, Crittenton's programs combine basic shelter with an array of support services to assist young families to obtain and maintain permanent housing, to develop the skills that foster economic independence and self-sufficiency and, to break the intergenerational cycle of poverty.

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- > **Housing:** Emergency and transitional housing, permanent housing placement and planning.
- > **Education:** School-based pregnancy prevention programs, high school alternative education programs, General Equivalency Diploma (GED) program, adult basic education, job readiness and skills training, job placement.
- > **Child Care:** Quality, affordable, fully-licensed child care for infants, toddlers and pre-school children.
- > **Reproductive Health Care:** Comprehensive gynecological care; pregnancy termination services.
- > **Family Health Services:** Health screening and education; well-child and early intervention; pre- and post-natal care; counseling for individuals, couples, families and groups.
- > **Food Services:** On-site nutritionally balanced meals for children, pregnant teenagers and young mothers; home-delivered meals for home bound individuals in the community.
- > **Support Services:** Comprehensive support services are integrated into all of Crittenton's programs to address the specialized needs of individual clients.

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Housing:
The Most Basic of Needs

Crittenton

Housing: The Most Basic of Needs

The transition from homelessness to self-sufficiency requires a multi-faceted approach, beginning with crisis intervention, the provision of shelter, and access to support services which enable individuals to develop the skills to attain and maintain stable housing.

Crittenton's housing services include emergency, transitional and permanent housing. Each of these programs is designed to respond to the immediate and long-term needs of homeless, single-parent young families.

Emergency Housing

Residential Emergency Assistance at Crittenton Hastings House (REACH) offers short-term emergency housing for homeless, young pregnant women. The REACH program works with clients to locate and maintain housing, to promote positive health status for mothers and infants, and to develop the skills necessary for attaining and maintaining economic self-sufficiency. Key services include:

- > shelter, meals and clothing
- > pre- and post-natal health care and parenting education
- > family lifeskills education
- > housing search assistance and placement

Transitional Housing

Crittenton offers an on-site group model transitional housing program and off-site apartment based transitional housing. These programs provide temporary housing for young single-

parent families and assist them to develop the skills needed to obtain and maintain permanent housing, to become effective parents, and to become productive, self-sufficient members of the community. Key services include:

- > transitional housing in a congregate living environment or in private, mixed-income apartment units
- > access to education, job training and child care programs
- > family lifeskills and parenting education
- > support services, such as legal assistance, specialized counseling and family health care
- > housing search assistance and placement

Permanent Housing

Crittenton has begun planning for an innovative permanent housing program which will offer:

- > mixed income permanent housing
- > access to education, job training, health and child care services
- > peer support and mentoring services

Support Services: More Than a Roof

Crittenton recognizes the value of providing support services to assist homeless young families to develop the skills which will enable them to attain and maintain stable housing and to avoid recurrent homelessness. Crittenton's programs utilize a case management model of service delivery to maximize coordination, flexibility and responsiveness to the individual needs of families.

All families work with a case manager to develop a service plan which identifies personal goals and needs, and serves as a basis for accessing and utilizing support services and for

evaluating the progress of each family. Crittenton's array of support services include:

- > **Family Lifeskills and Parenting Education:** Regularly scheduled workshops emphasizing practical application are offered around topics such as money management and budgeting; family safety and violence prevention; parenting and child development education; nutrition and meal preparation; and, cultural enrichment.
- > **Family Health:** Health care is available for all program participants, including general health screening and referrals; pre- and post-natal health care; wellness education, nutrition and exercise; mutual support services, such as alcoholics anonymous/narcotics anonymous meetings; early intervention for young children; and, basic reproductive medical care and family planning services.
- > **Education:** Basic literacy and high school education or job training programs are available and enrollment is encouraged.
- > **Child Care:** Crittenton offers high-quality, multicultural child care services for infants, toddlers and preschoolers through the fully-licensed Spaulding Child Care Center.
- > **Permanent Housing Search:** All clients participate in workshops and individual instruction focusing on strategies for carrying out a housing search, working with realtors and landlords, applying for housing subsidies, and accessing low cost furnishing, subsidized utilities and community resources to manage tenant rights.
- > **Follow-Up:** To ensure that program participants maintain stability in their permanent housing over the long-term, Crittenton offers follow-up services, including home visits, assistance in accessing community-based resources, and peer and individual counseling.

About Crittenton Hastings House

For more than 150 years, Crittenton Hastings House has pioneered innovative programs in response to the changing needs of women, families and the community. As a multi-service organization, Crittenton provides programs that enable clients to make informed choices and to establish the basis for self-sufficiency and independence. Services include:

- > **Reproductive Health Care**
Comprehensive gynecological services, abortion services.
- > **Family Health Services**
Health screening and education, child development and parenting education, pre- and post-natal care.
- > **Counseling**
Counseling for individuals, couples, families and groups.
- > **Child Care**
Quality, affordable child care for infants, toddlers and pre-school children.
- > **Education**
School-based pregnancy prevention and parenting programs, high school alternative education programs accredited by Boston Public Schools, General Equivalency Diploma (GED) program, adult basic education.
- > **Job Training**
Job readiness and skills training, job placement.
- > **Housing**
Emergency and transitional housing, permanent housing placement assistance, follow-up support services.
- > **Nutrition/Food Services**
On-site nutritionally balanced meals for children, pregnant and parenting teenagers; home-delivered meals for populations in need of services to maintain independent living.

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The Health Center of Choice

Crittenton

Gynecological Services

Crittenton offers comprehensive gynecological services to promote and maintain health. Services include:

- > gynecological examinations
- > laboratory and diagnostic tests
- > comprehensive family planning services, including reduced-price contraceptives
- > breast examinations
- > cervical cancer screening
- > diagnosis and treatment of sexually transmitted diseases
- > AIDS education and counseling
- > walk-in pregnancy testing
- > pre-marital blood testing

"I was very impressed with the professionalism and care with which I was treated. I'm pleased that such a facility exists in the Boston area. I will return."

Abortion Services

As the preferred place of referral by major Boston-area health care providers, Crittenton offers abortion services, including:

- > individualized decision-making counseling
- > abortions up until 16 weeks
- > post-operative and follow-up care
- > 24-hour emergency hotline
- > affiliations with major Boston-area teaching hospitals

"The staff at Crittenton Hastings House was professional, trustworthy and non-judgmental. They made a difficult situation easier."

Family Health Services

The health services at Crittenton address the specialized needs of pregnant women and promote family health. Services include:

- > health screening and education
- > prenatal health, nutrition and exercise classes
- > childbirth preparation classes
- > post-partum health care for mothers and infants
- > child development and parenting education

Counseling Services

Crittenton offers short- and long-term counseling for individuals, couples, families and groups. Special features of our counseling services include:

- > licensed clinical therapists
- > affordable rates
- > flexible appointments
- > support groups and special workshops around issues of self-esteem, pregnancy loss and child rearing

"I cannot praise the professionalism enough. From the moment I walked in until the time I left, I felt as though every member of the staff with whom I came in contact really cared about me."

Health Services

In 1973, Crittenton Hastings House opened the first freestanding, fully licensed abortion clinic in Massachusetts. Over the years, services have been expanded in response to the needs of clients. A key feature of Crittenton is its commitment to providing quality, accessible, affordable and personalized health care.

Why more than 6,000 women and families each year choose to use Crittenton Hastings House:

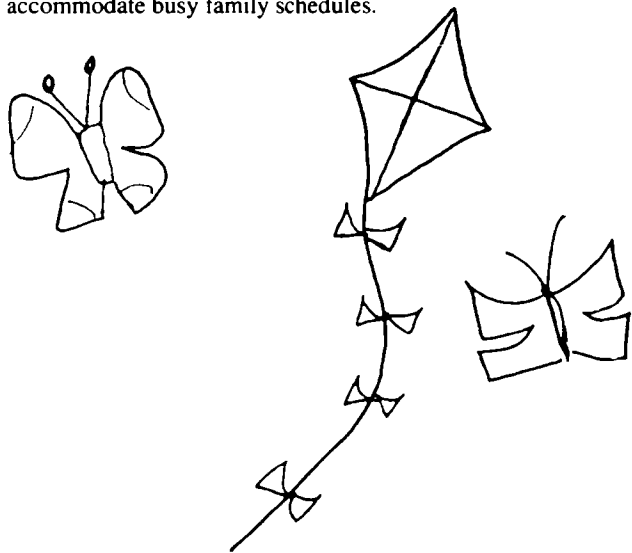
- > **Expertise and Experience Insure Quality Care**
Crittenton is fully licensed by the Massachusetts Department of Public Health. All physicians are Board-certified specialists in obstetrics and gynecology. Reproductive health care services are offered by nurse practitioners, registered nurses and trained counselors.
- > **Privacy and Convenience**
Crittenton is located on private grounds with free parking and easy access from the Massachusetts Turnpike and Storrow Drive, or by MBTA bus. Appointments can be scheduled Monday through Saturday and can usually be arranged within two days of your call.
- > **Flexible Payments and Affordable Services**
Crittenton offers affordable care and a range of payment options, including VISA, MasterCard, Medicaid and most health and college insurance plans.
- > **Personal Attention and Confidentiality**
Crittenton is recognized for its highly personalized approach to meeting the needs of each individual. All information regarding clients is treated with complete confidentiality.

The Spaulding Child Care Center: Discover Child Care At Its Best

At the Spaulding Child Care Center, we strive to provide your child with days full of fun, friendship and discovery. We offer a nurturing, stimulating and safe environment that builds on your child's natural curiosity to question, to learn and to grow.

Our fully-licensed center welcomes infants, toddlers and pre-schoolers. Through age-appropriate activities, children are encouraged to learn at their own pace and acquire new skills to build self-confidence. The teachers at the Spaulding Child Care Center are all trained in child development, early education, health and safety.

The Spaulding Child Care Center recognizes the needs of parents too! Parent involvement is welcomed and encouraged. You will receive daily written summaries highlighting activities and developmental progress, weekly lesson plans and menus. You may visit our classrooms at any time or arrange a meeting with the staff. Open from 7:30 am-6:00 pm, we make every effort to accommodate busy family schedules.



About Crittenton Hastings House

For more than 150 years, Crittenton Hastings House has pioneered innovative, quality programs in response to the changing needs of women, families and children.

The Spaulding Child Care Center, a program of Crittenton Hastings House, is part of a comprehensive spectrum of family support services that assist individuals to maximize their life options.

In addition to child care, Crittenton Hastings House provides family health care, counseling, nutrition, educational, vocational and housing services.

For more information on the Spaulding Child Care Center, please call (617) 787-5140. For information on other programs of Crittenton Hastings House, please call (617) 782-7600.



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Spaulding Child Care Center

Crittenton

Skill-Building Activities Are Fun

Fun and learning go hand in hand through a variety of skill-building activities. At the Spaulding Child Care Center:

- > *Science Discovery* will stimulate your child's curiosity and natural desire to question and explore.
- > *Arts and crafts, music and dramatic play* will enhance your child's creativity and motor development.
- > *Vocabulary and number games* will foster the development of cognitive skills.

Your child will be encouraged to question, to get along with others, and to take pride in his or her achievements.

Time is carefully balanced between energetic outdoor play and quiet indoor activities. There is also a balance between individual and group activities, and child-initiated and teacher-directed projects.

All activities at the Spaulding Child Care Center are guided by a respect for each child's unique approach to learning. Our nurturing environment will help your child develop self-esteem, building confidence to explore and to grow.

"One of the greatest needs working parents have is for a safe and nurturing environment for their children. With the Spaulding Child Care Center that need is fully met."

Parent of 4 year-old, Brookline



A Caring and Committed Staff

The Spaulding Child Care Center is fully licensed by the Massachusetts Office for Children and is staffed by highly qualified professionals trained in early childhood development and education.

All members of the Spaulding staff are selected not only for their strong educational and experiential credentials, but also for their caring, supportive and nurturing attitudes towards young children.

"The staff impressed us with their professional, well organized manner, as well as their caring attitude towards children."

Parent of 3 year-old, Brighton



Program Information

Ages

2 months through 5 years

Hours

7:30 am to 6:00 pm daily

Enrollment Offerings

flexible, full or part time options available

Nutritious Meals

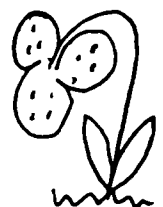
breakfast, hot lunch and snacks provided daily



Location

The Spaulding Child Care Center is a program of Crittenton Hastings House, which is situated on private wooded property in a quiet, residential section of Brighton.

The newly renovated two-story center features airy, bright, beautiful rooms with new equipment and toys. We are easy to find, conveniently located near the Massachusetts Turnpike and Storow Drive, and offer on-site, free parking.



A Commitment to Education

Education is widely acclaimed as the most essential building block for long-term self-sufficiency and for promoting family stability. Yet, the number of students who drop out of school continues to increase, and teenage pregnancy is cited as one of the major causes. The consequences of this are devastating for individuals, families and society, as school drop-out can ultimately lead to poverty and welfare dependency. In response, Crittenton has developed a nationally recognized, innovative continuum of education programs.

Crittenton's education programs help individuals to achieve basic literacy and math competencies, to complete their high school education, and to develop the skills required to obtain and retain employment. Crittenton recognizes that for many young people, and especially for young parents, the road to completing high school and making the transition to the world of work is filled with obstacles. To address this, Crittenton offers comprehensive support services to assist with crisis intervention and to enable students to successfully complete their education, to make responsible choices and to maximize their options in life. Crittenton's education programs are remarkably successful: over sixty percent of the graduates continue onto higher education or job training.

About Crittenton Hastings House

For more than 155 years, Crittenton Hastings House has responded to the changing needs of individuals, families and the community. Today, Crittenton operates a full spectrum of programs to assist individuals and families to preserve and maximize their life options and to attain and sustain self-sufficiency and economic independence.

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- > **Support Services:** Comprehensive support services are integrated into all of Crittenton's programs to address the specialized needs of individual clients.

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A Commitment to Education

Crittenton

A Spectrum of Educational Options Which Meet a Full Range of Needs

Crittenton offers the following academic programs to enable individuals to complete their high school education requirements.

Adult Basic Education - The Four "R's"

Crittenton offers instruction for individuals, aged 21 or older, to meet basic literacy requirements essential for successful completion of the General Equivalency Diploma (GED) or job training. Students are encouraged to get Ready, by improving their Reading, wRiting and aRithmetic.

CHANCES - An Alternative Approach

This alternative education program, accredited by the Boston Public Schools, enables students, aged 12-21 years, to remain in school throughout their pregnancy and to return to school following the delivery of their child. Eighty percent of students return to school following the delivery of their child.

PACE- The General Equivalency Diploma (GED) Program

Crittenton's GED program provides an opportunity for individuals, aged 16-20, who have dropped-out of school due to pregnancy or parenting, to complete their high school education requirements. Job-readiness services, including career exploration, resume preparation and interviewing skills, are incorporated into the program. Over sixty percent of program graduates pursue higher education or job training.

Job Training

To assist young parents to develop their capacity to secure and retain challenging and productive employment, Crittenton provides vocational preparation and job training. This program integrates job-readiness instruction, certified skills training, internships, job search, job placement and follow-up services for young parents, aged 16-29 years.

To successfully achieve their educational and vocational goals, young parents need access to basic support services which assist them to make a successful transition to independence and self-sufficiency while managing family responsibilities. Crittenton's array of support services include:

- > **School-based Prevention Services:** Crittenton offers a unique school-based program which provides human sexuality education to reduce the high incidence of teenage pregnancy, as well as counseling and case management to insure that students who are pregnant or parenting do not drop-out of school. Staff also work with high-risk young males to promote positive life options and to decrease the prevalence of high-risk behaviors among this population.
- > **Counseling and Family Lifeskills Education:** Regularly scheduled workshops emphasizing practical application are offered around topics such as money management and budgeting; family safety and violence prevention; parenting and child development education; nutrition and meal preparation; and, cultural enrichment.

- > **Family Health:** Health care is available for all program participants, including general health screening and referrals; pre- and post-natal health care; wellness education, nutrition and exercise; mutual support services, such as alcoholics anonymous/narcotics anonymous meetings; early intervention for young children; and, basic reproductive medical care and family planning services.
- > **Transportation:** Available for all students to maximize program participation, attendance and safety.
- > **Nutritious Meals:** Specially prepared by Crittenton Hastings House's licensed Food Services Division.
- > **Child Care Services:** Crittenton offers high-quality, multicultural child care services for infants, toddlers and preschoolers through the fully-licensed Spaulding Child Care Center.
- > **Follow-up Services:** To insure long-term stability, self-sufficiency and continued development of skills, peer support and intensive follow-up services are available.

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MultiFax

Human Resources, Finance, Development, Planning,
Housing, Education, Operations 617/782-6839

Number of pages being sent (including cover sheet) 8

To: Debbie Fine

Domestic Policy Council

Fax #: 202-1456-7028

Office #: 1

From: Jenny Freeman

Comments: Here are two pieces: The first describes our model for teen parents, the second lays out our programs in more detail. I'll speak with you soon.

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CRITTENTON HASTINGS HOUSE
BUILDING INDEPENDENCE:
A MODEL TO SUPPORT YOUNG PARENTS' TRANSITION TO SELF-SUFFICIENCY

It is widely recognized that the difficulties facing young families have grown increasingly complex. Fundamental changes in the U.S. economy have led to rising rates of poverty, a shrinking pool of employment opportunities and a more competitive labor market. Families most affected by these conditions are those headed by single young women.

The consequences for families unable to attain and maintain economic self-sufficiency are extremely damaging, especially for the physical health and cognitive development of their children. The problems experienced by children in these families serve as significant barriers to their capacity to succeed in school, and thus, to establish a sound foundation of skills to attain economic independence in their adult lives. As a result, our society is experiencing an intergenerational cycle of poverty and welfare dependency which has enormous and long term human, social and economic costs. To effectively combat this situation requires an approach which is systematic and holistic and targetted to the needs experienced by single parent low-income families, including:

- education and basic literacy skills;
- employment skills and experience;
- affordable child care;
- safe, affordable housing and tenancy skills;
- access to and effective utilization of basic medical and nutritional resources; and
- basic "lifeskills", such as parenting, budgeting and conflict resolution.

These needs are inextricably linked together and also directly correlated with larger social and economic influences. This requires interventions, which are comprehensive and multi-faceted, to effectively break the negative cycle of poverty and public dependency. For example, if a seventeen-year-old mother of two has dropped out of school, it is not sufficient to require her to enroll in a high school equivalency course. If there are no resources to care for her children, or if she is struggling with the basic challenge of being homeless, she will not effectively utilize any educational program, lessening the likelihood that she will complete the program successfully and leverage this accomplishment as an important first step in her journey towards independence and self sufficiency.

As the preeminent multi-service organization in the New England area serving high risk young families, Crittenton Hastings House has demonstrated success in response to these types of challenges. Crittenton's services are organized around the essential aspects of daily life and include housing, health, education and job training, nutrition, child care, and counseling. A case management model of service delivery ensures that service plans are tailored to the needs of each individual and family, that resources are maximized through interagency collaboration, and that clear, measurable outcome expectations are established. Role modeling and mentoring are integrated throughout the program options, and individual responsibility reinforced as a prerequisite to promote successful outcomes. As a result, over 85% of the students who graduate from our alternative education programs continue on to higher education, job skills training or secure employment; and 90 % of the participants in our housing programs move beyond homelessness to permanent housing.

CRITTENTON HASTINGS HOUSE A SPECTRUM OF SERVICES

For more than 155 years, Crittenton Hastings House has responded to the changing needs of women, families and the community. Today, Crittenton Hastings House offers comprehensive services to enable women, children, and families to attain and sustain self-sufficiency and independence.

Crittenton's resources are focused on delivering basic services which yield concrete, positive outcomes for individuals, for the community and for the future. Programs in six core areas address the most essential aspects of daily life, including education, housing, child care, health care, counseling and nutrition.

- I. Education:** School-based pregnancy and drop-out prevention services, high school alternative education programs, General Equivalency Diploma (GED) program, adult basic education, job readiness, job skills training and placement services.
- II. Housing:** Emergency, transitional housing and permanent housing placement.
- III. Health Services:** Health screening and education; well-child and early intervention services for high-risk young children; pre- and post-natal care; comprehensive gynecological care; family planning; pregnancy termination services; HIV testing, education and counseling services.
- IV. Counseling:** Specialized counseling for individuals, couples, families and groups.
- V. Child Care:** Quality, affordable, fully-licensed child care for infants, toddlers and preschool children.
- VI. Nutrition:** On-site nutritionally balanced meals for children, pregnant teenagers and young mothers; home-delivered meals for home bound individuals in the community.

EDUCATION

Recognizing that education is an essential building block for long-term self sufficiency, Crittenton Hastings House offers a continuum of high school education and job training programs, specially designed to address the needs of teen parents. In addition to academic and vocational instruction, all students are served through a case management model that successfully integrates educational, vocational, counseling, family lifeskills, health care and support services, such as transportation, meals and child care. The goal of Crittenton Hastings House education programs is to prevent school drop-out and assist students to complete their high school education. In addition, the programs promote positive birth outcomes, parent and child health, and family stability as well as a comprehensive education plan which addresses the family's needs and goals. In 1989, the National Organization on Adolescent Pregnancy and Parenting (NOAPP) recognized Crittenton's education programs as the most innovative educational program nationwide in responding to the crisis of school drop-out due to adolescent pregnancy.

Crittenton's education services include:

- **SPARCS**, a school-based drop-out prevention program for male and female students, who are pregnant and/or parenting, operates in six Boston Public Schools. SPARCS provides services in collaboration with private and public sector health care institutions;
- **CHANCES**, an alternative high school education initiative for pregnant students at risk of dropping out of the Boston Public Schools;
- **PACE**, a General Equivalency Diploma program for young mothers who dropped out of school due to pregnancy;
- **ABE**, a Basic Education program offering remedial academic instruction to prepare parents to pursue high school equivalency degrees, job training, or employment; and,

- ***Transitions to Work (TTW)***, job readiness training to assist single parents to develop the skills to secure and retain productive employment. Transitions to Work integrates basic education, vocational preparation, job skills training, internships, job search, placement and follow-up to assist parents to make the transition from public assistance to economic independence and self-sufficiency, and to promote the importance of this value for their children.

HOUSING

Crittenton Hastings House offers a spectrum of housing services for high-risk homeless families, including emergency and transitional housing and permanent housing placement. Each of these programs integrate comprehensive support and follow-up services to promote long-term self-sufficiency and to avoid recurrent homelessness and dependency. In 1989, a follow-up services component was instituted to assist each family placed in permanent housing to enhance their capacity to maintain independence and to prevent recurrent homelessness and subsequent unplanned pregnancies. Each year a total of 125-150 families receive services through Crittenton's housing programs.

- ***Emergency Housing***: Crittenton Hastings House offers short-term emergency housing on-site for homeless young pregnant women (REACH, Residential Emergency Assistance at Crittenton Hastings), as well as off-site, apartment-based emergency housing for homeless families (Scattered Sites). Both programs provide basic housing and assist clients to identify and access needed support services, to promote positive family health status, to develop the skills necessary for attaining and maintaining economic self-sufficiency and permanent housing.

- ***Transitional Housing***: Crittenton offers an on-site group model transitional housing program (TRAC, Transitional Residence At Crittenton) and off-site apartment-based transitional housing (THP, Transitional Housing Program). These programs provide longer term (12-18 months) temporary housing for single-parent families and offer services which assist them to develop the capacity to obtain and maintain permanent housing, to avoid recurrent homelessness, to become effective parents, and to become productive, self-sufficient members of the community.

- ***Permanent Housing:*** Crittenton currently offers permanent housing placement for young families. Planning is currently underway for an innovative mixed income permanent housing project on-site which will feature mixed income housing and transitional support services for young families moving off of public dependency.

HEALTH CARE

Crittenton Hastings House is fully licensed by the Massachusetts Department of Public Health and provides quality family and reproductive health care for over 6,000 individuals each year. The importance of health education, preventative health care and effective utilization of community health services are stressed throughout all of Crittenton's programs.

- ***Family Health Services:*** Health services are offered to promote maternal, child and family health. Basic services include health screening; routine prenatal health care; nutrition education; childbirth preparation classes; post-partum health care for mothers and infants; child development and parenting education. The objectives of these services are: 1) to increase the number of high-risk young mothers who access and utilize regular and consistent prenatal care; 2) to reduce the incidence of complications in pregnancy and delivery; 3) to improve infant birth-weight and health status; and, 4) to maintain positive health status for mothers and families through education and utilization of community support services.

- ***Early Intervention:*** Crittenton offers an early intervention program to address the developmental needs of high-risk children to insure that they begin school with an educationally sound head start. Initiated in November, 1993, this program has served over 150 children from Crittenton's housing and education programs.

- ***Gynecological Services:*** Crittenton offers comprehensive gynecological services, including routine examinations, laboratory and diagnostic tests, family planning services, breast examinations, cervical cancer screening, walk-in pregnancy testing and pre-marital blood testing. Diagnosis and treatment of sexually transmitted diseases, including AIDS education and counseling are available.

- ***HIV/AIDS Services:*** Crittenton offers HIV services including HIV testing, education and counseling. These are made available to clients in the education, job training and housing programs as well individuals from the community.

- ***Pregnancy Termination Services:*** Established in 1973 as the first freestanding fully-licensed abortion clinic in Massachusetts, Crittenton provides accessible and personalized pregnancy termination services. Individualized decision-making counseling, a 24-hour emergency hotline and follow-up services are available for all clients.

COUNSELING

Crittenton Hastings House offers short- and long-term counseling for individuals, families, couples and groups. In addition, workshops around issues of personal and family needs, such as self-esteem, pregnancy loss, parenting and child rearing are available. Counseling is offered as an integral support service for all clients using Crittenton's education, job training and housing programs.

CHILD CARE

In September, 1991, Crittenton Hastings House opened the fully-licensed Spaulding Child Care Center for mothers that participate in Crittenton's housing, educational and vocational programs as well as for working families in the greater Boston community. The Spaulding Child Care Center serves a culturally diverse group of 36 infants, toddlers, and preschoolers through a mix of subsidized and market rate slots. In addition to child care, the Spaulding Child Care Center offers job training internship opportunities and parenting and child development education.

NUTRITION

The recognition that sound nutrition is a requisite stepping stone for the promotion and maintenance of health and independence is a key feature of all the programs at Crittenton Hastings House. Over 100,000 meals are provided each year.

- ***On-site Nutrition Services:*** Nutritious meals that meet the standards of the Department of Public Health are provided daily for the young families that participate in our educational, vocational, housing and child care programs. The basics of sound nutrition, including education, meal planning and preparation, and the actual provision of meals, are incorporated into all of Crittenton's services.

- ***Home Delivered Meals:*** The Home Delivered Meals program, which started in 1988, operates in conjunction with Central Boston Elder Services and provides nutritious meals on a daily basis for elders from the surrounding communities, facilitating self-sufficiency and good health. The Home Delivered Meals program serves more than 150 individuals each day.

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Crittenton

An upbringing for teen parents

Teen parenthood does not have to be a life sentence of poverty and despair. With the right educational and social supports and a great deal of personal motivation, strong families can emerge. The tangible expression of these beliefs can be seen tonight at the graduation ceremony of the Crittenton Hastings House, an agency devoted to the health and well-being of parents and children.

The agency's roots go back to 1936, when a group of women began offering shelter and employment services to rural and immigrant women. Later it was a hideaway for pregnant girls whose babies were usually adopted. In 1973 it became the state's first fully licensed, free-standing clinic to offer abortion services.

Today, high school girls can attend classes at the Brighton facility in their final months of pregnancy. Many others participate in Crittenton programs at several Boston high schools. Case managers keep pregnant girls and young mothers and fathers from dropping out of school by providing them with support services, sex education and job

skills. The agency also runs the state's largest equivalency diploma program for young mothers, and another program trains students to work as licensed child-care providers.

Although education is central, Crittenton's services are comprehensive. The Brighton campus includes a day-care center and a health clinic. The agency also provides emergency and transitional housing for 30 homeless families. Its nutrition program prepares meals for women, children and the homebound elderly.

Linda Brandon, a graduate of Brighton High and Northeastern University, remembers how frightened she was as a pregnant 16-year-old. She recalls her Crittenton graduation — the agency's first — in 1985 as a "warm and cozy" affair with 10 honorees. Tonight, 119 young women and men will be donning royal blue caps and gowns at the World Trade Center.

The ceremony will be a testament to the courage and perseverance of the graduates, and the vitality of Crittenton's mission.