

Originally Processed With FOIA(s):

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FOIA Number:

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FOIA MARKER

This is not a textual record. This is used as an administrative marker by the George Bush Presidential Library Staff.

Record Group/Collection: George H.W. Bush Presidential Records
Collection/Office of Origin: Speechwriting, White House Office of
Series: Speech File Draft Files
Subseries: Chron File, 1989-1993

OA/ID Number: 13565
Folder ID Number: 13565-003

Folder Title:
Great American Workout 5/1/91 [OA 6032]

| Stack: | Row: | Section: | Shelf: | Position: |
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NAME OF SPEECH & DATE OF SPEECH The Great American
Workout May 1, 1991

NAME OF WRITER : McGrawty

NAME OF RESEARCHER: -Dooley

SPEECH SYNOPSIS: POTUS welcomes Arnold
Schwartzegger, Dana Carvey's
NCAA Champion Hockey Team.
POTUS emphasizes the import-
ance of exercise for all
Americans. Especially
noted is the importance
& need for exercise in
the life of our nation's
children. POTUS also
recognizes the 10 millionth
President's Physical Fitness
Award recipient.

THE PRESIDENT HAS SEEN

4/29/91

THE WHITE HOUSE

WASHINGTON

April 26, 1991

91 APR 26 PM 4:11b

OK with changes

S

INFORMATION

MEMORANDUM FOR THE PRESIDENT

THROUGH: TONY SNOW *TS*

FROM: DAN MC GROARTY *DMG*

SUBJECT: REMARKS FOR THE GREAT AMERICAN WORKOUT

At 7:00 a.m., Wednesday, May 1 you will participate in the Great American Workout on the South Lawn, to kick off National Physical Fitness and Sports Month. Guest celebrities include Fitness Czar Arnold Schwarzenegger, Saturday Night Live's Dana Carvey, sports figures and the members of the Northern Michigan NCAA Hockey champs.

After your remarks, you will tour the Workout Stations with Chairman Schwarzenegger.

#

insert R

Awhile BACK Arnold was with us up at Camp David. We were playing Wally Ball- a great game -volley ball in a racket ball court.

Our granddaughters friend Abigail, looked through the little window in the racketball court door- turned and ran into the gym where the Marines were workign out and said Guess Who;s in the COurt in there- Kindergarten Cop!. He's wearing flwoetned shorts. Its WIERD!

by old

Arnold is doing a great job. He's already visited - steps leading the way for future.

GEORGE BUSH

McGroarty/Dooley
April 23, 1991
3:30 pm
[WORKOUT]

PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT
THE SOUTH LAWN
MAY 1, 1991
7:00 AM

[[Sorry I'm late. My Secretary told me I had a 7 o'clock appointment with the Terminator, so I went down to the Oval Office looking for John Sununu. //]]

[[Governor Sununu wasn't there -- but I did find Dana Carvey sitting at my desk. / Dana had to cut short his call to Gorbachev to get out here with me. //]]

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Exercise is important for every American -- but the focus this year is on youth fitness. //

If we want our children to grow up strong and healthy, we've got work to do. Right now, only one state requires daily phys. ed. from kindergarten through 12th Grade -- and across the country, only one in three students of all ages take gym every day. // If we care about our kids' future -- we'll make room for fitness. //

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-- Andrea Stafford. [[You won't believe this one, but it's the truth]] -- Andrea's from Muscle Shoals, Alabama. //

It's my pleasure to officially declare the month of May National Fitness and Sports Month. And now, without further delay, the Czar and I will attack these workout stations.

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WHITE HOUSE STAFFING MEMORANDUM

DATE: 04/29/91 ACTION/CONCURRENCE/COMMENT DUE BY: -----

SUBJECT: PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT
(04/23 3:30 p.m. draft)

| | ACTION FYI | | | ACTION FYI | |
|----------------|--------------------------|-------------------------------------|-------------|--------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DARMAN | <input type="checkbox"/> | <input checked="" type="checkbox"/> | ROGICH | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | ROGERS | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SNOW | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| HOLIDAY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |

REMARKS:

The attached has been forwarded to the President.

RESPONSE:

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

THE WHITE HOUSE

WASHINGTON

91 APR 26 PM 4:10

April 26, 1991

INFORMATION

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THROUGH: TONY SNOW *TS*

FROM: DAN MC GROARTY *DMG*

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McGroarty/Dooley
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3:30 pm
[WORKOUT]

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THE WHITE HOUSE
WASHINGTON

91 APR 24 P4:27

April 24, 1991

MEMORANDUM FOR TONY SNOW
Deputy Assistant to the President for
Communications and Director of Speechwriting

FROM: JANET REHNQUIST *JR*
Associate Counsel to the President

SUBJECT: Presidential Remarks: The Great American Workout

At your request, Counsel's Office has reviewed the above-referenced matter. We have no legal objections.

Thank you for the opportunity to review this matter.

cc: Phil Brady

To Christina
Date 4-25 Time 1:35

WHILE YOU WERE OUT

M. Laura
of _____
Phone 2100

| Area Code | Number | Extension |
|-------------------|--------|-----------------|
| TELEPHONED | | PLEASE CALL |
| CALLED TO SEE YOU | | WILL CALL AGAIN |
| WANTS TO SEE YOU | | URGENT |

RETURNED YOUR CALL

Message _____

[Signature]
Operator



AMPAD
EFFICIENCY®

23-023 CARBONLESS

THE WHITE HOUSE

WASHINGTON

April 26, 1991

INFORMATION

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91 APR 25 PB: 27
WHITE HOUSE STAFFING MEMORANDUM

DATE: 4/23/91 ACTION/CONCURRENCE/COMMENT DUE BY: 4/25/91 10:00 AM

SUBJECT: PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT

| | ACTION FYI | | | ACTION FYI | |
|--------------------|-------------------------------------|-------------------------------------|-------------|-------------------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN <i>n/c</i> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | ROGERS | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | SNOW | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY <i>nk</i> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| HOLIDAY <i>n/c</i> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |

REMARKS:

Please forward your comments directly to Tony Snow, Rm. 122, x2930 no later than 10:00 a.m., Thursday, April 25, with a copy to this office. Thank you.

RESPONSE:

MASTER

PHILLIP D. BRADY
 Assistant to the President
 and Staff Secretary
 Ext. 2702

91 APR 23 PM 3:45

McGroarty/Dooley
April 23, 1991
3:30 pm
[WORKOUT]

PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT
THE SOUTH LAWN
MAY 1, 1991
7:00 AM

FYI: NO
Sec. Sullivan
(Not attend.)

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Possible TP on Educ. Import. of "other 91%" + readiness for kids entering school DS

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| | ACTION FYI | | | ACTION FYI | |
|----------------|-------------------------------------|-------------------------------------|---------------|-------------------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <u>ROGERS</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <u>SNOW</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
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-- **Andrea Stafford.** [[You won't believe this one, but it's the truth]] -- Andrea's from **Muscle Shoals, Alabama.** //

It's my pleasure to officially declare the month of May National Fitness and Sports Month. And now, without further delay, the Czar and I will attack these workout stations.

#

WHITE HOUSE STAFFING MEMORANDUM

DATE: 4/23/91 ACTION/CONCURRENCE/COMMENT DUE BY: 4/25/91 10:00 AM

SUBJECT: PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT

| | ACTION FYI | | | ACTION | FYI |
|----------------|-------------------------------------|-------------------------------------|---------------|-------------------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <u>ROGERS</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <u>SNOW</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| HOLIDAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |

REMARKS:

Please forward your comments directly to Tony Snow, Rm. 122, x2930 no later than 10:00 a.m., Thursday, April 25, with a copy to this office. Thank you.

Of Bruce

RESPONSE:

for SR

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

91 APR 23 PM 3:45

McGroarty/Dooley
April 23, 1991
3:30 pm
[WORKOUT]

PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT
THE SOUTH LAWN
MAY 1, 1991
7:00 AM

[[Sorry I'm late. My Secretary told me I had a 7 O'clock appointment with the Terminator, so I went down to the Oval Office looking for John Sununu. //]]

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~ # ~ # ~

0218

Document No. 232229SS

91 APR 24 48:33

WHITE HOUSE STAFFING MEMORANDUM

DATE: 4/23/91

ACTION/CONCURRENCE/COMMENT DUE BY: 4/25/91 10:00 AM

SUBJECT: PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT

| | ACTION FYI | | | ACTION | FYI |
|----------------|-------------------------------------|-------------------------------------|-------------|-------------------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | ROGERS | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | SNOW | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> |
| HOLIDAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> |

REMARKS:

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RESPONSE:

142
See pp. Prof. 4/24

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

91 APR 23 PM 3:45

McGroarty/Dooley
April 23, 1991
3:30 pm
[WORKOUT]

PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT
THE SOUTH LAWN
MAY 1, 1991
7:00 AM

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SUBJECT: PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT

| | ACTION | FYI | | ACTION | FYI |
|----------------|-------------------------------------|-------------------------------------|------------------|-------------------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <u>ROGERS</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <u>SNOW</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| HOLIDAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |

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See comments

RESPONSE:

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

91 APR 23 PM 3:45

McGroarty/Dooley
April 23, 1991
3:30 pm
[WORKOUT]

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Possible # on Education

Importance of "Other 91%"

Readiness for kids entering schools

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= # # =

Nancy / Christina -

We have confirmed now that Lullwa will not be able to attend this meet.
Jhp Haw

HOUSE STAFFING MEMORANDUM

ACTION/CONCURRENCE/COMMENT DUE BY: 4/25/91 10:00 AM

REMARKS: THE GREAT AMERICAN WORKOUT

| | ACTION FYI | | | ACTION FYI | |
|----------------|-------------------------------------|-------------------------------------|---------------|-------------------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <u>ROGERS</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <u>SNOW</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| HOLIDAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |

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RESPONSE:

NO COMMENT. THANKS.

HOLLY WILLIAMSON
4-25-91

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

WHITE HOUSE STAFFING MEMORANDUM

DATE: 4/23/91 ACTION/CONCURRENCE/COMMENT DUE BY: 4/25/91 10:00 AM

SUBJECT: PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT

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| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
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| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <u>SNOW</u> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ | <input type="checkbox"/> | <input type="checkbox"/> |
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RESPONSE: *No comments.*

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

91 APR 23 PM 3:45

McGroarty/Dooley
April 23, 1991
3:30 pm
[WORKOUT]

PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT
THE SOUTH LAWN
MAY 1, 1991
7:00 AM

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WHITE HOUSE STAFFING MEMORANDUM

91 APR 24 12:14

DATE: 4/23/91 ACTION/CONCURRENCE/COMMENT DUE BY: 4/25/91 10:00 AM

SUBJECT: PRESIDENTIAL REMARKS: THE GREAT AMERICAN WORKOUT

| | ACTION FYI | | | ACTION FYI | |
|----------------|-------------------------------------|-------------------------------------|-------------|-------------------------------------|-------------------------------------|
| VICE PRESIDENT | <input type="checkbox"/> | <input checked="" type="checkbox"/> | MCCLURE | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| SUNUNU | <input type="checkbox"/> | <input type="checkbox"/> | PETERSMEYER | <input type="checkbox"/> | <input type="checkbox"/> |
| SCOWCROFT | <input type="checkbox"/> | <input type="checkbox"/> | PORTER | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| DARMAN | <input checked="" type="checkbox"/> | <input type="checkbox"/> | ROGICH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BRADY | <input type="checkbox"/> | <input checked="" type="checkbox"/> | SMITH | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| BROMLEY | <input type="checkbox"/> | <input type="checkbox"/> | UNTERMAYER | <input type="checkbox"/> | <input type="checkbox"/> |
| CARD | <input type="checkbox"/> | <input checked="" type="checkbox"/> | ROGERS | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| DEMAREST | <input checked="" type="checkbox"/> | <input type="checkbox"/> | SNOW | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| FITZWATER | <input type="checkbox"/> | <input checked="" type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> |
| GRAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> |
| HOLIDAY | <input checked="" type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> |

REMARKS:

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RESPONSE:

[Handwritten signature]

PHILLIP D. BRADY
Assistant to the President
and Staff Secretary
Ext. 2702

91 APR 23 PM 3:45

McGroarty/Dooley
April 23, 1991
3:30 pm
[WORKOUT]

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MAY 1, 1991
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THE GREAT AMERICAN WORKOUT \ THE SOUTH LAWN
MAY 1, 1991 \ 7:00 AM

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WE'RE OUT HERE TO KICK OFF NATIONAL PHYSICAL FITNESS AND SPORTS MONTH WITH THE GREAT AMERICAN WORKOUT. AND HERE TO LEAD US IS THE CHAIRMAN OF THE PRESIDENT'S COUNCIL ON FITNESS. ARNOLD SCHWARZENEGGER.

- 2 -

AWHILE BACK, ARNOLD WAS WITH US UP AT CAMP DAVID. WE WERE PLAYING WALLY BALL -- A GREAT GAME -- VOLLEY BALL IN A RACQUETBALL COURT.

OUR GRANDDAUGHTER'S 6 YEAR OLD FRIEND, ABIGAIL, LOOKED THROUGH THE LITTLE WINDOW IN THE RACQUETBALL COURT DOOR -- TURNED AND RAN INTO THE GYM WHERE THE MARINES WERE WORKING OUT AND SAID, "GUESS WHO'S IN THE COURT IN THERE -- KINDERGARTEN COP! HE'S WEARING FLOWERED SHORTS. IT'S WEIRD!"

ARNOLD IS DOING A GREAT JOB. HE'S ALREADY VISITED 24 STATES, AND HIS STEPS ARE LEADING THE WAY FOR FITNESS.

LET ME ALSO WELCOME THE MANY OTHER CELEBRITIES AND SPECIAL GUESTS WITH US TODAY -- ESPECIALLY NORTHERN MICHIGAN UNIVERSITY'S HOCKEY TEAM: NCAA CHAMPS. I UNDERSTAND THAT 8 MEMBERS OF THE TEAM WERE NAMED TO THEIR LEAGUE'S ALL-ACADEMIC TEAM, PROVING THAT YOU CAN EXCEL IN THE CLASSROOM AS WELL AS ON THE ICE. //

THESE YOUNG MEN SERVE AS A WONDERFUL EXAMPLE TO US ALL. AS YOU KNOW, OUR ADMINISTRATION HAS PROPOSED A BOLD NEW EDUCATION STRATEGY, WHICH WE CALL AMERICA 2000. IT CHALLENGES OUR YOUNG PEOPLE TO EXCEL IN ENGLISH, HISTORY, MATH, SCIENCE AND GEOGRAPHY. BUT IT ALSO ENCOURAGES AMERICANS TO DEVELOP HABITS THAT LEAD TO FULLER, RICHER LIVES -- TO MAKE LEARNING A PROCESS THAT NEVER ENDS.

WE'RE HERE THIS MORNING BECAUSE WE WANT TO EMPHASIZE ANOTHER IMPORTANT HABIT -- AND I'M NOT JUST TALKING ABOUT GETTING UP EARLY. WE WANT TO EMPHASIZE THE IMPORTANCE OF HEALTHY BODIES: BODIES FREE FROM DRUGS -- BODIES CHARGED WITH THE VIGOR THAT EXERCISE BRINGS.

NO MATTER HOW OLD YOU ARE, OR WHAT KIND OF SHAPE YOU'RE IN, EXERCISE HELPS EVERY ONE OF US LIVE LONGER, HEALTHIER, MORE ENJOYABLE LIVES.

FOR MANY OF US, FITNESS IS ALREADY A PART OF OUR DAILY ROUTINE. BUT TOO MANY PEOPLE STILL LOOK AT EXERCISE AS OPTIONAL -- AND ONE IN FOUR ADULTS DON'T EXERCISE AT ALL. // FOR THE SAKE OF OUR NATION'S HEALTH, THAT'S GOT TO CHANGE. //

EXERCISE IS IMPORTANT FOR EVERY AMERICAN -- BUT THE FOCUS THIS YEAR IS ON YOUTH FITNESS. //

IF WE WANT OUR CHILDREN TO GROW UP STRONG AND HEALTHY, WE'VE GOT WORK TO DO.

RIGHT NOW, ONLY ONE STATE REQUIRES DAILY PHYS. ED. FROM KINDERGARTEN THROUGH 12TH GRADE -- AND ACROSS THE COUNTRY, ONLY ONE IN THREE STUDENTS OF ALL AGES TAKE GYM EVERY DAY. // IF WE CARE ABOUT OUR KIDS' FUTURE -- WE'LL MAKE ROOM FOR FITNESS. // WE START BY TEACHING OUR KIDS THAT PHYS. ED. IS JUST LIKE ANY OTHER CLASS -- TO GET AHEAD, YOU'VE GOT TO DO HOMEWORK. AND THE GOOD NEWS IS THAT FITNESS IS FUN. SO ON THE WEEKENDS, AFTER SCHOOL: STAY AWAY FROM THE JUNK FOOD.

GET UP OFF THE COUCH -- UNPLUG THAT VIDEO GAME, TURN OFF THAT TV. GO OUT AND GET SOME EXERCISE. // THAT'S WHAT WE'RE ABOUT TO DO THIS MORNING. BUT BEFORE WE BEGIN, LET ME RECOGNIZE ONE GIRL WHO SYMBOLIZES THE 10 MILLION AMERICAN CHILDREN WHO ARE ON THE RIGHT TRACK TO GOOD HEALTH: THE 10 MILLIONTH RECIPIENT OF THE PRESIDENT'S PHYSICAL FITNESS AWARD -- ANDREA STAFFORD. [[YOU WON'T BELIEVE THIS ONE, BUT IT'S THE TRUTH]] -- ANDREA'S FROM MUSCLE SHOALS, ALABAMA. //

IT'S MY PLEASURE TO OFFICIALLY DECLARE THE MONTH OF
MAY NATIONAL FITNESS AND SPORTS MONTH. AND NOW,
WITHOUT FURTHER DELAY, THE CZAR AND I WILL ATTACK THESE
WORKOUT STATIONS.

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THE GREAT AMERICAN WORKOUT \ THE SOUTH LAWN
MAY 1, 1991 \ 7:00 AM

WE'RE OUT HERE BRIGHT AND EARLY TODAY FOR A VERY SPECIAL REASON -- [[// NO ONE WANTED TO TELL ARNOLD 7 A.M. WAS TOO EARLY.]]

WE'RE OUT HERE TO KICK OFF NATIONAL PHYSICAL FITNESS AND SPORTS MONTH WITH THE GREAT AMERICAN WORKOUT. AND HERE TO LEAD US IS THE CHAIRMAN OF THE PRESIDENT'S COUNCIL ON FITNESS. ARNOLD SCHWARZENEGGER.

- 2 -

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WE'RE ALL HERE TODAY TO SEND AMERICA A MESSAGE: NO MATTER HOW OLD YOU ARE, OR WHAT KIND OF SHAPE YOU'RE IN, EXERCISE HELPS EVERY ONE OF US LIVE LONGER, HEALTHIER LIVES. FOR MANY OF US, FITNESS IS ALREADY A PART OF OUR DAILY ROUTINE. BUT TOO MANY PEOPLE STILL LOOK AT EXERCISE AS OPTIONAL -- AND ONE IN FOUR ADULTS DON'T EXERCISE AT ALL. // FOR THE SAKE OF OUR NATION'S HEALTH, THAT'S GOT TO CHANGE. //

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