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Series: Speech File Draft Files
Subseries: Chron File, 1989-1993

OA/ID Number: 13621
Folder ID Number: 13621-005

Folder Title:
Great American Workout 5/8/92 [OA 6101]

Stack:	Row:	Section:	Shelf:	Position:
G	26	18	2	1

WHITE HOUSE STAFFING MEMORANDUM

DATE: 4/30/92 ACTION/CONCURRENCE/COMMENT DUE BY: ---

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
 SUBJECT: FRIDAY, MAY 1 - 7:00 a.m.

	ACTION	FYI		ACTION	FYI
VICE PRESIDENT	<input type="checkbox"/>	<input checked="" type="checkbox"/>	HORNER	<input type="checkbox"/>	<input type="checkbox"/>
SKINNER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	MCBRIDE	<input type="checkbox"/>	<input type="checkbox"/>
SCOWCROFT	<input type="checkbox"/>	<input type="checkbox"/>	MOORE	<input type="checkbox"/>	<input checked="" type="checkbox"/>
DARMAN	<input type="checkbox"/>	<input checked="" type="checkbox"/>	PETERSMEYER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
BRADY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	PORTER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
BROMLEY	<input type="checkbox"/>	<input type="checkbox"/>	ROGICH	<input type="checkbox"/>	<input checked="" type="checkbox"/>
CALIO	<input type="checkbox"/>	<input checked="" type="checkbox"/>	ROLLINS	<input type="checkbox"/>	<input checked="" type="checkbox"/>
DEMAREST	<input type="checkbox"/>	<input checked="" type="checkbox"/>	SMITH	<input type="checkbox"/>	<input checked="" type="checkbox"/>
FITZWATER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	YEUTTER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
GRAY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<u>FINDLAY</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
HOLIDAY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	KAUFMAN	<input type="checkbox"/>	<input checked="" type="checkbox"/>
FIRESTONE		<input checked="" type="checkbox"/>	MCGROARTY	<input type="checkbox"/>	<input checked="" type="checkbox"/>

REMARKS:

The attached has been forwarded to the President.

RESPONSE:

PHILLIP D. BRADY
 Assistant to the President
 and Staff Secretary
 Ext. 2702

THE WHITE HOUSE
WASHINGTON

April 29, 1992 02 APR 29 P1:56

MEMORANDUM FOR THE PRESIDENT
THOUGH: DAVE DEMAREST *DD*
FROM: CURT SMITH *CS*
SUBJECT: GREAT AMERICAN WORKOUT

On Friday, May 1st, at 7:00 a.m., you will deliver brief remarks (6 minutes/cards) at the Annual Great American Workout. Your remarks stress the importance of physical fitness for our youth, for our families, and for the elderly. After your speech you will tour various workout stations with Arnold Schwarzenegger and members of your family.

(Smith/Grossman)
April 29, 1992
Draft Three

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Barbara Mandrell, thank you for singing the National Anthem. Members of the President's Council on Physical Fitness. Honored guests. Ladies and gentlemen. //

Welcome to the White House, and to an event which kicks off National Fitness Month -- the third annual Great American Workout. // It's a special pleasure to be introduced by the man who embodies this event -- the Chairman of the President's Council on Physical Fitness / my friend, Arnold Schwarzenegger. /

((Arnold has been Chairman since 1990, and I've come to learn that he's even stronger than I thought. Whenever he feels his heavy weightlifting equipment isn't enough of a challenge, he drops by Washington and bench-presses the Federal budget.)) //

((I've also come to value Arnold's advice. For instance, he told me I don't have to pump iron. So I keep my arms in shape just by carrying Millie's investment portfolio.)) //

((Finally, Arnold believes that the only vegetable worse than broccoli is couch potatoes.)) // So yesterday, Arnold visited his 50th State as Chairman -- always spreading the word: Each of us has a stake in making exercise a part of America's fitness -- and fitness a part of each American day. //

Just look at these workout stations we'll be visiting in several minutes. One involves aerobics, another basketball. A

special workout honors true heroes -- representatives of the Special Olympics. / Then, there's a workout I particularly like -- family fitness from putt-putt to horseshoes. / I believe in family sports. I remember Little League back in Texas. Our four boys played it. I coached it. ((Back then there were tens of thousands of kids playing ball. I have to admit: There were times I thought Barbara Bush was car-pooling them all.)) //

Family sports is only one way fitness can enrich the human mind and body. Lowering stress, blood pressure, and cholesterol. Reducing heart disease and stroke. / Here's where we've made progress. Far fewer Americans smoke than 25 years ago. / Today, Americans get less of their energy from fat and more from carbohydrates than in the late 1970s. / Increasingly, Americans are concerned about the nutritional content of foods. /

We have a plan for comprehensive health care. Some of it requires changes in our laws. Another part of our plan depends even more on what happens in your house than what happens in the White House. / We need to eat a balanced and nutritional diet. Avoid tobacco and drug use. Avoid excessive alcohol use. We also have to act on another front -- namely, putting new emphasis on quality physical education in our schools. / Today, the lack of such activity is one reason our kids are more overweight than 20 years ago. We have to change that. Only one State -- Illinois -- gives daily physical education for all K through 12th grade students the priority it deserves. We have to change that,

too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

That's why today we're encouraging physical activity beyond that usually practiced in Washington: Chasing rumors / pumping for information / exercising caution / sidestepping issues / and jumping to conclusions. // We're saying: Let's diet / exercise / and make smart choices mentally and physically -- and thus enhance the quality and longevity of each American's life. //

A man to my left here knows this: Knows that an America that is physically fit -- and mentally fit -- is fit to take on the world. / At 83, Milton Berle still rides his stationary bike, does a lot of walking, punches the heavy bag, and maintains a healthy diet. / No wonder he was just named a special advisor to Arnold. / ((It was Uncle Miltie who helped suggest this early kickoff time. Some surprise: He's usually played 18 holes of golf by now.)) //

To Milton Berle -- to Arnold -- to every participant -- my thanks for what you've done. Thanks for showing what fitness means -- America at its best -- and for helping it link the American family -- fathers and daughters, mothers and sons. //

Now, let's all practice what we preach. Let's visit the stations of The Great American Workout -- the largest workout ever on the South Lawn. Then, we'll return to the program here on the main stage starring the Harlem Globetrotters. / Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're funny on purpose. //

Thank you for your welcome, and God bless America.

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**GREAT AMERICAN WORKOUT \ SOUTH LAWN
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SECRETARY SULLIVAN. CHAIRMAN SCHWARZENEGGER.

BARBARA MANDRELL, THANK YOU FOR SINGING THE NATIONAL ANTHEM. MEMBERS OF THE PRESIDENT'S COUNCIL ON PHYSICAL FITNESS. MILTON BERLE. EVANDER HOLYFIELD. BOB SAGET. MARY LOU RETTON. PETER VIDMAR. CHRIS EVERT. LAURIE SINGLE, NATIONAL PHYSICAL FITNESS DIRECTOR OF THE YEAR. HONORED GUESTS. LADIES AND GENTLEMEN. //

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WELCOME TO THE WHITE HOUSE, AND TO AN EVENT WHICH KICKS OFF NATIONAL FITNESS MONTH -- THE THIRD ANNUAL GREAT AMERICAN WORKOUT. // IT'S A SPECIAL PLEASURE TO BE INTRODUCED BY THE MAN WHO EMBODIES THIS EVENT -- THE CHAIRMAN OF THE PRESIDENT'S COUNCIL ON PHYSICAL FITNESS / MY FRIEND, ARNOLD SCHWARZENEGGER. /

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WHENEVER HE FEELS HIS HEAVY WEIGHTLIFTING EQUIPMENT
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JUST LOOK AT THESE WORKOUT STATIONS ARNOLD WILL
SHORTLY VISIT. ONE INVOLVES AEROBICS, ANOTHER
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THEN, THERE'S A WORKOUT I PARTICULARLY LIKE -- FAMILY FITNESS FROM PUTT-PUTT TO HORSESHOES. / YET FAMILY SPORTS IS ONLY ONE WAY FITNESS CAN ENRICH THE HUMAN MIND AND BODY. LOWERING STRESS, BLOOD PRESSURE, AND CHOLESTEROL. REDUCING HEART DISEASE AND STROKE. /

WE HAVE A PLAN FOR COMPREHENSIVE HEALTH CARE. SOME OF IT REQUIRES CHANGES IN OUR LAWS. ANOTHER PART OF OUR PLAN DEPENDS EVEN MORE ON WHAT HAPPENS IN YOUR HOUSE THAN WHAT HAPPENS IN THE WHITE HOUSE. /

WE NEED TO EAT A BALANCED AND NUTRITIONAL DIET. AVOID TOBACCO AND DRUG USE. AVOID EXCESSIVE ALCOHOL USE. WE ALSO HAVE TO ACT ON ANOTHER FRONT BY PUTTING NEW EMPHASIS ON QUALITY PHYSICAL EDUCATION IN OUR SCHOOLS. / TODAY, THE LACK OF SUCH ACTIVITY IS ONE REASON OUR KIDS ARE MORE OVERWEIGHT THAN 20 YEARS AGO. WE HAVE TO CHANGE THAT. ONLY ONE STATE -- ILLINOIS -- GIVES DAILY PHYSICAL EDUCATION FOR ALL K THROUGH 12TH GRADE STUDENTS THE PRIORITY IT DESERVES.

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((IT WAS UNCLE MILTIE WHO HELPED SUGGEST THIS EARLY KICKOFF TIME. SOME SURPRISE: HE'S USUALLY PLAYED 18 HOLES OF GOLF BY NOW.)) //

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THE WHITE HOUSE
WASHINGTON

April 29, 1992

MEMORANDUM FOR THE PRESIDENT
THOUGH: DAVE DEMAREST 
FROM: CURT SMITH 
SUBJECT: GREAT AMERICAN WORKOUT

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(Smith/Grossman)
April 29, 1992
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((Finally, Arnold believes that the only vegetable worse than broccoli is couch potatoes.)) // So yesterday, Arnold visited his 50th State as Chairman -- always spreading the word: Each of us has a stake in making exercise a part of America's fitness -- and fitness a part of each American day. //

Just look at these workout stations we'll be visiting in several minutes. One involves aerobics, another basketball. A

special workout honors true heroes -- representatives of the Special Olympics. / Then, there's a workout I particularly like -- family fitness from putt-putt to horseshoes. / I believe in family sports. I remember Little League back in Texas. Our four boys played it. I coached it. ((Back then there were tens of thousands of kids playing ball. I have to admit: There were times I thought Barbara Bush was car-pooling them all.)) //

Family sports is only one way fitness can enrich the human mind and body. Lowering stress, blood pressure, and cholesterol. Reducing heart disease and stroke. / Here's where we've made progress. Far fewer Americans smoke than 25 years ago. / Today, Americans get less of their energy from fat and more from carbohydrates than in the late 1970s. / Increasingly, Americans are concerned about the nutritional content of foods. /

We have a plan for comprehensive health care. Some of it requires changes in our laws. Another part of our plan depends even more on what happens in your house than what happens in the White House. / We need to eat a balanced and nutritional diet. Avoid tobacco and drug use. Avoid excessive alcohol use. We also have to act on another front -- namely, putting new emphasis on quality physical education in our schools. / Today, the lack of such activity is one reason our kids are more overweight than 20 years ago. We have to change that. Only one State -- Illinois -- gives daily physical education for all K through 12th grade students the priority it deserves. We have to change that,

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To Milton Berle -- to Arnold -- to every participant -- my thanks for what you've done. Thanks for showing what fitness means -- America at its best -- and for helping it link the American family -- fathers and daughters, mothers and sons. //



Now, let's all practice what we preach. Let's visit the stations of The Great American Workout -- the largest workout ever on the South Lawn. Then, we'll return to the program here on the main stage starring the Harlem Globetrotters. / Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're funny on purpose. //

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As I mentioned to some ^{of} you already, I'm sorry to have to cut short my participation in this great event but I'm sure you can understand ~~the concern and anguish all of us feel regarding the violence that occurred in Los Angeles.~~ I'll be getting an update ^{on the situation in L.A.} in just a few minutes and I'll then meet with Civil Rights leaders to discuss our common commitment to ^{Justice and} the rule of law. ~~and justice~~ Before I go, though, let me say just a few words about this very important issues of fitness.

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GREAT AMERICAN WORKOUT \ SOUTH LAWN
FRIDAY, MAY 1, 1992 \ 7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Barbara Mandrell, thank you for singing the National Anthem. Members of the President's Council on Physical Fitness. Milton Berle. Bob Saget. Mary Lou Retton. Peter Vidmar. Chris Evert. Laurie Single, National Physical Fitness Director of the Year.

Welcome to the White House, and to an event which kicks off National Fitness Month -- the third annual Great American Workout. // It's a special pleasure to be introduced by the man who embodies this event -- the Chairman of the President's Council on Physical Fitness / my friend, Arnold Schwarzenegger.

As I mentioned to some of you already, I'm sorry to have to cut short my participation in this great event but I'm sure you can understand. I'll be getting an update on the situation in Los Angeles in just a few minutes and I'll then meet with Civil Rights leaders to discuss our common commitment to Justice and the rule of law. Before I go, though, let me say just a few words about this very important issues of fitness.

Arnold, yesterday you visited you 50th state as Chairman -- always spreading the word that each of us has a stake in making exercise a part of America's fitness -- and fitness a part of each American day.//

Just look at these workout stations Arnold will shortly visit. Even a special workout to honor true heros -- representatives of the Special Olympics. /

A big part of our plan for a healthier America depends more on what happens in your house than what happens in the White

~~/ yet family sports is only one way~~ fitness can enrich the human mind and body by lowering stress, blood pressure, and cholesterol.

A big part of our plan for a healthier America depends more on what happens in your house than what happens in the White House. / We need to eat a balanced and nutritional diet. Avoid tobacco and drug use. Avoid excessive alcohol use. We also have to act on another front by putting new emphasis on quality physical education in our schools. / Only one state -- Illinois -- gives daily physical education for all K through 12th grade students the priority it deserves. We have to change that, too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

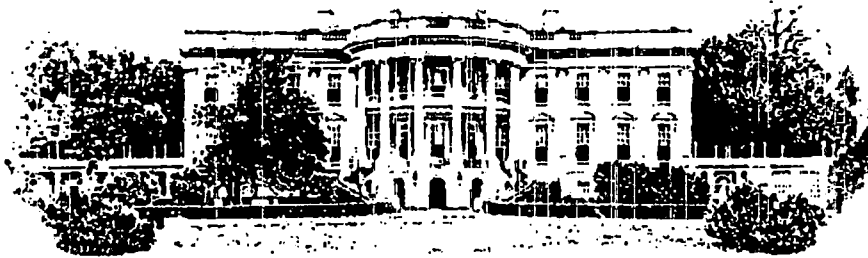
A man with us here knows this: Knows that an America that is physically and mentally fit is fit to take on the world. / At 83, Milton Berle still rides his stationary bike, does a lot of walking, punches the heavy bag, and maintains a healthy diet. / No wonder he was just named a special advisor to Arnold. /

To Milton Berle -- to Arnold and all of you -- my thanks for what you've done. Thanks for showing what fitness means. ~~--- America at its best --- and for helping it link the American~~ family -- fathers and daughters, mothers and sons. //

I hope you enjoy The Great American Workout. I know you'll enjoy the program which follows on the main stage here starring the Harlem Globetrotters. Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is

they're truly funny on purpose. // Thank you for your welcome,
and God bless America.

#



THE SITUATION ROOM

PRECEDENCE: IMMEDIATE
PRIORITY
ROUTINE

RELEASER: B. Jiles

DTG: 302247Z APR 92

MESSAGE NO. _____ CLASSIFICATION unclassified PAGES 11

FROM Nancy Benson (Name) 456-2930 (Phone Number) 1220E08 (Room No.)

MESSAGE DESCRIPTION _____

TO (Agency)	DELIVER TO:	DEPT/ROOM NO.	PHONE NUMBER
<u>Christina Martin</u>	<u>Ohio Dinner Site</u>		

REMARKS _____

extremely URGENT!!

April 30, 1992

MEMORANDUM FOR CHRISTINA MARTIN

FROM: NANCY BENSON 10

RE: ATTACHED

Attached you will find:

Great American Workout
Radio Address
Cinco de Mayo

Please call me and let me know what time you need me to be in tomorrow morning. I'll try to be in by 7:30 unless you think you'll need me earlier. Jennifer and Curt will be here at 6:00 a.m.

If you need anything else let me know otherwise, I'll be checking out soon.

P.S. Tell Maltby I said, Hi!

Bradys office would like to be informed when the President has seen and D2 has approved Great American Workout

As I mentioned to some of you already, I'm sorry to have cut short my participation in that great event but I'll be sure you an understand the anguish all of us feel regarding the violence that occurred in Los Angeles. I'll be getting an update or the actuals in just a few minutes.

(Smith, Grossman)
April 30, 1992
Draft Four
FITNESS

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Barbara Mandrell, thank you for singing the National Anthem. Members of the President's Council on Physical Fitness. Milton Berle. ~~Evander Holyfield~~. Bob Saget. Mary Lou Retton. Peter Vidmar. Chris Evert. Laurie Single, National Physical Fitness Director of the Year. Honored guests. Ladies and gentlemen //

Welcome to the White House, and to an event which kicks off National Fitness Month -- the third annual Great American Workout. // It's a special pleasure to be introduced by the man who embodies this event -- the Chairman of the President's Council on Physical Fitness / my friend, Arnold Schwarzenegger.

~~((Arnold has been Chairman since 1990, and I've come to learn that he's even stronger than I thought. Whenever he feels his heavy weightlifting equipment isn't enough of a challenge, he drops by Washington and bench-presses the Federal budget.)) //~~

~~((I've also come to value Arnold's advice. For instance, he told me I don't have to pump iron. So I keep my arms in shape just by carrying Millie's investment portfolio.)) //~~

~~((Finally, Arnold believes that the only vegetable worse than broccoli is couch potatoes.)) // ~~So yesterday, Arnold visited his 50th State as Chairman -- always spreading the word~~ that~~

Arnold yesterday you

our common commitment to law order and justice
Before I go shoot
let me say just a few words about this very important issue
1 of fitness

Each of us has a stake in making exercise a part of America's fitness -- and fitness a part of each American day. //

Just look at these workout stations Arnold will shortly visit. ~~One involves aerobics, another basketball.~~ ^{Even} A special workout honors true heroes -- representatives of the Special Olympics. / Then, there's a workout I particularly like -- family fitness from putt-putt to horseshoes. / Yet family sports is only one way fitness can enrich the human mind and body ^{by} lowering stress, blood pressure, and cholesterol. ~~Reducing heart disease and stroke.~~ /

~~We have a plan for comprehensive health care. Some of it requires changes in our laws.~~ ^{A la's} ~~Another~~ part of our plan ^{for a healthy America} depends ^{even} more on what happens in your house than what happens in the White House. / We need to eat a balanced and nutritional diet. Avoid tobacco and drug use. Avoid excessive alcohol use. We also have to act on another front by putting new emphasis on quality physical education in our schools. / ~~Today, the lack of such activity is one reason our kids are more overweight than 20 years ago. We have to change that.~~ Only one State -- Illinois -- gives daily physical education for all K through 12th grade students the priority it deserves. We have to change that, too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

~~That's why today we're encouraging physical activity beyond that usually practiced in Washington: Chasing rumors / pumping for information / exercising caution / sidestepping issues / and~~

jumping to conclusions. // We're saying: Let's diet / exercise / and make smart choices mentally and physically -- and thus enhance the quality and longevity of each American's life. //

A man with us here knows this: Knows that an America that is physically and mentally fit is fit to take on the world. / At 83, Milton Berle still rides his stationary bike, does a lot of walking, punches the heavy bag, and maintains a healthy diet. / No wonder he was just named a special advisor to Arnold. / ~~He~~ was Uncle Miltie who helped suggest this early kickoff time. ~~Some surprise: He's usually played 18 holes of golf by now.)) //~~

To Milton Berle -- to Arnold and all of you -- my thanks for what you've done. Thanks for showing what fitness means -- America at its best -- and for helping it link the American family -- fathers and daughters, mothers and sons. //

I hope you enjoy The Great American Workout. I know you'll enjoy the program which follows on the main stage here starring the Harlem Globetrotters. Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're funny on purpose. // Thank you for your welcome, and God bless America.

#

(Smith/Grossman)
Draft Three
April 30, 1992
REGS

PRESIDENTIAL REMARKS: RADIO ADDRESS
SATURDAY, MAY 2, 1992

One of our great challenges is to reform a government which too often thwarts our ability to work / create / to invest / and dream. Today, I want to talk about how we can build a government which serves the people -- not the other way around. //

In particular, I mean the need to cut counterproductive Federal regulations -- that landfill of rules and mandates that limits freedom. / So let me tell you what we are doing to achieve regulatory reform -- the reform that can help our economy work -- putting our people back to work. //

All of you across America know that if we are to remain truly competitive, we've got to stop regulating our businesses out of business. / Over-regulation is a hidden tax -- raising prices for every consumer. / It slows growth / costs jobs / and lets bureaucrats block progress and prosperity. //

That's why in January, I announced a 90-day moratorium on Federal regulations -- to see that, wherever possible, we block regulations that slow growth -- and accelerate those that spur it. / The result: the reforms we've put in place will save American consumers and workers an estimated \$15 to \$20 billion in regulatory costs -- that's a savings of 225 to 300 dollars per year for the average American family. //

This step has already strengthened our economic recovery -- but we can, and must, do more. So Wednesday I ordered a 120-day extension of our moratorium. This extension will give agencies a chance to implement the reforms we've indentified in the last 90 days. It will free Americans to do what we do best: outwork / outperform / and, yes outcompete any Nation in the world. //

Let's take a real look at the costs of over-regulation. Here's a story from the Middle West. Each year, local Ohio school districts send to the State nearly 330 different forms totaling over 1,000 pages. Most of this paperwork is required to meet Federal regulations and get funds that amount to only 5 percent of a district's budget. / That's inefficient, and wrong. We need to spend more time on kids' homework -- and less on Federal paperwork. / So I have asked Education Secretary Lamar Alexander to work with state and local officials to identify unnecessary paperwork and mandates -- and eliminate them now. //

Here's another case of how over-regulation harms the public: // A local charity, the St. Vincent de Paul Society in Juneau, Alaska, wanted to build an addition to its shelter for the homeless. Yet the building project was delayed for a whole year because bureaucrats declared the site a "wetland." // This is unbelievable when you consider that the shelter is surrounded by concrete, on a city block that includes two car dealerships, a plumbing store, and a storage business. / Something was wet, all right: This entire decision. //

What we must do -- what my reform initiative will foster -- is to end this ludicrous government romance with over-regulation. / That is why I will continue to support policies which mean lower taxes and less spending / low interest rates and stable monetary policy / and, yes, major regulatory reform. //

I am determined to change the fact that Americans now spend about six and a half billion hours a year just dealing with Federal forms. That's more time than we spend going to church. Who ultimately pays for these costs? Next year, all told, Federal regulation will cost consumers and workers more than \$400 billion dollars. Think what that costs -- in American jobs. //

Too often government has been a back seat driver -- intending to help, but instead harming our economy by turning red tape into pink slips. / Too often it has made regulation a Holy Grail -- mocking the common sense which would save the taxpayer dollars and cents. / We need to reform the government. Need to -- and with your support, will. / Thank you for listening, and God bless the United States of America.

#

WHITE HOUSE STAFFING MEMORANDUM

DATE: 4/27/92 ACTION/CONCURRENCE/COMMENT DUE BY: TUESDAY, 4/28/92 5:00pm

SUBJECT: PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN - FRIDAY, MAY 1 - 7:00am

	ACTION	FYI		ACTION	FYI
VICE PRESIDENT	<input type="checkbox"/>	<input checked="" type="checkbox"/>	HORNER	<input type="checkbox"/>	<input type="checkbox"/>
SKINNER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	MCBRIDE	<input type="checkbox"/>	<input type="checkbox"/>
SCOWCROFT	<input type="checkbox"/>	<input type="checkbox"/>	MOORE	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DARMAN <i>N/C</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	PETERSMEYER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BRADY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	PORTER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BROMLEY	<input type="checkbox"/>	<input type="checkbox"/>	ROGICH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
CALIO <i>N/C</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	ROLLINS <i>N/C</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DEMAREST	<input checked="" type="checkbox"/>	<input type="checkbox"/>	SMITH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
FITZWATER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	YEUTTER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
GRAY <i>N/C</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<u>FINDLAY</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
HOLIDAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<u>KAUFMAN</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
FIRESTONE	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<u>MCGROARTY</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

REMARKS:

Please forward your comments directly to Dan McGroarty, RM. 122, x2930, no later than 5:00 p.m., TUESDAY, APRIL 28, with a copy to this office. Thank you.

RESPONSE:

*Cent - —
 Go ahead &
 reconcile —
 Let's try to
 send this by 11 AM?*

*see this draft for
 Pinckston comment,
 p. 3*

PHILLIP D. BRADY
 Assistant to the President
 and Staff Secretary
 Ext. 2702

(Smith/Grossman)
April 26, 1992
Draft Two
FITNESS

02 APR 27 P12:13

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Members of
the President's Council on Physical Fitness. Honored guests.
Ladies and gentlemen. //

Welcome to the White House, and to an event which kicks off
National Fitness Month -- the third annual Great American
Workout. // It's a special pleasure to be introduced by the man
who embodies that event -- the Chairman of the President's
Council on Physical Fitness / my friend, Arnold Schwarzenegger. /

((Arnold has been Chairman since 1990, and I've come to
learn that he's even stronger than I thought. Whenever he feels
his heavy weightlifting equipment isn't enough of a challenge, he
drops by Washington and bench-presses the Federal budget.)) //

((I've also come to value Arnold's advice. For instance, he
told me I don't have to pump iron. So I keep my arms in shape
just by carrying Millie's investment portfolio.)) //

((Finally, Arnold believes that the only vegetable worse
than broccoli is couch potatoes.)) // So yesterday, he visited
his 50th State as Chairman -- always spreading the word: Each of
us has a stake in making exercise a part of America's fitness --
and fitness a part of each American day. //

Just look at these ten workout stations we'll be visiting in several minutes. One involves aerobics, another volleyball. A third salutes academics -- for America must be mentally as well as physically fit. // A special workout honors true heroes -- representatives of the Special Olympics. // Still another stars the great Harlem Globetrotters. // ((Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're funny on purpose)) //

Then, there's a workout I particularly like -- family sports from putt-putt to horseshoes. / I believe in family sports. I remember Little League back in Texas. Our four boys played it. I coached it. ((Back then there were tens of thousands of kids playing ball. There were times I thought Barbara Bush was car-pooling them all.)) //

Family sports is only one way fitness can enrich the human mind and body. Lowering stress, blood pressure, and cholesterol. Reducing heart disease and stroke. / Here's where we've made progress. Far fewer Americans smoke than, say, 25 years ago. / Today, Americans get less of their energy from fat and more from carbohydrates than in the late 1970s. / Increasingly, Americans are concerned about the nutritional content of foods. /

We have to build on these beginnings. Eat a balanced and nutritional diet. Avoid drug use. Avoid excessive alcohol use. We also have to act on another front -- namely, putting new emphasis on quality physical education in our schools. / Today, the lack of such activity is one reason our kids are more

overweight than 20 years ago. We have to change that. Only one State -- Illinois -- ^{gives} ~~requires~~ daily physical education. ^{The priority is} We have ^{losems,} to change that, too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

That's why today we're encouraging physical activity beyond that usually practiced in Washington: Chasing rumors / pumping for information / exercising caution / sidestepping issues / and jumping to conclusions. // We're saying: Let's diet / exercise / and make smart choices mentally and physically -- and thus enhance the quality and longevity of each American's life. //

A man to my left here knows this: Knows that an America that is physically fit -- and mentally fit -- is fit to take on the world. / At 83, Milton Berle still rides his stationary bike, does a lot of walking, punches the heavy bag, and maintains a healthy diet. / No wonder he was just named a special assistant to Arnold. / ((It was Uncle Miltie who helped suggest this early kickoff time. Some surprise: He's usually played 18 holes of golf by now.)) //

To Milton Berle -- to Arnold -- to every participant -- my thanks for what you've done. Thanks for showing what fitness means -- American excellence -- and for helping it link the American family -- fathers and daughters, mothers and sons. Now, let's all practice what we preach. Let's visit the stations of The Great American Workout.

#

(Smith/Grossman)
April 26, 1992
Draft Two
FITNESS

12 APR 27 PM 2:13

1500
South lawn
off stage
family
Mrs Bush
Doro
Sam & Elly
LeBlond

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Will family attend?
who?
Jim Schaefer
OPL

Secretary Sullivan. Chairman Schwarzenegger. Members of
the President's Council on Physical Fitness. Honored guests.
Ladies and gentlemen. //

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((Arnold has been Chairman since 1990, and I've come to
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((I've also come to value Arnold's advice. For instance, he
told me I don't have to pump iron. So I keep my arms in shape
just by carrying Millie's investment portfolio.)) //

((Finally, Arnold believes that the only vegetable worse
than broccoli is couch potatoes.)) // So yesterday, he visited
his 50th State as Chairman -- always spreading the word: Each of
us has a stake in making exercise a part of America's fitness --
and fitness a part of each American day. //

time?

Council on
Physical
Fitness
Shellic
Master

1125

FAMILY FITNESS

Salute all
at this
level

Just look at these ~~workout~~ ^{school fitness, another} workout stations we'll be visiting in several minutes. ~~One involves aerobics, another volleyball.~~ ^{family fitness, a third salutes aerobics.} A third ~~salutes academics~~ ^{salutes} -- ~~for America must be mentally as well~~ as ~~physically~~ fit. // A special workout honors true heroes -- representatives of the Special Olympics. // ^{Dark USA} Still another stars the great Harlem Globetrotters. // ((Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're funny on purpose)) //

NOT
A
WORKOUT
STAT_W
but

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this
far

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Elasfer

Fav from
Healthy People

*far from
Healthy People*

~~overweight~~ than 20 years ago. We have to change that. Only one
~~State~~ -- Illinois -- requires ~~daily~~ physical education. We have
to change that, too: Let's make it fifty -- just as Arnold has
done as Chairman of the President's Council. //

*Council
Stellie
Maston*

That's why today we're encouraging physical activity beyond
that usually practiced in Washington: Chasing rumors / pumping
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assistant to Arnold. / ((It was Uncle Miltie who helped suggest
this early kickoff time. Some surprise: He's usually played 18
holes of golf by now.)) //

*Quote from
Arnold Schwarzenegger
from Chicago
Tribune
4/23/82
P. 30*

*Jim
Schaefer*

To Milton Berle -- to Arnold -- to every participant -- my
thanks for what you've done. Thanks for showing what fitness
means -- American excellence -- and for helping it link the
American family -- fathers and daughters, mothers and sons. Now,
let's all practice what we preach. Let's visit the stations of
The Great American Workout.

#

GREAT AMERICAN WORKOUT
May 1, 1992

- 6:50 a.m. Chairman Schwarzenegger meets with the President, Mrs. Bush and family for a pre-brief
- 6:57 a.m. Bob Saget comes on stage and introduces Chairman Schwarzenegger
- 6:58 a.m. Chairman Schwarzenegger appears on stage and makes introductory remarks (5 minutes)
- 7:03 a.m. Off stage announcement of the President, Mrs. Bush and their family
- 7:04 a.m. Bob Saget announces Barbara Mandrell who sings the national anthem
- 7:06 a.m. Chairman Schwarzenegger introduces the President
- 7:07 a.m. President makes brief remarks (5 minutes)
- 7:12 a.m. The President concludes remarks and Chairman Schwarzenegger escorts the President, Mrs. Bush and family to the Warm-up area for brief warm-up.
- 7:14 a.m. Warm-up concludes and Chairman Schwarzenegger leads the President and Mrs. Bush on a tour of the workout stages (family takes a seat or goes to stage)
- 7:15 a.m. While the President observes the event stages the main stage starts the following program.
Reebok Champion #1 (2 min)
Little Feet (3 min)
Reebok Champion #2 (2 min)
Marv-a-teens (3 min)
Reebok Champion (3 min)
- 7:15 a.m. President arrives Stage #1 - school fitness activities (5 minutes - President's and Mrs. Bush's involvement TBD)
- 7:20 a.m. President arrives Stage #2 and begin participation in home exercise (5 minutes - the President walks on treadmill, uses chest machine, and Mrs. Bush uses stationary bike)

- 7:25 a.m. President arrives Stage #3 - aerobics (5 minutes)
(Chairman Schwarzenegger, the President and Mrs. Bush observe)
- 7:30 a.m. The President arrives Stage #4 - sports stage (5 minutes - basketball, rollerblading, Marshall Arts, croquet, putt-putt, volleyball)
The President shoots a few baskets, a few putt-putt shots, and Mrs. Bush plays a little croquet. Then the President will serve and play a point in the ongoing Volleyball game.
- 7:35 a.m. President arrives Stage #5 - Special Olympics (5 minutes) (Observational Stage - power lifting)
- 7:40 a.m. The President and Mrs. Bush and family take seats for main stage performance
- 7:42 a.m. Main Stage program begins
Skip - Its (3 min)
Dancing Grannies (3 min)
Peter Vidmar, Mary Lou Retton (3 min)
Globetrotters (3 min)
- 7:54 a.m. The President is invited on stage by Globetrotters. Other celebrities join the President on stage. The President thanks everyone, makes concluding remarks and departs. (2 minutes)
- 7:56 a.m. As the President leaves the Grand Finale Aerobic Exercise begins.

THE WHITE HOUSE

WASHINGTON

92 APR 29 A 9:59

April 28, 1992

MEMORANDUM FOR DAN MCGROARTY

FROM: ROGER B. PORTER *RBP*

SUBJECT: Presidential Remarks: Great American Workout

We have reviewed the attached remarks and have noted a few suggested changes on the draft. We have also prepared a short proposed insert on the President's health reform initiatives for inclusion on page two of the speech.

Please let us know if you have any questions or if we may help in any other way.

cc: Phillip D. Brady

Proposed Insert

yes

We have a plan for comprehensive health care reform. Some of it requires changes in our laws. But the real measure of our success in achieving a healthier America depends far more on what happens in your house than what happens in the White House. *✓*

WHITE HOUSE STAFFING MEMORANDUM

JMH
 = GW
 = HK
 = RV

DATE: 4/27/92 ACTION/CONCURRENCE/COMMENT DUE BY: TUESDAY, 4/28/92 5:00p

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT

SUBJECT: SOUTH LAWN - FRIDAY, MAY 1 - 7:00am

	ACTION	FYI		ACTION	FYI
VICE PRESIDENT	<input type="checkbox"/>	<input checked="" type="checkbox"/>	HORNER	<input type="checkbox"/>	<input type="checkbox"/>
SKINNER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	MCBRIDE	<input type="checkbox"/>	<input type="checkbox"/>
SCOWCROFT	<input type="checkbox"/>	<input type="checkbox"/>	MOORE	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DARMAN	<input checked="" type="checkbox"/>	<input type="checkbox"/>	PETERSMEYER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BRADY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	PORTER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BROMLEY	<input type="checkbox"/>	<input type="checkbox"/>	ROGICH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
CALIO	<input checked="" type="checkbox"/>	<input type="checkbox"/>	ROLLINS	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DEMAREST	<input checked="" type="checkbox"/>	<input type="checkbox"/>	SMITH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
FITZWATER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	YEUTTER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
GRAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<u>FINDLAY</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
HOLIDAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<u>KAUFMAN</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
FIRESTONE		<input checked="" type="checkbox"/>	<u>MCGROARTY</u>		<input checked="" type="checkbox"/>

REMARKS:

Please forward your comments directly to Dan McGroarty, RM. 122, x2930, no later than 5:00 p.m., TUESDAY, APRIL 28, with a copy to this office. Thank you.

RESPONSE:

PHILLIP D. BRADY
 Assistant to the President
 and Staff Secretary
 Ext. 2702

(Smith/Grossman)
April 26, 1992
Draft Two
FITNESS

02 APR 27 P12:13

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Members of
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Ladies and gentlemen. //

Welcome to the White House, and to an event which kicks off
National Fitness Month -- the third annual Great American
Workout. // It's a special pleasure to be introduced by the man
who embodies that event -- the Chairman of the President's
Council on Physical Fitness / my friend, Arnold Schwarzenegger. /

((Arnold has been Chairman since 1990, and I've come to
learn that he's even stronger than I thought. Whenever he feels
his heavy weightlifting equipment isn't enough of a challenge, he
drops by Washington and bench-presses the Federal budget.)) //

((I've also come to value Arnold's advice. For instance, he
told me I don't have to pump iron. So I keep my arms in shape
just by carrying Millie's investment portfolio.)) //

((Finally, Arnold believes that the only vegetable worse
than broccoli is couch potatoes.)) // So yesterday, he visited
his 50th State as Chairman -- always spreading the word: Each of
us has a stake in making exercise a part of America's fitness --
and fitness a part of each American day. //

NEEDS A LITTLE CONTEXT

THIS IS A GOAL HE SET OUT TO ACCOMPLISH
NOT JUST A COINCIDENCE

NO
|||

Just look at these ten workout stations we'll be visiting in several minutes. One involves aerobics, another volleyball. A third salutes academics -- for America must be mentally as well as physically fit. // A special workout honors true heroes -- representatives of the Special Olympics. // Still another stars the great Harlem Globetrotters. // ((Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're funny on purpose)) //

Then, there's a workout I particularly like -- family sports from putt-putt to horseshoes. / I believe in family sports. I remember Little League back in Texas. Our four boys played it. I coached it. ((Back then there were tens of thousands of kids playing ball. There were times I thought Barbara Bush was car-pooling them all.)) //

Family sports is only one way fitness can enrich the human mind and body. Lowering stress, blood pressure, and cholesterol. Reducing heart disease and stroke. / Here's where we've made progress. Far fewer Americans smoke than, say, 25 years ago. / Today, Americans get less of their energy from fat and more from carbohydrates than in the late 1970s. / Increasingly, Americans are concerned about the nutritional content of foods. /

PROPOSED INSERT. → ~~We have to build on these beginnings.~~ Eat a balanced and nutritional diet. Avoid drug use. Avoid excessive alcohol use. We also have to act on another front -- namely, putting new emphasis on quality physical education in our schools. / Today, the lack of such activity is one reason our kids are more

overweight than 20 years ago. We have to change that. Only one State -- Illinois -- requires daily physical education. We have to change that, too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

That's why today we're encouraging physical activity beyond that usually practiced in Washington: Chasing rumors / pumping for information / exercising caution / sidestepping issues / and jumping to conclusions. // We're saying: Let's diet / exercise / and make smart choices mentally and physically -- and thus enhance the quality and longevity of each American's life. //

A man to my left here knows this: Knows that an America that is physically fit -- and mentally fit -- is fit to take on the world. / At 83, Milton Berle still rides his stationary bike, does a lot of walking, punches the heavy bag, and maintains a healthy diet. / No wonder he was just named a special assistant to Arnold. / ((It was Uncle Miltie who helped suggest this early kickoff time. Some surprise: He's usually played 18 holes of golf by now.)) //

To Milton Berle -- to Arnold -- to every participant -- my thanks for what you've done. Thanks for showing what fitness means -- American excellence -- and for helping it link the American family -- fathers and daughters, mothers and sons. Now, let's all practice what we preach. Let's visit the stations of The Great American Workout.

#

Document No. 324318ss

WHITE HOUSE STAFFING MEMORANDUM

DATE: 4/27/92 ACTION/CONCURRENCE/COMMENT DUE BY: TUESDAY, 4/28/92 5:00pm

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT

SUBJECT: SOUTH LAWN - FRIDAY, MAY 1 - 7:00am

	ACTION	FYI		ACTION	FYI
VICE PRESIDENT	<input type="checkbox"/>	<input checked="" type="checkbox"/>	HORNER	<input type="checkbox"/>	<input type="checkbox"/>
SKINNER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	MCBRIDE	<input type="checkbox"/>	<input type="checkbox"/>
SCOWCROFT	<input type="checkbox"/>	<input type="checkbox"/>	MOORE	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DARMAN	<input checked="" type="checkbox"/>	<input type="checkbox"/>	PETERSMEYER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BRADY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	PORTER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BROMLEY	<input type="checkbox"/>	<input type="checkbox"/>	ROGICH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
CALIO	<input checked="" type="checkbox"/>	<input type="checkbox"/>	ROLLINS	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DEMAREST	<input checked="" type="checkbox"/>	<input type="checkbox"/>	SMITH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
FITZWATER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	YEUTTER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
GRAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<u>FINDLAY</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
HOLIDAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<u>KAUFMAN</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
FIRESTONE	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<u>MCGROARTY</u>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

REMARKS:

Please forward your comments directly to Dan McGroarty, RM. 122, x2930, no later than 5:00 p.m., TUESDAY, APRIL 28, with a copy to this office. Thank you.

RESPONSE:

*See HHS comments. Thanks.
PK
Paul Korfanta
04/28*

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

02 APR 27 P12:13

(Smith/Grossman)
April 26, 1992
Draft Two
FITNESS

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Members of
the President's Council on Physical Fitness. Honored guests.
Ladies and gentlemen. //

Welcome to the White House, and to an event which kicks off
National Fitness Month -- the third annual Great American
Workout. // It's a special pleasure to be introduced by the man
^{was} who ~~embodies~~ that event -- the Chairman of the President's
Council on Physical Fitness / my friend, Arnold Schwarzenegger. /

((Arnold has been Chairman since 1990, and I've come to
learn that he's even stronger than I thought. Whenever he feels
his heavy weightlifting equipment isn't enough of a challenge, he
drops by Washington and bench-presses the Federal budget.)) //

((I've also come to value Arnold's advice. For instance, he
told me I don't have to pump iron. So I keep my arms in shape
just by carrying Millie's investment portfolio.)) //

((Finally, Arnold believes that the only vegetable worse
than broccoli is ^a couch potatoes.)) // So yesterday, he visited
his 50th State as Chairman -- always spreading the word: Each of
us has a stake in making exercise a part of America's fitness --
and fitness a part of each American day. //

57 2

Just look at these ~~ten~~ ^{school fitness program} workout stations we'll be visiting in several minutes. One involves aerobics, another volleyball. A third ~~salutes~~ ^{salutes} ~~honors~~ ^{honors} -- for America must be ~~mentally~~ ^{mentally} as well as ~~physically~~ ^{physically} fit. // A special workout honors true heroes -- representatives of the Special Olympics. // Still another stars the great Harlem Globetrotters. // ((Just like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're funny on purpose.)) //

yes

Then, there's a workout I particularly like -- family sports from putt-putt to horseshoes. / I believe in family sports. I remember Little League back in Texas. Our four boys played it. I coached it. ((Back then there were tens of thousands of kids playing ball. There were times I thought Barbara Bush was car-pooling them all.)) //

yes

Family sports is only one way fitness can enrich the human mind and body. Lowering stress, blood pressure, and cholesterol. Reducing heart disease and stroke. / Here's where we've made progress. Far fewer Americans smoke than, say, 25 years ago. / Today, Americans get less of their energy from fat and more from carbohydrates than in the late 1970s. / Increasingly, Americans are concerned about the nutritional content of foods. /

We have to build on these beginnings. Eat a balanced and nutritional diet. Avoid ~~drug~~ ^{to be sure} use. Avoid excessive alcohol use. We also have to act on another front -- namely, putting new emphasis on quality physical education in our schools. / Today, the lack of such activity is one reason our kids are more

yes

overweight than 20 years ago. We have to change that. ^{students} only one State -- Illinois -- requires daily physical education. ^{for all K-12 grade} We have to change that, too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

That's why today we're encouraging physical activity beyond that usually practiced in Washington: Chasing rumors / pumping for information / exercising caution / sidestepping issues / and jumping to conclusions. // We're saying: Let's diet / exercise / and make smart choices mentally and physically -- and thus enhance the quality and longevity of each American's life. //

A man to my left here knows this: Knows that an America that is physically fit -- and mentally fit -- is fit to take on the world. / At 83, Milton Berle still rides his stationary bike, does a lot of walking, punches the heavy bag, and maintains a healthy diet. / No wonder he was just named a special ^{advisor} assistant to Arnold. / ((It was Uncle Miltie who helped suggest this early kickoff time. Some surprise: He's usually played 18 holes of golf by now.)) //

To Milton Berle -- to Arnold -- to every participant -- my thanks for what you've done. Thanks for showing what fitness means -- American ^{at its best} ~~excellence~~ -- and for helping it link the American family -- fathers and daughters, mothers and sons. ^{Young & old.} ~~Let's~~ ^{Let's} all practice what we preach. ^{I'll understand what you mean} ~~Let's visit the~~ ^{stations of} The Great American Workout. -- But I'll be back -- to join you all in a few minutes ~~again~~ ^{for the} biggest workout ever on the South Coast.

WHITE HOUSE STAFFING MEMORANDUM

92 APR 28 P2:51

DATE: 4/27/92 ACTION/CONCURRENCE/COMMENT DUE BY: TUESDAY, 4/28/92 5:00pm

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT

SUBJECT: SOUTH LAWN - FRIDAY, MAY 1 - 7:00am

	ACTION	FYI		ACTION	FYI
VICE PRESIDENT	<input type="checkbox"/>	<input checked="" type="checkbox"/>	HORNER	<input type="checkbox"/>	<input type="checkbox"/>
SKINNER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	MCBRIDE	<input type="checkbox"/>	<input type="checkbox"/>
SCOWCROFT	<input type="checkbox"/>	<input type="checkbox"/>	MOORE	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DARMAN	<input checked="" type="checkbox"/>	<input type="checkbox"/>	PETERSMEYER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BRADY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	PORTER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BROMLEY	<input type="checkbox"/>	<input type="checkbox"/>	ROGICH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
CALIO	<input checked="" type="checkbox"/>	<input type="checkbox"/>	ROLLINS	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DEMAREST	<input checked="" type="checkbox"/>	<input type="checkbox"/>	SMITH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
FITZWATER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	YEUTTER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
GRAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	FINDLAY	<input type="checkbox"/>	<input checked="" type="checkbox"/>
HOLIDAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	KAUFMAN	<input type="checkbox"/>	<input checked="" type="checkbox"/>
FIRESTONE		<input checked="" type="checkbox"/>	MCGROARTY		<input checked="" type="checkbox"/>

REMARKS:

Please forward your comments directly to Dan McGroarty, RM. 122, x2930, no later than 5:00 p.m., TUESDAY, APRIL 28, with a copy to this office. Thank you.

RESPONSE:

*Great. Couple of comments.
Maura Sheehy
for DS.*

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

(Smith/Grossman)
April 26, 1992
Draft Two
FITNESS

02 APR 27 PI2: 13

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Members of
the President's Council on Physical Fitness. Honored guests.
Ladies and gentlemen. //

no
Welcome to the White House, and to an event which kicks off
National Fitness Month -- the third annual Great American
Workout. // It's a special pleasure to be introduced by the man
who embodies ^{physical fitness} that event -- the Chairman of the President's
Council on Physical Fitness / my friend, Arnold Schwarzenegger. /

((Arnold has been Chairman since 1990, and I've come to
learn that he's even stronger than I thought. Whenever he feels
his heavy weightlifting equipment isn't enough of a challenge, he
drops by Washington and bench-presses the Federal budget.)) //

((I've also come to value Arnold's advice. For instance, he
told me I don't have to pump iron. So I keep my arms in shape
just by carrying Millie's investment portfolio.)) //

no
yes
((Finally, ~~Arnold~~ believes that the only vegetable worse
than broccoli ~~is~~ couch potatoes.)) // ^{Arnold} So yesterday, he visited
his 50th State as Chairman -- always spreading the word: Each of
us has a stake in making exercise a part of America's fitness --
and fitness a part of each American day. //

Just look at these ten workout stations we'll be visiting in several minutes. One involves aerobics, another volleyball. A third salutes academics -- for America must be mentally as well as physically fit. // A special workout honors true heroes -- representatives of the Special Olympics. // Still another stars the great Harlem Globetrotters. // ((~~Just~~ like the Globetrotters, I got a lot of laughs when I played basketball. The difference is they're ~~funny~~ on purpose.) //

Then, there's a workout I particularly like -- family sports from putt-putt to horseshoes. / I believe in family sports. I remember Little League back in Texas. Our four boys played it. I coached it. ((Back then there were tens of thousands of kids playing ball. ^{I have to admit} There were times I thought Barbara Bush was car-pooling them all.)) //

Family sports is only one way fitness can enrich the human mind and body. Lowering stress, blood pressure, and cholesterol. ^{Can you reduce strokes?} Reducing heart disease and stroke. / Here's where we've made progress. Far fewer Americans smoke than, ~~say~~, 25 years ago. / Today, Americans get less of their energy from fat and more from carbohydrates than in the late 1970s. / Increasingly, Americans are concerned about the nutritional content of foods. /

We have to build on these beginnings. Eat a balanced and nutritional diet. Avoid drug use. Avoid excessive alcohol use. We also have to act on another front -- namely, putting new emphasis on quality physical education in our schools. / Today, the lack of such activity is one reason our kids are more

overweight than 20 years ago. We have to change that. Only one State -- Illinois -- requires daily physical education. We have to change that, too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

great!
That's why today we're encouraging physical activity beyond that usually practiced in Washington: Chasing rumors / pumping for information / exercising caution / sidestepping issues / and jumping to conclusions. // We're saying: Let's diet / exercise / and make smart choices mentally and physically -- and thus enhance the quality and longevity of each American's life. //

A man to my left here knows this: Knows that an America that is physically fit -- and mentally fit -- is fit to take on the world. / At 83, Milton Berle still rides his stationary bike, does a lot of walking, punches the heavy bag, and maintains a healthy diet. / No wonder he was just named a special assistant to Arnold. / ((It was Uncle Miltie who helped suggest this early kickoff time. Some surprise: He's usually played 18 holes of golf by now.)) //

To Milton Berle -- to Arnold -- to every participant -- my thanks for what you've done. Thanks for showing what fitness means -- American excellence -- and for helping it link the American family -- fathers and daughters, mothers and sons. Now, let's all practice what we preach. Let's visit the stations of The Great American Workout.

#

WHITE HOUSE STAFFING MEMORANDUM

92 APR 28 P3:44

DATE: 4/27/92 ACTION/CONCURRENCE/COMMENT DUE BY: TUESDAY, 4/28/92 5:00pm

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT

SUBJECT: SOUTH LAWN - FRIDAY, MAY 1 - 7:00am

	ACTION	FYI		ACTION	FYI
VICE PRESIDENT	<input type="checkbox"/>	<input checked="" type="checkbox"/>	HORNER	<input type="checkbox"/>	<input type="checkbox"/>
SKINNER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	MCBRIDE	<input type="checkbox"/>	<input type="checkbox"/>
SCOWCROFT	<input type="checkbox"/>	<input type="checkbox"/>	MOORE	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DARMAN	<input checked="" type="checkbox"/>	<input type="checkbox"/>	PETERSMEYER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BRADY	<input type="checkbox"/>	<input checked="" type="checkbox"/>	PORTER	<input checked="" type="checkbox"/>	<input type="checkbox"/>
BROMLEY	<input type="checkbox"/>	<input type="checkbox"/>	ROGICH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
CALIO	<input checked="" type="checkbox"/>	<input type="checkbox"/>	ROLLINS	<input checked="" type="checkbox"/>	<input type="checkbox"/>
DEMAREST	<input checked="" type="checkbox"/>	<input type="checkbox"/>	SMITH	<input checked="" type="checkbox"/>	<input type="checkbox"/>
FITZWATER	<input type="checkbox"/>	<input checked="" type="checkbox"/>	YEUTTER	<input type="checkbox"/>	<input checked="" type="checkbox"/>
GRAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	FINDLAY	<input type="checkbox"/>	<input checked="" type="checkbox"/>
HOLIDAY	<input checked="" type="checkbox"/>	<input type="checkbox"/>	KAUFMAN	<input type="checkbox"/>	<input checked="" type="checkbox"/>
FIRESTONE		<input checked="" type="checkbox"/>	MCGROARTY		<input checked="" type="checkbox"/>

REMARKS:

Please forward your comments directly to Dan McGroarty, RM. 122, x2930, no later than 5:00 p.m., TUESDAY, APRIL 28, with a copy to this office. Thank you.

RESPONSE:

*Please see
Comments.
Thank you.*

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

(Smith/Grossman)
April 26, 1992
Draft Two
FITNESS

02 APR 27 P12:13

PRESIDENTIAL REMARKS: GREAT AMERICAN WORKOUT
SOUTH LAWN
FRIDAY, MAY 1, 1992
7:00 A.M.

Secretary Sullivan. Chairman Schwarzenegger. Members of
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Ladies and gentlemen. //

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National Fitness Month -- the third annual Great American
Workout. // It's a special pleasure to be introduced by the man
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Council on Physical Fitness / my friend, Arnold Schwarzenegger. /

((Arnold has been Chairman since 1990, and I've come to
learn that he's even stronger than I thought. Whenever he feels
his heavy weightlifting equipment isn't enough of a challenge, he
drops by Washington and bench-presses the Federal budget.)) //

((I've also come to value Arnold's advice. For instance, he
told me I don't have to pump iron. So I keep my arms in shape
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((Finally, Arnold believes that the only vegetable worse
than broccoli is couch potatoes.)) // So yesterday, he visited
his 50th State as Chairman -- always spreading the word: Each of
us has a stake in making exercise a part of America's fitness --
and fitness a part of each American day. //

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Then, there's a workout I particularly like -- family sports from putt-putt to horseshoes. / I believe in family sports. I remember Little League back in Texas. Our four boys played it. I coached it. ((Back then there were tens of thousands of kids playing ball. There were times I thought Barbara Bush was car-pooling them all.)) //

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We have to build on these beginnings. Eat a balanced and nutritional diet. Avoid drug use. Avoid excessive alcohol use. We also have to act on another front -- namely, putting new emphasis on quality physical education in our schools. / Today, the lack of such activity is one reason our kids are more

No

Sports ~~are~~ are a marvelous means of teaching
young people ~~good values.~~ good values.
Since this is National Volunteer Week, I'm reminded of the many Points of Light across the country - such as the Midnight Basketball Leagues - that provide kids with ways to stay fit, have fun, and avoid the pitfalls of drugs and alcohol.

overweight than 20 years ago. We have to change that. Only one State -- Illinois -- requires daily physical education. We have to change that, too: Let's make it fifty -- just as Arnold has done as Chairman of the President's Council. //

for Americans of all ages

That's why today we're encouraging physical activity beyond ~~that usually practiced in Washington: Chasing rumors / pumping for information / exercising caution / sidestepping issues / and jumping to conclusions.~~ // We're saying: Let's diet / exercise / and make smart choices mentally and physically -- and thus enhance the quality and longevity of each American's life. //

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Make this point w/o taking out the para?
DMC

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#