

1 No. 1.4: "The Secretary should conduct a study
2 to analyze nationally used coding processes, CAM coding
3 systems, and the issues associated with the single-merged
4 versus separate coding systems, and make recommendations.

5 Further, the Secretary should facilitate
6 implementation of the study's recommendations."

7 George.

8 MR. DeVRIES: I am not quite comfortable with
9 the last sentence saying, "Further, the Secretary should
10 facilitate implementation." I mean, that is a pretty
11 bold step. I mean, it just seems like, do the study:
12 publish the results. They are available for provider
13 associations, health plans, and others to look at and to
14 evaluate and potentially adopt.

15 DR. GORDON: Comments on this? Yes, Don.

16 DR. WARREN: Would the insurance industry then
17 take the findings of the survey and then formulate
18 whether they are going to use the single system, or
19 merged system, or two separate systems and use it
20 industry-wide?

21 MR. DeVRIES: Well, if the Secretary is
22 required to facilitate the implementation of the study's

1 recommendations, and whatever comes out of the
2 recommendations gets implemented, I think there are
3 various CAM professions that would say, we are satisfied,
4 for example, with the CPT code process and we like
5 billing using CPT codes because it keeps us on an
6 equivalent basis with other types of providers,
7 conventional providers.

8 Whereas, if this study says, gee, there is a
9 lot of value to one-offing and going into this unique
10 system, a CAM profession might say, we respect that
11 recommendation but we would rather stay in the CPT code
12 system because we think it is better for us as a
13 profession.

14 So, making the recommendation that the
15 Secretary has to facilitate implementation is, maybe, a
16 little overly restrictive.

17 DR. GORDON: Okay, other comments on this?
18 Joe.

19 DR. FINS: I think we should simply say "Health
20 and Human Services should conduct," not the Secretary.
21 It is not initially at the level of the Secretary, and
22 there may be agencies within that would do the study. I

1 think I would take that last sentence out as well. I
2 think it is presumptuous to implement something when you
3 don't know the results.

4 DR. GORDON: Is there agreement to taking out
5 the last sentence and accepting the recommendation of the
6 action step, otherwise?

7 DR. FINS: Without saying, "the Secretary
8 should conduct," but "Health and Human Services should
9 conduct."

10 DR. GORDON: Saying the Department should
11 conduct?

12 DR. FINS: Right, right.

13 DR. GORDON: Maureen, do you want to say why it
14 said "Secretary" in here?

15 MS. MILLER: Saying "the Department" is fine.

16 DR. GORDON: "Department" is fine, okay. Let's
17 move on. We are okay with this?

18 MS. AXELROD: Just for clarification, this is a
19 term we have used throughout the whole document, "the
20 Secretary," because the Secretary has the authority to
21 delegate.

22 So, just for clarification of the other

1 sections, do you all want that removed?

2 DR. GORDON: I think it is fine to say, "the
3 Secretary." I think this is a term of art in the
4 government.

5 MS. MILLER: It is. It is.

6 DR. FINS: Then I will retract it. Thank you.

7 DR. GORDON: Okay. Good. Thank you, Corrine.

8 No. 1.5: "The National Center for Complementary
9 and Alternative Medicine, through its clearinghouse,
10 should provide information on health services research,
11 demonstrations, and evaluations of CAM services and
12 products."

13 Basically, that is within the congressional
14 mandate for NCCAM. We are just being very specific about
15 it, saying give us some information about health services
16 research.

17 Joe.

18 DR. FINS: I think that we heard testimony that
19 people did not know how to do this kind of research, and
20 I would like to add some kind of language, "provide
21 information and technical guidance, including referral to
22 appropriate agencies on health services research."

1 DR. GORDON: I would think that would be
2 another action item. I think it gets too confusing. If
3 you want to make that another action item, that is fine.
4 I think putting it in here is confusing and two issues.

5 DR. FINS: It would be nice if an investigator
6 called up NCCAM and needed help with the design of a
7 clinical trial, they would also be able to be directed to
8 the evaluative side to do it, if they are doing a
9 population study or something like that.

10 DR. GORDON: Actually, NCCAM has an expert in
11 health services research on staff.

12 Maureen.

13 MS. MILLER: Well, personally, having spent 20
14 years at CMS, I would not want to exclude them, and I
15 think AHRQ is also very beneficial. I think what we
16 would want to do, and I think this is an excellent idea
17 to add, is, we really want to increase the health
18 services research capabilities across the board.

19 DR. GORDON: I would like to put that as a
20 separate action item. Do you want to state that?

21 So, if we can approve this as the information
22 piece of the action item. Do you want to make a

1 recommendation right now before we lose it, for the other
2 action item?

3 DR. FINS: "The National Center for
4 Complementary and Alternative Medicine should" -- you
5 disagree?

6 DR. GORDON: Maureen?

7 MS. MILLER: I just think it should be "the
8 Department," so it is broader than NCCAM.

9 DR. FINS: I guess the issue is, if it is the
10 whole department, people are not going to get referred
11 properly. It could be in the central office.

12 DR. GORDON: Do you want to explain how the
13 process works? That may help Joe formulate. Or, how it
14 might work, if we wanted it to work better.

15 MS. MILLER: I think if the language included
16 "NCCAM in conjunction with other federal agencies."

17 DR. GORDON: So, Maureen, do you want to state
18 it, or do you want to have Joe state it? Either one of
19 you.

20 DR. FINS: I mean, you would probably do it
21 better. "The National Center, along with other agencies,
22 should offer technical assistance in health services

1 research to CAM investigators as requested or as
2 necessary."

3 DR. GORDON: Maureen, can you work on that a
4 little bit? It is just about there.

5 MS. MILLER: Yes.

6 DR. GORDON: Do we agree on that one? Let's
7 move on. That will be a new action item. My suggestion
8 would be, we put it as No. 1.5, and then put the
9 information as No. 1.6. That would be more logical.

10 The next one is the current No. 1.6, which
11 would be No. 1.7: "Health professionals, service,
12 insurance, managed care, and other industry associations
13 and organizations should provide their members with
14 information about CAM and incorporate CAM onto the
15 agendas of their professional meetings."

16 Discussion about this.

17 DR. FINS: I think it is sort of a silly
18 recommendation. I mean, it doesn't do anything, it is
19 not actionable. It is the private sector is out of our
20 Executive Order. It doesn't help, and it keeps the
21 numbers straight. The next won't be 1.7.

22 [Laughter.]

1 DR. GORDON: Maureen, do you want to explain
2 why it was in here as an action item?

3 MS. MILLER: Well, in this whole area of
4 information and lack of information out there, I think it
5 has been there all along, not as a major action step or
6 recommendations but as a minor wake-up call to the
7 industry to say, hey, come on, guys.

8 DR. FINS: How about if we put it in the text?
9 Because it is really not actionable in the context of the
10 Executive Order. We could say, "Along with the
11 recommendations." I mean, this language could just be
12 lifted and put in the text. It would be more appropriate
13 as text versus an action item. I mean, it is not a major
14 point, I really don't care about it.

15 DR. GORDON: Any other discussion on this?

16 MS. MILLER: I wouldn't fall on my sword,
17 either.

18 MR. DeVRIES: I'm not sure how you would get
19 this done either, other than providing encouragement, and
20 most health plans aren't going to provide information
21 about something that maybe they don't have expertise in,
22 or that there is not a reason to provide.

1 DR. FINS: No. 1.7, actually, more effectively
2 achieves the goal of 1.6.

3 DR. GORDON: Let me get a sense of the
4 Commission. Are we okay with putting this one in the
5 text? Yes? Yes?

6 COMMISSION MEMBERS [En masse]: Yes.

7 DR. GORDON: Okay. Then, No. 1.7: "Public
8 agencies and private organizations should support the
9 development of informational programs on CAM targeted to
10 help plan purchasers and sponsors, health insurers,
11 managed care organizations, consumer groups, and others
12 involved in the provision of health care services."

13 So this is something that the government can do
14 to connect with private industry, insurers, et cetera.

15 Are we okay with this one?

16 DR. WARREN: So we are not telling them what to
17 do, we are just giving the information and making it
18 available so that they can make their informed decisions?

19 DR. GORDON: Yes. Okay? Good.

20 No. 1.8: "Congress should request periodic
21 reports from appropriate federal departments of the
22 status of and impediments to coverage and reimbursement

1 of CAM services and products for federal beneficiaries,
2 federal employees, military personnel, veterans and
3 eligible family members, and retirees."

4 Seems like an action step to me. Are we okay
5 with this?

6 DR. FINS: Jim?

7 DR. GORDON: Yes.

8 DR. FINS: Line 29, "of CAM services and
9 products demonstrated to be safe and effective."

10 DR. GORDON: Is that okay with everyone?

11 DR. WARREN: Wait a minute, this is just a
12 report, isn't it?

13 DR. FINS: Yes, but it is not reimbursement of
14 all CAM services.

15 DR. GORDON: Actually, I think I might disagree
16 on this because I think it might be better if we had a
17 report on everything and they explained that we are not
18 covering this because it is not safe and effective, and
19 that would be the reason.

20 So, for example, if somebody says, "Well, are
21 you covering interdimensional pedicures?" They would
22 say, "No, we are not covering it because it is not safe

1 and effective."

2 [Laughter.]

3 DR. GORDON: You haven't had one of those yet?

4 Do you understand what I am saying? What we
5 are interested in is what they are doing, what they are
6 not doing.

7 DR. FINS: Right, but when you say on Line 28,
8 "impediments," you are implying that those things should
9 be covered. It reads like, barriers towards.

10 MR. DeVRIES: Another way to look at this, too,
11 is that this would require reporting on literally
12 hundreds of therapies, and that is a lot to put on them
13 when the reality is, if there was a safe and effective
14 requirement on it, it would probably narrow that down
15 considerably and make it more reasonable, and perhaps
16 enhance possibilities.

17 DR. GORDON: I guess I would like them to
18 address the whole area a bit more broadly. I understand
19 your point about "safe and effective" being there, but I
20 would like to ask them where they are more generally than
21 dealing with safe and effective.

22 Maureen, maybe you can clarify how to do that.

1 MS. MILLER: Well, we didn't put that in here
2 for a couple reasons. One example is, the Veterans
3 Administration is currently very innovative, and they are
4 providing, on a site-by-site basis, various CAM
5 therapies, probably most of which have not been
6 demonstrated as safe and effective.

7 Likewise, OPM, for the federal employees,
8 basically told all the bidders on the Federal Employee
9 Benefits Program that they could develop whatever
10 packages they wanted, and again, this may include things
11 that haven't been proven.

12 DR. GORDON: Joe.

13 DR. FINS: I have got, maybe, language that
14 might help here: "Congress should request periodic
15 reports from appropriate federal departments on the
16 status of CAM benefit packages for federal beneficiaries,
17 federal employees, military personnel," et cetera.

18 Basically, what you are doing is you are
19 getting a periodic snapshot of what the benefit package
20 is for analysis.

21 MS. MILLER: That is one aspect of this, but
22 the big thing for most of the federal agencies that I

1 think will move coverage and reimbursement forward is
2 understanding what the impediments are, such as CMS will
3 outline their legislative barriers, "The 55 benefit
4 categories do not include CAM services."

5 I mean, these reports don't necessarily have to
6 be huge or long, but they can outline that the current
7 legislative authority for Medicare limits the benefit
8 categories and the types of practitioners who can receive
9 reimbursement under Medicare.

10 DR. GORDON: I think unless we do this we are
11 not going to get the information we want. They can
12 simply say, "This is not safe and effective, so we are
13 not covering it." That's fine. Or, they can say, "We
14 are covering it even though it is not safe and
15 effective." We want all those pieces of information, and
16 I don't want to exclude that.

17 DR. FINS: I think there is so much confusion
18 in this one recommendation. I mean, there are lots of
19 different elements. I know what you are intending, I
20 know what I am intending, and I know what Maureen has
21 just said. I agree with the sentiment of what you want
22 to do.

1 DR. GORDON: Could we let Maureen look at it a
2 little more?

3 DR. FINS: I think that is a good idea.

4 DR. GORDON: If we are all agreed with the
5 sentiment. Effie, yes?

6 DR. CHOW: Yes. I agree that we should include
7 everything and not limit it to "safe and effective,
8 established," to get the kind of data that we would want.

9 DR. GORDON: Because I think this is really
10 important. The VA, as Maureen says, is using many
11 different approaches that are not safe and effective.
12 Why not find out what they are doing? They are already
13 covering them, so we ought to know what is going on with
14 them.

15 DR. FINS: Let's move on.

16 DR. GORDON: Thank you, Joe.

17 Recommendation No. 2 on page 20: "Purchasers,
18 insurers, and managed care organizations should extend
19 health plan coverage to safe and effective CAM services
20 and products provided by qualified practitioners."

21 Everyone look over the items, please.

22 [Pause.]

1 DR. GORDON: Let's look at, first of all, the
2 recommendation. How are we with the recommendation?

3 DR. FINS: I think it is too prescriptive. We
4 are telling the private sector what to do, and it is
5 really their purview. I just think it is a bit of an
6 overreach.

7 Maureen, I think we had language last time
8 about a mechanism for CMS and for other entities to make
9 a judgement about whether things would be included or
10 not, and if they were safe and effective they should be
11 considered for inclusion, the same process without bias.

12 So, it seems to me that is what this
13 recommendation should convey, to say that they should.

14 DR. GORDON: Maureen, do you want to say a few
15 words about this? Then let's hear other comments about
16 this recommendation.

17 MS. MILLER: This is the recommendation, not
18 the action steps?

19 DR. GORDON: The recommendation right now.

20 MS. MILLER: I'm sorry, I was distracted.

21 DR. GORDON: Did you hear Joe's concern?

22 MR. DeVRIES: I will offer a comment. Would

1 that be all right?

2 DR. GORDON: Go ahead, George.

3 MR. DeVRIES: In the subcommittee there was a
4 lot of back and forth, and there was an opinion which
5 said, well, if it is proven safe and effective, then
6 health plans absolutely ought to offer it.

7 I think where Maureen and I came out is, and I
8 don't mean to skip down to the action item, but if you
9 read that carefully, what it says is, really, health
10 plans and insurance companies would basically offer
11 purchasers the opportunity to purchase coverage for safe
12 and effective CAM interventions. It doesn't mean that
13 the health plan would be mandated to automatically
14 provide coverage and benefits for everybody, but that
15 they would basically at least make it available and let
16 purchasers purchase additional coverage for the services.

17 In some cases, some health plans will do it for
18 everybody, and some groups, like Federal Employees, will
19 do it across the board, also.

20 Maureen, is that a fair statement?

21 MS. MILLER: That is very true. I might add to
22 what you are saying, for the general consideration here,

1 that we had this exercise in editing for this meeting the
2 whole report, under the direction to take out the word
3 "consider," like "we should consider," and "as
4 appropriate," those kind of things, so that we are more
5 bold.

6 Now, I have to say, in one of the last, final
7 edits, I had left that in this recommendation because I
8 thought we were getting a little too far out ahead. What
9 Max just distracted me on is this issue of, will we be
10 causing inflation in health care by saying, you have to
11 provide all the conventional stuff and now you have to
12 add this. So, I just put that out there for your
13 deliberation.

14 MR. DeVRIES: If we look at the recommendation
15 and if we were to say, "Insurers and health plans should
16 offer health plan coverage to safe and effective CAM
17 services and products provided by qualified practitioners
18 to purchasers," period, that basically is saying it is
19 not mandated but the health plans would offer the
20 benefits, and then the purchasers would have the option
21 of purchasing them.

22 DR. FINS: I agree with that completely,

1 because this looks like you are requiring them to do
2 that.

3 MR. DeVRIES: Yes. The recommendation doesn't
4 match the action item.

5 DR. FINS: Right. What you just said, can you
6 just read it? Because I want to add something at the
7 very end of what you said.

8 MR. DeVRIES: What's that?

9 DR. FINS: Repeat what you just said, George.

10 MR. DeVRIES: "Insurers and health plans should
11 offer health plan coverage for safe and effective CAM
12 services and products provided by qualified practitioners
13 to purchasers," or maybe it should say they should "offer
14 health plan coverage to purchasers of safe and effective
15 CAM services."

16 DR. FINS: Keep purchasers and say "for their
17 consideration."

18 MR. DeVRIES: "For their consideration."

19 DR. FINS: Because the real issue here is that
20 if it has been documented to be safe and effective, they
21 should develop benefit packages that could be offered in
22 the panoply of benefit packages that they offer.

1 MR. DeVRIES: Exactly. Exactly.

2 DR. GORDON: I want to get other reactions to
3 this from anyone else, concerns about this.

4 DR. BERNIER: Jim?

5 DR. GORDON: Yes, George.

6 DR. BERNIER: I guess the one concern is if you
7 took one from Column A, and two from Column B for your
8 coverage, would that be safeguarded in this picture? It
9 is.

10 MS. MILLER: If I might, just before we go too
11 far down this road, at one point we had this broken up
12 into two. We had one thing for health plans, for
13 insurers and managed care companies, and one for
14 purchasers, because if this replaces Recommendation No.
15 2, the problem is, a lot of the government agencies
16 because for their benefit packages they don't go to
17 insurers and managed care companies. They are the
18 purchaser and the insurer. So, we need a second
19 recommendation.

20 MR. DeVRIES: Do you need a second
21 recommendation, or can you simply say, "Health plans,
22 insurers, and administrators shall make available to

1 purchasers," whether it is on an insured basis or a fully
2 self-funded basis?

3 MS. MILLER: Well, I would have to think about
4 this, but what comes to mind is TriCare for the Defense
5 Department. I don't think they are just an
6 administrator, they actually provide services, too.

7 MR. DeVRIES: Right. But ultimately, even if
8 it is a government agency and they are the purchaser,
9 they make the ultimate choice of whether to add coverage
10 for a particular benefit or not.

11 MS. MILLER: In some cases they would decide,
12 and in some cases Congress would have to decide.

13 MR. DeVRIES: Congress would decide, right.

14 DR. GORDON: Maybe other people want to enter
15 the discussion.

16 Effie, you had your hand up. No?

17 DR. CHOW: I'm sorry, I have to leave you.

18 DR. GORDON: You have to go. Thank you. Bye,
19 Effie.

20 [Applause.]

21 DR. GORDON: Let me raise one question for
22 consideration. Why wouldn't we want to mandate safe and

1 effective CAM practices the same way we would mandate
2 safe and effective conventional practices, just out of
3 curiosity?

4 MR. DeVRIES: There are safe and effective
5 conventional practices that aren't covered under some
6 benefit plans. So it isn't required on the conventional
7 side, necessarily. State by state, there may be, for
8 example, legislative regulation in a particular state
9 regarding a particular type of insurance plan or health
10 plan that will require a minimum set of conventional
11 medical benefits, but that does differ from state to
12 state and it is not always consistent.

13 So you don't have a package of conventional
14 services and products that are mandated or required. If
15 you are going to be consistent with that practice and
16 apply it across to complementary health care, it seems
17 like we would lose credibility saying it is mandated.

18 DR. GORDON: I just wanted to clarify that.
19 Thank you.

20 MR. DeVRIES: Sure.

21 DR. GORDON: So, where are we now? Maureen?

22 MS. MILLER: Well, I think, because of the

1 complexity and trying to distinguish between purchasers
2 and purchasers, employers as purchasers and Medicare as a
3 purchaser, we had come up with this recommendation that
4 was a bold, out-there kind of statement.

5 Is part of what I am hearing, people think it
6 is a little too bold? Because then the action steps went
7 on to clarify specifically what each of those pieces
8 could do.

9 DR. GORDON: If George's amendment works for
10 everyone, would the action steps then work as well? Or,
11 could we modify the action steps?

12 Let's talk about your amendment and see if that
13 is appropriate or not, and then we can go on and deal
14 with the action steps.

15 MR. DeVRIES: On the recommendation, you could
16 actually say, maybe something like, "Insurance companies,
17 health plans, and government entities should."

18 Maybe we can go with the original and go
19 through the action steps and see. Maybe it will work. I
20 am withdrawing that as I think about it.

21 DR. FINS: One of the problems is, what is the
22 basic benefit. I mean, this is a question that has

1 plagued the universal axis question forever, and we are
2 not going there. The issue is, we don't compel insurance
3 companies to offer a coverage for everything on the
4 conventional side, even if those things are safe and
5 effective.

6 Like, bone marrow transplants may not be
7 covered. It was demonstrated in the mid '90s. Before
8 new data came out, breast cancer was thought to be
9 treated, refractory breast cancer, with a bone marrow
10 transplant. We did not compel managed care companies to
11 cover bone marrow transplants. Subsequently, there were
12 some cases and it got compelled, and then it got
13 retracted.

14 So, I think George's point that this is often
15 regulated by the states. I think what we are trying to
16 say here, which is a more generic thing, is if a CAM
17 product or service or intervention has been demonstrated
18 to be safe and effective, the standard by which an
19 insurance company constructs its benefit package should
20 not be unduly prejudicial against the CAM intervention
21 simply because it is a CAM intervention.

22 DR. GORDON: Why not say it in a more positive

1 way. I understand exactly what you are saying. I
2 thought George's recommendation was coming in that
3 direction, the way he was amending it was coming in the
4 direction you are talking about, Joe. So, I wonder why
5 you are withdrawing it. I thought you were modifying
6 this and making it more gentle and less compelling.

7 MR. DeVRIES: I was, but on the second round of
8 the amendment I was trying to somehow work into it
9 government agencies as well as private insurers and
10 health plans. I think Maureen was indicating earlier,
11 she had tried that earlier and it is hard to blend the
12 two. You have one or you have the other.

13 DR. GORDON: Why not have one recommendation
14 that has to do with government agencies, and one
15 recommendation where we have a different authority,
16 perhaps, and another recommendation that has to do with
17 the private sector where we have less authority.

18 MR. DeVRIES: Right.

19 DR. GORDON: Does that make sense?

20 MS. MILLER: It does. Then these action steps
21 would be under both recommendations?

22 DR. FINS: Yes.

1 MS. MILLER: The other thing that may happen
2 is, the action steps may go away, because I think we are
3 turning some of the action steps into recommendations,
4 like if you look at No. 2.2.

5 MR. DeVRIES: Right.

6 SISTER KERR: What I want to say, and this is
7 certainly not my strength or the hour, but just to give
8 the example of what I deal with clinically, Marylanders
9 who have Blue Cross and Blue Shield, certain aspects of
10 the policy, they are covered with acupuncture, but the
11 government employees who work in Maryland, because the
12 policy is from Washington, and Blue Cross and Blue
13 Shield, don't have acupuncture covered. What I am
14 wondering is -- I kind of just lost it.

15 It is like the issue of reciprocity again, and
16 licensure, how can you have the same policy in one state?
17 I am not sure that is accurate, but say they are the same
18 Blue Cross -- you probably would know -- is the exact
19 same policy. One is purchased in Washington and one is
20 in Maryland, and one patient gets payment and the other
21 doesn't.

22 MR. DeVRIES: In that particular case, I don't

1 want to generalize, but you have got state insurance laws
2 which may mandate, for example, something like
3 acupuncture. So a local employer in that state who buys
4 coverage from that insurance company would have coverage.

5 Now, if it was a large corporation in that
6 state, or one, perhaps, that was a national company that
7 qualified with self-funded under federal ERISA
8 guidelines, then they are preempted from the state
9 insurance laws and mandated benefit coverage, have more
10 freedom in creating their own benefit programs.

11 DR. GORDON: I would like to move through these
12 in some expeditious way.

13 MR. DeVRIES: I agree with that.

14 DR. GORDON: Joe, yes.

15 DR. FINS: I think that we are confusing two
16 issues here. Charlotte's question is a nice example of
17 it. You are not compelling people to purchase it, you
18 are just requiring that it be offered, and that is really
19 what the recommendation is about.

20 So the problem would be if Blue Cross didn't
21 want to offer it -- but they are obviously offering it
22 because they have two different plans -- but the

1 purchasers have decided in one case to include it, in
2 another case not to include it. So we can't compel the
3 purchasers to purchase, but we want to say that the plan
4 should offer the options, and that is really as simple as
5 it gets.

6 DR. GORDON: George, I think your
7 recommendation did that. I would like to come back to
8 that recommendation and see if we can agree with it, and
9 if there are little wrinkles that need to be worked out
10 for some of these specific action steps, I would like to
11 deputize Maureen to work them out.

12 SISTER KERR: Can I just say, back to my point
13 on the federal, why Maureen, I think, had singled out
14 before, is it just true we can't say any more? For
15 example, what we want to say is to the government, hey,
16 how do you all get out of this, and the answer you are
17 giving me is, they have a right to not purchase it,
18 right?

19 And that's just the answer? We can't request
20 anything any differently than another purchaser who just
21 decides not to buy something, even though it is unfair,
22 unjust, and un-American?

1 [Laughter.]

2 MS. MILLER: Especially if it is unjust,
3 unfair, and unAmerican.

4 MR. DeVRIES: How do you really feel, Sister
5 Charlotte?

6 [Laughter.]

7 MS. MILLER: It has been discussed before, the
8 Commission could recommend that all federal programs and
9 federal purchasers, such as Defense and VA, cover safe
10 and effective CAM, you could. It is overly simplistic,
11 and it had been thought of in the past as overreaching.
12 It could change today, but it is overly simplistic
13 because you really, then, have to go to Congress and make
14 a recommendation that Congress change the laws with
15 regard to these federal purchasers.

16 Just as a point of clarification, it is not
17 only optional for purchasers to do these things, and we
18 may say they should do it, but it remains optional that
19 health insurers and HMOs offer this.

20 DR. FINS: I think we are making a contribution
21 by simply saying it should be offered for their
22 consideration.

1 DR. GORDON: George, let's hear that again,
2 okay?

3 MR. DeVRIES: "Insurance companies and health
4 plans should offer health plan coverage to purchasers for
5 their consideration of safe and effective CAM services
6 and products provided by qualified practitioners."

7 DR. GORDON: We okay with this?

8 DR. FINS: They should offer benefit packages
9 that include.

10 MR. DeVRIES: How about if we say, "offer
11 benefit plans"?

12 DR. FINS: Sorry?

13 MR. DeVRIES: "Offer benefit plans."

14 DR. GORDON: "Benefit plans." Okay, are we all
15 right with this? Let's move on, then.

16 Action Item No. 2.1: "Health insurance and
17 managed care companies should modify their benefit design
18 and coverage processes in order to offer purchasers
19 products that include safe and effective CAM
20 interventions."

21 That is an action item. Do you want to address
22 that? Don.

1 DR. WARREN: Boyd brought up an interesting
2 thing. If this plan is offered for services and
3 products, does that mean that the beneficiaries could
4 only purchase from practitioners? Say, it is nutrition,
5 could they purchase from a health food store and still be
6 covered?

7 MR. DeVRIES: That is really going to depend, I
8 believe, on the health plan and the insurance company.
9 If it is an indemnity product, the member can go
10 anywhere. If it is an HMO, HMOs are going to go out and
11 contract with providers or facilities to render those
12 services or products for them.

13 So, it is really going to depend on the type of
14 health plan, insurance company, the type of coverage that
15 the member is being offered.

16 DR. WARREN: Will we then just forget about
17 products, and just say CAM services, and then spell it
18 out?

19 DR. GORDON: It says "CAM interventions" right
20 now. "Product" is a confusing word here because it is
21 not a CAM product, it is an insurer's product, right?

22 DR. WARREN: What are you saying?

1 DR. FINS: Why don't we call it "benefit
2 package."

3 DR. GORDON: Yes, call it "benefit package."

4 DR. WARREN: A CAM intervention. CAM benefit.

5 DR. FINS: No, it is a benefit package that
6 includes CAM stuff.

7 DR. WARREN: Okay, but do we have to delineate
8 services and products, then if you say "CAM benefit
9 package."

10 DR. FINS: Right.

11 DR. GORDON: You're saying, when it comes to
12 the word "intervention," you want to delineate services
13 and products.

14 DR. WARREN: Yes.

15 DR. GORDON: Why not just leave it as
16 "interventions"?

17 DR. WARREN: I am in the recommendation. I am
18 still stuck in the recommendation.

19 DR. GORDON: Oh, you are still stuck in the
20 recommendation. I'm sorry.

21 DR. WARREN: Yes. I mean, we have got
22 interventions, interventions, interventions. Can we just

1 put "effective CAM interventions" in the recommendation?
2 That way we don't spell it out and somehow possibly
3 preclude somebody from going to a health food store.

4 DR. GORDON: Is this all right with everybody?
5 I would like to complete the recommendation. Do we have
6 it complete?

7 DR. WARREN: Complete.

8 DR. GORDON: Joe, have we got it complete?

9 DR. FINS: Yes.

10 DR. GORDON: Let's go to No. 2.1. What do we
11 feel about that action item? George.

12 MR. DeVRIES: I would change Line 12 to, "offer
13 purchasers benefit plans that include."

14 DR. GORDON: "Benefit plans."

15 DR. FINS: I just say, "for their
16 consideration," again. It is in no way to be
17 prescriptive or a requirement, "for their consideration."

18 MR. DeVRIES: That is good.

19 DR. GORDON: Are we all right with this?

20 Let's go on to No. 2.2: "Employers, federal
21 agencies, and other purchasers and sponsors should
22 enhance" -- a word that some people don't like -- "the

1 processes they use to develop health benefits and give
2 consideration to safe and effective CAM interventions."

3 MS. MILLER: If I might make a technical point
4 here, given the change in the recommendation where we are
5 now focusing on health insurers and managed care
6 organizations, No. 2.2 doesn't fit here anymore. It
7 almost needs its own recommendation.

8 SISTER KERR: Isn't that taken care of under
9 Recommendation No. 2?

10 MS. MILLER: Well, again, health insurers and
11 managed care companies are very different from
12 purchasers.

13 DR. GORDON: You're saying we have eliminated
14 purchasers from the recommendation. Why did we eliminate
15 purchasers?

16 MS. MILLER: You have to ask George.

17 MR. DeVRIES: Well, we can put purchasers in
18 there.

19 DR. GORDON: I don't see why not.

20 MR. DeVRIES: Well, the only thing is, is if we
21 are recommending a different process for government
22 agencies, but it sounds like we are not. At first we

1 were, but it doesn't quite read right to say, "Government
2 agencies should offer health plan coverage to
3 purchasers," because that is the way it would read. It
4 doesn't read quite right.

5 DR. FINS: There are two issues. The first, if
6 I may, big issue was that when you construct your benefit
7 packages, options, that you include this stuff. This
8 here is, how do you make the choice about whether or not
9 you are going to purchase this or not, which is a whole
10 different kind of question, as I read it. This is like
11 whether we are going to buy it or not, whether we are
12 going to include it.

13 So there are two steps here. One is, that if
14 you are a company, you are a simple company, and you want
15 to purchase these options, the first set of
16 recommendations was your insurance company include these
17 options in the available products that can be sold to
18 you.

19 MR. DeVRIES: I was just going to say, No. 1.7
20 previously, on page 14, almost seems like what we are
21 trying to accomplish here: "Public agencies and private
22 organizations should support the development of

1 informational programs on CAM targeted to purchasers."

2 DR. FINS: "Informational programs" is
3 different from "providing benefits," which is what No.
4 2.2 does. It is different, providing information is
5 different from providing benefits.

6 MR. DeVRIES: Yes.

7 DR. FINS: Maureen, even though this is
8 different from the recommendation, why couldn't it stand
9 nevertheless?

10 MS. MILLER: It could. It lessens what the
11 Commission is saying to purchasers, but again, if that is
12 your choice, it can stay down here as an action item.

13 SISTER KERR: What is the difference here? I
14 mean, why do you say that, Maureen?

15 MS. MILLER: Well, the recommendation is a
16 recommendation toward the Aetnas, the Blue Crosses, the
17 Kaisers, insurers and managed care organizations. It is
18 not addressing Ford Motor, Proctor & Gamble, Medicare,
19 Medicaid.

20 DR. GORDON: Maureen, what about to, maybe,
21 simplify? I just make this as a suggestion, to have
22 another recommendation that would address the purchasers,

1 have those two up ahead, and then all of these could fit
2 under as action items. Then we wouldn't get so
3 complicated.

4 MS. MILLER: Yes, exactly.

5 DR. FINS: I think there is a real confusion
6 between the products that are offered, which we have just
7 been discussing, and then how a purchaser decides whether
8 or not to include it or not. So I really think they have
9 to be disaggregated.

10 DR. GORDON: George, could you frame a
11 recommendation for purchasers that we might use?

12 MR. DeVRIES: Sure.

13 DR. GORDON: Can you do it --

14 MR. DeVRIES: Right now?

15 DR. GORDON: Yes.

16 MS. MILLER: I think we could use as a basis
17 No. 2.2, because No. 2.2 is it.

18 DR. GORDON: Okay.

19 MS. MILLER: You could elevate it to be a
20 recommendation.

21 DR. GORDON: That would be fine.

22 SISTER KERR: I just want to further clarify

1 for my own learning. I think I am still confused on
2 purchasers, George and Maureen. Is it true, then, that
3 there are basically these categories, like Maureen just
4 said, the Aetnas, the managed care, and then Ford and the
5 government are just purchasers who have their own policy,
6 their whole own deal?

7 MR. DeVRIES: Whether it is Joe's Manufacturing
8 with 50 employees, or a dry cleaning shop with five
9 employees, or Ford, or the federal government, they all
10 purchase health care for their employees.

11 SISTER KERR: Okay. The government, then, is
12 in that same relationship with them.

13 DR. GORDON: May we fashion No. 2.2 as another
14 recommendation that relates to the purchasers?

15 MR. DeVRIES: So, are you saying that,
16 "Purchasers should enhance the processes they use to
17 evaluate and purchase health benefits and give
18 consideration to safe and effective CAM intervention
19 benefit plans"?

20 DR. GORDON: That sounds fine to me. I mean,
21 it is a modest recommendation.

22 DR. FINS: The No. 1.7 recommendation is

1 actually less global and probably more effective in
2 achieving the consideration.

3 MS. MILLER: No. 1.7 is totally different.

4 MR. DeVRIES: They really are accomplishing
5 different things. I mean, I thought we were going a
6 different direction when I steered you back to No. 1.7,
7 but hearing where the Commission is at, I think amending
8 No. 2.2 the way we just did will accomplish that.

9 DR. GORDON: If we can do that, if we can agree
10 to that, then we can take a look at the rest of the
11 action steps.

12 MR. DeVRIES: Sure.

13 DR. GORDON: Which I would like to do, if we
14 can.

15 Charlotte.

16 SISTER KERR: The only consideration I have is,
17 could we get a more action thing on "should enhance the
18 process." What do we want them to do, revisit the
19 literature, reconsider safe and effective, evaluate, or
20 is that okay?

21 DR. GORDON: I think George had a different
22 wording. Say it again, George, for No. 2.2.

1 MS. LARSON: You said, "to evaluate the
2 processes." That is what you said.

3 MR. DeVRIES: Yes.

4 MS. MILLER: It is stated here very generally
5 because, again, because this is a private system of
6 mainly employer-based, but also, even within the
7 government -- every government agency does this
8 differently -- it is basically, you have a couple
9 thousand different coverage processes.

10 MR. DeVRIES: Everybody does it differently.

11 MS. MILLER: Everybody does it differently. We
12 have made some general statements in the text to give
13 people a feel for what this is, but there is no standard
14 way of doing this.

15 DR. GORDON: How can we word this, then,
16 please?

17 MR. DeVRIES: "Purchasers should enhance the
18 processes they use to evaluate their health benefits and
19 give consideration to the addition of safe, effective CAM
20 intervention benefit plans."

21 DR. GORDON: Maybe a simpler way would be to
22 say, "Purchasers should evaluate the possibility of

1 giving benefits to safe and effective intervention." I
2 am just thinking of trying to simplify it, because
3 Charlotte's concern is that "enhance the processes" is
4 vague. If we just say, "should evaluate the possibility
5 of developing benefits and evaluate."

6 MR. DeVRIES: "Purchasers should evaluate the
7 possibility of offering health benefits for safe and
8 effective CAM interventions."

9 DR. GORDON: Yes. Is that okay? There we
10 bring in evaluation, and they are taking a look at it,
11 and that is all we are asking them to do.

12 Charlotte.

13 DR. FINS: It dovetails with No. 1.7, and that
14 will help them, informationally, with that delivery of
15 processes.

16 SISTER KERR: My comment wants to follow only
17 if we feel that we have come to closure on this, even
18 though it is related. Is that okay?

19 DR. GORDON: Have we come to closure on this?

20 DR. WARREN: Let's hear it one more time.

21 MR. DeVRIES: I think you are just doing this
22 to see if I keep remembering it.

1 MS. MILLER: You are doing good, George.

2 MR. DeVRIES: "Purchasers should consider the
3 possibility" --

4 MS. LARSON: "Should evaluate the possibility."

5 MR. DeVRIES: Thank you. Thank you.

6 "Purchasers should evaluate the possibility of adding" --

7 DR. GORDON: "Enlarging health benefits to
8 include safe and effective CAM interventions."

9 MR. DeVRIES: Good.

10 DR. GORDON: Okay?

11 MR. DeVRIES: I hope that is written down.

12 MS. LARSON: "Of enlarging health benefits,"
13 not "adding"?

14 MR. DeVRIES: No, no, "Of adding health
15 benefits."

16 DR. GORDON: Fine.

17 MR. DeVRIES: "Of including health benefits."

18 DR. GORDON: "Of offering health benefits that
19 include safe and effective CAM interventions."

20 MR. DeVRIES: Better.

21 DR. GORDON: Okay? We are back to the
22 "offering" word. We have the "evaluation" word. We have

1 them all there.

2 Are we okay with this now? Charlotte, you have
3 another issue.

4 SISTER KERR: Yes. This is going to be a
5 little bold, so we are either going to up it or out it.
6 I really feel like I have to speak this for the speaking
7 I've heard from people for so many years. I am aware,
8 also, of what we have said, but I am going to say that I
9 would like to know if we want to include an action
10 statement that specifically asks Congress to revisit the
11 benefits of federal employees as regards the inclusion of
12 safe and effective CAM.

13 That may not be the right wording, but it is
14 going beyond what we have just said to say, give them an
15 option, bring it to their consciousness. People ask for
16 this, and I don't know if we want to do it or not.

17 DR. GORDON: Specifically, what would you like
18 Congress to do?

19 SISTER KERR: Well, I understand that the
20 federal benefits have to be mandated by Congress, the
21 changes. What we have said so far is that we should
22 treat the government like we have treated other

1 purchasers. So the request is, do we want to say to
2 Congress, hey you all, take a look again, and do we want
3 you to revise what you purchase for federal employees.

4 How come you are waving your head, Boyd?

5 DR. GORDON: Julia.

6 MS. SCOTT: This is just process. I think we
7 should discuss new things, but I do think we need to get
8 through the ones that are here. George already mentioned
9 some time constraints, and other people. If we could
10 just quickly go through the remaining three and then come
11 back to any additions.

12 DR. GORDON: No, we have many more. We've got
13 seven.

14 MS. SCOTT: No, we are down to two. Oh, Lord,
15 I didn't even see those.

16 DR. GORDON: The only reason to address this
17 one here is that it fits in with No. 2.2. I appreciate
18 and I understand the time constraints. So let's see if
19 we can move extremely fast through the rest of them and
20 come back.

21 No. 2.3: "Including CAM practitioners and
22 experts on advisory boards, work groups, et cetera,

1 considering CAM benefits." Yes? Okay?

2 No. 4: "CAM practitioners -- no?

3 MR. DeVRIES: Let's go back. Let's go back.

4 No. 2.3, we say, "public and private organizations." Do
5 we mean purchasers or do we mean health plans and
6 insurance companies?

7 MS. MILLER: All of the above.

8 MR. DeVRIES: Because Joe's Manufacturing
9 Company isn't going to develop a committee with a CAM
10 practitioner to decide on a benefit plan. So I am just
11 saying maybe we can encourage health plans and insurance
12 companies to do it, but to say to a purchaser that they
13 are going to go through this process for benefit
14 development for the vast majority of employers, they
15 won't go through this.

16 DR. GORDON: So, George, what would you like to
17 say?

18 MS. MILLER: If I might, it is not intended
19 that they have to do it. This is just, if these things
20 exist, where these things exist, they should have a CAM
21 expert on it. It is primarily Medicare working groups,
22 DOD, and the large insurers, but it could be Robert Wood

1 Johnson or somebody discussing hospice benefits or
2 something.

3 MR. DeVRIES: Could we say something more like,
4 if public and private organizations have advisory bodies,
5 work groups, and committees for considering health
6 benefits and coverage, that if they look at CAM benefits
7 they should also include CAM practitioners in those
8 committees?

9 Could we say it something to that effect?
10 Because the way it reads is, you need to have these
11 committees.

12 DR. TIAN: I think we should have these
13 committees. We should put a little bit of pressure to
14 the organizations; not too polite.

15 DR. GORDON: I don't see that it says they
16 should, because it is only when they have the advisory
17 bodies, work groups, et cetera. We are not saying they
18 should have these things. We are saying essentially the
19 same thing you said.

20 MR. DeVRIES: Does everybody pretty much see it
21 as existing bodies and committees?

22 COMMISSION MEMBERS [En masse]: Yes.

1 MR. DeVRIES: All right. I will defer.

2 DR. GORDON: Let's move on to No. 2.4: "CAM
3 practitioners," et cetera, "identifying opportunities and
4 actively seeking to participate on public and private
5 advisory bodies, especially in areas of health services
6 research on CAM and coverage of CAM interventions."

7 Maureen, do you want to say a word about why
8 this is here? Or, Julia, what do you want to say?

9 MS. SCOTT: My feeling about it is the same as
10 No. 1.6, that it is a nice thought but what can you do?

11 MS. MILLER: This was put there in response to
12 some earlier Commission discussions, that these advisory
13 boards can create the opportunities but unless the CAM
14 community goes out and seeks them, it is not going to
15 happen. John White from CMS specifically addressed that.
16 He said they put out these invitations all the time and
17 they have never had a CAM practitioner apply.

18 DR. GORDON: We need to move through these. We
19 need a little bit of time at the end for the Joes'
20 agreement to be presented to us, which is an important
21 item that was left hanging. So we need to move through
22 these in five minutes, one minute each, in order to do

1 that. If we need to come back, let's come back
2 afterwards.

3 I am willing to sit and do this, but you need
4 to go anyway, soon. Everybody needs to go very soon. So
5 let's move fast.

6 MR. DeVRIES: No. 2.4 is approved.

7 MS. SCOTT: It is approved?

8 DR. GORDON: No. 2.5: "List of opportunities
9 for CAM experts to participate." I think this is
10 perfectly reasonable. We are moving in that direction.

11 MS. SCOTT: Well, I just would like to be on
12 record to say that I don't believe No. 2.4 should be
13 there. I think it is something that is nice, we would
14 like it to happen, but you can't make it happen. There
15 is no body that is going to make it happen.

16 DR. GORDON: You would like to strike it,
17 Julia?

18 MS. SCOTT: I would like to put it in the text
19 because I think it certainly should be mentioned.

20 DR. GORDON: Okay. Put it in the text, fine.

21 MS. SCOTT: It is important but I don't see how
22 we --

1 DR. GORDON: Thank you, Julia.

2 Got that, Maureen? Okay.

3 So No. 2.5, we are okay.

4 No. 2.6: "Amending the tax code to include CAM
5 in the favorable tax treatment of health benefits."

6 DR. FINS: I would recommend that we use the
7 language to evaluate, exactly what we did in the Wellness
8 section, and just adopt that language here.

9 MR. DeVRIES: That's fine.

10 DR. GORDON: Fine? Okay, got it.

11 No. 2.7: "The Secretary should direct the
12 agencies to convene workgroups and conferences to assess
13 the state of the science of CAM services and products,
14 and develop consensus and other guidance on their use."

15 This is a recommendation, I assume, that is a
16 function of CAM Central, if it exists. Is that right,
17 Maureen?

18 MS. MILLER: Correct.

19 DR. GORDON: So, are we okay with this, then?

20 MR. DeVRIES: Yes.

21 DR. FINS: I think we might want to say in
22 parentheses, "through the central office," or something,

1 "the proposed office."

2 DR. GORDON: This is in case the office doesn't
3 exist.

4 MS. MILLER: Actually, I retract my agreement.
5 These kinds of groups are convened primarily in NIH, but
6 AHRQ does it and CMS does it, so it really would be the
7 operating component.

8 DR. GORDON: Thank you.

9 No. 2.8: "Health insurers, managed care, CAM,"
10 et cetera, et cetera, "develop medical criteria, and
11 federal agencies should support cooperative efforts to
12 develop criteria and guidelines for the use of CAM
13 services and products."

14 Maureen, do you want to explain this one?

15 MS. MILLER: This goes back to the medical
16 necessity discussion that is written up in the text. It
17 basically promotes the concept that these organizations
18 be more proactive in developing the kind of criteria that
19 health insurance companies need, to say, okay, we have an
20 acupuncture benefit but that doesn't mean everybody who
21 gets acupuncture is going to get it paid for. They do a
22 case-by-case review for medical necessity, and those

1 criteria are often not there.

2 DR. GORDON: Are we okay with this, then, with
3 that understanding? David, are you okay?

4 DR. BRESLER: Yes.

5 DR. GORDON: Joe, you okay?

6 DR. FINS: Yes.

7 DR. GORDON: Veronica.

8 DR. GUTIERREZ: This looks like an ideal spot
9 to insert "clinical necessity" instead of "medical
10 criteria." Or, it could read, "to develop medical
11 criteria and federal agencies should support cooperative
12 efforts to develop appropriate clinical criteria and
13 guidelines for the use of CAM."

14 DR. GORDON: Is that fine for everyone,
15 "appropriate clinical criteria"?

16 PARTICIPANT: Yes.

17 DR. GORDON: Thank you.

18 MR. DeVRIES: Excuse me.

19 DR. GORDON: Yes?

20 MR. DeVRIES: No. 2.8, I mean, saying "should
21 support" sounds like they must, and I am wondering if
22 there is a way to make it more voluntary. No. 2.8, line

1 12, "should support" sounds like it is required.

2 DR. FINS: "Should foster"?

3 MR. DeVRIES: "Are encouraged to support"? I
4 realize that weakens it a little bit.

5 DR. GORDON: Are we okay with that?

6 MS. MILLER: As long as no one later tells me
7 we are not allowed to use the word "encourage."

8 DR. GORDON: One time is okay.

9 [Laughter.]

10 DR. GORDON: No. 2.9, "State governments should
11 address barriers to third-party coverage of safe and
12 beneficial CAM interventions that stem from the
13 practitioner's need for legal authority to provide those
14 interventions."

15 Do you want to explain this, George?

16 MR. DeVRIES: This is the whole issue of
17 licensure. This is the whole issue of making sure that a
18 barrier to third-party coverage of naturopathic services
19 is if naturopathic physicians are not licensed to provide
20 their services and therefore it is practicing medicine
21 without a license. It won't be reimbursed, and it won't
22 be covered.

1 DR. FINS: What used to be that morass that was
2 on the back wall here, from the last section, right here,
3 where we were talking about the evaluation of the
4 guidelines and the various implications, I think that
5 this really follows, related to the licensure and
6 regulation issues, whether or not it impedes or enhances
7 access.

8 So I would move to put that in that section
9 because this is really an access question, not a coverage
10 and reimbursement issue.

11 MR. DeVRIES: I would actually argue back that
12 this is such an important issue, that it is both.

13 DR. FINS: Okay, you win.

14 MR. DeVRIES: I don't mind taking your
15 language, the language you proposed and we all agreed
16 upon in Access, and incorporating it here.

17 Maybe, Maureen, if you want to change it to fit
18 the issues of third-party reimbursements ever so
19 slightly.

20 But I think it is such a broad issue, the legal
21 regulatory ability of a provider, that it really covers
22 both ends.

1 DR. GORDON: Don, please.

2 DR. WARREN: I don't understand. I see this,
3 and I don't understand. If you are not licensed, they
4 are not going to pay. So why do we have to put it in
5 there at all?

6 MR. DeVRIES: Well, the issue is naturopathic
7 services in California are not paid by any health plans.

8 DR. WARREN: Are they licensed in California?

9 MR. DeVRIES: No, they are not, but if they
10 were licensed in California, I believe there are health
11 plans that would say, okay, we will cover services
12 provided by naturopathic physicians. So the lack of
13 license is a barrier for third-party reimbursement for
14 those services.

15 Again, it kind of goes back, Don, to the whole
16 issue of having the appropriate regulatory approval to be
17 able to operate within your scope of practice, your
18 training, and your education. So that is really it.

19 DR. GORDON: So if this is comprehensible,
20 there still is the question, and there is a difference on
21 the floor, between George who feels that should be
22 included here as well as in Access, and Joe who feels it

1 should just be in Access.

2 DR. FINS: I don't care.

3 DR. GORDON: You don't care.

4 DR. FINS: NO, I think it is fine.

5 DR. GORDON: It's okay. All right. Are we
6 okay with it here? Fine.

7 MR. DeVRIES: So Maureen will put it in?

8 DR. GORDON: In the same language as in Access.

9 Charlotte, you raised one more that we need to
10 address here, and then we do need to address the Joes'
11 issue, and then I need a couple of other pieces of
12 information from the Commission at this point. I would
13 like a couple of other pieces.

14 DR. WARREN: I go back. I vote no on that last
15 item.

16 DR. GORDON: Which last item, Charlotte's?

17 DR. WARREN: No. 2.9. I vote no.

18 DR. GORDON: You vote no on No. 2.9.

19 DR. WARREN: Yes. I don't think it is
20 necessary. I think it ought to be stricken.

21 DR. GORDON: I'm sorry, Don?

22 DR. WARREN: I think it ought to be stricken.

1 DR. GORDON: Because?

2 DR. WARREN: It doesn't make sense. They are
3 either licensed or they are not licensed. If they are
4 licensed, they get coverage; if they are not licensed,
5 they don't get coverage.

6 DR. GORDON: I think what No. 2.9 is saying is
7 that licensure ought to be facilitated.

8 DR. FINS: I think what it is saying is that
9 without licensure there is no hope for those individuals
10 to be funded, and without funding, you don't have people
11 coming to your state, so therefore you have decreased
12 access.

13 So it is not that we are saying they should be
14 licensed or not. That is a different question. We have
15 addressed that. We are simply saying that the lack of
16 legal authority for individuals to practice has economic
17 implications, and that is what is being raised here for
18 questioning.

19 MR. DeVRIES: This section is about third-party
20 reimbursement and facilitating third-party reimbursement,
21 how to facilitate third-party reimbursement. This is not
22 about providers who choose to be exempted and to practice

1 in a different way and do cash-only business. This is
2 about facilitating third-party reimbursement.

3 If you start from that premise, then it is
4 understanding that they have to have the legal authority
5 to practice in order to be reimbursed under third-party
6 reimbursement, and that is what this is trying to
7 address.

8 DR. WARREN: They still have the option of
9 doing cash-only.

10 MR. DeVRIES: Of course, absolutely. We will
11 use the same exact language we agreed upon before.

12 DR. GORDON: Are you okay with that, then, Don?

13 DR. WARREN: It's just like dentistry.

14 DR. GORDON: What is that?

15 DR. WARREN: It's just like dentistry, then.

16 You've got the possibility of being reimbursed if are you
17 are licensed. If you aren't licensed, you won't get paid
18 for it, and if you want to be cash-only, you can be cash-
19 only.

20 DR. GORDON: It would be like if they refused
21 to license dentists in Florida.

22 DR. WARREN: Thank you for saying that.

1 DR. GORDON: You think that should happen
2 there?

3 [Laughter.]

4 DR. GORDON: Is that right, that is sort of
5 equivalent?

6 MR. DeVRIES: Yes.

7 DR. GORDON: If there is a direct obstacle to
8 licensure for people who want licensure. Just because
9 you have licensure doesn't mean you are going to be
10 covered, but licensure is a prerequisite for coverage.

11 So, is it okay here?

12 DR. WARREN: Well, since it's explained in
13 those terms, it makes more sense.

14 DR. GORDON: I'm sorry?

15 DR. WARREN: Since it is explained in those
16 terms, it makes more sense.

17 [Laughter.]

18 MR. DeVRIES: Thank you, Don.

19 DR. GORDON: For a minute, let's come back to
20 Charlotte's.

21 SISTER KERR: I have a clear position on this.
22 I have a feeling that either it has already happened in

1 press requests or it will be asked of the Commission.

2 Did you all recommend to include CAM in Medicare,

3 Medicaid in federal employee benefits?

4 If we say no, that is an answer. If we say

5 yes, and we say something like, "We ask Congress to

6 revisit," which is what I stated before.

7 DR. GORDON: So, what would your recommendation

8 be?

9 SISTER KERR: I am not making a recommendation.

10 I am asking the Committee because it is very

11 controversial. Is the answer that we have decided to

12 include the federal government as any other purchaser, so

13 that we have asked all purchasers to re-look at their

14 benefits, and we are leaving it like that? This question

15 is going to be asked.

16 DR. GORDON: Charlotte, let me say where I

17 stand on this. I don't think it is so controversial. I

18 think it is fine. I think it is fine for us to say that

19 Congress should consider, evaluate and reconsider whether

20 or not safe and effective CAM benefits should be covered

21 for federal employees. It doesn't seem to me any

22 different in principle. We are not going any further

1 than we are for anything else. It is the same as we are
2 suggesting to any purchaser.

3 MR. DeVRIES: Could we suggest, maybe, creating
4 one more action step where we would specifically say,
5 "Congress should consider the coverage of safe and
6 effective CAM interventions as benefit plans"?

7 DR. GORDON: I would say, "Congress should
8 evaluate the available evidence and consider the
9 possibility of including safe and effective CAM
10 benefits."

11 MR. DeVRIES: Joe, that is not recommending.
12 Congress is going to go through their entire financial --

13 DR. FINS: I know, but I have to go in two
14 minutes. This is a huge decision, and this can't be
15 decided now. We have brushed up against this issue. We
16 have decided not to go there, and at the eleventh hour it
17 is very hard to make that decision. I mean, a third of
18 the people aren't here. It is troubling.

19 I think this is a big, big issue because now it
20 opens up the issue of other things that aren't covered
21 that Congress should consider, and the priority-setting
22 issue. I said this at the first meeting and I will say

1 it again now, I have a hard time endorsing things that
2 are yet to be proven to be safe and effective against the
3 Medicare drug benefit.

4 DR. GORDON: Joe, that was not the intention of
5 the recommendation, but I appreciate your saying it is a
6 big issue.

7 SISTER KERR: Do you agree, though, that the
8 press and the country is going to ask us this question?

9 MR. DeVRIES: Well, the reality is, in a sense
10 we have already answered that question in the way we have
11 worded the action steps because we have said that
12 purchasers should consider coverage, and that includes
13 federal government, that includes Medicare, that includes
14 Medicaid, or the state Medicaid programs. It really does
15 include all government programs as well as private
16 entities.

17 DR. GORDON: Conchita and Ming, we need to move
18 ahead. We have an issue that we have got to decide while
19 these folks are here. I don't quite know how to deal
20 with the congressional issue. We have a difference.

21 I see we have already said it, we just haven't
22 said it at the level of Congress. We have said it at the

1 level of agencies already. So I don't know that we ever
2 considered in detail the recommendation to Congress
3 before. I appreciate your concern at the same time, and
4 I don't want to try to push it through.

5 DR. FINS: Charlotte, the answer is, in my
6 view, that there is no such thing as CAM coverage. It is
7 a case-by-case intervention, and we have made
8 recommendations whereby purchasers and funders can begin
9 to evaluate the relative merits of individual safe and
10 effective modalities.

11 DR. GORDON: That is right. All this
12 recommendation would be saying is we are making the same
13 recommendation to Congress with the same steps. So
14 that's what I'm saying.

15 MR. DeVRIES: Charlotte and Joe, we have kind
16 of addressed both sides, haven't we?

17 SISTER KERR: I think it is highlighting it by
18 pulling it out. The other thing, and this is just
19 clarifying, I imagine if you work for Ford or you buy
20 into Kaiser, you feel like you participate, perhaps, in
21 the choice of benefits. It may be the same thing with
22 the government where, if a person asks, to say what you

1 have to do is keep writing your members of Congress.

2 DR. GORDON: What I would like to do, because
3 of concern about this and because of its high profile, we
4 can talk about it on the conference call when the
5 conference call comes. I would like to address a couple
6 of the other issues. I think Joe's point is well taken,
7 that there may be all kinds of concerns, and I don't want
8 to push this at the last moment.

9 SISTER KERR: Mr. Chairman, I would like to
10 request that you hold this for us. It is not a
11 particular recommendation that I want included, it is a
12 particular consideration I want us to discuss. So I want
13 to give the ownership of the responsibility to you.

14 DR. GORDON: I will accept it. Ming.

15 DR. TIAN: I think this is a very important
16 issue. I do not quite understand why we cannot suggest
17 to Congress to evaluate it. Why not? I do not want to
18 use Congress as a purchaser.

19 DR. GORDON: I agree with you completely, but
20 let me just say that because of the consideration that
21 Joe raised, because this is high profile, because it may
22 make people uneasy for whatever reason, that we ought to

1 wait until we have the whole Commission and slightly
2 longer time, which we will have on a conference call.
3 Then, I will bring it up on the conference call.

4 Maureen, do you want to add anything?

5 DR. TIAN: I also want to say that so many
6 government employees, the patients ask us, many, many
7 times, from the very beginning, at least two years. I
8 strongly insist on my point. I think we should clearly
9 tell Congress it should consider it.

10 DR. GORDON: Yes. In my role as the chair, I
11 feel that without the other members of the Commission
12 here, bringing up a new item that is at this level of
13 profile, I think we need them here, and they need to have
14 the opportunity to have input.

15 Steve, maybe we can mention that this is
16 something that has been discussed and ask people to think
17 about it, but I don't want to push it on them because
18 these things are so delicate that I would rather discuss
19 it when everybody has had a chance to evaluate it.

20 Is that okay with people? Are you with me on
21 this? Yes, Conchita.

22 DR. PAZ: We have kind of touched on it here

1 and there, nothing directly, but here and there. I mean,
2 we came across it with the Access and some of the studies
3 that we talked about doing. I think those are places
4 that incorporate Medicaid-type services. We have never
5 really addressed it directly, but I think that will be
6 part of what has touched it.

7 DR. FINS: I disagree, I think we have
8 discussed it. I think the issue was safe and effective
9 mechanisms, that there is no such thing as a CAM benefit,
10 and that is going to be particular, and there is
11 specificity and there is a process. I think we have
12 discussed this a lot.

13 DR. GORDON: The process is the same for
14 Medicaid and Medicare as it is in the other situations.

15 DR. FINS: Right. That CMS would make this
16 decision, if it is safe and effective.

17 DR. GORDON: We need to discuss the issue that
18 was raised before about National Health Service Corps,
19 and we need the three Joes to do this. So, could we take
20 a minute to do this?

21 DR. FINS: This was the loan issue for the
22 National Health Service Corps, Education 1.6.

1 Basically, Joe Pizzorno and I have agreed on
2 this, and it is a step-wise approach to this issue:
3 "Health and Human Services should conduct a feasibility
4 study to determine whether appropriately educated and
5 trained CAM practitioners enhance and/or expand health
6 care provided by primary care teams which include family
7 practice, internists, pediatricians, OB/GYNs, as well as
8 PAs, nurse practitioners, nurse midwives, dentists, and
9 mental health professionals.

10 "This feasibility study could lead to
11 demonstration projects to identify, (1) the type of CAM
12 practitioner; (2) the necessary education and training
13 for practitioners; (3) the practice setting; and (4) the
14 health outcomes associated with the addition of these
15 practitioners and services to comprehensive care."

16 The point here is, we are not addressing the
17 loan issue and loan forgiveness and whether or not these
18 people are primary care providers or not, because it is
19 premature to do that, and that we need to demonstrate the
20 feasibility, we have to have demonstration projects and
21 see whether or not it is value-added. If it is value-
22 added, at some future time the federal government might

1 consider some additional support for the education of
2 these individuals.

3 DR. GUTIERREZ: Did you include chiropractic in
4 that?

5 DR. FINS: Sorry?

6 DR. GORDON: Thank you for your hard work.

7 DR. GUTIERREZ: Did you include chiropractic in
8 that?

9 DR. FINS: Chiropractic is not defined as a
10 primary care provider, and Congress recently decided to
11 reaffirm --

12 DR. GORDON: We have not tackled the issue here
13 -- Joe, correct me if I'm wrong -- of who is and who is
14 not a primary care provider.

15 DR. FINS: This is not how we are going to
16 resolve this. I mean, half the people have left and half
17 the people are leaving.

18 DR. WARREN: This is such a long statement. I
19 would like to get a document so that I can look it over.

20 DR. FINS: Okay, why don't do that.

21 DR. GORDON: Let's get this in writing. This
22 will be another item for discussion on the conference

1 call.

2 DR. FINS: I want to say one other thing.

3 DR. GORDON: Yes, go ahead, please.

4 DR. FINS: I want to say that all of us
5 reaffirm our rights about our endorsement, or not, about
6 the report based on how the written report comes to us.

7 The second point is that we have not discussed
8 the vision statement.

9 DR. GORDON: That's right.

10 DR. FINS: I think that the vision statement
11 will make some of us have double vision, and I think we
12 have to be very careful about that. We haven't done it,
13 and I think that is an area that, without discussion,
14 could really lead to an unbalancing of any kind of
15 consensus that is evolving.

16 DR. GORDON: Let me say, since I am going to be
17 the author of the vision statement that I did not want to
18 write the vision statement until I had heard the vision
19 of the Commission. So it has been deliberately put off
20 until this time so I can listen and attend to these two
21 days of discussion.

22 The vision statement will be sent to everybody,

1 and there will be time to look at it and comment on it,
2 to say what one wants to say about it. Then you can get
3 in touch with me individually, and then I can make
4 revisions, and then it will be back in a second
5 iteration.

6 So the vision statement I would have written
7 before is not the same as the vision statement I will
8 write now.

9 DR. FINS: I just think the report should speak
10 for itself. The vision is in all the text that we have
11 crafted and all the discussions we have had. To have
12 another document with the time frame of two weeks --

13 DR. GORDON: The document will be about two or
14 three pages.

15 DR. FINS: I know, but some of us had urged not
16 to have that at all. I understand and I appreciate the
17 fact that it wasn't written before we had this meeting
18 because it wouldn't reflect the vision.

19 I also want to just emphasize that, at this
20 late hour, to introduce a new text that could not
21 necessarily capture the sentiments around the table is
22 something that could upset the work.

1 DR. GORDON: If indeed the statement does not
2 capture the sentiments around the table accurately, it
3 won't be included. That is the whole point of the vision
4 statement, is that it will capture the statements.

5 DR. FINS: Okay.

6 DR. GORDON: So I hope you will extend the same
7 courtesy of evaluating it.

8 DR. FINS: Absolutely. I really look forward
9 to it, and I wish you well in doing that, but I just
10 think that of all the elements in the report that could
11 drift into an advocacy mode or revert back to old text.
12 There is a risk.

13 DR. GORDON: I hear your concerns, and I hope
14 you will evaluate it with the same thoughtfulness you
15 have extended for the whole report.

16 DR. FINS: Thank you. I appreciate that.

17 SISTER KERR: Jim, are you foreseeing this as
18 just a general three-page thing, or five, or one?

19 DR. GORDON: Yes. We have two other documents
20 that none of us have seen. We have an executive summary
21 and we have a vision statement that have not been issued.
22 Those will be sent out to all the commission members over

1 the next few days, as we pull together all the
2 information from these meetings.

3 There are a couple of other issues that are
4 still pending which we haven't decided. One has to do
5 with the order of the sections, and what I would like to
6 suggest is that staff will posit a tentative order for
7 the sections that will be submitted along with the
8 sections.

9 Does that seem right?

10 Secondly, there is an issue that Don raised
11 that we still have not addressed -- and I don't know, we
12 may not want to address it, but I am remembering it --
13 that has to do with practitioners' vulnerability to
14 prosecution. I am just saying that this is one issue
15 that, clearly in my mind, has been left out.

16 We have it there in terms of research, but I
17 know that you wanted to have it addressed in Access and
18 Delivery. We didn't have a chance to talk about it. So
19 that is something for the staff and for Max to be
20 considering.

21 DR. WARREN: One more point. At numerous times
22 today Joe has brought up that Congress has said that the

1 chiropractors were not considered primary care. When did
2 that happen, how did it happen, and in what bill?

3 DR. FINS: I don't have that information.

4 DR. WARREN: How long ago did it happen?

5 DR. FINS: Within the last couple of months.

6 DR. WARREN: Last couple of months.

7 DR. FINS: You should ask staff for that
8 information. They will provide it to you.

9 DR. GORDON: So, Steve, do you want to say in a
10 few words what the process is going to be now?

11 DR. GROFT: Real briefly, we are going to take
12 what we gained from this meeting, collapse it, and try
13 and get, hopefully, a very thoughtful document out to
14 everyone. It will be coming out in pieces. It will not
15 come out as one document.

16 I think each section has a different level of
17 revision, and we are not going to hold them all up. So
18 please keep an eye on your Emails and get back to us as
19 soon as possible. I will try to put a time frame on it,
20 something like 48 hours or something, to get your
21 comments back.

22 Then, the Access and Delivery piece, which is

1 going to be a major rewrite, we are starting Sunday to
2 work on that, and we hope by Wednesday, perhaps Wednesday
3 night, that we will have a draft ready to go out to you.

4 DR. GORDON: I also just want to thank all of
5 you for staying so long. Joe Fins, I want to thank you
6 and others, who had doubts to begin with, for your
7 commendable willingness to participate totally in the
8 process and to be available.

9 I have really appreciated this on all sides,
10 all the people who sent Emails, who had concerns, have
11 been able to come together and really work together
12 wonderfully.

13 So thank you all for this and for all the time
14 that you have been here.

15 DR. TIAN: Thank you for your leadership, Jim
16 and Steve.

17 [Applause.]

18 MS. SCOTT: And thank all the staff for their
19 tireless work.

20 [Applause.]

21 [Whereupon, at 7:00 p.m., the meeting was
22 adjourned.]

CERTIFICATION

This is to certify that the attached proceedings

BEFORE: White House Commission on Complementary
and Alternative Medicine Policy

HELD: February 21-22, 2002

were held as herein appears and that this is the official
transcript thereof for the file of the Department or
Commission.

DEBORAH TALLMAN, Court Reporter