

**PARENTS:**  
The Enclosed Guide  
Will Help You Be  
AIDS-Smart, Too.

# RISKY TIMES

How to be  
AIDS-Smart  
and Stay  
Healthy

A Guide for Teenagers  
by Jeanne Blake

Introduction by Jerome Groopman, M.D.



# KNOW THE FACTS, NOT THE MYTHS

**C**an you get AIDS from a mosquito bite? from a sneeze? from a kiss? from sharing a needle to pierce your ears or having sex just once?

In this understanding and trustworthy guide, Jeanne Blake answers the most often asked questions:

- What are the symptoms of AIDS?
- Do I need to worry about AIDS if I'm not gay? if I don't take drugs?
- How is HIV transmitted?
- What does a positive test result mean?
- When will there be a cure for AIDS?

For additional copies of  
*The Parents' Guide  
to Risky Times*,  
see inside back page.

*"In most cases, AIDS can be avoided, and education is the best way to do that. RISKY TIMES, by providing clear, straightforward, scientifically accurate information...is a book that can save your life."*

- From the Introduction by  
Jerome Groopman, M.D.,  
Harvard Medical School

Jeanne Blake is an award-winning medical reporter in Boston. She wrote *RISKY TIMES* with the help of six high-school students from Cambridge, Massachusetts.

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