Originally Processed With FOIA(s): S

FOIA Number: S

FOIA MARKER

This is not a textual record. This is used as an administrative marker by the George Bush Presidential Library Staff.

Record Group/Collection: Donated Historical Materials
Collection/Office of Origin: Frieden, Lex, Collection
Series: Printed Materials
Subseries: Periodicals

OA/ID Number: 52131
Folder ID Number: 52131-005

Folder Title:
"Mainstream: Magazine of the Able-Disabled - September 1990"

Stack: **Row:** **Section:** **Shelf:** **Position:**

September 1990 $3.00

MAINSTREAM

MAGAZINE OF THE ABLE-DISABLED

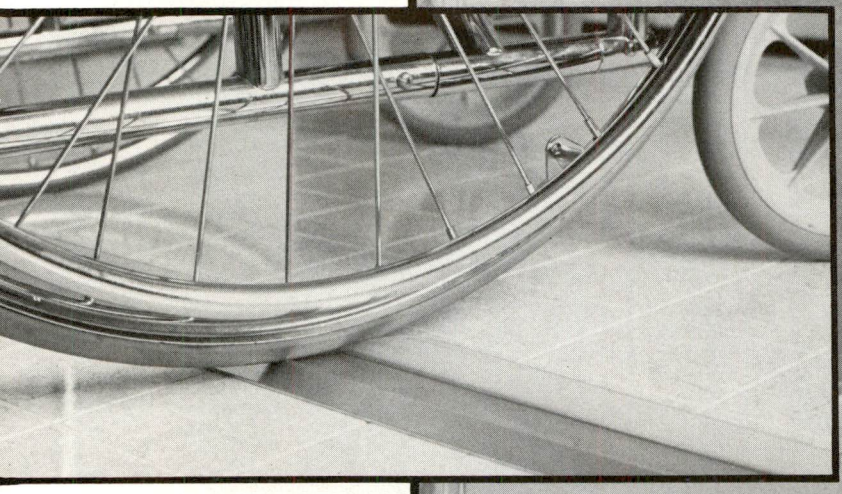


Independence Day July 26, 1990

Bulk Rate
U.S. Postage
PAID
Pontiac, IL
Permit No. 28

SAFE PASSAGE TO YOUR SHOWER!

TUB-MASTER'S new barrier-free shower door offers people with special needs, safe and easy access to their shower. Our attractive, patented door folds completely out of the way for easy access to your showering area. Then close the doors for a water tight shower, keeping the water splash out of the rest of your bathroom. The special design bottom track creates a small dam but still allows easy roll-over of your wheelchair for easy use.



This product meets or exceeds national safety standards. Panels are translucent Polystyrene that won't crack or shatter but allow light into bathing area. This new barrier free door can be fabricated to fit any opening and space. Call **toll-free 1-800-327-1911** for full color catalog and dealer information.

Barrier Free Shower Door

TUB-MASTER CORPORATION

HOME OFFICE: 413 VIRGINIA DR., ORLANDO, FL 32803
FAX: 407/898-3856 407/898-2881
BRANCH PLANT: 1866 LAKE PLACE, ONTARIO, CA 91761
FAX: 714/947-6223 714/947-0777

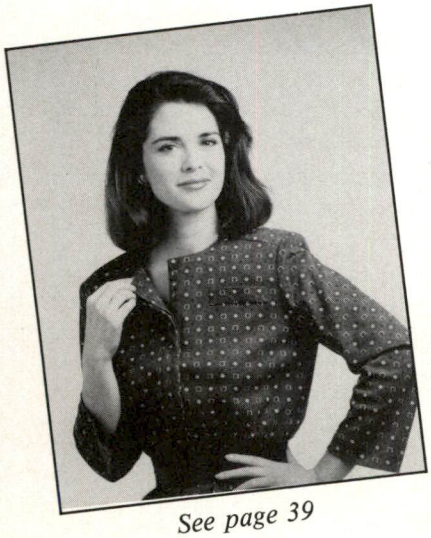
Circle No. 155



See page 15



See page 27



See page 39

MAINSTREAM
MAGAZINE OF THE ABLE-DISABLED

Volume 16, Number 1
September, 1990

Features

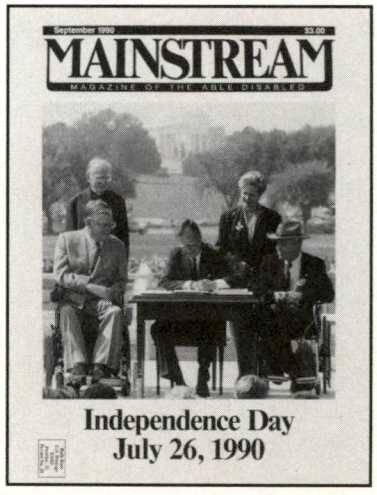
Marty Ball—Making a Difference 7
Americans with Disabilities Act 10
Pulling Out All the Stops to Save the California ILCs 15
Meet Me in St. Louis 23
Getting a Higher Perspective 27
Reflections on Disability and Organized Religion 34
The Dressing Dilemma—Fashion and Disability 39

Departments

Editorial
Winds of Change 4
Letters 5
Book Review—*The Body's Memory* 12
Calendar 14
News Briefs 21
Marketplace '90 44
Information, Please! 46
Classified Ads 47

On the cover . . .

The signing of the Americans with Disabilities Act on July 26, 1990.
Photo by Worldwide Photos.



PUBLISHER/EDITOR
Cyndi Jones

ADVERTISING ACCOUNT EXECUTIVE
Susan L. Shunick

ADVERTISING COORDINATOR
Vanessa Marchozzi

MARKETING DIRECTOR
Rick R. Prickett

CONSUMER LIAISON
Moe Fairbanks

CLERICAL
Linda Moffett

EDITORIAL CONTRIBUTORS
Mary Jane Owen
Yvonne Duffy
Tony Young
Mark Christiansen

MAINSTREAM is published monthly except in January and June by Exploding Myths, Inc.

Editorial, Advertising, and **Business Office** is located at 2973 Beech Street, San Diego, CA 92102.
(619) 234-3138 V/TDD

MAINSTREAM welcomes unsolicited materials for publication. All submitted manuscripts and art must be accompanied by a self-addressed, stamped envelope.

MAINSTREAM assumes no responsibility for unsolicited materials.

All **subscription** correspondence should be sent to MAINSTREAM P.O. Box 370598 San Diego, CA 92137-0598. Subscription rates are $16.98/1 year; $32.00/2 years.

Reproduction of any portion of this publication without written permission is prohibited.

© 1990 Exploding Myths, Inc. All rights reserved. Title registered U.S. Patent Office. Printed in U.S.A.

ISSN NUMBER: 0278-8225



Editorial

An Open Letter to Justin and Yoshiko Dart

Justin and Yoshiko, we know you don't claim the spotlight, in fact you shy away from it. You are always focusing it on someone else who has helped the cause. But we want you to know that we know how much you have done for us. Your sacrifices of time, health and position to push the civil rights of persons with disabilities forward have not gone unnoticed. In thanksgiving and love for your gift of self to us.

The Community.

A NEW WIND BLOWING

As we assembled on the White House lawn in expectation of the Presidential signing of the Americans With Disabilities Act, a refreshingly cool breeze swept across the gathering. I couldn't help but think that a new wind was blowing across this nation. Old ways of dealing with disability were being blown away to make room for the new. With the stroke of a pen, much of the past discrimination against people with disabilities was being made illegal.

We listened to George Bush comparing the signing to taking a sledge hammer to the Berlin Wall, and the crowd cheered, and cried.

As I looked around, I felt privileged to be present along with 2,000 other advocates who had worked to get the ADA passed. Many had argued with each other about the right time, the right words, the right strategy, what pieces are not negotiable? Was 504 enough? Could we get a civil rights law passed in such a conservative atmosphere in Washington?

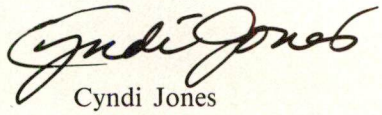
I remember my response to the question posed to me 3 years ago by Justin Dart Jr.: What do you think about trying to get a comprehensive civil rights law passed for disabled individuals? I told him, "I don't know the Washington scene, but is it do-able in such a conservative administration? Will we risk losing the protection we have under 504? If you think we can do it, I'll help you."

Thank God Justin is so persistant and steadfast.

There was also a sense of loss in the air. Some of our friends were lost along the way—Lowell Weicker, Tony Coelho—real champions of disability issues were remembered.

I only hope that the disability community has a longer memory than the rest of society. Many of our friends in Congress are now seeking re-election. Let's not leave them dangling. It's up to us to get out the vote and keep the momentum working. As we work the political system, it will keep disability issues in the forefront.

Sincerely,



Cyndi Jones
Publisher

Letters

EXCEPTIONAL ISSUE

I would like to commend you on the excellent article covering van modification in your October issue. It was an excellent overview of all of the adaptive equipment that is available on the market. I thought the only thing extremely limiting was the van conversion vendors that you wrote of. There are many vendors in all states that do good vehicle conversion work and you would not want your readers to think that these were the only conversion vendors available in the country.

Adaptive Mobility Services, Inc.
Orlando, FL

ALL THE NEWS THAT'S FIT

I read the July issue of your magazine from cover to cover and was pleased that so much emphasis was placed on physical fitness for the disabled. I have to confess that I was a "couch potato" until about a year ago. After entering a fitness program, I have learned the value of a well rounded exercise program.

After working seven years as a vocational rehabilitation counselor I have finally "seen the light," not only for myself but also to stress the need for fitness with the people I work with. I plan to share your magazine with a number of people who I believe will be encouraged by the articles to consider entering an exercise program.

Lastly, I would like to ask if you could provide me with addresses for weight training organizations for people with disabilities. A disabled friend of mine is a serious "body builder" who was fascinated by the possibility of competing with other disabled weight lifters. If you can help with this request it would be appreciated.

Thomas L. Rousseau
Rutland, VT

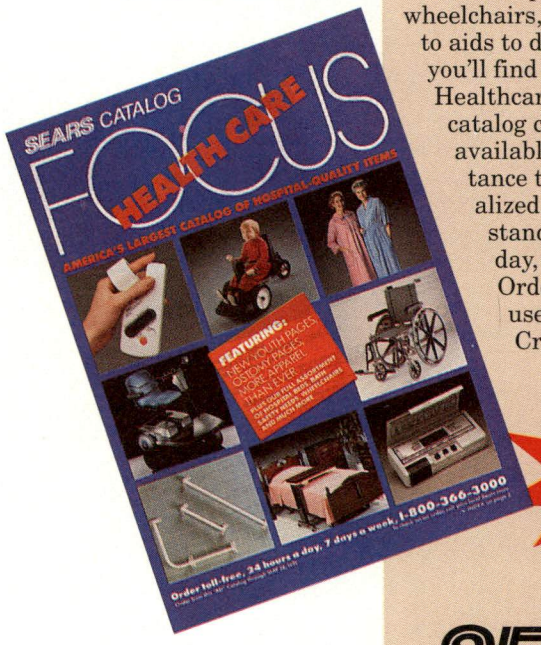
Send your **Letters to the Editor** to: Letters, *MAINSTREAM* Magazine, 2973 Beech St., San Diego, CA 92102. Letters run subject to space availability.

HEALTH CARE PRODUCTS AS CONVENIENT AS SEARS

For generations, you have trusted Sears as a source of quality products and dependable service. However, you may not realize that we also offer a wide selection of superior health care products with exceptional savings!

A range of products so extensive that we dedicate a special catalog to its presentation.

From disposable wipes to wheelchairs, hospital beds to aids to daily living, you'll find it at Sears Healthcare. Our tele-catalog consultants are available to offer assistance that is personalized and understanding, 24 hours a day, 7 days a week. Order by phone and use your Sears Credit Card!



FREE CATALOG

Featuring quality products from these and other fine companies...
Proctor and Gamble • Truform
Everest and Jennings • Sunrise Medical

Visit us at the St. Louis Abilities Expo Booth #208

SEARS
HEALTHCARE PRODUCTS
CALL TOLL FREE
1-800-366-3000

Circle No. 150

Educational Video Tapes

For people with M.S. and related conditions by a therapist with M.S.

Adjustment to Chronic Illness: By Ira Lipsky, M. Ed., C.R.C.			
The Bio, Psycho, Social Aspects of Living with Chronic Illness or LMELLA	color	60 min.	$36.50*
Preventing the Evisceration of Hope	color	60 min.	$36.50*
Challenging the Myths of M.S.	color	60 min.	$36.50*
Sexuality and Disability, Part 1, **M.S. and Related Conditions**	color	45 min.	set of two:
Sexuality and Disability, Part 2, **M.S. and Related Conditions**	color	45 min.	$49.50†

Complete Set $144.00 plus $5.00 s & h

*Add $1.50 shipping and handling. †Add $3.00 shipping and handling.
Send check or money order to: The Kenduskeag Evaluation & Education Services, 304 N. Woodland Blvd., Deland, FL 32720. (904) 738-7881

Circle No. 129

BE INDEPENDENT WHILE TRAVELING!!

If you enjoy traveling, but prefer to have your own surroundings for your personal comfort, we can help you. We customize motorhomes, travel trailers & fifth wheels to your particular needs.

CUSTOM BUILT
FULLY WHEELCHAIR ACCESSIBLE!!





Some of the handicap options we provide are:

- ✻ Wide aisles
- ✻ Roll in shower
- ✻ Custom mounted toilets
- ✻ Electric wheelchair lock downs
- ✻ 8 way power seat
- ✻ Roll away pilot or co-pilot seat
- ✻ Electric door openers
- ✻ All types of wheel chair or personal lifts
- ✻ Outside control box
- ✻ Hand controls

WORLD'S LARGEST Lazydays R.V. CENTER

We can do all of this plus much more! We are not limited to any kind of make or model. These conversions can also be done on either new or pre-owned R.V.'s. The prices including R.V., start at $25,000.00 with full financing available.

For more information call 1-800-626-7800 and ask for DEXTER TURNER, head of our Handicap Division.

11028 N. Florida Ave., Tampa, Florida 33612
1-800-626-7800 or (813) 933-7613

Circle No. 131



Marty Ball — Making a Difference

by Marti Gacioch

Sometimes getting a person on their feet can really mean getting them into a chair, says Marty Ball, 52-year-old vice president of sales for Kuschall of America.

"For the past six years I've been traveling the world to educate equipment providers how lightweight chair enhance—not detract—from the perception of disabled people by giving them a higher visibility," he said.

In the late '70s, hospitals and rehab facility personnel chose to cling to the hefty, stainless steel types that gave wheelchairs a bad name. Unfortunately, those chairs presented an image disabled people are still trying to shatter. Those antiquated vehicles had all the style of an obsolete tank and weighed almost as much. It was enough to make us want to stay in the closet! We were due for major changes, and Ball definitely had a better idea.

Ball remembered the early days of his personal crusade.

"I owned a wheelchair dealership on the East Coast, and I soon began demonstrating lightweights to the OTs and PTs at various facilities, and explained how these chairs were the wave of the future."

Ball is still riding the crest of that wave, only now his crusade is a global one.

He's on the road (or in the air) 60 percent of the year, working hard to break down attitude barriers and create meaningful changes for disabled consumers.

Disabled by polio at age 8, Ball has faced attitudinal barriers. His face grew serious as he recalled the ignorance he dealt with as a child.

"When I got polio I was bounced around for three years in hospitals from New Jersey to Minnesota," he said. "Nobody knew what to do with me. At that time, you were still only considered okay if you were standing upright. So they spent all that time and energy trying to get me on my feet and they finally succeeded with braces and crutches."

Once he was "rehabilitated" Ball did all the traditional things. He got married. He fathered three kids. He got a successful wig business going, and then he got bored. By the mid '60s, he felt something was missing, so newly divorced, he headed for upstate New York, where he found a missing ingredient in his life—involvement with other disabled people through his love of sports.

"I got started in athletics, basketball and road racing years before there were many people involved in disabled sports," he said.

Ball started road racing 30 years ago and has played basketball for 20 years.

He was working on a degree in recreation at New York State when his interest in sports led him to build a better wheelchair.

The International Year of Disabled People, 1981, proved to be breakthrough year for Ball.

"Three disabled athletes, including myself, and two nondisabled runners, ran from Albany to New York City one weekend," he said proudly. "That's 175 miles. We did it to promote independence and show that nondisabled and disabled athletes could compete side-by-side."

That run attracted major media attention from network TV, and it wasn't long before Ball was hired by Motion Designs, where he stayed until he began to miss the action.

"I left mounds of paper and a desk job behind me because I felt I was losing sight of making a difference," he said. "I wanted to be out in the trenches, because I believe that we can really make changes through equipment." Ball said Kuschall wants to branch out into other things like portable lifts "that can make a real difference in an inaccessible environment."

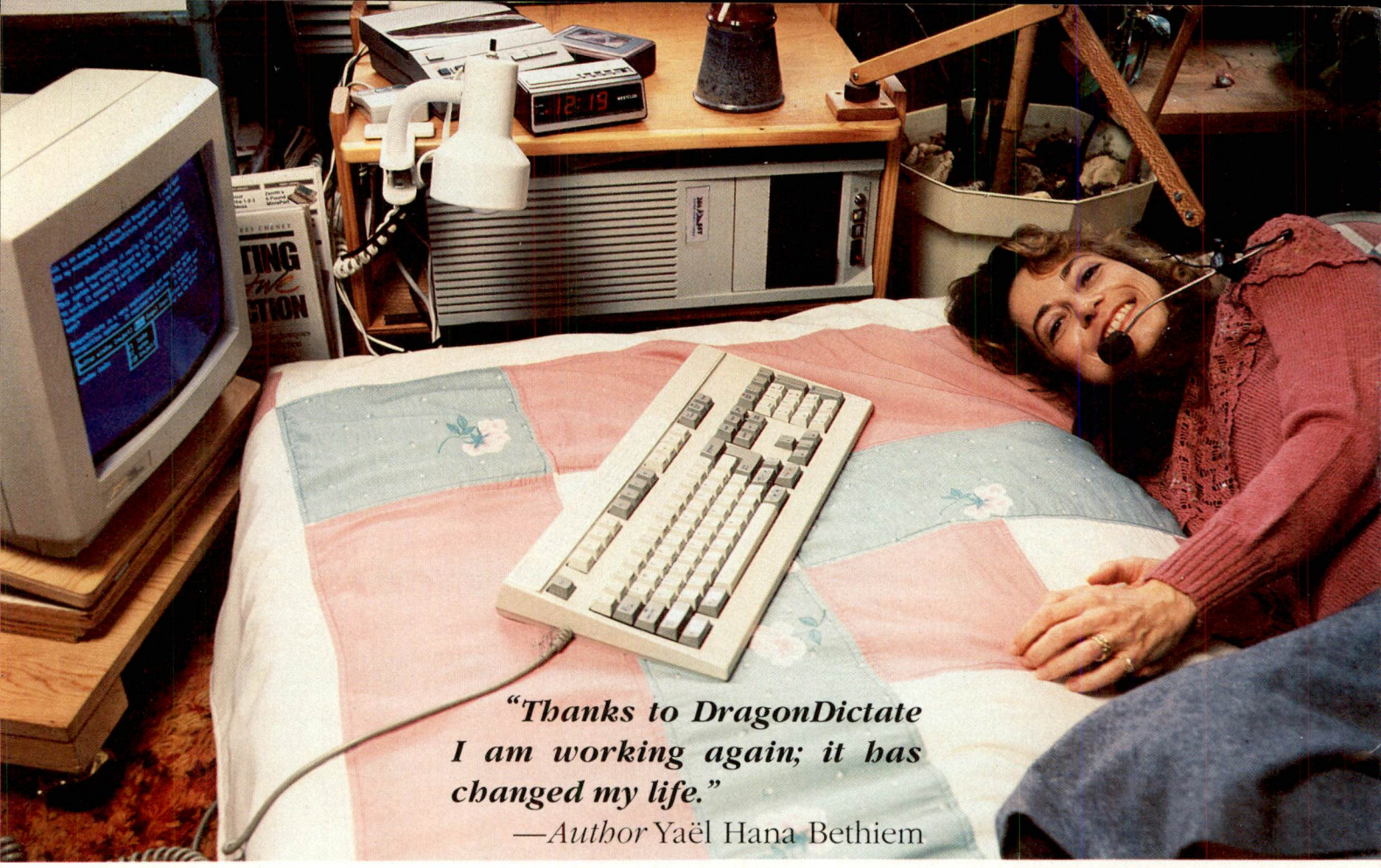
"I wish I could have 30-hour days," he told me, but judging from his lifestyle Ball still wouldn't have enough time to do everything he likes.

What leisure time he has is spent at his home in Camarillo, where he lives with his wife Emily, a paraplegic triathlete. Besides going to dinner and theater with her, he finds time for playing guitar, and listening to jazz. He also manages to maintain a close relationship with his three grown children from his first marriage when he visits the East Coast.

Whenever he has the chance Ball also visits schools for disability awareness presentations.

"Kids are great," he said. "They never hold back, and are completely unabashed with their questions, but I prefer answering those questions, rather than hear parents shush their kids in stores when they're curious about my chair. I welcome that curiosity because eventually they'll see my wheelchair as an everyday thing like a bicycle."

Athletics are Bill's primary motivation. A lean, muscular body attests to the fact he works out religiously, logging 6-10 miles in his chair every morning. When weather is inclement, he



Just because the job requires a computer, don't count yourself out. Yaël Hana Bethiem doesn't.

People everywhere need to use computers in their work. In many cases people who can't use computers are barred from higher-paying jobs. **DragonDictate** lets you run a computer with your voice. There's no special programming or long training periods involved. **DragonDictate** gives you the tools you need to compete in today's high-tech marketplace.

Experienced users report an average rate of text creation between thirty and forty words per minute. It's many times faster than other computer-assistive devices now available.

Bill Salyers, Ed.D., Director of Assistive Technology for the National Easter Seals Society, calls **DragonDictate** "the most exciting technology breakthrough in years—a quantum leap."

DragonDictate runs most of today's standard business software on 386-based personal computers. Its 30,000 word active vocabulary doesn't restrict what you say or how you say it. With **DragonDictate** you won't have to count yourself out from higher-paying jobs simply because you can't type.

DragonDictate™

DRAGON SYSTEMS, INC.
90 Bridge St., Newton MA 02158
(617) 965-5200

Circle No. 118

uses an indoor treadmill designed for wheelchairs and hydraulic exercise equipment to stay in shape.

And that staying in shape continues to pay off for Ball, who usually places in the top 10 to 12 rank when competing and recently beat out a man half his age for the number two spot at the May 1990 Bolder Boulder Road Race in Colorado.

Ball has carried his love for sports and competition to Japan, where he's been helping to organize the Oita Marathon set for November. The athletes who will compete there are primarily from the Far East, an area of the world that has lagged far behind its Western counterparts in the disability movement, but Ball believes that sports will also prove their key to independence.

"In the U.S., disabled people 'came out' by getting involved in sports, and later on, that trickled down to everyone else," he said. "It's the great equalizer. Through the medium of sport, the concept of independence can be introduced everywhere."

Ball plans to continue his sports activities, and become even more involved in the area of motivational speaking. He'll also be working on a video for clinicians that shows how disabled people function from a wheelchair in their daily lives.

"I realize that I'm in a position to influence people," he said, "and I consider it a great responsibility. I don't want everyone else to have to break down the barriers I did." ■

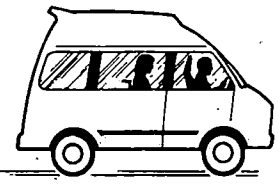
Marti Gacioch is a free-lance writer and wheelchair user. She has been involved with the Independent Living Movement for over a decade.

TELEDYNE RYAN AERONAUTICAL

Teledyne Ryan Aeronautical is an equal opportunity employer. For information on current job openings call (619) 260-5425 or send resumes to Staffing Administrator, 2701 Harbor Drive, San Diego, California 92101.

Circle No. 153

WHEELERS'



ACCESSIBLE VAN RENTAL, INC.
(800) 456-1371 Reservations
(602) 878-3540 Corporate Office



- Day, week, or month rentals
- Delivery and pick-up anywhere
- Fully automatic lifts and ramps
- Tie-down security system
- Steering devices
- Hand-controls (as requested)
- Reasonable rates

Call for a location near you!
ASK ABOUT OUR WHEELERS' FRANCHISES!

Servicing the Southwest
Arizona, California, Nevada, Utah, Colorado, New Mexico

GRAND OPENING IN FLORIDA—JUNE 1990

Circle No. 158

PEDI PILLOWS



Custom sizes available.

CUSHION WHEELCHAIR FOOTRESTS

- Soft, durable, washable black polyknit
- Secure velcro closure
- Slips easily on/off standard footplates
- Slippage cord
- Lightweight
- Complimentary to chair
- Fully guaranteed.

$23.95

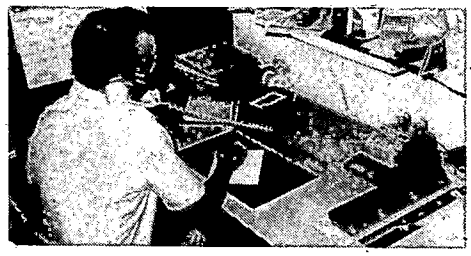
Send check or money order plus $1.75 shipping and handling to:
OVRUS PRODUCTS
476 E. Poplar St., Sonora, TX 76950
(915) 387-5788

Circle No. 137



FRUSTRATED?
Because your paper takes off as you attempt to write or draw?

Jimmy Systems, Inc.'s new Clayton board holds the paper where you want it!



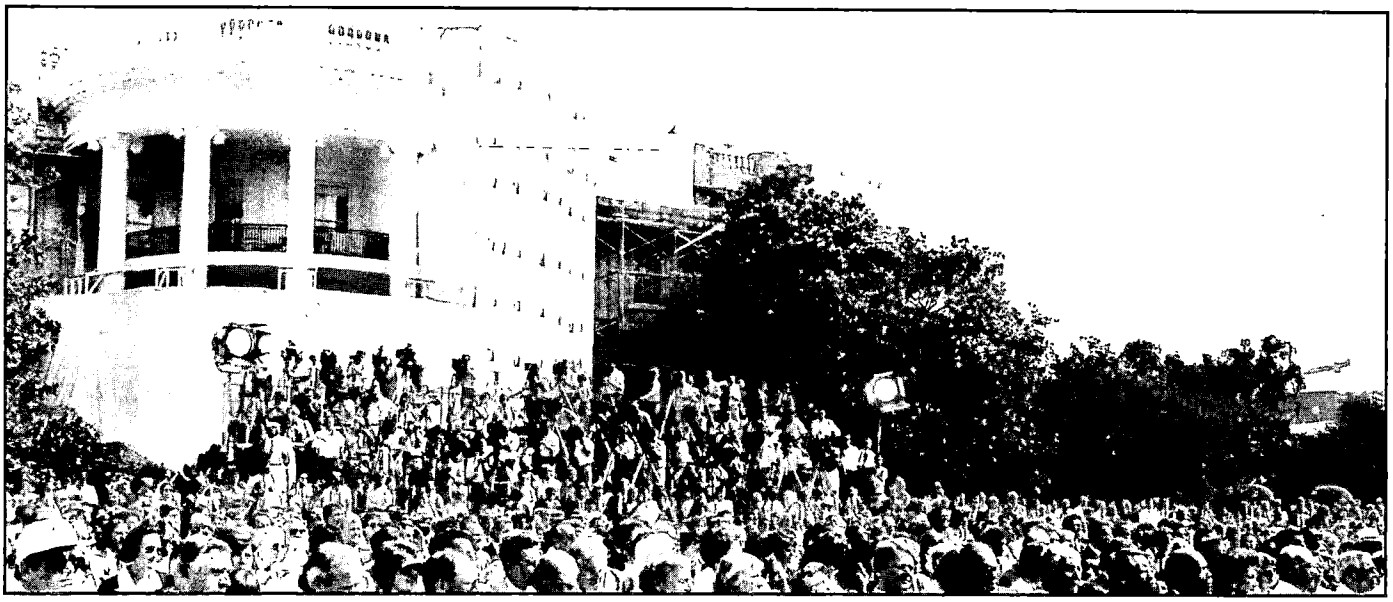


- School children gain confidence; teachers find students more attentive.
- Stroke victims have returned to work using the Clayton board.

Non-toxic surface • Non-skid feet • Dust cover

$19.00+$5.00 SH (IL add $1.40 tax). Send check or money order to:
Jimmy Systems, P.O. Box 2715, Country Club Hills, IL 60478
Organizations: please call 1-800-779-0926 for purchase orders.

Circle No. 128



Over 2,000 people gathered on the South Lawn of the White House to witness the signing.



The euphoria of the day was everywhere.

ADA

Photos by M. Yeager



The sense of the unity and diversity of the disabled community was overpowering.



The future was present.





The Signing

President George Bush was closely watched by Evan Kemp, Justin Dart, Harold Wilke and Sandy Parrino. *Upper left:* Justin Dart has a private moment with a fellow patriot. *Below:* Atsuko Kuwana, Sharon Mistler and Doug Martin watch the ceremonies.



It's All Here, Even the Pain

The Body's Memory by Jean Stewart, New York: St. Martin's Press, 1989, 276 pp., $16.95.

by Yvonne Duffy

Jean Stewart's first novel is so real that it reads like an autobiography. The main character is Kate Meredith, a gutsy English Professor who, courtesy of cancer, is conscripted into the army of 43 million Americans with disabilities,a force she does not join willingly. The denial, the blundering remarks of well-meaning friends, the reserved parking spaces all taken by non-disabled drivers, the demeaning policies of the so-called helping agencies, the steady descent into poverty—they're all there—at times, almost too painfully depicted.

This is also a feminist book because it deals with Kate's struggle to regain a positive body image that is not dependent on how she is viewed by others. Likening the violation of her spirit by the medical profession to a rape, she muses, "How long is the body's memory? If there were no cut, no bruise, no crater where they took out muscle tissue, if all the evidence could be whisked away and the line of her hip restored to its old, sweet curve, would she not still carry that memory in her bones, carry it forever, the act so savage that no amount of anesthesia could have prevented her knowledge?"

When Kate's first operation "didn't get it all" and more surgery is needed, Peter, a drill sergeant indoctrinating her into the forces for disability rights, urges her to keep a journal of her experiences. These entries, letters to friends and old lovers, and poetry, along with letters and observations of friends using the third-person perspective, form the story.

Peter is a famous, '60s-type folk singer, born with short legs that his parents had had amputated in a misbegotten effort to "normalize" him. The grizzled balladeer hides his anger by becoming a stiff-upper-lip-overcoming-all-obstacles type of crip who proclaims proudly, "Look at me. I've sung to people in twelve countries. Alone. No band, no road manager to lug my stuff around for me. I could have ended up in a sheltered workshop."

Kate's rehabilitation is also commandeered by her best friend, Ellen, a six-foot, African-American, professional cellist who is an incest victim. Ellen nurtures with a heavy hand smothering both Kate and the reader with her over-solicitous, loving care. Perhaps Stewart intends us to sense how Kate is stifled as she fights her way through the woolly nest, first, out to the garage where she paints her aluminum crutches a bright green, then on to independent living.

She thinks she has arrived at a healthy acceptance of her disability when, at a party, "as a healthy person got up from a chair to move around the room, she almost blurted, 'Look out! You'll hurt yourself, you forgot your crutches!'" but this is only the beginning.

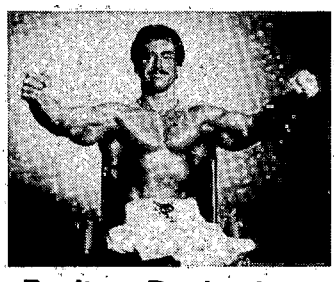
Kate's realization that she could accomplish much more by using a wheelchair than by continuing to endure the pain and instability caused by her crutches leads her into the realm of agencies. Her benign bemusement in comparing the use of similar phrases by the Department of Vocational Rehabilitation and the IRS—"implementation of policy," for example—changes to a kind of black humor as she reads a Voc. Rehab. pamphlet, substituting "Dick" for every instance of "the Agency," "Jane" for "the client," and "Spot" for "Disability." She begins to wonder, "Where are all the other crips?"

Her question is answered by soft-spoken Sheba, a wheelchair and respirator user she meets at a folk music festival. Sheba patiently answers Kate's many questions, all the while drawing her into strategizing, writing letters, making phone calls, attending hearings. Finally, after three years, Kate notices that her anger has dissipated, replaced "by its stepchild, political clarity. (My vision of us as a minority. My vision of *us*. My willingness to trade in first person singular for first person plural.)"

Kate's journey is neither easy nor glib. She endures enough pain and loss for any life. *The Body's Memory* is a sensitively written first novel about one woman's experience as she learns to live productively with her disability. Stewart is a talented writer from whom we look forward to hearing more in the years ahead.

Weight Training Video with the aba American Wheelchair Bodybuilding Champion

Strength/Toning and Cardiovascular Conditioning
For Men, Women, and Children
Medically Approved
No threat of pressure sores!



Positron Productions
P.O. Box 221106
Memphis, TN 38122-1106
For Info: 1-901-761-3005

Regular Price $39.95
Shipping & Handling $3.00
Foreign Shipping $8.00
Check or Money Orders Only!
2-4 Weeks delivery

Circle No. 142

A Better Look... A Better Outlook.

Begin the journey to maximum fitness with technology that rebuilds paralyzed muscle.



- You'll work with an elite team of medical professionals under the guidance of Nobel Prize nominee Dr. Jerrold Petrofsky and his research partner Janni Smith.
- Using Petrofsky and Smith's newest computer-controlled electrical stimulation equipment, available nowhere else in the world, you'll strengthen and tone all the muscles in your body, paralyzed or not.
- Our program can help you reduce pressure sores, increase cardiopulmonary function and, for some, improve bladder control. You'll feel healthier and look great too! Take the first step to a more fufilling life by calling or writing to us today.

Moving Again at the

Petrofsky Institute
for Rehabilitation and Research

(Formerly Casa Corazon)
13765 Alton Parkway
Suite E
Irvine, CA 92718
(714) 855-4837

Petrofsky-Allied
Center for Neuromuscular Rehabilitation

475 Morgan Highway
P.O. Box 1103
Scranton, PA 18501
(717) 348-1350

(Covered by most insurance carriers)

Circle No. 140



Circle No. 130

Calendar

September

7-8: **14th National Wheelchair Softball Tournament** in Country Club Hills, IL. Dennis Hoornstra, 800 West Roosevelt Road, Wheaton, IL 60187. (708) 462-8100

14-16: **National Handicap Motorcyclist Association Rally** in Rush, NY. Bob Nevola, 35-34 84th Street, #F8, Jackson Heights, NY 11372. (718) 565-1243

16-19: **Celebrate Diversity and Enhance Educational Equity by Building Unity** in Washington, D.C. National Council of Educational Opportunity Associations (NCEOA), Bonnie Helm, University of Wyoming, SEO, Box 3808, Laramie, WY 82071-3808. (307) 766-6189

26-29: **American Athletic Association of the Deaf, 15th Annual National Men's Slo-Pitch Softball Tournament, 4th Annual National Women's Slo-Pitch Softball Tournament** in Tuscon, Ariz. Jim Revell, AAAD/TAD Softball, 1221 West Fir Drive, Tucson, AZ 85704. (602) 297-4342 TDD

27-29: **The 1990 Independence Cup** in Boston, Mass. The National Ocean Access Project, John Lancaster, Annapolis City Marina, 410 Severn Avenue, Suite 107, Annapolis, MD 21403. (301) 280-0464

October

3-5: **Industry-Labor Council 13th Annual Conference** at Adam's Mark Hotel, St. Louis, MO. Gary Kishanuk, National Center on Employment and Disability, Human Resources Center. 201 I.U. Willets Road West, Albertson, NY 11507. (516) 747-6323

4-6: **12th International Conference on Learning Disabilities** at Radisson Plaza Hotel, Austin, TX. CLD, Kirsten McBride, P.O. Box 40303, Overland Park, KS 66204. (913) 492-8755

4-13: **Handicapped Scuba Association** in Fiji. 116 W. El Portal, Suite 104, San Clemente, CA 92672. (714) 498-6128

5-7: **Abilities Expo—Midwest** in St. Louis, MO.,Cervantes Convention Center, Dick Wooten, RCW Productions, Inc., 1106 2nd Street, Suite 118, Encinitas, CA 92024. (619) 944-1122

5-14: **U.S. Open Wheelchair Tennis Championships** Wendy Parks, 940 Calle Amanecer, Suite B, San Clemente, CA 92672. (714) 361-6811

11-13: **National Spinal Cord Injury Association Convention '90** Hyatt Regency Westshore, Tampa, FL., Dan Casady, (813) 977-6338.

13: **New Jersey Library for the Blind and Handicapped Fall Festival '90** Joyce Christensen, Coordinator, 2300 Stuyvesant Avenue, Trenton, NJ 08618. (800) 792-8322

14: **National Triathlon for the Physically Challenged** in Cupertino, CA., P.O. Box V-16, 3801 Miranda Avenue, Palo Alto, CA 94304. (408) 255-8396

December

6-8: **17th Annual Conference—"Action for Inclusion"** in Chicago, IL. The Association for the Severely Handicapped (TASH), Hiroko Roe, 7010 Roosevelt Way N.E., Seattle, WA 98115. (206) 523-8446 V, (206) 524-6198 TDD

8: **Honolulu Wheelchair Marathon** in Honolulu, Hawaii. Tara Sullivan/Millie Ng, c/o Rehabilitation Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817. (808) 531-3511

February 1991

3-10: **16th Annual Ski For Light International Week** in Cable, Wisconsin. Jeff Pagels, Ski for Light Mobility Impaired Coordinator, 1400 Carole Lane, Green Bay, WI 54313. (414) 497-4034

March 1991

20-23: **Technology and Persons with Disabilities** California State University, Northridge, to be held at Los Angeles Airport Marriot Hotel. Dr. Harry J. Murphy, 18111 Nordhoff Street—DVSS, Northridge, CA 91330. (818) 885-2578.

April 1991

16-17: **EXPO '91/Access to the Workplace** in New York City. Marriott Marquis Hotel, Joyce Gersten, 408 Jay Street, Room 401, Brooklyn, NY 11201. (718) 230-3200.

Announce your national or regional Seminar or Event in *MAINSTREAM!* Send the title, date, time, location, registration date, fee (if any), contact person, phone number, sponsoring group and short description 12 weeks prior to the event. Inclusion is on a space available basis. Send to: *MAINSTREAM,* 2973 Beech St., Dept. C, San Diego, CA 92102.

Pulling Out All the Stops to Save the ILCs

by Geeta Dardick

I was calmly writing an article for *Reader's Digest* on June 26 when my husband Sam Dardick, who is executive director of FREED, the Independent Living Center in Grass Valley, CA phoned me with the shocking news. "Geeta, can you be ready to leave for Sacramento this evening?" he asked. "Governor George Deukmejian has proposed cutting the Independent Living Centers (ILCs) out of next year's state budget. We have hard work ahead of us."

At first I was sure Sam was joking. It seemed absolutely inconceivable that just as President George Bush was preparing to sign the historic Americans with Disabilities Act giving people with disabilities their civil rights, Gov. Deukmejian would try to take away those rights in California. Didn't Deukmejian realize that the thriving disability rights movement had started in California with the founding of the disabled-run Independent Living Centers?

Besides directing our local ILC, Sam is president of the California Foundation of Independent Living Centers (CFILC), the group representing all 28 ILCs in California. He immediately summoned all ILC directors to Sacramento to analyze the situation. It quickly became evident that "the Iron Duke" (as Deukmejian is called) had become a dangerous opponent to disability rights.

California was facing a $3.6 billion budget deficit, and the legislators could not agree how to solve it. So the governor, in an effort to leave office without raising taxes, had provided a hit list of programs. The entire $5.5 million Independent Living Center budget was on his chopping block. The governor was also proposing large cutbacks for In Home Supportive Services (IHSS) and Medi-Cal.

The ILC directors unanimously agreed that they weren't going to let Deukmejian balance his budget on the backs of the disabled, poor, and elderly of California. Resources for Independent Living, the ILC located in Sacramento, was set up as command



The Lame Duke, as portrayed by Rocky Burks.

headquarters for the battle to save the disability programs. The ILC directors decided on a three-prong attack: lobbying Republican and Democratic legislators in Sacramento and at their local offices, community-based activities (such as rallies, letter-writing campaigns, phone-a-thons, and obtaining local editorial support) to spread awareness across the state, and confrontational demonstrations at the Capitol to get high-profile media coverage.

As president of CFILC, Sam Dardick became official spokesperson for the "Save the Independent Living Centers" effort. On Wednesday June 27, he spoke at a rally featuring ten organizations slated for budget cuts, including seniors, education, mental health, and Independent Living Centers. As Sam spoke on the Capitol steps, the audience shouted with delight. "I am angry," said Sam, who was disabled by polio 44 years ago.

Lawrence
Research Group
874 Dubuque Avenue
South San Francisco, CA 94080

"Special Edition For Disabled People"

The Xandria Collection of educational videos, books, and sensual as well as sexual aids.

Sensory or physical limitation may create many difficulties in the area of sexuality. Traumatic or congenital disability may lead to a decreased and/or disruption in 1) sensation; 2) opportunities to explore sexual options; 3) varieties of sexual expression; or, 4) ability to communicate desires or pleasures.

The Xandria Collection believes that sexual aids can provide a new and entirely positive source of pleasurable sensations, whether used individually or with a partner. When either or both partners is disabled, using aids can lead to increased body awareness and new ways of mutual pleasuring. The result: more satisfying physical communication for both partners.

The Xandria Collection has a unique three way guarantee.

First, ***we guarantee your privacy.***
Everything we ship is plainly packaged and securely wrapped, with no clue to its contents from the outside. All transactions are strictly confidential, and we never sell, give or trade any customer's name.

Second, ***we guarantee your satisfaction.***
If a product seems unsatisfactory... simply return it for replacement or refund.

Third, ***we guarantee that the product you choose will keep giving you pleasure....***
Should it malfunction, simply return it to us for a replacement.

The Xandria Gold Collection... a tribute to closeness and communication. Celebrate the possibilities for pleasure we each have within us. If you're prepared to intensify your own pleasure, then send for the **Xandria Collection Gold Edition Catalogue.** It is priced at just four dollars which is applied in full to your first order.

Write today. You have absolutely nothing to lose. And an entirely new world of enjoyment to gain.

The Xandria Collection, Dept. MM0990
P.O. Box 31039, San Francisco, CA 94131

Please send me, by first class mail, my copy of the Xandria Collection Gold Edition catalogue. Enclosed is my check or money order for four dollars which will be applied towards my first purchase. ($4 U.S., $5 CAN., £3 U.K.)

Name_____

Address_____

City_____

State_____ Zip_____

I am an adult over 21 years of age:

_____
(signature required)

Xandria, 874 Dubuque Ave., South San Francisco 94080.
Void where prohibited by law.

"We won't have our rights taken away from us."

After that rally, Sam and a cadre of persons in wheelchairs rolled into the governor's office to request an immediate appointment. After all, didn't Deukmejian at least owe people with disabilities the courtesy of an explanation for his actions?

After several hours, Cindy Katz, a spokesperson for the governor, arrived to tell the group that the elimination of their programs was an "option." Disabled activists told Katz that "options" were only relevant when picking out a new car.

By Thursday, as the number of disabled activists arriving in Sacramento continued to increase, the decision to stage a sit-in in the governor's office was firmed up. At closing time, Sam and I and about a dozen others refused to leave Deukmejian's office, but the state police calmly escorted us out of the building, citing only one person for disorderly conduct. "We will be back," said Frances Gracechild, executive director of the ILC in Sacramento. "We aren't leaving until the governor takes us off his list."

Everyone rested over the weekend, and returned to Sacramento on Monday July 2. That day, during our sit-in inside the governor's office, Frances Gracechild and Mark Sutherland from FREED tried to chain their wheelchairs together. The state police quickly arrested five persons, but took no one to jail.

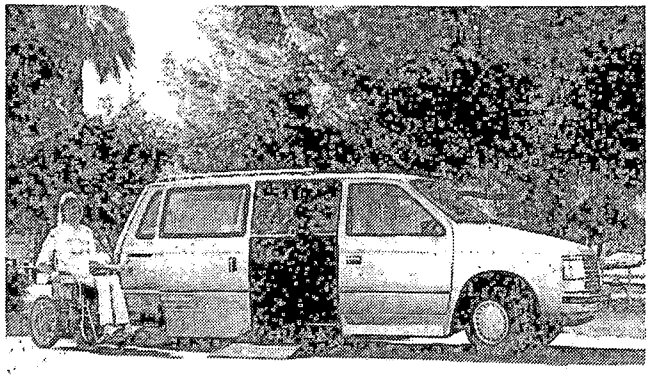
These demonstrations did not inspire Gov. Deukmejian to rush out to talk to us, and frankly, we did not expect that they would. Still, we were achieving our goal: excellent television and newspaper coverage that would publicize the fact that the governor of California was willing to harm people with disabilities.

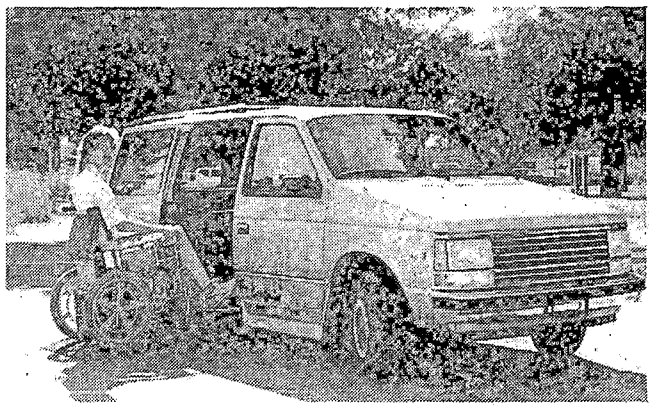
During the next four weeks, we learned to follow each confrontational demonstration with two or three relatively quiet days of lobbying. By not overtaxing our human resources, we were always able to bring together hundreds of people with disabilities for every media-oriented event. At first, some ILC directors felt concerned that we might be appearing too radical, but legislators from both political parties repeatedly encouraged us to continue our non-violent, noisy demonstrations. Their keen interest in our demonstrations helped us realize that people with disabilities were being viewed as a potent political force in California.

On Thursday July 5, we held a press conference at the Capitol with speakers representing consumers, the clergy, the CFILC, the World Institute on Disability, and the National Council of ILCs. Afterwards, as we chanted noisily outside the governor's office, five activists were arrested for blocking the doorway. Once again we received excellent press, plus off-the-record pats on the back from members of the state police who told us to "keep up the good work." With the budget negotiations at a stand-still, they, too, were not receiving their paychecks.

By Saturday July 7, we were sporting large yellow buttons with big black letters: "SAVE THE INDEPENDENT LIVING CENTERS." And luckily, we

WHY CARE CONCEPTS INTERNATIONAL?





10 GOOD REASONS TO CONSIDER CARE CONCEPTS

1. THE INVENTOR OF THE LOWERED FLOOR MINI-VAN.
2. HUNDREDS IN SERVICE SINCE 1984!
3. SAFETY-COMPLIANCE TESTED SINCE 1986!
4. VETERANS ACCEPTED PRODUCT SINCE 1986!
5. APPROVED FOR STATE VOCATIONAL REHAB. FUNDING.
6. **3 WEEK GUARANTEED** VEHICLE CONVERSION TIME.
7. CHRYSLER AUTHORIZED $500 P-CAP REBATE AVAILABLE.
8. COMPLETE PACKAGE FINANCING.
9. WE MAKE YOUR VAN TO FIT YOUR NEEDS.
10. WE HAVE DESIGNED HORIZONTAL AND OFFSET STEERING TO MAKE THE MINI-VAN AVAILABLE TO THE HIGH-LEVEL QUAD.

WE WILL MEET OR BEAT ANY COMPETITOR'S PRICE!

WHEN YOU'RE READY TO BUY A QUALITY VAN AT A COMPETITIVE PRICE, PLEASE CALL:

CARE CONCEPTS INTERNATIONAL
3353 WEST OSBORN ROAD
PHOENIX, ARIZONA 85017

(800) 288-8267

DEALER INQUIRIES WELCOME

(602) 274-1432
IN CALIFORNIA:
(800) 733-1973

Circle No. 112

had discovered talent within our midst. Cy Fuller, a professional night club singer who works at the Modesto ILC, entertained hundreds from the steps of the Capitol with her poignant love songs. During this mellow rally, we sent teams of persons with disabilities inside the Capitol to talk to key legislators. For many it was a meaningful first experience at lobbying, a chance to realize that each of us can make a difference.

On Wednesday July 11, all 28 ILC directors arrived in Sacramento for a rally on the Capitol steps. Speakers included Ed Roberts, the founder of the ILC movement, Michael Lee Gogin, who represents actors with disabilities for the Screen Actors Guild, several legislators and ILC directors. After the rally we crowded into the offices of Ross Johnson and Bill Baker, two powerful Republican assemblymen who still favored sacrificing disability programs rather than raising additional revenues through taxes. Literally stopping business in their offices, we made the point that persons with disabilities were watching them very carefully.

Throughout our lobbying efforts, Democratic legislators always assured us that they would not vote to eliminate the ILCs or cut IHSS. Instead, they preferred revenue enhancement, which is a polite term for tax increases. Republican legislators, under the direction of Ross Johnson and Bill Baker, were much more guarded in their reactions to us. "Sure we are all for ILCs," they would say. "But no, we can't have additional taxes."

It was Bill Tainter, director of the San Diego ILC, who helped break down the Republican resistance. Bill convinced his assemblyman, Jeff Marston, to draft a letter to the governor in favor of saving the ILCs and then send it around to his Republican colleagues for their signatures. Eighteen of the thirty Republicans in the Assembly ended up signing the "Marston letter," showing significant Republican support for our efforts. Hopefully this would soften the heart of our Republican governor.

In our three-pronged battle to save



THE "HANDY-GADGET"
By LOR-RUS
INABILITY TO GRIP?
One "Handy-Gadget" Does It All!
• Functional Orthosis
• Small, Inconspicuous
• Eat Comfortably in Public
• Write, Paint, Type
THE WILLIAMS CONNECTION, INTL.
33475 Barley Lane
Lake Elsinore, CA 92330
(714) 244-2617
PREPARE YOURSELF FOR WORK OR SCHOOL AGAIN!

Circle No. 160

NEW for disabled students!
COLLEGES THAT ENABLE

A Guide to Support Services Offered to Physically Disabled Students on 40 U.S. Campuses
by Prudence and Jason Tweed

$10.95 plus $3.50 Shipping

Park Avenue Press
P.O. Box 150
New Wilmington, PA 16142
412-946-2644

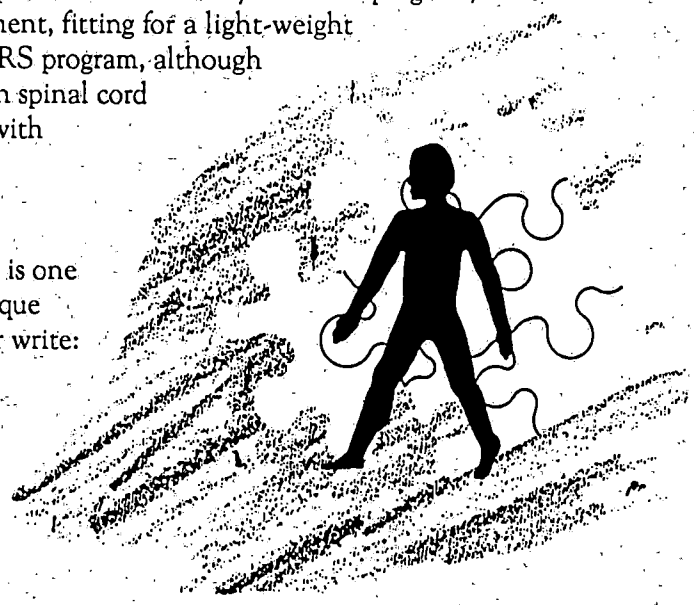
Call for our **FREE CATALOG!!**

Circle No. 138

Live Your Life From a Different Perspective

The PEERS Program (Physical and Electrical Engineering Rehabilitation Systems) may help you to a life of mobility. Using a combination of physical and occupational therapy, electrical stimulation and the Reciprocating Gait Orthosis System, PEERS can help you lead a life outside your wheelchair.

Hundreds of people across the nation have been helped to walk naturally with this program, which includes two to three months of pre-ambulatory treatment, fitting for a light-weight brace and electrical stimulation as needed. The PEERS program, although not for everyone, is especially suited for patients with spinal cord injuries and children born with spina bifida. Those with neuromuscular problems and multiple sclerosis may benefit from PEERS.



St. Mary Medical Center in Long Beach, California, is one of a few select locations nationwide offering this unique program. For more information about PEERS, call or write:

St. Mary Medical Center
Physical Medicine and Rehabilitation Department
1050 Linden Avenue, Long Beach, CA 90813
(213) 491-9260

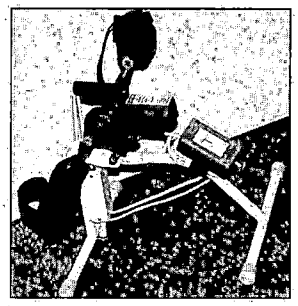
Circle No. 148

E.P.P.E.
Electric Passive Pedal Exerciser

Invented, designed, & tested by M.S. patient. Designed to be used in your own chair.

NO TRANSFERRING NECESSARY!

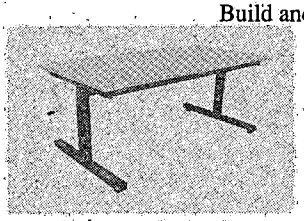
This bicycle motion helps increase circulation, muscle tone, and heart rate while at the same time decreases Edema and spasticity in lower extremities. Equipped with individual speed control and safety devices.



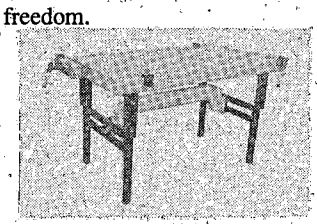
For Information call (800) 525-3560 or in Colorado (303) 659-0681

Circle No. 122

ADJUSTABLE WORKTABLES
Build and create in freedom.



ARTIST TABLES
Height and Angle Adjustability



WORKBENCHES
Hydraulic or Chain Drive

Call or write: **WILLOW POND TOOLS, INC.**
PO Box 544 • Pembroke, NH 03275
(603) 225-9477

Circle No. 161

FREE
- Catalog
- Information
- Help with selections

We sell TDDs, telephone ring signalers, doorbell signalers, baby cry signalers, closed-caption decoders, alarm clocks, wake-up bed vibrators, smoke detector systems, paging systems, strobes, ILY giftware, assistive listening devices, and much more.

Call Toll-Free:
1-800-825-9187 TDD
1-800-825-6758 Voice

Local Calls:
(612) 825-8791 TDD
(612) 825-5867 Voice

Or write:
HARRIS COMMUNICATIONS
Dept. MSM
3255 Hennepin Ave., Suite 55
Minneapolis, MN 55408

Circle No. 126

CITY OF SAN DIEGO

The City of San Diego offers over 425 different kinds of jobs. To find out about current openings, call (619) 236-5753 or check the weekly job listings at the Job Information Counter in the City Administration Building (202 C St., open 8-5 Mon.-Fri.). For our 24-hour recorded job message, call (619) 236-JOBS.

The City of San Diego has an established Equal Opportunity Program and encourages your application.

Circle No. 114

the ILCs, it is impossible to rate the relative effectiveness of individual activities. Definitely, the Marston letter was extremely important. So were demonstrations in Sacramento and Southern California that kept us media darlings for four weeks running. But I also believe that each and every state-wide activity combined to create an onslaught. In one day alone, the governor's office received 9,000 phone calls about saving the ILCs. These phone calls didn't make it onto the nightly news, but they still helped our cause.

Our mega-demonstration took place on Monday July 16. In order to maintain our excellent press coverage, we decided to provide some street theater inside the Capitol. Rocky Burks, the director of the Chico ILC, led our parade dressed up in a duck costume, with a crutch under his arm. Wearing a sign around his neck saying "LAME DUKE" and carrying a can of blue pencils, Rocky waddled into the governor's office, followed by several hundred people with disabilities. Each activist put two pennies on the governor's desk (giving their opinion or two cents worth). Then they took a blue pencil (which symbolizes the governor's ability to "blue pencil" or eliminate programs from the state budget) from the duck and then threw it into a trash can labeled "hazardous waste, dangerous to human services." At the same time, a similar "LAME DUCK" demonstration took place in Southern California, at the governor's home in Long Beach.

After our street theater in Sacramento, everyone began loudly chanting outside the governor's office, just as we had for the past three weeks. Cries of "ILCs ARE HERE TO STAY, NO CUTS, NO WAY" and "WE WANT THE GOVERNOR" filled the air. As a cue to everyone that the non-violent confrontation was about to begin, Sam suddenly slid out of his wheelchair onto the floor. Next our eldest son Caleb Dardick sat on the floor, and soon thirty demonstrators, including seven ILC directors, were on the floor, linking their arms.

At first the police seemed baffled, but within a few minutes they collected their wits and began their job: remov-

ing all the peaceful demonstrators from the floor and taking them by elevator to the booking area. Twenty-five persons were cited and released, but Sam, Mark Sutherland, Margaret Keith (director of Santa Cruz ILC), Bill Hyatt (director of Modesto ILC), and Kerry Gagliardi (Bay Area ADAPT) were taken to jail and held for several hours.

Suddenly, on Friday July 20, the governor announced that in an effort to move along the budget stalemate, he was taking the Independent Living Centers and several other sensitive programs off his list of proposed budget cuts. We wanted to celebrate, but with IHSS and Medi-Cal still on the cutting board, we continued lobbying and demonstrating throughout the next week.

On Tuesday July 31, the governor finally signed the budget for 1990-1991. The Independent Living Centers received their $5.5 million so that we can run our programs for another year. IHSS remained intact; and Medi-Cal received only minimal cuts. We had won our four-week battle, but in the process, we learned a hard lesson. Even in California where disability-rights are presumed to be the strongest, our programs are not safe.

Our battle to save the ILCs gave us a renewed opportunity to re-educate state legislators and the public about the importance of Independent Living Services. Let what happened in California be a lesson to disability activists in every state. Always keep communication channels open with your legislators and media people so that they are fully informed about Independent Living Centers and other programs that provide services to people with disabilities. And if and when your programs are attacked, fight back. We have become a potent political force. Our victorious battle in California proves that we are being listened to because we can swing elections with our votes. It's that simple. We have become a powerful political force. Don't ever forget it. ■

Geeta Dardick is a free lance writer and involved with the ILC movement.



Win a Free Rascal from Electric Mobility!

A new Rascal scooter is the perfect way to get around your house and neighborhood! We're giving away 12 Rascals in 1990! To get a Free catalog, Sweepstakes Entry and arrange a Free Test-Ride, mail this coupon or call

TOLL-FREE 1-800-662-4548

❑ Rush my Sweepstakes Form, Free Catalog and call me for a FreeTest-Ride

Name _____ (please print)

Address _____

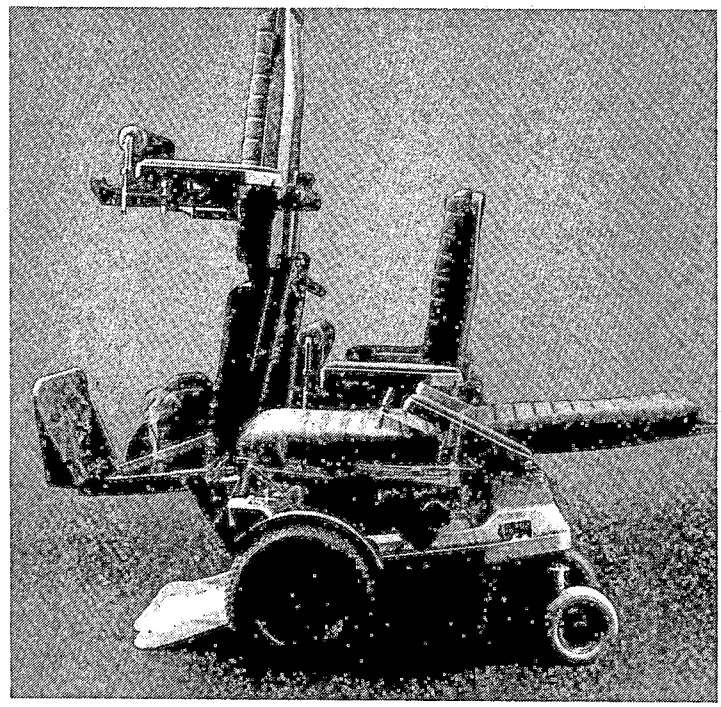
City _____

State _____ Zip _____

Phone ( ) _____

Electric Mobility, #1 Mobility Plaza, Dept. 2708, Sewell, NJ 08080

Circle No. 121



Power Mobility System

The Permobil's integrated mobility system features a standing seat, front wheel drive, seat elevator, environmental control and communications system, and multiple driving options.

Permobil is the most technically advanced wheelchair in the world today. Call our toll free number for a dealer near you.

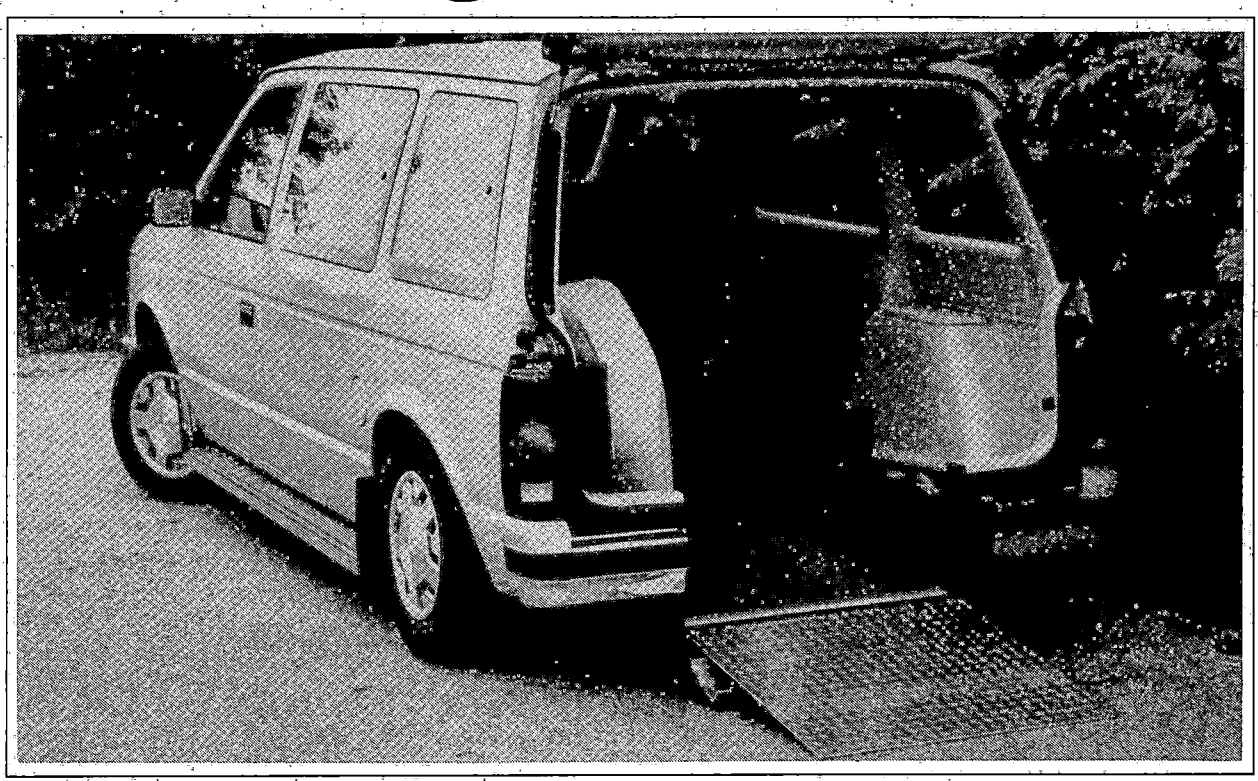
(800) 736-0925

permobil

30 Ray Avenue, Dept. E, Burlington, MA 01803

Circle No. 139

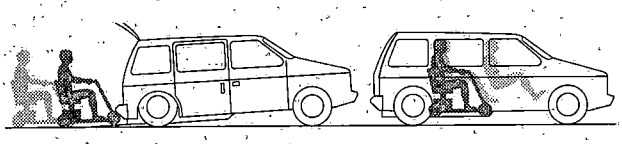
Just glide inside



••• and go.

KneelKar™ lowers itself to near ground level with just the push of a button. A lightweight ramp folds out allowing the three-wheeler or wheelchair user to glide in. An easy to use tie down system attaches to the three-wheeler or wheelchair at all the corners and a seat belt goes securely across the passenger. When the passenger is secure, the KneelKar™ pops back to driving position by pushing the "UP" button.

KneelKar™ is roomy enough to provide ample space for the wheelchair user and up to 5 more people. The mini van can be modified to be driven by the selfdriver or carry the wheelchair user as a passenger.



KneelKar™ is the master of keeping things simple. Its interior combines convenience and comfort, while offering an exceptional view.

KneelKar™ is made from either a Plymouth or Dodge mini van. They are designed to fit the customers needs. Each mini van is built to please each customer. KneelKar™ helps everyone get there comfortably and conveniently.

Ask about our new rental service.

KNEELKAR™

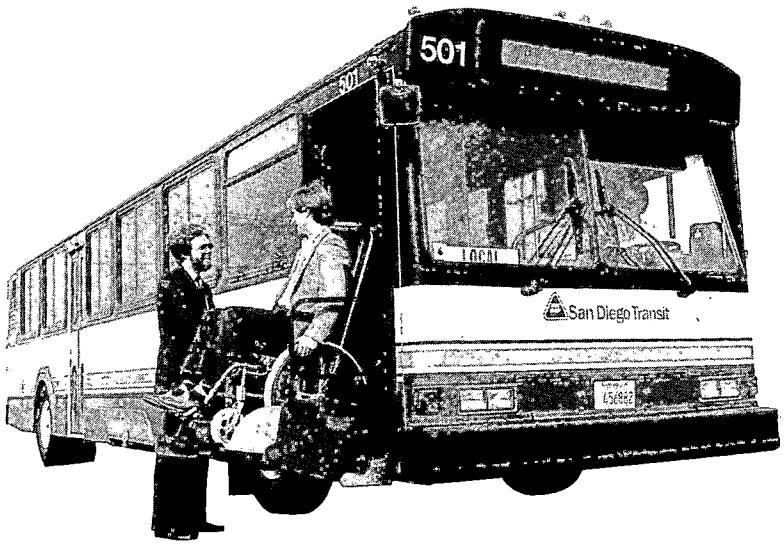
***MEDNET** Inc.*

555 Industrial Park Dr., Battle Creek, MI 49016
Telephone: **1-800-367-6567**

DEALERS: We are currently setting up our new nationwide dealer program. Please call or write for information.

Circle No. 134

NEED A LIFT?



The Metropolitan Transit System (MTS) in San Diego is working on inceasing its disabled ridership by familiarizing disabled individuals with the use of the lift equipped service. Every October for the past four years (MTS) has offered a free ride to anyone wanting to try-out the lift-equipped system. MTS is making the same offer this year.

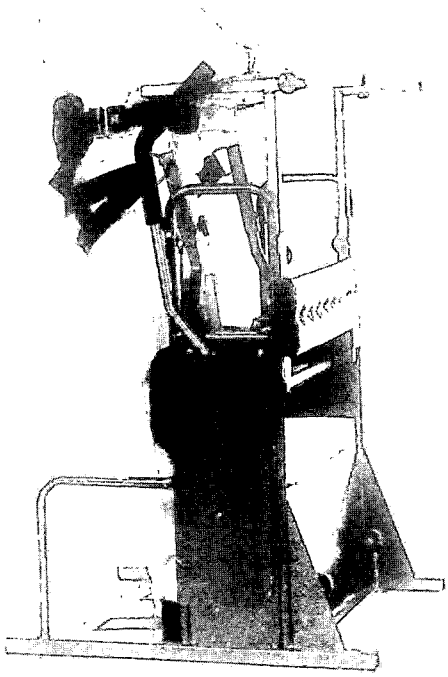
MTS provides wheelchair-accessible service through six fixed-route operators and one light rail transit operator who have installed wheelchair lifts. The operators include Chula Vista Transit, County Transit System, National City Transit, San Diego Transit, San Diego Trolley and Stand Route 910. Both the East and South lines of the San Diego Trolley are fully accessible, as well as all North County Transit bus routes.

Last May, San Diego Transit had a record number of wheelchair boardings—1,097 to be exact. This was the first time that disabled ridership passed the 1,000 mark.

The cash fare is only 50 cents a ride, or you can ride as often as you like by purchasing a monthly pass for only $10. If you need an attendant, the reduced fare is extended to them as well.

MTS states that 100% of all Trolley routes are accessible and 76% of all bus routes are accessible, with 162 of the 351 buses being lift equipped. For information call (619) 233-3004 voice or (619) 234-5005 TDD.





Discover the

ECONOSTAND

Advantage

FROM THE MAKERS OF STAND AID

•Easily accessible •Easily affordable •No assembly required

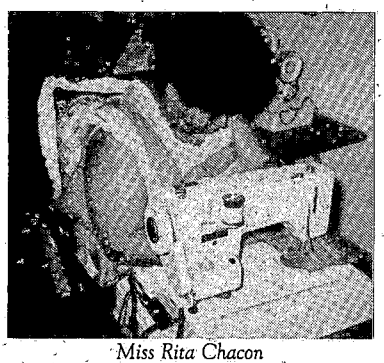
CALL TODAY AND ASK FOR A
FREE VIDEO TAPE

Stand Aid
of Iowa, Inc.

PO Box 386, Sheldon, IA
1-800-831-8580 *or in Iowa* **712-324-2153**

Circle No. 151

SEW SPECIAL® CONTROLLER



Miss Rita Chacon

Operate a sewing machine from a wheelchair! Lightweight air pillow fastens under arm or any place you like with an attractive cloth harness that weighs only a few ounces!

Sew Special for use with most non-electronic machines . . . $249.00

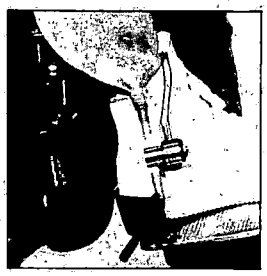
Sew Special custom built for any sewing machine $319.00

Sew Special with 11 stitch free arm *Seam Master* by *Simplicity*. $448.00

ADDA
Amazing Developmentally Disabled Adults
212 East Main Street
Alhambra, CA 91801
(213) 222-5761 (818) 289-1632

Circle No. 102

MORE INDEPENDENCE FOR QUADRIPLEGICS!
New Electric Leg Bag Emptier



PRICE $170.00
(includes shipping and handling)

This inexpensive, lightweight, electric valve mounts on the open end of your leg bag. The valve operates on 12/24-volt wheelchair batteries. A simple wheelchair-mounted switch operates the valve. Valve comes complete with switch, wiring, and tubing. It is made of stainless steel and carries a one-year warranty.

• Lightweight • Fast emptying • Easily disassembled for cleaning • Easily installed and removed • Small size

New Special Order Features:
Rechargeable Battery and Charger—Use our Electric Leg Bag Emptier on a manual chair.
Puff Switch—Operate Electric Leg Bag Emptier using mouth only.

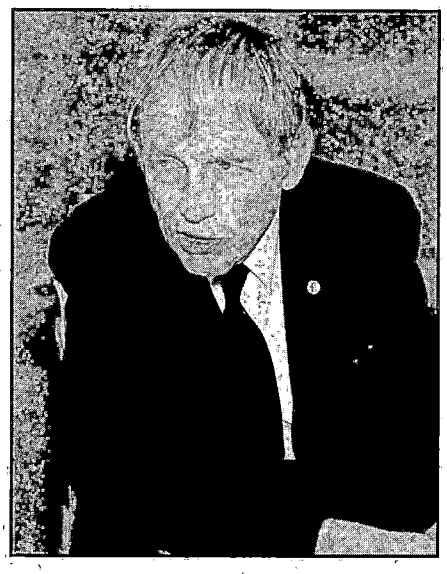
Call us for details!
R.D. Equipment, Inc.
12 Herring Run Road • Harwich, MA 02645
(508) 432-3948

Circle No. 146

DART HIGHLIGHT OF AHSSPPE

A highlight of the Association on Handicapped Student Service Programs in Postsecondary Education's Conference '90, (AHSSPPE) in Nashville, August 1-4, was a keynote address given by Justin Dart, Chairman of the President's Committee on Employment of People with Disabilities. His focus on the ADA was supplemented by his ideas on an agenda for the creation of an environmental context in which people with disabilities will be able to reach their full potential for economic and life quality productivity. Justin commented that the "ADA is not a complete solution for people with disabilities, but rather an essential foundation on which solutions will be constructed."

He went on to suggest an agenda of action with education as the foundational solution, saying that "We must educate individuals who can understand, advocate and implement the concepts which are the indispensable foundation for an age of rational



science and productive democracy."

With a standing ovation, Justin concluded by saying we must ". . . go forward in the spirit of Gandhi and Martin Luther King, with love, with reasoned truth, with transcending self-control, with unity in the principles of full equality and full productivity."

AHSSPPE '90 was one of the best attended and most comprehensive conferences to date. AHSSPPE '91—"Pulling Together" will be in Minneapolis, MN July 24-27, 1991.



This Holiday Season send

Courage Cards

Supporting services for people with physical disabilities for over 30 years

for your free catalog
call 24 hours (612) 520-0201
Outside Metro Area 1-800-852-9452

COURAGE *CENTER*
3915 Golden Valley Road
Golden Valley, Minnesota 55422

Circle No. 116

Abilities Expo Midwest Gateway to New Discoveries

by Michele Molner

It's easy to see why Dick Wooten and his wife, Pat want you to meet them in St. Louis for Abilities Expo Midwest on Oct. 5, 6, and 7.

"Our first year in St. Louis was a very big success," said Wooten. "There was a great response from visitors and exhibitors alike."

This year, they want to recapture the raves from their first run.

The accessibility of the Cervantes Convention Center makes it an appropriate spot for a Midwestern version of the Wooten's popular West Coast show.

A good place to start preparing for a trip to St. Louis is with the Access St. Louis map and guide.

It is a free at-a-glance brochure for out-of-towners spelling out which hotels, restaurants, parks and attractions are accessible, and how accessible they are—based on parking, entrance, restroom and barrier criteria.

To receive Access St. Louis, call the St. Louis Convention and Visitors Commission at its toll-free visitor's information hotline number: 1-800-247-9791.

Callers also should request a St. Louis Visitor's Guide, a calendar of events, St. Louis map and a coupon book filled with discounts on admission to attractions, on meals in restaurants and for entertainment and shopping.

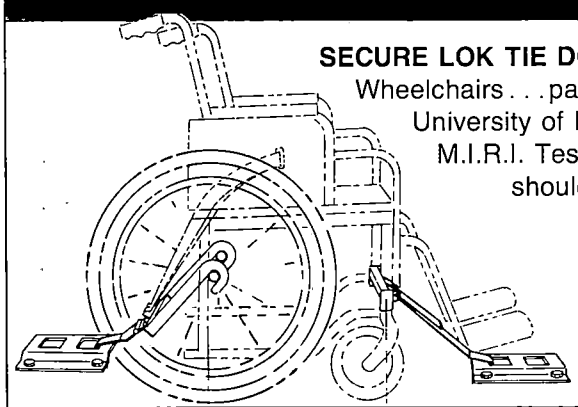
Getting There, Accommodations

Travel Plus (1-800-888-0993) is handling Abilities Expo travel arrangements in St. Louis, as it did in Los Angeles.

The agency is booking most air travelers on TWA for Abilities Expo Midwest, unless an attendee has another airline preference. TWA is offering a 5 percent discount off its lowest round-trip fare, or 40 percent of full-fare coach, depending on how late reservations are made, according to Sandy Royball at Travel Plus.

Travel Plus also will send information on ground transportation, provided by the St. Louis County Cab

GRESHAM . . . *Products engineered to improve your lifestyle!*

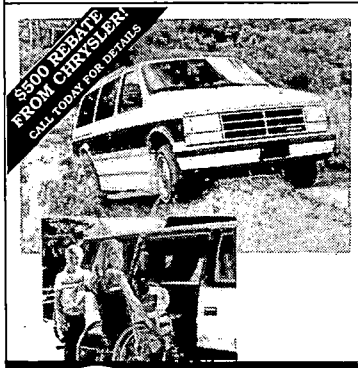


SECURE LOK TIE DOWN for Wheelchairs . . . passed the University of Michigan M.I.R.I. Test without shoulder belts



COMPLETE LINE OF:
- Door Openers
- Drop Floors
- Raised Roofs
- Door Extensions

Plus many other new products



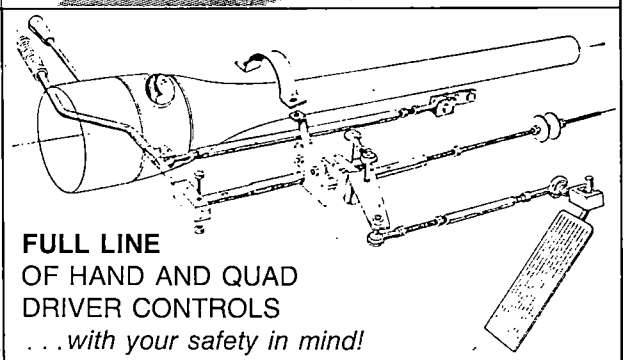
Break Away.

The Roadrunner™ from Independent Mobility Systems™ is equally at home in the city or the country. It will take you almost anywhere you want to go–out fishing or around town–in style!

Go When, Where, and How You Want.

Because of its patented state-of-the-art electrically powered automatic door/ramp system and 10-inch lowered floor, the Roadrunner from Independent Mobility Systems requires no lift. The 53-1/2 inch door opening makes for easy entry and exit, and with its easy-move driver and passenger seats, you can ride up front or drive...even fit two wheelchairs comfortably up front. And because we start with any of Chrysler's narrow-profile minivans, you can go anywhere a car can–including the garage–in comfort and style. It's as quiet and maneuverable as a car and offers more head room than a full-size van! The front-wheel drive provides great traction, even on snow and ice. And the Roadrunner operates with all chairs and most adaptive driving systems.

New 7 Year, 70,000 Mile Warranty



FULL LINE OF HAND AND QUAD DRIVER CONTROLS

. . . with your safety in mind!

Write For Literature or Call Toll Free 1-800-521-8930

GRESHAM DRIVING AIDS, INC.
P.O. BOX 405 • WIXOM, MI 48096

IN MICHIGAN CALL (313) 624-1533

Circle No. 125

Company and Van Service, which has seven wheelchair-outfitted vans.

For public transportation needs, contact the Call-A-Ride Service at (314) 231-2345, which is part of public transit system in St. Louis. Twenty-four hour notice is required for special arrangements; however, many of the city's public buses on routine routes have lifts.

In three years, getting around the city will be even easier, since St. Louis plans to open a light-rail system. The system will use a high-platform design, giving vehicles direct access and eliminating the need for lifts.

There are plenty of curb cuts in downtown St. Louis, although there is still a need for more in outlying parts in the city, according to Bob Hapka-Tracy at Paraquad, Inc. in St. Louis.

For room accommodations, Travel Plus has reserved singles and doubles at three hotels for convention-goers—the Sheraton-St. Louis, the Drury Inn and the Holiday Inn. Room rates range from $60 to $81 per night. A 20-room block exclusively for the use of handicapped individuals has been reserved at the Sheraton-St. Louis; fewer rooms are available at the other two hotels.

A sampling of other nearby lodgings listed in the Access St. Louis map include: The Radisson Hotel St. Louis at 9th Street and Convention Plaza Boulevard (314) 421-4000; Days Inn at the Arch, 333 Washington (314) 621-7900 and the Adam's Mark Hotel, 112 North 4th St., (314) 342-4690.

Where to Dine

More than 100 restaurants are listed on the Access St. Louis map although less than half have accessible restrooms.

Among those with the highest accessibility ratings are: the American Rotisserie Restaurant at 1 Union Station, 241-3636; J. Hunter's Cafe at 7th and Market, 231-5000; John Clark's, 420 Olive, 421-0708; and J.W. Carvers in the Marriott Pavillion Hotel, 1 Broadway, 421-1776.

Tony's, an outstanding Italian establishment, is one of only two restaurants in the country to receive both Mobil's five-star and AAA's five-diamond rating. Located at 826 North Broadway (231-7007), it has accessible parking and entrance, but does not have an accessible restroom and has other barriers.

St. Louis Diversions

Any city where a Dog Museum, the National Bowling Hall of Fame, Dental Health Theatre and Anheuser-Busch Brewery peacefully co-exist with the Gateway Arch must qualify as having "something for everyone."

The legendary 630-foot arch, by the way, is celebrating its 25th anniversary this year. The U.S.A.'s tallest monument, it's a disappointment to any wheelchair user who wants to get to the top, because it's inaccessible.

There is full access, however, to the Museum of Westward Expansion beneath it, where extensive exhibits of the frontier American West are on display.

After the Louisiana Purchase in 1804, almost everything going West passed through St. Louis. The exhibits in this museum depict the hardships of this westward trek. Admission is $1.

Serious shoppers will want to stop at the St. Louis Centre, three blocks from the convention center. With 100 stores, it is the largest enclosed downtown shopping mall in the nation. The glass-domed shopping facility is fully accessible.

So is St. Louis Union Station, an old

HiRider

RETEC introduces HiRider
A revolutionary concept in

RETEC USA, Inc., a subsidiary of Gaymar Industries, is pleased to introduce HiRider, an innovative power chair specifically designed to restore freedom of mobility. HiRider is the *first* wheelchair that allows an individual to stand unassisted, and to move about freely whether seated or standing.



train station registered as a National Historic Landmark and converted into a shopping center by the Rouse Co. Besides specialty shops and boutiques, Union Station has restaurants, night clubs and a new 10-screen theater. It is situated on 11.5 acres underneath a giant train shed, and includes a man-made lake with paddle boats.

Both shopping centers can be reached from the convention center by using public transit buses with lifts.

The St. Louis Zoo has the distinction of being one of the country's best zoos. It's free and accessible, though a bit hilly.

Hapka-Tracy said a favorite spot at the zoo is the new Living World exhibit, a high-tech education and discovery enter designed to teach about the diversity of life and the environment.

The zoo is located in Forest Park, a 1,300-acre park larger than New York's Central Park. The St. Louis Art Museum, History Museum and the St. Louis Science Center are all located here. All are free.

If a brewery tour is your idea of culture, Anheuser-Busch at 1127 Pestalozzi can accommodate you. Visitors learn about the brewing process, see the world-famous Clydesdales and sample some of the brewery's product. Tours are free. Call 577-2628 for information.

Grant's Farm is a picturesque attraction located on land once farmed by President Ulysses S. Grant, and now owned by Anheuser-Busch. It offers a game preserve, miniature zoo and a Clydesdale barn. A trackless train takes visitors on a ride through the compound. Admission to Grant's Farm is free, but advance reservations are necessary. Call 843-1700 to find out more about it.

The 79-acre Missouri Botanical Garden at 4344 Shaw, contains the largest Japanese Garden outside of Japan. It is filled with lakes, waterfalls, a traditional tea house and other authentic Japanese structures. The Climatron, a geodesic dome greenhouse, reopened in March 1990 with an authentic tropical rain forest inside.

For those with even more specific tastes, there's the National Museum of Transport at 3015 Barrett Station, which displays the many vehicles that helped build America. It has some barriers. Call 965-7998.

The National Bowling Hall of Fame and Museum is located at 111 Stadium Plaza, 231-6340, and is fully accessible. It features a pin boy in knickers who will reset the 10 pins on an old-fashioned bowling lane to a computer-operated lane of the future. Admission is $3 for adults.

Still Have Questions?

For more information about St. Louis and its accommodations, write to: Office on the Disabled, City Hall, Room 30, St. Louis, MO 63103, or call (314) 622-3686 (voice) or (314) 622-3692 (TTY).

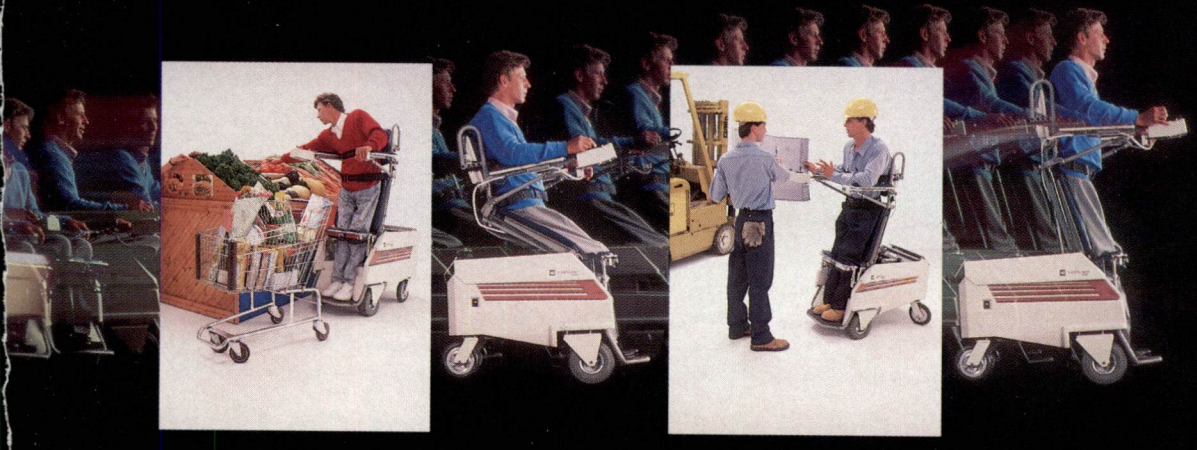
To reach Paraquad, an independent living center that offers information and referrals, as well as advocacy, call (314) 776-4475 (voice) or (314) 776-4415 (TTD). The office is at 4475 Castleman.

To contact the Cervantes Convention Center, call (314) 342-5036.

For more information on the Expo itself, call (619) 944-1122. ■

Michele Molnar is a free lance writer and has been writing for MAINSTREAM *since 1986.*

rehabilitation technology



HiRider...
- Restores freedom and independence
- Increases opportunities for employment and enhances social options, creating a sense of real personal achievement
- Permits unassisted or "passive" standing, acknowledged to be medically beneficial.

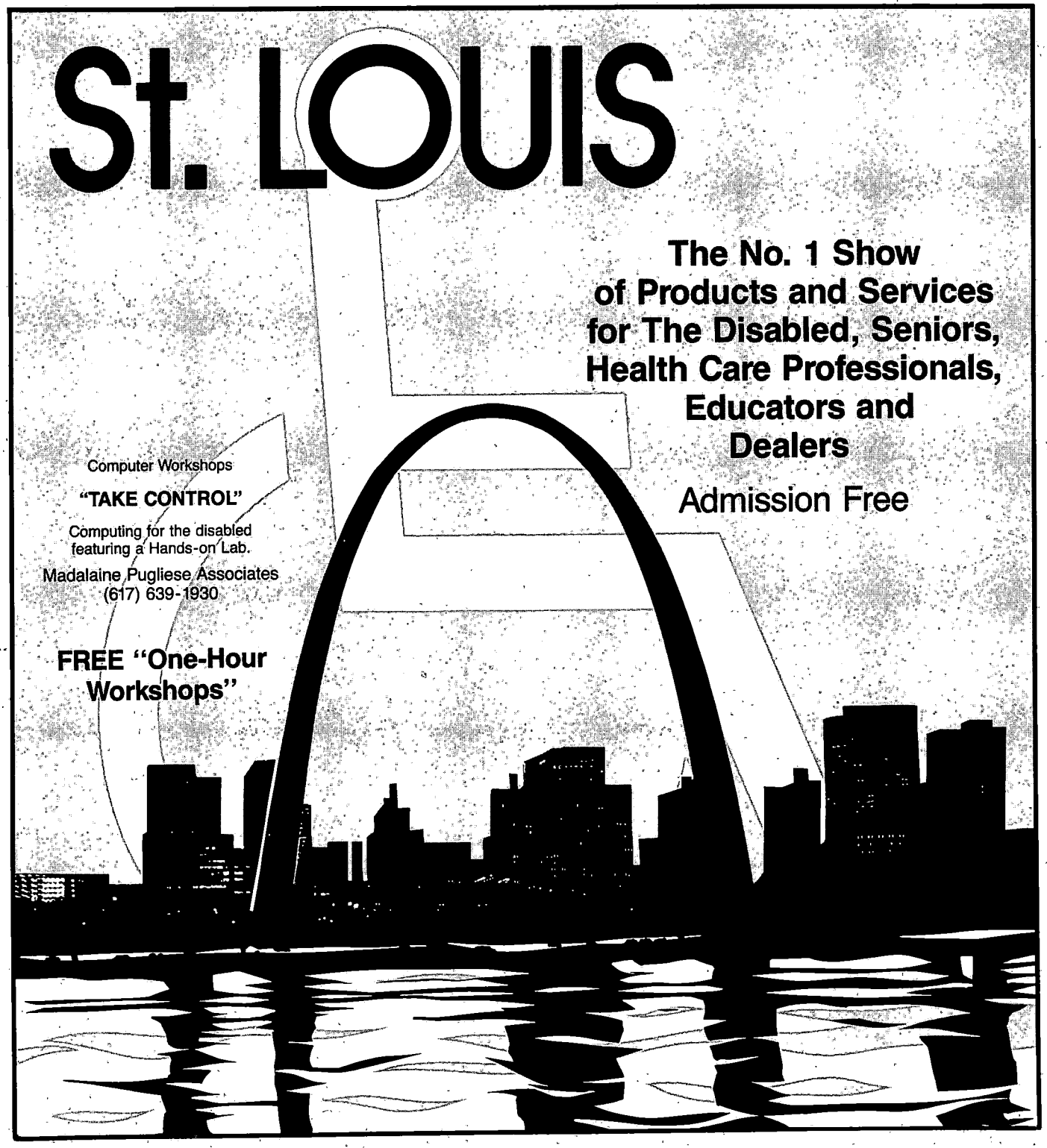
RETEC
RETEC USA, INC.
a GAYMAR company

Circle No. 147
For more information, call 800-US RETEC.

© 1989, RETEC, USA, INC.

ABILITIES EXPO '90

St. LOUIS



The No. 1 Show of Products and Services for The Disabled, Seniors, Health Care Professionals, Educators and Dealers

Admission Free

Computer Workshops

"TAKE CONTROL"

Computing for the disabled featuring a Hands-on Lab.

Madalaine Pugliese Associates
(617) 639-1930

FREE "One-Hour Workshops"

Cervantes Convention Center • 801 Convention Center

October 5-7, 1990

For Hotel and Airline Reservations call 1-800-888-0993

Produced by: **RCW Productions, Inc.** • 1106 2nd St., #118 • Encinitas, CA 92024 • (619) 944-1122

Circle No. 144

A Higher Perspective

by Marti Gacioch

Getting upright has its advantages, and standing frame manufacturers can make the process a lot easier.

Medical doctors cite a multitude of health reasons for prescribing a standing frame. Passive standing can reportedly help: prevent atrophy of leg muscles, increase circulation, reduce osteoporosis, strengthen the cardiovascular system, improve range of motion, help prevent decubiti, preserve bone integrity, reduce lower extremity swelling, lessen muscle spasms, aid kidney function with regard to downward flow from the bladder, improve bowel and bladder function, and help reduce urinary calculi (kidney stones).

And if those benefits aren't enough incentive to stand up for your health, manufacturers point out how a standing frame can also assist people in their daily activities, help build endurance, expand work place potential, and improve self image.

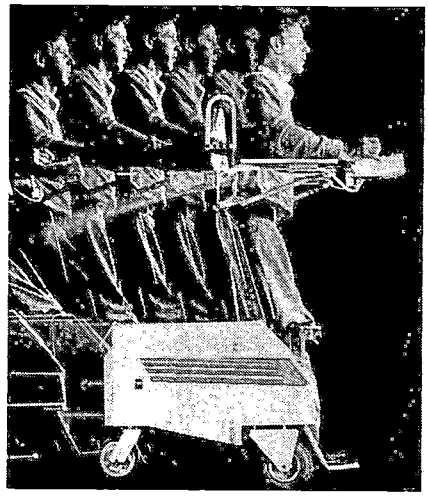
Not all standing frames are alike. Some models are hand powered, while others utilize hydraulics or come equipped with an electric motor. There are frames that offer many adjustable features for adult heights and sizes, and others that are specifically designed to meet childrens' needs. A variety of knee, back, chest, and foot supports are available, along with a host of other options designed to make getting on one's feet a positive, pleasant experience.



IDC Medical

The following participants in *MAINSTREAM*'s Standing Frame survey welcome your interest and inquiries. If you would like to learn more about a particular model, simply complete and return the "Information Please" section located on page 46.

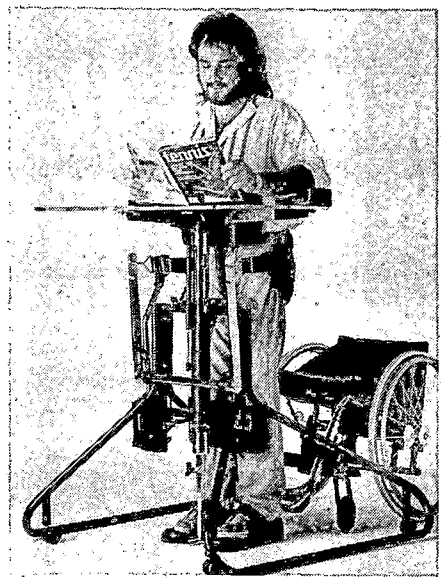
RETEC USA offers the HiRider stand-up wheelchair that provides powered mobility in both seated and



RETEC USA

standing positions. According to the manufacturer, the HiRider's stand-up mobility provides increased range of function in the home, workplace and other environments. It features a width of 22½" and a turning radius of 42". According to RETEC, it was designed by a paraplegic person to help people function in their existing environments, and decrease the need for modifications to the home or workplace. (See ad on page 24.)

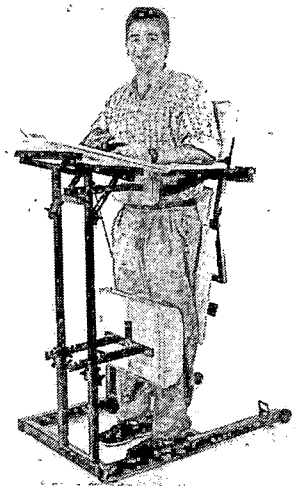
Prime Engineering's Granstand standing frame is designed for both clinical and home settings. Its multiple adjustments allow for proper fitting of a wide range of size and disability requirements. Features include: a positive hydraulic unit that allows independent operation and security for individual lifting and lowering at a desired rate of



Prime Engineering

speed, foam elbow, chest, knee, and foot supports that are vertically and horizontally adjustable, foot system rotation to accommodate toe-in/toe-out requirements, and retractable casters for portability. (See ad on page 35.)

The EASY-STAND is now available from ALTimate Medical Inc. EASY-STAND, which was designed by Alan Tholkes, quadriplegic President and CEO of the company, utilizes the concept of a simple transfer onto a cushioned seat. The user then pumps himself into a standing position with a heavy duty, hydraulic lift system. All adjustments are made by hand. Standard features include: adjustable foot holders, adjustable knee pad, leveling legs on base, baked-on epoxy finish, safety belt, and adjusting tilting table with a large surface area. According to the maker, the EASY-STAND provides



ALTimate Medical

You Gave To Now We'd Like to



Vets Ride Free.

October is Wheelchair Ride Month. It's the best way we know to introduce you to getting around the city by bus and trolley.

Your first ride this month is on us. Free for you. Free for a helper too.

No Helper? No Problem.

If you don't have a helper, don't be shy. Just check off the "Helper Needed" section on the coupon and look forward to meeting a friendly, helpful volunteer from the Easter Seal Society.

Volunteer assistants will be provided where possible by the Easter Seal Society of San Diego County.

Not a Vet?

As long as you depend on a wheelchair, you can depend on us to treat you to a complimentary trip plan and ride coupons.

Your Country. Give The City To You.

We've Really Got You Covered.

All 30 of the county trolleys are wheelchair lift-equipped. And of our fleet of 351 buses, 162 can pick you up and take you where you want to go.

Pick Your Ride. We'll Pack You An Itinerary.

We'll prepare your personal itinerary, with bus and trolley routes and times. Plus we'll send you dial-a-ride information good through most of San Diego County.

There's no cost for the itinerary. And your two complimentary one-way ride tickets, along with your helper's are part of the free package.

Deadline is October 31, 1990.

Wheelchair Ride Month is sponsored by these MTS operators, all wheelchair accessible: Chula Vista Transit, County Transit, National City Transit, San Diego Transit, San Diego Trolley, Strand Route 901, North County Transit and the Easter Seal Society.

Transit fares are subsidized by the American Wheelchair Veterans Association and the Night Owls of the Imperial Beach Women's Club.

Metropolitan Transit System
A family of public transit services working together for you.

Please Plan Early and Mail To:

San Diego Transit
P.O. Box 2511
San Diego, CA 92112

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____

DAY OF THE WEEK I'D LIKE TO RIDE _____

NUMBER OF RIDE COUPONS I'D LIKE: Two for me _____ Two for my helper _____ **Helper Needed** _____

OUTBOUND TRIP

I'll be leaving from

_____
(Address for nearest intersection)

And I'll be going to

_____
(Address for nearest intersection)

I'd like to leave at _____

Or arrive at _____

HOMEWARD OR RETURN TRIP

I'll be leaving from

_____
(Address for nearest intersection)

And I'll be going to

_____
(Address for nearest intersection)

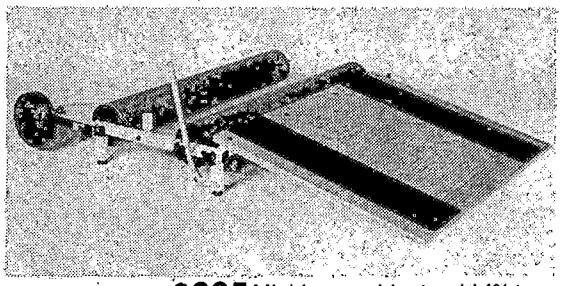
I'd like to leave at _____

Or arrive at _____

"THE BUG ROLLER"

2 DRUM SPORTS MODEL
wheelchair roller
for perfect workout weather, anytime.

- 8 lb. flywheel for added momentum
- Lathe turned drums, 4½" diameter
- No tools needed for assembly
- Easy ramp access
- Sealed bearings
- 5 year guarantee
- Dealer inquiries welcome
- Made in U.S.A.



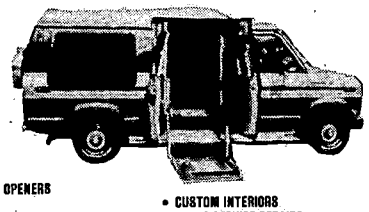
MCLAIN CYCLE PRODUCTS
1718 106th Avenue
Otsego, MI 49078
(616) 694-9704

$395 Michigan residents add 4% tax, price subject to change

Circle No. 133

New Era TRANSPORTATION, INC.
810 MOE DRIVE • AKRON, OHIO • 216-633-1118
TOLL FREE 1-800-N.E.T.-VANS

YOUR TRANSPORTATION SPECIALISTS!



- NEW VANS (FORDS, CHEVYS, DODGES)
- USED VANS
- ALL DRIVING ADAPTIONS
- HAND CONTROLS
- LOWERED FLOORS
- LIFTS—AUTOMATIC DOOR OPENERS
- MEDICAL VANS
- VA APPROVED EQUIPMENT
- VA & INSURANCE PAPERWORK DONE
- CUSTOM INTERIORS
- PARTS-SERVICE-REPAIRS (ALL MODELS)
- EXTENDED TOPS & DOORS

Start Saving Now By Calling Toll Free • Delivery Available Anywhere in U.S.A.

Circle No. 135

Freedom of Movement



Gain greater independence and increased mobility with the new Lite-Walker, available from Luminaud.

Featuring:

- Lightweight Rolled Aluminum Construction Provides Strength
- Counteracting Roller Maintains Stability and Control
- Four handle adjustable heights from 32" to 39"

Booth #224

Luminaud inc.
8688 Tyler Blvd. • Mentor, Ohio 44060
(216) 255-9082

Circle No. 132

the user with full back support in every position from sitting to standing. Base measurements are 24½" wide by 42" long. The adjustable contoured knee pad height ranges from 13" to 25". The adjustable height-tilting table has a range from 39½"to 49". (See ad on page 40.)

IMEX Healthcare, Inc. announces the "Riser", a stand up frame that features hand-controlled gas springs that help the user rise to a standing position. The unit can be adjusted to a variety of positions between seated and standing at different rates of speed. The gas springs have been tested at 30,000 cycles—enough for eight years

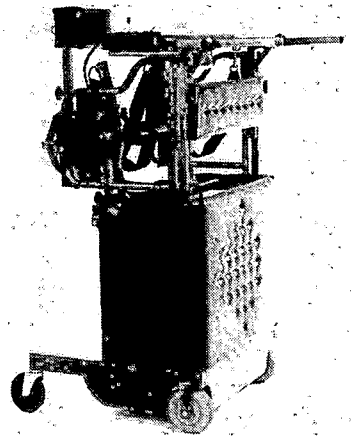


Imex

of normal daily use. The Riser is not collapsible, but can be disassembled for transport. It features: quick release wheels, detachable arms and retractable back and footrests. The unit comes with kneepads, chest straps and soft lock cylinders that can be adjusted for the weight of the user.

Stand Aid of Iowa presents the Stand Aid. According to the maker, it lifts users from a chair or bed with a flick of a switch. Five different models are available to suit each individual's needs. All units accommodate persons from 4'2" to 7' tall and will fit easily through most doorways. The unit is 27" wide and 44" tall, and has a powder coat finish to prevent the surface from scratching or rusting. (See ad on page 21.)

The Advanced Technology Corp. presents the Moto-Stand, a 12-volt



Stand Aid

motorized vehicle that allows the user to move while in a standing position. The Moto-Stand is designed for both home and work. Also available is the "Independent" that allows the user to reach the floor from a standing position. A child's model, and an industrial version of both vehicles are available. All models are adjustable to the user, and color selection is a standard feature.

Maddak Inc. offers the Ableware Prone Standers for children. The unit



Advanced Technology

adjusts from near horizontal to near vertical by means of two parallel sets of telescoping aluminum columns. Two sizes are available: the small stander supports children 30″ to 42″ tall, and the larger stander is for children 43″ to 58″ tall. Both have a capacity of 140 pounds. The upper torso comes complete with cushioned side supports that adjust vertically and laterally. The cushioned knee board adjusts vertically for leg and knee support. A soft wedge-

Winsford Personal Feeder
Now Easier to Use

In the new **Model 4** the spoon tends to fill itself. You can eat and sip liquids without use of hands or arms, with dignity and without connection to the body.



- Slight motion activates motorized spoon filler.
- Spoon automatically moves to mouth.
- Dish rotates under user control.
- Battery operated, re-charged by plug-in charger.
- Height adjustable by knob.
- Quiet. In use for 10 years.

For information write: **WINSFORD PRODUCTS, INC., Dept. B P.O. Box 27306, Phil., PA 19118**

Circle No. 162

FINALLY....VACATION SPOTS DESIGNED FOR THE DISABLED BY THE DISABLED!!!



Accessible vacations at an affordable price...

- *Two bedroom/two bath, first floor luxury condos*
- *Roll-in-shower, roll-in-closet off master bedroom*
- *Central air, pool, furnished, linens, cable tv, h.p. parking*
- *Located In Pompano Beach (next to Ft. Lauderdale) overlooking Crystal Lake Golf Course*
- *Available by the day, week or month.*

call or write for a free brochure!!!
(617) 599-8630

Barrier Free Vacation Rentals-101 Maple Street, Lynn, Massachusetts, 01904

Circle No. 106

MOBILIZE WITH COMFORT AND EASE!

Introducing LITE-WALKER.

Especially Designed for Pediatric Needs

Children can negotiate narrow doorways and aisles with greater ease, thanks to a new product available from Luminaud.

Featuring:

- Lightweight rolled aluminum construction provides strength
- Counteracting roller provides stability and Control
- Two handle height adjustments from 26″ to 28″



Luminaud inc.

FOR FURTHER INFORMATION CALL OR WRITE:
8688 Tyler Blvd. • Mentor, Ohio 44060 • (216) 255-9082

Booth #224

Circle No. 132



Jesana, Ltd.

shaped knee abductor provides comfort in the crotch area. Waterproof denim straps support the back, buttocks and legs. The foot board has two shoes with rubber soles and straps for ankles and toes. All parts are mounted on an aluminum frame. The base of the frame is supported by four heavy-duty braking casters.

LUCONEX Inc. introduces the all-in-one modular BAC 3000 Wheelchair and Mobile Stander for pediatric use. According to the maker, it is the first mobility system to provide both flexion in the chair and extension in the stander. Also available is the BAC 1000 Mobile Stander featuring a power lift mechanism that allows the child to raise or lower himself from an upright to a full horizontal position.

IDC Medical Equipment, Inc. presents the LIFESTAND Wheelchair. With the aid of self-contained gas cylinders, the user is able to raise himself to any level from sitting to full standing. (See ad on page 32.)

Jesana Ltd. offers the Standing Aid-Frame, a positioning device that allows children with central nervous system disorders to perform tasks while weight bearing in a natural upright position. A table accessory allows for bilateral weightbearing on fore arms, which in turn improves head, neck and shoulder balance. This device is made of hardwood, extruded aluminum and is built for rugged use. Components include: Base/support legs, foot/heel stop, knee



Luconex

pad/support arm, vertical column/support arms, buttock pads/support arms, anterior pelvic/support belt. The basic unit comes with optional upper trunk support and casters. It is adjustable for individual body part support, and the one to five year old model can be converted to a four to seven year old size.

The Levo Active is designed for users who can transfer themselves. Users raise themselves from sitting to standing—or any position in between—with two mechanical levers. The wheelchair has a modular design to meet the needs of individual users for different sizes. The unit can be folded for a transport and weighs 38 pounds. The Levo Light has a motorized switch built into the

LIFESTAND®

THE WHEELCHAIR THAT LETS YOU STAND UP...





AND enjoy the proven medical benefits of standing!

- MANUALLY OPERATED
  No need for a power source
  Comes in Wide Adult, Adult & Junior sizes

IDC MEDICAL EQUIPMENT, INC.
20 Independence Ct.
Folcroft, PA 19032
Tel. (215) 586-0986
(800) 782-6324

U.S. PATENT NOS. 4-569-556, 4-623-194

FOR A NEW LIFE

Circle No. 127



Maddak, Inc.

armrest to take the user to a standing position. Should the switch fail, a separate safety button ensures the user will be able to sit down. The unit also has moveable armrests, detachable push handles and a rechargeable battery. The unit is collapsible.

Blatnik Enterprises makes three basic types of standing frames. The Rigid Standing Frame comes in two styles, one with auxiliary supports and one without. Each comes with a six-inch-wide hip support strap and padded knee board. The Fold-Away Standing Frame is designed for use at home and for traveling; it weighs only 52 pounds and can be folded to be carried in a car trunk. the unit is constructed of 1¼ inch chrome-plated and powder coated cold-rolled electric-weld tubing to resist chipping and rusting. It also is available with auxiliary supports. The Power-Lift Standing Frame comes with an 8-inch-wide hip support strap, padded knee-board, work table and underarm support strap covered with sheepskin connected to the auxiliary support pad for added safety. It has a self-contained electric motor controlled by a pneumatic hand switch. (See ad on page 45.)



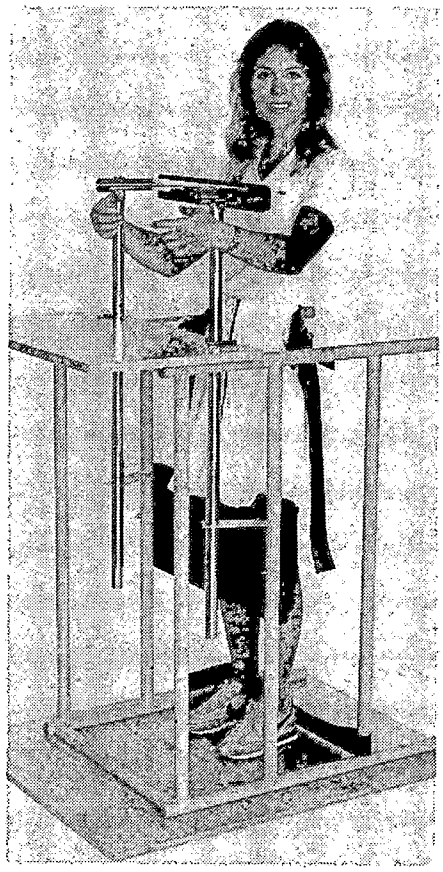
Levo, U.S.A.

Faith Manufacturing's stand-up machine, built for a child, is 64½" long and 17½" wide. It is a near replica of the larger adult machine only smaller and adjustable for a growing child. It is available with or without a power lift.

It is skirted with brown naugahyde over plywood. The top is upholstered with naugahyde over foam rubber for the user's comfort. Three inch casters make it easy to move around that lock when in place. ■



Faith Manufacturing



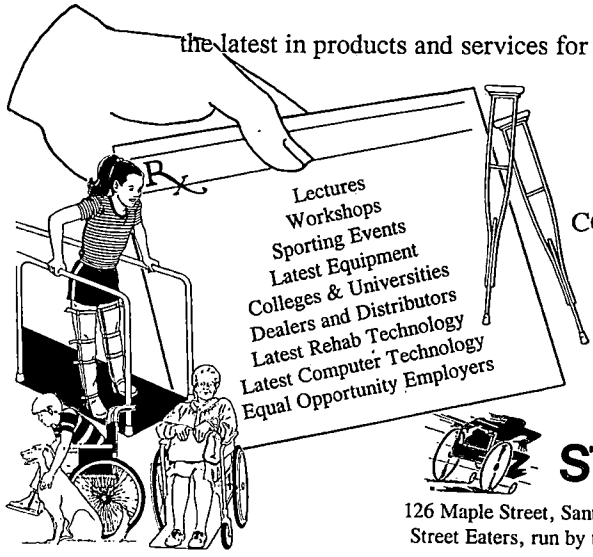
Blatnik

Marti Gacioch is a free-lance writer and wheelchair user. She has been involved with the Independent Living Movement for over a decade.

presenting the NATIONAL

PHYSICALLY CHALLENGED EXPO

the latest in products and services for the disabled



JANUARY 25-27 1991
OLD SAN JOSE
CONVENTION CENTER
CIVIC AUDITORIUM

STREET EATERS

126 Maple Street, Santa Cruz, CA 95060 408/459-8566
Street Eaters, run by the disabled, for the disabled

Circle No. 152

Reflections on Disability and Organized Religion

by Mary Jane Owen



I've got a friend who can carry a tune. I wish she'd been included in the sound track of a videotape currently being used as a part of a campaign to foster inclusion of people with various impairments into the religious life of their communities. That effort is flawed by some pretty discordant hymn singing.

At the least, my friend's singing could fracture the stereotypical mirror the producers held up to reflect the abilities of "people like that." You see, June, in addition to being born with a rather pleasant voice, happens to be mentally retarded.

For those with an ear for music, the chorus of sour notes can hardly fail to dampen enthusiasm for the mainstream inclusion the film makers apparently intended to promote. Now I'd be the first to admit I'm no sound engineer, but I know you don't sing off key to promote respect. Positive visual glimpses of people searching for spiritual maturity are distorted by auditory dissonance. Such double messages, even when obliquely delivered, are all too familiar to those adults who are treated as if they are eternal children, not capable of sensing when they are being patronized.

At first glance, the association of "disability" and "off-key singing" might seem harmless. Sing-alongs can be great fun even when we are joined by friends who can't carry a tune. June and her peers with their slower pace of comprehension are not necessarily bereft of singing ability any more than any gang of buddies gathered around a piano bar. But sour notes in either case don't merit preservation.

This "Roseanne Barr" example may seem relatively unimportant. But it marks one end of a continuum which stretches from unwarranted pats on the head to painful assaults on one's self image. Back in 1986 I wrote about the other extreme in an essay titled: "What's So Important About the Wrapping Paper on our Souls." It suggested: "I don't think it matters a bit to God what our 'packaging' is like . . . Our souls are a mutual gift from and to the Lord. What's in the package doesn't get its value by how it happens to be wrapped."

In it I remembered the attractive young woman, facing the slow devastating loss of mental and physical function, telling about her Rabbi's request she no longer bother to come to Temple anymore. She learned her condition depressed the congregation and ruined the service for others who didn't wish to be reminded of the vulnerability of the human body. Unfortunately, that attitude permeates too many of our temples, churches and meeting houses. My personal observations have been confirmed over and over again by my peers within many religious communities.

The memory of a healing service in my own faith haunts me. Those present were assured physical imperfections are the effect of sin. A father stood over his young daughter, slumped in her wheelchair. Through tears of frustration, he demanded: "Come on honey, you know you love the Lord. You can do it! Stand up for Jesus."

All of us had heard the message which tormented him. It was the devil within who blocked her healing. This loving father, in leaving that service, picked up his ongoing responsibility of raising a severely disabled child with the additional burden of communal judgment.

On St. Valentine's Day in 1989, an actor turned new age spiritual guru addressed a festival on universal love. He said everyone with disabilities chose, on some level, to suffer. A follow-up question explored what he thought about those 43 million of his fellow citizens so identified. He then assured his audience their spiritual potential could prevent both death and infirmaties. He went on to tell them disabilities are merely the physical manifestation of imperfections of the soul.

Colleagues in faith suggest such examples are a bit too flamboyant and my concern over a little religious training film's not-so-subliminal message is too trivial for serious analysis. However, each day more of my peers in disability feel the pain of exclusion and judgment. Those two extremes mark

Standing for health!

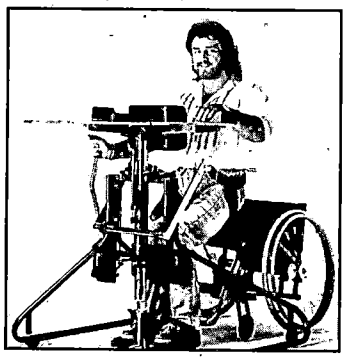
The NEW Granstand™ Standing Frame gives you...

- **INDEPENDENCE**

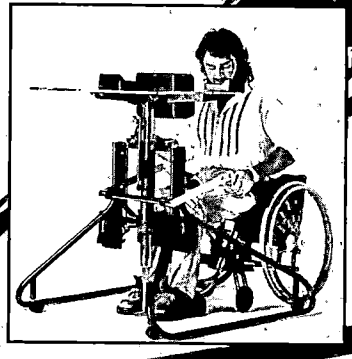
  Positive hydraulic design makes independent operation possible for most individuals.

- **PRECISE FIT**

  Multiple adjustments accommodate people from 5' to 6'4'', up to 250 lbs., in a variety of alignments. Custom modifications also available.



Ranked #1 in Europe, #2 in the world, Wheel Chair Tennis Player Laurent Giammartini™ finds the Granstand Standing Frame easy to use.



For informative brochure, please contact

PRIME ENGINEERING

209/276/0991

4838 W. Jacquelyn #105
Fresno, CA 93722

1/800/82 STAND

GRANSTAND™

Circle No. 143

Yes, there really is *a NO-RINSE SHAMPOO* and a *NO-RINSE BODY BATH*

Revolutionary way to shampoo and bathe eliminates the need to rinse



Just Apply
"Its easy"



Massage
"The foaming action goes to work"



Towel Dry
"My hair is sparkling clean and full bodied"



Comb and Style
"That's all there is to it"

"You mean it's possible to shampoo and bathe without rinsing?" That's almost always the first question asked when "No-Rinse" products are explained. ***It's true. Absolutely no rinsing is required.*** Thousands of unsolicited testimonials prove that *No-Rinse* works beautifully for the disabled, handicapped, convalescents, hospital patients, children, the elderly and others when it is difficult to get into a tub or shower.

Here's what satisfied users are telling us:

"I've used No-Rinse Shampoo for my disabled son for years. (I wish I had invented it)" *Mrs. P.C. (Michigan)*

"Our young daughter, handicapped since birth, has had long stays in hospitals. We never found a shampoo that could be used in bed with her until, on our last visit, they gave us a bottle of No-Rinse Shampoo. It was a great welcome to see that it actually did work. Thanks for a good product." *Mrs. L.B. (Illinois)*

"I was given a bottle of No-Rinse Shampoo during my hospital stay and cannot rave enough about the product. I also used it on an aunt in a nursing home with wonderful results." *Mrs. N.G. (Pennsylvania)*

"Your No-Rinse Body Bath does what it says–cleans and refreshes and leaves no residue." *P.G. (Pennsylvania)*

Why thousands of hospitals and nursing homes and thousands of individuals are using No-Rinse products.

- **Beautiful results**
- **Convenience**
- **No cumbersome equipment**
- **Risk of transporting patients eliminated**
- **Substantial saving of time and manpower**



Call, write or FAX for free samples.

Truly Out of This World
We are pleased to announce that No-Rinse Shampoo was used by the astronauts on the space ship Columbia (Flight #32) and is available on all future NASA flights.

N/R Laboratories
No-Rinse®
Since 1948

Shampoo • Body Bath
The original liquid non-rinsing hair and body cleansers
900 E. Franklin St., Centerville, Ohio 45459
Toll free 1-800-223-9348 (513) 433-9570 FAX (513) 433-0779

For a perfect way to shampoo and bathe *without rinsing*, ask your pharmacy or retailer for No-Rinse.

Circle No. 136

the ends of an invisible wall which blocks hundreds of thousands of individuals from joining religious congregations. Destroying those barriers requires conceptual sledgehammers, wielded by the spiritual leadership of America. "Feel good" sentimental answers are no longer good enough.

In searching for a way to counter inadvertently demeaning judgments within my own faith and with a growing sense of personal need for spiritual growth, I asked for a theological framework in which to place human vulnerability. My personal question: How are Christians expected to view members of their congregations who have acquired impairments?

With the miracles of modern medical and rehabilitation services, it is now a common experience to survive the traumas which totally incapacitated or killed our parents. Such survivors are clearly a part of every community. Surely some theological scholar had developed a conceptual lens through which to view this miracle of life on the other side of disabilities.

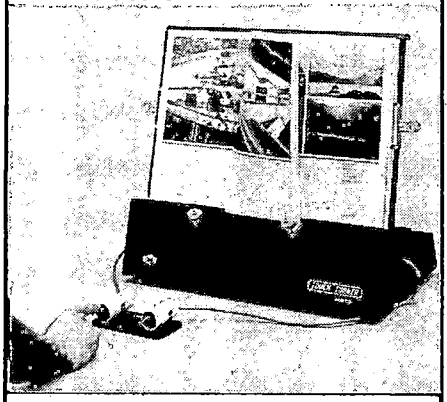
The answer offered: "The theology of disability is the theology of the wounded and suffering Christ."

Small wonder so many people with disabilities, seeking protection from their own and society's fears, find little comfort in such an austere model of their role within their religious communities. While life includes pain, humiliation, despair and defeats; and our bodies are terribly vulnerable to assorted traumas; such qualities are only a part of human experience. That figure of the wounded and suffering Christ can comfort and enlighten, but does it apply to all aspects of our lives?

The Resurrection illustrates another element of our evolving theology which can offer our peers with disabilities a greater spiritual confirmation. Each person, torn and injured, who rises from a hospital bed to take up a productive role in society reconfirms the power of God's will that the human spirit prevail. Every indidivual who loses one function and then learns new methods or strategies in the struggle to remain interactive, illustrates the miracle of Easter. When the altered or aging body is filled with love of life, that is a wonderous mystery. When

TOUCH TURNER
PAGE TURNING DEVICES

- Powered by flashlight batteries
- Operated by sensitive switches.
- Turns pages by suck, blow, chin, puff checks, head movement, feet, etc.
- Turns magazine pages to size of *Life.*
- Turns hardbound books up to size of *World Books.*



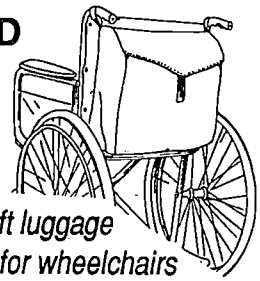
Turns The Pages Either Direction
Satisfaction Guaranteed • Send For Free Brochure
SPECIAL *TOUCH TURNER* FOR PAPERBACKS

- Turns paperbacks in one direction.
- Operates by sensitive switches.

TOUCH TURNER
443 View Ridge Dr., Everett WA 98203 • 206/252-1541
TURN THE PAGES YOURSELF

Circle No. 154

RUGGED
Day Packs
Book Bags
and other soft luggage accessories for wheelchairs



PILOT LUGGAGE
4670 Old Pike Rd.
Pilot, VA 24138
703-382-1056

Circle No. 141

Free Color Brochure

Captain Hook's COVE
"Hidden Treasure of the Ozarks"

Full Kitchen Units
Boat Dock
Private Jacuzzi
Restaurant & Lounge

FULLY Wheelchair Accessible
Affordable Resort on Tablerock Lake
P.O. Box 792
Kimberling City, MO 65686
417-739-2845

Circle No. 111

impaired infants thrive and transform their limits into gifts, is that not a Holy sign? Each journey through rehabilitiation might be seen as a minor miracle; each affirmation of the will to survive past impairments can force recognition of a connection to the Source of life.

My colleagues in disability identify with each small rebirth more than with their suffering and wounds. They affirm: "See my abilities, not just my disabilities." If their religious institutions could make such a shift, those communal roots which foster spiritual growth could become a source of Christian identity and strength. If not, alienation and exclusion will continue.

The Americans with Disabilities Act has just defined this community of concerns as having equal rights of citizenship. Within the social and political arenas "Disability" is evolving an expanding minority consciousness. No such group can deny those features around which it clusters its collective sense of value. We encourage people to be proud of their uniqueness. Those who struggle for fulfillment of their potential as members of the disability community don't wish to be asked to apologize or bear guilt for those impairments which they live with every day. I doubt God expects it.

When I named my talking computer George Herbert, I was honoring a poet, priest who searched for the mother-root of his faith. During the first half of the 17th Century he celebrated:

"And now in age I bud again;
After so many deaths I live and write;
I once more smell the dew and rain,
And relish versing: O my onely light,
It can not be
That I am he
On whom thy tempests fell all night."

The Resurrection hope drew him above his grounded pain:

"Grief melts away
Like the snow in May."

What can be faulted in such a merry rhyme? ■

Mary Jane Owen, M.S.W. is Director of Disability Focus, Inc. an organization created to direct disability perspectives toward national social policy.

We're great believers in pulling together.

By working together, the people of Denny's have made the company what it is today — a multi-billion dollar subsidiary of TW Services, Inc. Our innovative organization consists of: Denny's Restaurants, the largest full-service restaurant chain in the country; El Pollo Loco, one of the fastest-growing quick-service restaurant chains; Proficient Food Company, a major distribution and warehousing system; and Portion-Trol Foods/Mother Butler Pies, a modern food processing and pie production operation.

More than just the Denny's name, all our companies share a spirited commitment to being the best foodservice company in the world. And to ensure the best opportunity for our people, we promote from within whenever possible. The result is personal, financial and career growth for our top performers. That helps keep our team together — which is another one of the keys to our continued success.

Through teamwork, individuals are able to best serve customers, assist their co-workers and achieve important personal goals. That's why we're great believers in pulling together. And why we pull in the very best people for all of our operations.

We are an equal opportunity employer.

Denny's · PORTION-TROL FOODS · EL POLLO LOCO
PFC · Denny's
That's the spirit.

Circle No. 117

ABLE CONNECTIONS
DATING & CONTACT SERVICE OF THE 1990'S FOR DISABLED/NON-DISABLED SINGLES

- *Very Low Membership Fees*
- *Personalized Matching*
- *Informattve Dating Newsletter*
- *Operated By Disabled For Disabled*
- *Serving The Entire U.S.*
- *Complete Refund Policy*



MAKE THE ABLE CONNECTION NOW!
For Membership Information CALL OR WRITE:
P.O. Box 11644
Knoxville, TN 37939
(615) 691-2322

Circle No. 101

One man . . . making a difference.



Ralph Braun - Chief Executive Officer, The Braun Corporation

When Ralph Braun began building equipment for his personal mobility over 20 years ago, he was unaware that he would change the lives of thousands. Today, The Braun Corporation offers a full line of proven products -- Lift-A-Way™ and Swing-A-Way™ wheelchair lifts, Tri-Wheeler™ motorized wheelchairs, Chair Topper™ wheelchair carriers and specially equipped van conversions -- products that *do* make a difference.

Braun Mobility Products

For the Dealer Nearest You Call:

1-800-THE LIFT

17 Industrial Rd.
Fairfield, NJ 07006
(201) 882-5455

5072 113th Ave. N.
Clearwater, FL 34620
(813) 573-2737

15731 Graham St.
Huntington Beach, CA 92649
(714) 891-4305

THE BRAUN CORPORATION™

1014 S. Monticello, P.O. Box 310, Winamac, IN 46996

1-800-843-5438 In Indiana Call: (219) 946-6153

BR89-1B

Circle No. 110

© The Braun Corporation 1989

The Dressing Dilemma – Fashion and Disability

by Marti Gacioch

Fashion has its place whether it's in a wheelchair or behind a crutch. Not too long ago that may have been considered a fairly radical concept. Of course, in those days some of us were more concerned about staying in the closet rather than considering what to buy for one, and our wardrobes were sometimes as limited as our expectations. But times have changed. Increasing numbers of disabled folks are entering college and the workforce, and with that increased visibility comes the need for appropriate clothing.



Avenues

Most available clothing (whether bought through stores or mail order catalogs) is designed for non-disabled people. That's reality. And for many disabled people that poses no problem. But unfortunately, for many others, buying stylish, comfortable clothing that is easy to use remains a difficult task. Their clothing options are often limited to oversized tops and bottoms that are easy to slip on, or such pariahs as muu muus, or other tent-like unflattering styles.

Fashion designers are becoming aware of our needs and are beginning to address the needs of this disabled segment of the population. But it's slow going. For a manufacturer to run a profitable business and still charge reasonable prices, they must be able to mass produce and sell clothing items in large quantities. But in reality, disabled people's shapes and sizes don't always fit the mass produced mold. We come in enough variety of body types to intimidate even the boldest designer planning to enter the disabled clothing market.

The following five companies are trail blazers in this arena, and they each offer something different to respond to the dressing dilemma. For further information, complete the Reader Survey card in the back of this issue.

Janet Sawyer was a pioneer in the disabled fashion industry 10 years ago when she and her designer friend Lynn Montoya launched Laurel Designs, a mail order clothing company for disabled people. Her business emerged from her own shopping frustrations. Sawyer contracted polio when she was 16, and discovered first hand the problems associated with buying appropriate clothing.

Frustrated with store clerks that showed little interest in her needs and clothing that was as inaccessible as store's racks and dressing rooms, Sawyer turned to her friend, Montoya, to design her clothes. They sought to offer an alternative to what Sawyer perceived as the practical but dumpy clothing available. Laurel Designs hoped to offer clothing with style and flair, that was still completely functional and easy to care for.

They started out designing skirts, vests and even jeans, but it wasn't too long before their high ambitions were forced to confront the fact that many of their customers required special tailoring.

"When we first started out we were

"Finally! A truly beautiful **Bed & Breakfast** that's wheelchair accessible."
–Dr. Thorne Schubert

THE WHITE FENCE INN

* 104 year old refurbished farmhouse
* Fishing pond and 73 acres
* Two accessible bedrooms–one with fireplace and cathedral ceiling
* Bathroom has grab bars, shower chair and sunken tub for two
* Near Amish Country & Mohican State Park

Lexington, Ohio (419) 884-2356
Bill & Ellen Hiser • Proprietors

Circle No. 159

Good news for the active incontinent...

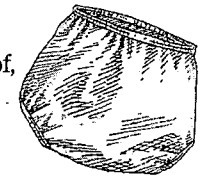


P.D.Q.'s

The Finest Reusable Briefs

Personal • Bright colors to reflect your personality.

Dry • Waterproof, nylon fabric is easy to launder. Will not leak.



Quiet • Non-rustle and soft, P.D.Q.'s are a pleasure to wear.

$6.95 each plus 75¢ shipping. CA residents add 6% tax.

Colors:
Yellow, Red, Blue, Green, Pink and White. Call for sizes.

The R. Duck Company
650 Ward Dr., Ste. H
Santa Barbara, CA 93111
Call our toll free number:
1(800)422-DUCK

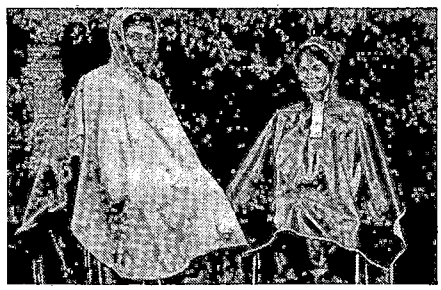
Circle No. 145

the only people doing disabled clothing," Sawyer said. "But when we found out we had to meet everyone's individual designing needs, it began to become too difficult and too expensive."

Today the duo has altered their original idea, and arrived at an approach that is more limited, but also more realistic. Sawyer and her partner locate manufacturers who are already producing suitable clothing for disabled people, and act as entrepreneurs by offering them through their Laurel Designs Catalog. These items were not intended for disabled consumers, but they all offer easy access through the use of drawstrings or elastic.

Laurel designs continues to offer its most popular item designed by Montoya—a medium weight vinyl, reversible rain poncho. It is available in four color combinations. The ponchos have a two-snap neck closure, armhole snaps, and a hood.

Wishing Wells Collections, Inc. was founded by Dawn Wells, who played Mary-Ann on the "Gilligan's Island" series. Whenever a friend or a family member became ill, Wells discovered



Laurel Designs

how difficult it was for some people to dress. Then a few years ago she was involved in a play that utilized "quick change" clothing, and she hit on the idea to use her knowledge of theatrical "quick change" costumes to design a clothing line for people who face the dressing dilemma.

Her market is primarily women in the 50-plus age bracket, and her line includes nightgowns, caftans, and day dresses. One nightshirt for male customers is featured in her catalog. Garments feature overlapping velcro closures in back or front, roomy armholes, extra length for sitting, pockets, comfortable, washable fabrics and bright, fashionable colors. Some of the outfits offer coordinating scarves or headbands for women who have experienced hair loss due to chemotherapy and medication. All garments come with an indelible marker and a "your name here" label for easy identification. Styles and prices vary from $40 for a candy-striped shift dress to a $112 glittery velour caftan.

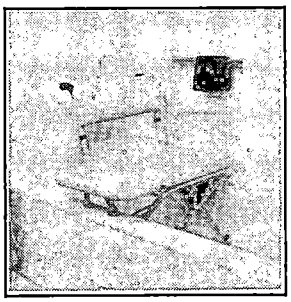
According to Janice Olsen, manager, response has been excellent for the Wishing Wells Collection and they continue to receive input from consumers through their catalog questionnaire, as well as through letters and phone calls.

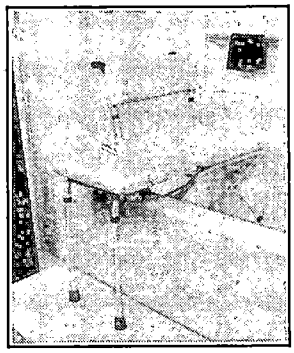


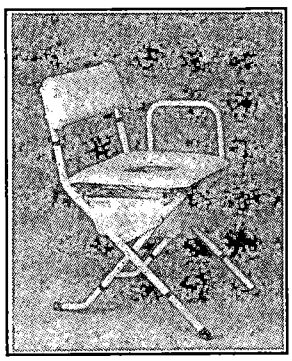
ADDA

Everest & Jennings, a longtime success in the wheelchair marketplace, entered the mail order catalog competition in January 1989 with its first issue of "Avenues" featuring clothing and accessories for men and women.

• PORTABLE
• AFFORDABLE
• COMFORTABLE
• ADAPTABLE





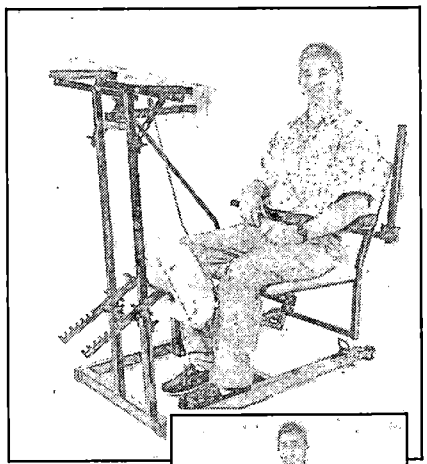


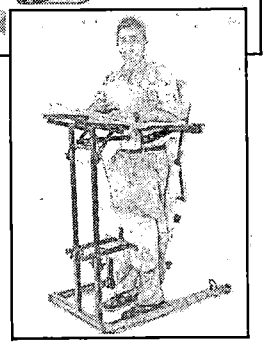
ALTimate™
Shower / Commode System

The Altimate shower/commode system is made of quality stainless steel that will not rust and is non-corrosive. It is lightweight and portable, making it an excellent choice for at home or traveling use. It is easy to fold and take apart. The modular design allows you to put together the system that you desire. Seat extension and arm components are designed for universal attachments — either right or left side.

WE MADE STANDING FAST AND SIMPLE!

- Provides all the benefits of standing; stops at any level, comfortably.
- Simply transfer to the chair; no hassle with positioning of straps.
- Designed for independent use.





EASY-STAND
a *New* easier, safer and affordable way to stand!

Check Out Our Complete Line of Folding & Rigid Wheelchairs!

For Free Informative Brochures About Our New, Exciting and Innovative Products...
Please Contact Us NOW!!

PATENTS PENDING
DEALER INQUIRIES INVITED

CALL TOLL FREE... 1-800-342-8968

ALTimate MEDICAL INC.
913 South Washington • Redwood Falls, MN 56283 • (507) 637-3331

Circle No. 104

Continuing . . .

The Chrysler Motors Physically-Challenged Assistance Program (P-CAP)



Customer Benefits:

- Cash reimbursement up to a maximum of $500.00 for adaptive driving aids or passenger aids installed on new cars, trucks or vans.*
- Physically-Challenged Resource Center information network.

*Fleet rebates are not eligible to participate.

For more information, consult your dealer representative or contact the Chrysler Motors Physically-Challenged Resource Center at **1-800-255-9877**.

CHRYSLER MOTORS

Circle No. 113

"There were a few regional manufacturers," said marketing associate Karen Leeds, "but nothing on a national basis so we filled a need with our catalog while creating a way of keeping in touch with our customers."

Avenues' latest Summer catalog focuses on travel and includes colorful sporty outfits, career clothes and dressier fashions for men and women. Travel accessories and small appliances are also featured along with packs, ramps and designer wheelchair upholstery.

All Avenues' models are disabled, and the summer issue highlights the fashions of Hollynn Fuller Boies' "Mix-Hers" fashion collections. Boies is the designer and owner of PIRCA and has 22 years of wheelchair mobility.

Avenues tests the pulse of the disabled consumer through its catalog questionnaire, and says it receives hundreds of replies each month.

Its fall catalog promises larger men's sizes, smaller women's sizes, and more packs and accessories. Next year Avenues plans to expand its clothing line to include children.

When JCPenney decided to offer adapted clothing in its March 1990 "Easy Dressing" Catalog it decided to take a different approach. The firm chose to emphasize fashion first, rather than the adaptations for disabled consumers. And according to Howard Nash, marketing programming specialist, everything in the fall "Easy Dressing" catalog will have a counterpart in the regular catalog line. "If two women were to stand side by side with these fashions you couldn't tell which one was wearing the adapted outfit," he said, "these fashions are not primarily designed for the wheelchair user.

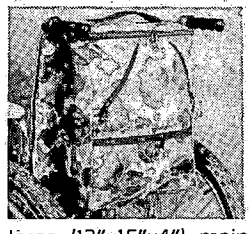


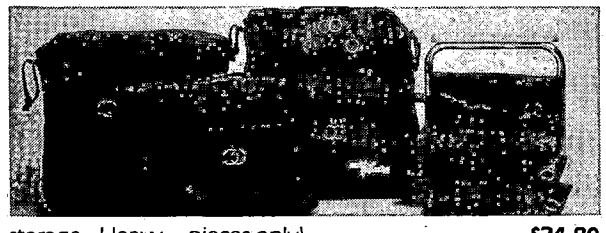
JCPenney

Its market is primarily focused on the 40-plus woman who wants to be socially active, but doesn't want to be constrained by apparel options. Buttons are only for show. Instead Hidden Wavelok VELCRO brand fasteners are used to securely and comfortably close its Easy Dressing Fashions. Other convenience features include: roomier armholes for easy of access, pull-up loops inside waistbands, front openings only, (no back zippers or buttons), partial or full elastic waistbands. According to JCPenney, Easy Dressing Fashions offer the latest in-season styles, sizes 10-20, in fabrics and colors—with quality detailing—at fair prices. It is too early to gauge consumer response, and until the "Easy Dressing" project becomes a proven concept for women it won't be expanded to include men or children.

MULEPACKS

A Sizzling Selection of Style and Color





We named them MulePacks because we made them strong and stubborn. Durex's expanded line of wheelchair bags are made with heavy duty seams and straps that won't pull out. Offered in a rainbow of new colors — Black, Navy, Light Blue, Spring Camo, Silver, Khaki, Red, and Maroon — there's a MulePack that's right for you.

MulePack — Our original wheelchair backpack, now upgraded to include all eight great colors. Fits all chairs. It is made of urethane coated nylon pack cloth with YKK zippers. Corner loops for chairs with push handles. It's strong and large (13"×15"×5½"). **$24.60**

MulePack II — Our top-of-the-line wheelchair bag designed especially for wheelchair use. Removable handle ties. Shoulder straps can be used as calf supports. Tethers prevent pack-swing. Wallet and key pouch, envelope pocket, and large (13"×15"×4") main storage. Heavy nylon polywebbing, and dynamite design make MulePack II a great NEW choice. **$39.60**

Mini-Mule — Designed to fit electric wheelchairs or under the seat. Large main compartment (13"×9"×4") with envelope pocket for additional storage. **$24.60**

Slip Covers — Fit over your old upholstery to match your MulePack (rectangular pieces only). **$24.80**

Ditty-Bags — Three storage bags to help compartmentalize your personal articles. Sizes: 11"×10"; 9"×8"; and 7½"×6½" **$13.60**

Side Pouch — Great for keys and wallets. Clips to the clothing guard under the armrest. **$9.60**

Ordering Information —

Please specify: the product, the color and the price. To order, and for free color catalog write or call DUREX, 121 Haven Ridge, Peachtree City, GA 30269, (404) 487-3210. Visa and Mastercard accepted. GA residents add 5% sales tax.

Durex CORPORATION

Circle No. 119

The School of Fashion Design in Alhambra, Calif. was founded by Angie Levy six years ago to teach developmentally disabled people the art of sewing. Levy, who is a fashion designer herself, has a developmentally disabled son. While serving on the board of directors of the Department of Developmental Services in Los Angeles, she thought there was a need for such training and sent a proposal to officials at the East Los Angeles Regional Center. They agreed to her funding through the Department of Developmental Services, and her school was opened.

Her Alhambra class numbers 35, and her Pomona class includes 25 students. Response to her quilts, bears and baby gifts has been excellent according to Levy, who notes that the school, which is opened to the public, offers a boutique where customers can buy and order her students' creations. There are plans to start a mail order catalog soon. All money earned from sewing projects goes to the student. Students are active in fundraising and are actively pursuing their dream to do a fashion show in Washington, D.C.,



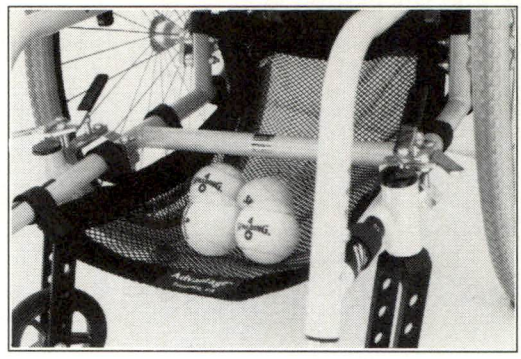
Wishing Wells Collections

and tour the nation's Capitol. The class finale this fall will feature a fashion show of the students' bridal and formal gowns. ■

Marti Gacioch is a free-lance writer and wheelchair user. She has been involved with the Independent Living Movement for over a decade.

CARRY IT BETTER WITH ADVANTAGE BAGS!

- Bags for Wheelchairs, Walkers and Crutches
- Functionality
- Highest Quality
- Superb Construction

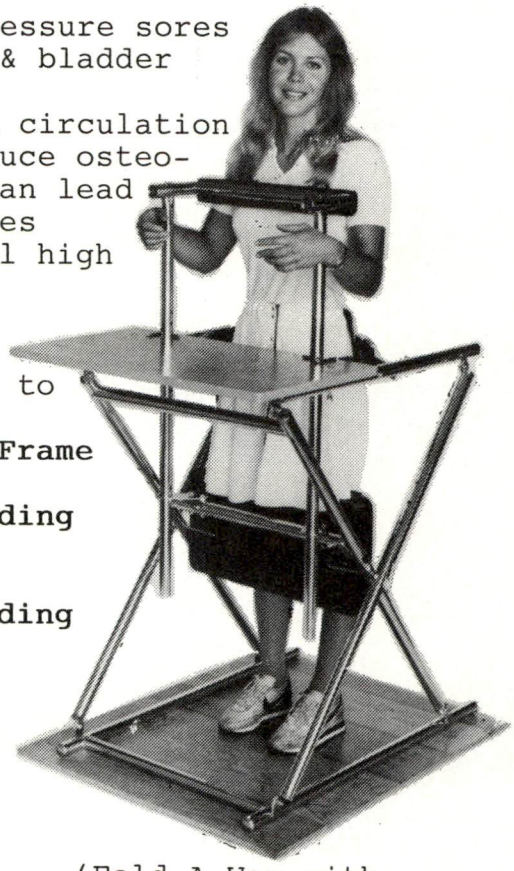


Advantage Bag Company
22633 Ellinwood Drive
Torrance, CA 90505
(213) 540-8197

Circle No. 103

BLATNIK STANDING FRAMES...
for your physical and mental health

STANDING...
- helps reduce pressure sores
- reduces kidney & bladder infections
- increases blood circulation
- may help to reduce osteoporosis which can lead to bone fractures
- brings emotional high



Three basic models to choose from...
- **Rigid Standing Frame**
- **Fold-A-Way Standing Frame**
- **Power-Lift Standing Frame**

(Fold-A-Way with Axillary shown)

YOU DESERVE A FRAME THAT IS GOING TO LAST!

BLATNIK ENTERPRISES, INC.
P.O. BOX 753 (714)685-0204
MIRA LOMA CA 91752

Circle No. 108

Estate Planning for the Disabled counsels and assists families of disabled persons in developing comprehensive life plans including all wills, special needs trusts, guardianships, advocacy, balancing private and government benefits, etc. at the lowest possible cost. This unique national network of skilled and experienced local attorneys and financial planners offer a free initial interview to determine your needs and free group seminars for parents. There are offices nationwide. **Estate Planning for the Disabled** will help families locate a suitable guardianship and master trust program, however, it does not provide these services directly.

Estate Planning for the Disabled

For a Free Brochure and the address of your local office, please contact:
Richard W. Fee, Executive Director
Estate Planning for the Disabled
955 W. Center Avenue, Suite 12
Manteca, California 95336
1-800-448-1071

Circle No. 123



Owned & Operated by
T-1 Para

BLUE SPRUCE LODGE & GUEST RANCH
451 Marten Creek Road
Trout Creek, Montana 59874
(406) 827-4762

Blue Spruce Lodge and Guest Ranch is a totally wheelchair accessible recreation facility, offering a unique adventure for both physically challenged and able-bodied.

Big Game & Bird Hunting	Snowmobiling
Trout Fishing	Sit-Skiing/Sledding
Winter Ice Fishing	Boating/Water Sports
Lawn Sports	River Rafting
Cross Country Skiing	Amphibious All
Country Style Meals	Terrain Vehicles

Archery/Air Pistol/Rifle Range
Special arrangements can be made for guides & outfitting

Circle No. 109

Be More Independent with Wheelchair Hoist

- Installs easily
- Electronic Hand Controls
- Lifts and Folds Wheelchair into Vehicle



U.S. Patent No. 4,281,958
Canada Patent No. 1,143,702

Bayview Manufacturing Inc.
5001 Coventry, Royal Oak, MI 48073

Circle No. 107

The Comfort Lift Wheelchair
Picks up where other wheelchairs leave off.

- *A wheelchair, but much more*
- *Be handled with dignity*
- *Can be used with a conventional hoist or*
- *When used with the* **Comfort Lift Hoist**, *physical handling is cut to a minimum*

Comfort Lift Corp.
714 Madison Box 606
Remsen, IA 51050
1-712-786-2097

Circle No. 115

Marketplace '90

Sew Special



Sew Special by ADDA allows a person to operate a sewing machine by squeezing a small pillow charged with slight air pressure that controls the machine. The pillow is usually placed under the arm of the operator. It can be used under the chin or beside the operator, being squeezed against the arm of the chair.

Sew Special comes with an attractive cloth harness with velcro closures. It can be placed anywhere the operator can squeeze it comfortably, leaving both hands free to handle the fabric.

The pillow and harness weigh only a few ounces. The heavier part of the aparatus, containing the electrical parts, is placed on the floor. (See ad on page 22.)

Cover Up



Chair Jacket Company offers a "jacket" for wheelchairs. Made of a foam material nearly a half-inch thick and covered with nylon, the Chair Jacket is designed to reduce the possibility of damage during air travel and protect the inside of your car from stains or tears from the chair. Polyurethane coating protects against weather if you carry your chair on the back or top of your car. The Chair Jacket completely encloses the chair.

Clean Sweep



Vector Products introduces an 18-ounce aerosol foam surface cleaner that disinfects and deodorizes in one step. It is for use on virtually all healthcare surfaces-wheelchairs, bath chairs, rails, ramps, tile, porcelain, stainless steel.

Work Stations



PosturMate, Inc. introduces the electronic Variable Height Desk, with an adjustable work surface from 26 inches to 47 inches for seated or standing work. Height variation is controlled by an electronic toggle switch; a phone jack is available that accepts other switching devices. Standard features include: computer compatibility, 6-outlet surge protector, telephone and modem connectors built-in. Optional power slant board is available. The desk is made of wood.

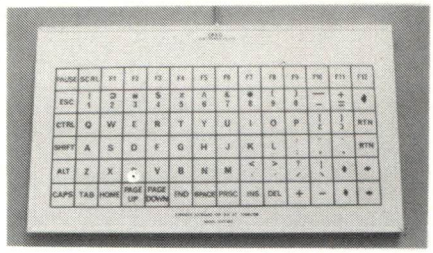
Cleaning Up



Swiss Leisure Products offers the Elysee bath, which has a self-sealing automatic sliding door enabling easy entry and exit. The unit has only one operation button. Heavy-guage steel is used for the bathtub support base, while the tub body is made of Kevlar. A micro-processor, relays and switches are used to maintain uniform operation of all tub functions. Other features include anti-overflow drain and water detection sensors to restrict opening of the door until the tub is completely drained. ■

Information in MAINSTREAM is provided as a guide to product availability. We do not have the staff to test or evaluate products or services described in the magazine. MAINSTREAM can assume no responsibility for product safety, quality or reliability.

EXPANDED KEYBOARDS



For Teaching Aids and all Computers

- 1.5 Inch Square Keys and Waterproof Cover
- One Finger Operation, Keyguard Available
- Adjustable Delay Before a Keypress is Accepted
- Adjustable Delay Before a Key Repeats
- Adjustable Repeat Rate
- Plugs into the Keyboard Socket
- 100 % Compatability with ALL Programs
- No Additional Hardware or Software is Required

EKEG Electronics Co. Ltd.
P.O. Box 46199, Station G, Vancouver, B.C., Canada V6R 4G5
Phone: (604) 273-4358 • Fax: 9604) 273-1148
Please write, phone or fax for our free catalog of these and other learning aids.

Circle No. 120

Check us out!

✓ *LOWEST PRICES*
✓ *FASTEST SERVICE*

We will beat nationally advertised prices on wheelchairs, medical equipment or supplies. All major brands represented. Advertised or not, we'll give you a great price and fast service! We want your business, and we'll work hard to keep it. Just Call TOLL-FREE

1(800)241-4636

BARD
CONVATEC
EVEREST & JENNINGS
GUARDIAN
HOLLISTER
HOYER
INVACARE
KUSCHALL
JAY
JOBST
LUMEX
MENTOR
MMG
QUICKIE
ROHO
RUSCH
SHERWOOD
SWEEN
UNITED
UROCARE
3M

Walton Way MEDICAL

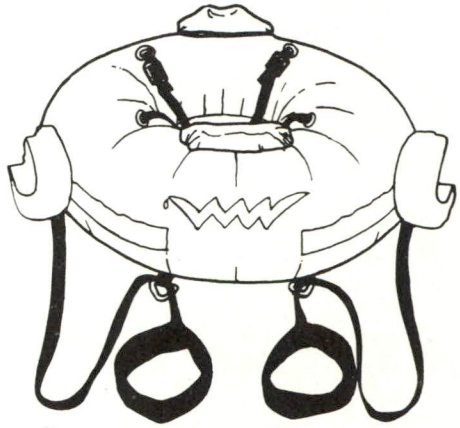
948 Walton Way—Augusta, GA. 30901

Free Catalog Call Today!

Circle No. 157

Introducing . . . the Water Walker!

A versatile support system that provides independence in an aquatic environment for persons with special needs.



For more information contact:
Aquatic Therapy
123 Haymac
Kalamazoo, MI 49004
616-349-9049

Circle No. 105

INFORMATION PLEASE!

For more information on products/services appearing in this issue, circle the number in front of the company's name.

ADVERTISERS

Circle		Page
101	Able Connections	37
102	ADDA	22
103	Advantage	43
104	ALTimate Medical	40
105	Aquatic Therapy	45
106	Barrier Free Vacation Rentals	31
107	Bayview Manufacturing	44
108	Blatnik Enterprises	43
109	Blue Spruce Lodge	44
110	Braun Corp.	38
111	Captain Hook's Cove	37
112	Care Concepts	16
113	Chrysler Motors	41
114	City of San Diego	18
115	Comfort Lift Corp.	44
116	Courage Center	22
117	Denny's	37
118	Dragon Systems	8
119	Durex	42
120	EKEG Electronics	45
121	Electric Mobility Corp.	19
122	EPPE/Better Way	18
123	Estate Planning for the Disabled	44
124	GameTime, Inc.	48
125	Gresham Driving Aids	23
126	Harris Communications	18
127	IDC Medical Equipment	32
128	Jimmy's System	9
129	Kenduskeag Evaluation	5
130	Ken McRight Supplies	14
131	Lazy Days R.V. Center	6
132	Luminaud, Inc.	30,31
133	McLain Cycle Products	30
134	MedNet	20
135	New Era Transportation	30
136	N/R Laboratories	36
137	Ovrus Products	9
138	Park Avenue Press	17
139	Permobil	19
140	Petrofsky—Allied Centers	13
141	Pilot Luggage	37
142	Positron	12
143	Prime Engineering	35
144	RCW Productions	26
145	R. Duck Company	39
146	R.D. Equipment	22
147	RETEC USA	24
148	St. Mary Medical Center	17
149	San Diego Transit	28
150	Sears Health Care	5
151	Stand Aid of Iowa	21
152	Street Eaters	33
153	Teledyne Ryan	9
154	Touch Turner	37
155	TUB-MASTER	2
156	U.C.S.D.	47
157	Walton Way Medical	45
158	Wheelers' Van Rentals	9
159	White Fence Inn	39
160	Williams Connection	17
161	Willow Pond Tools	18
162	Winsford Products	31
	Xandria Collection	20

FASHION

Circle	
202	E & J Avenues
203	J.C. Penney
204	Laurel Designs
205	School of Fashion Design
206	Wishing Wells Collections

STANDING FRAMES/STANDUP WHEELCHAIRS

Circle	
301	Advanced Technology Corp.
302	ALTimate Medical
303	Blatnik Enterprises
304	Faith Manufacturing
305	IDC Medical Equipment
306	IMEX Healthcare
307	Jesana Ltd.
308	LEVO USA
309	Luconex
310	Maddak Inc.
311	Prime Engineering
312	Retec USA
313	Stand Aid of Iowa

MARKETPLACE '90

Circle	
401	ADDA/Sew Special
402	Chair Jacket Company
403	PosturMate, Inc.
404	Swiss Leisure Products
405	Vector Products

Can we help you find any other products or services? _____

_____

☐ Enter my subscription to MAINSTREAM and bill me $16.98 for one year.

Tell us where to send it:

Name _____

Address _____

City _____ State _____ Zip _____

Phone ( ) _____

Expires 8/91

SEND TO:

Reader's Service 0990
MAINSTREAM
P.O. Box 370598
San Diego, CA
92137-0598

REAL ESTATE

GREELEY HILL, YOSEMITE 50 miles away, 2 flat wooded acres, 3 bedroom stucco home, completely handicapped accessible, 3 car garage, sattellite dish. $85,000 by owner. (503) 842-7999.

SAN FERNANDO VALLEY, LOS ANGELES. 3 Bedroom/2 Bath home plus separate guest-house with Intercom system. Completely handicapped accessible. $595,000. Agent. S. Kaplan (213) 820-1551.

WHEELCHAIR ACCESSIBLE CONDO!! Stringent VA Approved. 2bd/2ba 850 sq.ft. Chula Vista, California. (619) 691-0110.

NEW WHEELCHAIR HOMES, Colorado Spings Colorado. Under $75,000 fully sodded. 3 Bedroom/2 Bath, 2 Car/Van sized garage, roll in shower, VA/FHA approved. Call ACCESS HOMES, A REAL ESTATE COMPANY. (719) 685-9728.

WHEELCHAIR HOME North Orange County, Southern California. Pool, 2150 sq ft., 2 Bedroom plus master suite, 2½ Baths, attached 2-Car garage. Available February 1991. Contact: Dean Brown, 2143 Tynes Drive, Placentia, CA 92670, or call: 714-773-8242, 714-524-0435.

VANS AND DRIVING AIDS

TOP QUALITY VAN CONVERSIONS. New vans, used vans in stock. Lifts, driving equipment, custom interiors, etc. Delivery available. FORWARD MOTIONS INC., 214 Valley Street, Dayton, OH 45404. (513) 222-5001.

CUSTOM MADE HAND CONTROLS, 36 years experience, V.A. approved. Kroepke Kontrols, Inc., 104 Hawkins Street, Bronx, New York 10464.

CUSTOM VAN CONVERSIONS. New and used. Complete line of wheelchair lifts, driving aids, accessories & interiors. NOR-CAL MOBILITY, 1300 Nord Avenue, Chico CA 95926. (916) 893-1111.

1984 FORD VAN Fully equipped with Golden Boy wheelchair lift. Electric door, windows and brakes. 4 speed automatic/twin tanks. $7,500. (619) 281-0922.

All Wheel Rentals & Leasing. Wheelchair lift equipped vans for rental in Dallas, TX, Airport Pick-Up. (214) 526-8496.

1985 FORD VAN with lift. 150 Fully Equipped. $11,000. (619) 294-6596.

1990 CHEVY ASTRO CL VAN. Fully equipped with extended Ricon lift. 1,500 miles, white with blue interior. William Budd, (415) 652-1466. $24,995.00.

1975 PLYMOUTH VAN. Hand controls, power doors, Ricon rear lift, 8" bubble top, air, two tie downs. 71,000 miles, good condition, $4,900.00 cash. Original owner, (619) 698-2991, San Diego.

GOLDEN BOY VAN LIFT complete with extras, $1,200.00. Call for details (619) 466-8629.

EQUIPMENT

FREE CATALOG, Free Home Delivery, discreet packing, low prices. National Incontinent Supplies. 1-800-228-8718.

FREE CATALOG of Adaptive Recreation Equipment. Write to: Access to Recreation, P.O. Box 5072-430, Thousand Oaks, CA 91362. 1-800-634-4351.

"RAYMO"—Wheelchair Activity Trays. Walker Trays. Ask your dealer!

Cash paid for non-working Motorette portable power units. Must be complete. Serendipity Engineering, (213) 598-3363.

Discount urological supplies. Most major brands. Call 1-800-633-2139.

Transfer from wheelchair, bed or commode easier and quicker with the **EasyPivot Transfer Machine.** Call 1-800-747-7967, Rand-Scot, Inc.,401 Linden Center Drive, Fort Collins, CO 80524.

TIRED OF PAYING RETAIL??

Discounts to 50% on over 500 brands of medical equipment and supplies. Factory sealed cartons shipped direct to you. For price quotes on any medical product or **FREE BROCHURE,** call American Discount Medical, 1-800-877-9100.

FREE CATALOG! Tools for Independent Living. Eating utensils, spring-back scissors, button-zipper pulls. Helping Hands, Box 3000, Suite 294, Taylors, SC 29687. (803) 268-5957.

NEW AND USED three-wheel scooters, wheelchairs, trunk lifts for sale. Medicare and private insurance assistance available. California Mobility, 727 W. San Marcos Blvd., San Marcos, CA. (619) 471-4545.

FREE CATALOG—Catheters, Leg Bags, Undergarments, Etc. Bindewald Urological, 33-M Eastgate Village Taylors, S.C. 29687 (803) 268-6044.

PERSONALS

HANDICAP INTRODUCTIONS ("HI!") , Americas oldest and LARGEST handicap dating service, is a low cost, nationwide network of handicapped and non-disabled for friendship, romance, and an active social life. Write Box 232, Coopersburg, PA 18036, or call (215) 282-1577 for free information.

ABLE-TOGETHER is a worldwide, coded, personal correspondence organization of disabled gay men and women. Info: POB 931028, LA, CA 90093.

Hottest! Newest! Social & Correspondence Club "Disables Connection". Nationwide Membership. Free Information: Box 12097, Santa Ana, CA 92712. (714) 857-6927.

PLEASE HELP!! Need PARAPLEGIC HUSBANDS and NON-DISABLED WIVES for doctoral dissertation study. Participation by mail/no personal contact. Anonymous and confidential. Call collect: (213) 214-1840. Thank you.

MATES! DATES! FRIENDS! International Personals, disabled/nondisabled. SASE to PEOPLENET, Box 897, Levittown, NY 11756.

SERVICES

MAUI ACCESSIBLE VACATIONS through OVER THE RAINBOW, 186 Mehani, Kehei, HI 96753, (808) 874-7373.

FINANCIAL SECURITY AND INDEPENDENCE. Success can be fun and easy with the right product. Recorded message 800-843-8655.

EDUCATION

FULLY APPROVED University Degrees! Economical home study for Bachelor's, Master's, Ph.D., fully approved by California State Department of Education. Prestigious faculty counsels for independent study and life experience credits (5,000 enrolled students, 400 faculty). Free information—Richard Crews, M.D. (Harvard), President, Columbia Pacific University, Department 3K29, 1415 Third Street, San Rafael, CA 94901. Toll free: (800) 227-0119; California: (800) 552-5522; or (415) 459-1650.

EMPLOYMENT

ATTENTION: GOVERNMENT JOBS—YOUR AREA! $17,840—$69,485. Call (1) 602-838-8885, Ext. R-9248.

ATTENTION: EARN MONEY READING BOOKS! $32,000/year potential. Details. (1) 602-838-8885 Ext. BK-9248.

Outside Sales—A sales and design oriented individual desired for the sale of cabinetry for the disabled. Commission only. Must have own transportation. San Diego territory. Send resume and cover letter to: Ability Kitchens & Bath, Inc. 130 S. Cedros, Suite E, Solana Beach, CA 92075. Attention: Bill Stewart.

UNIVERSITY OF CALIFORNIA, SAN DIEGO

SHARE OUR FUTURE

As one of the nation's leading Universities, we are committed to work force diversity and are actively recruiting minorities, women and the handicapped to join us in fulfilling our research, education and public service mission. We offer career opportunities in a variety of areas including management, administration, engineering, health care, information systems and clerical.

SHARE OUR FUTURE and receive a competitive salary, excellent benefits and promotional opportunities, while working in a beautiful and dynamic environment.

Send your resume or call: **Mr. Joseph A. Cordero, Outreach Recruiter, University of California, San Diego, Personnel Dept., S-022, La Jolla, CA 92093, 619/534-4130, FAX 619/534-6837.** An Affirmative Action/Equal Opportunity Employer.

UCSD

Circle No. 156

Fun For All.

Introducing GameTime's Play Unlimited™ Program

At GameTime, we know there's never been a child who didn't love to play. Unfortunately, we also know there's never been a play area that could challenge the special play potential *every* child has—whether able-bodied or physically, mentally, or emotionally challenged.

But we're here to change all that.

GameTime proudly introduces the Play Unlimited Program. A program designed so that the special potential of all children could be challenged on the same play system.



Play Unlimited Adapta-Bench™



Play Unlimited Rainbow Arch

In cooperation with Challenges Unlimited, Inc.—a nationally-recognized, non-profit Massachusetts company specializing in the design and creation of barrier-free play environments that are truly fun for all—the Play Unlimited Program helps schools, parks and recreation departments, and municipalities develop play areas that exercise *every* child's growth potential. Much more than just added on ramps, these play environments combine totally accessible designs with the latest innovations in physical, psychological, therapeutic and emotional play.

Plus, GameTime's Play Unlimited Program complies in full with the recent Civil Rights Restoration Act requiring that any entity receiving federal monies be 100% accessible to handicapped citizens. So, fun for all means funds for all, as well.

But then, that's what you've come to expect from GameTime. For over 60 years, we've been designing, developing and testing the most innovative, most reliable, most durable play areas in the industry. Equipment good enough to receive the prestigious GS Safety Mark, the international standard of quality in play equipment. Equipment we back with 10-year warranties.

Because, at GameTime, we think everybody should be in on the fun.

For more information contact your GameTime representative. Or write GameTime, Inc., Box 121, Fort Payne, AL 35967. Or call 205/845-5610, telex 782-534, FAX 205/845-2649.

©1990 GameTime Inc.

GameTime®

Circle No. 124