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NANTUCKET AIDS NETWORK

N.A.N. NEWS

August 1991



vol. i, #1

DIRECTOR'S NOTES

The Nantucket A.I.D.S. Network (N.A.N.) was founded on November 2, 1989. NAN is a nonprofit agency whose main purpose is to provide public awareness, preventative education, health services, referrals, and support to members of the Nantucket community. Clients include those who are infected with and affected by the Human Immunodeficiency Virus (HIV).

AIDS is an acronym for Acquired Immune Deficiency Syndrome, and is caused by the destruction of the human immune system's ability to fight infections. This deterioration of the body's ability to fight infection is caused by the Human Immunodeficiency Virus (HIV). We are beginning to understand that a person can be infected with HIV for several years before any symptoms are evident. It may take several more years before an affected person progresses to AIDS. It is important to realize that there are two distinct stages to this disease:

1. Infection with Human Immunodeficiency Virus. This phase may last for years without any evidence of a person being infected. Diagnosis is possible by testing blood for the antibodies which the system produces in response to the viral infection. If the antibodies are present, the diagnosis is "HIV positive". If there are no antibodies present, the diagnosis is "HIV negative".

2. Progression to AIDS. When the HIV has compromised the system's ability to fight infections to the point that diseases which would not ordinarily affect a healthy human being become life-threatening, a person is diagnosed with AIDS.



Photo: Fred Clow, Inquirer & Mirror

Pictured above is Cheryl Bartlett, Executive Director of the Nantucket AIDS Network.

AIDS remains a disease which arouses fear and loathing among many people. As a result, people with AIDS (PWAs) not only have to combat a life-threatening illness, but also do battle with ignorance and the fear and prejudice which accompany it. The Nantucket AIDS Network hopes to counteract this lack of knowledge and misplaced fear through its education programs.

In this regard, NAN has successfully met its initial goals. In order to raise community awareness, we have sponsored the photo-documentary, "Memories of Eddie", which depicted

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NETWORK NEWS

May 1993
Volume 1, Number 2

FROM THE DIRECTOR'S DESK...

DIRECTOR'S NOTES: The Nantucket AIDS Network (NAN) was founded November 2, 1989 by community members whose lives had been personally impacted by the AIDS epidemic. We decided that our primary mission would be compassionate care to persons with HIV/AIDS and their significant others. To meet that goal the first step was community education and awareness. Once apprehension was minimized, people began to request the support of NAN to help make living on Nantucket with HIV easier.

NAN has provided a wide range of services to over 30 different persons/families: case management, referrals for medical, legal and social services, support groups, trained volunteers and financial assistance. In 1992, 150 HIV tests were performed, 75 educational programs were offered

and 5000 condoms were made available through NAN's office at the Nantucket Cottage Hospital.

...Our primary mission is compassionate care to persons with HIV/AIDS and their significant others.

Under the leadership of Melissa Bonvini, middle and high school students have formed Peers Promoting AIDS Awareness and have received training, support and guidance from me and volunteer Susan Joyce.

Affordable housing is one client-need which repeatedly arises. With this in mind, the Friendship House and education at the resurrected Nantucket County Fair in September 1992. In recognition of World AIDS Day, 115 persons participated in a moment of silence and a candle light walk through downtown Nantucket followed by a pot luck supper, to remember those we have lost to AIDS. For Christmas Stroll,

a tree was decorated with house ornaments and NAN buttons to continue our efforts to address our serious housing needs.

Nantucket has the third highest per capita incidence of AIDS in Massachusetts. We hope that a community-wide effort will help to ease the burden of those HIV-infected and that aggressive prevention education will see our caseload lessen.

The continued and growing community support is overwhelming and is what enables us to accomplish our goals to provide compassionate care for those living with HIV/AIDS and prevention education to those at risk for infection. Unfortunately, it does not look like our burden will lessen over the next 5 to 10 years, and, on behalf of all the dedicated NAN volunteers we ask for continued support as we on Nantucket fight this global epidemic.



Cheryl Bartlett, Susan Joyce, Catherine Butler, Melissa Bonvini in Washington, D.C. for the NAMES Project Memorial Quilt.

Cheryl Bartlett, Executive Director



Aids is an acronym that stands for Acquired Immunodeficiency Syndrome. This means that the disease is not inherited. A person acquires it through certain high risk behaviors. It is caused by the human immuno-deficiency virus (HIV), which attacks a person's immune system making it unable to fight off infection and other "opportunistic" diseases. The fact that it is a syndrome means the virus manifests itself through various disorders and symptoms.

HIV is transmitted by blood and blood products, semen, and vaginal and cervical secretions. Consequently, activities which involve the exchange of these fluids are responsible for transmitting the virus. The activities include:

1. Certain types of sexual conduct.
2. Any form of needle sharing.
3. Pregnancy, childbirth, and breastfeeding.

An individual cannot "catch" the virus through germs in the air or by casual contact such as touching, hugging, carressing, and dry kissing.

Why do we, on Nantucket, need to be concerned about AIDS? Nantucket is an isolated place in many ways, but it is unfortunately *not* isolated from AIDS.

On Nantucket 25 people have been diagnosed with AIDS, 15 of whom have died; and 10 people are known to be HIV positive.

* The disease is spreading at a phenomenal rate. It is the second leading cause of death in men who are 25-44 years old; and the 5th leading cause of death among women in the same age group.

* Massachusetts has over 3000 AIDS cases.

* Experts predict that by the year 2000 over

20 Million People will be HIV Positive in the United States alone.

* One out of every seven teenagers contracts a sexually transmitted disease every year. The average age of first time intercourse is 16.

* A Study of college students across the country revealed one in 500 to be infected with the AIDS Virus.

These facts alone are incentive enough to care, but they are of particular concern to Nantucket residents for several reasons.

Nantucket is a resort community whose population dramatically increases during the summer months. A significant number of the summer residents consists of college students which, given the recent study, means an increased risk of the virus existing on Nantucket. In addition, alcohol and drug abuse is an island issue that frequently decreases a person's inhibitions concerning sex as well as decreasing the person's ability to reason and use common sense. This phenomenon directly impacts the ability of adults and teenagers alike to protect themselves from sexually transmitted diseases like AIDS. The existence of drug abuse on island also increases the risk of intravenous drug activity which then translates into yet another way for the AIDS virus to be spread.

Island residents and visitors need to know the facts so that we can protect ourselves, our family members, and our friends. We need to care so that we can continue to live . . . in a healthy, happy and realistic way. The Nantucket AIDS Network is committed to this goal. We are a group of volunteers who are dedicated to educating people about AIDS and supporting people with AIDS (PWAs) and HIV infection (HIV+), as well as their

families and friends.

If you would like more information about AIDS or HIV infection, the Nantucket Cottage Hospital HIV Program and the Nantucket AIDS Network can help.

A Case Manager will confidentially assess your needs and assist you in the delivery of services. The Case Manager will provide advocacy and remain with you throughout the duration of your infection. If you or someone you know needs help, please call Cheryl Bartlett, R.N. at the Nantucket AIDS Network: (508)-228-1200.

For More Information
or Referral

Call: Cheryl Bartlett, R. N.
at the
Nantucket Cottage Hospital
(508)-228-1200



The Nantucket Cottage Hospital HIV Home Health Program is partially funded by the Massachusetts Department of Public Health, and the Town of Nantucket.

NANTUCKET AIDS NETWORK

Advocacy \ Outreach \ Referrals

Medical, Legal, Drug, and Social
Referrals
HIV Testing Referrals
Financial Assistance
Support Groups
Volunteers

Education \ Prevention

Community Programs
Consultations
Trainings
Street Outreach
Distribution of Literature

**NANTUCKET COTTAGE
HOSPITAL HOME HEALTH
PROGRAM**

Case Management \ Home Care

Case Management
Nursing
Social Work
Physical Therapy
Occupational Therapy
Speech Therapy
Maternal Child Health
Home Health Aides
Homemaking Services
I.V. Therapies
Nutritional Counseling
Hospice Care
Pastoral Counseling
Psycho-emotional Support
Support Groups



**NANTUCKET
COTTAGE
HOSPITAL**

**HIV
HOME HEALTH
PROGRAM**



**NANTUCKET AIDS NETWORK
INCORPORATED**

PROVINCETOWN
A.I.D.S
SUPPORT
GROUP

ANONYMOUS
TESTING RE-
FERRALS •
PRIMARY CARE
REFERRALS •
VOLUNTEER
TRAINING PRO-
GRAM & CON-
TINUING EDUCATION • DAILY TRAN-
SPORTATION TO BOSTON MEDICAL
APPOINTMENTS, GROCERY, LAUN-
DRY, OR OTHER ERRANDS • "AF-
TERNOON DISH" LUNCHESES DELIV-
ERED TO HOMEBOUND CLIENTS •
VOLUNTEER HOME CARE UP TO 24
HOURS/DAY • HOMEMAKER CARE •
RESPITE CARE • "LOCAL FLAVOR"
CLIENT DINNERS • LEGAL SERVICE
REFERRALS • CLIENT ADVOCACY
AND CASE MANAGEMENT • CRISIS
INTERVENTION • SHORT-TERM
LOANS • EMERGENCY HOUSING AS-
SISTANCE • FOOD PANTRY • BE-
REAVEMENT GROUPS • COMMUNITY
EDUCATION • SPEAKERS BUREAU:
VOLUNTEERS, STAFF & PWAS •
SCHOOL PRESENTATIONS • PAM-
PHLET DISTRIBUTION • GUEST
SPEAKER PRESENTATIONS •
MONTHLY NEWSLETTER -
"FRONTLINER" • FUNDRAISING
EVENTS • BUDDY (VOLUNTEER
COUNSELOR) PROGRAM • CONDOM
DISTRIBUTION TO LOCAL GUEST
HOUSES • INTER-AGENCY NATION-
WIDE REFERRALS • SOCIAL SERVICE
ADVOCACY • HIV+ SUPPORT
GROUPS • PWA SUPPORT GROUPS •
FRIENDS & FAMILY SUPPORT
GROUPS

For more information about these programs or the
Support Group, contact PASG at P.O. Box 1522,
Provincetown, MA 02657; (508) 487-9445.



Volunteers became family in fighting AIDS

PROVINCETOWN

Bruce Shipman and his lover, Philip D'Aduteuil, knew very few people when they moved here six years ago, but they figured they'd make new friends in time.

It never occurred to them that they would find their best friends among the volunteers at the Provincetown AIDS Support Group.

On July 22, 1987, D'Aduteuil and Shipman went to the Outer Cape Health Services clinic, in Truro, for an AIDS test.

D'Aduteuil, usually energetic, had begun to feel tired for no apparent reason. His listlessness was compounded by bouts of diarrhea and sharp pains in his legs.

The results three weeks later confirmed D'Aduteuil's suspicion. He was HIV positive. Shipman was negative.

D'Aduteuil went to a Boston hospital where he received counseling and a prescription for AZT — a drug believed to slow the onset of AIDS and prolong the patient's life.

Meanwhile, Shipman became a volunteer at Provincetown AIDS Support Group's headquarters.

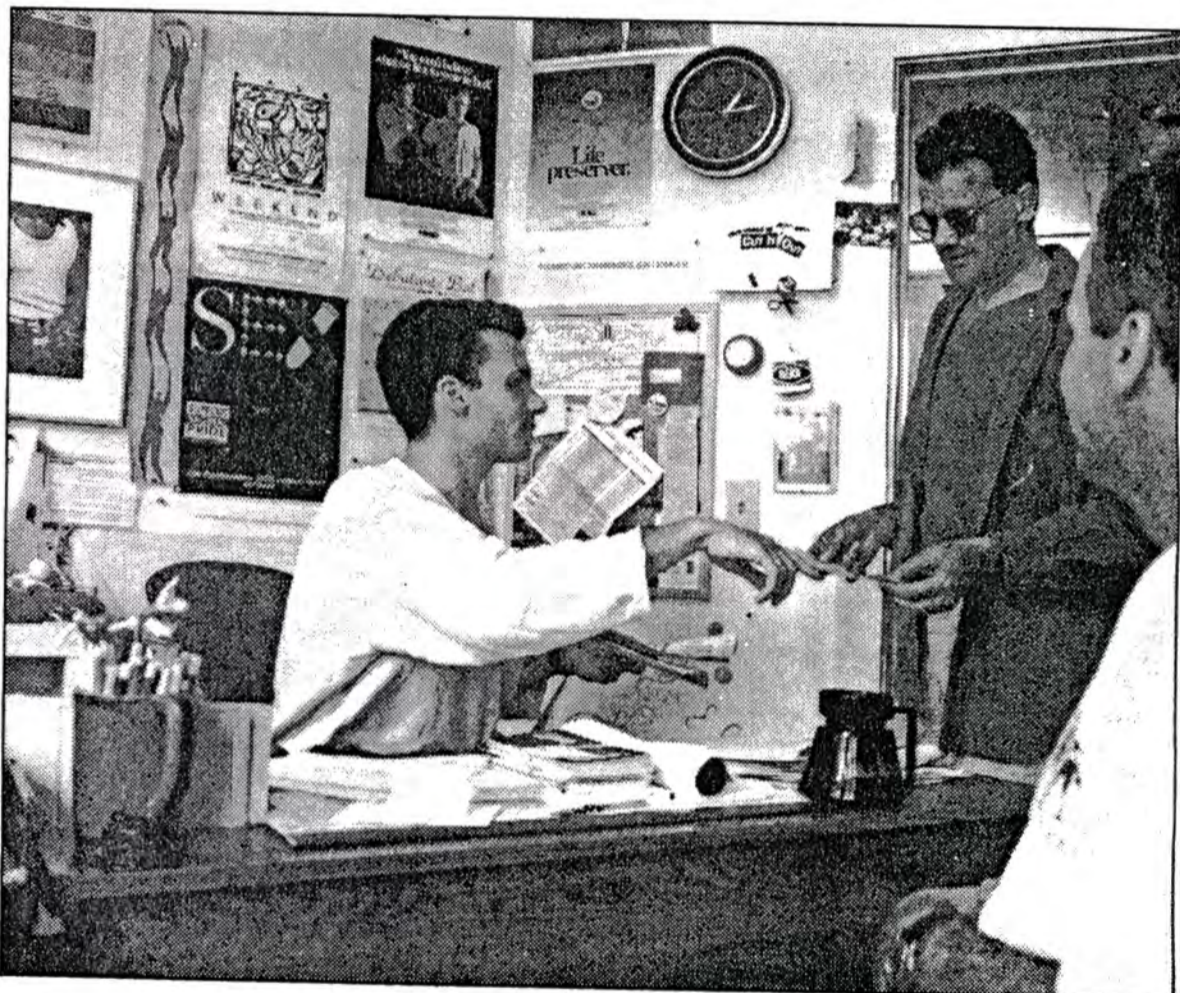
"I knew there would come a time when we would need them," said Shipman. "I wanted to do something in advance so they didn't think I was looking for something later that wasn't deserved."

Both Shipman and D'Aduteuil knew what lay ahead. They knew that most people with AIDS died a slow and agonizing death, though they both hoped and prayed for a miracle cure.

There was none.

By early 1990, D'Aduteuil's virus had turned into full-blown AIDS. First, he developed shingles — an excruciatingly painful body rash — and pneumonia. Brain seizures followed. None of dozens of medications killed the pain in his head and throughout his body.

"Phillip would describe the pain like someone putting his hand on a window sill and crash-



Journal-Bulletin/FRIEDA SQUIRES

HELPING HANDS: Bill Furdon, left, a counselor and youth educator for the support group, talks with volunteers. He says they help those with AIDS or the HIV virus focus on living.

ing the window down on it," recalled Shipman. "It was the kind of pain that makes you go insane."

By May of last year, D'Aduteuil was confined to a wheelchair. His weight had dropped significantly, and his handsome features had begun to waste away with the rest of his once sturdy physique.

The support group volunteers were called in, first a couple days a week, then around the clock, to help Shipman care for D'Aduteuil.

For five months, Shipman and the volunteers kept a vigil over

D'Aduteuil while he slowly slipped from them. When an exhausted and emotionally drained Shipman needed a break, the volunteers were there.

They drove him to the grocery store and to the drugstore. They cooked meals and cleaned house.

The volunteers would read to D'Aduteuil, they fed him, and they made sure he took his multitude of medications and painkillers.

When the pain in his legs and in his head made him violent, the volunteers were there to restrain

and calm him.

Eventually, D'Aduteuil slipped into a coma-like state. He stayed that way for about five days.

On the morning of Oct. 8, 1991, a volunteer called Shipman to D'Aduteuil's bedside, along with D'Aduteuil's family. The volunteer had noticed a change in his breathing pattern and thought the end might be near. She was right.

"He took a deep breath and sighed," said Shipman, his eyes filling with tears. "Finally, he was at peace."

— TRACEY A. REEVES



Journal-Bulletin/FRIEDA SQUIRES

WITH THE HELP OF FRIENDS: Bruce Shipman, 32, credits the Provincetown AIDS Support Group with helping him cope with the death of his lover. The town has recorded more AIDS cases per capita than any other community in Massachusetts.

AIDS rewrites life in resort

Town's tolerance for gays means HIV virus leaves few untouched

By TRACEY REEVES
Journal-Bulletin Staff Writer

Bruce Shipman sat in his apartment with his stack of photo albums, flipping page after page of snapshots of his friends.

They were friends with whom he traveled the world. He partied with them on the beaches and in the trendy clubs and bars of this tourist town. He laughed and cried with these friends, and shared his deepest secrets with them.

Friends like Dennis, Preston, Roger and Patrick, and Shipman's lover, Phillip D'Auteuil — all young, all gay and all now dead of AIDS.

"Can you imagine that. I've got a photo album full of dead people," Shipman, 32, said, fighting back tears and nervously inhaling on a cigarette. "All the people I ever loved are gone. There's nobody left. It's like there's no reason for me to go on living."

The AIDS epidemic has so decimated this small town that few people have not been touched by the disease.

Alire Foley, Provincetown's full-time



Journal-Bulletin/FRIEDA SQUIRES

PRIDE: The town has long been tolerant of different lifestyles

nurse, estimates that since 1979, when AIDS was first believed to have surfaced here, 125 men have died in Provincetown and in neighboring towns on lower Cape Cod. Many more men who live in town or have connections to it are believed to be carrying the HIV virus that causes AIDS, she said.

"It's so bad that people talk about seeing ghosts on the street," said Sandra Demarest, an AIDS counselor in Provincetown. "Devastation is really too light a word to characterize what's happening here."

Kate McCormick, a spokeswoman for the Massachusetts Department of Public Health, said that since the early 1980s, when the state started keeping AIDS statistics, Provincetown has recorded more AIDS cases per capita than any other city or town in the state, followed by Provincetown's neighbor, Truro, and Boston.

As of July 1, the rate of AIDS in Provincetown was 3,397 per 100,000 population, compared with a statewide rate of 79 cases per 100,000 population, McCormick said.

The rate is due in part, she said, to the town's large population of gay men, who are among the highest risk groups for AIDS.

The town has long prided itself on its tolerance of different lifestyles, particularly the freedom gays have to be intimate without being ridiculed.

But the tolerance that made Provincetown so desirable for gays now haunts it, as AIDS claims life after life.

Duane Steele, publisher of The Advocate, Provincetown's weekly newspaper, and his

N. King also hit by contaminated water

By RON CASSINELLI
Journal-Bulletin Staff Writer

NORTH KINGSTOWN — More than half the people in town have at least one thing in common with residents of Pawtucket, Central Falls and the Valley Falls section of Cumberland today — contaminated water that is unfit to drink.

State officials yesterday cautioned up to 14,000 of North Kingstown's residents, or about 60 percent, that their water is contaminated by fecal coliform bacteria.

Barbara A. DeBuono, head of the state Health Department, said at a midafternoon news conference in Town Hall that she does not yet know the cause of the contamination, but that it is not related to the findings of contamination that have forced residents of the Blackstone Valley to boil their water since Aug. 3.

"It is a coincidence," she said. "It is in no way related. I'm kind of

Bush better stay at Republican or move over

HOUSTON — The 1992 Republican National Convention opens here tomorrow, and this is President Bush's last chance to salvage his reelection.

He knows it, everyone knows it, and that makes this convention — choreographed though it may be — extraordinarily suspenseful.

As former Rhode Island Gov. State Chairman John Holmes, a delegate, put it on arriving here yesterday, all that's at stake for Mr. Bush is "preservation of his reputation and career and his standing in the world community." Said Holmes, "He blows this, and this is the last hurrah."

July's Democratic gathering in New York demonstrated the power that conventions continue to have, even in the modern, primary era.

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The Gloucester Journal

8/11/92

DEATH HAUNTS PROVINCETOWN

AIDS

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wife, Mary Jo Avellar, a former longtime selectwoman, said they lost count several years ago of the men they knew who died of AIDS.

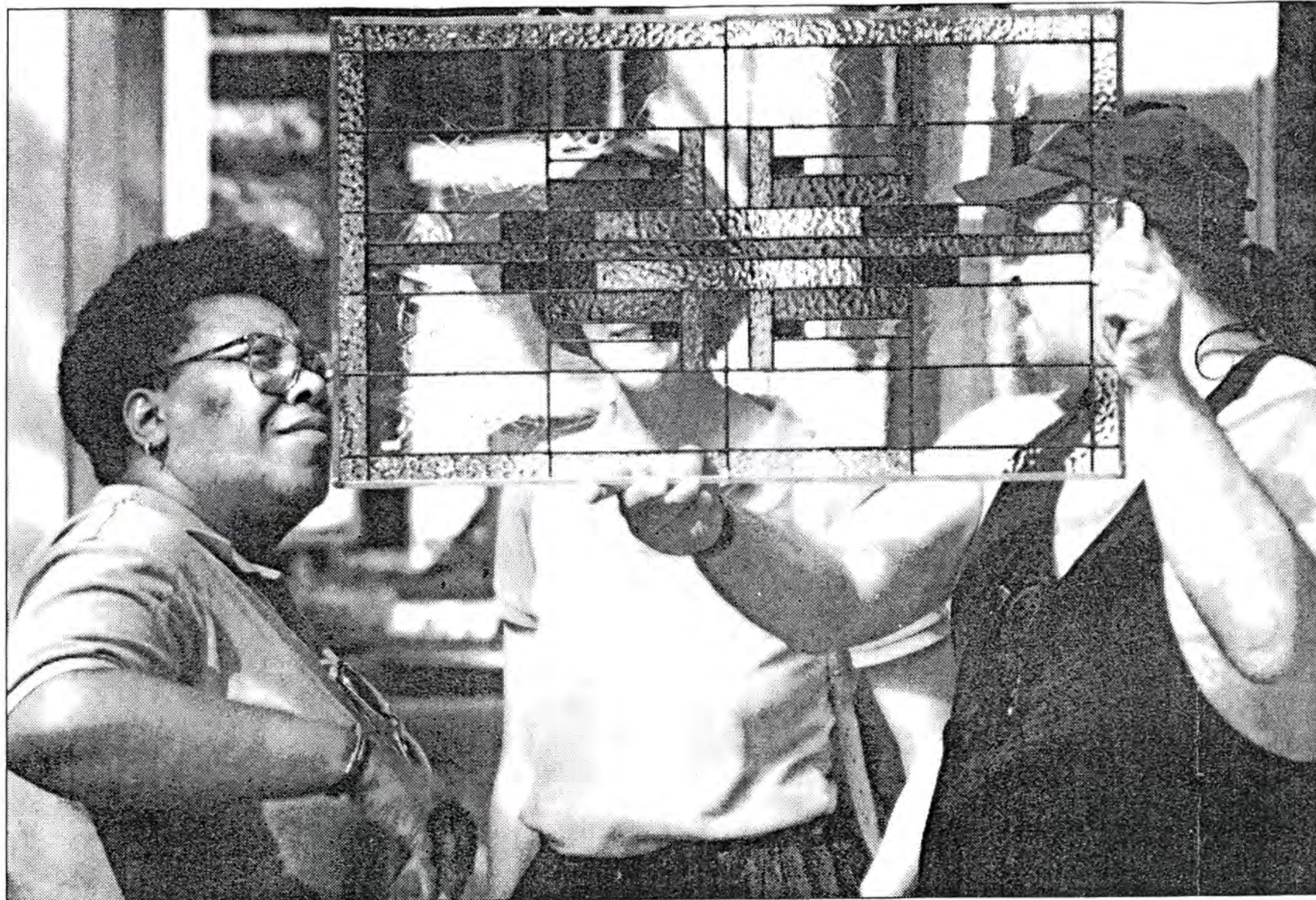
"They were our friends and people who worked for us," said Steele, who, along with his wife, is a native of the town. "It seems that every time you turn around, someone's died."

Provincetown — whose year-round population of 3,735 nearly quadruples in the summer — is crowded with boutiques, quaint inns, gingerbread cottages and restaurants. The streets are narrow, and the most popular form of transportation is walking.

It is that smallness, a sense of family, that has made the town popular over the years. Yet today when Provincetown is mentioned, it is often linked with AIDS, as tourists and other outsiders learn when they see storefront posters that read "Fight AIDS, Not People With AIDS."

"It's a small town, and people talk," said Shipman. "You can't help but talk about AIDS here because it's affecting so many of us. We talk about it everywhere. On the street, in the A&P."

The impact that AIDS has on the town is evident in *The Advocate*, where sometimes three obituaries of young men who either lived in Provincetown or had connections there appear in each week's edition. The causes of their deaths are listed as complications of AIDS.



PROVINCETOWN: The former artists' colony on Cape Cod known for its beaches, bars and tolerance for alternative lifestyles still draws tourists, left. But these days, it is just as well known as one of the communities hardest hit by AIDS.

LENDING A HAND: Alice Foley, below, the town's nurse, is one of the founders of the Provincetown AIDS Support Group, which formed secretly in 1983 because its members feared being ostracized.

Journal-Bulletin/
FRIEDA SQUIRES

But Foley believes that many

more men in and around Provincetown had AIDS and left to die in their hometowns or in hospices.

Additionally, Foley and McCormick suspect that well over 100 people in Provincetown are HIV positive and will eventually develop AIDS, although they can't know for sure because confidentiality rules keep test results secret.

"And it hasn't even peaked," said Cindy Worthington, a counselor with the Outer Cape Health Services clinic. Her job is to let people know if their AIDS tests are positive or negative. "I know people who came in for tests three years ago and tested negative, and who are coming back now and testing positive."

Residents have learned to cope largely through the efforts of the Provincetown AIDS Support Group — a core of mostly volunteers who provide meals, counseling, transportation to Boston hospitals for treatment, and 24-hour bedside vigils for the sickest of the AIDS clients.

The volunteers are gay and straight, black and white, rich and poor and year-round and summer residents.

Irene Rabinowitz, coordinator of the support group, said the idea is to be a family for people with AIDS — to be with them as they pass through the inevitable and often painful stages of the disease.

"We provide a compassion here that many of the (AIDS clients) would otherwise be without," said Rabinowitz. "Many of them have been abandoned by their families, and their friends and lovers have died. We're here for them. We are their family."

Secret support

Alice Foley can trace AIDS in Provincetown back to around 1979. She can recall a gay man who exhibited the classic symptoms of AIDS and eventually died. Back then, AIDS was known as gay cancer, and many who had it were treated like outcasts.

Not long after the man died, Foley began to hear about several gay men in town who were coming down with chronic diarrhea. They were vomiting frequently and waking up at night with drenching sweats. Some developed cancerous purple lesions on their skin. And they had lost weight and were fatigued more often than not.

Foley was perplexed. What could be causing these otherwise healthy men to suddenly fall ill? And why was the disease attacking only gay men?

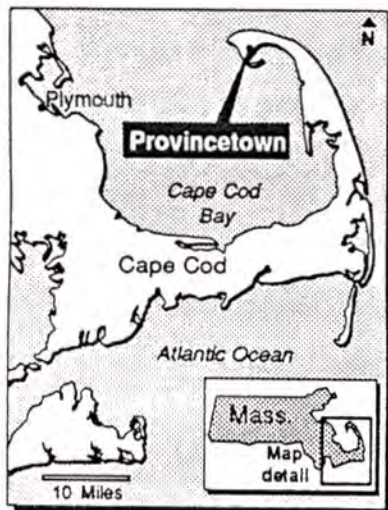
"I couldn't figure out what it was," said Foley, who is credited with being the first person in Provincetown to recognize that an epidemic was on the loose. "In all my years in medicine, I had never seen such a disease. The toll it was taking on these men's bodies in such a short period was incredible."

Foley, along with several gay men who have since died of complications of AIDS, established the Provincetown AIDS Support Group in 1983 to assist the sick men, who often have to give up their jobs and rely on public assistance to survive.

In the beginning, the group met quietly in living rooms or wherever they could talk privately.

The group kept its work secret because at the time, there was still little known about the disease and who was at risk of contracting it. The support group members feared being ostracized.

"We had to park a few blocks and walk to where we were



going so nobody would know what was going on," said Foley. That same year, Foley learned that yet another gay man, this time a good friend, Billy Oulette, was suffering from Kaposi's sarcoma, a rare skin cancer.

Foley took Oulette under her wing.

In 1985, several months before actor Rock Hudson died of AIDS, Oulette died. His death was hard on Foley, the support group and townspeople because for the first time, AIDS had killed one of their own, a man who had lived in Provincetown most of his life, not just for the vacation season.

The town mourned Oulette's death with a public memorial that attracted hundreds of people and prompted the support group to go public.

"We didn't want to hide anymore," said Foley. "AIDS was getting big, and we wanted to bring our work out so that people who were sick would not be afraid to seek us out."

These days, the group announces its meetings in the newspaper and on town bulletins.

Its headquarters is on the first floor of a building across from Town Hall, and has recently been redecorated with the comforts of home in mind.

There is a living room area with a sofa and coffee table and a big-screen television set, VCR and video collection where people with AIDS and volunteers can go to relax when the going gets tough.

Foley said the new decor has helped boost the support group's image both in the gay and straight community.

To pay the bills and provide for the clients, the support group holds fund-raisers, which bring in hundreds of thousands of dollars. One of the most popular benefits was in May, when restaurants in Provincetown and neighboring communities offered elaborate lobster meals with wine for \$50 a person.

The support group, which has a paid staff of three and an annual budget of about \$150,000, also depends on private donations and a few state grants.

Roe, a restaurant hostess who did not want to give her last name, said people are generous.

"Without the support group, this town would be in a lot worse shape than it is now," said Roe. "The people here know what kind of work the PASG does, and they respect that."

In fact, the respect for the group is so deep and runs so far that gay men with AIDS from around the country have sought it out as a safety net.

"We've got people who have left their homes to come live here, where they know they will be taken care of," said Rabinowitz. "I

think that's a good reflection on the work we do."

Indeed, the support group has worked to educate people in Provincetown about AIDS. People who live here know what it means when a body lacks T-cells, which are essential to help the body fight off disease and infection.

And they have learned to deal with the sadness every winter when people with AIDS are more likely to catch a cold or other opportunistic infections they can't fight off.

In school, children and teens are taught the importance of abstinence and safe sex and the dangers of sharing intravenous drug needles, subjects that many schools elsewhere have yet to incorporate into their curricula.

Bill Furdon, an AIDS counselor and youth educator for the support group, said the group is successful because it helps those with AIDS or HIV take their minds off of the disease by focusing on other aspects of their lives, such as their jobs and their future.

Turn to AIDS, next page

DEATH H

AIDS

Continued from preceding page

"That's a good part of what we do," said Furdon, who was an art therapist for AIDS patients at a New York City hospital before moving here, where he felt more comfortable as a gay man. "We promote wellness and living and spend a lot of time and energy on staying alive and happy."

A quieter Provincetown

With the heightened awareness of AIDS, there is also a concern about what the disease has done to the reputation of Provincetown's profitable business and real estate industries.

"Homophobia is definitely alive in Provincetown," said Roe. "There are people here who will not eat in Provincetown because of AIDS. They go to the restaurants in Truro or Wellfleet, and they blame the gays for AIDS."

Mary Jo Avellar said the town's booming real estate market and restaurant business plummeted in the late 1980s. Some people attributed that to fear of AIDS, while others blamed it on the decline of the economy.

"I think it was a combination of both," said Avellar.

The slowdown caused several restaurants and inns to close, including The Red Inn, owned by Avellar and husband Steele. Others are struggling to hold on.

Hal Goodstein, president of the Provincetown Chamber of Commerce, said he believes that if AIDS has had an impact on the town's business, "it's a thing of the past."

Provincetown's economy these days is much like those of others around the region, said Goodstein: slow, but on the rebound.

AIDS has had a mixed effect on Provincetown's spirited social scene and the relationships between gay men, some of who say they have all but given up sex, and some who say they continue to have unprotected sex and take their chances.

By most accounts, the bars, the discos and the late-night, early-morning congregating outside of Spiritus Pizza after the clubs close are still popular among gays. So are the after-parties at the so-called gay guest houses where gay men often socialize into the wee hours.

Lyons, who recently moved to Provincetown from Boston. "But you can't stop living. We know AIDS is out there. We just have to be careful like everybody else."

Steven "Spike" Oriordan, 33, a bartender at the Atlantic House, Provincetown's most popular bar and disco, said AIDS has scared some gay men into giving up promiscuity and the open sex parties on the beach and in the guest houses. "The behavior has pretty much changed for most of us," he said. But others, usually younger men, are unphased, he said.

Lyons, 23, said he cares about the risks, but he is not obsessed.

"I'll take my chances," said the stocky blond man as he drank beer and gyrated his hips, eyes closed, to the music of Madonna inside the Atlantic House. His eyes scanned the large room. Men danced with men and women danced with women under the sparkling disco lights.

"You know," Lyons said, "I try to be careful, but sometimes accidents happen, like you have too much to drink or a condom breaks; and before you know it, it's too late."

He said he had an AIDS test a year ago but is afraid to be retested.

"I couldn't live with myself if I knew I was HIV positive," he said. "I have so many friends who are sick, friends who had beautiful pectorals and deltoids and now they look like a toothpick or a wilted flower. It's frightening, and I hate to think that that would happen to me."

Peter Warnock, 34, a bartender, wonders if it could happen to him. He tested HIV positive in 1986, but remains healthy.

"I try to keep a positive attitude," said Warnock. "I manage to do it 95 percent of the time, but the other 5 percent is not so easy."

Comfort and grief

Bruce Shipman took another long drag from a cigarette and then puffed out smoke rings. It was his fourth cigarette in less than an hour. He says his pack-a-day habit and the comfort he received from the support group are the only things that have kept him going since the death last fall of his partner, Phillip D'Aduteuil.

"Phillip and I had everything to live for before this disease came and took it all away," said Shipman, who said he has tested negative for the AIDS virus. "It's so difficult to go on without him."

But it is not just the death of D'Aduteuil and other friends that has so depressed Shipman. It is, he said, the thought that the disease will likely kill millions worldwide

before the disease is brought under control.

To help keep his mind off AIDS, Shipman continues to work full time and seek counseling for his alcohol addiction and depression, which he said were brought on by the AIDS epidemic.

After his partner died, Shipman vowed to pay the Provincetown AIDS Support Group back for all it had done while D'Aduteuil was sick. Shipman said he wanted to volunteer to sit by the bedsides of other people dying of AIDS. He wanted to hold their hands and

wipe their foreheads with cool towels, like the volunteers did for D'Aduteuil.

But it is too soon. Instead, he has taken on small chores around the support group's headquarters. He cleans the kitchen, waters the plants and helps AIDS clients with their laundry.

"It's about all I can manage right now. I do what I can because I'm still unavailable emotionally," he said. "The grief is still pretty strong because Phillip and I always thought we would sit on our front porch and grow old together."

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KEEP THE LOVE ALIVE



Preserving the memories

by Suzanne Horoschak

Friends, relatives and lovers gathered in front of Town Hall on a rainy Sunday evening recently to memorialize those who have died of AIDS in the past year. Provincetown was one of 220 locations around the world to observe the 7th Annual AIDS Candlelight Vigil.

Holding umbrellas and lighted candles, about 100 people huddled in small groups, warding off the cold and sharing warmth.

Irene Rabinowitz, a client advocate with the Provincetown AIDS Support Group (PASG), opened Sunday's vigil, asking the crowd to "make a commitment to our relatives and friends who have AIDS. Tonight is not only about grief. It is also about hope." She quoted statistics gathered by the San Francisco AIDS Foundation. "Every six minutes, someone in this country is diagnosed with AIDS. There is an AIDS death every eleven minutes."

Philippe D'Auteuil, president of the PASG, briefly addressed the crowd, reiterating, he said, his words of last year's vigil. "Along with our grief and hope, there must be anger, too." The crowd was silent as he gestured toward their candles. "Candles used to mean romantic dinners and birthdays. Now they represent our fallen brothers and sisters."

D'Auteuil began the reading of names of people who have recently died of AIDS. Many names were read, mostly those of close friends and relatives, and some well-known people,

such as Keith Haring, Michael Bennett and Robert Mapplethorpe were also included.

Hearing the names of loved ones was an emotional memorial for some people in the crowd who were visibly shaken. There were tears, and many friends hugged each other for comfort. After the formal reading of names, people called out names to Rabinowitz, who repeated them over the microphone.

After the vigil, Rabinowitz said, "Even though we are mourning, this vigil can be seen as a call to action to remind people the epidemic is not over. There is a lot people can do—politically and socially. The public should keep an eye out for information regarding fund-raising activities. We need volunteers to drive, do errands and provide home care. Politically, people can encourage the government to pay attention to the AIDS crisis and ask them to provide more money for AIDS research and care, locally and globally."

The definition of a vigil is a period of alert watchfulness during normal sleeping hours. The AIDS crisis keeps many in Provincetown alert and angry. D'Auteuil said of his appeal to the public, "I just want people to feel anger. They can use that anger however they need to, by writing about it, by picketing or by civil disobedience."

The tone of Sunday's vigil was somber, yet there was a celebration of love evident in the reading of names and in the sharing of grief. "I hope we don't have to be here next year," said Rabinowitz, "but I think we will be—and the year after that, too. Let's try to stick together and fight this." □

AIDS Support

Continued from preceding page

ment of Public Health grant... for extended home care for PWAs to keep them at home rather than be in the hospital," said Foley.

"It's a double-edged sword, down here. If you're in the hospital [in Boston] you're really isolated and alone because most of your friends can't get up there to visit," she said. "So we do major home care work here. We have three clients who have been with us over four years who have never spent a night in the hospital."

"People should always be in their homes," said Rabinowitz. "We've saved millions of dollars in hospital costs."

"Yeah, absolutely, without any question," agreed Foley. "We do hospice level care at home with volunteers around the clock. It's a very very impressive program. It's sort of hard to describe it, but I am very impressed with the people that we have that volunteer with us, year round, day in and day out, with their own full time jobs."

A cheer for the volunteers

Foley also commended the volunteer drivers.

"You get someone in the van that needs a transfusion and that's a three to six hour wait. We've had people driving home at one o'clock in the morning," she said, adding, "We would never do what we do without the volunteer staff."

The staff of 60 volunteers is mainly

made up of Cape residents that represent a "cross section of the community," said Rabinowitz.

Although the Support Group relies heavily on its volunteer staff, it also needs to raise funds. And like most AIDS service organizations, they are feeling the pinch from the recession and competition with other groups.

"That's one of our problems down here. We need every cent that we can get through fundraisers and when outside agencies come into town and have fundraisers, it really is devastating to us," said Foley. "Almost always they pick a month like August—which is a high level tourist month—to do a fundraiser and we don't see a nickel of that money."

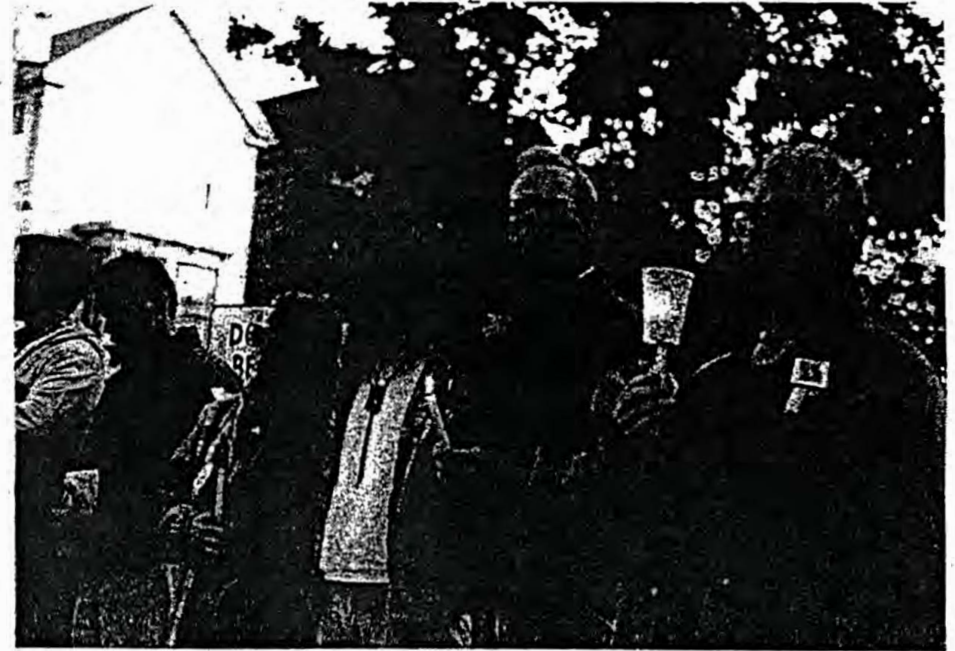
"We have no paid fundraiser, so we really go by the seat of our pants," she said.

For example, their two paid advocates, Rabinowitz and Bill Furdon, are both paid out of a single grant from a single grant from the Department of Public Health.

"We have one grant from the state to fund an advocacy position and we split that in two and have two advocates. They don't make a lot of money," commented Foley. "Last year we had a fundraiser every month... which is a lot of work. Again, we'd be lost without the volunteer staff that does all that stuff."

At least two fundraisers are planned for this summer, including the Debutante's Ball at the Boatslip, June 15.

"In August, if AAC is thinking of having a benefit down here, we assume that we will be co-beneficiary of that



Focusing in. More participants in the May 19 candlelight vigil at the P'town Town Hall. Photo: Cornelia Walsh

benefit," noted Foley. "I know... they would be very happy to share that benefit with us."

But the event with the most draw and which raises the most money is the auction Labor Day weekend.

"That's a major event now. We've had to move it twice it's attracted so many people," Foley said, who added that the event raises as much as \$60,000 for the group.

"We have incredible things," she said of the auction. "We have all sorts of

pieces of art, furniture, trips, dinners, jewelry, and clothing. Last year we had Malcolm Forbes' humidor. We always have something unique like that."

A Chevy 'chase'

Two years ago they auctioned off U.S. Rep. Gerry Studds' well-known Chevy, said Foley.

In addition to their work with PWAs, the Support Group has been at the center

continued on next page

P'town AIDS Support

Continued from page preceding page

of a widespread education program targeting schools, health care professionals, and community groups. They provided training for volunteers at other organizations, including the recently formed AIDS Alliance of Martha's Vineyard and the Nantucket AIDS Network.

The Support Group also offers a Volunteer Council, much like the AIDS ACTION Committee's Buddies program, which matches volunteers with people with AIDS.

Foley described the relationship between the clients and the volunteers as "family-like."

"And that's why we have a lot of different pain when we deal with the clients," she said. "We have our own 12 foot by 12 foot panel on the [NAMES Project] Quilt, and it's really like a family piece in the quilt. And we made the border big enough, unfortunately, to add names to it. When I look at it, I see that I have had hands-on contact with everyone of the persons on that quilt."

Foley credits the community with the success of the organization.

"The people in the community are extremely generous and very very supportive and we're very very fortunate in that respect," she said. "And that's people in the community, not just the gay community. We would not be where we are without the entire community."

"We have a marvelous rescue squad down here and we have Outer Cape Health Services, which is a local clinic. We're just really fortunate and we've really worked hard to keep everything well-integrated and coordinated. We have an extremely good program."

She concluded, "If this thing has to be, then I think we're wonderful. And as soon as it's over I'd like to see us disband." ▼

To contact the Provincetown AIDS Support Group, which offers two drop-in groups weekly—for HIV+ and for PWAs/PWARCs, respectively—at 96-98 Bradford St., in Provincetown, call 487-9445.

Nurse at forefront of battle vs. AIDS

Committee calls Foley 'inspiration'

By HAMILTON KAHN
STAFF WRITER

PROVINCETOWN — Alice Foley says she came to Provincetown 20 years ago because she was "burnt out on nursing."

But she instead found her life's calling not only as a nurse, but also as a warrior on the front lines in the war against AIDS.

Because of her ongoing efforts, Ms. Foley will receive an award from the AIDS Action Committee of Massachusetts Inc., New England's largest AIDS service and education organization. Ms. Foley and 13 other recipients will be honored at a banquet Feb. 1 at the Westin Hotel in Boston.

The award recipients "give us all cause for hope," said Larry Kessler, executive director of the AIDS Action Committee, in a press release. "Their selfless dedication to other human beings should serve as an inspiration to all of society."

Originally from Cambridge, Ms. Foley says she was "burnt out on nursing" when she quit and drove a cab in Boston for a year before coming to Provincetown in 1971 to work as a bartender.

But she soon found her skills as a trained psychiatric nurse in demand at the town's former Drop-In Center, and today she is Provincetown public health director, although she prefers the title "town nurse."

She is also leader of the state's oldest AIDS-service organization, the Provincetown AIDS Support Group, which she co-founded in 1982 with the late Preston Babbitt.

The organization currently provides a wide range of services to HIV and AIDS patients, including

transportation to medical facilities on- and off-Cape, meal delivery to house-bound patients, and AIDS education projects in Cape schools.

"I've been in nursing 43 years now," Ms. Foley says. "I'll be 60 years old my next birthday, in May. And I have had what I think is a remarkable career in nursing. I've done a lot of things . . . but this (AIDS) nursing is very, very challenging. And very exciting, because it is new."

On the other hand, she's seen a lot of clients die, while the number of people seeking her services has increased dramatically. Three years ago, the support group had 15 clients; now there are 96.

"It's not discouraging," she says. "It's terribly, terribly sad. Then I read in The New York Times that President Bush says, 'Gee, I wish someone could tell us what more we could do.' What, are you kidding me?"

She works hard at keeping up with the most current medical information on HIV and AIDS, largely to dispel rumors about miracle cures. Just last week, the support group flew in Dr. Timothy Cooley and nurse Nancy Reinhalter to talk about a new anti-viral drug, Compound 3TC, being tested on HIV patients at Boston City Hospital.

With pride, Ms. Foley says her visitors seemed impressed with the questions they got from what she calls "our very sophisticated group of clients."

She also has praise for the support group's three-person staff, and the two others who work with her at the town nurses' office.

"I look good because of the staff I work with," she says, noting that her strong personality can some-



Staff Photo by HAMILTON KAHN

■ Alice Foley will receive an award from the AIDS Action Committee of Massachusetts Inc.

times cause friction. "I know I'm not the favorite person of a lot of people."

Support group case manager Irene Rabinowitz, a Provincetown selectman, says that Ms. Foley has provided strong leadership by emphasizing the need to provide people in a rural outpost with access to preventative health care.

"She's given encouragement to people with AIDS — they're not here to die, they're living with an illness, and preventative medical care can prolong their lives," Ms. Rabinowitz says. "She's always fought for that."

As the threat of AIDS grows along with public awareness, Ms.

Foley says she's disturbed by what she sees as the continued social stigmatization of gay men with AIDS — perhaps best symbolized by the applause given to Magic Johnson when he proclaimed on the "Arsenio Hall Show" that he is not homosexual.

For even though the disease has spread throughout all segments of the global population, on Cape Cod the great majority of HIV and AIDS patients are gay men, she says.

"We do deal with homosexuals," she says. "I don't make any apologies for that. We serve all of Barnstable County. We would never refuse services to anyone."

Cape Cod Times 12/27/91

Cape Cod Times 12/6/91

AIDS patients benefit from hospital grant

By VANESSA PARKS
STAFF WRITER

HYANNIS — Outer Cape Health Services and the Provincetown AIDS Support Group will each receive about \$10,000 from New England Deaconess Hospital in Boston as part of \$200,000 in funding for community projects announced by the hospital yesterday.

The Provincetown AIDS Support Group will use the money for its transportation service to Boston hospitals, according to Bob Thomas, a registered nurse with the Pro-

vincetown Town Nurse's office.

Every day, one of two vans owned by the support group takes people with AIDS to appointments at New England Deaconess, Boston City Hospital, Beth Israel Hospital, Massachusetts General Hospital, the Fenway Community Health Center and others, Thomas said.

At Outer Cape Health Services, which has clinics in Wellfleet and Provincetown, the money will be used to increase the hours of a "coordinator of HIV care," according to Amy Marino, internal com-

munications coordinator at New England Deaconess.

No one from Outer Cape Health Services was available for comment yesterday.

Other agencies that received money from the hospital yesterday are Brockton Area Multi-Services Inc., Greater New Bedford Community Health Center, the VNA of Pioneer Valley in Springfield, and Women Inc. in Dorchester.

Last December, in exchange for approving a \$100 million expansion project at New England Deaconess, the state Public Health

Council ordered the hospital to provide assistance to various clinics and programs across the state.

It was the first time the state had required this sort of "community linkage," a decision that was prompted by the lack of sufficient prenatal care for people living in the inner city, just blocks from several of the country's major teaching hospitals.

However, New England Deaconess Hospital does not provide obstetric care. Instead, "we looked at what we do best," and decided to focus on AIDS patients and elderly

people, Ms. Marino said.

As part of the agreement, the hospital is providing services and cash worth a total of \$520,000 annually for five years to various agencies across the state. On the Cape, New England Deaconess agreed to send medical staff to Outer Cape Health services monthly to monitor patients under the joint care of the hospital and the health center; to include Outer Cape staff in education programs on AIDS; to accept referrals from the clinic without regard to a patient's ability to pay; and more.

Provincetown Receives Briefing On A New Drug To Fight AIDS

By **Laura J. MacKay**
Bureau Chief

HIV-positive Cape residents may participate in the testing of a new experimental AIDS-combatting drug.

Several people expressed interest in enrolling in studies of the anti-viral drug 3TC after meeting in Provincetown Thursday with a Boston City Hospital doctor, according to Alice Foley, executive director of the Provincetown AIDS Support Group (PASG).

"I think it was very helpful for people to know that there's something else out on the horizon," Miss Foley said Sunday.

PASG flew Dr. Timothy Cooley to Provincetown in an effort to keep the organization and its clients up to date on the latest developments in HIV treatment.

Rumors begin to fly when people get wind of new drugs, Miss Foley said, so the AIDS service organization likes to get the facts from people in the know — in this case, Boston City's principal investigator of 3TC.

"They weren't recruiting so much as I was reaching out," Miss Foley said. "It's really important for everyone to have the information so they can make choices."

And, 10 years into the AIDS epidemic, the PASG has many long-time clients who have experienced other available treatments and may be ready to try something new.

As Miss Foley put it, "Whatever works."

According to a fact sheet distributed by Dr. Cooley on Thursday, 3TC interferes with the ability of the AIDS virus to duplicate its genetic material. In laboratory tests, the drug appears to be equally effective but

safer than other, similar drugs. It also appears to affect strains of the HIV virus resistant to AZT.

Getting hold of anything that might work has always been a part of the PASG's job.

"We've been involved in almost every study that's ever gone on," Miss Foley said, including studies of AZT, DDI (approved by the Food and Drug Administration just recently) and the still-experimental Peptide T.

"For our geographic isolation, I'd say we do remarkably well staying on top of everything that's out there," Miss Foley said.

The PASG's medically sophisticated clients have as much to do with that fact as the organization itself, she added.

The drug 3TC is entering its third phase of testing, which will study the effects of different dosage levels. Participating Cape residents initially would have to travel to Boston weekly, but as the study progresses the hospital visits will be reduced to once a month.

Testing of the drug on humans began only last spring, in Holland. Scheduled test sites for the one-to-two year phase III study are Boston; Washington, D.C.; Vancouver, Canada; Paris, France; London, England; and Amsterdam, Holland. Patients will include the entire range of HIV infection, from asymptomatic HIV-positive people to those with advanced AIDS.

Since the drug's development is in its very early stages, it is not possible to predict when 3TC might be available on the market, Dr. Cooley notes.

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AIDS caseload rises, funds needed

By Loren King

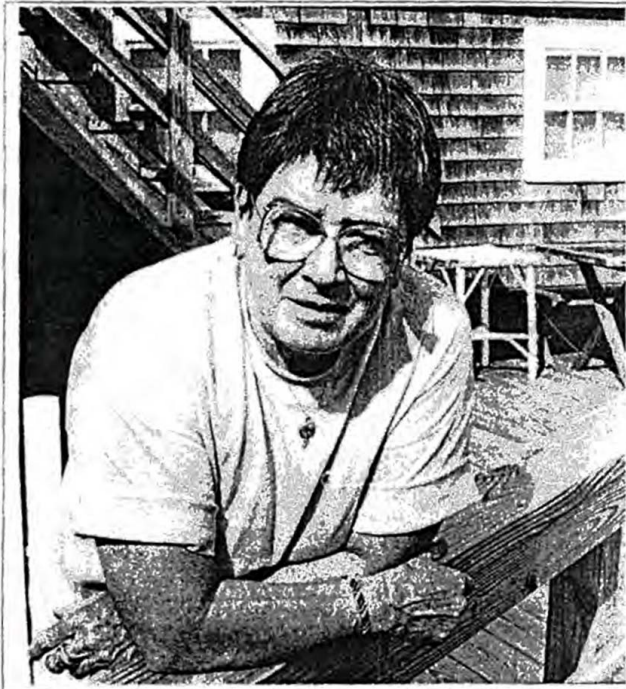
Like most non-profit, social service organizations feeling the financial crunch in this recession economy, the Provincetown AIDS Support Group is struggling to provide services for more clients than ever, while funding is becoming harder and harder to acquire.

The support group's caseload has more than doubled over the past year, said Alice Foley, co-founder and executive director. Last year, the PASG had 42 clients. This year, the figure is 92 with the group averaging two to three intakes a week. That figure does not include those infected with HIV but not asymptomatic, she said. In addition, the PASG is seeing more people across the spectrum for HIV infection, from asymptomatic to advanced stages of the disease, said Foley.

For the last three years, the PASG has been level-funded with a grant from the state Department of Public Health. This is supplemented by large and small fundraisers throughout the year so that the group can continue to provide education, referrals, services and support to clients with HIV and AIDS.

"We have been fortunate because of people's generosity," said Foley. "But everyone is feeling the recession. Many of the cuts are hurting a lot of people."

The largest fundraiser for the past four years has been an auction for the benefit of the PASG. Last year, the auction, which has become an much-awaited event for art and antique collectors and an enjoyable social evening as well, raised about \$60,000 for the PASG, said Michael Baranowski, fundraising chairman on the board of directors. Most of that money goes to reimburse clients for expensive treatments and services not



Alice Foley, founder of AIDS support group

Advocate photo by Loren King

covered by insurance.

Baranowski said the group restricts this reimbursement to clients who have established a one-year residency in Provincetown. Even with that, last year's funds were "just enough to see the program through a 12-month period," he

said. "With our rising case load, even \$60,000 may not be enough. What happens to clients if we fall short?"

As Baranowski made the rounds of local businesses soliciting contributions for the auction, he understood the strain placed on businesses that are asked to

contribute to many fundraisers over the short summer season, he said. "Everybody's need is great," he acknowledged. "But ours can literally mean the difference between life and death."

Baranowski said it is difficult to keep reminding people of that. Complacency among the public is common to all AIDS service organizations, he said. Here in Provincetown, where the PASG has "been around as long as the disease," some take the services for granted. In addition, there is a "danger of people focusing their anger, frustration and loss back on the organizations" that administer care to those battling the disease.

Foley agrees that despite the fact that the numbers are rising and the need for services is expanding, "people get lulled into a false sense of complacency," she said. "They are not paying attention. People still assume this is a disease of the disenfranchised - gay men and IV drug users. It is frustrating."

Foley pointed to statistics that show over 2,000 U.S. teens between 13 and 17 years old infected with HIV, making teenagers the highest risk group, she said.

Baranowski said there is a difference here in Provincetown that makes it easier to ask people for financial support. Larger AIDS organizations administer levels of service so broad that donors may feel a small contribution accomplishes little. But in Provincetown, "I can tell you how each dollar is spent," Baranowski said. "We provide direct client services. That is our strength."

For example, a recent small fundraiser that netted \$5,000 for the PASG replaced an engine in the van that shuttles clients back and forth to Boston every day for treatment. "Those are the kinds

Continued to page 29

AIDS caseload rises, funds needed

Continued from page 15

of things we can point to when faced with initial complacency," Baranowski said. "There is a direct way of impacting this illness through donations."

As the need for AIDS programs and services grows Cape-wide, the PASG has also expanded its mission to all of Barnstable County, said Foley. Since the PASG has the longevity and experience in administering these programs, it has now tried to bring other agencies, such as the Cape Cod AIDS Council, "up to speed" so they can better serve the rest of Barnstable County, Foley said.

The PASG is sustained largely by a dedicated group of 80 volunteers who take on tasks like driving the shuttle van to Boston or sitting with clients in their homes for two to 10 hours a day, said Foley. "I never get over the dedication of the volunteers. They are incredible," she said.

Other services the PASG provides for its clients include a laundry service for physically-challenged clients, prescrip-

tions runs to Orloans, and arranging for home care including equipment such as hospital beds. Nothing comes cheap, said Foley, but the group will pay for the "simple things out of the Medicaid loop," like a device on a hospital bed that allows it to be raised. Medicaid will cover the bed, but not the raising device. That cost \$25 extra, Foley said, and the PASG puts up the money.

Future programs in the planning stages include a "meals on wheels" program for physically-challenged clients or those too ill to leave their homes and a system for serving congregate meals in the new space at the PASG offices, said Foley. When planning programs, Foley's thought process is simple. "I think, if I felt lousy what would I want? But it takes time, effort and money."

The Fifth Annual PASG Auction is one of the key events to raising that money. As with all previous years, the auction will showcase fine art and antiques geared to the collector, as well as jewelry, gifts, dinners, trips and services.

There will be many unusual surprise items, such as a gold lame high top sneaker signed by the Go Go's, a pair of Cher's high heels, a motorcycle, a 1975 restored Volvo and a two-store white birdhouse built by Jim Manning, said Pasquale Natale, auction chairman.

Artists represented at the auction will include Hilda Neely, Lois Griffel, Nancy Wharf, James Hansen, John DiMestico, Mary Hackett and Donna Flax.

Added attractions at this year's auction include food, a fashion show, and one of the best people-watching opportunities of the summer season. The auction takes place Saturday, August 31, at 7 p.m. at the Unitarian-Universalist Meeting House, 236 Commercial St. in Provincetown. Registration begins at 6 p.m. Items can be previewed August 30 from 3 p.m. to 11 p.m. and again on August 31 from 10 a.m. to 3 p.m. In addition, a silent auction will be held on August 30 from noon to 10 p.m. at the PASG offices at 96-98 Bradford St. in Provincetown.

Achievements

SUNDAY CAPE COD TIMES, FEBRUARY 10, 1991

P'town man wins 'unsung hero' award

Pasquale Natale of Provincetown, a member of two local AIDS support agencies, was presented with a recognition award last weekend by the AIDS Action Committee of Massachusetts.

Natale was one of 14 "unsung heroes" to receive the annual recognition award at a ceremony last Saturday in Boston, committee spokesman Tom McNaught said.

A volunteer and client with the Provincetown AIDS Support Group, he is also a member of the Provincetown Positive PWA Coalition and has worked toward making alternative therapy methods available to those with AIDS in Provincetown.

Recipients were chosen by the committee's board of directors based on recommendations from a group made up of the committee's volunteers, clients, staff and board members, McNaught said.

As part of the award ceremony, Natale and the other award recipients were introduced with a short slide show highlighting their lives.

HOW DO I LOVE THEE? LET ME COUNT THE WAYS. LOVE IS THE BEGINNING AND LOVE IS THE END. LOVE BEING YOURSELF. LOVE THINE ENEMIES. MAKING LOVE. LOVE IS NOT RISK FREE AND CARRIES WITH IT NO GUARANTEES. LOVE IS A UNIVERSAL LANGUAGE. ROMEO AND JULIET. LOVE IS KNOWING WHEN TO SAY I'M SORRY. LOVE GRANTS IN A MOMENT WHAT TOIL CAN HARDLY ACHIEVE IN AN AGE—GOETHE. LOVE TRANSFORMS. TOLERANCE, CHARITY, COMPASSION. LOVE IS NOT LOVE THAT ALTERS WHEN IT ALTERATION FINDS—SHAKESPEARE. LOVE SAFELY, CAREFULLY, UNCONDITIONALLY. ANTHONY AND CLEOPATRA. DOESN'T KEEP SCORE. LOVE LISTENS. LOVE NEEDS PROTECTION. HUGS, LONG WALKS, LONG TALKS, GAZES. LOVE THY NEIGHBOR AS THYSELF. GRANDMA'S CHOCOLATE CHIP COOKIES AND GRANDMA'S HANDS. SAMSON AND DELILAH. LOVE TRANSCENDS DIFFERENCES. LOVE DEFEATS DISTANCE. LOVE. AMOR, KARLEK, LIEBE, L'AMOUR: A ROSE BY ANY OTHER NAME WOULD BE AS SWEET. OTHELLO AND DESDEMONA. LOVE SURPRISES. LOVE FREES THE SPIRIT. LOVE IS NOT LOVE TIL YOU GIVE IT AWAY. NINA (AGE 5): SOMEBODY GETTING MARRIED, A BOYFRIEND AND GIRLFRIEND, DEER AND BUNNIES, CATS AND PUPPIES. PORGY AND BESS. LOVE MAKES THE WORLD GO ROUND. LOVE CARRIES YOU THROUGH THE HARD TIMES. GRANDPARENTS HAVE IT, FRIENDS SHARE IT, KIDS NEED IT. LOVE YOUR BODY, LOVE MY BODY. LOVE HAS NO CHAINS AND LAUGHS AT LOCKSMITHS. A CELEBRATION. GAZING AT THE STARS ON A MOON-LIT NIGHT. IF YOU LOVE SOMETHING, SET IT FREE. IF IT COMES BACK, IT'S YOURS; IF IT DOESN'T, IT NEVER WAS.—CAMUS. A BOND, BUT NOT BONDAGE. DAVID AND BATHSHEBA. EROS. TAKES TIME. C.S. LEWIS: SPIRITUAL LOVE, SEXUAL LOVE, AFFECTION, FRIENDSHIP. LOVE FLEES THOSE WHO SEEK TO BUY IT, BUT ALIGHTS ON THOSE WHO TREASURE ITS WORTH. LOVE IS FOR YOU. FRANKIE AND JOHNNY. PASSOVER SEDER, LIGHTS OF HANUKKAH, CHURCH COMMUNITY. MEN OF LOVE: MOHAMMED, MOSES, JESUS, BUDDAH, GHANDI, MARTIN LUTHER KING, JR., BISHOP TUTU. LOVE CONQUERS ALL. A WARMTH THAT CAN CHANGE TEARS INTO LAUGHTER. TOUGH LOVE. LOVE IS GIVING. WOMEN OF LOVE: JOAN OF ARC, MARY, ESTHER, SISTER THERESA, VENUS. "LOVE SUFFERS LONG AND IS KIND; LOVE DOES NOT ENVY; LOVE DOES NOT PARADE ITSELF, DOES NOT BEHAVE RUDELY, DOES NOT SEEK ITS OWN, IS NOT PROVOKED, THINKS NO EVIL." LANCELOT AND GUENEVERE. LOVE IS WHAT YOU DO NOT WHAT YOU SAY. LOVE IS WHAT WE KEEP BY GIVING, BY THIS SHALL THEY KNOW YOU THAT YOU LOVE ONE ANOTHER.

"I'D DO A LOT FOR LOVE BUT I'M NOT READY TO DIE FOR IT."

...Says a television commercial ad that many of you have seen in the past few months.

Love is so miraculous and complex; but love is not risk free and it carries with it no guarantees. Making love or sexual intercourse is a way in which people can feel very close to one another. But making love can produce pain, hurt feelings, unplanned pregnancies and a number of infections just as surely as it can produce a great deal of pleasure. The following contract, which might be considered a pledge or promise to oneself, is designed to help people answer this question: "How can I personally lead my life so that my sexual relationship with another individual (or other individuals throughout my lifetime) does not have unfortunate life-long consequences for me?"

A Personal Agreement For

A Safer and Healthier Sexual Life

Because we know that sexual intercourse and other forms of sexual intimacy are both pleasurable and difficult to discuss we have designed this agreement as a springboard for discussion and to provide facts you may find helpful. Careful consideration of this topic is essential because the sexual choices you make today can have life-long consequences. You do not need to sign this agreement. You may want to think it over yourself, discuss it with another person, sign it yourself, or sign it with another person. It is up to you.

Consequences of Intimate Sexual Contact May Include:

•**AIDS or Acquired Immunodeficiency Syndrome:** AIDS is caused by a virus which makes people unable to fight off infection and makes them susceptible to several types of cancer. 1.0 to 1.5 million individuals, both male and female, have been infected and are now capable of transmitting this virus. AIDS adds an entirely new dimension to sexual intercourse. Virtually all AIDS patients die of this disease. One act of intercourse can now cause a person's death.

•**Pregnancy:** In the United States, over 50% of all pregnancies and close to 90% of pregnancies in unmarried teenagers are unintended. Unfortunately unintended pregnancies are a major reason for young women terminating their education.

•**Herpes:** Genital herpes is caused by two types of herpes simplex virus, which may be controlled but not cured. 200,000 new infections and up to 20 million recurrences of herpes occur annually. While the first episode of herpes tends to be the worst, recurrences may be quite painful. Acyclovir, which is used to treat herpes, costs \$50 to \$100 a month.

•**Chlamydia:** The most common sexually transmitted disease, chlamydia trachomatis is a bacteria which causes cervicitis, chronic vaginal discharge, pelvic inflammatory disease, and sometimes infertility in women; it causes penile discharge, urethritis, and pain on urination in men. From 10-25% of college and university women test positive for this potentially serious infection.

Agreement

Your three options for a Safer and Healthier Sexual Life...
Choose the option which will protect you the best:

1 **Abstinence will be the easiest and safest protection against both pregnancy and sexually transmitted infections for some individuals. For many individuals, abstinence fits best into a person's beliefs about what is right or wrong for that individual to do. A number of other ways of being sexually intimate remain available to the person choosing abstinence.**

Name(s) _____ Date _____

2 **Absolute monogamy between partners is safe for those who engage in sexual intimacy, or plan to, assuming that neither is currently infected with the AIDS virus. For some individuals it may be important to be tested for infection prior to engaging in intimate sexual contact. Neither individual can have intercourse outside of this relationship if monogamy is to protect the two individuals from being infected.**

Name(s) _____ Date _____

3 **Consistent use of condoms is the best form of protection for individuals having intercourse outside of a dually monogamous relationship or for couples beginning a new monogamous relationship. Condoms may be used with or without another contraceptive such as birth control pills. Latex condoms are better than natural membrane or "skin" condoms for protection against infections. Condoms may break and are not 100% effective at preventing pregnancy or spreading infection. Spermicides (in foam, suppositories, creams, sponges, and film) may be used with condoms to decrease the risk of both unplanned pregnancy and infection.**

Name(s) _____ Date _____

For Everyone—If I become involved in an intimate sexual relationship, in order to protect and take care of myself, I resolve to have the courage to ask that person about his or her past sexual history. I will also act responsibly and will disclose anything in my own history which may place him or her at risk.

Name(s) _____ Date _____

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Single copies of the Love Poster/Agreement can be obtained by sending \$3.00 (includes postage and handling) to Printed Matter, Inc., P.O. Box 15246, Atlanta, GA 30333. 100 copies/\$25.00 (includes postage and handling).



'Night at the Chef's Table' —COOKBOOK—

*Spectacular recipes, menus and more
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160 pages of recipes from 35 of Cape Cod's finest restaurants,
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YES!

Please send me _____ copies of the NIGHT AT THE CHEF'S TABLE COOKBOOK at \$14.95 each

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CITY _____ STATE _____ ZIP _____

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Form of payment: CASH CHECK CREDIT CARD — Charge my credit card: AMEX MC VISA

Number: _____ Exp. Date: _____

Signature: _____

SHIPPING (check one)

- Please send my book(s) first class mail add 2.50 per book
- Please send my book(s) book rate \$1.25 per book
- Do not mail my book(s)—I will pick them up at the PASG office, Bradford Street, Provincetown, MA

TOTAL ENCLOSED:

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Please make checks payable to the Provincetown AIDS Support Group and mail to P. O. Box 1522, Provincetown, MA 02657

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JUNE/JULY 1993

VOLUME 2 ISSUE 3

CAPE COD'S NIGHT AT THE CHEF'S TABLE



SAVE THE DATE

Thursday June 3, 1993

This years gourmet feast will feature over 40 fine cape resturants.

Benefitting the clients of the P.A.S.G and the Cape AIDS Council,

Special Information for all HIV+ clients and readers:

When anyone has significant symptoms to designate an AIDS diagnosis, they are eligible for disability (SSDI)/ Social Security Insurance (SSI) and Medicaid (State). After two years Medicare (Federal) kicks in - Medicare pays 80% of costs and no prescriptions, but you maintain your Medicaid status which picks up the remaining 20% of costs and prescriptions.

Presently in Massachusetts, the Medicaid Department has been attempting to put Managed Care in place. This program in reality is Managed Cost and Managed Access (access to specialists, i.e. Infectious Disease Specialists).

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The PASG staff and Tim McNulty at the Lobster Pot Chef's Table 1992

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