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Collection/Office of Origin: Frieden, Lex, Collection

Series: Related Materials

Subseries: Conferences

OA/ID Number: 52078

Folder ID Number: 52078-001

Folder Title:

Committees and Presentations 1988

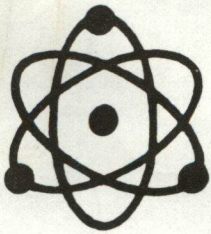
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**HARRIS COUNTY COMMITTEE FOR THE
EMPLOYMENT of DISABLED PERSONS**

**P.O. BOX 1390
HOUSTON, TEXAS 77251**



September 1, 1988

Mr. Lex Frieden
7319 Brompton, #115B
Houston, Texas 77025

Dear Mr. Frieden:

It is my pleasure to inform you that The Business Advisory Council has been selected by the Harris County Committee for the Employment of Disabled Persons (HCCEDP) to receive the **Group Citation for Meritorious Service**. Nominations for the Citation for Meritorious Service award were solicited by the Committee from over 150 companies and service agencies. Dr. William A. Spencer, Chairman, Department of Rehabilitation, Baylor College of Medicine responded by nominating you for this award.

The award will be presented during the Committee's Annual Awards luncheon at the Crowne Plaza-Holiday Inn in Houston, on October 18, 1988 at 11:30 a.m. You and the Council are asked to be present at the American General Life Building at 2727 Allen Parkway on September 9 at 2 p.m. to be photographed for advance publicity associated with the award. Please enter the West Dallas door and see the receptionist. Pictures will be taken in PLO-1 (1st Floor). Please advise us at this time if you will be bringing guests to the luncheon.

Thank you for your efforts which have advanced the cause of persons with disabilities. Please contact me at 630-3201 if you have any questions.

Sincerely,

Jean O. Ward
HCCEDP Awards Committee

MC: William A. Spencer, M.D.
Chairman and Professor
Department of Rehabilitation
Baylor College of Medicine

August 8, 1988

PUBLIC RELATIONS:		AUG 26 1988	
NAME	FILE	BY	FILE
ADAMS			
BRASEL			
GILLIAM			
MAPLES			
SALINAS			
DELGADO			
YOUNG			
BROWN			
Date Copies Sent		By	File
8-29		C	

Ms. Judy Comfort
Luncheon Committee Chairperson
Harris County Committee for the
Employment of Disabled Persons
c/o Southwestern Bell
P.O. Box 1530
3100 Main, Room 1216
Houston, Texas 77251

Dear Ms. Comfort:

It is with great pleasure that I nominate Lex Frieden for the citation for Meritorious Service. Mr. Frieden has achieved national recognition as one of our country's most outstanding leaders in the independent living movement and as an influential advocate of disability rights.

Mr. Frieden is the former executive director of the National Council on the Handicapped in Washington, D.C. He resigned that position in May of this year to become executive director of The Institute for Rehabilitation and Research Foundation in Houston. He is also assistant professor of rehabilitation at Baylor College of Medicine.

President Reagan appointed Mr. Frieden to head the National Council in 1984. Along with 15 Council members, he reviewed all laws, policies and programs affecting people with disabilities and made recommendations to the President and Congress.

During his four years in Washington, Mr. Frieden worked to re-direct the focus of disability-related laws from a dependence-orientation to laws that help the disabled person achieve control of their lives, and independence and employment in the community. He was able to initiate numerous pieces of progressive legislation promoting independence and inclusion in the community for the disabled person. He published two major presidential reports dealing with present and future legislative needs, based upon extensive analysis of public and private programs affecting the lives of people with disabilities.

He and the Council were active in the passage, earlier this year, of the Civil Rights Restoration Act. This law reinstates Section 504 of the Rehabilitation Act of 1973 which mandates that all organizations, companies, etc., receiving federal funds must

Meertorius - Individual
file



BAYLOR
COLLEGE OF
MEDICINE

Department of
Rehabilitation
Office of the Chairman
(713) 790-9121

5100 Travis
Houston, Texas 77002

Ms. Judy Comfort
August 8, 1988
Page 2

be accessible to people with disabilities. Section 504 had been all but demolished by a Supreme Court decision involving a university which, in effect, said that only the department receiving federal money had to be accessible and not the entire organization.

Mr. Frieden was responsible for the creation of the American Disabilities Act, now before Congress, which requires that all of society be accessible to people with disabilities. He and the Council were responsible for an infant education act, which is now law, and other legislation. Under his leadership, the Council was instrumental in passing many laws benefiting people with disabilities such as the recent Fair Housing Act.

While in Washington, he received many citations for his work, including two from President Reagan.

A quadriplegic since college, Mr. Frieden first became involved in the disability rights movement in Houston in the early 1970's as one of the founders of the Coalition for Barrier-Free Living. That consumer organization was largely responsible for getting the city to install curb ramps, handicapped parking, some accessible public transportation and other accessibility features.

During that time, he participated in a project at The Institute for Rehabilitation and Research which developed a system allowing disabled young adults needing some physical assistance to live independent of institutions and family. By living close to each other in apartment complexes, these young people, many of them college age, were able to operate and share their own attendant and transportation service. Some participants came out of nursing homes. They regained control of their lives and went back to school and work.

Mr. Frieden was a key figure in, and eventually headed, a subsequent TIRR research project which involved teaching, training and counseling people with disabilities the skills needed to live independently despite severe mobility and other physical limitations. Under his leadership, a federally funded national center for independent living research and training was established at TIRR.

He served as a consultant panel member for the United States House of Representatives' Committee on Science and Technology from 1976 through 1978. That committee was supportive of the establishment of the National Institute on Handicapped Research, NIHR, in the U.S. Department of Health and Human Services and the U.S. Department of Education. NIHR is now known as the National

Ms. Judy Comfort
August 8, 1988
Page 3

Institute on Disability and Rehabilitation Research. He prepared the background paper on Community and Residential Based Housing for the White House Conference on Handicapped Individuals in 1977.

He was honored by the U.S. Jaycees in 1983 as one of America's Ten Outstanding Young Men. Recognition of his accomplishments led to his appointment as head of the National Council on the Handicapped.

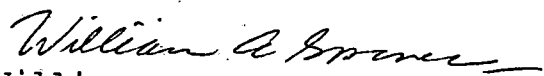
He is a co-founder of the Coalition of Texans with Disabilities, the National Council of Independent Living Programs, and Disability International - U.S.A.

A graduate of Tulsa University, Mr. Frieden has been honored as a Distinguished Alumnus. He also holds a master's degree in social psychology from the University of Houston. He has done additional graduate work in rehabilitation psychology at the University of Houston with support from an SRS doctoral fellowship, and he has been awarded a World Rehabilitation Fund Fellowship to study programs for disabled people in Europe.

As executive director of The Institute for Rehabilitation and Research Foundation, he will develop resources to support the work of The Institute and other service, research, and educational programs benefiting people with disabilities.

I have known Mr. Frieden and worked with him for almost 20 years. His efforts to achieve equality for people with disabilities in all areas of life has had and will continue to have major impact on our society as a whole. I can think of no one more deserving of the Citation for Meritorious Service.

Sincerely,



William A. Spencer, M.D.
Chairman and Professor
Department of Rehabilitation

WAS:rf

Enclosures: Lex Frieden's Curriculum vitae
Letter of Support from Les Lovell



Texas Rehabilitation Commission

" A Human Energy Agency "

VERNON M. ARRELL
Commissioner

Houston Regional Office
3600 South Gessner, Suite 220
Houston, Texas 77063-5150
(713) 977-2613

LES LOVELL
Regional Director

BOARD MEMBERS

Jerry Kane
CHAIRMAN

William C. Morrow
VICE CHAIRMAN

Ernestine Washington
SECRETARY

Emanuel Bodner
Wendell D. Faulkner, P.E.
Cutberto Garza, M.D., Ph.D.

August 19, 1988

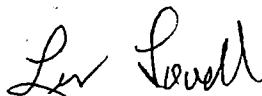
TIRR Foundation
5100 Travis
Houston, TX 77002

To Whom It May Concern:

It is with great pleasure that I write this letter of support for Mr. Lex Frieden relating to his nomination for meritorious service. Mr. Frieden has been involved with the rehabilitation community for a long period of time. During that time, he has served in a number of capacities on various advocacy groups and as Executive Director of the National Council on the Handicapped. When he participates and directs his efforts towards an objective, the results are a more effective and improved quality of life for disabled Americans. The fruits of his labors have produced improved possibilities and removed obstacles that have prevented persons with disabilities from developing their full potential. Mr. Frieden has been able to work within the governmental system and bring about significant changes and find real solutions to problems.

Because of his dedication, his commitment, his achievements, I strongly lend my support to this nomination of Mr. Frieden for this recognition.

Sincerely,



Les Lovell
Regional Director

LL:lrb



An Equal Opportunity Employer

LEX FRIEDEN

PRESENT POSITIONS:

Executive Director, TIRR Foundation (The Institute for Rehabilitation and Research); Assistant Professor of Rehabilitation, Baylor College of Medicine, Houston, Texas

Work Address: 5100 Travis, Houston, Tx. 77002

Telephone: (713) 528-0504

Home Address: 7319 Brompton #115B, Houston, Tx. 77025

Telephone: (713) 666-9482

PROFESSIONAL EXPERIENCE AND BACKGROUND:

Executive Director, National Council on the Handicapped (an independent federal agency), Washington, D.C., 1984 - 1988
Director, Independent Living Research Utilization Project, The Institute for Rehabilitation and Research, 1979 - 1984
Visiting Scholar, Human Service Administration Program, Cornell University, Summer, 1981
Research Instructor, Department of Rehabilitation, Baylor College of Medicine, 1978 - 1980
Research Director, New Options Project, The Institute for Rehabilitation and Research, 1976 - 1980

EDUCATION:

Secondary: Alva Senior High School, Oklahoma
Graduated: May, 1967 GPA: 4.0
Honors and Awards: Valedictorian; President, National Honor Society

Undergraduate: Oklahoma State University
Dates: Fall, 1967 Credits: None - dropped mid-semester due to automobile accident resulting in permanent paralysis of lower extremities
Honors and Awards: President's Scholarship; President's Council; Residence Hall Council

Northwestern Oklahoma State University
Dates: Summer, 1967, 1968 Credits: 11
Honors and Awards: Regent's Scholarship

University of Tulsa
Dates: Fall, 1968 - Spring, 1972
Graduated: December, 1971 Credits: 129
Degree: B.S. Major: Psychology GPA: 3.52
Honors and Awards: Graduated Cum Laude; Dean's Honor Roll; Psi Chi and Alpha Kappa Delta Honorary Fraternities; Outstanding Member, Alpha Phi Omega Service Fraternity

Graduate: University of Houston
Dates: Fall, 1972 - Fall, 1979 (part time)
Graduated: May, 1979 Credits: 92
Degree: M.A. Major: Social Psychology GPA: 3.65
Degree: Ph.D. (all requirements complete except
dissertation)
Honors and Awards: SRS Doctoral Fellowship

INTERNSHIPS:

Baylor College of Medicine, Department of Rehabilitation,
Research Assistant, 1972 - 1974
University of Houston, Department of Psychology, Teaching
Fellow, 1974 - 1975

CONSULTANT POSITIONS:

Consulted with 14 universities and 42 local, state, and
national organizations in 28 states on matters related to
rehabilitation and disability policy

HONORS, AWARDS, CITATIONS:

Selected Oklahoma Representative, Williamsburg International
Student Burgesses, 1967
Named Distinguished Alumnus, University of Tulsa, 1979
Received World Rehabilitation Fund International Study
Fellowship (Sweden, Netherlands), 1980
Selected one of Houston's Five Outstanding Young Men by the
Houston Jaycees and the Houston Chamber of Commerce, 1981
Honored as one of Five Outstanding Young Texans, 1982
Received Houston's Mayor's Commendation for Outstanding
Service to the Community, 1982
Awarded Commendation for Significant Contributions by the
Texas Governor's Committee on Employment of the
Handicapped, 1982
Honored as one of America's Ten Outstanding Young Men by the
U.S. Jaycees, 1983
Received Americanism Award from the Houston Junior Chamber
of Commerce for Outstanding Contributions to the
Community, 1983
Awarded Commendation for Outstanding Contributions by the
National Council on the Handicapped, 1983
Received Award of Merit from the Texas Rehabilitation
Commission for Outstanding Contributions, 1983
Received Arkansas Governor's Commendation for Distinguished
Accomplishments, 1983

Honored as one of the Outstanding Young Men of America, 1986
Awarded Eagle Commendation for Historic Contributions
by the National Council on the Handicapped, 1986
Received Performance and Merit Awards from the National
Council on the Handicapped, 1987
Received Commissioner's Distinguished Service Award from the
U.S. Rehabilitation Services Administration, 1987
Awarded Presidential Citations from Ronald Reagan for
Meritorious Service as Executive Director of the National
Council on the Handicapped, and for Distinguished Service
to the President's Committee on Employment of the
Handicapped, 1988

PROFESSIONAL ORGANIZATIONS AND POSITIONS HELD:

Director, National Commission on Rehabilitation Counselor
Certification, 1976 - 1987
Executive Committee Member, National Commission on
Rehabilitation Counselor Certification, 1981 - 1987
Legislative Ambassador, American Congress of Rehabilitation
Medicine, 1982 - 1984
Co-Chairman, National Rehabilitation Association
Commission on Environmental and Consumer Affairs,
1982 - 1984
Vice President, National Board for Rehabilitation
Certification, 1983 - 1984
Member, National Rehabilitation Association
Member, Texas Rehabilitation Association
Member, American Congress of Rehabilitation Medicine
Member, American Educational Research Association
Member, National Council on Rehabilitation Education

VOLUNTARY ORGANIZATIONS AND POSITIONS HELD:

Vice President, Tulsa Chapter, Alpha Phi Omega National
Service Fraternity, 1971 - 1972
Co-Founder, Wheelchair Independence Now, 1971
Secretary, American Coalition of Citizens with Disabilities,
1975 - 1976
Co-Founder, Coalition for Barrier Free Living, 1975
Director, Coalition for Barrier Free Living, 1975 - 1977
Co-Founder, Coalition of Texans with Disabilities, 1978
Outstanding Member, Coalition for Barrier Free Living, 1979
Executive Committee Member, Houston Center for the
Handicapped Planning Committee, 1980 - 1982
Co-Founder, National Council of Independent Living Programs,
1981
Co-Founder and Secretary, Disability International - USA,
1987

NATIONAL AND INTERNATIONAL SCIENTIFIC COMMITTEE MEMBERSHIPS:

Member, Panel on Programs to Aid the Handicapped, U.S. House of Representatives Committee on Science and Technology, 1976 - 1978
Texas Delegate, White House Conference on Handicapped Individuals, 1977
Member, National Rehabilitation Indicators Advisory Committee, 1978 - 1982
Member, Technical Assistance Program Advisory Committee, U.S. Department of Housing and Urban Development, 1979 - 1980
Member, Federal Regional Rehabilitation Training Advisory Committee, 1979 - 1983
Member, Peer Review Panel, Rehabilitation Services Administration, 1979 - 1981
Member, Prime Study Group (Independent Living), National Institute on Rehabilitation Issues, 1980
Member, Prime Study Group (Peer Counseling), National Institute on Rehabilitation Issues, 1981
Chairman, Long Range Planning Committee on Knowledge Utilization, National Institute for Rehabilitation Research, 1983

PROFESSIONAL ADVISORY COMMITTEES AND POSITIONS HELD:

Member, Arkansas Regional Continuing Education Program in Rehabilitation Advisory Committee, 1979 - 1984
Chairman, Texas Independent Living Advisory Committee, 1980 - 1982
Member, University of Arkansas Rehabilitation Counselor Training Program Advisory Committee, 1980 - 1985
Member, Editorial Advisory Board, Rehabilitation Literature, 1980 - 1987
Member, AFL-CIO Rehabilitation Advisory Committee, 1981
Member, Human Resources National Model Independent Living Center Advisory Committee, 1981 - 1984
Member, Governor's Long Range Planning Commission for Texans with Disabilities, 1982 - 1983
Member, Editorial Advisory Board, Independent Living Research and Training Center Newsletter, 1983 - Present
Member, Southern Illinois University Rehabilitation Institute National Advisory Committee, 1983 - 1985
Member, Southwest Research Institute Rehabilitation Engineering Center National Advisory Committee, 1983 - 1984

Chairman, University of Arkansas Rehabilitation Counselor
Training Program Advisory Committee, 1983 - 1984
Consulting Editor, Rural Special Education Quarterly,
1986 - present
Member, Committee on Social and Environmental Aspects of
Rehabilitation, American Congress of Rehabilitation
Medicine, 1987
Member, Editorial Advisory Board, Rehabilitation Education,
1987 - present

PUBLICATIONS AND PRESENTATIONS:

Authored or co-authored approximately 50 published
contributions to the literature of independent living,
rehabilitation, and disability policy, and presented more
than 250 lectures, programs, and seminars since 1972

MAJOR RESEARCH INTERESTS:

Rehabilitation policy development
Development of independent living programs
Evaluation of independent living programs
Personal dynamics of independence among disabled people
International rehabilitation information networking

MAJOR EDUCATIONAL INTERESTS:

Rehabilitation psychology
Rehabilitation and independent living program administration
Development of independent living programs as alternative
service delivery mechanisms

PERSONAL DATA:

Born: March 5, 1949; Alva, Oklahoma
Marital Status: Married, no children
Hobbies and other interests: Amateur radio (WB5AFW),
personal computing

August 8, 1988



**BAYLOR
COLLEGE OF
MEDICINE**

Department of
Rehabilitation
Office of the Chairman
(713) 790-9121

5100 Travis
Houston, Texas 77002

Ms. Judy Comfort
Luncheon Committee Chairperson
Harris County Committee for the
Employment of Disabled Persons
c/o Southwestern Bell
P.O. Box 1530
3100 Main, Room 1216
Houston, Texas 77251

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be accessible to people with disabilities. Section 504 had been all but demolished by a Supreme Court decision involving a university which, in effect, said that only the department receiving federal money had to be accessible and not the entire organization.

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He served as a consultant panel member for the United States House of Representatives' Committee on Science and Technology from 1976 through 1978. That committee was supportive of the establishment of the National Institute on Handicapped Research, NIHR, in the U.S. Department of Health and Human Services and the U.S. Department of Education. NIHR is now known as the National

Ms. Judy Comfort
August 8, 1988
Page 3

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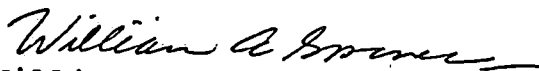
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Sincerely,



William A. Spencer, M.D.
Chairman and Professor
Department of Rehabilitation

WAS:rf

Enclosures: Lex Frieden's Curriculum vitae
Letter of Support from Les Lovell



MEMORANDUM

TO: Lex Frieden

FROM: Laurel Richards

SUBJECT: Presentation for ILRU Training Program

DATE: July 11, 1988

Enclosed is a brief description of the subject matter we would like for you to address in your presentation at our management training program for peer counseling program managers on Friday, July 22, from 9 a.m. to 11 a.m. at Holiday Inn Crowne Plaza (2222 West Loop South, Houston, Texas).

I am also enclosing for your information,

--a list of the top-ranking issues identified by center directors of gaps in the knowledge and skills which prevent center staff, board members, and consumers from assuming expanded leadership roles

--a description of the management training program and its learning objectives

--a preliminary list of conference participants

Once you have opportunity to review this material and would like to discuss particulars of what we would like to accomplish by your presentation, let me know.



UNIVERSITY OF ARKANSAS · Rehabilitation Education and Research

June 20, 1988

Mr. Lex Frieden
TIRR Foundation
1333 Moursund
Houston, Texas 77030

Dear Lex:

We greatly appreciate your acceptance of our invitation to deliver the keynote address at the Ninth Annual Region VI Conference on Independent Living. The conference will be held July 20-22, 1988 in Dallas, Texas at the Brookhollow Holiday Inn.

The preliminary agenda (see attachment) is tentatively scheduled for July 20 from 9:15 - 10:00 am. We are working to stretch that out to at least one full hour. If you have a title for your speech please let us know by July 11 so we can include it in our official printed agenda. I suppose we also need to know your new official title.

Of course we will be reimbursing all of your travel and we are working on a small honorarium.

Your participation will greatly enhance the quality of the conference and we look forward to seeing you in Dallas.

Please contact me if you have any questions.

Sincerely,

Bobby C. Simpson
Training Coordinator

BCS/lr

P.S. Sorry I missed you in Hot Springs.

The University of Arkansas Regional Rehabilitation Continuing Education Program, located at the Hot Springs Rehabilitation Center, Hot Springs, Arkansas, provides developmental, educational, and training opportunities for rehabilitation programs in Region VI (Arkansas, Texas, Oklahoma, New Mexico, and Louisiana).

Presently, RRCEP provides continuing education activities in five core program areas:

Rehabilitation Administration and Management

Vocational Rehabilitation Service Delivery

Rehabilitation of Persons With Severe Disabilities

Employment

Independent Living and Advocacy

Through a separately funded training project, RRCEP also provides continuing education programming for Region VI practitioners in Neuropsychological Assessment and Interventions for Rehabilitation psychologists in Region VI.

RRCEP utilizes a variety of approaches and formats to deliver a broad scope of services. These include: training of trainers, regional programs, agency- or organization-specific training (in state), technical assistance and consultation, and dissemination of training packages and materials.

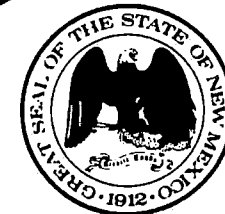
Since its establishment in 1974, RRCEP's programs have achieved major impact in Region VI by assisting rehabilitation agencies and organizations to implement program priorities, manpower development, and capacity building for providing rehabilitation services to persons with disability.

Region VI

Annual Conference on Independent Living

Co-Sponsored by
Rehabilitation Services Administration

July 20-22, 1988
Dallas, Texas



rrcep
region six

Rehabilitation Continuing Education Program
University of Arkansas
P.O. Box 1358 • Hot Springs, Arkansas 71902

**SPECIAL THANKS TO THE CONFERENCE
PLANNING COMMITTEE MEMBERS**

Paul Bowerman	Mel Fajkus
Carla Baron	Ted Thayer
Steve Brown	Jim Budde
Margaret Nosek	Linda Tonsing-Gonzales
Charles Cotten	Jerry Doyle
Thomas Carter	Bobby Simpson
Burt Pusch	Martha Bagley

**1988 ANNUAL REGION VI CONFERENCE
ON INDEPENDENT LIVING**

The University of Arkansas' Rehabilitation Continuing Education Program and the RSA Regional Office are pleased to again co-sponsor the Annual Region VI Conference on Independent Living.

The Independent Living philosophy and its emphasis on consumer control is the guiding force behind this conference as it has been planned and developed by those active in the field of independent living in our region. A planning committee, consisting of independent living center directors and others active in the independent living field, worked hard to hammer out the conference agenda. Each planning committee member was then given the task of coordinating and arranging presenters for specific sessions.

This is your conference and represents the work of many of you active in the field of independent living in our five-state region. Get involved, meet your colleagues, share information, and help our region lead the way for the rest of the nation in the rapidly growing field of independent living.

A G E N D A

1988 ANNUAL REGION VI CONFERENCE ON INDEPENDENT LIVING

Brookhollow Holiday Inn
Dallas, Texas

Wednesday, July 20, 1988

- 8:30 Registration
- 9:00 Welcome
Jerry Doyle, Rehabilitation Program Specialist
RSA Region Office
- 9:15 Keynote Address
- Introduction
Bobby Simpson, Training Coordinator Regional
Rehabilitation Continuing Education Program
- "Beyond Disability to Independence"
Lex Frieden, Professor, Baylor College of
Medicine
ILRU Research and Training Center on
Independent Living at TIRR
- 10:15 BREAK
- 10:30 The 1986 Amendments to the Rehabilitation Act
Moderator: Ted Thayer, Program Specialist,
Texas Rehabilitation Commission
Panel: Rick Phelan, Texas Rehabilitation
Commission
Alan Meyer, Coalition of Texans with Disabilities
Dan Kessler, Independent Living Center, Inc.

FOCUS GROUP MEETINGS

Wednesday, July 20

- 4:15 NCIL Regional Meeting, Charlotte Stewart,
Coordinator
- 4:15 How do we feel about our Health; A look at
Health Promoting Attitudes and Behaviors Among
Consumers of ILCs; Heather Becker, Mel Fajkus,
Coordinator

Thursday, July 21

- 2:00 Older Blind Services; A Discussion with
Dr. Douglas Inkster, Judy Scott, Coordinator
- 4:15 State IL Coordinators, Paul Bowerman,
Coordinator
- 4:15 CIL Directors, Thomas Carter, Coordinator

REMINDER

Posters and exhibits will be on display on the hotel
mezzanine, outside of the meeting rooms, from 8:30 a.m.
until 5:00 p.m. Thursday. Please take time to visit
this area and check out the exhibits.

Space is available Wednesday and Thursday for special
interest groups to meet and hold round table
discussions. If you would like to reserve the focus
group room, you may sign up at the registration table
or contact Martha Bagley or Bobby Simpson (RRCEP).

2:45 CONCURRENT SESSIONS

A. Independent Living Services for Persons with Traumatic Brain Injury and Chronic Mental Illness

William A. Cochran, Training Coordinator, Regional Rehabilitation Continuing Education Program

B. Beyond Dollars & Sense: Developing Non-Cash Resources

Moderator: Burt Pusch, Executive Director, Austin

Resource Center on Independent Living

Presenters: Jean Partain and Rose Batson, Creative Concepts

4:15 **ADJOURN**

5:00 Field Trip to Bachman Recreation Center

Friday, July 22, 1988

8:30 Psychology of Disability: "It's Not That Bad"
In this experimental workshop the audience will provide their own data anonymously and will then interpret the findings during the session.
Beatrice A. Wright, Department of Psychology, University of Kansas

10:00 **BREAK**

10:15 Issues in Sexuality
Mary Ann Board, Texas Institute for Rehabilitation Research

11:45 Wrap-up
Bobby Simpson, Training Coordinator, Regional Rehabilitation Continuing Education Program

NOON **ADJOURN**

11:45 **LUNCH**

1:00 RSA Standards for Independent Living Centers
Jim Budde, Director, Research and Training Training Center on Independent Living
Bobby Simpson, Training Coordinator, Regional Rehabilitation Continuing Education Program

2:30 **BREAK**

2:45 CONCURRENT SESSIONS

A. Title VII, Part A: Report on the National Survey Conducted by ILRU
Moderator: Mel Fajkus, Program Specialist, Texas Rehabilitation Commission

Presenters: Laurie Gerken, Director of Technical Assistance, and Margaret Nosek, Director of Research, ILRU
Research and Training Center on Independent Living at TIRR

B. Independent Living Services for Older Blind Persons

Moderator: Martha Bagley, Training Coordinator, Regional Rehabilitation Continuing Education Program

Panel: Glen Plunkett, Legislative Liaison, American Foundation for the Blind

Pat Westbrook, Executive Director, Texas Commission for the Blind
Marilyn Sanders, Oklahoma Rehabilitation Services

4:15 **ADJOURN**

5:30 **Social Hour**

Thursday, July 21, 1988

8:30 - 5:00 POSTER/BOOTH EXHIBITS
Coordinated by Jerry Doyle

9:00 CONCURRENT SESSIONS

A. Women and Disability

Moderator: Carla Baron, Albuquerque,
New Mexico

Panel: Vicki Harris, Director, Houston
Center for Independent Living
Michelle Bailey, Deaf Council of Greater
Houston

Karen Arellano-Edwards, Los Alamos, New
Mexico

Julie Clay, Washington, D.C.

Eleanor Jones, Enid, Oklahoma

B. Independent Living Skills Training for
Consumers with Hearing Impairments

Steve Boone, Research Associate, and
Virginia Johnson, Research Associate,
Research and Training Center on Deafness
and Hearing Impairment

10:15 BREAK

10:30 CONCURRENT SESSIONS

A. Rural Independent Living

Moderator: Linda Tonsing-Gonzales,
Director, New Vistas Independent Living
Center

Panel: Tom Seekins, Research Director,
Research and Training Center in Rural
Rehabilitation Services, University of
Montana

Pat Herreck, Field Services Coordinator,
New Vistas Independent Living Center

Mike Ward, Director, Oklahomans for
Independence

B. State Independent Living Councils

Moderator: Paul Bowerman, Oklahoma
Rehabilitation Services

Panel: Thomas Carter, Executive Director,
Disabled Ability Resource Environment
Mel Fajkus, Program Specialist, Texas
Commission for the Blind

Steve Brown, Program Director, Progressive
Independence

Bobby Simpson, Training Coordinator,
Regional Rehabilitation Continuing
Education

Laura Williams, New Mexico DVR

11:45 LUNCH

1:00 CONCURRENT SESSIONS

A. Recreation Activities for Persons with
Disabilities

Moderator: Charles Cotten, Executive
Director, Dallas Center for Independent
Living

Panel: Patti Shaller, DRI
Matt Rohan, Baylor University

Gail Tate, ARC

Pat Benefield, Dallas Parks and Recreation

Linda Johnstone, DCIL

B. Systems Advocacy

Moderator: Steve Brown, Program Director,
Progressive Independence

Panel: Mike Ward, Director, Oklahomans for
Independence

Doug Koehner, Program Director, New Vistas
Independent Living Center

Charlotte Stewart, DCIL

Bobby Simpson, Training Coordinator, Regional
Rehabilitation Continuing Education Program

2:30 BREAK

REHABILITATION VOICE

1988, Vol. 3

The Institute for Rehabilitation and Research

No. 1



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An in-depth look at the linkages between TIRR, Hermann Hospital, and the University of Texas Medical School.

Rehabilitation Voice is the official publication of The Institute for Rehabilitation and Research (TIRR), a comprehensive care hospital specializing in the rehabilitation of persons disabled by injury or disease. It is a magazine of many voices: the voices of the TIRR professionals as they speak of their work, their goals, and their successes; the voices of researchers, whose investigations open up new worlds of independence for the disabled person; and the voices of educators, who bring alive new ideas and techniques in rehabilitation.

Equally important are the voices of the patients, for it is they who affirm for us all that nothing can destroy the tenacious human insistence that life is good. Each patient is different; each patient is the principal player in his or her rehabilitation.

In this magazine, the voices merge into one voice, the Voice of Rehabilitation.

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The Texas Medical Center holds many links between itself and TIRR.

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Community links for head injured patients.

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Total Life Care Center features old-fashioned TLC.

TIRR Receives \$3.5 Million Grant For Spinal Cord Injury Rehabilitation Research and Training Center

The halls of TIRR are buzzing with excitement over the awarding of a \$3.5 million, 5-year research and training center grant to TIRR and Baylor College of Medicine from the National Institute on Disability and Rehabilitation Research, U. S. Department of Education.

Heading up the center is Dr. Marcus Fuhrer, vice president for research. "I'm excited because this grant will allow us to tackle some issues of major significance for persons with spinal cord injury, particularly those who completed rehabilitation several years ago and who are pursuing their lives in the community," said Dr. Fuhrer.

"The dividing line here is that the bulk of rehabilitation research has been concerned with those first two years or so after injury," Dr. Fuhrer said. "Research has virtually ignored the graduates of rehabilitation in terms of their health, psychological adjustment, and unmet needs for medical care, adaptive equipment, and financial or vocational assistance."

According to Dr. Fuhrer, an important corollary issue is that of aging with a spinal cord injury. "For the first time in history, people are surviving who have lived with spinal cord injury for 30 or 40 years. We know terribly little about the changing needs of persons with spinal cord injury as they grow older, not only in a medical sense, but also in terms of their personal adjustment, family relations, and community participation. Without that information, we cannot anticipate the services they require."

A goal for the center's research is to obtain results that can be generalized to the entire U.S. population of persons with spinal cord injury. To do that, a census will be established that hopefully contains each and every person with spinal cord injury within a 13-county area that includes Houston and Galveston. Persons invited to participate in the center's studies will be selected on a random basis from the census. "Consistent with research principles, random selection of participants will allow us to generalize our findings to the census

Persons who are interested in being part of the census should call (713) 960-1701 (collect, if long distance) or write SCI Census, 1333 Mour-sund Avenue, Houston, Texas 77030-3405.

population and, in turn, to persons with spinal cord injury throughout the country," Dr. Fuhrer said.

Various means will be employed to encourage people to become part of the census. For example, census participants will be eligible for a drawing in September to win prizes that include a microwave oven and a television. Census participants will also receive a newsletter specifically designed for them, which will detail recent innovations in health care, adaptive equipment, government programs, and legislation.

Announcements about the census will be mailed to all former TIRR patients with mailing addresses in the 13-county area. Radio and TV public service announcements will be used to reach persons who have never been to TIRR, and flyers will be posted in hospitals, doctors' offices, and medical equipment businesses throughout the area.

Individuals who call or write to become part of the census will be asked to respond to a brief questionnaire. Among other things, they will be asked to identify topics that they think should be addressed by the center's educational programs and training material.

Approximately 200 census participants will be chosen later on a random basis to participate in the center's studies. They will be called to schedule an interview in their home at a convenient time. Arrangements will also be made for them to come to TIRR for a full day of medical examinations that will include X-rays, laboratory tests, and assessment of their heart and lung functioning. Participants will be asked to return to TIRR in about ten days to learn about examination findings that may suggest actions for improving their health. All of the examinations will be free, and transportation and luncheon costs will be reimbursed. "We are doing everything possible to make this research experience rewarding for the persons who participate," said Dr. Fuhrer. "At the same time, we're calling on a great deal of the research and clinical expertise at TIRR to assure the success of these studies." **TIRR**

TIRR's Medical Center Linkages Mean Quality Care For All

The 525-acre site that is the Texas Medical Center encompasses more than thirty hospitals, schools, research centers, and institutions. It is, in fact, "the largest medical complex in the world," according to the New York Times. More important than its size, however, is the Medical Center's mission, which is to meet the health needs of mankind through non-profit patient care, research, and education.

One of the first institutions in the Texas Medical Center was Baylor College of Medicine. Designed to give its students a strong foundation in basic medical and clinical sciences, Baylor's students and residents receive much of their experience through the eight

Baylor-affiliated hospitals in the Medical Center, one of which is The Institute for Rehabilitation and Research. As a result, TIRR is able to benefit from the various disciplines the residents bring to The Institute during their rotations. TIRR also gains a diversity of expertise through its staff, which composes the faculty of Baylor's Department of Rehabilitation. One of the few departments at Baylor that is multi-specialty, the Department of Rehabilitation is multi-professional as well, involving several medical specialties, bio-engineers, rehabilitation engineers, and allied health personnel.

In addition to the natural affiliation TIRR has with the other

Baylor hospitals and facilities, TIRR has developed close ties with several major institutions in the Medical Center. Each plays a significant role in TIRR's total care philosophy.

University of Texas Speech and Hearing Institute

TIRR's increase in the number of patients with traumatic brain injury has vitally enhanced the need for the services of the Speech and Hearing Institute, since speech disability is part of the traumatic brain-injured patient's deficit. Currently, a joint committee composed of TIRR staff and SHI staff meet every six weeks to explore areas of mutual interest. In addition to aiding in speech therapy, SHI has helped TIRR better understand such problems as aspiration or swallowing difficulty, which often lead to chronic lung problems.

The Texas Medical Center – the largest and most comprehensive center of its kind in the world.



The University of Texas School of Dentistry

Similar to the SHI agreement, TIRR has an informal agreement with the University of Texas School of Dentistry to develop joint programs, and engage in other mutually beneficial activities. In the near future, the Dental School is planning to organize a training program for TIRR staff in oral hygiene for the handicapped. The School is also organizing a program at Hermann Hospital for patients who have multiple injuries, such as a broken neck and a broken jaw. With this arrangement, a dentist will be able to see the patient at Hermann, then follow him to TIRR, providing the patient both dental services and speech therapy at one time, in one place.

A second area in which TIRR and the Dental School are working in tandem is educating dental students to understand the unique

problems of the handicapped. Very few wide doors or corridors exist in a typical dentist's office, prohibiting access to the handicapped. If and when a handicapped person does arrive at the office, most dentists and staff do not have knowledge of appropriate and safe methods of transferring a paralyzed patient from a wheelchair into a dental chair. TIRR is developing programs to promote dentists' understanding of these and other problems.

Along the same lines, the Dental School research department helps the handicapped through innovations such as a combination wheelchair/dental chair. Moreover, many paraplegic and quadriplegic patients at TIRR use mouthsticks for activities such as typing and communicating via a communication board. The Dental School is greatly aiding TIRR by inventing a softer, more comfortable material for the patient's mouth.

M.D. Anderson Hospital and Tumor Institute

Beginning in 1987, TIRR became associated with M.D. Anderson Hospital through Baylor's Department of Physical Medicine. TIRR physician David Hirsh currently makes rounds at M.D. Anderson and prescribes physical therapy and occupational therapy for patients with associated physical and musculo-skeletal problems.

The cancer patients requiring more intense rehabilitation are transferred to TIRR, such as those with spinal cord injury, paralysis, or some type of brain damage. TIRR enters these patients in a brief but intense educational program. It is a shorter program than that for trauma patients, in order to give the cancer patients as much time as possible at home with their families. As with all TIRR rehabilitation programs, it is goal-oriented, positive, and designed to provide hope for the future.

University of Texas Health Science Center School of Public Health.

TIRR believes strongly in a medical institution's moral responsibility not to simply receive and treat patients, but also to become educated on how to prevent accidents resulting in catastrophic injury. To this end, TIRR is working with the University of Texas Health Science Center School of Public Health in such areas as seat belt use and prevention of diving accidents, gun shot wounds, and other debilitating injuries. TIRR also provides statistical information to the Health Science Center and has participated in public education through public service announcements.

Many other Medical Center facilities are linked to TIRR in different ways. The Institute of Religion, for example, provides residents who perform services on Sunday and pastoral counseling to TIRR patients. Perhaps one of TIRR's most important networks, however, is the trauma consortium, made up of John Sealy Hospital in Galveston, Ben Taub Hospital, Hermann Hospital, and TIRR. The purpose of the consortium is to equilibrate the quality of care between acute trauma units and the rehabilitation center. In this way, the quality of care provided to the patient remains high throughout the entire treatment process.

Both because of its manageable size and its multi-discipline format, TIRR is one of the few hospitals in the country where this network system can work. TIRR, then, is not simply a service delivery institution. It absorbs the clinical skills and research background of those institutions with which it is linked and educates them in how and what each can bring to The Institute to improve the total care of a human being. In effect, TIRR practices a completely unique method of delivering medicine.

TIRR



SHI Helps Return Communication Skills to TIRR Patients

The ability to communicate, a basic human need, is often affected by injuries such as those sustained by TIRR patients. The close working relationship between TIRR and the University of Texas Speech and Hearing Institute gives both institutions the opportunity for professional interaction and growth, with

the ultimate achievement of optimal rehabilitation services.

TIRR and SHI have had a working relationship spanning three decades. The relationship began in 1959 as a mutually beneficial agreement between the two institutions by Dr. William Spencer of TIRR and Drs. Jack and Tina

Bangs, co-directors of SHI at that time. Of note is the interdisciplinary approach taken during the rubella epidemic of 1964-1965, when the clinicians of the two institutions designed a comprehensive treatment program for children who were multi-handicapped as a result of the disease. Recent years have brought a surge of growth in the Speech-Language Pathology and Audiology services provided to TIRR patients, increasing from a caseload handled by one or two clinicians to a wide variety of communication services provided by a core group of nine clinicians.

The services provided to TIRR conform to SHI's goals of identification, evaluation, intervention, consultation, counseling, referral, prevention, education, and research. The clinicians address the communication problems of preschool and school-age children and adults, working as members of the various inpatient and outpatient treatment teams to provide services of the highest caliber to the head injury, stroke, spinal cord injury, and other neurologically impaired patients.

Evaluation of and therapy for communication disorders cover a wide spectrum, including not only how a person sounds when speaking, but also how language is understood and used, both orally and in written communication. Another area is the understanding and use of nonverbal messages, such as gestures, facial expressions, and tone of voice; still another is pragmatics, or the social conventions that govern communication, such as turn-taking and choosing appropriate topics. Patients are seen for individual therapy sessions, but



Bilingual speech pathologist Laura Morales, MA-CCC-SP works with TIRR inpatient Guadalupe Gonzalez at the UT Speech and Hearing Institute to help restore cognitive deficits.

may also participate in one of the various group sessions. Evaluation and therapy services are available in both English and Spanish.

One example of the different programs offered by SHI involves dysphagia or swallowing difficulty. This disorder is evaluated by the speech-language pathologists in conjunction with TIRR's Radiology and Occupational Therapy Departments, permitting accurate video-fluoroscopic assessment of oral, pharyngeal, and laryngeal problems which could potentially result in aspiration and eventually pneumonia. As a result, these problems may be corrected in therapy, thereby avoiding complications.

SHI's augmentative communication program has done a great deal to firm the relationship between the two institutions. This involves evaluation and therapy for patients who must use assistive devices to communicate, from simple alphabet or picture boards to more complex computerized devices. The network between the SHI clinicians and the TIRR Occupational Therapy Department enables these patients to obtain the most appropriate communication device and the most suitable position for using the device.

As part of the outpatient program, SHI provides a work trial situation for a patient selected by the treatment team. The patient is given basic office duties under the supervision of SHI's office manager.

SHI also provides TIRR with complete audiological services in both English and Spanish, including screening, comprehensive evaluation, hearing aid evaluation and selection, and aural rehabilitation.

TIRR's link with SHI is further strengthened by their mutual association with Hermann Hospital. Because the speech-language pathology services at Hermann are also provided by SHI, a smooth transition is ensured when patients are transferred from Hermann's acute care section to TIRR.



Community Resources for TIRR Children



Dr. Barry Bowser (right) and Gail Lenehan of the Muscular Dystrophy Association check patient Paul LeBlanc for muscle tone. The clinic provides services to children as well as adult patients.

Working in concert with TIRR's social work office is the Comprehensive Pediatric Rehabilitation Program, headed by Dr. Barry Bowser, who is board certified in both pediatrics and physical medicine. With his team of physical, occupational, speech, and recreation therapists, nurse, and social worker, Dr. Bowser helps young TIRR patients and their parents learn about the programs and services available to them in the community.

Founded in 1946 as the Cerebral Palsy Treatment Center, the Children's Center for Developmental Therapy has continuously served persons with cerebral palsy and other developmental disabilities in the metropolitan Houston area. The services offered by the Center include physical therapy, occupational therapy, speech therapy, social work, special education, and medical consultation. Parents and other family members participate fully in the treatments to gain a clearer understanding of the child's condition and learn successful management of the child at home to minimize effects of the motor-handicapping condition.

Another program beneficial to

children who are TIRR patients is the Harris County Department of Education Special Services. It was developed in the latter part of the 1970s in response to Public Law 94-142, which mandated the mainstreaming of disabled children into the Houston Independent School District. Although some schools in HISD have implemented their own programs, the Department serves a useful function to school districts in Harris County by providing physical therapy, occupational therapy, psychological testing, special education, and transportation services.

TIRR and Dr. Bowser work with the various services to help integrate the child into the school program, sensitizing the school to each child's needs, such as problems with walking or the availability of private places for doing self-catheterization.

Under the supervision of TIRR President Dr. Carter, the Muscular Dystrophy Association has been associated with TIRR since the 1950s. A non-profit service agency, the Association conducts one of its three MD-sponsored clinics at TIRR on a weekly basis.



TIRR's Community Links For Head Injured Patients

Peggy Kanellos directs a multidisciplinary outpatient service called The Challenge Program to help head injured patients. After the head injured patient has completed hospitalization, many problems continue to impair his ability to communicate, to participate in everyday activities, to work or go to school, and especially to achieve meaningful life goals. He may still get lost at times or may not remember what happened yesterday or even a half hour ago. At home, fixing lunch for himself or his family, he may forget the stove is on.

The multidisciplinary program was created to augment the re-

cuperative process through occupational therapy, physical therapy, and neuropsychology. Neuropsychology is perhaps the most critical part of the program because it either rehabilitates the cognitive loss resulting from the injury or teaches the patient to compensate for the deficit.

The Challenge Program addresses all facets required for independent, day-to-day living; specifically, managing money, using transportation, locating recreational resources, making friends, interviewing for and maintaining a job, and taking care of a home. It enhances the recovery process, enabling the

person to best use his remaining strengths and capabilities and begin the process of preparing for the future.

Links with the Business Community

One of the most valuable services provided by The Challenge Program is vocational counseling, including vocational evaluation, job-seeking skills, and job placement. Kanellos and her staff of experts begin their program by finding out during the rehabilitation phase if work is in their client's future. If so, they plan projects to match the client's capabilities so work goals/work planning can begin as soon as the client enters the vocational program.

Some patients will be able to return to the jobs they held before sustaining the head injury. Therefore, one of the department's main tasks is to communicate with the former employer to maintain the job opening for that person. From the employer, Kanellos discovers what is expected at the job and is then able to design a therapy program to fit the job demands.

One client, for example, is a former safety engineer. Because of significant cognitive deficits, the client is unable to return to the prior workplace in that capacity, but the staff is trying to find a job the client values. Because of his skill with certain kinds of mathematical computations in a very structured environment, the client is currently working toward the placement goal of technician. Some clients, however, will not be able to return to their former workplace in any capacity. In these cases, the vocational department helps them learn what they are able to do and refers them to agencies in the community that can train them for jobs that are compatible with their remaining skills.



TIRR's programs help persons with disabilities return to active employment in the community.

Texas Rehabilitation Commission

One of the most important agencies with which the vocational department works is the Texas Rehabilitation Commission, a state agency responsible for helping people with severe disabilities return to work. An added benefit is the financial support TRC provides for vocational training. In fact, it is such an important link to TIRR's vocational department that TIRR provides office space for the TRC counselor and two staff members at TIRR.

Transitional Learning Community

TIRR's Challenge Program expects a great deal from its clients. They are required to get to TIRR on their own on time every day and to conduct their lives outside TIRR in a responsible way. Some head injured people, however, simply aren't able to manage their lives in such an organized fashion. Other clients may reach a plateau in their rehabilitation and need more services and support to move to the next stage. For these patients, TIRR often recommends the Transitional Learning Community.

Located in Galveston, TLC is a supervised, residential program for head injured persons who, because of cognitive deficits, are not yet at the work stage. Offering occupational, physical, and recreational therapy, vocational and neuropsychological services, the organization usually has 15-20 clients to 60-80 staff members, all of whom live in a dormitory-style setting.

Each trainee participates in an aggressive and intensive 8-10 hour therapy day in which independence is earned by progressing through a sequence of "levels." As the trainee demonstrates competence in the performance of identified standards of self-care, social skills, and work habits, promotion to higher levels is earned. Some of the problems posed and worked through are where to find housing, how to budget and spend money, and what leisure

activities are most constructive.

When the patient is ready, TLC offers vocational programs that include identification of work skills, instruction of expected work skills, habits, and behaviors, and filling out job applications. Following pre-vocational training, the trainee interviews and is hired for an unpaid job in a real-life setting in which on-site supervision and feedback sessions are provided. The TLC graduate then works with a job placement specialist to find an appropriate job in his home community.

Bayridge Village

A third referral service frequently used by TIRR is Bayridge Village in League City, a residential facility but less intense than TLC. The staff to client ratio is much smaller and the residents are given more independence.

Bayridge Village is designed to

provide the minimum services needed for an individual to successfully live and work on his own, pay rent, get to a job on time, and maintain personal grooming and health habits. Through living in this community based, fully integrated apartment complex, long-term housing and employment opportunities are provided to individuals who have been unsuccessful in returning to a fully independent lifestyle.

Because the facility is based primarily on the concept of achieving independence, the resident is encouraged to make choices. Applicants and their families choose whether the apartment and work settings are appropriate to their plans and goals and decide in what areas they would like to improve or obtain assistance. Residents will then choose when it is time to reach for higher levels of independence by accessing the exit-planning system.

tirr



Bayridge Village resident Terry Thompson working at his job sorting laundry at the facility.

TIRR's Social Work/Vocational Department, under the direction of Frances Pendergraft, provides one of the patient's most important links – the one that is connected to the community. It is the community agencies and organizations that help complete the rehabilitation patient's return journey to independent living.

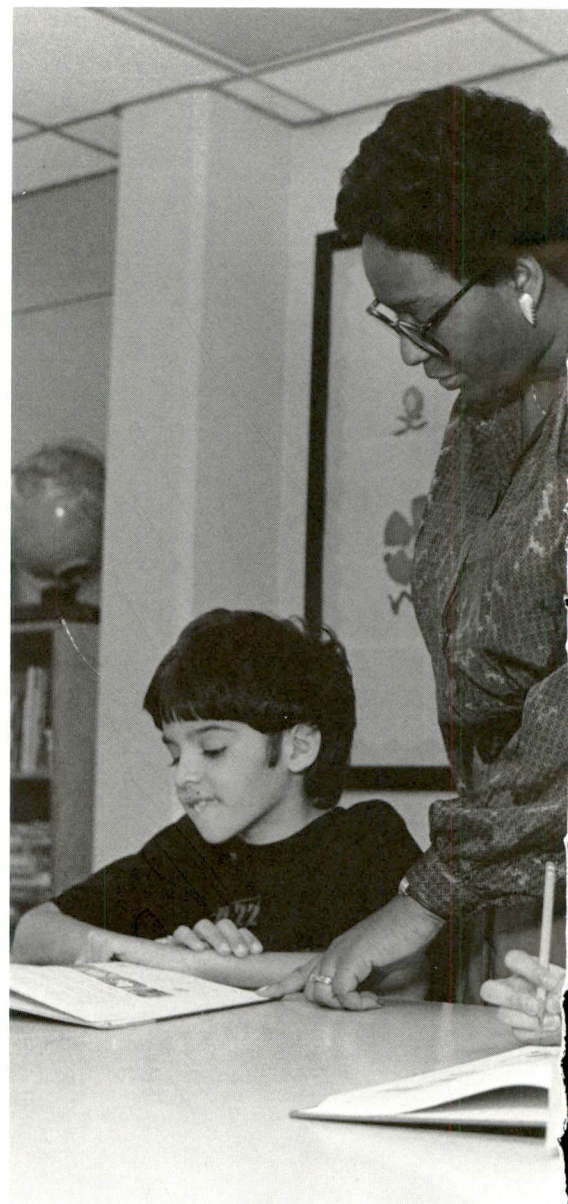
During the rehabilitation process, the social worker begins building the patient's bridge between the hospital and community, informing him of the various community resources available and ways to access them. These resources cover the areas of financial aid, group support, transportation, vocation, education, housing, attendant care, recreation, and travel.

One of the functions of the Social Work/Vocational Department is to make the rehabilitation patient aware that he will not be alone in his re-integration into society. Not only are these resources many and varied, but their number and scope are increasing each year as society's handicapped-awareness is increased.

Texas Polio Survivors Association is a support organization which provides information and referral for polio survivors and their families. It offers the latest in research and education to physicians and health care professionals, and is a liaison between the TIRR Polio Clinic and post-polio survivors in Texas.

A third organization is the Houston Center for Independent Living, which provides information, referral, and educational services to disabled Houstonians to help them live as independently as possible. The Center assists in locating housing, transportation, and community resources. It also provides group and individual counseling services.

Many other support groups exist from the Spina Bifida Association of Texas, dedicated to making society aware of the problems and needs of individuals with Spina Bifida, to the Southwest Wheelchair Athletic Association, dedicated to promoting wheelchair sports and recreation for the handicapped, to the Coalition of Texans with Disabilities, a consumer



Kristopher Maier (left) and Blanca Orosco (right) taught by HISD teacher Geinene Thompson.

Social Work/Vocational Department Is Patient's Link to Community

Support Groups

Two support groups used by many TIRR patients and families are the National Head Injury Foundation and the Texas Head Injury Foundation. Officially started in 1982, the THIF now provides support to nearly 5,000 members across Texas. Another well-known and frequently used agency is Stroke Groups of Houston, Inc. This organization gives patients and their spouses an opportunity to share common concerns and feelings and learn from the experiences of others who have similar problems.

organization concerned with the needs of disabled Texans.

Home Health Care

Sometimes patients need continual nursing physical therapy and occupational therapy follow-up in their home after leaving the hospital. These services can be obtained through home health agencies in the community. Specific recommendations are provided in order that individual patient needs can be provided at home.

Attendant Care

Attendant care is often the

ingredient that makes it possible for a disabled individual to live in an independent environment. Patients are educated during their rehabilitation at TIRR in attendant management – techniques of directing their own care as well as attendant resources. In-home assistance is available through the Texas Department of Human Services – Community Care for Aged and Disabled Adults to those who meet financial and need-eligibility criteria. The Houston Center for Independent Living has information on individuals interested in working as attendants. Independent Living



ke advantage of the learning opportunities provided

Research Utilization (ILRU) provides information on training attendants. Respite care for families who provide ongoing patient care is also available through several community resources.

Educational Resources

In the state of Texas, youngsters with physical handicaps between the ages of three and 22 are eligible for free public school education. By law, each school district must provide an appropriate educational service for each child according to his or her needs. It is up to the local school district working with the

parents to determine the child's placement, which may be a regular education classroom, a special education classroom, or a home-bound/hospital/residential school program. Some of the support services available are transportation, speech therapy, occupational therapy, physical therapy, and counseling.

TIRR provides a regular classroom to the Houston Independent School District, which furnishes teachers to help young patients keep up with their schoolwork during hospital stays. In many cases, the child will be ready to rejoin his regular class when he leaves TIRR.

Vocational Resources

There are several vocational resources that the individual with a handicap may access when he is ready to return to work. TIRR's own vocational department provides vocational counseling, vocational evaluation, job seeking skills, and job placement. The Texas Rehabilitation Commission is a major resource for many patients. This state vocational agency provides sponsorship for rehabilitation services and equipment, vocational counseling, education, job training, and placement. TIRR is fortunate to have a TRC office housed in the facility. Vocational services can be provided during hospitalization and transferred to a local TRC counselor when the patient returns home.

Transportation Resources

A very valuable community resource is Metrolift, a special transportation service for handicapped persons who cannot use standard buses. This service, funded by Houston METRO, uses vans specially equipped with wheelchair lifts and operates within a 300-mile area. In addition, METRO provides half-fare cards to disabled persons who use a standard METRO bus for their transportation needs.

Handicapped drivers can learn

to drive again, as well as obtain information regarding the purchase of hand controls through TIRR's Driver Training Course.

Recreation and Travel Resources

Numerous travel agencies specialize in organizing group and individual tours for the disabled. Travel guides are also available, including Access to the World - A Travel Guide for the Handicapped, Rollin' On: A Wheelchair Guide to U.S. Cities, and Access National Parks.

All forms of public transportation provide services for the handicapped. Airlines have established procedures for loading and unloading disabled passengers, rental cars with hand controls are available through certain car rental agencies, and Amtrak trains have special facilities for wheelchair passengers. Lastly, there are organizations that provide information on individual and team wheelchair sports. Some of these include the National Wheelchair Basketball Association, the National Foundation of Wheelchair Tennis, and the National Wheelchair Softball Association.

The social worker can be a gold mine of information for the person with a handicap. In addition to the above resources, a listing of Houston housing complexes featuring independent living settings for handicapped persons is available through the Social Work department. Education is provided on the various options for establishing an independent living arrangement. Information can also be obtained on various financial programs, such as Social Security Disability Income, Supplemental Security Income, Medicare, Medicaid, Aid to Families with Dependent Children, and Food Stamp Certification. Each of these services goes a long way toward helping the disabled individual become once again an active, productive member of society. **TIRR**

Post-TIRR Care at Total Life Care Center

Hermina Bartkowski personifies the true meaning of nursing through her gentle, loving ways with her patients, and reinforces her manner with her definition of nursing. To Bart, as she is known to her friends and colleagues, nursing is love and bedside care, and nurses who won't do whatever is necessary to take the best care of their patient have no business being in the health care profession.

Bart is the founder and manager of Total Life Care Center, a chronic

intensive nursing facility located in the former TIRR Annex. The facility fills an obvious gap in the after-care options available to patients who have reached a plateau in their rehabilitation or health care programs. It is, in fact, one of TIRR's most valuable resources for their patients who are either between rehabilitation stages or medically stable.

Basically, these patients have three choices for their post-hospital care. One, they can remain in the hospital, which can be formidably expensive, as well as unnecessary for a medically stable person with little or no future for improvement. A second option is home health care, which requires around-the-clock nursing, and the third is a conventional nursing home, viable only if the patient is not dependent on a respirator. The goal of Total Life Care Center is to provide the stable, often respirator-dependent patient with an attractive alternative: a relatively low-cost service in a homelike atmosphere. An added benefit is the stability of work provided to home-care nurses, who are usually out of work when their term of service in the home is over.

The Total Life Care Center began in June, 1987 from two houses Bart maintained to provide nursing care away from the home. Each house contained three patients, one nurse, and one nurse's aide, providing a more efficient ratio than one nurse to one patient. As the demand for her service grew, Bart moved into the former TIRR Annex, where she now oversees 18 patients ranging from 3 months to 90 years of age.

In addition to taking respirator-dependent patients, the Center differs from conventional nursing homes by providing physical and speech therapy programs to maintain the therapy level achieved by the patient at TIRR or one of the other institutions linked to the Center. Although the Center is a



Nurse's aide Teresa Bennett attends to a baby born with brain damage caused by anoxia.



Hermina Bartkowski, RN (left) and a staff member work with one of their first patients, a child born with Mobius Syndrome.

long-term care facility, some patients have been able to go home or return to TIRR for the next rehabilitation stage. Generally, though, Total Life Care Center is geared to giving its residents the best nursing and atmosphere of dignified living. Its small size greatly adds to the homelike environment.

While TIRR, Hermann Hospital, and several other institutions already use the facility, insurance companies are also discovering Bart's services. One reason is the significant reduction in health costs without a sacrifice in service. A patient in an ICU hospital bed costs

approximately \$42,000 per month. A patient at home with 24-hour nursing service and a respirator costs \$26,000 per month. The cost to house the same patient at Total Life Care Center is \$15,000 per month.

Another important characteristic of the Center is its cleanliness. Not only is the building and each patient kept scrupulously clean, but Total Life Care Center doesn't have the bacteria presence found in hospitals handling acute illnesses. TLCC residents, while extremely disabled, are not acutely sick and are generally much healthier than acute care hospital patients. This

state is maintained through daily therapy, outdoor activities, and general high standards of care.

Many qualified doctors have emigrated to Houston, unable to qualify as physicians until they pass their U.S. medical exams. Bart currently has five Polish physicians on her nursing staff and two Registered Nurses and one physical therapist working as nurse's aides. Their high degree of professionalism, coupled with Bart's own rigorous rules, set an impressive standard for this long-term health care facility.

TIRR

Former TIRR Patient Provides Capitol Connection



Lex Frieden testifies before the Senate Appropriations Committee on funding for disability programs.

TIRR reaches out to institutions, organizations, and services all over the city of Houston, making available to disabled people an extremely comprehensive and highly qualified rehabilitation program. Its reach, however, does not stop at Houston or even Texas. It extends to Washington, D.C. where former TIRR patient and staff member Lex Frieden provides a powerful link to the men and women that legislate and execute our national laws.

For the past three-and-a-half years, Frieden has served as the Executive Director of the National Council on the Handicapped. As Executive Director, Frieden, along with 15 Board members appointed by the President and confirmed by the Senate, reviews all laws, policies, and programs affecting people with disabilities and makes policy recommendations regarding these to both the President and Congress. Although the Council meets only four times a year,

Frieden and his full-time, eight-member staff spend their days researching policy-related issues, developing recommendations on those matters of concern, and justifying those recommendations to Congress and the Executive Branch.

Frieden sees his greatest challenge as altering the focus of funds the U.S. government spends on disability-related programs. According to him, in 1987 the federal government spent more than \$60 billion dollars on programs based on what he terms "a misguided philosophy of dependence." The majority of these are designed with the concept that people with disabilities need to be cared for and have all decisions made for them. While nursing homes and other institutions are perhaps appropriate for some people, they do tend to encourage or reinforce dependency on the part of people with disabilities.

In contrast, only 2.7 billion dollars was spent last year on programs Frieden considers independence-oriented. These include vocational rehabilitation, education for disabled students, and independent living programs. The result is that programs for people with disabilities who are independent, productive members of society receive less than five percent of the total amount of government funding allocated to the disabled.

During his tenure with the Council, Frieden has seen great progress made in re-directing the

scope of disability-related laws. The Council discovered two years ago, for example, that no educational programs existed either for disabled children under the age of 3 or for their parents. An infancy education program was recommended to help parents understand the nature of the disability and the steps they could take to begin educating their children at the earliest possible age. Consequently, a law was passed and a zero-to-three infancy education program, funded by Congress, now exists.

A significant step in another major task the Council has undertaken occurred on April 29 when a bi-partisan group of legislators in both the House and Senate simultaneously introduced a bill to guarantee equal rights and equal opportunities to all people with disabilities. Protection against discrimination of people with disabilities is currently limited to federal programs, federal contractors, and federal grantees and does not encompass the private sector. The new measure would extend anti-discrimination provisions to the private sector and to state and local governments. The bill would prevent discrimination on the basis of handicap in all employees, as well as in the areas of housing, transportation, and other public services.

A quadraplegic since college,



Frieden and Sandra Parrino, chairperson of the National Council on the Handicapped, confer in front of the Capitol.



Frieden discusses disability program funding with Senator Lowell Weicker, ranking member of the Senate Subcommittee on the Handicapped.

Frieden's optimism is hard to overlook. One reason is the city itself. According to Frieden, Washington, D.C. is one of the most accessible communities for people with disabilities in the world. Unique provisions include subways equipped for people with physical disabilities, sidewalks and buildings with extensive ramps, special communication devices and interpreters available in many places for people with hearing impairments, and many more such accommodations.

But what Frieden finds most

encouraging is working within the governmental system and seeing the fruits of his labors. "It's amazing. People have a kind of cynical attitude about Washington, D.C. and whether or not you can make progress in the federal bureaucracy. But if you're dealing with real problems and have real solutions to those problems, you can effect them in Washington. It's no different than dealing with the political decision-making process in Austin or Houston or LaPorte. The scale is "just a little different, that's all."

III

VOICE TRACKS

TIRR, Clear Creek Sponsor \$20,000 Pro-Am Golf Tourney

Clear Creek Golf Club and TIRR are sponsoring a charitable \$20,000 Pro-Am golf tournament to be held at Clear Creek Golf Club on September 23-24, 1988.

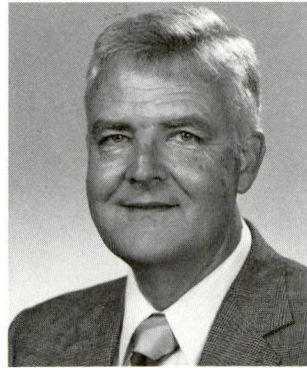
The tournament will be a 2-day "best ball" event, with 50 of the top southern Texas PGA professionals and PGA tour players participating, along with 200 amateurs. Top tour names Keith Fergus and Billy Ray Brown are confirmed, with more to be added as the date approaches.

In addition to the tournament, there will be a special golf clinic on Friday with Keith Fergus.

Clear Creek Golf Club will serve as the tournament headquarters, and will host the Friday night social event with entertainment by Mundo Earwood and Jim Cannan, local country and western stars.

Entry fees are \$125 per amateur. The fee includes cart, green fees, the Friday night banquet with entertainment, and prizes.

All entry fees and any donations are tax deductible as the proceeds will benefit TIRR. Sponsorships are available through TIRR at 797-5282.



L. Don Lehmkuhl, Ph.D.

Dr. Lehmkuhl Named Regional Vice President of National Head Injury Foundation

L. Don Lehmkuhl, Ph.D., has been elected Regional Vice President of the National Head Injury Foundation (NHIF). Lehmkuhl is coordinator of the Head Injury Rehabilitation Program at TIRR.

NHIF and its state chapters serve as advocates for head injury victims and their families through legislative efforts, educational activities, and development of a directory of head injury rehabilitation services available within each state.

As a professional in head injury rehabilitation, Lehmkuhl has been active for several years in advocacy and educational endeavors and currently serves as project manager for TIRR's Model Injury Rehabilitation Research Program. The hospital is one of five rehabilitation centers in the U.S. to receive a model systems grant for head injury research from the National

Institute on Disability and Rehabilitation Research. As project manager, Lehmkuhl is involved in establishing a national data base on the consequences of traumatic brain injury. From this database, researchers will develop new information on head injury, including analyses of costs and benefits and improved methods of care.

In his capacity of Regional Vice President of NHIF, Lehmkuhl plans to improve the communication between state chapters and the national office of NHIF, and to promote the coordination of services between states. According to Lehmkuhl, the NHIF currently has 38 state organizations, 350 local support groups, and more than 17,000 members. The Foundation represents a unique coalition of head injured persons, family members, health care professionals and administrators of institutions providing services to head injury survivors and their families.

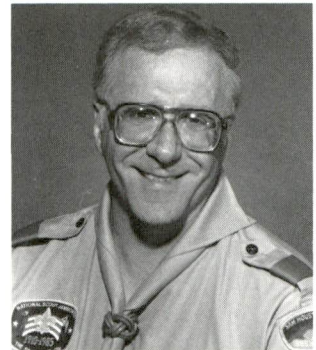
In addition to his position at TIRR, Lehmkuhl is an assistant professor in the Department of Rehabilitation at Baylor College of Medicine.

Dr. Krouskop Honored by Boy Scouts

Thomas A. Krouskop, Ph.D., has been given the Silver Beaver Award by the National Council of the Boy Scouts of America. A

rehabilitation engineer, Krouskop is director of the Rehabilitation Engineering Center at TIRR. He is also a professor in the Departments of Rehabilitation and Physical Medicine at Baylor College of Medicine.

The Silver Beaver Award is bestowed upon persons who have provided outstanding service to youth for an extended period of time. A recipient must have given continued unselfish and effective service, usually through the Boy Scouts of America.



Thomas A. Krouskop, Ph.D.

Krouskop has been involved in scouting for many years and has served the Boy Scouts in several aspects, including that of assistant district commissioner. Currently Scout Master, he has served in volunteer leadership roles at TIRR, the Shriner's Hospital, and the Houston Independent School District. Krouskop has received many honors and awards, including being named "Young Engineer of the Year" in 1975 by The Sam Houston Chapter of the Texas Society of Professional Engineers.

VOICE TRACKS



Lourdes Cuellar, R.Ph.

Lourdes Cuellar Receives Honor

Lourdes Cuellar, R.Ph., was one of only 25 recipients in the United States selected to represent hospital pharmacies at the first executive management seminar held in late May. The seminar was sponsored by the American Society of Hospital Pharmacists Research and Education Foundation and a grant from the Glaxo Pharmaceutical Company. Ms. Cuellar hopes to develop new

insights into integrating new clinical pharmacy services into existing pharmaceutical programs. The seminar added to her knowledge base in the areas of cost containment, more effective provision of services, strategic planning, marketing, overview of new concepts, and methods of dynamic service provision.



Mildred Branner

Mildred Branner Retires After 23 Years

Mildred Branner, Administrator, General Services

retired in April after 23 years of devoted service to TIRR. During her tenure here, she served in several capacities, one of which was as a primary contact between the architects and TIRR during the construction of the new wing which opened in 1984. A reception in her honor was held in late April. Ms. Branner plans to spend time travelling throughout the country, as well as taking courses at The University of Houston and continuing with numerous other projects.

Dr. Carter to Head International Medical Society of Paraplegia

R. Edward Carter, M.D., president and CEO of TIRR, will assume the office of president of the International Medical Society of Paraplegia in

Perth, Australia, in May. The International Medical Society of Paraplegia is a worldwide-acknowledged and respected society of specialists practicing in the care of people with spinal cord injury. The Society is responsible for publishing the journal, Paraplegia. According to Carter, "The Society serves the rehabilitation field by bringing together specialists from all over the world to share their knowledge and experiences in the restoration of people with spinal cord injury. This mutual exchange of information and concern for quality has benefited disabled persons everywhere." Carter will be the second Society president to serve from the United States.



The 2nd Annual TIRR Head Injury Patient Homecoming was held in April with scores of people attending the festivities. The homecoming party featured music, food and good times for all.

In Grateful Acknowledgement

We, the staff and administration of TIRR, wish to express our gratitude to the following individuals, whose contributions of money or equipment have supported our efforts. Such donations enable us to provide patient services or to undertake research and educational projects that otherwise may not be possible.

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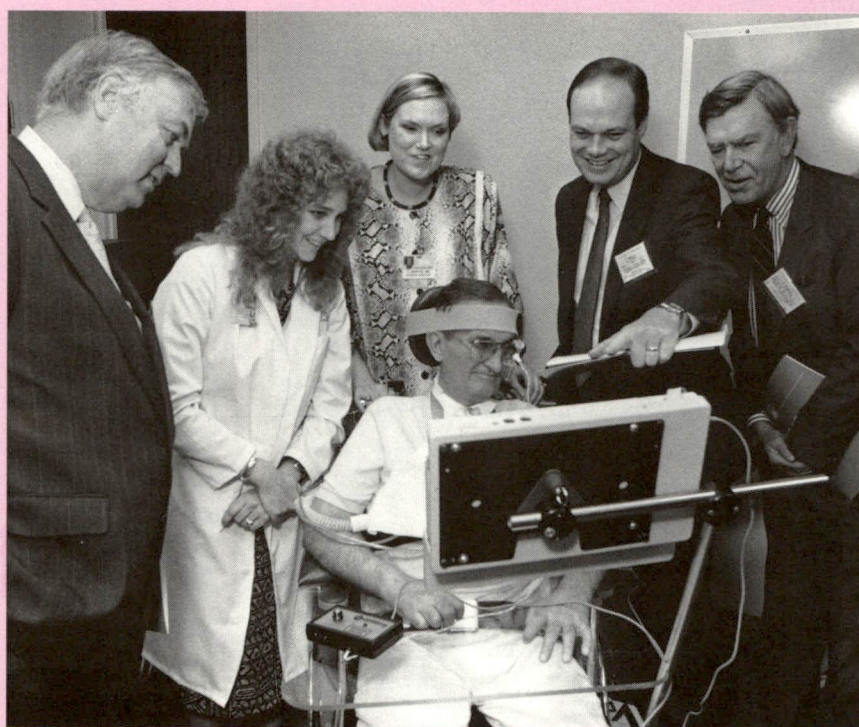
The Institute for Rehabilitation and Research (TIRR)

Since it was founded in 1959 to combat the effects of polio, TIRR has earned national recognition for success in treating a wide range of conditions such as spinal cord injury, head injury, amputation, stroke, spina bifida, scoliosis, cerebral palsy, and many other neuromuscular and neuroskeletal disorders. Today, TIRR is one of the few hospitals in the world capable of providing comprehensive care for even the most severely disabled persons.

The TIRR professionals represent virtually all the disciplines required for total rehabilitation care. Those professionals include physicians, rehabilitation nurses, neurophysiologists, neuropsychologists, physical therapists, respira-

tory therapists, occupational therapists, social workers, orthotists, recreational therapists, and vocational counselors. For each patient, the TIRR professionals form a cohesive, goal-oriented team dedicated to restoring the patient to an active and productive life as early and as cost-effectively as possible.

At TIRR, clinical experience with large numbers of patients is combined with imaginative programs of clinical research. That research has led to major new technologies and techniques for the management of many disabling injuries or diseases. As a measure of its success, TIRR has reduced the average stay of the spinal cord injured person from seven months to about 70 days. **TIRR**



A group of Republican congressmen met in Houston in March to address issues facing tomorrow's Congress, such as the space program, ethics in medicine and biotechnology, global economics, education, and energy. Part of the caucus visited the Texas Medical Center. At TIRR the group saw technology of the future and state-of-the-art demonstrations in rehabilitation medicine. TIRR patient Wayne Smith (seated) demonstrates a sophisticated computerized communication system. Looking on are (left to right) Dayle Hennington (Chicago Merchantile, a corporate caucus sponsor), Jean Herzog, Ph.D., Catherine Bontke, M.D., Tom Tauke (R-Iowa), and Bill Clinger (R-Pennsylvania).

TIRR

THE INSTITUTE FOR REHABILITATION AND RESEARCH IS...

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A Last Word...

Today The Institute for Rehabilitation and Research stands as a full-service rehabilitation hospital—complete with surgical suites and an intensive care unit—offering a complete range of rehabilitation services.

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As for tomorrow, The Institute will continue to establish innova-

tive and cost-effective inpatient and outpatient programs, all backed by a long tradition of excellence.

At a time when many are reading up on rehabilitation, talk to the people who wrote the book: The Institute for Rehabilitation and Research, the Voice of Rehabilitation.



The linkages between TIRR and the other institutions within the Texas Medical Center are many. In the next issue of the TIRR Rehabilitation Voice, we will look at other important linkages.



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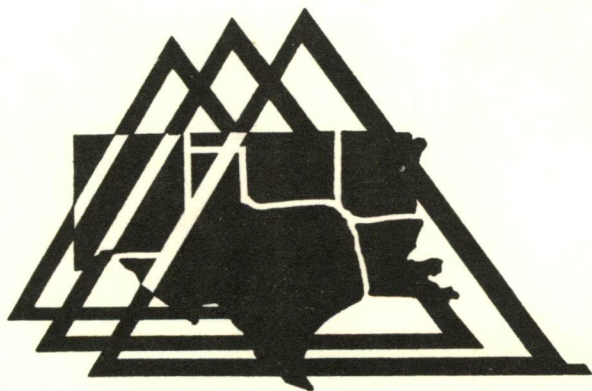
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“The Age of Redirection”

**People
Policy
Technology**

We're developing
one of our community's
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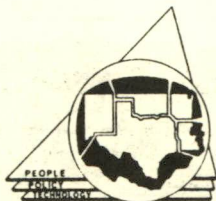


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DEDICATION

Doyle T. Wheeler
November 11, 1926 - December 10, 1987

With great pride and many fond memories, we dedicate this conference to the memory of Doyle T. Wheeler.

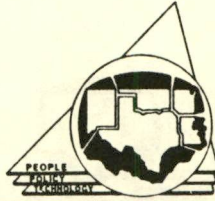
Wheeler, whose professional and personal advocacy for disabled people spanned more than 30 years, died December 10, 1987, after a long battle with cancer. His many friends and colleagues remember him as "a true Texas gentleman" and "a man who had strong convictions about the abilities and potential of disabled people."

In 1955, Wheeler joined the vocational rehabilitation division of the Texas Education Agency as a supervisor in the disability determination unit. His career tracked the agency's growth, through the time the Texas Rehabilitation Commission became an independent state agency. He retired from TRC in March, 1985, as Deputy Commissioner for Programs.

A member of NRA, TRA, and numerous other professional organizations, Wheeler volunteered countless hours of service to disabled people and the programs that serve them. Even after retirement, he remained active as a consultant and volunteer for various Dallas-area disability advocacy groups as long as his health allowed.

Doyle Wheeler's tireless devotion exemplifies the spirit of the people who have gathered for this conference and the organizations they represent. It is only fitting that his profound belief in the strength of people --all people-- be the foundation upon which this conference is built.





FROM THE TRA PRESIDENT

Dear Members:

Welcome to the 1988 annual conference of the Texas Rehabilitation Association and the Southwest Region of NRA!

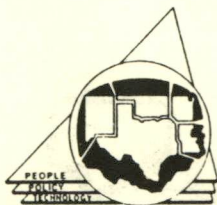
This is indeed an "age of redirection" for all of us concerned with the rehabilitation movement in Texas, the Southwest, and the nation. Most of us have been witness to some fairly dramatic changes both in those we serve and how we serve them just in the past decade. Pressures from an unpredictable economy, changing technology, expanding medical skills, and even more organized and sophisticated advocacy organizations have brought about many of the "redirections" we will be discussing during this conference.

It is my fondest wish that when this conference is over, you will have a fresh, new outlook on the various roles being played by all the professions represented in rehabilitation. I further hope that what you learn during the conference will translate into better case management, better therapeutic services, and, ultimately, better outcomes for the clients with whom you work.

I also hope you will feel a sense of pride at being a part of the rehabilitation network operating in the Southwest Region. The states of Texas, Louisiana, Arkansas, Oklahoma, and New Mexico have always been prominent in leading the way toward advanced methods of ameliorating the problems of disability. We are rich in talent, high quality of services, and enthusiasm for what we do.

Finally, I hope you will share your ideas and your experiences with your colleagues from our sister states. Accept some new ideas - accept change - accept "redirection." That is the stuff that will take us through the 90's and into the next century!

Viola G. Lopez, President



FROM THE SOUTHWEST REGION
NRA PRESIDENT, ED L. WHITE

Dear Members:

It is my pleasure to provide a "Big Texas Welcome" to all my friends and fellow NRA members attending the 1988 Southwest Region NRA Conference. Welcome to our State and the Capitol City of Austin.

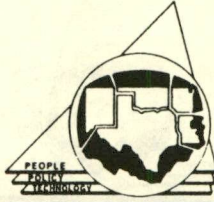
This year's conference provides an excellent blend of enlightening programs and enjoyable social activities. The various committees have worked diligently and expended many long hours to make this an informative as well as relaxing few days for each of you. We hope that your participation in the conference will be a meaningful and rewarding experience. It's our desire that each participant will be better prepared to serve persons with disabilities as a result of having attended this conference.

I have enjoyed serving as your SW Region President this year and would like to express my gratitude to you, the membership, for giving me the opportunity to serve the Association in this position. I would also like to express my gratitude to the conference committee and each of you who participated in the planning and implementation of this year's annual training conference.

My best wishes to next year's Regional and State officers, and it is my desire to see each of you in New Mexico next year.

Sincerely,

Ed L. White, M.Ed., CRC, LPC



FROM THE CONFERENCE COMMITTEE

Dear Members:

Welcome to Austin for the NRA Southwest Regional and TRA joint conference. Once every five years, Texas has the opportunity to host the Southwest Region of NRA and share ideas and fun with people from New Mexico, Oklahoma, Arkansas, and Louisiana. This year we get to return the hospitality they've shown Texans for the last four regional conferences.

We hope we have a challenging, provocative, and entertaining conference planned around the theme of "The Age of Redirection: People, Policy, and Technology." In this time of rapid change, we are all undergoing redirection of ourselves, of our skills, of the services we provide, and the way we provide them. We hope the time we share together for this conference will help us all to understand these trends and how we can best adapt to and create the future as we wish it to be.

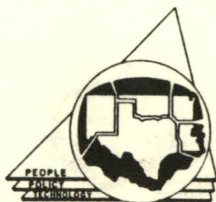
Our thanks to the many people who have helped this conference become a reality. We hope you enjoy it.

Sincerely,

Ray Dabney

Jeff Kaufmann

John Wylie



TEXAS REHABILITATION ASSOCIATION

1988 EXECUTIVE BOARD

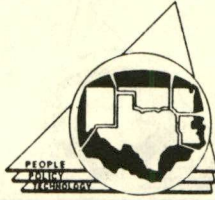
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Robert Dann	Russell Bowden	Mary Correa
Elaine Irons	Joe De La Cruz	Jeff Kaufmann
Les Lovell	Larry K. Smith.	Richard Williams

STANDING COMMITTEES

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Audit	Peggy Kanellos



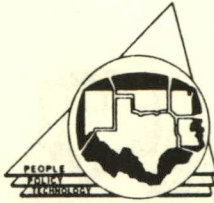
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Editorial & Public Information	Ann Jaime
Grants & Special Projects	Shirley Edwards
Legislative	Randy Jennings
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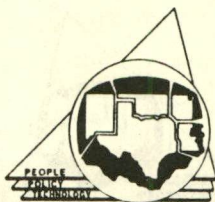
Wes Long

South Texas Area
Rehabilitation Assn.

Debbie Wilson

Valley Rehabilitation Assn.

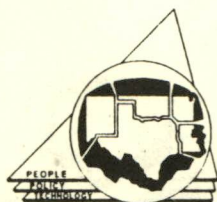
Tony Ocana



TEXAS REHABILITATION ASSOCIATION

Past Presidents

1951-52	TRA Organized
1952-53	David Wade, M.D.
1953-54	W.L. Pratt
1954-56	Bullock Hyder
1956-57	John Halloran
1957-58	Lucian Thomas
1958-59	Lon Alsup
1959-61	Smith Pettigrew
1962-63	Clifford Knape
1963-64	David Wade, M.D.
1964-65	Porter Garner
1965-66	Kenneth Mills/Charlie Kymes
1966-67	William Campbell
1967-68	W.C. Mitchell
1968-69	Lewis W. Breck, M.D.
1969-70	Charles O. Blalock
1970-71	Bill Elkins
1971-72	Charles W. Hoehne
1972-73	William K. Harvey, Jr.
1973-74	A.J. Bob Blase
1974-75	Jack Sudderth
1975-76	Jim Gray
1976-77	Bill Bain
1977-78	Robert E. Boudreaux
1978-79	Marvin Schlecte, M.D.
1979-80	Ray Dabney
1980-81	Ray Vaughn
1981-82	Sara Schwiening
1982-83	William K. Ickes, Ph.D.
1983-84	Richard Gruen
1984-85	Bobby Simpson
1985-86	Ed White
1986-87	Ken Vogel



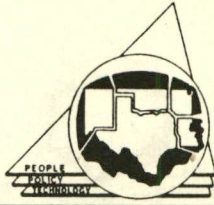
SOUTHWEST REGION NRA

1988 OFFICERS

President	Ed White
President-Elect	Ross Sweat
Vice-President	W.K. Harvey, Jr.
Treasurer/Regional Representative to NRA	Vince Bond
Secretary	Adeline Kaspar
Immediate Past President	Dotsie L. LeBlanc

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LOUISIANA	Dave Corbin
NEW MEXICO	Terry P. Brigance
OKLAHOMA	Karen Sandini
TEXAS	Viola Lopez



SOUTHWEST REGION - 1988 COMMITTEES

PROGRAM

George Melde, Chair

Terry Brigance
W.K. Harvey, Jr.
Jeff Kaufmann

AWARDS

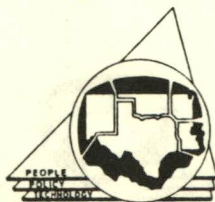
Lorie McQuade, Co-chair
Frankie Watson, Co-chair

Richard Corbin
Chris Isengard
Ray Ledbetter
Leon Thornton

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Dotsie LeBlanc, Chair

W.K. Harvey, Jr.
Ken Musteen
Jack Roper
Ross Sweat



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Anna Marie Posey, Co-chair

Richard Williams, Co-chair

James Brolin

Dennis Cox

Karen Sandini

Charles Tapp

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Margaret Guajardo, Co-chair

Margaret O'Malley, Co-chair

Lauren Begam

Marilyn Padgett

Jack Roper

AUDIT

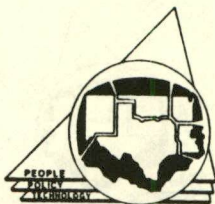
Vince Bond, Chair

Terry Brigance

Richard Corbin

Viola Lopez

Karen Sandini



GENERAL INFORMATION

Welcome to the 1988 Conference of the Texas Rehabilitation Association, our most important event of the year. The Association presents a conference each year in different Texas cities for the purpose of advancing the cause of independence and productivity for persons with disabilities. For information and assistance, your hosts at the registration table in the lobby are ready for you.

Smoking ...

Is permitted in designated areas, such as the hotel lobby. We ask your courtesy and cooperation to refrain from smoking in conference rooms, and during sessions and meetings.

ENJOY the conference!

The annual TRA Conference includes a variety of social activities. Complimentary food and beverages will be served often, including cocktails.

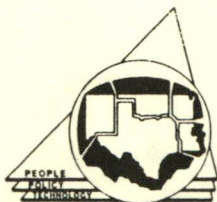
Your conference committee urges you to refrain from driving during the conference!

Transportation will be provided to the basketball tournament and is available for other events outside the hotel, including points of interest in Austin.

For further information, ask any participant wearing a "HOST" ribbon.

ENTERTAINMENT

Sunday night entertainment begins at 6:30 p.m. with a Presidential Reception (semi-formal) with complimentary champagne and hors d'oeuvres, and recognition of VIP's. This reception will last until 7:30 p.m. You will have enough time to slick back your hair and put on your poodle skirts and return to the ballroom for "BACK TO THE FIFTIES TONIGHT" music by "Johnny Dee and the Rocket 88's". The fifties dance begins at 8:30 and goes on til 12:30. There will be jitterbug and hoola hoop contests



throughout the night. Costumes requested. Spouses or guests are welcome for a ticket fee of \$5. Tickets should be purchased at the registration desk before 5:00 p.m. for this dance.

Monday starting at 3:00 p.m. there will be a Wheelchair Basketball tournament at the gymnasium of Texas School for the Deaf. Chartered busses will begin departing the hotel at 2:30 p.m. The basketball tournament is expected to be a competitive event with substantial prize money awarded. A complimentary light snack will be provided to all guests and players. Busses will shuttle throughout the day from the campus to the hotel. Monday is a free night so you may want to make plans to join the fast-paced nightlife of "6th Street", within walking distance from the hotel, or take in the infamous talent show and casino night. Extra tickets for the Awards Luncheon must be purchased by 5:00 p.m. tonight.

Tuesday starting at 11:30 a.m. - 1:30 p.m. is the Awards Luncheon; guest tickets are \$15/per person. Tickets must be purchased before 5:00 p.m. on Monday. At 8:30 p.m. "COUNTRY AUSTIN STYLE" begins with music by Peoples Choice. The band will play till 12:30; complimentary snacks will be served during the dance. Spouses or guests are welcome for a ticket fee of \$5. Tickets should be purchased at the registration desk, before 5:00p.m. for this dance.

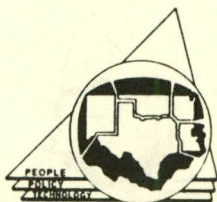
Information about other planned entertainment, including talent show, casino night and hospitality suites is located throughout this program.

SPECIAL ARRANGEMENTS

Persons with disabilities needing special accommodations are encouraged to coordinate their request at the registration desk in the lobby. Interpreter services will be provided for professional development seminars.

PROFESSIONAL ACCREDITATION

Certificates for credit will be made available at each professional development seminar, and will be handled by the facilitator at each session. Credits include: CRC, LPC, CEU, CIRS, and CCWAVES. A list of credits available for each session is included in your conference packet.

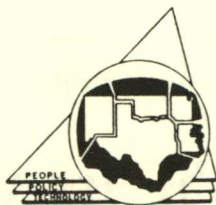


HISTORY OF OLD PECAN STREET

The city of Austin was founded as the site of the capital of the young Republic of Texas in 1839. It was known as Waterloo until the time it was established as the seat of Texas government. The streets of the city running north-south were named for rivers, and those running east-west for trees - thus Pecan Street soon became the city's main east-west thoroughfare.

Because of the location of the capitol, the intersection of Congress and Pecan was the focal point of Austin's expansion. The city spread out like a cross from this point. Pecan had natural advantages as it was the first street north of the river that did not flood regularly and the last street flat enough for comfortable wagon travel.

The true character of Pecan Street was established in the 1870's. In 1874 the Austin City Railway Company laid a mule-drawn street railway down the entire length of Pecan - from Congress to East Avenue (now IH 35). Pecan Street had truly become the city's commercial center and Austin's most prestigious businesses were located here. By the end of the decade fine two- and three-story natural Texas limestone Victorian structures began to line the street.



Pecan became Sixth Street in 1884. During this period, Congress Avenue commenced to pre-empt Sixth Street as the most fashionable shopping location. In the late 19th and early 20th century things were "business as usual" on the street. However, the 40's brought with them a downward trend for Sixth Street. Electric street railways built in 1890 were removed and many buildings were left vacant and unused.

In 1968 a local architect restored a building in the 400 block of East Sixth starting a reversal in the slump. By the 70's, the street was again prospering as other structures were rebuilt and reused. Since that time "Pecan" Street has once more become a focal point of downtown Austin.

EAST SIXTH STREET TODAY

East Sixth Street, originally named Pecan Street, is seven blocks of Austin's history where the new stands by the old. Restaurants, galleries, and offices are intermingled with thrift shops, barbecue stands, and bars. Sixth Street, though flanked by skyscrapers, has managed to maintain most of its architectural heritage and diversity. It has been called a patchwork quilt, a kaleidoscope of Austin's history, rich with varied cultures, tastes, and life styles. The street is an interesting and varied part of changing Austin, and the hottest night spot in town!

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Terrebonne General Medical Center
Houma, La 70361
504/873-4721

Oklahoma

Jane Phillips Episcopal
Memorial Medical Center
Bartlesville, Ok 74006
918/333-1600
Helen Roark, Program Manager

St. Anthony Hospital
Oklahoma City, Ok 73101
405/272-7386
Diane Holmes, Program Manager

South Community Hospital
Oklahoma City, Ok 73109
405/636-7289
Betty Loy, Program Manager

New Mexico

NA

Texas

Pasadena Bayshore Medical Center
Pasadena, Tx 77504
713/944-6666
Laura Devenport, Program Manager

Shannon West Texas Mem. Hospital
San Angelo, Tx 76902
915/653-6741
Paul Adams, Program Manager

South Arlington Medical Center
Arlington, Tx 76015
817/472-4903
Barbara Polk, Program Manager

Southwest General Hospital
San Antonio, Tx 78224
512/921-3551
Juzell Pettis, Program Manager

Memorial Hospital
Nacogdoches, Tx 75961
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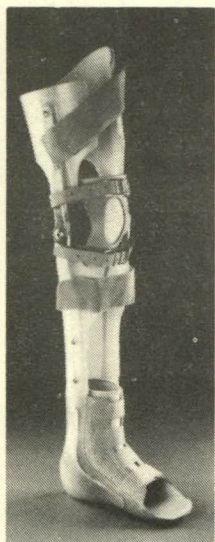
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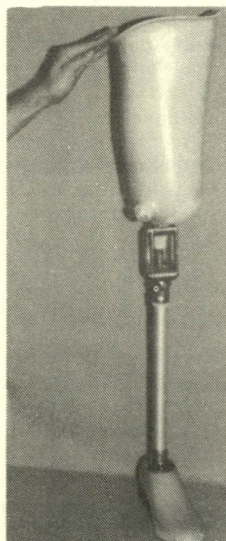
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In the face of injury, illness or other situations requiring rehabilitation, a patient needs special support—not just therapy but consistent encouragement and attention as well. The Memorial Institutes of Physical and Rehabilitative Medicine offer precisely that special support so crucial to patients and their families.

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For more information on the Memorial Institutes of Physical and Rehabilitative Medicine, please call **222-CARE**.



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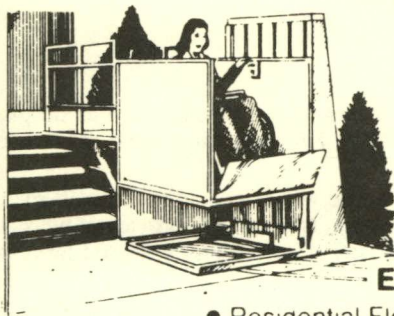
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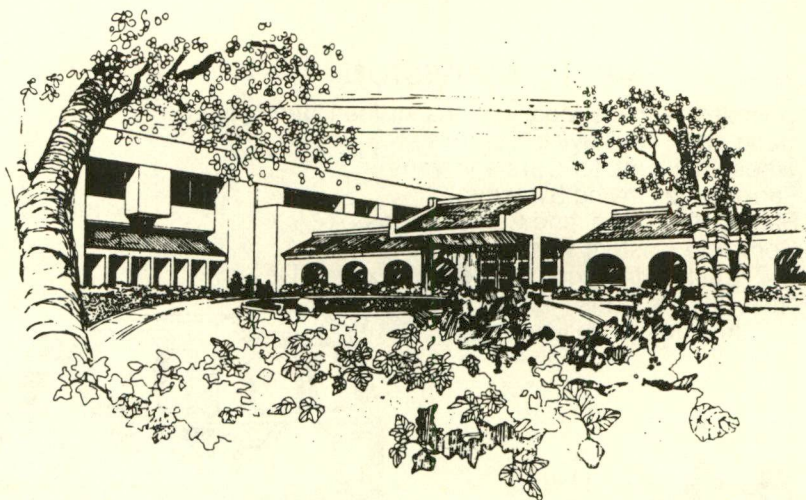
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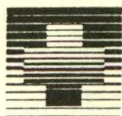


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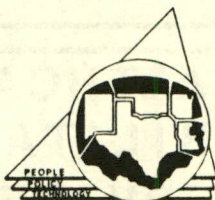
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Texas Rehabilitation Commission

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PROGRAM AT A GLANCE

SUNDAY, JULY 10, 1988

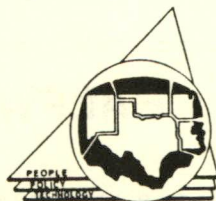
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|------------|--------------------------------------|
| 9:00 AM | Conference Committee Meeting |
| 10:00 AM | TRA Open Board Meeting |
| 12:00 NOON | Exhibitor Registration |
| 12:00 NOON | Conference Registration |
| 1:00 PM | TRA Division Business Meetings |
| 2:00 PM | AARA Hospitality Suite |
| 2:00 PM | Southwest Regional Business Meetings |
| 4:00 PM | Southwest Regional Board Meeting |
| 5:00 PM | RIOSAs Hospitality Suite |
| 6:30 PM | President's Reception |
| 8:30 PM | Dance: Johnny Dee & Rocket 88's |

MONDAY, JULY 11, 1988

- | | |
|------------|-----------------------|
| 8:00 AM | Coffee & Registration |
| 8:00 AM | Exhibits |
| 8:00 AM | First General Session |
| 10:00 AM | Concurrent Sessions |
| 12:00 NOON | Lunch |
| 1:30 PM | Concurrent Sessions |
| 3:00 PM | Wheelchair Basketball |
| 7:00 PM | Talent Show |
| 8:00 PM | Night on the Town |
| 9:00 PM | Casino Night |

TUESDAY, JULY 12, 1988

- | | |
|----------|-------------------------|
| 8:00 AM | Registration & Exhibits |
| 8:30 AM | TARS Installation |
| 8:30 AM | Concurrent Sessions |
| 9:30 AM | Break |
| 10:00 AM | Concurrent Sessions |



11:30 AM	TRA/Regional Awards Luncheon
1:30 PM	Concurrent Sessions
2:00 PM	Silent Auction Bidding Closes
2:30 PM	Concurrent Session
2:45 PM	Concurrent Session
3:00 PM	Concurrent Sessions
4:00 PM	TLC Hospitality Suite
4:00 PM	Abney Medical Hospitality Suite
4:00 PM	TRA Hospitality Suite
5:00 PM	TRC Staff Meeting
8:00 PM	Dance: Music by People's Choice
	Basketball Awards

WEDNESDAY, JULY 13, 1988

7:30 AM	Regional Open Business Meeting
8:00 AM	Registration & Exhibits
9:00 AM	Regional Open Board Meeting
9:00 AM	TRA Open Business Meeting
10:30 AM	Closing General Session
12:00 NOON	Conference Adjourns
1:00 PM	TRA New Board Meeting



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- Neuromuscular Disorders
- Restorative Surgery

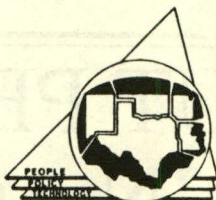
Our services are available on an inpatient and outpatient basis.

REFERRALS: For more information, please call Patient Services Coordinator (713) 797-5922. 1-800-44REHAB (Texas only) or write TIRR, 1333 Moursund, Houston, Texas 77030-3405



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SUNDAY, JULY 10, 1988

9:00 AM - 10:00 AM

Conference Committee Meeting

Bonnell Room

10:00 AM - 12:00 NOON

TRA Open Board Meeting

Room D

10:30 AM

Exhibitor Registration

Foyer

12:00 NOON

Exhibits - Begin Setting Up

Foyer

12:00 NOON - 5:00 PM

Registration

Foyer

1:00 PM - 2:00 PM

TRA Division & Business Meetings

TARS Texas Association of
Rehabilitation Secretaries

Room A

JPD Job Placement Division

Room B

TRCA Texas Rehabilitation
Counseling Association

Room C

TRAA Texas Rehabilitation
Administration Association

Bonnell Room

VEWAA Vocational Evaluation
and Work Adjustment Association

Barton Room

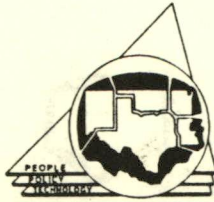
TADE Texas Association of
Disability Examiners

Bickler Room

2:00 PM - 5:00 PM

AARA Hospitality Suite

Vice Presidential
Suite



2:00 PM - 4:00 PM

Southwest Regional Division Meetings

SWJARS Association of Rehabilitation Secretaries	Room A
SWJPD Job Placement Division	Room B
SWRCA Rehabilitation Counseling Association	Room C
SWRAA Rehab. Administration Association	Bonnell Room
SWVEWAA Vocational Evaluation and Work Adjustment Association	Barton Room
SWADE Association of Disability Examiners	Bickler Room

4:00 PM - 5:30 PM

Southwest Regional Board Meeting	Room D
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5:00 PM - 9:00 PM

RIOSAs (Rehabilitation Institute of San Antonio) Hospitality Suite	Room to be Announced
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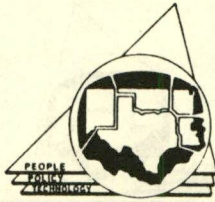
6:30 PM - 7:30 PM

President's Reception	Rooms A & B
Recognition: Champagne & hors d'oeuvres;	
Receiving line	

8:30 PM - 12:30 AM

Dance: 1950's theme; Music by Johnny Dee & the Rocket 88's;	Rooms D & E
Dance Contest; Costumes	

-END OF DAY-



MONDAY, JULY 11, 1988

8:00 AM - 3:00 PM

Coffee & Registration

Foyer

Exhibits

Foyer

8:00 AM - 9:30 AM

FIRST GENERAL SESSION

Rooms D & E

Choral Accompaniment: Austin Girl Scout Troops

Presiding: Viola Lopez, TRA President

Presentation of the Colors: Troop D, Scoutmaster George Finch

Sponsored By: Austin Exchange Club

National Anthem: Roxanne Rios

Invocation: George Clark

Welcome to Austin: Mayor Lee Cooke

Conference Greeting: Viola Lopez, TRA President

KEYNOTE PRESENTATION: "THE FUTURE ISN'T WHAT IT USED TO BE"

BY: David Zach, Futurist

Focus: An optimistic guided tour of
fascinating trends, changes, and
traditions. A look at the direction
your life and work may take in the
future.

Sponsor: Texas Rehabilitation
Administration Association

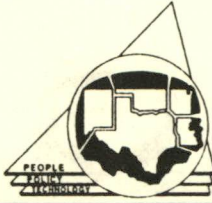
Doorprizes: Randy Jennings

Closing Announcements: Jeff Kaufmann

Facilitator: Ron Trull

10:00 AM - 3:00 PM

CONCURRENT SESSIONS



10:00 - 11:00 AM

LOOKING FOR WORK IN THE NEW ECONOMY

ROOM B

BY: Bob Wegmann, Ph.D., Professor of
Sociology, University of Houston
at Clear Lake.

FOCUS: Anyone seeking a job in the 1980's
walks into a very different labor market
than the one we have known since World
War II. Understanding these changes is
a key step in designing effective job
search strategies.

FACILITATOR: Jan Skinner

TRENDS IN CONSUMER CONCERNS

ROOM C

BY: Judith Sokolow, Director, Client
Assistance Program; Mike Collier, Rehab
Specialist; and Roberta "Ro" Roque, Rehab
Specialist-Advocacy, Inc.

FOCUS: The Client Assistance Program (CAP)
helps applicants and clients solve problems
with Vocational Rehabilitation Agencies.
A description of the kind of problems
that arise, how they are resolved, and
how agencies respond to recommendations.

SPONSOR: Client Assistance Program

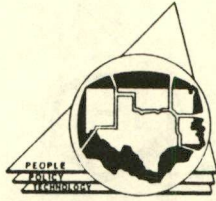
FACILITATOR: Judith Sokolow

POLICY ISSUES IN THE 90'S

BY: Lex Frieden, Executive Director, TIRR
Foundation, Assistant Professor, Baylor
of Medicine

SPONSOR: TRC Legal Services

FACILITATOR: William Churchill



10:00 AM - 12:00 NOON

WORK HARDENING

Room D

BY: Evaluating Workers - Kim Cavens, OTR,
David Steinman, Ph.D.; Work Simulation -
Nick Tsourmas, M.D.; Results - William
Taylor, M.D.

FACILITATOR: Harry Lundell

11:00 AM - 12:00 NOON

STRATEGIC TEAM DEVELOPMENT

Room B

BY: Oscar Mink, Ph.D., Professor, Human
Resources Development, University of
Texas, Austin.

FOCUS: A discussion of the importance of
alignment of task and related major
steps in the new development process.

SPONSOR: Texas Association of Rehab Secretaries

FACILITATOR: Jackie McPhail

AIDS: PERSONALIZING THE DISEASE

Room C

BY: Glen Maxey, AIDS Services of Austin

FOCUS: The faces behind the statistics. A
discussion about those currently seeking
AIDS services. Projections about who
our clients will be in the future, and
first hand experience dealing with the
persons facing the AIDS crisis.

FACILITATOR: Leigh Ann Meisner

APPLYING FOR DISABILITY (OR, "TOTO, WE'RE NOT IN KANSAS ANYMORE")

BY: "Hardly Ready for Prime Time Players"-

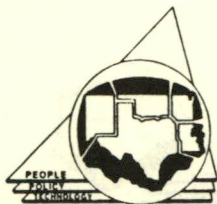
World Renowned Disability Reviewers -

Jack Pfister, Glenda Pack, Mickey Jacobs, Rick
Smith, Wanda Atkins, and Linda Kemper-Smythe.

FOCUS: Humorous and informative skit
showing the process of applying for
Social Security Disability benefits.

SPONSOR: Texas Association of Disability Examiners

FACILITATOR: Mickey Jacobs



1:30 PM - 3:00 PM

COUNSELING AND MANAGEMENT OF

BONNELL ROOM

**UNREALISTIC AND UNMOTIVATED CLIENTS-
A REVIEW OF REALITY THERAPY, BEHAVIOR
THERAPY, PROBLEM SOLVING, AND OTHER
COUNSELING TECHNIQUES**

BY: Robert E. Brabham, Ph.D., Executive
Director, National Rehabilitation Assoc.

FOCUS: Discussion of current issues and
assessment of strategies used in
counseling rehabilitation clients.

FACILITATOR: Terry Vander-Molen

MYERS-BRIGGS MANAGEMENT ANALYSIS

Room B

BY: Richard D. Grant, Ph.D., Consulting
Psychologist

FOCUS: Participants will use psychological
types to communicate effectively,
improve situational leadership, manage
stress, build teams, and design
optimal work environments.

FACILITATOR: Douglas Gullickson

WHY STRESS MANAGEMENT DOESN'T WORK:

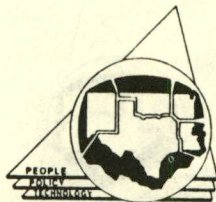
Room C

CHARACTER STYLE & WORK STYLE

BY: Barbara DeShong, Ph.D.

FOCUS: This presentation will briefly review
long-term results of stress management
training, focusing on how each of us
contributes to our stress experience.
Conclusions will note possibilities for
change going beyond standard stress
management techniques.

FACILITATOR: Linda Kemper-Smythe



MANAGEMENT OF PAIN

Room D

BY: "Pain-The Problem"-Rodney Simonsen, M.D.

"Restoring Attitude"-George Parker, Ph.D.

"Restoring Strength"-Mike Larrinaga, LPT

"Health/Nutrition"-Everett Heinze, M.D.

"Restoring ROM (Yoga)"-Ricki Dunn, Yoga
Therapist.

FACILITATOR: Ilene Gray

3:00 PM - 6:00 PM

WHEELCHAIR BASKETBALL TOURNAMENT

SCHOOL FOR THE DEAF

Busses begin leaving at 2:30

7:00 PM - 9:00 PM

TALENT SHOW

Rooms C & D

SPONSOR: Job Placement Division

8:00 PM - ???

NIGHT ON THE TOWN

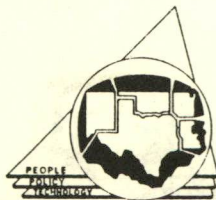
9:00 PM - 12 MIDNIGHT

Room E

CASINO NIGHT

SPONSOR: Texas Rehabilitation Counselors Association

-END OF DAY-



TUESDAY, JULY 12, 1988

8:00 AM - 5:00 PM

8:30 AM - 11:30 AM

Registration and Exhibits

Foyer

8:30 AM - 9:30 AM

TARS INSTALLATION

Texas Association of

Rehabilitation Secretaries

VICE PRESIDENT'S
SUITE

8:30 AM - 11:30 AM

CONCURRENT SESSIONS

8:30 AM - 9:30 AM

NEW DIRECTIONS IN PROSTHETICS

BY: Dennis Cole, Certified Prosthetist

FOCUS: A review of new materials and
procedures for the development and
fabrication of prostheses including
myoelectric arms and "running legs."

FACILITATOR: Jose Lawrence

Room A

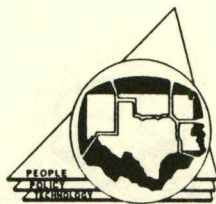
TRANSFORMATIONAL LEADERSHIP

BY: Ralph Kantor, Consultant for Executive
and Organizational Development

FOCUS: Characteristics of leadership during
times of crisis and transition will be
explored. Techniques for motivation,
delegation, decision-making, and
confrontation will be addressed. Elements
of a positive organizational culture will
be identified and strategies for
implementation will be discussed.

FACILITATOR: Frank Perdue

Room D



NATIVE AMERICANS WITH DISABILITIES INITIATIVE

Room C

BY: Mary Valentini, Regional Director,
TRC; Ray Ramirez, Supervisor, Tigua
Indian Reservation; Bobby Alcala, VR
Counselor, TRC.

FOCUS: A review of cultural facts/needs
in the delivery of rehabilitation
services to the American Indians with
disabilities.

FACILITATOR: Milton Lege

THE VOCATIONAL ADJUSTMENT OPTION

BONNELL ROOM

BY: TAVAC Executive Board Members

FOCUS: Slide presentation will address the
various responsibilities assigned to
the Vocational Adjustment Coordinator.
Discussion will include coordination
with agencies outside the school setting,
community based instruction for the
more severely impaired, and the role
of the VAC in planning and implementing
transitional programs for students with
disabilities.

SPONSOR: Texas Association of Vocational
Adjustment Coordinators

9:30 AM - 10:00 AM

BREAK

10:00 AM - 11:30 AM

HEALTH CARE IN THE 90'S

Room A

BY: Patrick Philbin

FOCUS: A projection of health care as it
will be experienced in the next decade.

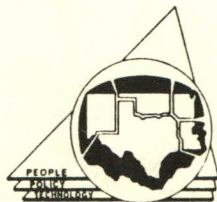
LEGAL ACTIVITIES IN HEALTH CARE

Room A

BY: Dick Materson, M.D.

FOCUS: A review of legal and legislative
issues facing health care professionals.

FACILITATOR: Ken Honeycutt



TAKING OWNERSHIP OF THE FUTURE:

Rooms B & C

A FUTURE PROBLEM SOLVING SESSION

BY: David Zach, Futurist, Innovative Futures

FOCUS: Using information about the future to your advantage is the focus of this program. Taking ownership of the future means identifying the skills and attitudes needed for effectively dealing with change on both a personal and professional level.

FACILITATOR: Tom Word

FIGHTING TO COMMUNICATE

TANNEHILL ROOM

BY: Carl Pickhardt, Ph.D., Private Psychologist working with adolescents

FOCUS: How adolescents can intensify family conflict and how helpers can work to keep communication lines open.

FACILITATOR: Nancy Flowers

LEGISLATIVE COMMITTEE: LEGISLATIVE ISSUES

BONNELL ROOM

BY: Randy Jennings, Chairman, TRA Legislative Committee

FOCUS: TRA Platform of issues for the State Legislature with supporting information.

FACILITATOR: Randy Jennings

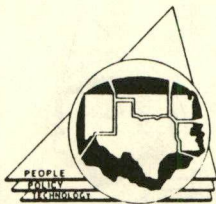
TRA/SOUTHWEST REGIONAL AWARDS LUNCHEON

11:30 AM - 1:30 PM

(Tickets are \$15 for persons not registered for conference)

PRESIDING: Viola Lopez, TRA President

INVOCATION: Rodney Simonsen, M.D.



PRESENTATION OF AWARDS: Tim Ross, KVUE-TV Air Personality

I. SOUTHWEST REGIONAL AWARDS

Voyle C. Scurlock Award
Meritorious Service Award
Secretary of the Year
Counselor of the Year
Job Placement Division Award
President's Award

II. TEXAS REHABILITATION ASSOCIATION AWARDS

Research and Project Demonstration Award
Physician of the Year
Disabled Citizen of the Year
President's Meritorious Service Award
Employer of the Year
Extra Mile Award

III. LEGISLATIVE AWARD

IV. N-EMMY AWARD

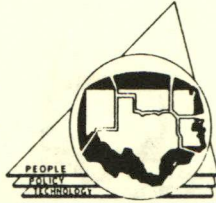
V. PRESENTATION OF DIVISION AWARDS

TEXAS ASSOC. OF REHAB. SECRETARIES
Boss of the Year
TARS Service Award
JOB PLACEMENT DIVISION
Bottom Line Award
TEXAS REHAB. ADMINISTRATION ASSOC.
Giant Step Award
TEXAS REHAB. COUNSELING ASSOCIATION
Counselor of the Year

ANNOUNCEMENTS: Jeff Kaufmann

LUNCHEON COORDINATOR: Glenda Pack

**AWARDS COORDINATORS: Ken Bowen
Pat Alba**



1:30 PM - 4:00 PM

CONCURRENT SESSIONS

1:30 PM - 2:30 PM

PROBLEMS IN REHABILITATION FOLLOWING

Room A

BRAIN INJURY

BY: Sam Brinkman, Ph.D., Director,
Neuropsychology Clinic

FOCUS: An overview of common problems,
special needs, and successful approaches
in various phases of rehabilitation of
the brain-injured person.

FACILITATOR: Ted Thayer

COALITION BUILDING

Room B

BY: Jim deJong, Executive Director, The
Coalition of Citizens with Disabilities
in Illinois

FOCUS: Bringing groups together to accomplish goals

FACILITATOR: Kaye Beneke

MONEY AND TAX PLANNING

TANNEHILL ROOM

BY: Ray W. Meyer, CPA

FOCUS: How to save money and reduce taxes for
personal goals; overview of basics with
questions and answers

FACILITATOR: Linda Ward

1:30 PM - 3:00 PM

MULTI-DIMENSIONAL SUPPORT SERVICES

Room E

BY: Collaborative Effort: TRC, MHMR,
and ISD

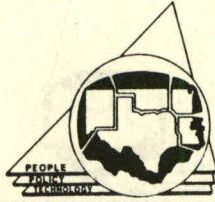
FACILITATOR: J.A. Duarte

2:00 PM

SILENT AUCTION BIDDING CLOSES

Room G

Purchase of auction items by 3:30 PM



2:45 PM - 4:15 PM

PHARMACOLOGICAL ADVANCES IN TREATMENT
OF HEAD INJURIES

Room A

BY: Catherine Bontke, M.D., Director, Head
Injury Program, TIRR

FOCUS: A discussion of drugs used to treat
spasticity, seizure disorders, agitation,
and enhance memory and cognitive function.

FACILITATOR: Peggy Kanellos

2:30 PM - 4:00 PM

RETIRED REHAB. WORKERS

Bonnell Room

BY: W.K. Harvey, Jr. Commissioner of TRC, Retired

FOCUS: Discussion of current issues in
rehabilitation with guest speaker, Max
Arrell, TRC Commissioner

FACILITATOR: W.K. Harvey, Jr.

FINDING AND SELLING THE VALUE IN YOUR SYSTEM

Room B

BY: Jerry Kaufman, J.J. Kaufman, Associates

FOCUS: Defining and getting the most from
your operation

FACILITATOR: Doretha Mitchell

3:00 PM - 4:30 PM

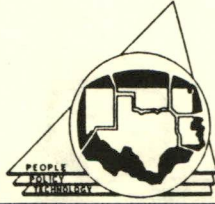
THE PINEAL GLAND, THE SUN, AND
SEXUALITY: HOW THEY ARE RELATED

Room D

BY: Russell Reiter, Ph.D., Professor of
Neuropsychology, University of Texas
Health Science Center

FOCUS: An exploration of the relationship
between light and human behavior and
and sexuality

FACILITATOR: Glenda Pack



3:00 PM - 4:00 PM

SUPPORTED AND TRANSITIONAL EMPLOYMENT:

Room C

HOW TO MEASURE EFFECTIVENESS AND QUALITY

BY: John Westbrook

FOCUS: A review of exemplary models of
case management and monitoring of
transitional employment efforts

FACILITATOR: George Melde

4:00 PM - 7:30 PM

Transitional Learning Center
Hospitality Suite

Room to
be Announced

Abbey Medical Hospitality
Suite

Room to
be Announced

TRA Division and Subchapter
Hospitality Suite

Room to
be Announced

5:00 PM - 6:30 PM

TRC STAFF MEETING: CURRENT
DEVELOPMENTS IN REHABILITATION

Room D

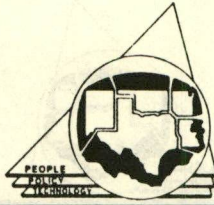
Max Arrell, Presiding; Joe Owens, Guest Speaker

8:00 PM - 12:30 PM

DANCE: Country Austin Style
Music By People's Choice; Complimentary
Snacks; Wheelchair Basketball Awards
Presentation

Rooms D & E

-END OF DAY-



WEDNESDAY, JULY 13, 1988

7:30 AM - 9:00 AM

Southwest Regional Annual Open
Business Meeting

Rooms D & E

8:00 AM - 12 NOON

Registration and Exhibits

Foyer

9:00 AM - 10:00 AM

Southwest Regional Open New
Board Meeting

Rooms A & B

9:00 AM - 10:30 AM

TRA Annual Open Business Meeting

Rooms D & E

Viola Lopez, Outgoing President

Tom Irons, Incoming President

Margaret O'Malley, Coordinator

Treasurer's Report

Committee Reports

Old Business

New Business

President's Report and Passing of the Gavel

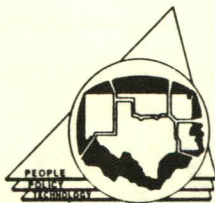
Acceptance Speech and Announcement of Appointees

10:30 AM - 12 NOON

Rooms D & E

CLOSING GENERAL SESSION

Presiding: Ed White, Southwest Region President



KEYNOTE PRESENTATION:

"A Year From Today..."

- Kaye Beneke, Moderator
- Jack Duncan, Governmental Affairs
Counsel, NRA
- Justin Dart, Past Commissioner of
Rehabilitation Services Administration
- Bill Brownfield, NRA President Elect
- Bob Brabham, NRA Executive Director

Facilitator: Ron Trull

Door Prizes

12 NOON

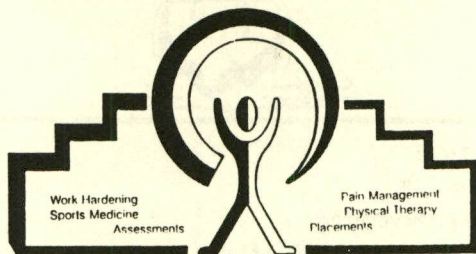
Conference Adjourns

1:00 PM - 3:00 PM

TRA New Board Meeting

Room A

ALAMO REHABILITATION CENTER



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Suite 304

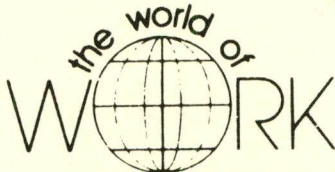
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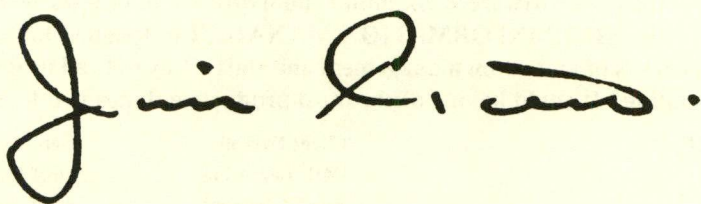
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A handwritten signature in black ink, appearing to read "Jim Cicero". The signature is fluid and cursive, with a period at the end.

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—Shakespeare

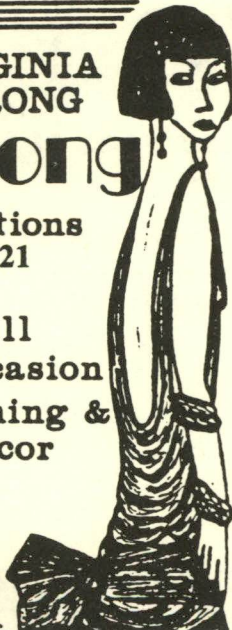
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The SCHI Casebook

SCHI provides services on a nationwide basis.



Background: Mexican-American female—dropout of mainstream program.

Disability: Severe bilateral sensorineural hearing loss.

Presenting Problems: No independent living skills, unsuccessful work record as hotel maid, no positive self-concept as a person or a worker, minimal communication skills

SCHI Services Provided: Vocational evaluation, personal adjustment counseling, career orientation training, apartment living.

Outcome: Employed as vending machine repairer, own apartment, own car.

VR Status: 26



Background: White male—graduated from state school for the deaf after formative years spent in school for the mentally retarded.

Disability: Profound bilateral deafness, scoliosis, learning disability.

Presenting Problems: No work or independent living skills, minimal sign language skills, institutionalized.

SCHI Services Provided: Basic skills evaluation, social adjustment counseling, communication skills, work adjustment, independent living skills.

Outcome: Employed as maintenance worker for fast food restaurant (4 1/2 years), own apartment, uses public transportation.

VR Status: 26

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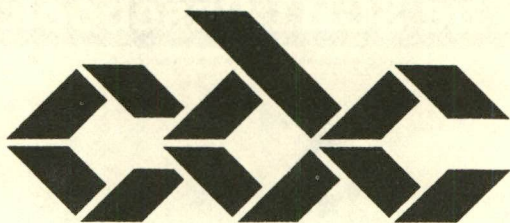
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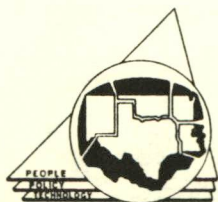
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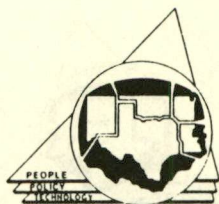
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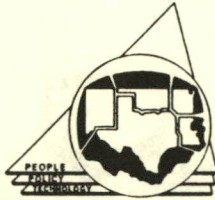
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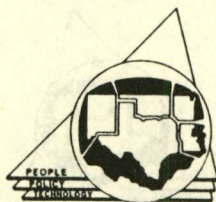
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The Finance Committee thanks all the TRA members statewide who made personal visits or calls to encourage participants to advertise, exhibit, or make donations to this conference.

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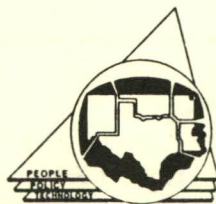
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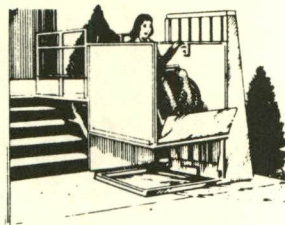


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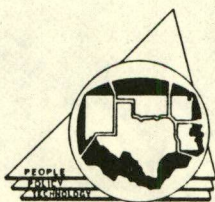
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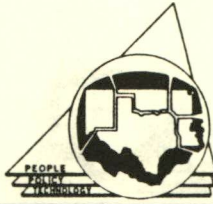
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Glasrock Home Health Care	3	Warm Springs Rehab. Hospital	22
Texas Rehabilitation Institute	4	CareFlite Ground	23
Greenery Rehabilitation Center	5	Healthsouth Rehabilitation Hospital	24
Abbey Medical	6	Lux Artificial Limb & Brace Co	25
HCA The Del Oro Institute		Lifecare	26
for Rehabilitation	7	Fortress Scientific, Inc.	27
RehabCare Corporation	8	Tangram Rehabilitation Network	28
Rebound, Inc.	9	Baylor Institute for Rehabilitation	29
Baton Rouge Developmental Centers	10	Lakes Medical	30
Owen Healthcare Centers, Inc.	11	Brown Schools Healthcare	
The Institute for Rehabilitation		Rehabilitation Center	32
& Research	12	UTA Integrating Technology Into	
National Medical Rentals, Inc.	13	Service Delivery	33
Support Systems International, Inc.	14	Spring Hill Rehabilitation Network	
DuraMed, Inc.	15	and Spring Creek Rehab Ctr	34
Dallas Rehabilitation Institute	16	St. David's Community Hospital,	
Transitional Learning Community	17	Rehabilitation Unit	35
Mentor Corporation	18	Texas Association of Rehabilitation	
Southwest Center for the		Professionals in the Private Sector	36
Hearing Impaired	19	Jim Johnson Chevrolet, Inc.	37

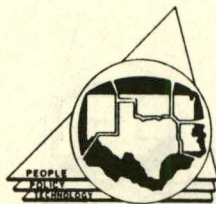


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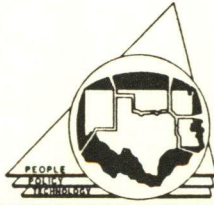
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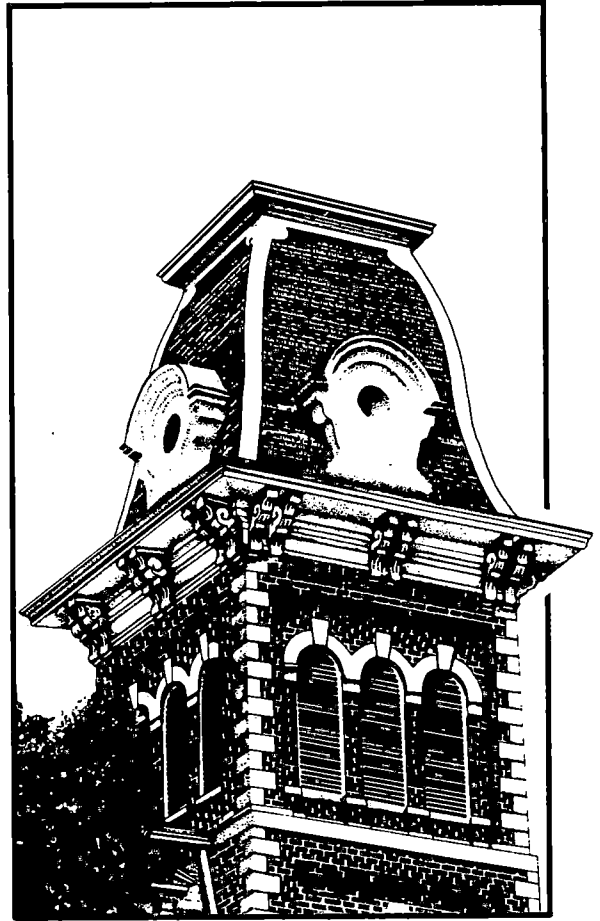
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Gary Olsen

Executive Director

**National Association of the Deaf
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Presently, Mr. Olsen serves the National Association of the Deaf as Executive Director. The Association is located in Silver Spring, Maryland. He has served as a member of the Congressional Commission on Education of the Deaf whose report was completed and submitted to Congress in February, 1988. During the recent student protests at Gallaudet University advocating for the selection of a deaf president, Mr. Olsen was featured in a special article which appeared in USA TODAY. He was also interviewed for the telecast on ABC's GOOD MORNING AMERICA news program.

Lex Frieden

Professor

**Baylor College of Medicine
ILRU Research and Training Center
on Independent Living at TIRR
Houston, Texas**

Mr. Frieden, a recognized leader in the field of independent living, has worked on innovative programs to assist people with disabilities to develop the capability to live independently. He has served as Director of the National Council on the Handicapped. Presently, he is on the faculty of Baylor College of Medicine and Executive Director of TIRR Foundation.

Franklin Shontz

Professor

**University of Kansas
Lawrence, Kansas**

Franklin Shontz, Professor of Psychology at the University of Kansas, Lawrence, Kansas, is a rehabilitation psychologist perhaps best known for his scholarly writing and research on the process of adjustment to physical disability. A well-known author, he received his Ph.D. in general psychology from Case Western Reserve University in 1953. Professor Shontz continues to be a strong advocate for people who are disabled. A major theme in his writing is the importance of the person's full participation in the rehabilitation process.

Lecture 1

Deaf People & Civil Rights: Where Do We Stand?

Speaker: Gary Olsen

Excelsior Hotel
Three State House Plaza
Little Rock, Arkansas

Thursday, May 19, 1988

5:00 - 7:30 p.m.

Lecture 2

Beyond Disability to Independence

Speaker: Lex Frieden

Sixth Floor Conference Room 615c
Hot Springs Rehabilitation Center
105 Reserve Avenue
Hot Springs, Arkansas

Monday, June 20, 1988

3:30 - 5:30

Lecture 3

Adjustment to Disability: Research and Its Implications

Speaker: Franklin Shontz

Graduate Education Auditorium
Graduate Education Building
University of Arkansas
Fayetteville, Arkansas

Monday, June 27, 1988

10:30 a.m. - 12:00 noon

Beyond Disability To Independence

a lecture by

Lex Frieden

Baylor College of Medicine
ILRU Research and Training Center
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**Monday, June 20, 1988
3:30 p.m.**

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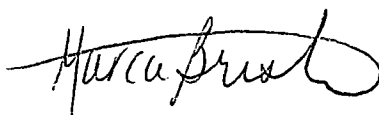
Dear Lex:

On behalf of all of us associated with NCIL, I thank you for serving as the National Conference on Independent Living key note speaker on Sunday, May 15th. We asked a difficult task of you and you fulfilled our every hope.

All of us deeply appreciated your message and approach. I liked the way you involved the audience. I was wondering if you have a copy of your speech and if so, could we re-produce it in the NCIL Newsletter for those who missed it? Let me know as soon as possible as a newsletter deadline is July 15th.

Good wishes for happiness at your new position. We will certainly miss you in Washington - at least as Executive Director of NCH. I am sure we will still see you, even in Washington! Have a lovely summer and thanks again.

Sincerely,



Marca Bristo
President

cc: Executive Board

June 10, 1988

TO: *Lex Frieden*

FROM: Melinda Dick *MD*
Administrative Assistant

We do not have copies of the actual program that was produced by the University of Kansas Printing Service. This is a xerox copy of part of the program contents.

If you need an entire copy of the program we would be happy to provide that also.



National Conference on Independent Living '88

Cosponsored by the Research and Training Center on Independent Living
at the University of Kansas, National Council of Independent Living, and ILRU Research
and Training Center on Independent Living at TIRR

Saturday, May 14

8:00-	R E G I S T R A T I O N						Renaissance I	-8:00
9:00-								-9:00
10:00-	Transitional Services New Hampshire I, II	Community Advocacy New Hampshire III	Services for Blind and VI La Martine	Legis. Developments Personal Assistance Conference A	Administrators Model Program Conference B	Unscheduled Conference C	NCIL Air Accessibility Conference D	-10:00
11:00-					Unscheduled Conference B	Unscheduled Conference C	NCIL Work Incentive Conference D	-11:00
12:00-	P O S T E R S E S S I O N						Rennaissance I, II	-12:00
1:00-	L U N C H						Renaissance Ballroom, Conference A, B, C, D, Bar, La Martine, Summerfields	-1:00
2:00-	N C I L A W A R D S						New Hampshire Ballroom	-2:00
3:00-	Generating Revenue New Hampshire I, II	Sexuality and Disability New Hampshire III	NCIL Computer Network La Martine	Deaf-Blind Services Conference A	Mobility International Conference B	Unscheduled Conference C	NCIL Housing Conference D	-3:00
4:00-					Unscheduled	Unscheduled		-4:00
5:00-	C O F F E E B R E A K						Renaissance I	-5:00
6:00-	Health Care New Hampshire I, II	Sexuality (continued)	American Disabilities Act La Martine	Deaf-Blind (continued)	Unscheduled Conference B	Unscheduled Conference C	NCIL Rehabi- litation Act Conference D	-6:00
7:00-					Unscheduled	Unscheduled		-7:00
8:00-	D I N N E R O N Y O U R O W N							-8:00
9:00-					NCIL Minority Committee Conference B			-9:00
10:00-								-10:00

Sunday , May 15

8:00-	SUNDAY, MAY 15							8:00
9:00-	Attendant Referral Pool <i>New Hampshire I, II</i>	CIL Business Partnerships <i>New Hampshire III</i>	Debate: Civil Disobedience <i>La Martine</i>	Cognitive Impairments <i>Conference A</i>	Unscheduled <i>Conference B</i>	Leadership Development <i>Conference C</i>	NCIL Focus Group <i>Conference D</i>	9:00
10:00-						Unscheduled	Unscheduled	10:00
	C O F F E E B R E A K <i>Renaissance I</i>							
11:00-	Referral Pool <i>(continued)</i>	Fundraising and Advocacy <i>New Hampshire III</i>	Title VII, Part B <i>La Martine</i>	Public Transportation in Rural America <i>Conference A</i>	Bachelor of Science <i>Conference B</i>	Substance Abuse <i>Conference C</i>	NCIL Focus Group <i>Conference D</i>	11:00
12:00-					Unscheduled	Unscheduled	Unscheduled	12:00
	L U N C H <i>Renaissance Ballroom, Conference A, B, C, D, Bar, La Martine, Summerfields</i>							
1:00-	K E Y N O T E A D D R E S S <i>New Hampshire Ballroom</i>							1:00
2:00-	Minority Problems <i>New Hampshire I, II</i>	IL Standards <i>New Hampshire III</i>	Deaf Services <i>La Martine</i>	Responsible Hospitality <i>Conference A</i>	Unscheduled <i>Conference B</i>	Unscheduled <i>Conference C</i>	NCIL Focus Group <i>Conference D</i>	2:00
3:00-					Unscheduled	Unscheduled	Unscheduled	3:00
4:00-	P O S T E R S E S S I O N <i>Renaissance I, II</i>							4:00
5:00-	Minority <i>(continued)</i>	Housing Services <i>New Hampshire III</i>	Social Security Work Incentives <i>La Martine</i>	Title VII, Part A <i>Conference A</i>	Hospitality Facilities <i>Conference B</i>	APRIL <i>Conference C</i>	Long-Term Care <i>Conference D</i>	5:00
6:00-					Unscheduled <i>Conference B</i>	Unscheduled <i>Conference C</i>	Unscheduled <i>Conference D</i>	6:00
7:00-	D I N N E R O N Y O U R O W N							7:00
8:00-					State Use of Part A Funds <i>Conference B</i>	ADAPT <i>Conference C</i>		8:00
9:00-								9:00
10:00-								10:00

Monday, May 16

8:00-						-8:00
9:00-	Supported Employment <i>New Hampshire I, II</i>	Media Portrayals and Watch Campaign <i>New Hampshire III</i>	Transportation and Court Decisions <i>La Martine</i>	Unscheduled		-9:00
10:00-				ILCs and Colleges Conference B		-10:00
	C O F F E E B R E A K <i>Renaissance I</i>					
11:00-	Employment <i>(continued)</i>	Media Portrayals <i>(continued)</i>	Assistive Technology <i>La Martine</i>	ILC Model <i>Renaissance II</i>		-11:00
12:00-						-12:00
1:00-	L U N C H					-1:00
	KEYNOTE ADDRESS: SUE SUTER, RSA					
2:00-						-2:00
3:00-	Peer Counseling <i>New Hampshire I, II</i>	Aging and IL Communities <i>New Hampshire III</i>	Media Credibility <i>La Martine</i>	NIDRR Grants <i>Renaissance II</i>		-3:00
			Unscheduled			

***Lunch will be served in the
Renaissance Ballroom, Bar area, La Martine,
and Summerfields. Sue Suter, the commissioner
of RSA, will give the keynote
address in the New Hampshire Ballroom.

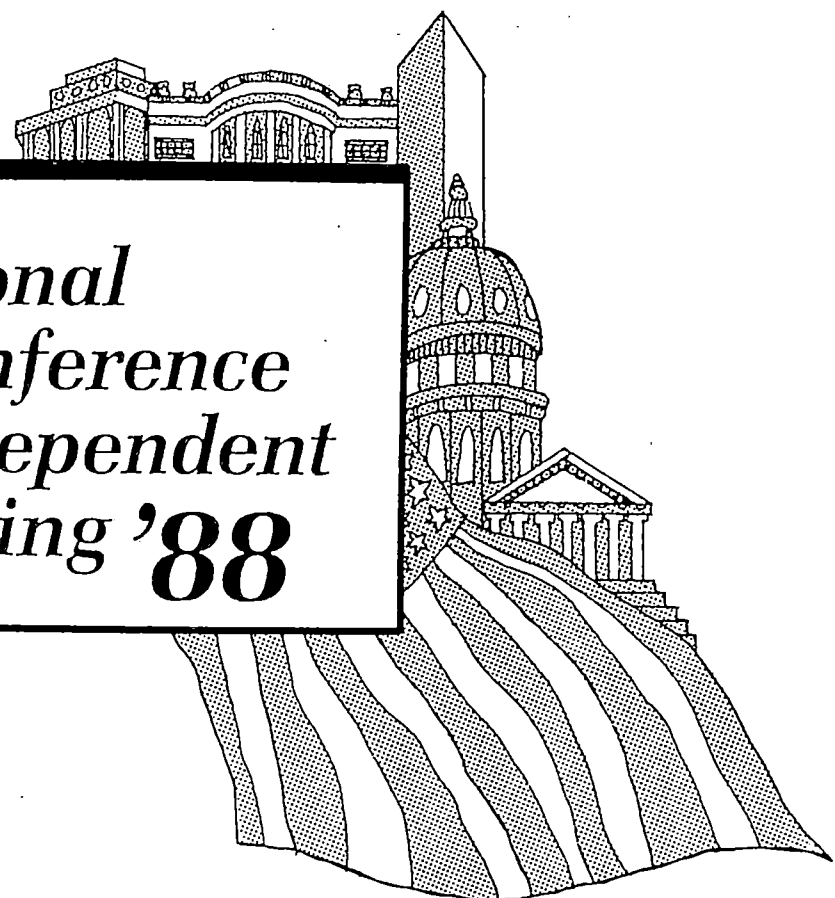
June 10, 1988

TO: Lex Frieden

FROM: Melinda Dick *MD*
Administrative Assistant

We do not have copies of the actual program that was produced by the University of Kansas Printing Service. This is a xerox copy of part of the program contents.

If you need an entire copy of the program we would be happy to provide that also.

An illustration of the United States Capitol building, showing its iconic dome and neoclassical architecture. In the foreground, a large American flag with stars and stripes is draped across the scene, partially obscuring the base of the building.

National Conference on Independent Living '88

Cosponsored by the Research and Training Center on Independent Living
at the University of Kansas, National Council of Independent Living, and ILRU Research
and Training Center on Independent Living at TIRR

Saturday, May 14

8:00-	R E G I S T R A T I O N						Renaissance I	-8:00
9:00-								-9:00
10:00-	Transitional Services New Hampshire I, II	Community Advocacy New Hampshire III	Services for Blind and VI La Martine	Legis. Developments Personal Assistance Conference A	Administrators Model Program Conference B	Unscheduled Conference C	NCIL Air Accessibility Conference D	-10:00
11:00-					Unscheduled Conference B	Unscheduled Conference C	NCIL Work Incentive Conference D	-11:00
12:00-	P O S T E R S E S S I O N						Rennaissance I, II	-12:00
1:00-	L U N C H						Renaissance Ballroom, Conference A, B, C, D, Bar, La Martine, Summerfields	-1:00
2:00-	N C I L A W A R D S						New Hampshire Ballroom	-2:00
3:00-	Generating Revenue New Hampshire I, II	Sexuality and Disability New Hampshire III	NCIL Computer Network La Martine	Deaf-Blind Services Conference A	Mobility International Conference B	Unscheduled Conference C	NCIL Housing Conference D	-3:00
4:00-					Unscheduled	Unscheduled		-4:00
5:00-	C O F F E E B R E A K						Renaissance I	-5:00
6:00-	Health Care New Hampshire I, II	Sexuality (continued)	American Disabilities Act La Martine	Deaf-Blind (continued)	Unscheduled Conference B	Unscheduled Conference C	NCIL Rehabi- litation Act Conference D	-6:00
7:00-					Unscheduled	Unscheduled		-7:00
8:00-	D I N N E R O N Y O U R O W N							-8:00
9:00-					NCIL Minority Committee Conference B			-9:00
10:00-								-10:00

8:00-								8:00
9:00-	Attendant Referral Pool <i>New Hampshire I, II</i>	CIL Business Partnerships <i>New Hampshire III</i>	Debate: Civil Disobedience <i>La Martine</i>	Cognitive Impairments <i>Conference A</i>	Unscheduled <i>Conference B</i>	Leadership Development <i>Conference C</i>	NCIL Focus Group <i>Conference D</i>	9:00
10:00-						Unscheduled	Unscheduled	10:00
	C O F F E E B R E A K <i>Renaissance I</i>							
11:00-	Referral Pool <i>(continued)</i>	Fundraising and Advocacy <i>New Hampshire III</i>	Title VII, Part B <i>La Martine</i>	Public Transportation in Rural America <i>Conference A</i>	Bachelor of Science <i>Conference B</i>	Substance Abuse <i>Conference C</i>	NCIL Focus Group <i>Conference D</i>	11:00
12:00-					Unscheduled	Unscheduled	Unscheduled	12:00
	Renaissance Ballroom, Conference A, B, C, D, Bar, La Martine, Summerfields L U N C H							
1:00-	K E Y N O T E A D D R E S S <i>New Hampshire Ballroom</i>							1:00
2:00-	Minority Problems <i>New Hampshire I, II</i>	IL Standards <i>New Hampshire III</i>	Deaf Services <i>La Martine</i>	Responsible Hospitality <i>Conference A</i>	Unscheduled <i>Conference B</i>	Unscheduled <i>Conference C</i>	NCIL Focus Group <i>Conference D</i>	2:00
3:00-					Unscheduled	Unscheduled	Unscheduled	3:00
	P O S T E R S E S S I O N <i>Renaissance I, II</i>							
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6:00-	Unscheduled	Unscheduled	Unscheduled	Unscheduled				6:00
	D I N N E R O N Y O U R O W N							
7:00-					State Use of Part A Funds <i>Conference B</i>	ADAPT <i>Conference C</i>		7:00
8:00-								8:00
9:00-								9:00
10:00-								10:00

Monday, May 16

8:00-						-8:00
9:00-	Supported Employment <i>New Hampshire I, II</i>	Media Portrayals and Watch Campaign <i>New Hampshire III</i>	Transportation and Court Decisions <i>La Martine</i>		Unscheduled	-9:00
10:00-					ILCs and Colleges Conference B	-10:00
	C O F F E E B R E A K <i>Renaissance I</i>					
11:00-	Employment (continued)	Media Portrayals (continued)	Assistive Technology <i>La Martine</i>	ILC Model <i>Renaissance II</i>		-11:00
12:00-						
1:00-	L U N C H					-1:00
	KEYNOTE ADDRESS: SUE SUTER, RSA					-2:00
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3:00-	Peer Counseling <i>New Hampshire I, II</i>	Aging and IL Communities <i>New Hampshire III</i>	Media Credibility <i>La Martine</i>	NIDRR Grants <i>Renaissance II</i>		-2:00
			Unscheduled			-3:00

***Lunch will be served in the Renaissance Ballroom, Bar area, La Martine, and Summerfields. Sue Suter, the commissioner of RSA, will give the keynote address in the New Hampshire Ballroom.

12

RESEARCH AND TRAINING ACTIVITIES OF WEST VIRGINIA R & T CENTER



College of Human Resources and Education
West Virginia University
806 Allen Hall, Morgantown, WV 26506-6122
and
One Dunbar Plaza, Suite E
Dunbar, WV 25064

RESEARCH AND TRAINING ACTIVITIES OF WEST VIRGINIA R & T CENTER

The West Virginia Research and Training Center (WVRTC) activities for the five-year grant cycle, beginning March 1, 1988, just funded by the National Institute on Disability and Rehabilitation Research (NIDRR) address the priority on IMPROVING THE MANAGEMENT OF REHABILITATION INFORMATION SYSTEMS. The overall goal of the research program is to research how improved management of information may enhance the decision-making or problem-solving competence of consumers of rehabilitation information. These consumers include persons with disabilities and their families, rehabilitation professionals and their organizations, employers, policymakers, legislators and educators in the area of rehabilitation. All of the projects feed into this objective. The consumers will have explicit input into the research program and into evaluation of research outputs. There are four dimensions to this consumerism approach: the decision maker, the decision or problem, the information, and the decision-making environment or organization. The research projects reflect these four dimensions.

Research Projects

R-1. Consumer Involvement in Information System Planning & Use. (Principal Investigator - David A. Molinaro, M.A.)

This project emphasizes how the decision makers (the consumers) define the problem and what resources/constraints they have. Since the core of all of the research projects is a thorough assessment of information needs of consumers, this project is specifically designed to provide the necessary linkage between the Center's research activities and the current and expected information needs of all groups representing the various segments of the consumers, establishing working relationships with them via interviews, conferences, and other communication channels, and using several approaches/methods to identify their information needs. The project staff will also examine the current state-of-the-art review of rehabilitation information systems (RIS) for developing an understanding between the Center staff and the consumer groups about the content, administration, and utilization of the output generated by the RIS.

R-2. Enhancing the Accessibility and Utilization of Disability Databases (both statistical and textual) for Consumers. (Principal Investigator - M.S. Tseng, Ed.D.)

Originally two projects were proposed: one focusing on linking and integrating statistical databases for rehabilitation planning and management; and the other to improve the accessibility and use of textual databases. These two projects are now merged and will be concerned with (1) the understanding and analyses of information requirements called for by the decisions or problems of the consumers; and (2) how currently available information may be used in their decision making or problem solving. This project will profit extensively from the results of R-1 (consumer involvement.) It is designed to dramatically reduce costs to consumers in accessing information and pull together the data they need. The results of this project should enhance the ability of all consumers of rehabilitation information to gain access to needed information resources.

R-3. An Organizational Analysis, Including Structure, Function, Staffing, and System Design for Information Use and Management in Rehabilitation. (Principal Investigator - Ranjit K. Majumder, Ph.D.)

Decisions are made or problems are solved in the context of an organization or other environment. Therefore, the nature and structure of the organization can significantly impact the flow of information within the organization for purposes of decision making at different hierarchical levels. This project will examine flow of information within rehabilitation agencies for decision making in the context of their structural and functional characteristics as well as staffing.

R-4. Analysis of Barriers (or Facilitators) to Information Access, Process, Use and Management within Rehabilitation Agencies. (Principal Investigator - Sita Misra, Ph.D.)

This project focuses on issues such as the extent to which organizations see information as a resource that they have the responsibility to make available to their personnel, and how the operation of contextual factors (e.g., organizational structure, incentive systems, group pressures, psychological environment) and external environmental variables may inhibit or facilitate information access and use within rehabilitation organizations.

R-5. The Evaluation & Development of a Software System for Functional Assessment (FA) in the Rehabilitation Program. (Principal Investigator - Sita Misra, Ph.D.)

This project will involve a meta-analysis of existing FA instruments or procedures and develop a viable database system which will not only be 'consultative,' but also 'prescriptive' to the needs of rehabilitation practitioners in the area of decision making. The automation of FA materials and procedures would allow clients to assess their own functional abilities. This type of consumer involvement, at the very early stages of the rehabilitation process, should encourage them to assume control over their own lives.

R-6. The Evaluation & Development of Service Planning & Case Management Systems. (Principal Investigator - Don E. McLaughlin, M.A.)

This project is directed toward (1) an assessment of the impact of software designed to support the rehabilitation planning and delivery process on the development of service plans and case management; (2) an analysis of existing software tools which support the planning and management of rehabilitation services; and (3) the development of new computer software on an as-needed basis. The project should help the rehabilitation community and persons with disabilities to develop an understanding of the role that computer-based tools can play in a rehabilitation program and of the impact they can have on the rehabilitation process.

R-7. The Review & Development of Software Systems for Evaluating the Rehabilitation Process & Outcomes. (Principal Investigator - Richard T. Walls, Ph.D.)

The focus of this project is on the evaluation of the rehabilitation process and outcomes. It will locate and review existing software used for evaluation and develop software to fill gaps and address needs in this area. Evaluation software, when viewed

in a macro context, allows a non-threatening look inside the process; it relates input and process to output in an informational way. Each managerial level should benefit from the results of this project.

R-8. Information Technology for Independent Living (IL): Evaluation and Development of IL Software Tools. (Principal Investigator - Denetta L. Dowler, M.A.)

The IL movement has stressed active client participation in all phases of the program. Software tools are an ideal medium for providing clients with direct access to their own records at any stage of their program. Software tools which allow interactive use of a computer by the client would greatly enhance client independence. Therefore, the overall goal of this project is to examine existing software tools in the light of the needs of IL consumers and service providers so as to (1) provide a clearer picture of existing tools and their effectiveness and (2) highlight the need for specialized software development.

Training and Dissemination Projects

The WVRTC training and dissemination program consists of eight projects (listed below) designed to promote the improved management and utilization of rehabilitation and disability relevant information systems and technology.

TD-1 Development of a Technical Assistance Support System for Rehabilitation Information Systems and Technology. Project TD-1 presents a plan for the development of a technical assistance support system for the rehabilitation community and disabled persons. This system, which will be accessible via computer and voice (through consultants), will provide a ready resource for information and knowledge about the application of information systems and technology to rehabilitation problems.

TD-2 Facilitating Meaningful Research. The WVRTC is committed to understanding the information needs of the rehabilitation community and disabled individuals. In this way, the Center can steer its research and training efforts to better meet these needs. The development of this understanding is the focus of Project TD-2.

TD-3 Linking and Profiling Consumer Information Needs. Often the solution to a problem can best be achieved by linking the person with the problem with a person who has previously dealt with it. The ability to establish such linkages effectively requires a good system for keeping track of who has been doing what. Project TD-3 describes the development and implementation of a computer based system to provide such tracking. The use of this system should significantly enhance the Center's ability to connect those with problems to those with solutions.

TD-4 On-Site Consultation to Rehabilitation Market Segments. The Center is often asked by rehabilitation agencies and organizations to provide on-site consultation regarding technical, organization, and implementation issues. Project TD-4 is intended as a mechanism for providing such consultation on a limited basis.

TD-5 Linkages Among NIDRR Supported Rehabilitation Information Systems: A Committee on Rehabilitation Information System Standards. Establishing linkages among NIDRR supported Rehabilitation Information Systems is the focus of Project TD-5. It will serve as a forum for such issues as intersystem compatibility, communication, user access, etc. The project should significantly enhance the integration and utility of NIDRR supported information resources.

TD-6 National State-of-the-Art Conference on Information Management. The WVRTC has for several years hosted the Rehabilitation Technology Associates (RTA.) This has included an annual meeting of individuals interested in the application of information technology to rehabilitation problems. Through Project TD-6 the Center will, in collaboration with RTA, conduct an annual conference on the state-of-the-art in information systems and technology in rehabilitation. This conference will keep interested disabled individuals and rehabilitation professionals up to date in this rapidly evolving field.

TD-7 Facilitating Communication Between Research and Model Demonstration Systems and Service Delivery Systems. Often useful techniques and procedures developed in research and demonstration settings have difficulty finding their way into practical application. Project TD-7 will provide a linkage between research and model demonstration systems and rehabilitation service delivery agencies, particularly in terms of issues in the management of service programs.

TD-8 Improved Rehabilitation Information Management: A Satellite Based Training System. Project TD-8 takes advantage of the WVRTC's considerable experience and expertise in the area of satellite delivered education to provide on-going training and dissemination. Through this project the Center will broadcast, via satellite, a series of training sessions on a variety of topics designed, among other things, to improve the management and utilization of rehabilitation information systems. This approach to training and dissemination represents an efficient mechanism for achieving technical and professional skill development on a mass scale while maintaining high standards of quality.



College of Human Resources and Education

West Virginia University

Research and Training Center

June 8, 1988

Mr. Lex Frieden
National Council on the Handicapped
800 Independence Ave., SW, Suite 814
Washington, DC 20591

Dear Mr. Frieden:

We are pleased that you have agreed to be a part of our Center's Advisory Committee. We are looking forward to meeting with you and discussing plans for our projects. Enclosed is some information about WVRTC and the projects that we will be undertaking for the next five years. Also enclosed is the priority announcement to which we responded, as it was printed in the Federal Register.

It would be most helpful to us now if, after you look over the materials sent today, you could provide us with some of your thoughts about our projects. We are most interested in learning what you feel are some of the specific issues and concerns that WVRTC should be addressing relative to the priority topic our funding was based on. We are considering having our first advisory committee meeting in Washington sometime this fall and knowing your thoughts ahead of time will help us prepare an agenda.

Once again, thank you for your participation in this venture. We look forward to receiving your comments and to meeting with you.

Sincerely,

Ranjit K. Majumder, Ph.D.
Director of Research and Professor

Enclosures

agencies, private industry, or other relevant organizations;

- Identify and assess methods to use technology to improve supported employment; and
- Develop, evaluate, and disseminate materials to provide information, technical assistance, and motivation for supported employment programs, using various media and assuring that all materials are accessible to various persons with disabilities, and are distributed to businesses that may be interested in supported employment programs.

Improving the Management of Rehabilitation Information Systems

Access to specialized information is an essential element of all rehabilitation activities. Major strides in research and training on such severe, but low-incidence, disabilities as spina bifida, spinal cord injury, and deaf-blindness have come through the establishment of specialized information systems and data linkages among programs. Independent living and vocational and other rehabilitation programs generate and use large amounts of information. Eligibility determinations, case management requirements, organizational structures, decisions of rehabilitation professionals and clients, and client or program evaluations all require complex information systems.

In addition, broad and rapid dissemination of new knowledge requires central data depositories with access through on-line data retrieval at the point of use. The implementation and improvement of rehabilitation information systems have substantial program implications; these systems generate needs for staff competent in the use of computers, for interagency and intra-agency coordinating agreements, and for continuous review and revision of the system. Rehabilitation agencies are increasingly using information technology and various databases in all aspects of their rehabilitation programs. As a result of past research and development efforts in this area, several significant rehabilitation information bases and automated information systems are in place or under development, including Spinal Cord Injury Data Systems, Traumatic Brain Injury Systems, Independent Living Systems, the State-Federal Vocational Rehabilitation System, and the databases on the demographics of disability.

At this time, it is important to assure that current and future databases are properly integrated, maintained, and used to enhance rehabilitation practices and results. A Center working in this

area must identify model linkages and other arrangements through which the operators of these information systems can cooperate on mutual program goals; develop and test methods to use specific information system components in planning, delivering, and evaluating rehabilitation services; and provide training and information exchange to improve the management of rehabilitation information systems.

A critical element of any Center to be funded in response to this priority will be the involvement of disabled individuals in the planning, implementation, and review of the Center's activities, and specifically in the process of increasing consumer access to information on rehabilitation program processes and outcomes.

An absolute priority is proposed for an RRTC to:

- Develop specific procedures and methods to enhance access to, and effective use of, disability-related information systems by rehabilitation agencies, consumers, and related organizations;
- Identify program needs, including staffing, system design, and organizational development components, and develop training programs to promote improved rehabilitation information management;
- Evaluate existing computer programs, and develop new programs where needed, to improve rehabilitation use of information systems in such areas as functional assessment, development of service plans, case management, and evaluation of rehabilitation processes and outcomes;
- Provide technical assistance to professional and consumer groups on issues related to rehabilitation information systems, with particular attention to availability of resources, avoidance of duplication of data components, methods of data analysis, and cooperation among information sources;
- Facilitate communication between research and model demonstration systems and rehabilitation service delivery agencies on issues in the management of service programs;
- Conduct conferences, presentations, short-term institutes, and other training activities to facilitate linkages among rehabilitation information systems, particularly those organized as a result of research support from NIDRR; and
- Organize at least two national state-of-the-art conferences on information management for rehabilitation research and service delivery during the period of the project.

Improving Community Integration for Persons with Mental Retardation

A basic tenet of the concept of community integration of people with mental retardation is that they live and work in non-restrictive community environments. The expressed preferences of disabled individuals and their families favor maximum community integration, living in typical residences, working in regular jobs, and using community facilities for daily living activities and recreation. Most States have closed institutions, or parts of institutions, where people with mental retardation had resided in the past, and have discharged their clients into a variety of community settings. One of the major challenges to successful deinstitutionalization is that of developing local community capacity to provide appropriate options in residences, work, education, and recreation for individuals with mental retardation. It is important to support rather than supplant families so that citizens with disabilities are not forced into institutions or other out-of-home settings. Results of previous research indicate that small-scale, normalized living arrangements are most effective in promoting successful integration into the community for most disabled populations.

Social relationships and support systems are an integral part of successful integration into community living. People with disabilities need opportunities and social skills to interact with a range of nondisabled persons in the community, including family members, neighbors, merchants and providers of community services, and other participants in job, school, or recreational settings. The involvement of parents and consumers in all aspects of the design, operation, and monitoring of community services to persons with mental retardation has increased the sensitivity of service providers.

A program of coordinated, interdisciplinary research and training is needed to develop and disseminate rehabilitation approaches that improve the social and community living skills of persons with mental retardation; enhance the available residential options; and increase the capacities of consumers, parents, and professionals to operate a program of community integration that is guided by the needs and preferences of individuals with mental retardation and their families. A critical element of any Center to be supported in response to this priority will be the involvement of disabled persons and their families in the design,

RESEARCH AND TRAINING PROGRAMS



West Virginia Research & Training Center
College of Human Resources and Education, WVU
806 Allen Hall, Morgantown, WV 26506-6122
and
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Dunbar, WV 25064

WHAT IS WV RESEARCH & TRAINING CENTER?

The West Virginia Rehabilitation Research & Training Center (WVRTC) is a federally-funded program, established in 1966, to research and develop new and improved methods and programs to serve individuals with handicaps. It is one of the three vocationally-oriented national research and training centers. The research conducted by the Center is in line with the national goals as reflected in the Rehabilitation Act of 1973. A distinguishing characteristic of the Center is that it is a joint grant to both West Virginia University (WVU) and to the WV Division of Rehabilitation Services (WVDRS).

WHAT ARE ITS GOAL AND OBJECTIVES?

The ultimate goal of the Center is the same as that of the Rehabilitation Program: to improve the quality of life and employment opportunities for individuals with disabilities. In line with this broad goal, the Center's long-range objectives are to (a) improve the productivity of individuals with disabilities, and (b) increase their responsibility for assuming control of their lives.

The medium- or short-range objectives of the Center change according to the national program priorities established by the National Institute on Disability and Rehabilitation Research (NIDRR) every five years. The WVRTC, based on its long-standing experience, interest, and sophisticated computer facilities, has selected the priority area, IMPROVING THE MANAGEMENT OF REHABILITATION INFORMATION SYSTEMS, for the 1988-1993 five-year grant cycle, which is an extension of its 1983-1988 priority (Improving the Management of Rehabilitation Programs.)

Therefore, the Center's specific objectives for the next five-years are: (a) to develop specific procedures and methods to enhance access to and effective use of disability and disability-related information systems by rehabilitation agencies, consumers, and related organizations; (b) identify program needs, including staffing, system design, and organizational development components, and develop training programs to promote improved rehabilitation information management; and (c) evaluate existing computer programs and develop new ones where needed to improve rehabilitation use of information systems in areas of functional assessment, development of service plans, case management, and evaluation of rehabilitation processes and outcomes.

HOW DOES THE CENTER ACHIEVE ITS GOAL AND OBJECTIVES?

Working to foster productivity and independence through the use of technology, assessment techniques, and expansion of job opportunities, the strategy developed by the Center to achieve its mission is a four-fold one: research, development, dissemination, and utilization. Being the national center for the study of management of the federal vocational rehabilitation program, the Center studies the VR system and its operations. It is a key resource for management information system development and analysis and develops computer software programs for the VR program. The Center also has an active National Advisory Committee consisting of representatives from other rehabilitation programs. This committee reviews the activities of the Center, recommends priority areas, and functions as a vehicle for dialogue between the Center and service programs in the nation.

WHAT IS ITS SOURCE OF FUNDING?

The Center is funded by the NIDRR. The Center has just received its funding for the first year of its five-year grant cycle and has entered into a cooperative agreement with its grantor. The fiscal year for the Center begins on March 1.

The Job Accommodation Network (JAN), which is part of the WVRTC, is a national information and consulting service for businesses that want to hire or retain persons who are disabled or have become disabled. JAN was established in 1983. It is sponsored by the President's Committee on Employment of the Handicapped and funded by the NIDRR and Rehabilitation Services Administration (RSA).

The Center also has fared well in receiving other grants and has conducted these research and training projects as they contribute to the overall goal and objectives. Currently, the Center is working on two special projects on expert systems, one funded by the Social Security Administration (SSA) for two years, and the other by the NIDRR for three years. The Center has an annual operating budget close to \$2 million.

WHAT ARE SOME OF ITS SIGNIFICANT ACCOMPLISHMENTS?

Vocational Assessment & Development

1. Vocational Behavior Checklist (VBC) - a diagnostic tool designed for thorough and comprehensive assessment of individuals based on their ability to perform vocationally related tasks. Also, it clearly defines work and work related skills and specifies a broad range of work skills applicable to a wide range of jobs.
2. Independent Living Behavior Checklist (ILBC) - a

diagnostic tool (patterned after the VBC in format and usage) which focuses on particular skill objectives that impact upon an individual's capacity to live independently. It contains 342 individual skill objectives divided into the categories of mobility, self-care, home maintenance and safety, food, social and communication, and functional academic skills.

3. Preliminary Diagnostic Questionnaire (PDQ) - a multi-dimensional technique for measuring an individual's level of functioning in eight work and non-work related domains. It caters to the need of rehabilitation practitioners for a practical and reliable measure for gauging the state of an individual's handicap severity and employment potential. It also deals with the broader concerns of the administrator for assessing organizational effectiveness and efficiency in terms of counselor caseloads and client outcomes.

Program Evaluation

1. Profile Analysis Technique (PAT) - a technique for plotting standardized program factors on a profile in order to facilitate comparison within or among rehabilitation agencies. This has been widely accepted for use as an evaluation tool by State Rehabilitation Agencies. The Center sponsors a semi-annual program evaluation forum for agencies in Region III and introduces them to new evaluation techniques.
2. A Simplified Model for Cost-Benefit Analysis in Rehabilitation Programs - an approach that placed cost-benefit methodology within the reach of the State Rehabilitation Agencies. This management tool is used not only for program assessment, but also for pinpointing areas of need.

Behavioral Assessment and Intervention

1. Expectancy Evaluation and Counseling - a concept used to assess client attributions of success and failure that provides a context for counseling and behavior change. Locus of control is an expectancy variable that analyzes the client from the standpoint of how much control he/she feels he/she has in life situations. It is a partial determinant of such crucial rehabilitation dimensions as client proficiency, employability, and training success. The Center, therefore, developed a counseling strategy for rehabilitation counselors to induce desired changes in locus of control among their clients, thereby leading toward increasing their ability to assume control of their lives and achieve independence.
2. How to Train New Skills - a practical guide to planning, teaching, and evaluating. This popular text book includes fifty topics (e.g., behavioral contracts, task analysis, prompting and fading, backward and forward chaining) in a question and answer format.

Application of Computer Technology to Rehabilitation

1. Resource Allocation Decisions Applied to Rehabilitation (RADAR). A system based on the theoretical framework for decision making and tailored to the management of programs dealing with case-work services. It is a personal computer based management tool by which managers can experimentally manipulate factors that may affect the performance of a service program. Using actual program data, RADAR then determines and displays the projected consequences of these program changes.

2. SPECTRUM - a software package which contains a comprehensive set of information management and decision support tools. These computer programs include resource exploration, service planning, and client caseload databases as well as software tools for enhancing the utility of these information resources. It also includes software to facilitate intra- and inter-agency information communications.
3. Excellence Through Information Management - a decision support system for rehabilitation agencies designed to allow rehabilitation managers to view their programs in both current and potential terms. This RADAR based prototype has been developed with the assistance of the Ohio Rehabilitation Services Commission. It involved the integration of several types of data from that agency (e.g., client, fiscal, environment).
4. Computerized Data Services - mainframe and microcomputer hardware/software and database resources for rehabilitation. The Center has compiled and maintains the country's most extensive database of rehabilitation information. This database serves as a substantial resource for the Center's research and model development activities. Response by the rehabilitation community to the technical capability of the Center has been extremely positive and has resulted in numerous requests for access and assistance.

Special Initiatives

1. Job Accommodation Network (JAN) - a computer-based information service for employers, rehab professionals, and individuals with disabilities. It provides information on feasible modifications to work situations to accommodate the needs of employ-

ees and job applicants who are disabled. This service, available nationally, has provided information on accommodations in response to nearly 8,000 requests as of January 1988.

2. Randolph-Sheppard Management System - a training package targeted to the needs of field staff professionals whose job is to provide consultation and advisory services to those blind individuals who manage small business enterprises under the Randolph-Sheppard program. The package is organized around a systematic approach to managing a small business (planning, operationalizing, and evaluating). It focuses on the information and skills needed to run both retail shops and food services. Fifteen self-instructional print modules (also available on audiocassettes) are supplemented by five videotapes. Sales of the package are strong with 47 states having purchased multiple copies of the package.
3. Satellite Technology - national training events on topics related to improved service delivery. Over 5,000 people have been trained throughout the continental United States, Alaska, Hawaii, and Guam by participation in a Center's satellite-delivered program or conference. The Center has taken advantage of the efficiency and economics of satellite technology in the dissemination of research project outcomes and as a vehicle for the development and distribution of specially funded programs, such as the Employee Assistance Programs and Supported Employment Programs for individuals with developmental disabilities.

Current & Future Projects

The overarching objective of the Center's research program for the next five years (1988-1993) is to re-

search how improved information management may enhance the decision making/problem solving competence of key information consumers. These consumers include persons with disabilities, rehabilitation professionals, and rehabilitation organizations. They will have explicit input into the research program and into evaluation of research outputs. Our initial research project, "Consumer Involvement in Information System Planning and Use" is planned so as to provide the foundation for all of the other research projects. The research projects are clustered around the following three priorities:

1. Development of specific procedures and methods to enhance access to, and effective use of, disability and disability-related information systems by rehabilitation agencies, consumers, and related organizations.
2. Identification of program needs, including staffing, system design, and organizational development components, and development of training programs to promote improved rehabilitation information management.
3. Evaluation of existing computer programs and development of new ones where needed to improve rehabilitation use of information systems in areas of functional assessment, development of service plans, and case management, and evaluation of rehabilitation processes and outcomes.

Besides the research output, projected products for the next five-year grant cycle are:

- A comprehensive computer software system for service planning and case management in rehabilitation

- A computer based model for evaluation of rehabilitation process and outcomes
- A prototype self-directed rehabilitation system
- A "how-to" guide on organizing for better information management
- Enhancing access to and use of disability information systems
- Standards for database construction
- Training to improve rehabilitation information management
- Technical consultation to professional and consumer groups

PHYSICAL FACILITIES & RESOURCES

The Center has two offices. The Director of Research, the Associate Director for computer applications, and the research staff are located on the campus of West Virginia University within the College of Human Resources and Education in Morgantown, West Virginia. The Center Director and Associate Director of Training are located at Dunbar, West Virginia near the WV Rehab Center. The Center has a powerful system of resources to support its research and related programs. Among these resources are its information processing, print production, and audio-visual production capabilities. A major new resource is the availability of a full-function satellite transmission facility. In addition to its internal computer facilities [hardware (VAX 11/785) and software], the Center has direct access to WVNET Network of computers, BITNET, and Telenet. The Center has several IBM PCs, color graphics facilities, and laser printers. The Center maintains a large collection of rehab and disability-related databases such as:

- R-300 and R-911 data files for the years 1971-1985 (approximately 13 million cases)
- PDQ Database (3500 records from 35 states)
- JAN database
- Ohio database
- Text databases
- NIDRR Database Depository

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Secretary
Jonna David
Data Technician

**WORKING GROUP ON
HEALTH INSURANCE POLICIES
EFFECTING DISABLED PERSONS**

LEX FRIEDEN

OFFICE OF SPECIAL EDUCATION AND REHABILITATIVE SERVICES

OSERS



NIDRR

NATIONAL INSTITUTE ON DISABILITY AND REHABILITATION RESEARCH

Gary Olsen

Executive Director

**National Association of the Deaf
Silver Spring, Maryland**

Presently, Mr. Olsen serves the National Association of the Deaf as Executive Director. The Association is located in Silver Spring, Maryland. He has served as a member of the Congressional Commission on Education of the Deaf whose report was completed and submitted to Congress in February, 1988. During the recent student protests at Gallaudet University advocating for the selection of a deaf president, Mr. Olsen was featured in a special article which appeared in USA TODAY. He was also interviewed for the telecast on ABC's GOOD MORNING AMERICA news program.

Lex Frieden

Professor

**Baylor College of Medicine
ILRU Research and Training Center
on Independent Living at TIRR
Houston, Texas**

Mr. Frieden, a recognized leader in the field of independent living, has worked on innovative programs to assist people with disabilities to develop the capability to live independently. He has served as Director of the National Council on the Handicapped. Presently, he is on the faculty of Baylor College of Medicine and Executive Director of TIRR Foundation.

Franklin Shontz

Professor

**University of Kansas
Lawrence, Kansas**

Franklin Shontz, Professor of Psychology at the University of Kansas, Lawrence, Kansas, is a rehabilitation psychologist perhaps best known for his scholarly writing and research on the process of adjustment to physical disability. A well-known author, he received his Ph.D. in general psychology from Case Western Reserve University in 1953. Professor Shontz continues to be a strong advocate for people who are disabled. A major theme in his writing is the importance of the person's full participation in the rehabilitation process.

Lecture 1

Deaf People & Civil Rights: Where Do We Stand?

Speaker: Gary Olsen

Excelsior Hotel
Three State House Plaza
Little Rock, Arkansas

Thursday, May 19, 1988

5:00 - 7:30 p.m.

Lecture 2

Beyond Disability to Independence

Speaker: Lex Frieden

Sixth Floor Conference Room 615c
Hot Springs Rehabilitation Center
105 Reserve Avenue
Hot Springs, Arkansas

Monday, June 20, 1988

3:30 - 5:30

Lecture 3

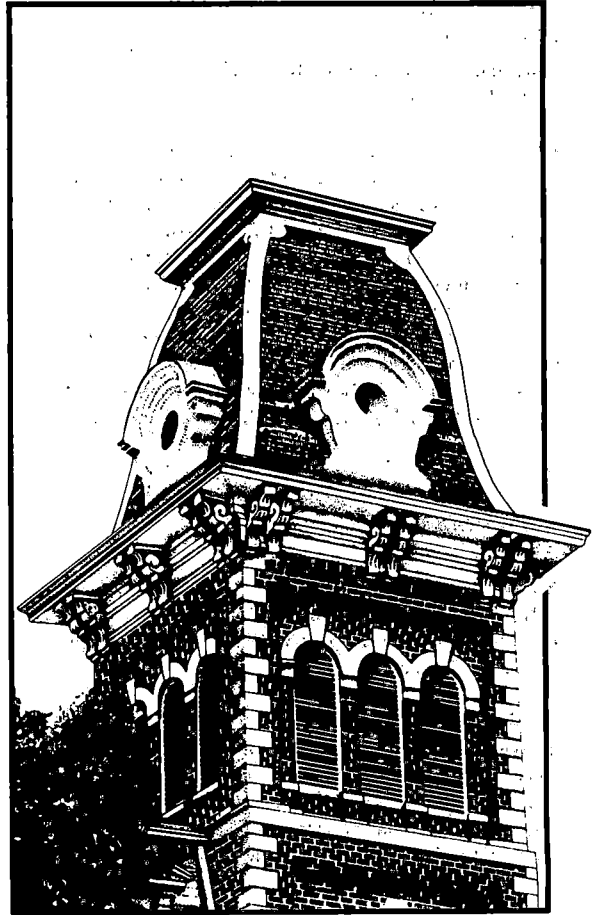
Adjustment to Disability: Research and Its Implications

Speaker: Franklin Shontz

Graduate Education Auditorium
Graduate Education Building
University of Arkansas
Fayetteville, Arkansas

Monday, June 27, 1988

10:30 a.m. - 12:00 noon



COLLEGE OF EDUCATION
UNIVERSITY OF ARKANSAS—FAYETTEVILLE
DEPARTMENT OF REHABILITATION EDUCATION & RESEARCH

Proudly present

REHABILITATION AND INDEPENDENCE

A Lecture Series

Beyond Disability To Independence

a lecture by

Lex Frieden

Baylor College of Medicine
ILRU Research and Training Center
on Independent Living at TIRR

**Monday, June 20, 1988
3:30 p.m.**

Sixth Floor Conference Room 615c
Hot Springs Rehabilitation Center
105 Reserve Avenue • Hot Springs, Arkansas

Sponsors:

**Department of
Rehabilitation Education
and Research**



**College of Education
University of Arkansas
Fayetteville**

*The public is invited and there is no admission charge.
A reception will be held immediately following the lecture.*

ACTIVITY SCHEDULE

LEX FRIEDEN

ROOM 615C

HOT SPRINGS REHABILITATION CENTER

MONDAY, JUNE 20, 1988

9:30 - 11:30 AM

RESEARCH & TRAINING AND RRCEP STAFF

9:30-10:30 R+T (Bob-ollier) R-6

11:30 - 1:00 PM

LUNCH

1:00 - 2:30 PM

MR. BOND AND AGENCY STAFF - ROOM 615B

2:30 - 3:30 PM

BREAK

3:30 - 4:30 PM

BEYOND DISABILITY TO INDEPENDENCE
BY LEX FRIEDEN

4:30 - 5:30 PM

RECEPTION IN ROOM 615B

CC: GENE HARWOOD
ROY FARLEY
LEON THORNTON
SHELBY FRYAR
BETTY HERRON

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AA 156 N 22 JUN 510P OK H
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W. LITTLE ROCK		AA	156	M	22 JUN	5:10P	OK	M
WASHINGTON NATL								
TO								

FARE EQUIV. FARE PD. TAX TAX TAX TOTAL

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FARE EQUIV. FARE PD. TAX TAX TAX TOTAL

FARE CALCULATION

FORM OF PAYMENT

CPN. AIRLINE CODE FORM SERIAL NUMBER CK

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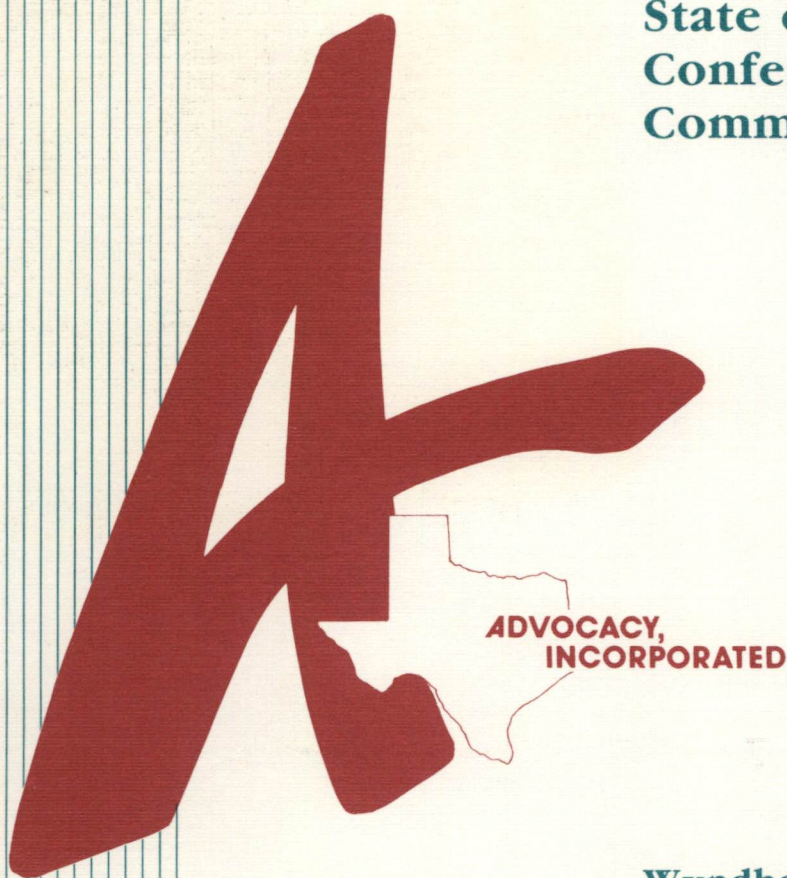
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Community Integration: Here To Stay

State of the Art
Conference on
Community Integration



Wyndham Southpark Hotel



COMMUNITY INTEGRATION: HERE TO STAY

A community is made up of physical, social, and emotional aspects. Traditionally, persons with disabilities have had few opportunities to be integrated into more than the physical aspect of the community. To be truly integrated, a person must physically live and work in the community, be socially connected with friends, and be emotionally interdependent on others of his or her choice. We believe that all persons should be valued members of their community; all persons have the same human needs and basic rights; and persons with and without disabilities can all benefit from living, working and being together.

AGENDA

TUESDAY, JUNE 7

7:00 — 9:00 p.m. Participants may pick up their conference packets at the registration table outside of rooms — *Wyndham C&D*

WEDNESDAY, JUNE 8

7:30 — 9:00 a.m. Registration/Continental Breakfast — *Wyndham C&D*

9:00 — 9:15 a.m. Welcoming Remarks:
Dayle Bebee, Executive Director
Advocacy, Inc.
Roger Webb, Executive Director
Texas Planning Council for Developmental Disabilities

9:15 — 9:30 a.m. **Community Integration: What Is It and Why Is It Important?** — *Wyndham C&D*
Diane Shisk, Managing Attorney-At-Law
Advocacy, Inc.

9:30 — 10:45 a.m. **No More Segregated Settings: How to and Why Not?** — *Wyndham C&D*
Marsha Forrest, Director
Center for Integrated Education
Frontier College, Ontario, Canada
Imagine a future where all children with disabilities would grow up in integrated settings. Marsha Forrest will show how this is being done in selected sites in Canada. Her pioneering work is sure to excite and stimulate all to work toward a shared vision of real children in real settings: growing and learning and playing together — regardless of disability.

10:45 — 11:00 a.m. BREAK

11:00 — 12:30 p.m. **Now That I'm "Grown Up": The Quality of Life For an Adult With Disabilities** — *Wyndham C&D*
Mary Cerreto, C.E.O.
Accreditation Council on Services for People With Developmental Disabilities (ACDD)
Our attitudes and beliefs about persons with developmental disabilities have changed. Results of these changes provide opportunities to enhance the quality of life for individuals with disabilities. Dr. Cerreto will specifically address how to make a quality enhancement movement a reality in our service delivery system.

12:30 — 2:00 p.m. LUNCH (on your own)

1:00 — 2:00 p.m. Two new community integration films, **Regular Lives** and **A New Way of Thinking** will be featured at this time. These films portray individuals in successful, innovative integrated settings. Location will be announced.

2:00 — 3:30 p.m. **Preparing People With Severe Intellectual Disabilities to Live, Work and Play in Integrated Environments and Activities** — *Wyndham C&D*
Lou Brown, Professor of Education
University of Wisconsin

How can we enable children with severe disabilities to learn, live, play, and grow up in their own communities in a way that better prepares them for an independent and productive adulthood? Dr. Brown will present what he and others are doing to better prepare such children for adult life. His presentation will be of interest to teachers and parents, and to adult service providers who will work with them after the age of 22.

3:30 — 3:45 p.m. BREAK

3:45 — 5:00 p.m.

Crackerbarrel Presentations:

There's a lot happening in the community integration movement for people with disabilities, both in Texas and around the country. These informal sessions will offer conference participants an opportunity to share ideas, concerns and experiences about what is happening here in Texas and what is going on in other states.

SCR 129/135: A Statewide Transition Initiative — Southpark B

Ken Crow, Director of Interagency Coordination
Texas Education Agency

Transition Services Task Force: Creating Change Through Planning and Advocacy — Wyndham F

Patricia Anderson, Chairperson
Transition Services Task Force

The Role of Sheltered Workshops in Creating Opportunities for Integrated Work — Wyndham C

Gretchen Claiborne, Assistant Deputy Commissioner
Mental Retardation Services
Texas Dept. of Mental Health and Mental Retardation
Jopie Smith, Council Specialist
Texas Planning Council for Developmental Disabilities

Community Homes: Are They For Everyone? — Wyndham D

Dot Young, Associate Executive Director
Tri-County Mental Health and Mental Retardation Services
Marsha Grove, Ph.D., Director of Mental Retardation
Austin Travis County Mental Health and Mental Retardation Center
Ron Manns, Resource Department Coordinator
Austin Travis County Mental Health and Mental Retardation Center

How Do You Spell Relief? Respite — Wyndham A

Jennifer Cernoch, Ph.D., Director
Texas Respite Resource Network

Home and Community-Based Services (HCS) — New Name, Renewed Vision — Southpark A

Linda Daniel, M.S.W., Coordinator
Home and Community-Based Services Program
Texas Department of Mental Health and Mental Retardation

The New ICF-MR Regs: Stop Holding Your Breath — Room 102

Rosalie Boldin, Director of Special Programs and Services
Texas Department of Mental Health and Mental Retardation
Connie Henderson, ICF-MR Specialist
Texas Department of Human Services
Texas Department of Health Representative

Private Provider Concerns — Wyndham B

Dick Johnson, Executive Director, and other members
Texas Association of Private ICF-MR Providers

An Administrator's Perspective on Integrated School Programs

— *Learning Center*

Jerry Vlasak, Ph.D., Assistant Superintendent
Nancy Nelson
Student Support Services
Humble I.S.D.

Day Alternatives for Dually Diagnosed (DADD) or What To Do When DADD Steps In — Room 104

Kay R. Lewis, M.D., F.A.A.P.
The University of Texas
Mental Sciences Institute
Ed Bradshaw, M.S.W.
The University of Texas
Mental Health Institute

In-Home and Family Support: Services You Choose In Your Own Home

— Wyndham E

Betty Hable, Special Projects Coordinator

Services to Aged and Disabled Persons

Texas Department of Human Services

Robbie Davis, Planner

Texas Planning Council for Developmental Disabilities

Liz Shelby, MR Services

Texas Department of Mental Health and Mental Retardation

THURSDAY, JUNE 9

8:00 — 8:30 a.m. Continental Breakfast/Welcome

8:30 — 9:30 a.m. **On The Threshold of Independence** — Wyndham A,B,C

Lex Frieden, Executive Director

National Council on the Handicapped

Think about how our world would be structured if we were to live in a truly integrated society. What would be the implications for social policy and state and federal laws? Lex Frieden has considered that vision and is working to make it a reality. His presentation will address the progress we have made and what must happen to realize the vision.

9:30 — 10:30 a.m. **Supported Employment: Making Real Work a Realistic Goal** — Wyndham A,B,C

Jan Nisbet, Director

Institute on Disability

University of New Hampshire

Supported employment offers people with severe disabilities the chance to do real work in the community. Although she has no magic formulas, Jan Nisbet will share principles and practical examples for practitioners, parents, and advocates to use in developing successful supported employment programs.

10:30 — 10:45 a.m. BREAK

10:45 — 12:00 p.m. **Concurrent Breakout Sessions:**

Preparing People With Severe Intellectual Disabilities to Perform Meaningful Work in Integrated Environments — Wyndham C

Lou Brown

MAPS: Strategies for Building a Circle of Friends — Learning Center

Marsha Forrest

From Paper to People: Quality Assurance to Quality Enhancement

— Wyndham B

Mary Cerreto

Self Advocacy and Empowerment — Wyndham A

Lex Frieden

Successful Strategies for Supported Employment — Southpark A,B

Jan Nisbet

12:15 — 1:30 p.m. Catered Lunch — Wyndham C,D,E,F

Luncheon Address: **Developing a Vision: From a Parent's Point of View**

Cory Moore, Parent and Advocate

Montgomery County, Maryland

Ms. Moore is an advocate at the local, state, and national level for the rights of persons with disabilities. She is the mother of three children, one of whom has multiple disabilities. She eloquently gives a parent's perception of how she views both the present and the future for her child and for others.

1:30 — 2:45 p.m. **Repeat morning breakout sessions**

Preparing People With Severe Intellectual Disabilities to Perform Meaningful Work in Integrated Environments — Wyndham C

Lou Brown

MAPS: Strategies for Building a Circle of Friends — Learning Center

Marsha Forrest

From Paper to People: Quality Assurance to Quality Enhancement

— *Wyndham B*

Mary Cerreto

Self Advocacy and Empowerment — *Wyndham A*

Lex Frieden

Successful Strategies for Supported Employment — *Southpark A,B*

Jan Nisbet

2:45 — 3:00 p.m. BREAK

3:00 — 4:30 p.m. **New Directions for Medicaid** — *Wyndham A,B,C*

Allan Bergman, Ph.D., Deputy Director

Governmental Affairs Office

United Cerebral Palsy Association

Of the many new and exciting public policy initiatives to support community integration for people with disabilities, none has the potential for more far-reaching consequences than proposed changes to federal Medicaid legislation. Allan Bergman is a leading authority on public policy issues for persons with disabilities. He has been active with the Medicaid Task Force for the Consortium for Citizens with Developmental Disabilities and helped draft legislation advocating Medicaid reform.

4:30 — 5:00 p.m. **Closing Remarks:** Diane Shisk — *Wyndham A,B,C*

6:00 — 7:30 p.m. Reception for The Honorable Steve Bartlett, U.S. House of Representatives (invited)

MacBeth Recreation Center

2502 Columbus Drive, Zilker Park

Use of the MacBeth Center provided by the Austin Parks and Recreation Department, City of Austin.

CANCELLED

POST CONFERENCE SYMPOSIUM

Changing Direction: A Look At State and Federal Policy Considerations

FRIDAY, JUNE 10

8:00 — 9:00 a.m. Registration/Continental Breakfast

9:00 — 9:30 a.m. Welcoming Remarks and Symposium Overview

Dave Sloane, Associate Executive Director

Advocacy, Inc.

9:30 — 10:15 a.m. Keynote Address: **Moving Toward Independence: Recent Federal Initiatives**

The Honorable Steve Bartlett, U.S. House of Representatives (invited)

10:15 — 10:30 a.m. BREAK

10:30 — 12:30 a.m. **Implications for Texas**

Legislators and Agency representatives will discuss the impact of federal legislation and initiatives on health and habilitation services in Texas.

CANCELLED

CONFERENCE FACULTY

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Austin, TX 78764
(512) 447-4141

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Services to Aged and Disabled Persons
Texas Department of Human Services
P. O. Box 2960
Austin, TX 78769
(512) 450-3197

Connie Henderson
Policy Development Department
Texas Department of Human Services
P. O. Box 2960 (340-W)
Austin, TX 78769
(512) 450-3169

Dick Johnson
Texas Association of ICF-MR Private
Providers
P. O. Box 15988
Austin, TX 78761
(512) 476-7666

Kay Lewis, M.D.
University of Texas
Mental Sciences Institute
1300 Moursund
Houston, TX 77030
(713) 791-6603

Ron Manns
Austin Travis County Mental Health
and Mental Retardation
611 South Congress

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(512) 447-4141

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Montgomery County Association for
Retarded Citizens, Inc.
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Rockville, MD 20852
(301) 984-5792

Nancy Nelson
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Humble, TX 77347
(713) 540-5001

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Institute on Disability
Morrill Hall
University of New Hampshire
Durham, NH 03824
(603) 862-4320

Liz Shelby
Mental Retardation Services
Texas Department of Mental Health
and Mental Retardation
P. O. Box 12668
Austin, TX 78711-2668
(512) 465-4639

Diane Shisk
Advocacy, Incorporated
7800 Shoal Creek Blvd., #171-E
Austin, TX 78757
(512) 454-4816

Dave Sloane
Advocacy, Incorporated
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Jopie Smith
Texas Planning Council for
Developmental Disabilities
118 East Riverside
Austin, TX 78704
(512) 445-8867

Jerry Vlasak, Ph.D.
Humble I.S.D.
Box 2000
Humble, TX 77347
(713) 540-5001

Roger Webb
Texas Planning Council for
Developmental Disabilities
118 East Riverside Drive
Austin, TX 78704
(512) 445-8867

Dot Young
Tri-County Mental Health
and Mental Retardation Services
610 Loop 336 East
Conroe, TX 77035
(409) 756-8122

CONFERENCE LOGISTICS

REGISTRATION FEE: The \$30.00 registration fee covers training, materials, continental breakfast each day, coffee and lunch on Thursday, June 9. All registration fees are due in advance.

REGISTRATION DEADLINE: The registration deadline is May 25, 1988.

HOTEL: The conference will be held at the Wyndham Southpark Hotel, 4140 Governor's Row, Austin, Texas. Special conference rates are \$50.00/night for a single or double occupancy room (plus 13% sales tax). **For reservations call (512) 448-2222 or the Texas toll free number 1-800-822-4200 and ask for the rooms reserved for the Advocacy, Inc. training: Community Integration Here to Stay.** Room reservations must be made by May 25, 1988, directly with the hotel.

ACCESSIBILITY: Please notify the hotel if you need a wheelchair accessible room or have special requirements.

TRANSPORTATION: The Wyndham Southpark Hotel offers free limo service to and from the airport. Use the courtesy phone near the baggage area to request a ride. Persons using wheelchairs who need accessible transportation, contact Billie G. Bitely at (512) 477-4562. This request must be made by June 1.

CANCELLATIONS: Cancellations must be made within 72 hours of the conference in order to receive a refund.

STIPENDS/SCHOLARSHIPS: A limited number of registration scholarships and stipends for hotel expenses are being funded by the Texas Planning Council for Developmental Disabilities. These scholarships/stipends are intended for persons who would like to attend the conference but do not have either agency or organizational sponsorship. Travel and food costs will *not* be included in the stipend. For further information about the scholarships/stipends contact Billie G. Bitely at (512) 477-4562.

FOR MORE INFORMATION: Contact Billie G. Bitely at (512) 477-4562.

(Clip and Return)

REGISTRATION FORM Community Integration: Here to Stay

Return to: Billie G. Bitely
Texas Legal Services Center
210 Barton Springs Rd., #300
Austin, TX 78704

Return By:
May 25, 1988

NAME _____ ORGANIZATION/AGENCY _____
ADDRESS _____ CITY _____
STATE _____ ZIP _____ PHONE # () _____

Make checks payable to Advocacy, Inc.

_____ The \$30.00 registration fee is enclosed.

_____ I have the following request(s):

_____ mobility services

_____ sign language interpreter

_____ materials in braille

_____ special diet — please specify: _____

_____ Other: _____

CONFERENCE PRESENTATIONS WILL BE BASED ON THE FOLLOWING PRINCIPLES:

Children and adults with disabilities, including those with severe physical and mental limitations, should participate in integrated services in their home communities.

Services should be individualized and should support persons with disabilities to make choices based on their needs, abilities, and desires.

Every person with a disability should be empowered, which occurs when the person actively participates in the design, operation, and monitoring of services that they will be receiving.

Services should support people with disabilities in ordinary homes, schools, jobs, and other community settings, alongside typical people.

The rights of persons with disabilities should be affirmed, and those rights should be limited only with due process.

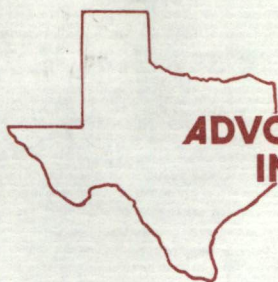
Partial funding for this conference is provided by the Texas Rehabilitation Commission on behalf of the Texas Planning Council for Developmental Disabilities.

202-785-3388 Paul Marchand

Advocacy, Incorporated

7800 Shoal Creek, Suite #171E
Austin, Texas 78757

Bulk Rate
U.S. Postage
PAID
Permit No. 1823
Austin, Texas



**ADVOCACY,
INCORPORATED**

512-477-4562

Billy Bitely

*Advocating the Legal Rights of Texans with Developmental Disabilities
Implementing the Client Assistance Program for Rehabilitation Clients
Advocating the Legal Rights of Texans with Mental Illness*

Catherine Dayle Bebee
EXECUTIVE DIRECTOR

February 17, 1988

Mr. Lex Frieden, Exec. Director
National Council on the Handicapped
800 Independence Avenue, S.W., #814
Washington, D.C. 20591

Dear Mr. Frieden:

We are in the process of finalizing the plans for the Community Integration Conference scheduled for June 8-10, 1988. The conference is being called COMMUNITY INTEGRATION: HERE TO STAY. The Planning Committee has developed a statement of philosophy for the conference (see attachment) and has chosen presenters consonant with our philosophy.

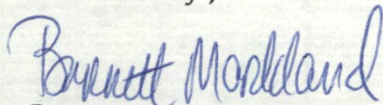
We are delighted that you have agreed to be a presenter at the conference. You bring experience and expertise to our conference and that will stretch and enrich the participants. Currently, we are planning on an audience of approximately 400 persons. We are inviting consumers, parents and family members, service providers, teachers, administrators, and legislators to attend.

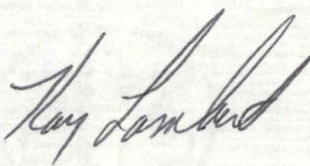
We need a copy of your resume, curriculum vita, or other material, that we can use in the conference brochure to "market" you to the intended audience. Since our audience is varied, you can anticipate that some of the participants will be unfamiliar with you and your work. It would also help us if you would name your presentation for the agenda, and please notify us of the audio visual aids you will require. Please send that information as soon as possible as the brochure needs to be disseminated in March.

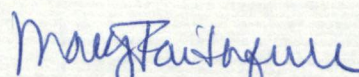
Billie Bitely is assuming responsibility for logistical arrangements; she will be contacting you to discuss handouts you would like distributed, hotel and travel arrangements, and reimbursement of expenses.

Again, our thanks for your participation in the Conference. If you have questions or need assistance, call one of us at 512-454-4816.

Sincerely,


Barrett Markland


Kay Lambert


Mary Faithfull

jm
Attachment

7700 Chevy Chase Drive, Suite 300 • Austin, Texas 78752
512/454-4816 • Voice or TDD • 1/800 252-9108 Toll Free
EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER

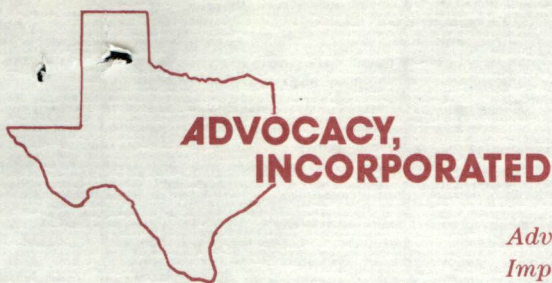
PHILOSOPHY

A community is made up of physical, social, and emotional aspects. Traditionally, persons with disabilities have had few opportunities to be integrated into more than the physical aspect of the community. To be truly integrated, a person must physically live and work in the community, be socially connected with friends, and be emotionally interdependent on others of his/her choice. We believe that:

All persons should be valued members of their community.

All persons have the same human needs and basic rights.

Persons with and without disabilities can all benefit from living, working and being together.



*Advocating the Legal Rights of Texans with Developmental Disabilities
Implementing the Client Assistance Program for Rehabilitation Clients
Advocating the Legal Rights of Texans with Mental Illness*

Catherine Dayle Bebee
EXECUTIVE DIRECTOR

January 8, 1988

Mr. Lex Frieden, Director
National Council on the Handicapped
800 Independence Avenue, Suite 814
Washington, DC 20591

Dear Lex:

Happy New Year! I am settling down to work after an enjoyable holiday trip to Minnesota.

I wanted to get back in touch with you about the Community Integration Conference which Advocacy, Inc. is planning for June 8-10, 1988, here in Austin.

Let me start by telling you that we are committed to bringing in state-of-the-art presenters to discuss the philosophy, principles and implementation of community integration. Marsha Forest, Lou Brown, Jan Nesbit and Mary Cerrito have all agreed to speak. The audience, anticipated to be around 400 persons, will be comprised of consumers, parents, educators, social service providers and rehabilitation counselors. Our goal is to have a good mix of participants representing both children's and adult issues. It is important that consumers, families and service providers learn more about the continuum of issues so they will become more effective advocates. Also, I think it is important that we keep "pounding home" the point that the services and programs need to be generic in nature and based on functional needs rather than diagnostic categories.

Specifically, I envision your presentation covering many of the issues included in your publication, Towards Independence. One of the themes of the Conference is that all persons (including persons with disabilities) share similar needs and wants. Our society needs to be structured in such a way that the attainment of those needs and wants is possible for persons with disabilities. I think Towards Independence does an excel-

Mr. Lex Frieden
January 8, 1988
Page Two

lent job of describing what has to be in place in order for persons to access our society.

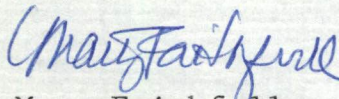
We are putting the finishing touches on the agenda now. At the moment, we are planning for you to participate in a panel on the second day (June 9) to discuss adult integration issues. Later, on the same day, we would like you to give an hour presentation and discuss more in-depth what is needed from the Federal Government (the societal fabric that needs to exist) and what participants can do to get things moving in the right direction. Following your presentation will be an introduction to the Medicaid Reform legislation (S1673).

Marsha Forest, Lou Brown and Mary Cerrito will all present on the first day, laying the foundation and establishing the tone. We need you to discuss cross-disability adult integration issues. The Conference is being sponsored by Advocacy, Inc. and the Texas Planning Council for the Developmentally Disabled so the focus will be on persons with developmental disabilities.

We will pay for travel, lodging and food costs for you and your attendant. It was my understanding from our conversation that the nature of your position prohibits you from accepting an honorarium. We will certainly be happy to make a contribution to the National Council on the Handicapped.

Please call if you have any questions. I will follow-up in the next month to firm things up and discuss the Conference and your role. We are all very excited that you can attend, and we look forward to working with you.

Sincerely,



Mary Faithfull
Community Services Specialist

MF:jm

Mary Fentzel

7800 Shoal Creek Blvd

St. 71 - E

Austin

78757

Em. List

course of action. And, it is having the freedom to fail - and to learn from one's failures, just as non-disabled people do.

There are, of course, individuals who have certain mental impairments which may affect their ability to make complicated decisions or pursue complex activities. For these individuals, independent living means having every opportunity to be as self-sufficient as possible.

Independent living. It isn't easy, and it can be risky. But millions of people with disabilities rate it higher than a life of dependency and narrow opportunities and unfulfilled expectations.

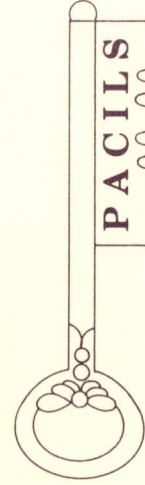
**HOURS: 8 A.M. - 5 P.M.
MONDAY - FRIDAY**

PACILS

3608 S. Washington
Amarillo, TX 79110

Non-Profit Organization
U.S. POSTAGE
PAID
Amarillo, TX 79105
PERMIT NO. 308

TO:



"Your Key to Independence..."

**PANHANDLE ACTION CENTER
INDEPENDENT LIVING SKILLS**

3608 S. Washington, Amarillo, Texas 79110 (806) 352-1500
TDD - (806) 352-8630

SERVING PEOPLE WITH DISABILITIES IN THE GREATER AMARILLO AREA
A NON-PROFIT TAX-EXEMPT ORGANIZATION

WHAT IS PACILS?

The Panhandle Action Center for Independent Living Skills, established in 1988, is a non-profit non-residential organization managed and operated by and for persons with disabilities. Our purpose is to enable persons with disabilities to gain effective control and direction of their own lives. The Center attempts to stimulate and promote a growing sense of personal dignity and responsible community participation of person with disabilities through training, community development and direct services to meet the unmet needs of persons with disabilities.

The Center receives its grant funding through Title VII of The Rehabilitation Act and relies on donations of money, bequests, memorials and volunteers to help keep us growing. Currently, all services are offered free to individuals and the community.

PACILS PHILOSOPHY?

Persons with disabilities. . .

- are the best judges of their own interests - not professionals. They should, ultimately, determine how services are organized on their behalf.
- must rely primarily on their own resources and ingenuity to acquire the rights and benefits to which they are entitled.
- are entitled to participate to the fullest extent possible in the economic and political life of the community.

WHO IS ELIGIBLE FOR SERVICES?

Any person, regardless of disability, any civic or community organization in Potter and Randall counties of the greater Amarillo area is eligible for services. Any person, civic or community organization regardless of residency, is eligible for information and referral services.

WHAT SERVICES DO WE OFFER?

Intake and Counseling:

After individuals are interviewed, written plans are developed by participants desiring independence, outlining goals and methods to achieve these goals.

Peer Counseling and Support:

Staff and volunteers provide the peer support so necessary in coping with a new disability or in striving to live more independently. These services are also available to family members and significant others.

Advocacy Services:

Staff is available to participants when discrimination -- in employment, education, communication or denial of access to social services, housing or public facilities -- poses obstacles to independence. In addition, persons with disabilities are assisted in *understanding and utilizing benefits* available to them.

The Center is also involved in community advocacy, working within the community to create the accessibility and awareness necessary for participation by persons with disabilities.

Information and Referral:

The Center maintains comprehensive information files on availability in the community of accessible housing, transportation, employment opportunities, rosters of persons available to serve as personal care attendants, interpreters for hearing-impaired people, and many other services.

Family Services:

An entire family is often involved in coping with a disability. The Center provides workshops and programs that address the needs of family members. Parents are also assisted in locating appropriate educational and recreational opportunities for children.

Independent Living Skills:

Staff provides individual and group instruction which teaches skills necessary for independent living. The training includes interpersonal communication, financial management, living arrangements, nutrition and meal preparation, leisure time, adaptive equipment and health care maintenance.

Telephone Interpreting:

A hearing or communicatively (speech) impaired consumer may come to our office and obtain assistance in making a phone call and/or having the call interpreted. A TDD is available at PACILS.

WHAT IS INDEPENDENT LIVING?

Most Americans take for granted opportunities they have -- regarding living arrangements, employment situations, means of transportation, social and recreational activities and other aspects of everyday life.

For many disabled individuals, physical and social barriers within their communities take away or severely limit their freedoms of choice in the lifestyles they may desire.

Independent living assistance and rehabilitation through PACILS is directed at enabling individuals to acquire or reacquire independent living skills in spite of severely disabling conditions.

Independent living services through PACILS are designed to assist disabled individuals of all ages to function as independently and in as consistent a manner as possible, regardless of changes within their physical status or social environments.

Independence or dependence is a matter of degree and the degree experienced often rests on factors external to the individual.

Essential, independent living is living just like everyone else -- having opportunities to make decisions that affect one's life, being able to pursue activities of one's own choosing, and being limited only in the same ways that one's non-disabled neighbors are.

Independent living should not be defined in terms of living on one's own, being employed in a job fitting one's capabilities and interests, or having an active social life. These are aspects of living independently. Independent living has everything to do with self-determination. It is having the right and the opportunity to pursue a

Return Address

PACILS
3608 S. Washington
Amarillo, TX 79110

PLEASE ADD ME TO YOUR MAILING LIST:

NAME: _____

ADDRESS: _____

TELEPHONE: _____

I AM A:

_____ PERSON WITH A DISABILITY

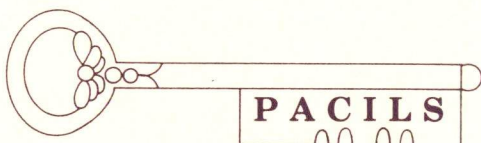
_____ PARENT/GUARDIAN

_____ TEACHER/EDUCATOR

_____ VOCATIONAL COUNSELOR

_____ COMMUNITY SERVICE PROVIDER

_____ OTHER: _____



"Your Key to Independence"

**HOURS: 8 A.M. - 5 P.M.
MONDAY - FRIDAY**

PLEASE SEND YOUR COMMENTS TO:

PANHANDLE ACTION CENTER FOR INDEPENDENT
LIVING SKILLS (PACILS)

3608 S. WASHINGTON

AMARILLO, TX 79110

(806) 352-1500

TDD - (806) 352-8630