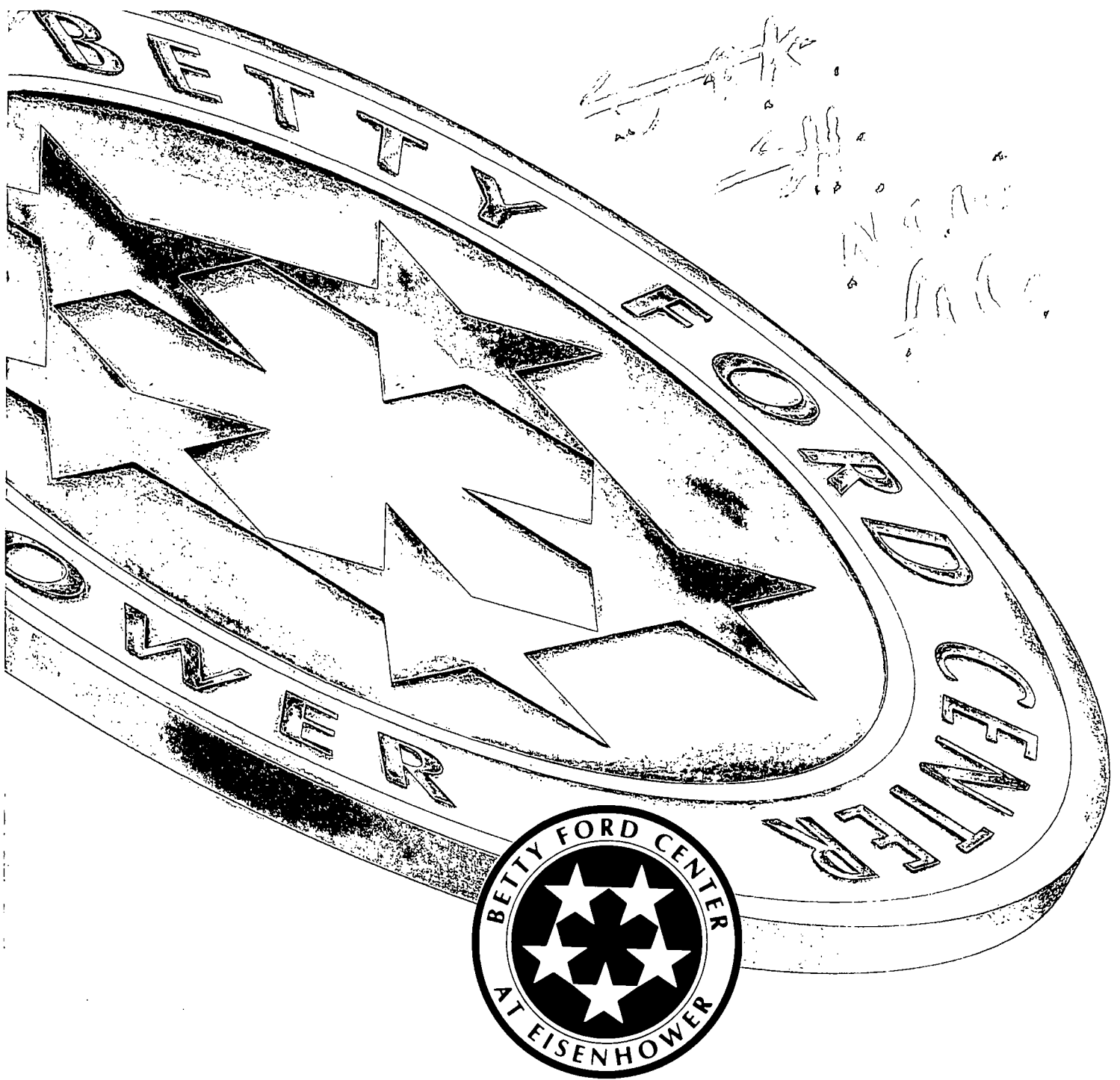
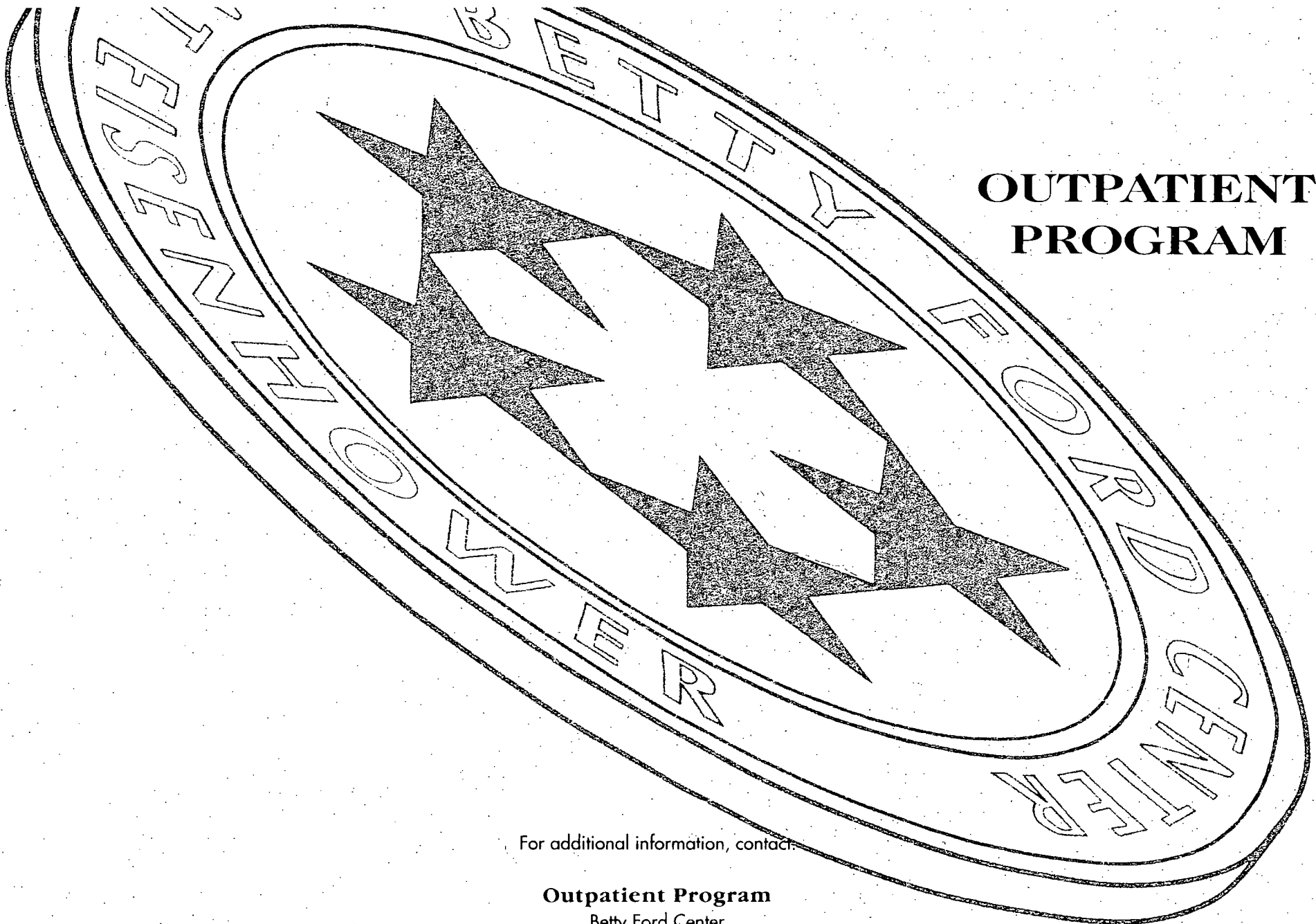




PHOTOCOPY
PRESERVATION

A T E I S E N H O W E R



OUTPATIENT PROGRAM

For additional information, contact:

Outpatient Program

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4112
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

PROGRAMS AND ELIGIBILITY

The Betty Ford Center Outpatient Program is designed for those individuals who need a structured recovery program for alcoholism, other drug dependencies or co-dependency.

The Outpatient Program allows patients to continue living at home, maintain their present job and their normal patterns of living.

The Betty Ford Center Outpatient Program consists of six weeks of intensive therapy (including group therapy, lectures, films and discussions). Mandatory attendance is required at daily meetings (Monday through Friday from 5:30 to 9:30 p.m.) during the initial six weeks of the program. Friday evening is a social followed by 12-Step meetings. Attendance at AA or Al-Anon meetings is mandatory.

Persons considering the Betty Ford Center Outpatient Program must be 18 years of age or older and have the ability to remain alcohol and drug free throughout the treatment program.

A physical examination is required as part of admission to the treatment program.

Potential patients should live within a 60-mile radius of the center, located in Rancho Mirage, California.

FAMILY

Primary patients and their significant others may enter the six week treatment simultaneously, each focusing on their own problems. Co-dependents may enter the six week outpatient treatment even if they have no one in treatment for alcoholism or other drug dependency. The five day Family Program is another option. Participation by family members is extremely critical.

TREATMENT

The Betty Ford Center Outpatient program's inter-disciplinary team includes alcohol and drug counselors, pastoral counselors, a physician, a psychologist, and family counselors.

Group therapy is an integral part of the Outpatient Program which is based on the 12-step philosophy of Alcoholics Anonymous.

Patients attend lectures, group therapy and individual counseling in the Cork Family Pavilion. Experiences are shared during breaks in the coffee lounge; warmth, caring and support are critical components of the program.

ADMISSION

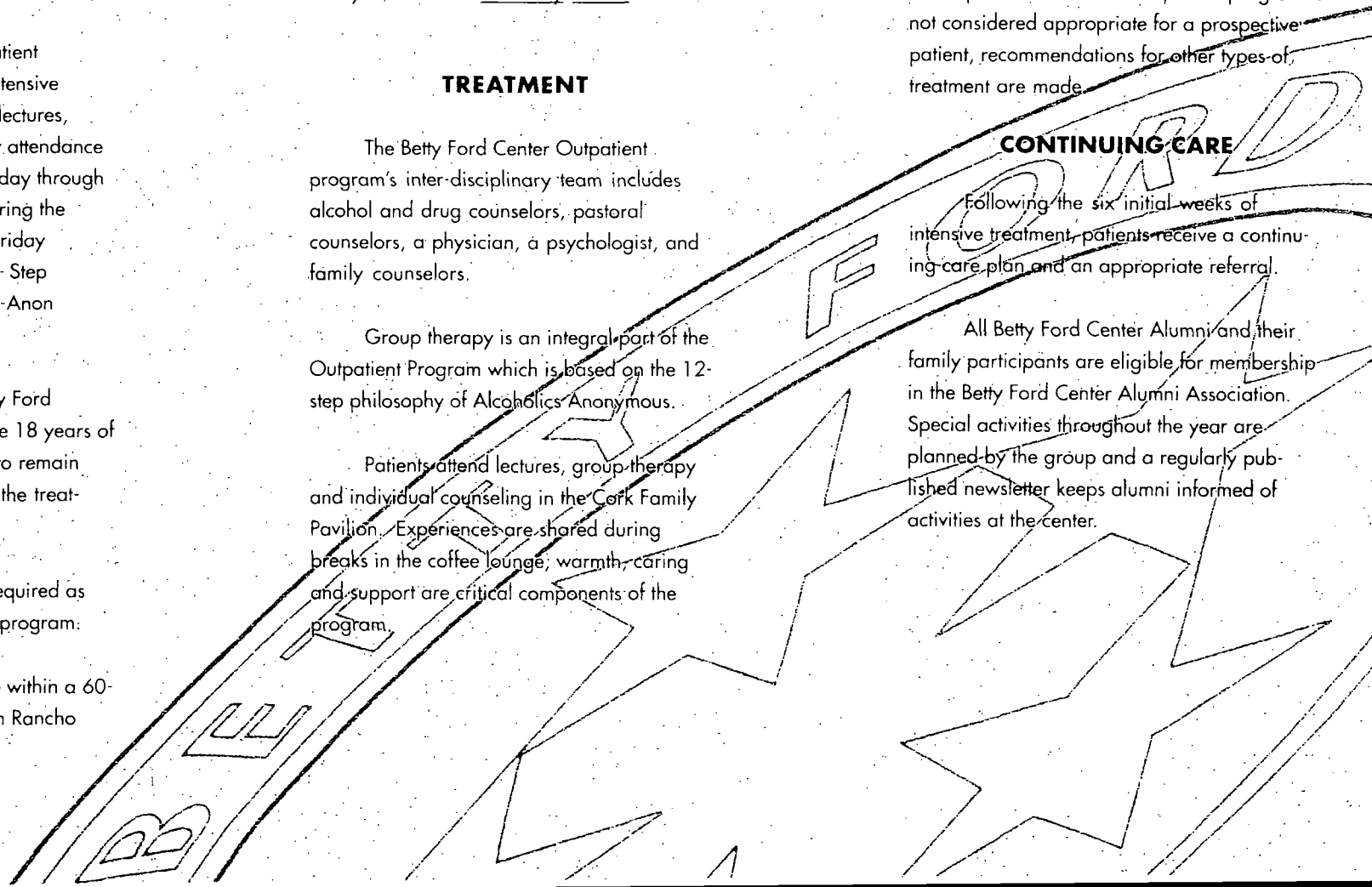
Treatment at the Betty Ford Center is affordable for most families. The center's programs are approved by most third-party insurance carriers which cover alcoholism and other drug dependency treatment.

Prospective patients are evaluated prior to admission; not all persons are appropriate for outpatient care. If the outpatient program is not considered appropriate for a prospective patient, recommendations for other types of treatment are made.

CONTINUING CARE

Following the six initial weeks of intensive treatment, patients receive a continuing care plan and an appropriate referral.

All Betty Ford Center Alumni and their family participants are eligible for membership in the Betty Ford Center Alumni Association. Special activities throughout the year are planned by the group and a regularly published newsletter keeps alumni informed of activities at the center.





THE MISSION OF THE BETTY FORD CENTER

For additional information, contact:

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4100
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

MISSION

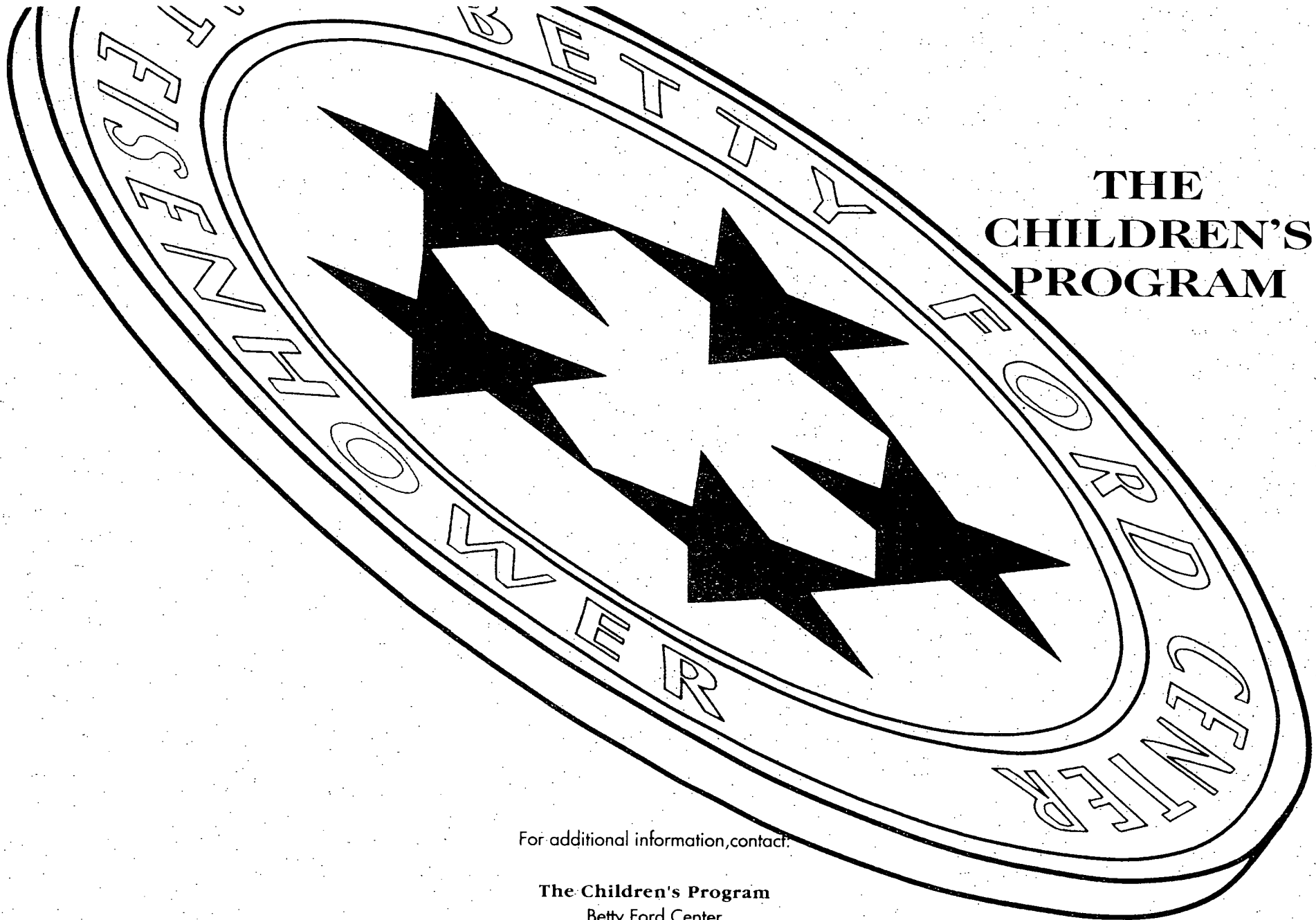
We provide effective alcohol and other drug dependency treatment services to help women, men and families begin the process of recovery.

VISION

The Betty Ford Center will be an integrated healthcare provider with accessibility to all individuals and families whose lives have been impacted by alcohol and other drug dependence. We will continue to cultivate a team of competent, compassionate personnel who are dedicated to individualized care and committed to continuously improving customer service. We will use ongoing clinical research and development to maintain an environment open to learning and to provide education to the community we serve. Leadership at BFC will reflect a spirit of collaboration which embraces teamwork, communication, and trust among personnel and Board. The Betty Ford Center will be recognized throughout the world as outstanding in the treatment of alcohol and other drug dependence.

OUR COMMITMENTS

- We create an environment of caring, compassion, and trust within which the process of healing can begin.
- Our environment is built upon honesty, integrity and the highest ethical standards.
- We recognize the contribution each member of the organization makes toward providing treatment excellence.
- The strength of our program is individualized treatment which respects the dignity of each person.
- We remain fiscally responsible by providing quality care at reasonable rates and assisting those with limited financial resources.
- Our patient care and customer satisfaction is continuously improved by the study, analysis, and refinement of all processes and systems.
- We work in a spirit of collaboration with alumni, referents, donors, and the community to deliver excellent service.
- We will continually educate our staff and the community about the treatment of alcoholism and other drug dependency.



THE CHILDREN'S PROGRAM

For additional information, contact:

The Children's Program

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4114
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

"I Wish I Could

***Have No Alcohol in
the World!"***

This headline is one example of the comments found on the evaluations each child completes after participating in The Childrens' Program. Here are a few others:

"I can't make a chemically dependent person stop drinking."

"I play many rolls" (sic)

"Sharing your feelings is good."

"I can be a chemically dependent person threw (sic) my genes."

"I learned you can die from alcohol and what chemical dependency is."

"I wish I could be a millionaire and I wish that there was no chemically dependent person in my family and my parents weren't divorced."

The Betty Ford Center Childrens' Program is a three day educational program (followed by a 12-week continuing care program) for children who are not involved in alcohol or drugs, but come from families with alcoholism and other drug dependencies. Groups are small, and the program is scheduled once a month for children ages 7-12. Counselors from the Family Program and volunteers staff the program, which runs from 8:30 a.m. to 3:30 p.m. each day.

PARENT PARTICIPATION

At least one parent/guardian must participate in the Childrens' Program. Parents are included in an orientation/introduction for one and a half hours on the first day and are with the children all of the third day, which includes a special program on parenting skills.

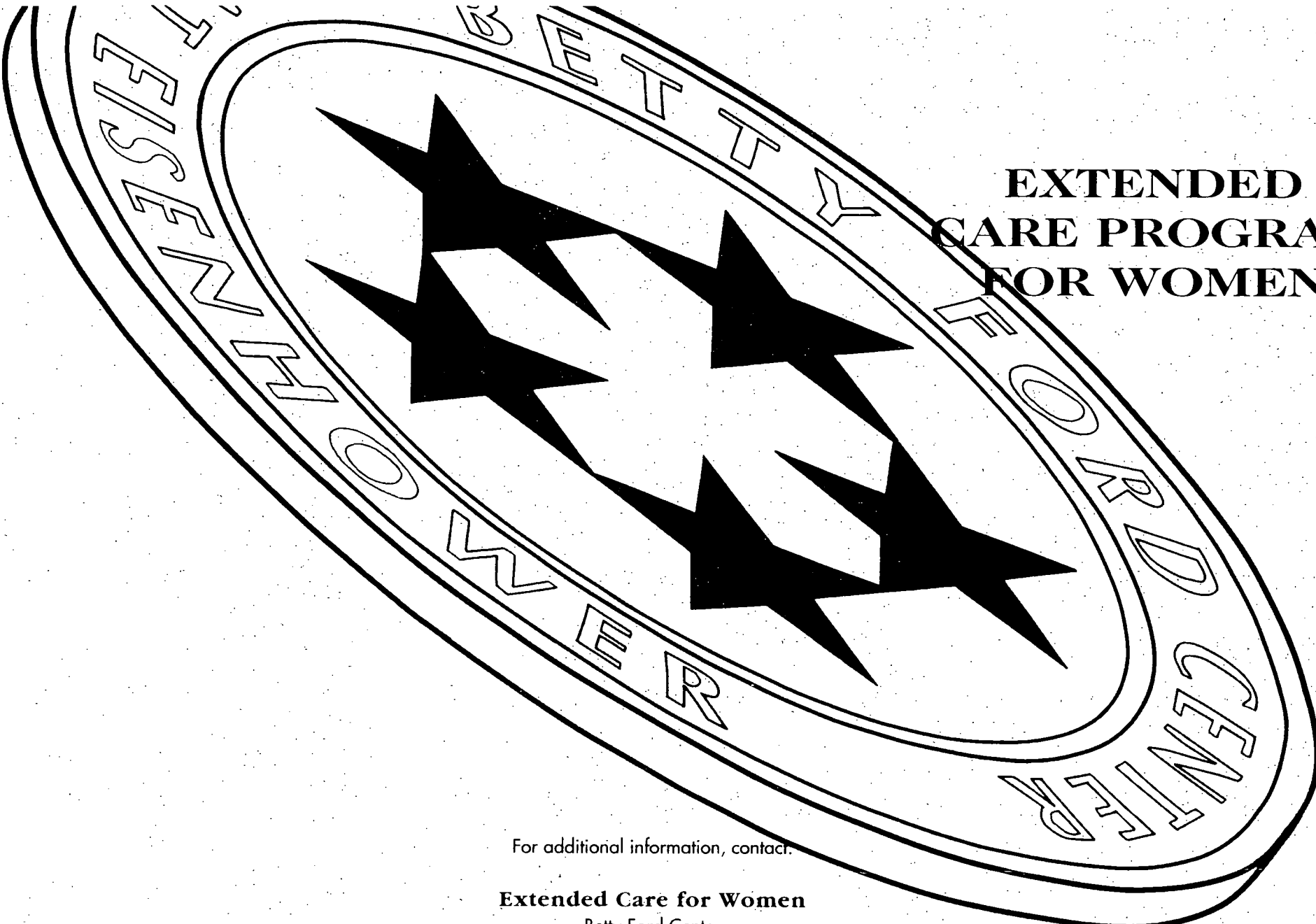
It is expected that the alcohol and other drug dependent person in recovery participate. It is essential that the alcohol and other drug dependent parent not in recovery be abstinent to be assessed for participation.

PROGRAM GOALS

- Parent/child communication
- Educate about the disease
- Build trust
- Learn to identify and share feelings

GENERAL INFORMATION

Teaching methods include art and play therapy, films, written exercises, games, role play, relaxation and recreational activities, stories and discussion. The continuing care is one hour a week for 12 weeks for those children who live in the area. (Referrals are made for those who live outside the area.) Children are also introduced to the Alcoholics Anonymous 12-Step program at Alateen.



EXTENDED CARE PROGRAM FOR WOMEN

For additional information, contact:

Extended Care for Women

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4100
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

INTRODUCTION

Over the years, the Betty Ford Center has become recognized as an international leader in the field of alcoholism and other drug dependencies.

From the beginning, we have provided treatment for a significantly higher percentage of women (almost 50%) than most treatment programs.

Our goal is to provide a program for women offering the highest level of quality care, while keeping the cost affordable and the program as accessible as possible.

BACKGROUND

The Betty Ford Center Extended Care Program for Women is the culmination of a dream and a vision shared by Mrs. Ford and her staff. They saw a need to provide additional care for women who have already begun their recovery in primary treatment.

Early recovery often presents challenges that can be overwhelming to a woman just beginning this journey.

This innovative program provides a safe and loving environment for a woman alcoholic or addict to begin to make the changes emotionally, spiritually, and behaviorally that support long-term recovery. In this process, each woman is encouraged to view each day as an opportunity for growth and renewal in recovery.

THE FACTS

Alcoholism and other drug dependencies are a chronic, progressive disease that, if not treated, will be fatal.

Alcohol used by pregnant women is the leading known cause of mental retardation in newborns.

Women's drinking and drug problems are often viewed as less serious than men's, making proper diagnosis, and early intervention and treatment more difficult.

Women frequently use other drugs in combination with alcohol, placing them at a higher risk for physical and psychological impairment.

Even with less alcohol consumption, women are more likely to develop liver disease than men and women have a greater risk of dying once the liver has been injured.

Physicians prescribe two thirds of all legal psychoactive drugs to women and more than one million women are dependent on those drugs.

THE PROGRAM

The Betty Ford Center Extended Care Program for Women allows the newly recovering woman:

- to integrate into a community of recovering women;
- to have time for emotional, physical, and spiritual healing to occur;
- to examine relationships with others and with alcohol or other drugs;
- to discover themselves as women of value and worth.

The Betty Ford Center Extended Care Program for Women is located in Fisher Hall on the Betty Ford Center Campus. Women recommended to this program have completed primary treatment and stay for periods ranging from 30 to 90 days. The length of stay is determined by staff who assess each woman's individual needs.

The women in the Betty Ford Center Extended Care Program are given the opportunity to develop and practice recovery skills. In support of this the Program includes:

- focused group therapy;
- off campus 12-Step meetings;
- exercise and stress management sessions;
- spirituality groups;
- formulation of relapse prevention plan and recovery plan;
- on campus work.

REGISTRATION

Due to limited space, family members are encouraged to contact the Family Department as soon as possible to reserve space during the appropriate week, usually week three. Family members may call (toll free U.S. and Canada 800-854-9211) or 619-773-4114 and ask for the Family Department. Questions and concerns also can be addressed by calling these telephone numbers. Persons who do not have a loved one in our treatment program are also welcome. Alcohol and other drug dependencies negatively affects all family members and significant others. However, assistance is available and the professional staff of the Betty Ford Center will provide help for your family recovery.

FAMILY PROGRAM

For additional information, contact:

Family Program
Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4114
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

A FAMILY ILLNESS

Alcoholism and other drug dependency is an illness which has a profound effect on both the individual and his/her family members.

The addiction affects a person physically, emotionally, mentally and spiritually. The illness is so pervasive that the American Medical Association (AMA) has classified it as a disease. Researchers and scientists are not certain what causes alcoholism or other drug dependency, but it is clear the dependent person's life becomes progressively self-destructive.

The emotional life of a person dependent on alcohol or other drugs becomes distraught with fears, anger, mistrust and shame. Physical and mental stress brings disruption to his/her daily life. There are similar effects on the physical, emotional, mental and spiritual lives of the family members. For all persons involved, alcoholism or other drug dependency is a primary, progressive, chronic and eventually fatal disease. However, this incurable disease is treatable. Through treatment, the progression of reacting to the disease can be arrested for the alcohol and other drug addicted person, for family members and significant others.

Those relating to a person dependent on alcohol or other drugs are caught up in the progression of the disease from the very beginning. Family members change their behavior and often cover up, making excuses for the person's behavior, even when it goes against their values and ethics. Family members may neglect their own needs as a means to get the person to stop using chemicals. Feelings are avoided and there is denial that alcohol or other drugs are the problem. Family members blame themselves for the problems and lose their self-respect and esteem. Some become judgmental and intolerant and begin to believe the person is the cause of all the problems. If these things are going on in the family, the family requires help.

FAMILY TREATMENT - WHAT IS IT?

Family treatment is a recognized form of therapy which provides education and support for family members or other significant relationships. The Betty Ford Center's Family Program is a five-day intensive process of education and therapy for adolescents and adults. It is designed to help family members begin their recovery from the effects of the disease of alcoholism and other drug dependency. It is extremely critical for family members to participate. Young children, too, are affected by this disease and need help. Monthly, we offer a special three day Children's Program for those ages 7 through 12.

EDUCATION

It is important to learn about the effects of this disease on the user and the significant family members. The Betty Ford Center provides this education through presentations and films about the various dynamics of the disease. Lectures cover subjects including disease and addiction, family disease, shame and addiction, family roles, the Al-Anon Twelve Step Program, spirituality, grief and loss, communication, relapse and recovery.

GROUP THERAPY

Group therapy sessions allow participants the opportunity to share feelings and concerns and receive guidance from the family counselors and other participants. Discussion groups assist participants in understanding their own powerlessness over and unmanageability of the disease.

PATIENT PARTICIPATION

Two half days are planned for communication between the family members and the patient if the patient is in treatment. Time is provided for family members who have no one in treatment. The focus is on family roles and communication skills. This time of interaction proves to be enlightening and fulfilling for the alcohol or other drug dependent persons as well as their family members.

AL-ANON AND CONTINUING CARE

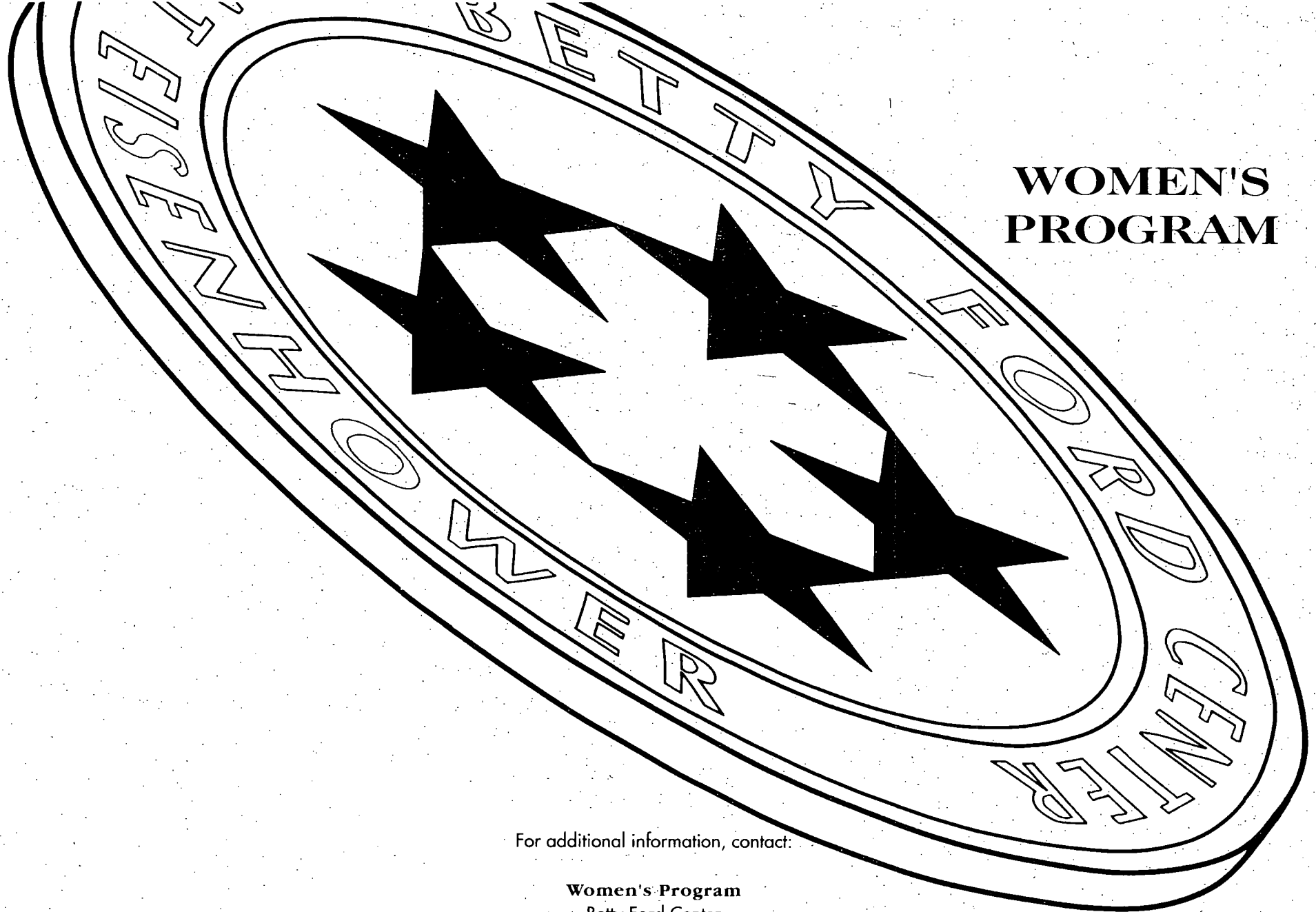
The foundation of the Betty Ford Center's Family Program is based on the Twelve Step program of Al-Anon, a recovery and maintenance program for family members. The Betty Ford Center encourages all family members and significant others to participate in this program following their five days of family week. Another support available to family members is local Continuing Care programs. Generally, Continuing Care programs meet once a week for group therapy, which enhances and continues the therapeutic process which has begun at the Betty Ford Center.

IMPORTANT INFORMATION ABOUT FAMILY WEEK

To enhance participants' time in the Family Program, the Betty Ford Center has the following expectations:

1. The intensive program runs Monday through Friday from 8:30 a.m. to 3:30 p.m., and it is imperative that participants make a commitment to attend the entire program.
2. Check-in time is 8 a.m. Monday for participants for family week. Preregistration is essential. Participants are asked to check in at the reception desk in the Cork Family Pavilion.
3. Use of mind-altering or mood-altering chemicals (i.e., alcohol, marijuana, Valium, etc.) by the participants during the five days is not permitted. This includes evenings away from the center. (If participants are on prescribed drugs, they need to inform the staff.)
4. Participants are expected to attend all sessions of education and therapy. Active participation is encouraged.
5. The noon meal is provided at no extra cost.
6. There is no visiting with persons in residential treatment except Sunday 1-5 p.m. and designated times during the Family Program.

WOMEN'S PROGRAM



For additional information, contact:

Women's Program
Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4100
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

INTRODUCTION

Over the years, the Betty Ford Center has become recognized as an international leader in the field of alcoholism and other drug dependencies.

From the beginning, we have provided treatment for a significantly higher percentage of women (almost 50%) than most treatment programs.

Our goal is to provide a program for women offering the highest level of quality care, while keeping the cost affordable and the program as accessible as possible.

THE FACTS

Alcoholism and other drug dependencies are a chronic, progressive disease that, if not treated, will be fatal.

Alcohol used by pregnant women is the leading known cause of mental retardation in newborns.

Women's drinking and drug problems are often viewed as less serious than men's, making proper diagnosis, and early intervention and treatment more difficult.

Women frequently use other drugs in combination with alcohol, placing them at a higher risk for physical and psychological impairment.

Even with less alcohol consumption, women are more likely to develop liver disease than men, and women have a greater risk of dying once the liver has been injured.

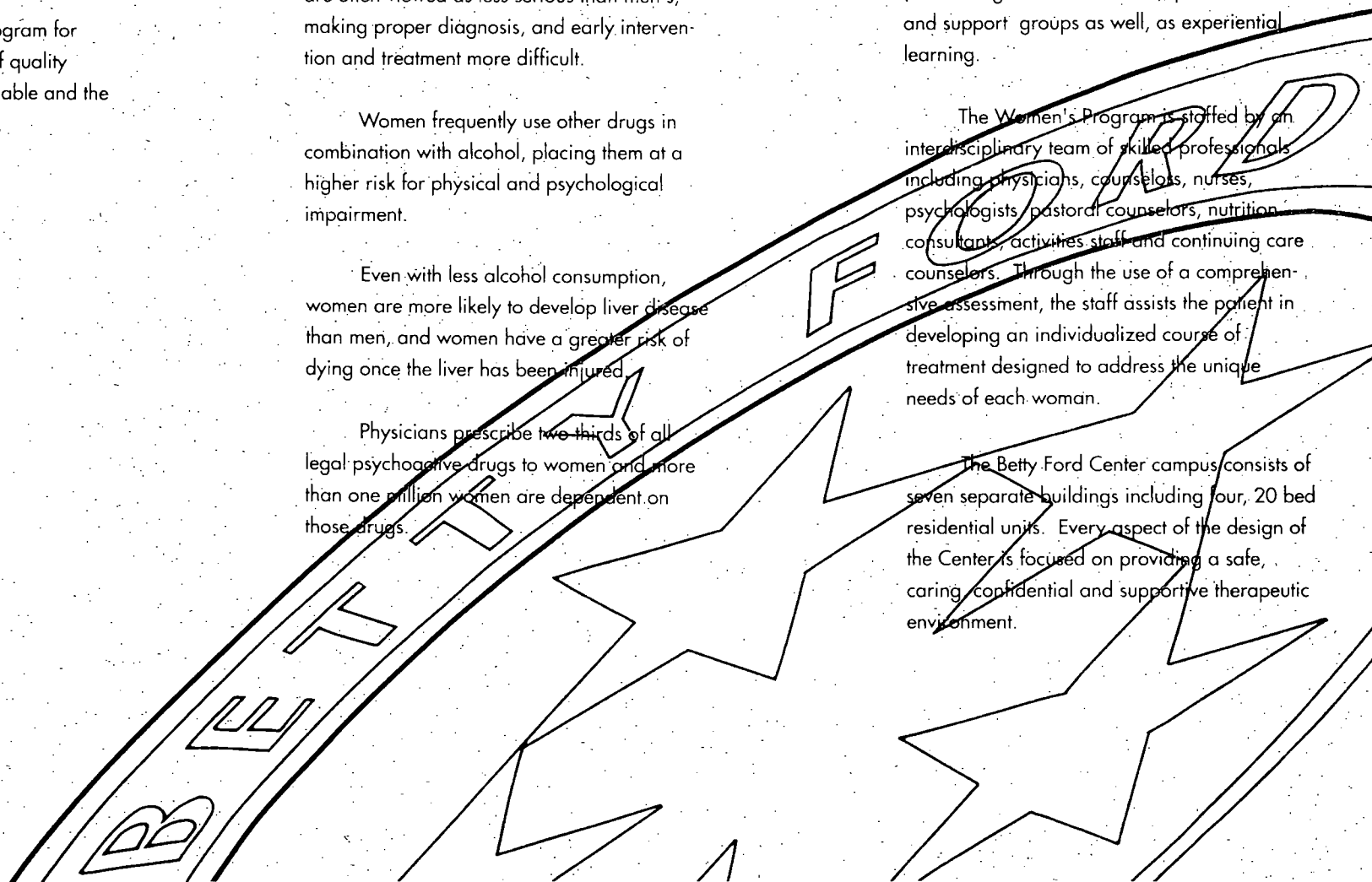
Physicians prescribe two thirds of all legal psychoactive drugs to women and more than one million women are dependent on those drugs.

A PROGRAM FOR WOMEN BY WOMEN

Developed by women for women, the Women's Program at the Betty Ford Center recognizes the unique treatment needs of women addicted to alcohol and other drugs. The program, based on the Twelve Steps of Alcoholics Anonymous (AA), consists of individual and group therapy, educational presentations, physical exercise, activities (addressing stress and leisure), peer interaction and support groups as well, as experiential learning.

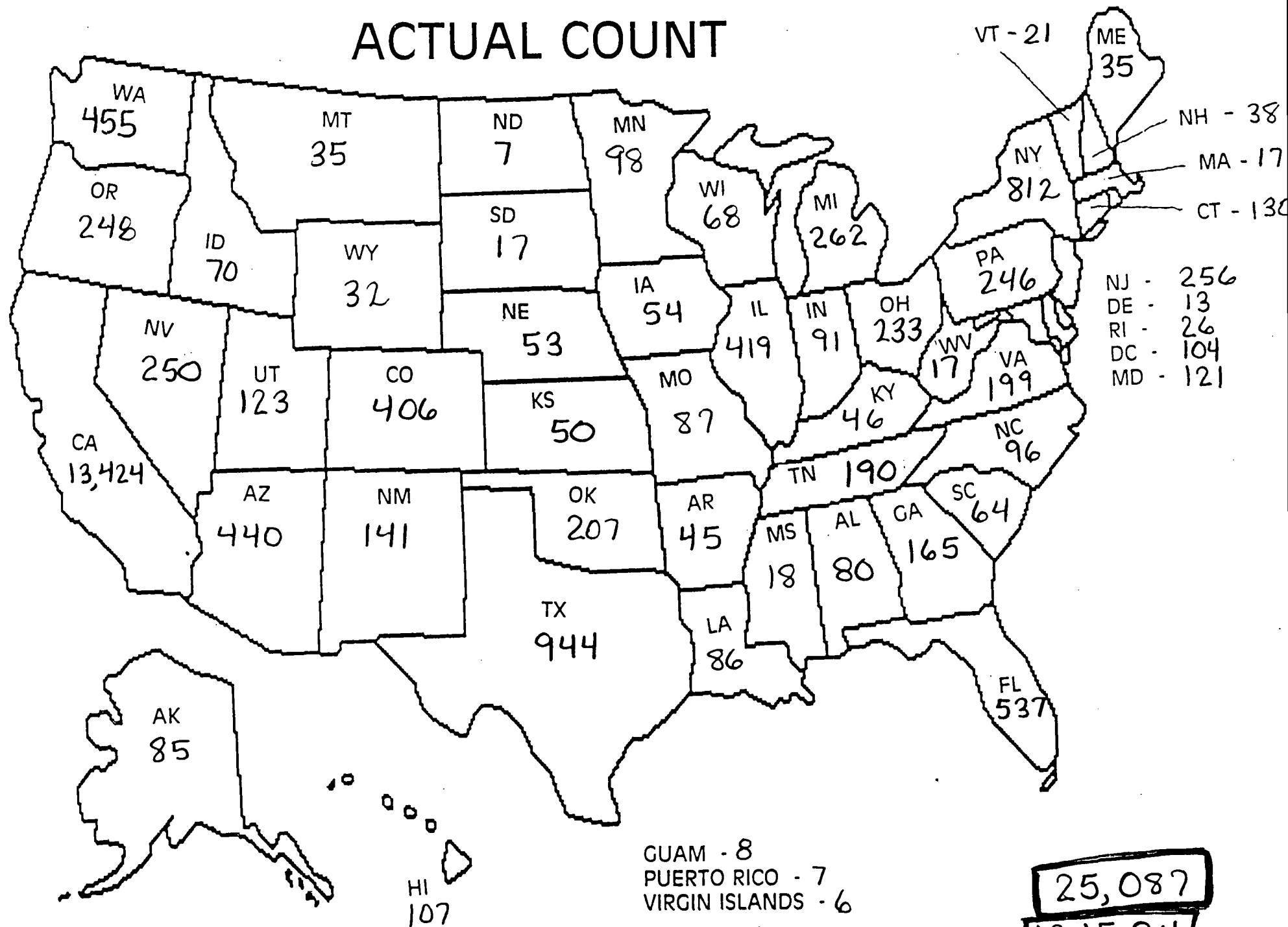
The Women's Program is staffed by an interdisciplinary team of skilled professionals including physicians, counselors, nurses, psychologists, pastoral counselors, nutrition consultants, activities staff and continuing care counselors. Through the use of a comprehensive assessment, the staff assists the patient in developing an individualized course of treatment designed to address the unique needs of each woman.

The Betty Ford Center campus consists of seven separate buildings including four, 20 bed residential units. Every aspect of the design of the Center is focused on providing a safe, caring, confidential and supportive therapeutic environment.



BFC ALJM VI

ACTUAL COUNT



25,087

12-15-94

BETTY FORD CENTER INPATIENT TREATMENT SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00	WAKE-UP				
6:30	THERAPEUTIC DUTY ASSIGNMENTS (TDA)				
6:45 - 7:45	BREAKFAST (6:45 - DuPont, 6:55 - Fisher, 7:10 - McCallum, 7:20 - Pocklington)				
8:00 - 8:30	MEDITATION WALK or BUSINESS OFFICE or ALUMNI or FAMILY ORIENTATION (8:15)				
8:45 - 9:20	LECTURE & MEDITATION				
9:30 - 9:45	PEER PROCESS OF LECTURE				
10:00 - 11:30	GROUP THERAPY				
11:40			ALUMNI CONTACT * Pocklington	ALUMNI CONTACT * McCallum	
11:40 - 12:40	LUNCH (11:45 - DuPont, 11:55 - Fisher, 12:05 - McCallum, 12:15 - Pocklington)				
12:40			ALUMNI CONTACT * Fisher	ALUMNI CONTACT * DuPont	
12:50 - 1:50	1ST STEP GROUP	COMMUNITY MEETING	1ST STEP GROUP	1ST STEP GROUP	1ST STEP GROUP
2:00 - 2:50	ACTIVITIES THERAPY - Men				
	GRIEF GROUP * Fisher	GRIEF GROUP * DuPont	NICOTINE GROUP * Women	2ND & 3RD STEP GROUP Fisher	2ND & 3RD STEP GROUP DuPont
	PEER EVALUATIONS DuPont	PEER EVALUATIONS Fisher		RELAPSE GROUP DuPont	RELAPSE GROUP Fisher
3:10 - 4:00	ACTIVITIES THERAPY - Women				
	GRIEF GROUP * McCallum	GRIEF GROUP * Pocklington	NICOTINE GROUP * Men	2ND & 3RD STEP GROUP Pocklington	2ND & 3RD STEP GROUP McCallum
	PEER EVALUATIONS Pocklington	PEER EVALUATIONS McCallum		RELAPSE GROUP McCallum	RELAPSE GROUP Pocklington
4:10 - 5:00	ASSIGNMENTS				
	STRESS/PAIN MANAGEMENT *	BODY IMAGE * Men	STRESS/PAIN MANAGEMENT *	BODY IMAGE * Women	TRANSITION GROUP *
5:15 - 6:15	DINNER (5:15 - DuPont, 5:25 - Fisher, 5:35 - McCallum, 5:45 - Pocklington)				
6:30 - 7:00	LECTURE				
7:05 - 7:20	PEER PROCESS OF LECTURE				
7:30 - 8:30		A.A.	PEER EVALUATIONS	N.A.	A.A.
8:30 - 9:30	GOOD-BYE GROUP				

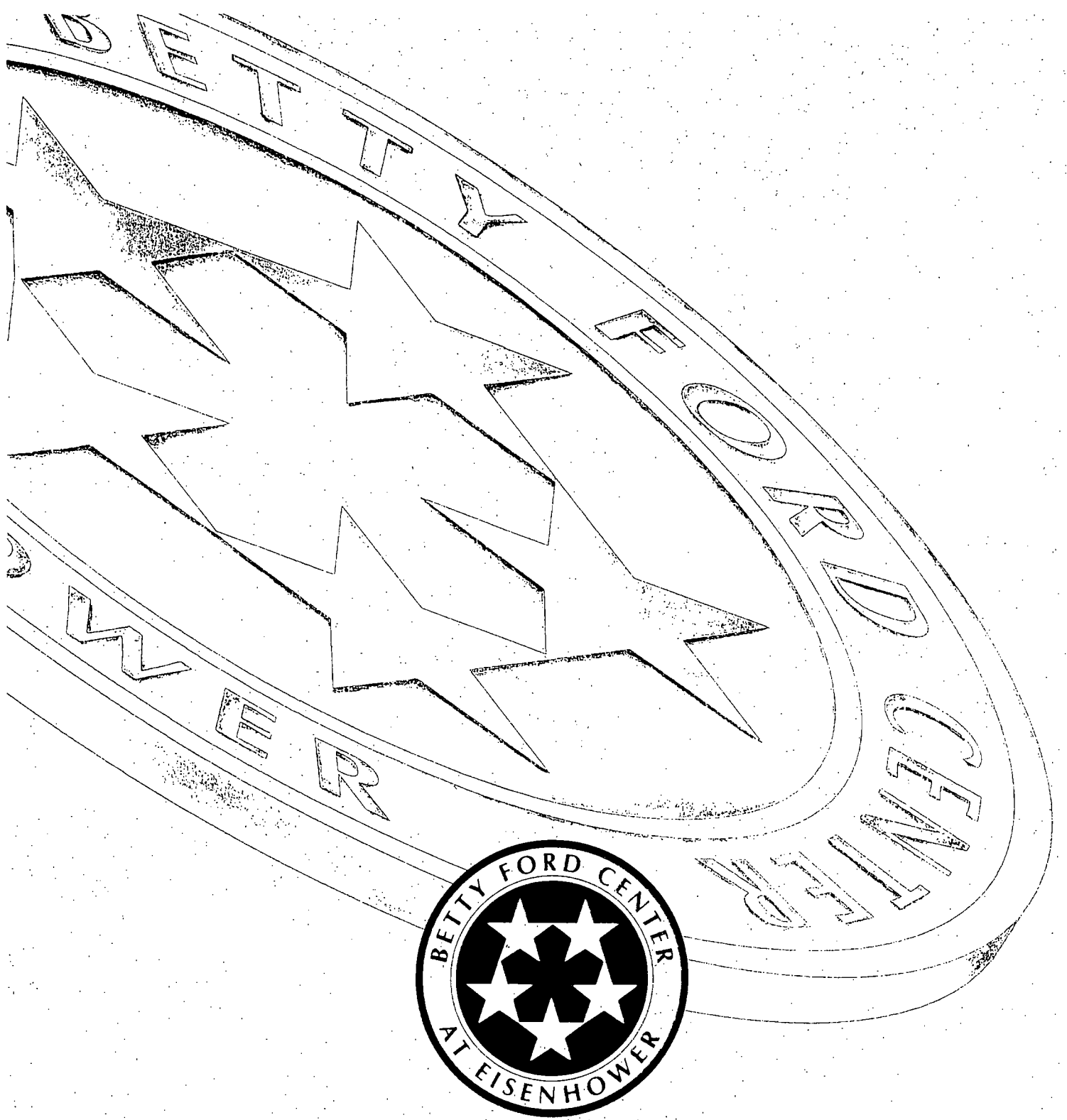
NOTE: MEDALLION CEREMONIES: 9:45 am or 12:45 pm (As Scheduled)
* AS ASSIGNED (OVER)

BETTY FORD CENTER INPATIENT TREATMENT SCHEDULE

SATURDAY	TIME	SUNDAY
WAKE-UP	6:15	
THERAPEUTIC DUTY ASSIGNMENTS	6:30	
BREAKFAST (6:45 - DuPont, 6:55 - Fisher, 7:10 - McCallum, 7:20 - Pocklington)	6:45 - 7:45	
MEDITATION WALK	8:00 - 8:30	
	8:30	THERAPEUTIC DUTY ASSIGNMENTS
LECTURE & MEDITATION	8:45 - 9:20	
	9:00	SPIRITUAL SERVICES (OPTIONAL)
AWARENESS HOUR	9:00 - 10:30	
GROUP THERAPY	10:00 - 11:30	
PEER PROCESS OF LECTURE	9:30 - 9:45	
	9:30 - 11:00	BRUNCH
	11:00	LIFE STORIES
LUNCH (11:45 - DuPont, 11:55 - Fisher, 12:05 - McCallum, 12:15 - Pocklington)	11:40 - 12:40	
1ST STEP GROUP	12:50 - 1:50	
	1:00 - 5:00	VISITING HOURS
OPTIONAL ACTIVITIES THERAPY - Men	2:00 - 2:50	
4TH STEP GROUP or GROUP THERAPY - Women	2:00 - 3:00	OPTIONAL EXERCISE ROOM/POOL - Men
	2:00 - 4:00	BUFFET
	3:00 - 4:00	OPTIONAL EXERCISE ROOM/POOL - Women
OPTIONAL ACTIVITIES THERAPY - Women	3:10 - 4:00	
4TH STEP GROUP or GROUP THERAPY - Men		
ASSIGNMENTS	4:00 - 4:45	
DINNER (5:15 - DuPont, 5:25 - Fisher 5:35 - McCallum, 5:45 - Pocklington)	5:15 - 6:15	
	5:00 - 6:00	PROCESS FAMILY VISITS
	6:30 - 7:30	PATIENTS A.A. MEETING
BIG BOOK STUDY	7:00 - 8:00	
	8:00 - 8:45	GOOD-BYE GROUP

NOTE: Hair appointments available on Sundays, please see sign up sheet.

(OVER)



A T E I S E N H O W E R

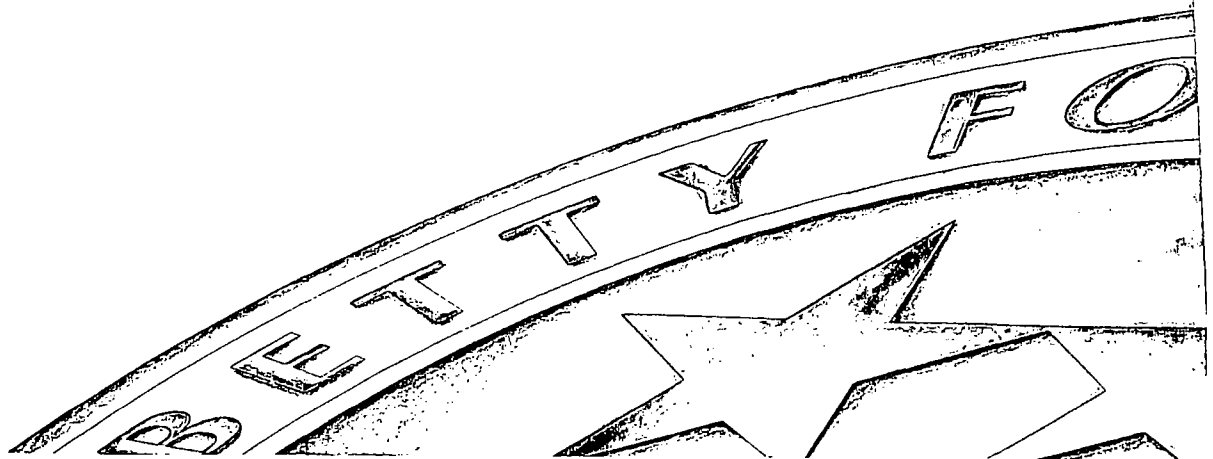
Clinton Presidential Records Digital Records Marker

This is not a presidential record. This is used as an administrative marker by the William J. Clinton Presidential Library Staff.

This marker identifies the place of a publication.

Publications have not been scanned in their entirety for the purpose of digitization. To see the full publication please search online or visit the Clinton Presidential Library's Research Room.

PHOTOCOPY
PRESERVATION





PHOTOCOPY
PRESERVATION

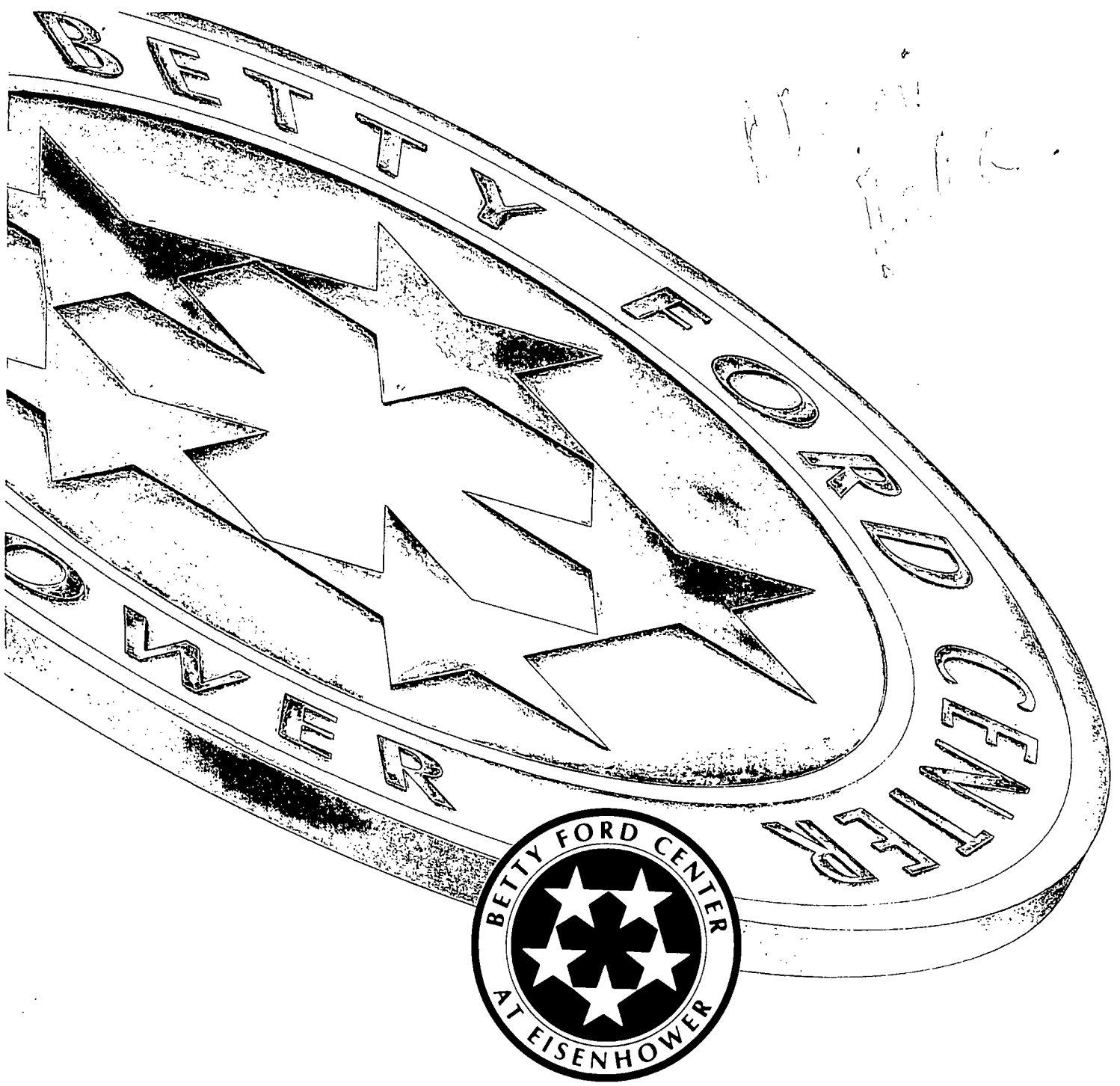


PHOTOCOPY
PRESERVATION

BETTY FORD CENTER™

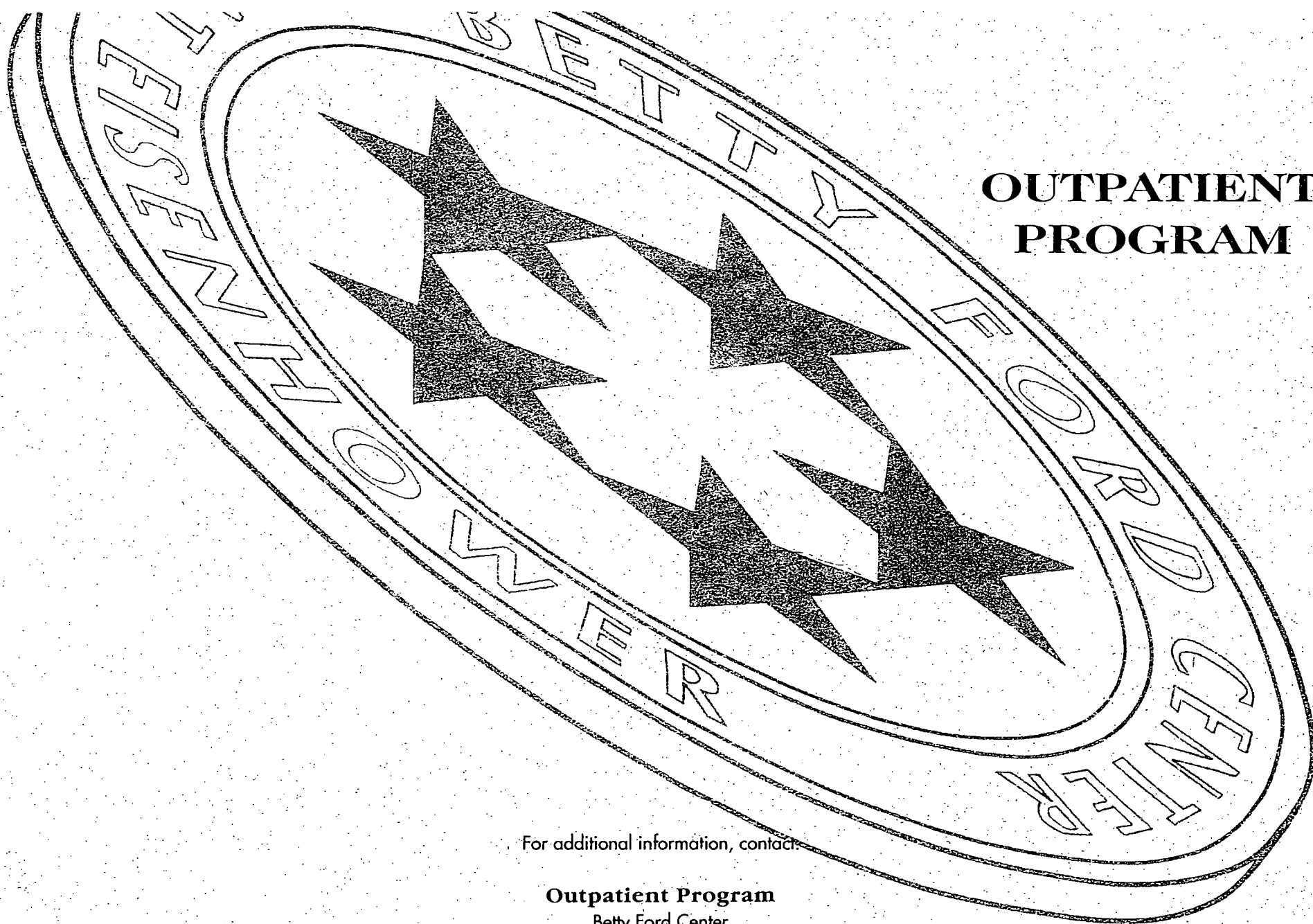
A T E I S E N H O W E R

39000 Bob Hope Drive, Rancho Mirage, California 92270 · 619-773-4100 · 1-800-854-9211



PHOTOCOPY
PRESERVATION

A T E I S E N H O W E R



OUTPATIENT PROGRAM

For additional information, contact:

Outpatient Program

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4112
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

PROGRAMS AND ELIGIBILITY

The Betty Ford Center Outpatient Program is designed for those individuals who need a structured recovery program for alcoholism, other drug dependencies or co-dependency.

The Outpatient Program allows patients to continue living at home, maintain their present job and their normal patterns of living.

The Betty Ford Center Outpatient Program consists of six weeks of intensive therapy (including group therapy, lectures, films and discussions). Mandatory attendance is required at daily meetings (Monday through Friday from 5:30 to 9:30 p.m.) during the initial six weeks of the program. Friday evening is a social followed by 12-Step meetings. Attendance at AA or Al-Anon meetings is mandatory.

Persons considering the Betty Ford Center Outpatient Program must be 18 years of age or older and have the ability to remain alcohol and drug free throughout the treatment program.

A physical examination is required as part of admission to the treatment program.

Potential patients should live within a 60-mile radius of the center, located in Rancho Mirage, California.

FAMILY

Primary patients and their significant others may enter the six week treatment simultaneously, each focusing on their own problems. Co-dependents may enter the six week outpatient treatment even if they have no one in treatment for alcoholism or other drug dependency. The five day Family Program is another option. Participation by family members is extremely critical.

TREATMENT

The Betty Ford Center Outpatient program's inter-disciplinary team includes alcohol and drug counselors, pastoral counselors, a physician, a psychologist, and family counselors.

Group therapy is an integral part of the Outpatient Program which is based on the 12-step philosophy of Alcoholics Anonymous.

Patients attend lectures, group therapy and individual counseling in the Cork Family Pavilion. Experiences are shared during breaks in the coffee lounge; warmth, caring and support are critical components of the program.

ADMISSION

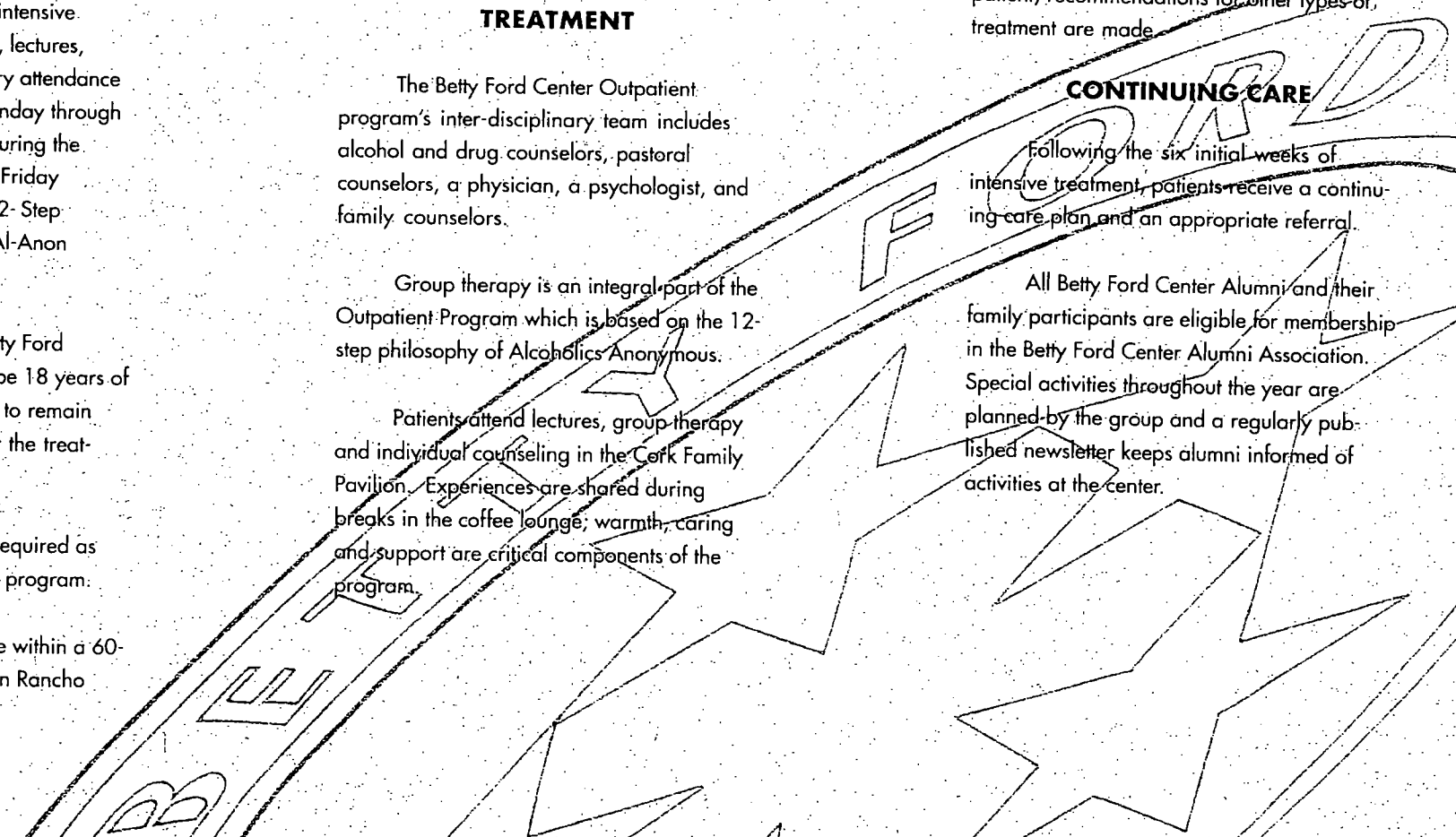
Treatment at the Betty Ford Center is affordable for most families. The center's programs are approved by most third-party insurance carriers which cover alcoholism and other drug dependency treatment.

Prospective patients are evaluated prior to admission; not all persons are appropriate for outpatient care. If the outpatient program is not considered appropriate for a prospective patient, recommendations for other types of treatment are made.

CONTINUING CARE

Following the six initial weeks of intensive treatment, patients receive a continuing care plan and an appropriate referral.

All Betty Ford Center Alumni and their family participants are eligible for membership in the Betty Ford Center Alumni Association. Special activities throughout the year are planned by the group and a regularly published newsletter keeps alumni informed of activities at the center.





THE MISSION OF THE BETTY FORD CENTER

For additional information, contact:

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4100
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

MISSION

We provide effective alcohol and other drug dependency treatment services to help women, men and families begin the process of recovery.

VISION

The Betty Ford Center will be an integrated healthcare provider with accessibility to all individuals and families whose lives have been impacted by alcohol and other drug dependence. We will continue to cultivate a team of competent, compassionate personnel who are dedicated to individualized care and committed to continuously improving customer service. We will use ongoing clinical research and development to maintain an environment open to learning and to provide education to the community we serve. Leadership at BFC will reflect a spirit of collaboration which embraces teamwork, communication, and trust among personnel and Board. The Betty Ford Center will be recognized throughout the world as outstanding in the treatment of alcohol and other drug dependence.

OUR COMMITMENTS

- We create an environment of caring, compassion, and trust within which the process of healing can begin.

- Our environment is built upon honesty, integrity and the highest ethical standards.

- We recognize the contribution each member of the organization makes toward providing treatment excellence.

- The strength of our program is individualized treatment which respects the dignity of each person.

- We remain fiscally responsible by providing quality care at reasonable rates and assisting those with limited financial resources.

- Our patient care and customer satisfaction is continuously improved by the study, analysis, and refinement of all processes and systems.

- We work in a spirit of collaboration with alumni, referents, donors, and the community to deliver excellent service.

- We will continually educate our staff and the community about the treatment of alcoholism and other drug dependency.

THE CHILDREN'S PROGRAM

For additional information, contact:

The Children's Program

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4114
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

***"I Wish I Could
Have No Alcohol in
the World!"***

This headline is one example of the comments found on the evaluations each child completes after participating in The Childrens' Program. Here are a few others:

"I can't make a chemically dependent person stop drinking."

"I play many rolls" (sic).

"Sharing your feelings is good."

"I can be a chemically dependent person threw (sic) my genes."

"I learned you can die from alcohol and what chemical dependency is."

"I wish I could be a millionaire and I wish that there was no chemically dependent person in my family and my parents weren't divorced."

The Betty Ford Center Childrens' Program is a three day educational program (followed by a 12-week continuing care program) for children who are not involved in alcohol or drugs, but come from families with alcoholism and other drug dependencies. Groups are small, and the program is scheduled once a month for children ages 7-12. Counselors from the Family Program and volunteers staff the program, which runs from 8:30 a.m. to 3:30 p.m. each day.

PARENT PARTICIPATION

At least one parent/guardian must participate in the Childrens' Program. Parents are included in an orientation/introduction for one and a half hours on the first day and are with the children all of the third day, which includes a special program on parenting skills.

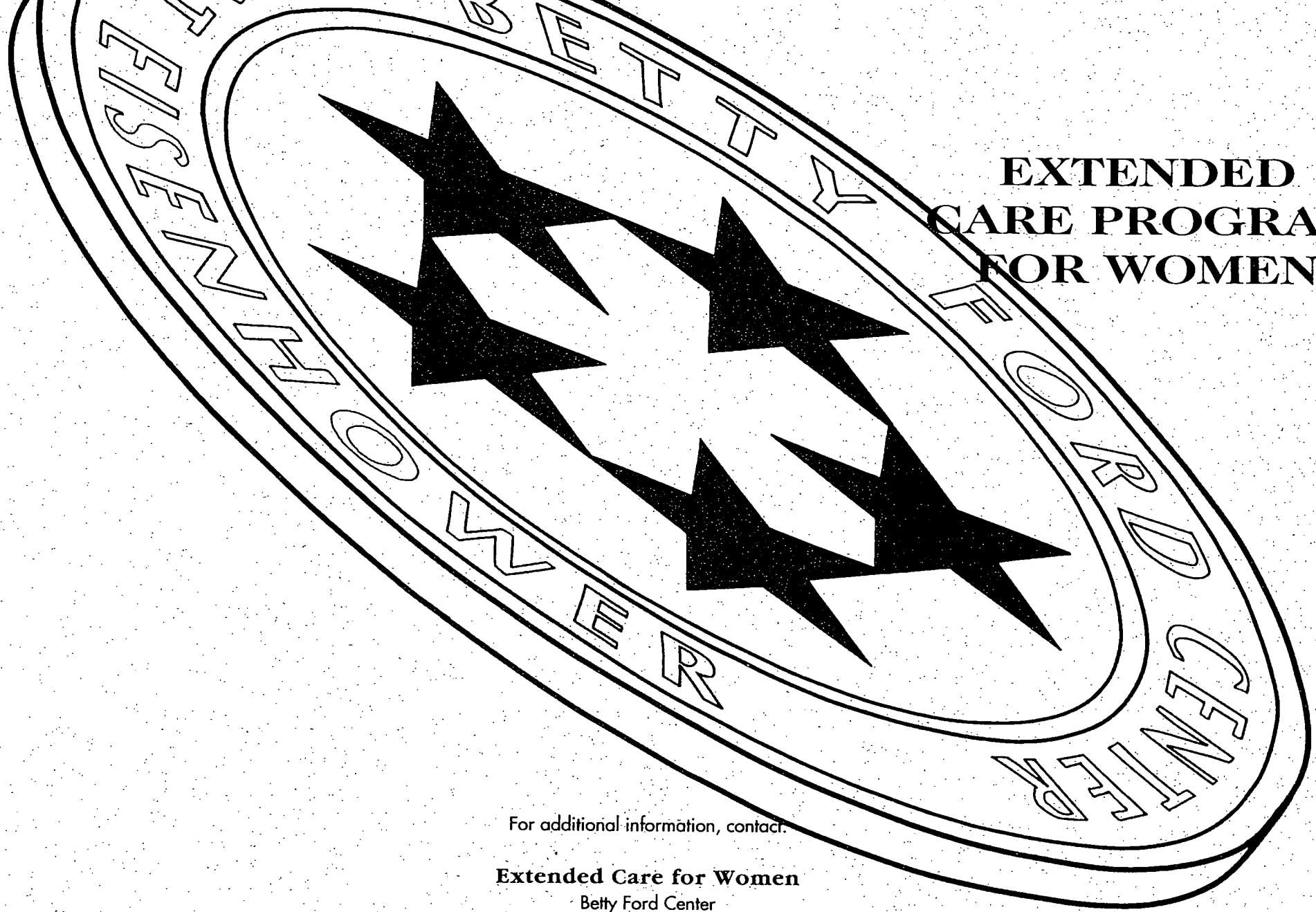
It is expected that the alcohol and other drug dependent person in recovery participate. It is essential that the alcohol and other drug dependent parent not in recovery be abstinent to be assessed for participation.

PROGRAM GOALS

- Parent-child communication
- Educate about the disease
- Build trust
- Learn to identify and share feelings

GENERAL INFORMATION

Teaching methods include art and play therapy, films, written exercises, games, role play, relaxation and recreational activities, stories and discussion. The continuing care is one hour a week for 12 weeks for those children who live in the area. (Referrals are made for those who live outside the area.) Children are also introduced to the Alcoholics Anonymous 12-Step program of Alateen.



EXTENDED CARE PROGRAM FOR WOMEN

For additional information, contact:

Extended Care for Women

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4100
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

INTRODUCTION

Over the years, the Betty Ford Center has become recognized as an international leader in the field of alcoholism and other drug dependencies.

From the beginning, we have provided treatment for a significantly higher percentage of women (almost 50%) than most treatment programs.

Our goal is to provide a program for women offering the highest level of quality care, while keeping the cost affordable and the program as accessible as possible.

BACKGROUND

The Betty Ford Center Extended Care Program for Women is the culmination of a dream and a vision shared by Mrs. Ford and her staff. They saw a need to provide additional care for women who have already begun their recovery in primary treatment.

Early recovery often presents challenges that can be overwhelming to a woman just beginning this journey.

This innovative program provides a safe and loving environment for a woman alcoholic or addict to begin to make the changes emotionally, spiritually, and behaviorally that support long-term recovery. In this process, each woman is encouraged to view each day as an opportunity for growth and renewal in recovery.

THE FACTS

Alcoholism and other drug dependencies are a chronic, progressive disease that, if not treated, will be fatal.

Alcohol used by pregnant women is the leading known cause of mental retardation in newborns.

Women's drinking and drug problems are often viewed as less serious than men's, making proper diagnosis, and early intervention and treatment more difficult.

Women frequently use other drugs in combination with alcohol, placing them at a higher risk for physical and psychological impairment.

Even with less alcohol consumption, women are more likely to develop liver disease than men and women have a greater risk of dying once the liver has been injured.

Physicians prescribe two thirds of all legal psychoactive drugs to women and more than one million women are dependent on those drugs.

THE PROGRAM

The Betty Ford Center Extended Care Program for Women allows the newly recovering woman:

- to integrate into a community of recovering women;
- to have time for emotional, physical, and spiritual healing to occur;
- to examine relationships with others and with alcohol or other drugs;
- to discover themselves as women of value and worth.

The Betty Ford Center Extended Care Program for Women is located in Fisher Hall on the Betty Ford Center Campus. Women recommended to this program have completed primary treatment and stay for periods ranging from 30 to 90 days. The length of stay is determined by staff who assess each woman's individual needs.

The women in the Betty Ford Center Extended Care Program are given the opportunity to develop and practice recovery skills. In support of this the Program includes:

- focused group therapy;
- off campus 12-Step meetings;
- exercise and stress management sessions;
- spirituality groups;
- formulation of relapse prevention plan and recovery plan;
- on campus work.

REGISTRATION

Due to limited space, family members are encouraged to contact the Family Department as soon as possible to reserve space during the appropriate week, usually week three. Family members may call (toll free U.S. and Canada 800-854-9211) or 619-773-4114 and ask for the Family Department. Questions and concerns also can be addressed by calling these telephone numbers. Persons who do not have a loved one in our treatment program are also welcome. Alcohol and other drug dependencies negatively affects all family members and significant others. However, assistance is available and the professional staff of the Betty Ford Center will provide help for your family recovery.

FAMILY PROGRAM

For additional information, contact:

Family Program

Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4114
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

A FAMILY ILLNESS

Alcoholism and other drug dependency is an illness which has a profound effect on both the individual and his/her family members.

The addiction affects a person physically, emotionally, mentally and spiritually. The illness is so pervasive that the American Medical Association (AMA) has classified it as a disease. Researchers and scientists are not certain what causes alcoholism or other drug dependency, but it is clear the dependent person's life becomes progressively self-destructive.

The emotional life of a person dependent on alcohol or other drugs becomes distraught with fears, anger, mistrust and shame. Physical and mental stress brings disruption to his/her daily life. There are similar effects on the physical, emotional, mental and spiritual lives of the family members. For all persons involved, alcoholism or other drug dependency is a primary, progressive, chronic and eventually fatal disease. However, this incurable disease is treatable. Through treatment, the progression of reacting to the disease can be arrested for the alcohol and other drug addicted person, for family members and significant others.

Those relating to a person dependent on alcohol or other drugs are caught up in the progression of the disease from the very beginning. Family members change their behavior and often cover up, making excuses for the person's behavior, even when it goes against their values and ethics. Family members may neglect their own needs as a means to get the person to stop using chemicals. Feelings are avoided and there is denial that alcohol or other drugs are the problem. Family members blame themselves for the problems and lose their self-respect and esteem. Some become judgmental and intolerant and begin to believe the person is the cause of all the problems. If these things are going on in the family, the family requires help.

FAMILY TREATMENT - WHAT IS IT?

Family treatment is a recognized form of therapy which provides education and support for family members or other significant relationships. The Betty Ford Center's Family Program is a five-day intensive process of education and therapy for adolescents and adults. It is designed to help family members begin their recovery from the effects of the disease of alcoholism and other drug dependency. It is extremely critical for family members to participate. Young children, too, are affected by this disease and need help. Monthly, we offer a special three day Children's Program for those ages 7 through 12.

EDUCATION

It is important to learn about the effects of this disease on the user and the significant family members. The Betty Ford Center provides this education through presentations and films about the various dynamics of the disease. Lectures cover subjects including disease and addiction, family disease, shame and addiction, family roles, the Al-Anon Twelve Step Program, spirituality, grief and loss, communication, relapse and recovery.

GROUP THERAPY

Group therapy sessions allow participants the opportunity to share feelings and concerns and receive guidance from the family counselors and other participants. Discussion groups assist participants in understanding their own powerlessness over and unmanageability of the disease.

PATIENT PARTICIPATION

Two half days are planned for communication between the family members and the patient if the patient is in treatment. Time is provided for family members who have no one in treatment. The focus is on family roles and communication skills. This time of interaction proves to be enlightening and fulfilling for the alcohol or other drug dependent persons as well as their family members.

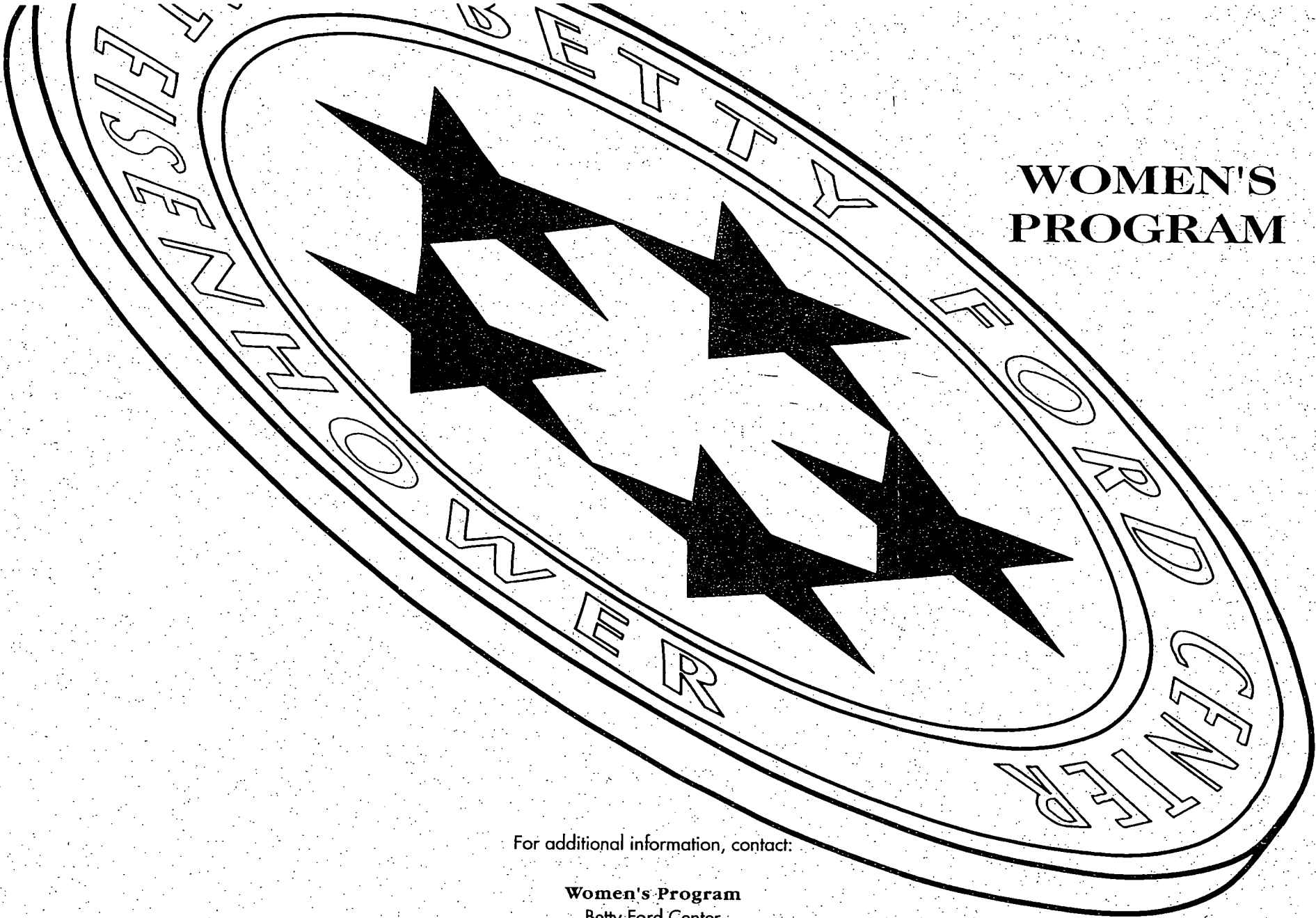
AL-ANON AND CONTINUING CARE

The foundation of the Betty Ford Center's Family Program is based on the Twelve Step program of Al-Anon, a recovery and maintenance program for family members. The Betty Ford Center encourages all family members and significant others to participate in this program following their five days of family week. Another support available to family members is local Continuing Care programs. Generally, Continuing Care programs meet once a week for group therapy, which enhances and continues the therapeutic process which has begun at the Betty Ford Center.

IMPORTANT INFORMATION ABOUT FAMILY WEEK

To enhance participants' time in the Family Program, the Betty Ford Center has the following expectations:

1. The intensive program runs Monday through Friday from 8:30 a.m. to 3:30 p.m., and it is imperative that participants make a commitment to attend the entire program.
2. Check-in time is 8 a.m. Monday for participants for family week. Preregistration is essential. Participants are asked to check in at the reception desk in the Cork Family Pavilion.
3. Use of mind-altering or mood-altering chemicals (i.e., alcohol, marijuana, Valium, etc.) by the participants during the five days is not permitted. This includes evenings away from the center. (If participants are on prescribed drugs, they need to inform the staff.)
4. Participants are expected to attend all sessions of education and therapy. Active participation is encouraged.
5. The noon meal is provided at no extra cost.
6. There is no visiting with persons in residential treatment except Sunday 1-5 p.m. and designated times during the Family Program.



WOMEN'S PROGRAM

For additional information, contact:

Women's Program
Betty Ford Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270

local: 619-773-4100
Toll Free: 800-854-9211
Fax: 619-773-1697



BETTY FORD CENTER
AT EISENHOWER

INTRODUCTION

Over the years, the Betty Ford Center has become recognized as an international leader in the field of alcoholism and other drug dependencies.

From the beginning, we have provided treatment for a significantly higher percentage of women (almost 50%) than most treatment programs.

Our goal is to provide a program for women offering the highest level of quality care, while keeping the cost affordable and the program as accessible as possible.

THE FACTS

Alcoholism and other drug dependencies are a chronic, progressive disease that, if not treated, will be fatal.

Alcohol used by pregnant women is the leading known cause of mental retardation in newborns.

Women's drinking and drug problems are often viewed as less serious than men's, making proper diagnosis, and early intervention and treatment more difficult.

Women frequently use other drugs in combination with alcohol, placing them at a higher risk for physical and psychological impairment.

Even with less alcohol consumption, women are more likely to develop liver disease than men, and women have a greater risk of dying once the liver has been injured.

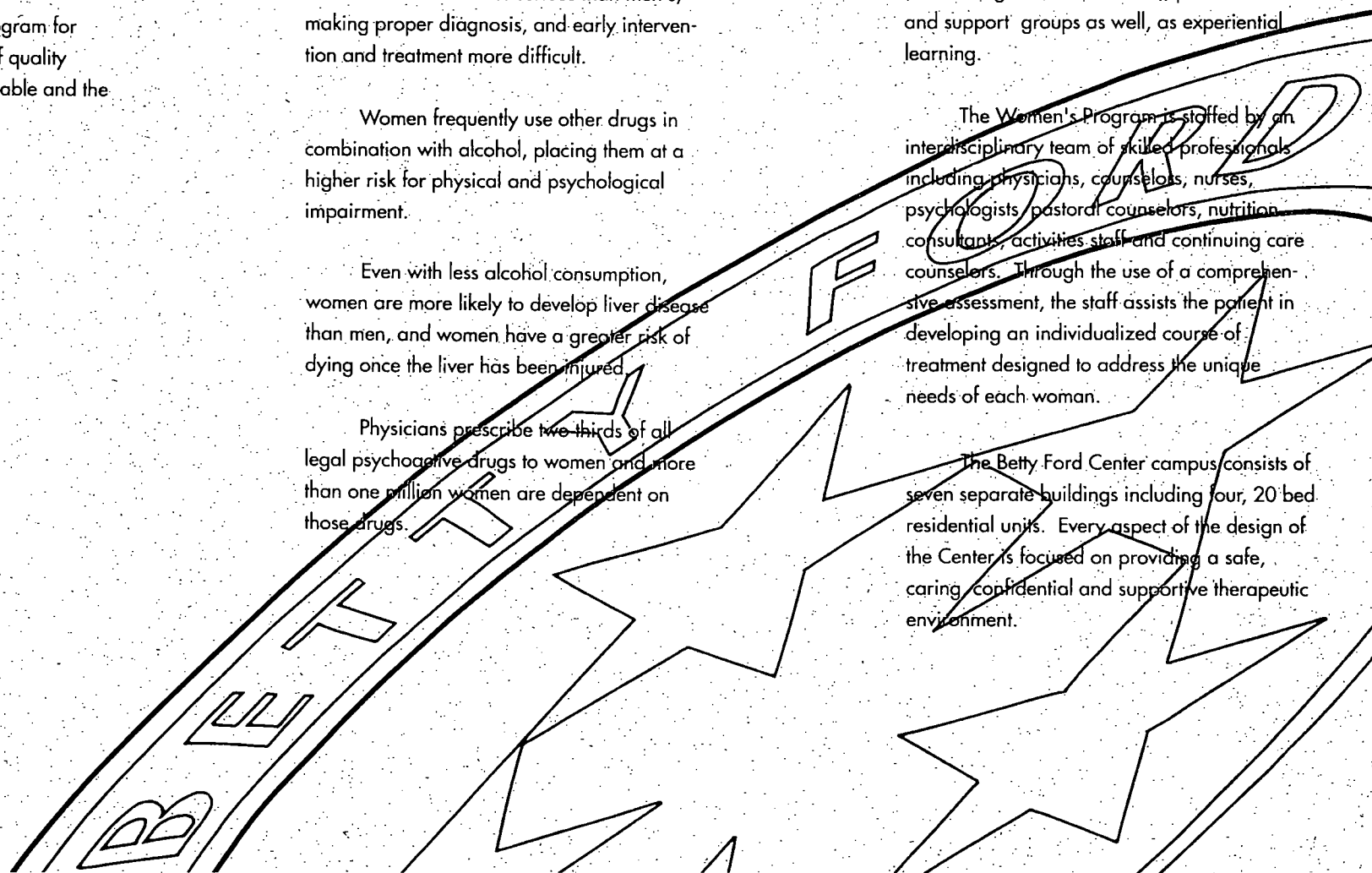
Physicians prescribe two-thirds of all legal psychoactive drugs to women and more than one million women are dependent on those drugs.

A PROGRAM FOR WOMEN BY WOMEN

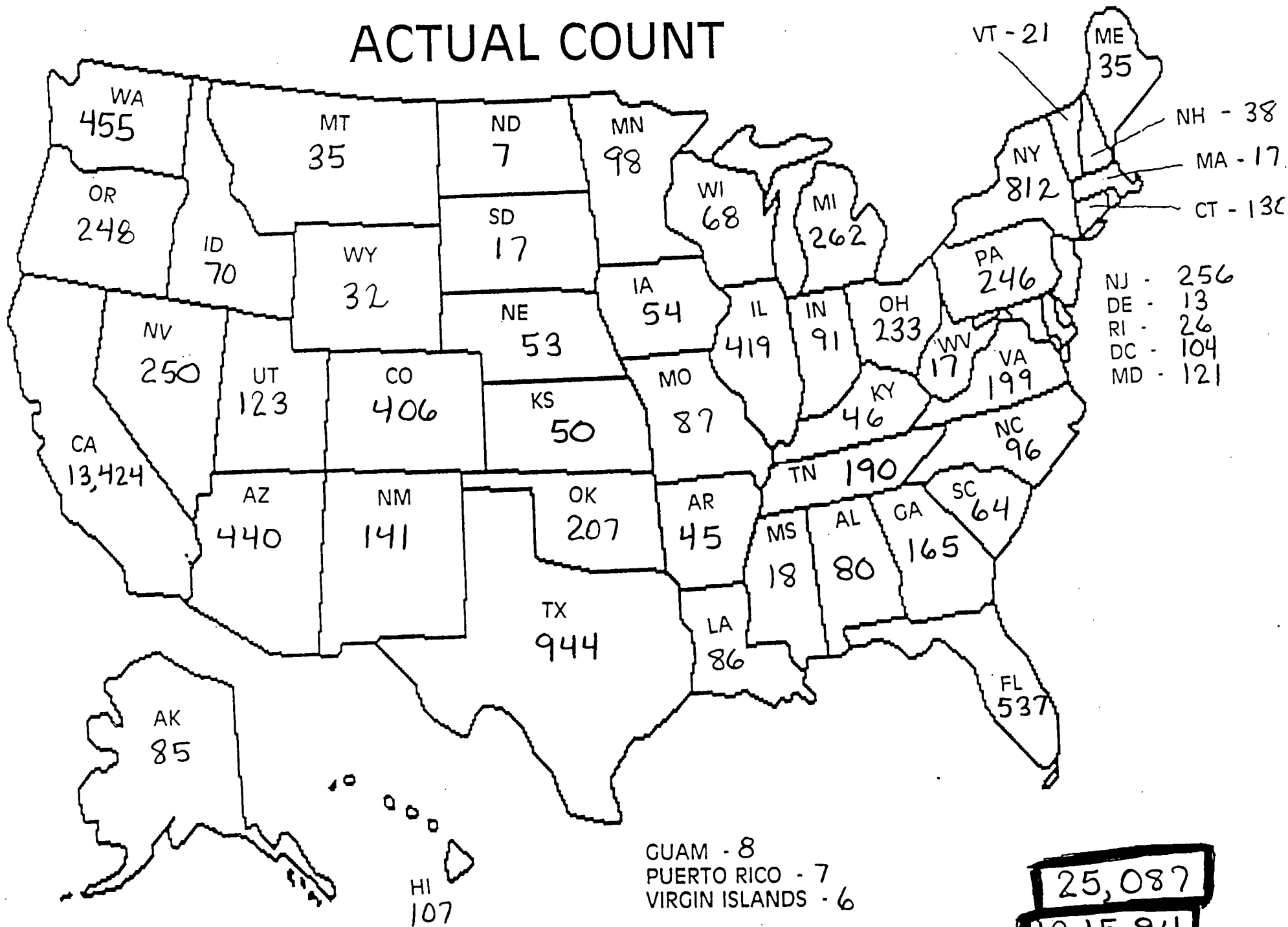
Developed by women for women, the Women's Program at the Betty Ford Center recognizes the unique treatment needs of women addicted to alcohol and other drugs. The program, based on the Twelve Steps of Alcoholics Anonymous (AA), consists of individual and group therapy, educational presentations, physical exercise, activities (addressing stress and leisure), peer interaction and support groups as well, as experiential learning.

The Women's Program is staffed by an interdisciplinary team of skilled professionals including physicians, counselors, nurses, psychologists, pastoral counselors, nutrition consultants, activities staff and continuing care counselors. Through the use of a comprehensive assessment, the staff assists the patient in developing an individualized course of treatment designed to address the unique needs of each woman.

The Betty Ford Center campus consists of seven separate buildings including four, 20 bed residential units. Every aspect of the design of the Center is focused on providing a safe, caring, confidential and supportive therapeutic environment.



BFC ALUMNI ACTUAL COUNT



25,087
12-15-94

BETTY FORD CENTER INPATIENT TREATMENT SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00	WAKE-UP				
6:30	THERAPEUTIC DUTY ASSIGNMENTS (TDA)				
6:45 - 7:45	BREAKFAST (6:45 - DuPont, 6:55 - Fisher, 7:10 - McCallum, 7:20 - Pocklington)				
8:00 - 8:30	MEDITATION WALK or BUSINESS OFFICE or ALUMNI or FAMILY ORIENTATION (8:15)				
8:45 - 9:20	LECTURE & MEDITATION				
9:30 - 9:45	PEER PROCESS OF LECTURE				
10:00 - 11:30	GROUP THERAPY				
11:40			ALUMNI CONTACT * Pocklington	ALUMNI CONTACT * McCallum	
11:40 - 12:40	LUNCH (11:45 - DuPont, 11:55 - Fisher, 12:05 - McCallum, 12:15 - Pocklington)				
12:40			ALUMNI CONTACT * Fisher	ALUMNI CONTACT * DuPont	
12:50 - 1:50	1ST STEP GROUP	COMMUNITY MEETING	1ST STEP GROUP	1ST STEP GROUP	1ST STEP GROUP
2:00 - 2:50	ACTIVITIES THERAPY - Men				
	GRIEF GROUP * Fisher	GRIEF GROUP * DuPont	NICOTINE GROUP * Women	2ND & 3RD STEP GROUP Fisher	2ND & 3RD STEP GROUP DuPont
	PEER EVALUATIONS DuPont	PEER EVALUATIONS Fisher		RELAPSE GROUP DuPont	RELAPSE GROUP Fisher
3:10 - 4:00	ACTIVITIES THERAPY - Women				
	GRIEF GROUP * McCallum	GRIEF GROUP * Pocklington	NICOTINE GROUP * Men	2ND & 3RD STEP GROUP Pocklington	2ND & 3RD STEP GROUP McCallum
	PEER EVALUATIONS Pocklington	PEER EVALUATIONS McCallum		RELAPSE GROUP McCallum	RELAPSE GROUP Pocklington
4:10 - 5:00	ASSIGNMENTS				
	STRESS/PAIN MANAGEMENT *	BODY IMAGE * Men	STRESS/PAIN MANAGEMENT *	BODY IMAGE * Women	TRANSITION GROUP *
5:15 - 6:15	DINNER (5:15 - DuPont, 5:25 - Fisher, 5:35 - McCallum, 5:45 - Pocklington)				
6:30 - 7:00	LECTURE				
7:05 - 7:20	PEER PROCESS OF LECTURE				
7:30 - 8:30		A.A.	PEER EVALUATIONS	N.A.	A.A.
8:30 - 9:30	GOOD-BYE GROUP				

NOTE: MEDALLION CEREMONIES: 9:45 am or 12:45 pm (As Scheduled)
* AS ASSIGNED (OVER)

BETTY FORD CENTER INPATIENT TREATMENT SCHEDULE

SATURDAY	TIME	SUNDAY
WAKE-UP	6:15	
THERAPEUTIC DUTY ASSIGNMENTS	6:30	
BREAKFAST (6:45 - DuPont, 6:55 - Fisher, 7:10 - McCallum, 7:20 - Pocklington)	6:45 - 7:45	
MEDITATION WALK	8:00 - 8:30	
	8:30	THERAPEUTIC DUTY ASSIGNMENTS
LECTURE & MEDITATION	8:45 - 9:20	
	9:00	SPIRITUAL SERVICES (OPTIONAL)
AWARENESS HOUR	9:00 - 10:30	
GROUP THERAPY	10:00 - 11:30	
PEER PROCESS OF LECTURE	9:30 - 9:45	
	9:30 - 11:00	BRUNCH
	11:00	LIFE STORIES
LUNCH (11:45 - DuPont, 11:55 - Fisher, 12:05 - McCallum, 12:15 - Pocklington)	11:40 - 12:40	
1ST STEP GROUP	12:50 - 1:50	
	1:00 - 5:00	VISITING HOURS
OPTIONAL ACTIVITIES THERAPY - Men	2:00 - 2:50	
4TH STEP GROUP or GROUP THERAPY - Women		
	2:00 - 3:00	OPTIONAL EXERCISE ROOM/POOL - Men
	2:00 - 4:00	BUFFET
	3:00 - 4:00	OPTIONAL EXERCISE ROOM/POOL - Women
OPTIONAL ACTIVITIES THERAPY - Women	3:10 - 4:00	
4TH STEP GROUP or GROUP THERAPY - Men		
ASSIGNMENTS	4:00 - 4:45	
DINNER (5:15 - DuPont, 5:25 - Fisher 5:35 - McCallum, 5:45 - Pocklington)	5:15 - 6:15	
	5:00 - 6:00	PROCESS FAMILY VISITS
	6:30 - 7:30	PATIENTS A.A. MEETING
BIG BOOK STUDY	7:00 - 8:00	
	8:00 - 8:45	GOOD-BYE GROUP

NOTE: Hair appointments available on Sundays, please see sign up sheet.

(OVER)



BETTY FORD
CENTER

A T E I S E N H O W E R

Clinton Presidential Records Digital Records Marker

This is not a presidential record. This is used as an administrative marker by the William J. Clinton Presidential Library Staff.

This marker identifies the place of a publication.

Publications have not been scanned in their entirety for the purpose of digitization. To see the full publication please search online or visit the Clinton Presidential Library's Research Room.



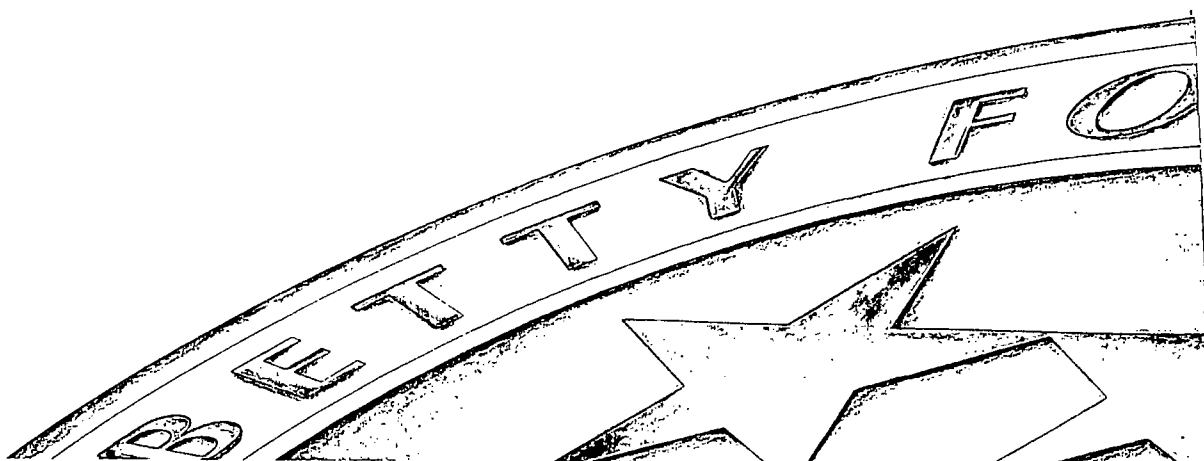
PHOTOCOPY
PRESERVATION

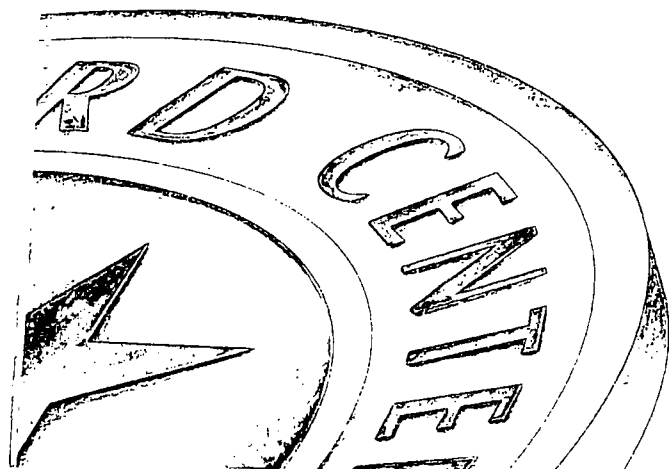
BETTY FORD CENTER™

A T E I S E N H O W E R

39000 Bob Hope Drive, Rancho Mirage, California 92270 · 619-773-4100 · 1-800-854-9211

PHOTOCOPY
PRESERVATION





PHOTOCOPY
PRESERVATION