

FOIA MARKER

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Collection/Record Group: Clinton Presidential Records

Subgroup/Office of Origin: National AIDS Policy Office

Series/Staff Member: Kristine Gebbie

Subseries:

OA/ID Number: 8299

FolderID:

Folder Title:

[AIDS Constituent Package]

Stack:

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This could be
given to school
boards.

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①
To Everyone Who Cares About Our Young People:

What you are about to read and see in this package deals with REALITY.

According to statistics provided by the Center for Disease Control, the average age for a girl in the United States to have sexual intercourse for the first time is 16.2. The average age for a boy is 15.5.

What does this statistic mean to us as parents, educators, counselors and friends of our young people? It means that for the sake of our youth, IT IS IMPERATIVE THAT WE COME OUT OF DENIAL. Like it or not, our children, students and friends are sexually active.

Why is it so essential that we come out of our denial? Here is an even HARSHER REALITY. Again, according to the CDC, every year in our country, there are 1.5 million new cases of gonorrhea, 500,000 new cases of genital herpes, 110,000 new cases of syphilis, 4 million new cases of urethritis and chlamydia, 1 million new cases of genital warts and 1 million new cases of nonspecific, pelvic inflammatory conditions that result in over 100,000 cases of sterility every year.

This reality means there are 8 million and 110 thousand new cases of sexually-transmitted diseases every year in the United States, not including the biggest destroyer of all--the AIDS virus. And this figure only includes the major sexually-transmitted disease but not all other STD's that exist.

Four million of our young people are contracting these diseases every year and that figure does not even include

those teenagers contracting the deadliest virus of all, the AIDS virus. Real? You can't get any more real than that.

Besides the risk for disease, our teenagers face the problem of unwanted pregnancy. Thousands of teens give birth every year when they are neither emotionally nor financially prepared to care for a child--mere children themselves begetting children and losing all of childhood in the process.

Once we have come out of denial and are ready to face these facts, you may ask, what can we as adults do now to help our youth turn their sexual activity into sexual maturity and responsibility?

"The answer to this is contained in the package, which we are about to place in the palm of your hand. It could be the "Genie in the bottle" that captures the attention of our young people, granting three wishes you and I have for all of them: Health, Happiness, and Success. Whatever educational results we attain through class participation, stops, when the lesson ends. Young people need constant reinforcement to resist peer pressure. Allowing them to, literally, ignite and carry around the Condom Communication Capsule™ will create a striking visual image, keyed to reinforce the mental discipline and commitment to resist unsafe sex. The convenience of the package, coupled with the images and messages presented could be the magic elixir that brings to our youth, light where there has been darkness, reason where there has been denial, and life-saving education where there has been ignorance. We choose to call this enlightenment, igniting the LIGHT OF REASON within our young children, friends, and older students."

Of course, there is only one way in which a young person can be 100% safe from AIDS, STD's or pregnancy and that is SEXUAL ABSTINENCE. However, this package deals with the real facts about the prevalence of sexual activity among our youth and as you can clearly see from reading the above statistics,

sexual abstinence for most of our youth is not a realistic option.

So, with the facts in mind, the next best means to insuring safer sex for our young people is their use of CONDOMS WITH SPERMICIDE EACH AND EVERY TIME THEY ENGAGE IN SEXUAL ACTIVITY.

WE WANT TO MAKE IT PERFECTLY CLEAR THAT BY DISTRIBUTING THIS PACKAGE, WE ARE NOT, BY ANY MEANS, ENCOURAGING SEXUAL INTERCOURSE. We are, however, encouraging and supporting that when and if sexual intercourse takes place, that it be as safe and protected an encounter as it can possibly be. We want to have our young people deal with reality before it is too late and reality ends up dealing with them.

Please, after you read this, open up your ears, your mouth, your mind and your heart. Please, sit down with your child, your student, your friend and take time to look over this package carefully.

Then, after you have looked through the package--listen, talk and learn--learn about each other and from each other.

Then before you get up and leave, take one last look at the young person sitting across from you. Remember when he or she was a child and you warned them about looking both ways before crossing the street. Remember all the lessons you as his or her teacher and mentor taught to this student. Remember a special moment that you as a friend shared with this person--a moment only the two of you could fully appreciate and comprehend.

Well, now is the time again for you to warn, to protect, to teach and to share. In fact, now is the most important time of all, for without this time, there may be no other time.

How To Be On An "Honor" Roll

As Jocelyn Elders, U.S. Surgeon General Designate noted recently, "Our adolescents are swimming in oceans of drugs, alcohol, suicide and AIDS."*

Our young people are swimming in these oceans and, as it has become all too frighteningly clear to us, are drowning also.

Whose responsibility is it to throw each young girl and boy a life preserver?

Randy White, a teacher in an inner city high school, believes that "if schools can't take it on, kids are going to learn it on the streets and get it wrong."**

Eighty-eight percent of Americans surveyed by Parade Magazine also feel that schools should teach sex education. Fifty-seven percent of the same group surveyed say schools should make condoms available to students to stop the spread of AIDS.**

So, our country is not only becoming aware of these grave problems, but also beginning to realize that we must attack these problems on every front: individual, familial, educational and governmental.

But now, comes the hardest question of all to answer. How do you throw a life preserver to someone who insists they are not drowning? How do you convince a young boy or girl who

* Pittsburgh Post Gazette, Ackerman.

** Parade Magazine, "What's Wrong With Our Schools?" May 1993.

thinks he or she is treading water just fine that the shark of unwanted pregnancy, AIDS, STD's and scores of other deadly problems are about to swallow them up alive? How can you persuade them to grab the preserver and lift themselves up onto the boat of safety and self-esteem?

Do you wait until they can feel the jagged edges of the shark's teeth on their flesh or do you tell them that there is a big party going on ashore?

Do you know what it takes for any human being, young or old, to change from one behavior to another?

The new behavior has to be more enticing, more exciting and more exhilarating than the old behavior. It has to have incentives and, most importantly, rewards along the way--rewards that everyone will envy, everyone will want, but only those who truly care about themselves and about others will be able to attain. In other words, the life preserver must be especially buoyant and the trip ashore must be particularly smooth and yet, fascinating.

The enclosed Safety Zone Program is the life preserver while the "Barry's Badge of Honor" and "Barry's Buddies" are the boat that will carry all of our young people safely ashore.

The entire program and lesson plans are expressly designed to not only create awareness in those youths ages 13-22 concerning the problems facing them in today's world, but also to teach them how they can prevent these problems from ruining their lives. "The essence of the program is designed to give young people, the chance to change the way they look at themselves, and the perception they have, of the world they live in."

But the self-esteem required of each girl and boy to fight these problems does not fall from the sky and hit them on the head. Self-esteem must also be nurtured and created within an individual and therein, lies the unique beauty of this program.

By a student's doing volunteer community service for forty hours on any one of the following subjects:

- | | |
|----------------------|------------------------|
| 1. AIDS | 6. DUI |
| 2. Child Abuse | 7. Drug Abuse |
| 3. Date Rape | 8. STD's |
| 4. Discrimination | 9. Street Violence |
| 5. Domestic Violence | 10. Unwanted Pregnancy |

he or she will be first and foremost receiving and achieving the greatest intrinsic reward of all: self-worth.

The student will also receive as a "trophy" of his or her community service, a screen printed puffed colored T-shirt as well as a satisfactory evaluation or test score from their school work. The "Total Self-Confidence" course is mandatory for a grade. Friends may do their volunteer work together however, no T-shirt will be given if there is no volunteer work by the student.

If a student wishes to achieve the next level of accomplishment, he or she can give forty hours of service to three of the ten subjects over a four month period (120 hours total). He or she will thereby receive a certificate, an awesome twill sweatshirt decorated with Barry's Badge of Honor, consisting of three stripes on the left sleeve of the sweatshirt.

Onward and upward, the student who strives to give even more of him or herself to the community by donating forty hours to five of the listed subjects (200 hours total) over one school year, will receive a certificate, a tackle twill and embroidery hooded sweatshirt and a Barry's Badge of Honor patch with five stripes.

Most importantly, this special individual will now be considered one of "Barry's Buddies," a National Recognition Program set up in such a way as to honor and protect its exclusive members.

An 800 number may be set up by the Federal Government whereby anyone who is one of "Barry's Buddies" can pick up the phone and dial to hear a 45-60 second validation of his or her achievement and the effort he or she has put forth for the community. To hear the verbal acclaim of his or her contribution, they may simply dial 1-800 + their social security number.

Or, to make the moments of self-fulfillment even more exciting, their favorite celebrity, i.e., Michael Jackson, could be on the other end of the line in a taped message, telling them how they have helped to "Heal the World" and heal themselves.

"Barry's Buddies" not only addresses the incentive and reward needed to motivate a young person towards greater caring for themselves and others but it takes into account that each one of us needs a pat on the back for a job well done. Can you imagine the self-pride and peer approval a young boy or girl would get when he or she dials a personal-

ized message for a friend or a family member to hear? Striving to become one of "Barry's Buddies" could become "the" goal to achieve.

And, to insure the exclusivity of the program, anyone wearing the T-shirt or sweatshirt or jacket who has not earned it , may be challenged by anyone to dial his message. If he or she can't phone it, that means they're a phoney! And, if you don't earn it, burn it! In other words, destroy it.

Any reproduction of the program or T-shirt, sweatshirt, jacket, badges, etc., could be subject to fine under law. A fine in accordance with a dollar for every hour of community service that the authentic member of this National Recognition Program has served, could be imposed. The fine money could then be donated back into the particular area, i.e., Drug Abuse, in which the member served.

The ultimate level of achievement within Barry's Buddies is the student who donates thirty hours to the entire gamut of all ten subjects (300 hours in total). This outstanding individual will not only receive a jacket in embroidery and twill, a certificate from the White House and signed by the President of the United States, a Barry's Badge of Honor patch with ten stripes plus a special "BB" insignia meaning you're one of Barry's "Best Buddies," but also may receive credit towards further education from a State or Federal Agency.

All 40-120-200-300 hours of volunteer work will be noted on the student's school record, especially as a means of verifying that the student who has done 40-120 hours of service will receive his or her form of recognition.

The materials needed to institute the enclosed following lesson plans for students are:

- Safety Zone Booklet/Key chain with condom
- Total Self-Confidence Booklet
- Sweatshirt - "Anew Awareness is Arising"
- Banner - same as above (with Safety Zone blocks - lights up)

So, the questions have now all been answered.

Whose responsibility is it to save our youth? Each and every one of ours!

How do we put each young boy or girl on an "Honor" Roll? With the comprehensive, charismatic program right here in your hands.

Our young people right now have a negative connotation attached to the use of a condom during sex. But this program takes that negative perception and puts a positive spin on it by using Barry and Carrie as symbols of a more highly educated, more respected and respecting human being. Barry and Carrie are "The Ambassadors of Barriers" as they spread their good will and good sexual health throughout the world.

How do we convince our youth to grab onto this life preserver? By grabbing onto it yourself! Come on--GRAB ON--use this program and come aboard as we all can watch our precious children take the trip of a lifetime.

Sincerely,

Jim Casale

Description of Lesson Plans:

The following lesson plans are designed as a guide for teachers using Safety Zone in grades 7-12. These plans' objectives are established as a means to help develop students' self-confidence as it relates specifically to sexual behavior. Ultimately, decisions about sexual behavior impact the incidence of sexually transmitted diseases (STD's) and unwanted pregnancies. The lesson plans encompass a twenty-one day period; however, the teacher has the flexibility to adjust that time period. It should be noted that it takes approximately twenty-one days to break an old, destructive habit or to form a new, positive habit.

Teachers may find the book Total Self-Confidence difficult reading for grades 7 and 8 and may want to use the book's concepts with other activities to teach self-confidence. It is recommended to all teachers that other activities are used in conjunction with the following lesson plans to reinforce the concepts of the book, Total Self-Confidence. Also, other activities could be incorporated into teaching the information regarding sexual abstinence, protection for sexual behavior, and STD's.

Appropriate learning objectives are stated for each day's lesson plan.

Day 1:

INTRODUCTION OF UNIT:

- Teacher wears "Anew Awareness is Arising" sweatshirt. Gives explanation of entire program to give students a goal.
- Teacher should choose an appropriate way to evaluate student performance at the end of the unit and reward their performance with a sweatshirt.
- Banner will be on classroom door saying "Smile--You're About to Enter a Safety Zone." Explanation will be made by the teacher why the banner lights blink every 15 minutes for five seconds to create visual image in your subconscious mind.
- Teacher will distribute book, Total Self-Confidence, to students and assign the introduction and chapter 1 for first reading assignment.

Day 2:

INTRODUCTION OBJECTIVES:

- Students will discuss what the book's objectives are in helping each student develop their own self-confidence.

CHAPTER ONE OBJECTIVES:

- Students will understand how to de-hypnotize themselves to become the persons they want to be.
- Students will identify ways to expand their awareness to become more self-confident.
- Assign chapter 2 for reading assignment.

Day 3:

CHAPTER TWO OBJECTIVES:

- Students will define self-reliance and its importance to becoming more self-confident.
- Students will identify how dependency, manipulation, conformity, comparison, and competition are not essential to their well-being.
- Assign chapter 3 for reading assignment.

Day 4:

CHAPTER THREE OBJECTIVES:

- Students will list three causes of low self-esteem.
- Students will identify major addictions associated with low self-esteem.
- Assign chapter 4 for reading assignment.

Day 5:

CHAPTER FOUR OBJECTIVES:

- Students will learn how to create more positive habits by eliminating negative habits.
- Assign chapter 5 for reading assignment.

Day 6:

CHAPTER FIVE OBJECTIVES:

- Students will identify major forms of guilt.
- Students will keep a guilt diary for seven days to see how guilt affects them.
- Assign chapter 6 for reading assignment.

Day 7:

CHAPTER SIX OBJECTIVES:

- Students will identify how love contributes to a person's self-confidence.
- Assign chapter 7 for reading assignment.

Day 8:

CHAPTER SEVEN OBJECTIVES:

- Students will discuss the three primary phases of the mind--conscious, subconscious, superconscious.
- Teacher will discuss classroom banner as it relates to the subconscious mind.
- Assign chapter 8 for reading assignment.

Day 9:

CHAPTER EIGHT OBJECTIVES:

- Students will identify how creative imagination can be used as a tool for self-confidence.
- Assign chapter 9 for reading assignment.

Day 10:

CHAPTER NINE OBJECTIVES:

- Students will learn how to devise a creative plan of action for six major areas of their life.
- Students will identify the four items needed to reach their destination.
- Assign chapter 10 for reading assignment.

Day 11:

CHAPTER TEN OBJECTIVES:

- Students will learn how using meditation can be a tool for helping them reach their potential.
- Assign chapter 11 for reading assignment.

Day 12:

CHAPTER ELEVEN OBJECTIVES:

- Students will discuss how time management can be a tool to building self-confidence.
- Assign chapter 12 for reading assignment.

Day 13:

CHAPTER TWELVE OBJECTIVES:

- Students will learn how to handle failures by developing a positive mental attitude.
- Students will discuss their guilt diaries.
- Assign chapter 13 for reading assignment.

Day 14:

CHAPTER THIRTEEN OBJECTIVES:

- Students will learn effective elements for positive communication.
- Assign chapter 14 for reading assignment.

Day 15:

CHAPTER FOURTEEN OBJECTIVES:

- Students will identify how total self-confidence is achieved through a positive mental attitude.

Day 16:

REVIEW FOR TEST ON BOOK

- Students will review important concepts on achieving total self-confidence from reading the book.

Day 17:

EVALUATION/TEST

- A test on the book or other measure of evaluation will be given--students will be evaluated on the knowledge obtained from the readings and class discussions.
- Hand out key chains--students will be given the key chains with the Safety Zone booklet inside.
- Students will be introduced to Safety Zone.

Day 18:

- Teacher will hand back tests--reward students with a sweatshirt.
- Students will discuss message on sweatshirt and be able to identify their own self-worth as a person.

Day 19:

- Students will read and discuss Safety Zone.
- Students will name the sexually transmitted diseases.
- Students will discuss sexual abstinence and a method of protection for sexual behavior.
- Introduce Barry and Carrie. Teachers may assign students to create posters of Barry and Carrie to be placed around the classroom or around the school. (This could be considered an extra credit project.)

Day 20:

- Students will relate what they learned from reading Total Self-Confidence and its connection to making decisions about sexual behavior.

Day 21:

- Use class to tie up any loose ends or give quiz on sexually transmitted diseases.
- Discuss what old, destructive habit did each student break or what new, positive habit they have formed.

A Teacher's Personal Statement about this Program:

As a teacher of Home Economics, including Family Living, I believe that this program could be a very important component to a school district's academic program. This program is well designed to help young people develop the self-confidence needed to make life decisions. Such decisions will include the sexual behavior of the student. Safety Zone is flexible for all secondary grade levels and can be adapted to suit students' needs. I would recommend that administrators, educators, parents, and community members review this program and consider its value to its young people.

Home Economics Teacher
Pittsburgh Area

Mrs Gebbie please excuse
ALL OF THE MISTAKES. I AM
NEW TO THIS. I HAVE ALSO
SENT THIS PACKAGE (LESS LIGHTS
TO DR ELDERS AND TO ANSELL
INC. I UNDERSTAND THEY SUPPLY
CONDOMS TO GOV. AGENCIES I
SENT IT TO PATRICIA BALTO
SHE SAID SHE WOULD TAKE A
LOOK AT IT. THANKS AGAIN
FOR YOUR TIME J.C.

Jim Casale
407 Glen Malcolm Drive
Glenshaw, Pennsylvania 15116
(412) 486-4893

Dear Mrs. Gebbie:

I am not an expert. I am not a doctor. I have no clinical training, no background in research, no noted position as such. I am merely one person, one among millions of others in this country, who is afraid, frustrated, angry and heartsick about the destruction and death that sexually-transmitted disease, unwanted pregnancy and the AIDS virus are wreaking on the youth of America.

I am not going to come at you with one more statistic, one more demand for action or one more plea for recognition. Unfortunately, we know the time has passed for the preliminaries--it's time for the fight to begin.

But, how can we fight these three problems when the very people at risk don't believe there is an opponent? How do we break through a young girl's or boy's denial and the oh, so human response "it will never happen to me"? How do we fight the most relentless enemy of all--that deadly sense of invulnerability?

This program is expressly designed to not only inform our youth but especially, to reach through their denial and right into their very hearts. With the creative and insightful combination of the sweatshirt, key chain, book and condom packet, I have tapped into their world and brought with me a reality that will save their lives.

It is the mission of this program to awaken our youth to the power they possess within themselves to change their external environment by first revamping their internal environment. By becoming aware of their inner strengths and positive self-worth, they will be able to confront any outward problem with self-confidence and personal success.

What makes this program different from any other educational or health-oriented approach up until now is that I have taken great care to speak to them in their language, from their perspective. I have addressed the facts while addressing their particular concerns such as, peer pressure. I have shown them my respect for them as individuals, hoping to teach them the same respect for themselves and each other. Also, another unique feature is that young people themselves have been instrumental in the design of this program by giving their insightful and creative input. So, it has not only been tailored for them, but, in part, by them.

It is my personal dream that, with your obvious compassion and help, this unique program may be presented and become as persistent, prevalent and powerful among our youth as the very force of disease and unwanted pregnancy seems to be at this moment.

Together, by distributing this program, let us turn my dream and your dream into every young girl's and boy's reality.

Please contact me as to any assistance you might be able to provide or any other suggestions you might have for the introduction of this program to the world.

Thank you for your consideration in reviewing my presentation.

My best,

A handwritten signature in blue ink, reading "Jim Casale". The signature is fluid and cursive, with the first name "Jim" and last name "Casale" clearly distinguishable.

Jim Casale

Mrs. Gebbie, I'm SORRY I FORGOT
To put The New pages THAT ARE
going in The book in The packet
I sent you on Monday.

J.L.

These ARE 3 New pages For The book James

**When Your About To
Embrace Danger in the Loser Zone**

Look at the 10 Fingers on Your 2
Hands and think of these 10 Letters.

How About Me - Safety Zone - Best Friend

This is a positive visual
enhancer, to remind
you what your
actions could
mean to
your future.



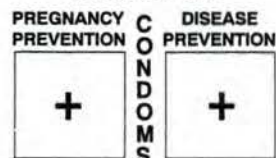
" MISSION MESSAGE "

**" Pregnancy Prevention and Disease
Prevention are Not the Same Thing "**

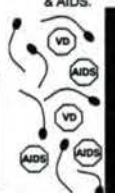
Having *Unsafe Sex* dilutes the
joy and happiness you receive
from the experience, it steals
your peace of mind.

"Think About It."

A condom
w/spermicide is
a better* barrier
to sperm &
venereal disease
& AIDS.



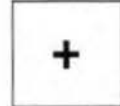
CAN PREVENT ALL *There is ~~always~~ a risk factor



Copyright © 1991
James A. ...

USING THE PILL ONLY

PREGNANCY
PREVENTION



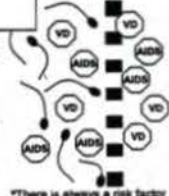
P
I
L
L
S
DISEASE
PREVENTION



The Pill is a
Barrier* to Sperm
Only. But not
Venereal Disease
& AIDS. Some
things it can
stop, others
it will NOT.

CAN PREVENT ONE

Ignorance or Denial is
No Longer and EXCUSE.
Your Decision,
Your Life!
"END OF MESSAGE"



*There is always a risk factor

AIDS czar's focus is prevention

PPG 6-26-93 SAT.

Seattle Post-Intelligencer

SEATTLE — Former Washington state health chief Kristine Gebbie's new job as the nation's first AIDS czar is simple enough in concept, that of coordinating federal AIDS policy.

But in reality, Gebbie's position remains ill-defined by the Clinton administration and may offer her little direct power over the government's politicized and balkanized AIDS efforts beyond what she can accomplish through persuasion.

While Gebbie acknowledged she will have no formal authority, she said she expects to exert influence by bringing people together.

"I'm here to forge that coordination," she said in a telephone interview from the White House.

One of her first goals will be to

bring disparate groups together to evaluate the nation's priorities in AIDS research, public health and education.

"The major research has been around virus and drug therapies," she said. "We need an equally vigorous push around human behavior and [against] what spreads the virus. . . . We don't have a good balance right now."

Washington state, and Seattle-King County in particular, is considered a national model for cooperation in AIDS planning and response, noted Gebbie, who turns 50 today.

President Clinton, in announcing Gebbie's appointment, said his new AIDS czar will "assure our nation no longer ignores an epidemic that has already claimed too many of our

brothers and sisters, our parents and children, our friends and colleagues."

The administration has not fully defined the tasks of the AIDS czar, but part of Gebbie's job will include making recommendations on how the government will allocate \$2.7 billion spent on AIDS research, prevention and treatment over the coming year.

Clinton's fiscal 1994 budget, which narrowly cleared the Senate yesterday by a single vote, proposes a 28 percent increase over 1993 spending for the fight against AIDS.

As of March 31, AIDS had been diagnosed in 289,320 Americans. Just over 63 percent, or 182,275, have died since June 1, 1981, according to the Centers for Disease Control and Prevention.

PHOTOCOPY
PRESERVATION

smile, your
about **to**
enter the
safety  **ne**



This ~~could~~ be the cover for a cassette case that would have 4-5 songs about AIDS, V.D.

FINAL book will be
1/3 the thickness, it will be paper.

I have run out of plastic
sleeves that hold book
(Carrie)

BACK'IN UP ON...



Hey you! Wanna party?!

I'm not particular, I'll party with anyone!

Clinton Library Transfer Form

Case #, if applicable	2018-0756-F	Accession #		
Collection/Record Group	Clinton Presidential Records	Series/Staff Member	Kristine Gebbie	
Subgroup/Office of Origin	National AIDS Policy Office	Subseries		
Folder Title	[AIDS Constituent Package]	OA/ID Number	8299	Box Number
Description of Item(s)	Nail Clippers, condom, small booklet on STDs, and a post it note.			

Donor Information

Last Name:	First Name:	Middle Name:	Title:
Affiliation:	Phone (Wk):	Phone (Hm):	
Street:	City:	State (or Country):	Zip:

Transferred to:	Museum
Other (Specify):	

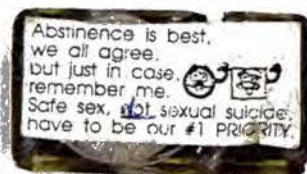
Transfer Point	During Processing
New Location	

Transferred by:	Debbie Bush
Received by:	Diane Karlson

Date of Tranfer	6/14/2019
Date of Receipt	6/14/2019

This statement would be made
before a teacher, or in a class
room setting.

"ACTIVATION OF THIS UNIT
CONSTITUTES ACCEPTANCE OF
THIS PROGRAM AND MY PERSONAL
commitment to help make the
world a better place to live
& love in (something to that effect)
light will burn for about 35 days.
When burn is depleted, visual
image is completed. over



PHOTOCOPY
PRESERVATION

WE ARE NOW TALKING WITH
A COMPANY ABOUT MAKING
THE UNIT FOR US, IT WILL BE
THE SIZE OF THE LABATT PIN
OUR LIGHT WILL ~~be~~ SHOWER, MUCH LONGER
LASTING WILL HAVE HOLE IN PIN OR
WILL BE ATTACHED TO KEY CASE
SO IT WILL BE A PACKAGE

I have highlighted
some things in red
that I think
are important

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THE
ULTIMATE
SECRETS
OF

OPEN
THIS BOOK
ONLY IF YOU
WANT TO CHANGE
YOUR LIFE!

TOTAL SELF- CONFIDENCE

A PROVEN FORMULA
THAT HAS WORKED FOR THOUSANDS.
NOW IT CAN WORK FOR YOU.

DR. ROBERT ANTHONY

By the Bestselling Author of *Think* and
Betting On Yourself