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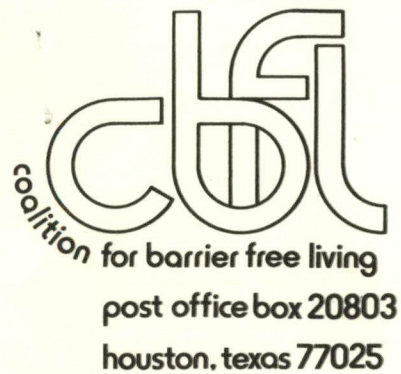
Lef. Frieden

To

Lef. Frieden - New Options

From

Linda Pickle



*Handicapped Feb 17-18-19
Leadership Conference*

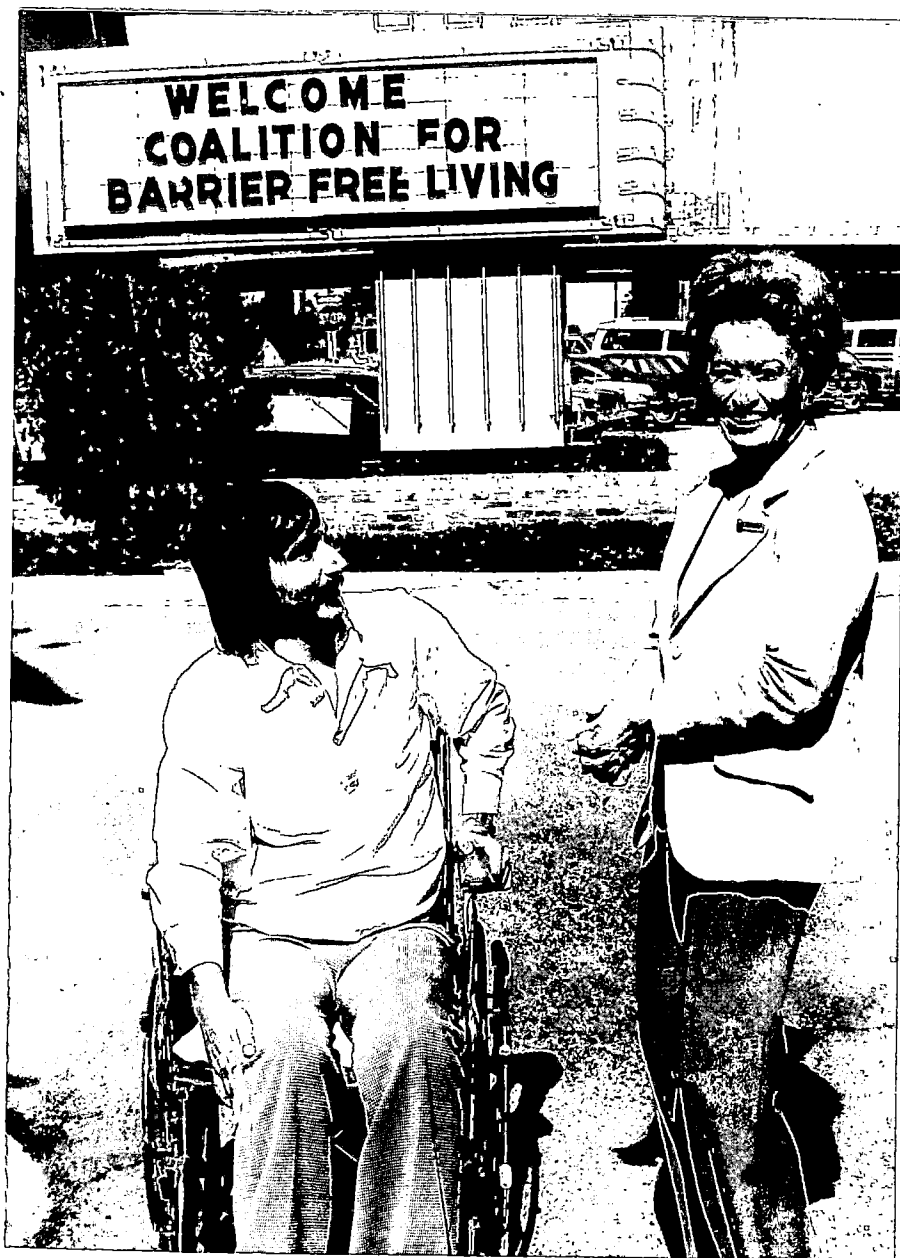
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Sept. 6, 1978

E. RUSSELL BAXTER
COMMISSIONER

Mr. Lex Frieden
Texas Institute for
Rehabilitation and Research
Texas Medical Center
1333 Moursund Avenue
P.O. Box 20095
Houston, Texas 75025

Dear Mr. Frieden:

Thank you very much for your letter of Aug. 2, 1978 and the enclosed publications concerning coalitions, the Consumer Guide and the CBFL Conference Report. I have certainly enjoyed my association with CBFL and your office. I commend you for your outstanding contribution to a united effort for disabled consumers for programs to best suit their needs. I sincerely appreciate the opportunity to participate in your "Coalition Building" Conference and hope that some day the fragmented special interest groups of Arkansas will follow your outstanding example and find common goals and areas of mutual understanding so that we may become a viable force in determining our own future.

Thank you again for your letter and the publication. If I may ever be of service to you in any way please do not hesitate to call upon me.

Sincerely,

Delbert O. Lewis

Delbert O. Lewis, CRC Consultant
REHABILITATION SERVICES DIVISION
Vice President, Ark. Chapter
NATIONAL PARAPLEGIA FOUNDATION

DOL:cac

cc: Jack East
Nan Jackson
Joe Register
Jim Hudson
Paul Grazini
Searcy Ewell
Vince Bond
files

RT-4

rehabilitation research and training center

TO: Lex Frieden
FROM: Charles Poor
Date: September 14, 1978

Hats off to you for the extremely well written and informative article on independent living which appears under your name in the latest edition of American Rehabilitation; such good work not only documents your own personal competence, but also reflects positively upon TIRR and RT-4. Thanks again for your effort.

has
/ma

cc: William A. Spencer, M.D.
Marcus Fuhrer, Ph.D.

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ACCESS

The Institute for Rehabilitation & Research
Baylor College of Medicine
Texas A & M University
Vol. 3 No. 1



PATIENT MONITORING DEVICES:

How can they
improve patient
care?

Also in this issue:

- MEETING OF REGION VI DISABLED LEADERS:
A Texas coalition is organized
- CARDIAC REHABILITATION:
Dr. David Cardus discusses RT4's 12 year old program
- INNOVATIONS IN WHEELCHAIR DESIGN:
Results of applying engineering principles to rehab problems

Consumers conference sponsored

For the first time, funds provided by an RT Center have made it possible for an independent organization of handicapped persons to hold a regional leadership conference and workshop.

The conference was held in Houston, February 18 and 19, 1978, and hosted by Houston's 300 member Coalition for Barrier-Free Living.

The delegates received insight on effectively communicating the needs of handicapped individuals in their community.

More than 40 handicapped leaders of disabled citizens in the five state area attended the conference. Eight delegates from each state in Region VI were invited. These individuals are involved in

organizations in their geographic areas.

The delegates exchanged information on what each was doing in his respective locale, learned techniques of advocacy, and obtained insight on how to more effectively communicate the needs of handicapped individuals in one's community.

The keynote speaker was nationally known disabled rights leader Eunice Fiorito, president of the American Coalition of Citizens with Disabilities, and former director of the New York City Mayor's Office of the Handicapped. In February of this year, she became Assistant to the Commissioner of Rehabilitation Services, a federal appointment.

Also sharing their experiences with the delegates were Mike Phillips, a handicapped individual who recently filed a federal discrimination complaint against Oral Roberts University, and Frank Bowe, author of the book, "Handicapping America." Bowe was instrumental in lead-

ing sit-ins in HEW Secretary Califano's office to secure government regulations to implement Section 504 of the Rehabilitation Act.

A statewide coalition gives disabled people a voice in the many decisions and political issues that can affect their lives.

The organization of statewide activist coalitions was explored through formal lectures and group discussions. Presentations on this topic included a talk by Bowe entitled "Why Should We Organize State Coalitions" and a discussion by members of the Oklahoma Coalition of Citizens with Disabilities on "How to Organize a State Coalition."



Keynote speaker Eunice Fiorito (left), past president of the American Coalition of Citizens with Disability and presently Assistant to the Commissioner of Rehabilitation Services.

She is shown with Debbie Stewart, a member of the Coalition for Barrier Free Living of Houston.

ACCESS

The Institute for Rehabilitation & Research
Baylor College of Medicine
Texas A & M University
Vol. 3 No. 1



Lex Frieden:

"The creation of a Texas statewide organization closes the loop. On the local level, we already have a very active Houston Coalition, and on the national level there is the American Coalition."

The value of having statewide coalitions was described by Houston delegate Lex Frieden, research director at TIRR's New Options Program, as "a mechanism for giving disabled people a voice in the many decisions and political issues that can affect their lives."

"Actually, political activism is only a small portion of the total field in which this organization will operate."

To coordinate the one million disabled citizens of Texas, the conference formally established a Texas Coalition of Citizens with Disabilities. "As soon as it is incorporated, the Texas Coalition will begin to function as the official representative of disabled people in Texas. It will serve as the umbrella organization for all other groups within the state," said Frieden.

Among the first tasks of the new coalition will be coordination of a statewide delegate conference to be held later this year. An immediate priority is also to establish a strong communications network to secure the viewpoints and input of handicapped persons who were unable to attend the conference.

"The creation of a Texas statewide organization closes the loop," Frieden explained. "On the local level, we already

have a very active Houston Coalition, and on the national level there is the American Coalition."

An important role of the statewide coalition will be to stimulate public awareness and provide education about disability. The organization will also provide advice and consultation on issues and topics of concern to disabled citizens.

"Actually, political activism is only a small portion of the total field in which this organization will operate," Frieden emphasized. "At times, though, we will be required to confront political issues and possibly support lobbyists." He identified as an example those administrative proposals with economic implications to the disabled, such as the attempt made by the Texas State Department of Human Resources to limit the amount of funding for needed medications for disabled and

blocked it. However, had they been involved in the actual problem-solving process, considerable effort and cost to the taxpayer could have been saved," he said.

The statewide coalition will also establish procedures to insure that handicapped individuals are not excluded from the voting process. According to Frieden, the disabled citizen's access to polling sites is a significant issue. "Legislation that was actually passed in Texas to permit disabled individuals to use absentee balloting can force these people to send in their ballots before the final voting dates. Thus, they can be prevented from taking advantage of last minute information on candidates and their views."

In addition, the Texas Coalition will work toward the development of a system for representatives of disabled persons in the five state region to communicate with the regional federal offices in Dallas. "Administrators of agencies with headquarters in Dallas make crucial decisions such as civil rights judgments, compliance with sections of the Rehabilitation Act, and adherence to architectural barrier codes," he said.

Among the Texas organizations participating in the statewide Coalition are: The Texas Association of the Deaf, Texas Chapter of the American Council of the Blind, Might, an Austin based group, and the Houston Coalition for Barrier Free Living. ■

The disabled citizens' access to polling sites is a significant issue.

elderly persons on supplemental security income. Had the legislation been passed, disabled persons could have been prevented from obtaining vital medications. "Fortunately, certain groups spoke out before the cutback was implemented and

Cardiac rehabilitation program

One of the missing links in the treatment of heart disease, often described by persons who have been hospitalized with this disease, is a safe rehabilitation program to recondition the body.

After the medical crisis has passed and the patient returns home, he may not have sufficient physical endurance to work or to perform many of the functions important to his daily life. Without rehabilitation to rebuild his strength, he may live as an invalid. At this point, his illness may also be complicated by the emotional problems which can result from losing income, immobility and normal functioning within his environment.

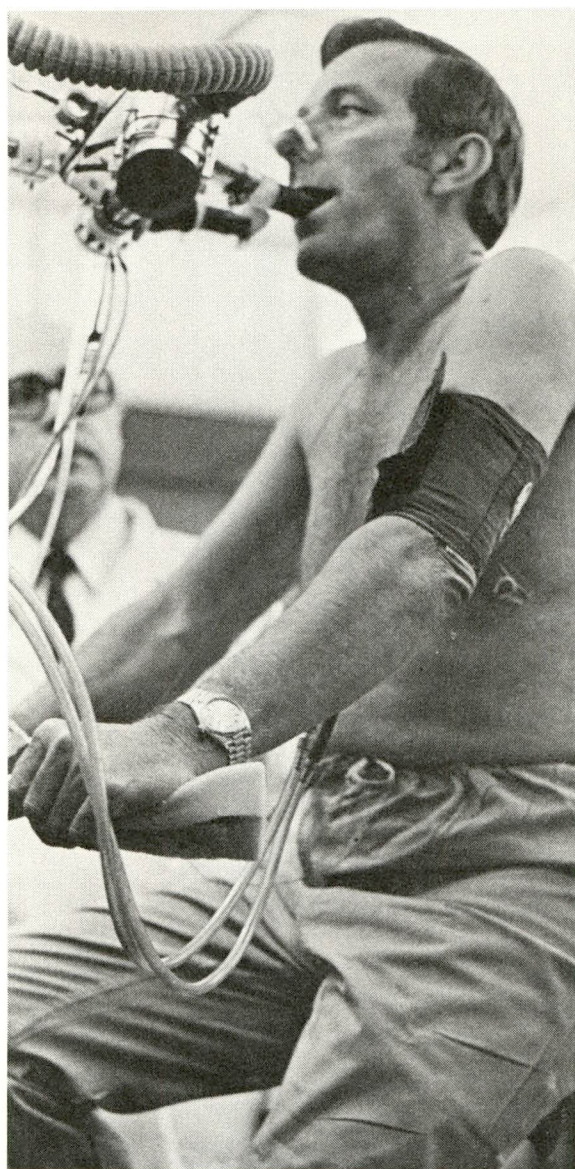
In 1966, the RT 4 Center made a long-term commitment to study problems associated with the rehabilitation of cardiac patients. Known as the Cardiac Rehabilitation Program, it has evolved into a full-fledged activity with research, treatment and training components.

A laboratory equipped with computer technology permits accurate and rapid data accumulation without subjecting the patient to psychological stress or noticeable instrumentation.

Dr. David Cardus, TIRR cardiologist, conducted physiological tests on the first astronaut candidates for the space program. He wanted to find a practical way of collecting similar information on the work tolerance of cardio-pulmonary patients. He chose to develop a laboratory equipped with computer technology, one which would permit accurate and rapid data accumulation without subjecting the patient to psychological stress or noticeable instrumentation.

A six year grant provided by the Department for Health, Education and Welfare, Social Rehabilitation Service, gave Cardus the mechanism for bringing the computer-oriented method to reality. By 1971, the lab was in operation, and a procedure for testing patients had been developed.

Each patient is evaluated by a physical examination, electrocardiogram, chest x-ray and exercise test. To conduct the exercise test, Cardus has the patient pedal a special exercise bicycle equipped with a



From his analysis of the exercise tests, Cardus is able to tell patients how much work they can safely do, if they can return to their occupation, how fast certain activities can be increased.

James Martin undergoes testing in the Work Tolerance Laboratory.

meter to record the number of revolutions per minute. Assigned a certain workload, the patient pedals the bike, wearing a blood pressure cuff also attached to equipment for monitoring, by computer, his heart rate, oxygen consumption, respiration and blood pressure. Meanwhile, the computer data bank collects approximately 300 information items on the patient, such as information from interviews with the patient, laboratory test results, and observations made during physical examination.

Maximum oxygen consumption estimated from heart rate, and oxygen consumption measurements made at sub-maximal work loads are key indicators the physician uses to assess the patient's physical condition.

From his analysis of the exercise tests, Cardus is able to tell patients how much work they can safely do, whether or not they can return to their occupation, what type of lighter work duties they can perform, how active they can be at home, and how fast certain activities can be increased.

Patients tested under the original grant were mainly males. Many had angina, chest pain or myocardial infarction, hypertension, and/or abnormalities in the resting or exercise electrocardiograms.

"It was interesting that so many people who came to our program to learn about their condition, who thought they were healthy, turned out to have abnor-

malities," Dr. Cardus recalled. The most frequently discovered abnormality was an alteration in the exercise electrocardiogram.

"The computer is all-important in our program," Cardus emphasized. "It's not a technological luxury, but a major factor in fulfilling our objectives. In certain types of research, one can defer the testing for a later day. We can't maintain that attitude because ours is a setting where people come from their homes or offices to participate in the program. Their purpose is to receive our testing and treatment services, and their time is important to them." The computer offers the most effective means for gathering data on the program's large patient population.

In 1973, a Reconditioning Exercise Program, funded by the RT Center, was initiated. Its goal was to learn if a regular exercise plan, tailored to each patient's needs, could improve an individual's tolerance to activity in general.

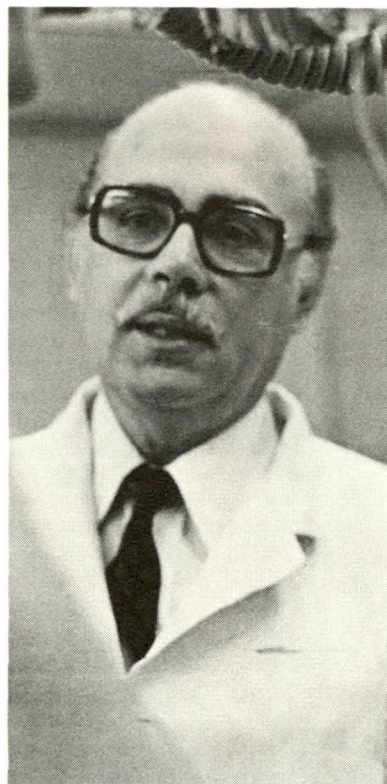
After conducting the standard evaluation and exercise test, Cardus analyzed the resulting data and designed an individualized exercise program for each patient. The participant would come to the laboratory on a daily basis and exercise under close medical supervision. As the patient's capacity for work increased, Cardus would increase the person's exercise workload, thus building his tolerance for physical activity.

"We've seen about 2,000 persons to date. Our evaluation of the results obtained through the reconditioning program has shown that a person's participation in a cardiac rehabilitation program can actually help him to prevent future problems."

Another research project supported by the RT Center has been aimed at investigating mechanisms by which physical exercise can have a protective effect on patients prone to or affected by the degenerative process known as ischemic heart disease. "We wanted to learn more about certain biochemical changes, which are associated with ischemic heart disease," said Cardus.

In this study, the researchers are collecting clinical, physiological and biochemical data to learn if physical exercise effects certain metabolic changes which, in turn, can reduce the likelihood of ischemic heart disease.

Currently, the investigators are trying to determine criteria that would permit a selection of coronary and hypertension patients for successful exercise training therapy. They also are looking at whether ischemic heart disease patients who have hypertension will respond favorably to a rehabilitation program that provided treatment to control hypertension as well as reconditioning exercise. So that the



Dr. David Cardus:

"So many people who came to our program and thought they were healthy turned out to have abnormalities."

least possible load is placed on the patient's heart, treatment for hypertension is initiated prior to beginning the exercise phase of the program.

"The potential benefits of our doing these things are numerous," Dr. Cardus said. "They include: shortening recovery time and thus enabling the patient to return to work sooner; reducing the cost of medical care by using a rehabilitative process rather than more expensive medical treatment or surgery; and even reducing the number of recurring episodes due to patient anxiety."

"In its earliest stages, coronary disease can be masked from routine clinical detection."

"The Cardiac Rehabilitation Program also has a value in terms of early intervention," Dr. Cardus continued. "In its earli-

est stages, coronary disease is a silent foe and can even be masked from routine clinical detection. In our program, by monitoring cardiovascular, respiratory and metabolic responses in exercise it is often possible to remove that mask."

The training of medical professionals is another aspect of the program's focus. Physical Medicine and Rehabilitation residents at Baylor College of Medicine often spend from three to four months learning about cardiac rehabilitation under Dr. Cardus' guidance. On a regular basis, Dr. Cardus conducts seminars for medical students at BCM and TMC. Supported by the RT Center, physicians specializing in cardiology are given six months to two year fellowships to study cardiac rehabilitation. Among those international fellows have been persons from India, Venezuela, Czechoslovakia and Spain.

Cardus, a professor in the Departments of Physiology and Rehabilitation at BCM, has traveled throughout the world, sharing information on the program to specialists in other countries. In July, 1974, at the invitation of the ministry of Health for Mexico, he gave a one-week seminar on cardiac rehabilitation to the Second World Congress of the International Association of Rehabilitative Medicine in Mexico City. At the Sixth International Congress of Physical Medicine, he received a gold medal for demonstration of the use of computers and telecommunications in rehabilitation medicine. His scientific efforts have also been recognized through awards given by the American Urological Association and the American Congress of Rehabilitation Medicine.

Among the leading professional publications in which his articles have appeared are Preventive Medicine, Archives of Physical Medicine and Rehabilitation, Journal of Applied Physiology and Cardiology. Twice a year, at various sites throughout the United States, Cardus presents a seminar to practicing physicians through the Foundation of the International Medical Corporation.

The RT Center's commitment to research on cardiac rehabilitation is now in its twelfth year. The computerized laboratory has been developed. The testing and treatment procedures have become streamlined. The payoff, aside from increasing scientific knowledge about heart disease, is clearly apparent. Many people, today, are leading normal lives due to their participation in the exercise reconditioning program. This outcome, above all others, gives research its greatest justification. ■

Monitoring patient behavior

How is this patient progressing in his rehabilitation program? Is he getting out of bed enough to gradually develop mobility? What is his physical and psychological status? Are there dramatic changes in his behavior that indicate something may be wrong?

These are the questions the rehabilitation team must answer to evaluate how effective the rehabilitation process is. The answers give insight into aspects which have the highest payoff and indicate where increased emphasis is needed.

One way to obtain this information is by monitoring how a patient behaves under everyday circumstances during rehabilitation.

The measurement of patient activity through the use of small, electronic and mechanical devices has been developed with the support of the Rehabilitation Engineering Center (REC) and the RT 4 Center by Dr. Lauro Halstead, attending

Monitoring a patient's natural behavior potentially gives us far more insight than conducting a test of his physical skills or asking him to perform certain movements."

physician and Clinical Program Coordinator of REC. The monitors can easily be attached to the patients' clothing, or items he uses, or to the patient himself.

"Our stimulus for developing these devices," Halstead explained, "has been the need to learn as much as possible about a patient's activity levels throughout the entire day, as this indicates how well he is progressing. We know, for example, that often patients tend to slow down their activities even before physical symptoms of an impending illness are visible. Monitoring a patient's natural behavior—the time he spends out of bed, in bed, and going to various sites in the hospital—potentially gives us far more insight than conducting a test of his physical skills or asking him to perform certain movements."

Patient participation in the project is solely on a volunteer basis. A patient may withdraw whenever he or she wishes.

"In tracking patient behavior in the hospital, we have learned to watch for sudden, extensive activity increases," Hal-

stead noted. "These rises in the graphs are often followed by downhill plunges. The human body repairs itself in its own good time, and permitting a patient to push himself excessively will only net undesirable results."

"In tracking patient behavior, we have learned to watch for sudden, extensive activity increases."

He reports that most patients volunteering for this project appear to reach an activity peak about two weeks prior to discharge. The slight decline in mobility which often follows that peak is attributed to an individual being apprehensive about leaving the protective hospital environment.

Four monitoring devices have been produced since 1973. Each pinpoints an individual's activity for extended time periods either out-of-bed, in bed, throughout the hospital, or after discharge. Each device helps to predict the likelihood of problems such as pressure sores resulting from sitting too long. Preventive measures can be initiated before damage occurs.

Clinical trials have recently begun on a sitting time monitor (STM), which measures the amount of time spent sitting in a wheelchair. Knowing exactly how long a patient has been sitting is important in the prevention of pressure sores, which are costly to treat and can retard the pa-

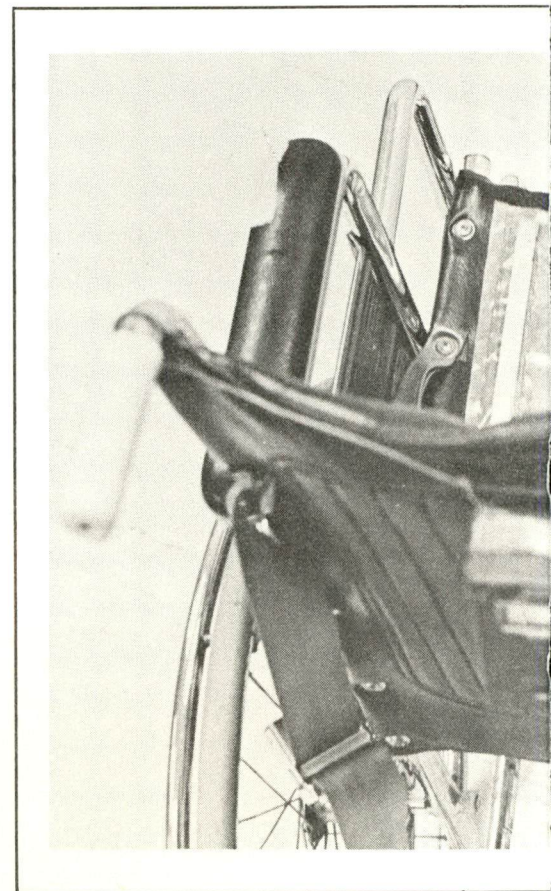
Another counting device has been developed to attach to an orthosis and measure the times a person moves his arm up and down.

tient's rehabilitation. When the patient sits on his wheelchair cushion, body weight is transferred underneath to a pad which is equipped with a switch. With each placement of body weight, the switch closes to start a digital clock timer. At the same time, the number of minutes spent sitting are automatically recorded and accumulated. The resulting data is displayed on a portable, battery powered device attached to the wheelchair.

To gain insight on how active a volunteer patient is, an innovative device has been developed to collect information on where the person travels inside the hospital. Doors at selected sites such as the cafeteria, physical therapy, occupational therapy and the wards have been equipped with a receiver. When the patient passes through one of these sites, the transmitter he is wearing sends a signal to the receiver over the door, which, in turn, conveys the signal to the central data gathering instrument located in the Biomedical Engineering Department. Each transmitter has its own code to identify which patient is proceeding through the passageway.

To learn how much total time a patient spends out of bed, a rest time monitor (RTM) has been developed. The Center has used this device to evaluate more than 45 spinal cord injured patients for the duration of their hospital stay, generally three months.

This monitor consists of two pads, approximately 14 square inches, installed under the mattress of the patient's bed. Wires leading from the pads to an electronic box transmit signals to the central data instrument.



A counting device has been produced to measure such important factors as how far a stroke patient has walked. No larger than a matchbox, it can be worn by the person, or attached to a brace. To record and total the number of steps a person takes, the device receives signals from a foot switch installed underneath the heel.

"The discussions it stimulates actually enhance communication among the therapists, social worker, physician and nurses caring for that person."

Several stroke patients are using the device at home along with an electronic stimulator which elicits foot movement. Another counting device has been developed to attach to an orthosis and measure the times a person moves his arm up and down.

"Our observations of the test data on these monitors have been very interesting," Halstead said. "The pattern of time out-of-bed has been relatively consistent and predictable. For example, if a patient doesn't feel well or is depressed, a dip will be noticeable in the graph produced by the data instrument. Conversely, if his

physical and mental status and overall environment is positive, the curve will likely travel upward."

Any change in the movement of the line notifies the care team to seek the cause. A drop in out-of-bed time could have occurred because the patient's therapist was out ill and he chose to stay in bed. The decline could also suggest that, though the patient is strong and feeling well, he had been depressed. Or, it could indicate the first signs of a medical problem.

"Monitoring devices give us a mechanism for asking 'WHY' something is happening, alerting the care team to changes in behavior, and basically keeping us on top of things."

The resulting tabulations of each patient's activity are presented during the weekly team conference, when that patient's entire condition is assessed. It is the only information resource which comprehensively presents that person's activity day in and day out for the previous week. "With the graph as a basic tool in our team conference, we find that the discussions it stimulates actually enhance communication among the therapists, social worker, physician and nurses caring for that person," Halstead said.

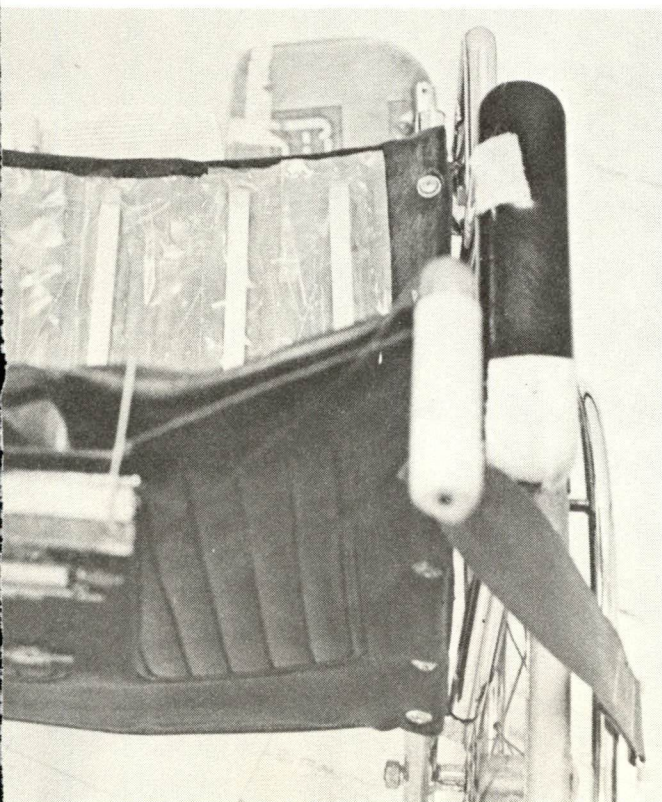
Much like the development norms for a child's height and weight at a certain age, or standard norms for blood cell count, researchers in this project have been able to generate a standard curve on

patient activity. Consequently, a patient who enters the hospital without major complications may be monitored and then compared to the reference population. Evaluations of the data obtained during hospitalization have also been

Much like the development norms for a child's height and weight at a certain age, researchers in this project have been able to generate a standard curve on patient activity.

compared with follow-up reports of discharged patients. Such analysis have shown that patients who, upon discharge, have obtained a desirable activity level and are in good psychological status, will likely progress well at home.

Current REC prototypes for monitoring functional performance will be succeeded by improved devices, the product of future research and development. The results of these efforts will be an entire system of reliable, objective instruments that rehabilitation teams can use in assessing patient progress, planning care programs and evaluating rehabilitation outcomes. ■



"Monitoring devices give us a mechanism for asking 'WHY' something is happening, alerting the care team to changes in behavior, and basically keeping us on top of things."

The STM (pictured) measures the amount of time spent sitting in a wheelchair.

New designs in wheelchairs

The importance of individualizing rehabilitation services and equipment for each patient is a principle philosophy at TIRR. However, manufacturers of wheelchairs and other mobility aids generally produce standardized items. This presents a host of problems to consumers who have specific needs.

Spinal cord injured persons, for example, may not have sufficient use of their hands and wrists to push a conventional wheelchair. Motorized chairs, on the other hand, use acid batteries which commercial airlines prohibit for reasons of safety. This certainly inhibits the mobility of handicapped people whose work requires travel. The majority of commercially available wheelchairs, whether conventional or motorized, are

extremely heavy and cumbersome which complicates their transportation.

An alternative to these problems, according to Dr. Lauro Halstead, is a new approach to wheelchair design. Halstead is an attending physician as well as Clinical Program Coordinator of the Rehabilitation Engineering Center (REC).

"At TIRR," said Halstead, "we practice the belief that any assistive device—wheelchair, orthosis or prosthesis—can best enhance the user's mobility if it supplements or captures the use of that person's residual, uninjured muscles and body functions."

Thus, in an innovative design and development project, REC has introduced

two new wheelchair prototypes. One features a unique hand propulsion system. The other, essentially two chairs in one, converts to either standard or motorized operation.

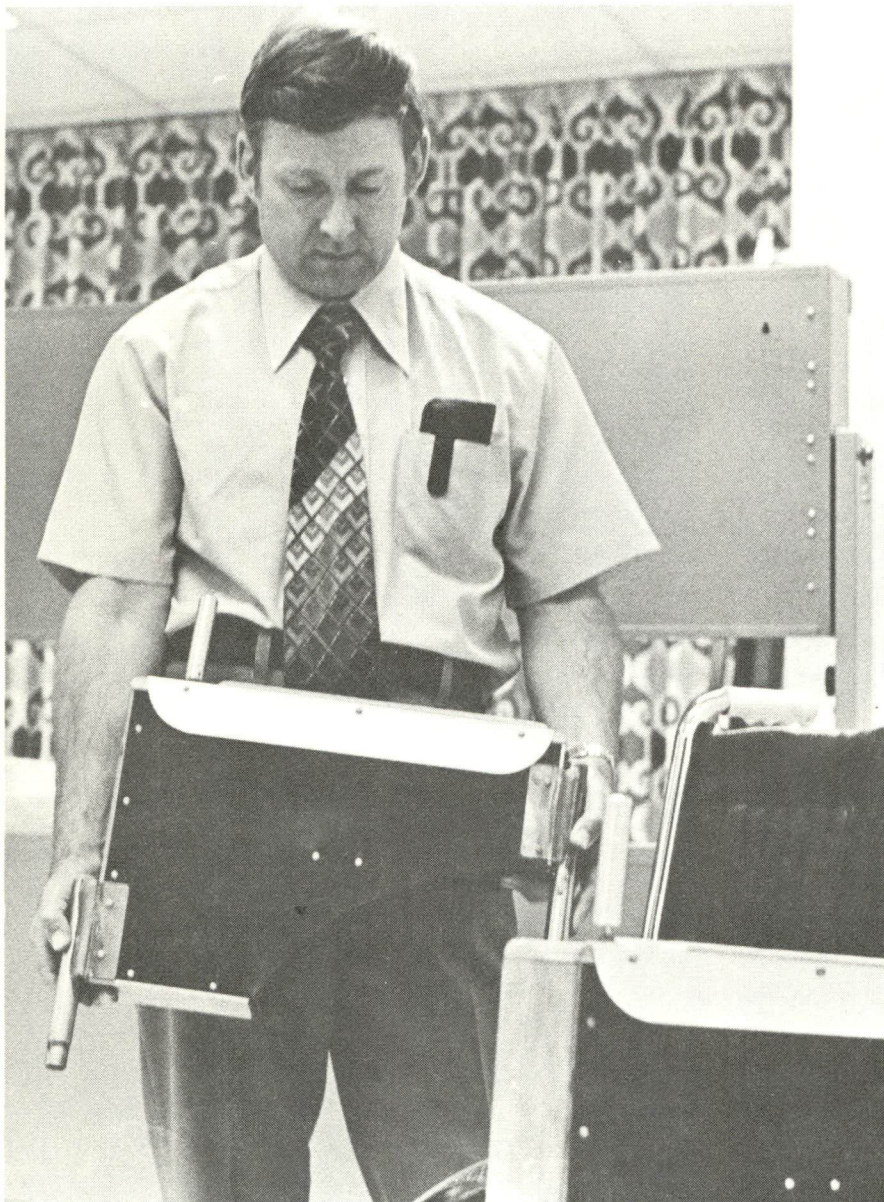
Halstead first conceived the idea of a "rocker arm" propulsion system for a wheelchair when he observed a patient trying to push a standard wheelchair over a rug. The young man, a quadriplegic, had very good elbow and shoulder strength, but his hands and lower arm muscles were weak. "I walked over to him and formed a horizontal cradle with my arms. When I asked him to place his own arms in the cradle and push with all his strength, he traveled across the floor in only seconds."

This incident gave Halstead the idea of designing a wheelchair with an arm cra-

The wheelchair is designed so that the motion of the user's arm moves the chair's wheels.

Dr. Lauro Halstead (right) and Mete Yalcinkaya of REC demonstrate the procedure.





The conversion from manual to motor chair is made simply by replacing the arms of the manual chair with small box-like arms containing gel batteries.

Elze Hemmen of REC displays an arm which contains gel batteries.

dle. Movement is accomplished by gliding the cradle back and forth. The wheelchair is designed so that the motion of the user's arm moves the chair's wheels.

"The value of this type of wheelchair is two-fold," Halstead emphasized. "Therapy-wise, it's tremendous, for as we know, unused arm and shoulder muscles are likely to atrophy. Also, psychologically speaking, it gives the user a greater feeling of being in charge of his own mobility."

Halstead suggests that the chair would be very appropriate for in-hospital exercise programs. "With the arm play it offers, it also has value in cardiovascular conditioning."

Tests conducted on the chair have demonstrated that it accomplishes a sound man-machine interface. "I wouldn't be surprised if many patients who, by the time of discharge, have developed sufficient strength to use this chair, would prefer to have it as their primary

mobility device and use a motorized chair only for long distances," he added.

The second wheelchair prototype converts a conventional manual wheelchair into a lightweight, motorized wheelchair, one which can also collapse for easy transport. Small motors are attached to the frame of the chair. On each side, the conversion from manual to motor is made simply by replacing the arms of the manual chair with small box-like arms containing gel batteries.

The gel battery is a primary feature of this portable motorized system. It is acceptable on commercial airlines, is rechargeable and can be used for years without the need for routine maintenance such as adding water.

The weight of this prototype, 100 pounds when completely assembled with the gel battery boxes, simplifies the problem of loading the chair into a van or

other vehicle. Also, the chair may be collapsed without removing the battery arm boxes. Should the user wish to do so, the batteries and arm rests can be carried separately in a suitcase, simplifying transportation.

Development of these two new prototypes is a concrete example of applying existing technology to solve problems encountered by disabled persons. The actual process, though, from design through initial fabrication to refinement and eventually consumer use, is contingent upon the concept of multidisciplinary rehabilitation specialists melding their ideas and pooling their expertise. Such team efforts, generated by the existence of special centers for rehabilitation engineering, research and training and spinal cord injury, are vital to the solutions of mobility, physical, vocational and functional problems of our disabled citizens. ■

Teaching skills workshop

A three day workshop on strengthening teaching skills was hosted by RT 4 recently for persons affiliated with facilities and state agencies in Region VI.

Oriented to health care professionals who have some teaching responsibilities but little or no formal training, the workshop has been conducted nationwide by a team of educators from the University of Kentucky.

The teaching effort was brought to RT 4 by Charles Poor, Director of Education and Training. During the workshop, 24 trainees received "hands-on" experience in the practice of rehabilitation teaching techniques and analysis and evaluation of their methods.

The workshop curriculum centers around a Teacher Improvement Project System (TIPS), developed at the University of Kentucky at Lexington under a grant from the W.K. Kellogg Foundation. TIPS was specially designed to apply generic teaching skills and strategies to the health professions.

Thus far, the workshop has been held over seven times in Lexington and at more than nine facilities throughout the United States.

Among the various facilities represented at the workshop were Arkansas Rehabilitation Service, Little Rock, Arkansas; Texas State Commission for the Blind, Austin, Texas; Criss Cole Rehabilitation Center, Austin, Texas; Okmulgee Rehabilitation Center, Okmulgee, Oklahoma; Vocational Rehabilitation Center, New Orleans, Louisiana; Dallas Rehabilitation Institute, Dallas, Texas; Mental Retardation Research and Training Center at Texas Tech University, Lubbock, Texas; and the Tulsa Rehabilitation Center in Tulsa, Oklahoma. Other trainees were from The Institution for Rehabilitation and Research (TIRR), the hosting facility and site of RT 4.

Attendees spanned the entire spectrum of rehabilitation specialists—medical social worker, training specialists, assistant director of education, nursing supervisor, nursing clinician, program evaluator, vocational counselor, and inservice instructor.

A unique aspect of the workshop is the use of "micro-teaching," a scaled-down form of instruction suitable for audiences of only five or six participants and brief time periods. Prior to the workshop, each trainee prepares two topics related to his profession for presentation



As part of the workshop curriculum, participants were taught how to operate video-taping equipment. Here, Jane Sperry of RT 4 practices operating the camera.

to a small group and brings any instruments or equipment necessary for presenting them. In the first topic, the trainee relies on lecturing and questioning to provide information to the students. The second topic involves a demonstration to teach a certain skill to the student. Following each individual's micro-teach, a performance evaluation is made by the faculty.

The RT 4 Center plans to further utilize TIPS by repeating the workshop

for personnel from rehabilitation facilities throughout the southwestern United States. Two TIRR staff members, Laurel Richards, a former teacher, and Judy Wise, a counselor at the Vocational Industrial Center, are preparing to serve as faculty. Assisted by the University of Kentucky team, they are studying texts to plan their teaching programs. TIRR also anticipates replicating the workshop for its own staff on a modified schedule.

Accent on personnel

'BERT' members make presentations

Several members of the Behavioral Ecology Research Program presented papers at the Southwestern Psychological Association Meeting in New Orleans, Louisiana, April 22, 1978.

The following presentation were made: "Data quality in longitudinal behavior assessment: The many faces of reliability," by David M. Bailey; "Longitudinal behavioral assessment of persons hospitalized with spinal cord injuries," by Glen Duvall; "Negotiability in the home environments of persons with spinal cord injuries," by Carolyn Norris-Baker; "Daily round of life in retirement centers," by Mary Ann Stephens; "The telephone interview as an approach to longitudinal behavioral assessment in the community," by Mary Lou Widmer; "Inter-setting transitions in the behavior of university students," by Richard Wiener.

Krouskop chairs seminar

Thomas A. Krouskop, Program Director of REC, chaired a seminar entitled "Seating for the Severely Handicapped," September 5, 1978, at the Conference on Rehabilitation Engineering in Washington, D.C.

Other REC staff members who will participate are Susan Garber, Joseph Agris, Robin Mitchell-Brindley, and John Rogers.

The conference is sponsored by RSA and the Veteran's Administration.

Claus-Walker addresses med students in Japan

Dr. Claus-Walker recently presented a paper at the medical school in Osaka, Japan. She made the presentation "Collagen Metabolism in Quadriplegia" to the school's department of Orthopedics.

RT 4, REC staff featured in 5th CSDD

Presentations were made at the Fifth Annual Conference on Systems and Devices for the Disabled in Houston on June 7, 8 and 9, 1978.

These papers were: "The wheelchair odometer: An aid to evaluation in rehabilitation" by James L. Alexander, who made the presentation, Edwin P. Willems, and Lauro S. Halstead; and "Rest time monitor: A portable device for monitoring time out of bed for rehabilitation patients," by Lauro S. Halstead, Mike C. Damon, Joseph Canzoneri, and J.V. Wright and presented by Mike C. Damon.

Alexander appointed 'BERT' associate director

James L. Alexander has been appointed to the post of Associate Director of the Center's Behavioral Ecology Research Program. Alexander, a doctoral candidate of the University of Houston, has been involved in this research program for four years.

His new responsibilities will include participating in administration and overall program planning, and in dissemination and transplanting the work to other centers.

Articles accepted for publication

Jacqueline Claus-Walker and Lauro S. Halstead have had two articles accepted for publication in *The Archives of Physical Medicine and Rehabilitation*.

Their articles are: "Autonomic drugs in spinal cord injury: Temporal prescription profile," and "Neurologically active drugs in spinal cord injury: A clinical coding system." The latter was co-authored with Daniel Hrna.

Dr. Claus-Walker and Gladys P. Rodriquez also had their article, "In vitro aggregations in solutions simulating urine," accepted by *The Archives of Physical Medicine and Rehabilitation*.

Access

is a publication about projects and activities of Rehabilitation Research and Training Center 4 and the Rehabilitation Engineering Center at TIRR—The Institute for Rehabilitation & Research.

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Houston, Texas 77030

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ACCESS

The Institute for Rehabilitation & Research
Baylor College of Medicine
Texas A & M University
Vol. 3 No. 1

For the first time, funds provided by an RT Center have made it possible for an independent organization of handicapped persons to hold a regional leadership conference and workshop.

The conference was held in Houston, February 18 and 19, 1978, and hosted by Houston's 300 member Coalition for Barrier-Free Living.

The delegates received insight on effectively communicating the needs of handicapped individuals in their community.

More than 40 handicapped leaders of disabled citizens in the five state area attended the conference. Eight delegates from each state in Region VI were invited. These individuals are involved in

organizations in their geographic areas.

The delegates exchanged information on what each was doing in his respective locale, learned techniques of advocacy, and obtained insight on how to more effectively communicate the needs of handicapped individuals in one's community.

The keynote speaker was nationally known disabled rights leader Eunice Fiorito, president of the American Coalition of Citizens with Disabilities, and former director of the New York City Mayor's Office of the Handicapped. In February of this year, she became Assistant to the Commissioner of Rehabilitation Services, a federal appointment.

Also sharing their experiences with the delegates were Mike Phillips, a handicapped individual who recently filed a federal discrimination complaint against Oral Roberts University, and Frank Bowe, author of the book, "Handicapping America." Bowe was instrumental in lead-

ing sit-ins in HEW Secretary Califano's office to secure government regulations to implement Section 504 of the Rehabilitation Act.

A statewide coalition gives disabled people a voice in the many decisions and political issues that can affect their lives.

The organization of statewide activist coalitions was explored through formal lectures and group discussions. Presentations on this topic included a talk by Bowe entitled "Why Should We Organize State Coalitions" and a discussion by members of the Oklahoma Coalition of Citizens with Disabilities on "How to Organize a State Coalition."



Keynote speaker Eunice Fiorito (left), past president of the American Coalition of Citizens with Disability and presently Assistant to the Commissioner of Rehabilitation Services.

She is shown with Debbie Stewart, a member of the Coalition for Barrier Free Living of Houston.



Lex Frieden:

"The creation of a Texas statewide organization closes the loop. On the local level, we already have a very active Houston Coalition, and on the national level there is the American Coalition."

The value of having statewide coalitions was described by Houston delegate Lex Frieden, research director at TIRR's New Options Program, as "a mechanism for giving disabled people a voice in the many decisions and political issues that can affect their lives."

"Actually, political activism is only a small portion of the total field in which this organization will operate."

To coordinate the one million disabled citizens of Texas, the conference formally established a Texas Coalition of Citizens with Disabilities. "As soon as it is incorporated, the Texas Coalition will begin to function as the official representative of disabled people in Texas. It will serve as the umbrella organization for all other groups within the state," said Frieden.

Among the first tasks of the new coalition will be coordination of a statewide delegate conference to be held later this year. An immediate priority is also to establish a strong communications network to secure the viewpoints and input of handicapped persons who were unable to attend the conference.

"The creation of a Texas statewide organization closes the loop," Frieden explained. "On the local level, we already

have a very active Houston Coalition, and on the national level there is the American Coalition."

An important role of the statewide coalition will be to stimulate public awareness and provide education about disability. The organization will also provide advice and consultation on issues and topics of concern to disabled citizens.

"Actually, political activism is only a small portion of the total field in which this organization will operate," Frieden emphasized. "At times, though, we will be required to confront political issues and possibly support lobbyists." He identified as an example those administrative proposals with economic implications to the disabled, such as the attempt made by the Texas State Department of Human Resources to limit the amount of funding for needed medications for disabled and

The disabled citizens' access to polling sites is a significant issue.

elderly persons on supplemental security income. Had the legislation been passed, disabled persons could have been prevented from obtaining vital medications. "Fortunately, certain groups spoke out before the cutback was implemented and

blocked it. However, had they been involved in the actual problem-solving process, considerable effort and cost to the taxpayer could have been saved," he said.

The statewide coalition will also establish procedures to insure that handicapped individuals are not excluded from the voting process. According to Frieden, the disabled citizen's access to polling sites is a significant issue. "Legislation that was actually passed in Texas to permit disabled individuals to use absentee balloting can force these people to send in their ballots before the final voting dates. Thus, they can be prevented from taking advantage of last minute information on candidates and their views."

In addition, the Texas Coalition will work toward the development of a system for representatives of disabled persons in the five state region to communicate with the regional federal offices in Dallas. "Administrators of agencies with headquarters in Dallas make crucial decisions such as civil rights judgments, compliance with sections of the Rehabilitation Act, and adherence to architectural barrier codes," he said.

Among the Texas organizations participating in the statewide Coalition are: The Texas Association of the Deaf, Texas Chapter of the American Council of the Blind, Might, an Austin based group, and the Houston Coalition for Barrier Free Living. ■



post office box 20803 houston, texas 77025

PRESS RELEASE

JULY 15, 1978

LEADERSHIP CONFERENCE REPORT PUBLISHED

A Report on the Regional Handicapped Leadership Training Conference and Organization Workshop held February 18 and 19, 1978 in Houston, Texas is now available from RT4, Texas Institute for Rehabilitation and Research. Requests for single copies should be addressed to Lex Frieden, New Options Research Director, Box 20095, Houston, Texas 77025. Sponsored by the Coalition for Barrier Free Living, a Houston based disabled rights organization, with funds provided by RT4, RSA, DHEW, this conference brought together more than 60 handicapped leaders from Oklahoma, Louisiana, Arkansas, New Mexico, and Texas. The Report describes this unique training project from its inception through followup and evaluation. The Report is designed to be useful as a guide for other groups who may wish to replicate the project.

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOORSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

MEMO

TO: Joe Fenton and Paul Thomas, Rehabilitation Services Administration
Dr. Spencer, Dr. Fuhrer, and Charles Poor, RT-4
FROM: Lex Frieden, New Options Research Director
RE: Enclosed Report

Please find enclosed a Report of the CBFL Conference, a regional consumer leadership training workshop sponsored by RT-4. This Report will be mailed out to more than 250 consumers, organizations, and agencies. I hope you find the Report acceptable, and I hope you feel as though this was a well managed project. I believe it was a significant achievement in consumer involvement in rehabilitation and I hope RT-4 will continue to encourage such endeavors.

OTHER EXPENSE

BUDGETED

SPENT

AVAILABLE

PROJECTED

AVAILABLE

10/1/77

to

to

to

or

9/30/78

DATE

DATE

9/30/78

(OVEREXPENDED)

Consumer Leadership
Training Conference (26)

L. Frieden

Travel, Supplies, etc.

10,000

6,943

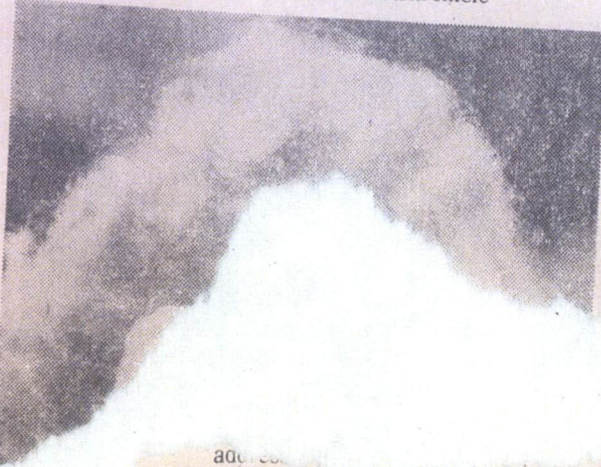
3,057

848

2,209

Totals on: 4-30-78

Monday, February 20, 1978



Potholes will

WASHINGTON (UPI) — Potholes, those nasty pits in the road that drivers hate to hit — will cause millions of dollars of damage to vehicles this year, an information group reports.

In a midwinter survey of road conditions, The Road Information Program said repeated freezing and thawing caused 116.4 million potholes, an increase from last year.

At least one party balloon eluded the kids who showed up to retrieve the balloons. The balloon rose to the upper atmosphere and was carried 2,000 miles before descending on the distribution yard of Abilene's Texaco plant, almost 24 hours to the minute after the balloons originally were released.

A Texaco warehouseman spotted the balloon on the lawn.

Incredulous, company officials called the San Francisco company to find out what happened.

Handicapped form unit

Handicapped leaders from across Texas have formed the Texas Coalition of Citizens with Disabilities, a group whose main task will be to advocate more convenient methods of voting for the handicapped.

The coalition was formed during a weekend conference here.

Lex Frieden, a member of the Coalition of Barrier Free Living, which sponsored the conference, said the new group will work to educate people about the problems of the handicapped and will contact state legislators about the handicapped's voting difficulties.

First-year law student wins first case with settlement

NEW YORK (AP) — First-year law student Kevin Spivak probably won't get any special recognition from Columbia University, but he has won an out-of-court settlement.

Spivak sued the Ivy League school in Small Claims Court, complaining that apartments in his dormitory were unpainted and the appliances didn't work.

The university had given tenants a week's rent rebate of \$38 while repairs were being made. Spivak asked for more because the work took three weeks.

Spivak asked for \$370. In a settlement, he got \$40 court costs and a \$20 rent rebate — which also went to 21 other tenants.

Spivak, who shares his apartment with four others, is working toward degrees in law and business administration.

"Every first-year law student should find someone to sue," Spivak said. "They would learn a lot they wouldn't pick up in class."

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HAMILTON

TCCD FOUNDERS

Twenty Texans representing many groups of disabled people from across the state voted unanimously to found the Texas Coalition of Citizens with Disabilities. Those present were:

Pat Pound, Lee Kitchens, Marilyn Golden, Bob Geyer, Lex Frieden, Virginia Roberts, Doyle Wheeler, Bill Flynn, Elaine Roberts, Ralph White, Orlando Gonzales, Becky Flores, Bob Kafka, Larry Johnson, Buffy Fetter, Steve Elliot, Tim Fleck, Lynn Wilson, Debbie Stewart, and David Sharp.

ISSUES - TEXAS COALITION

I. POLITICAL ACTION

1. Compliance and Enforcement of existing statutes
504
94-142
- 1a. Resources for Compliance
2. New Legislation/Building Codes
3. Who and What to Support

II. AWARENESS AND EDUCATION

1. Statewide coordination of awareness programs
2. Education of public re: disabled--job fairs
Education of Consumer Rights to disabled
3. Information and Referral (CC)
4. Consultation to agencies and private groups
Participation in agency policy development
Resource
5. Promote captioning for deaf

III. AFFILIATIONS

Relationship to Governor's Committee for HC
Relationship to National Groups

IV. WAYS AND MEANS/FUNDING

Communications

Dissemination of Information
- Use of Public Media--Press, TV
- Direct Mail
- Use Newsletter already in existence

Possible use of VISTA volunteers

Structure

Role of Texas Coalition OH--work cooperatively
Consumer-based group
By-Laws would be reviewed

~~hex,~~

Tini Fleck called to say
that your proposed idea for
the \$10,000 grant has been
accepted by the board and
they give you their go ahead -

A.



DAVID PRYOR
GOVERNOR
DAVID B. RAY, JR.
DIRECTOR

STATE OF ARKANSAS
Department of Human Services

REHABILITATION SERVICES
1401 BROOKWOOD DRIVE
P. O. BOX 3781
LITTLE ROCK, ARKANSAS 72203
TELEPHONE 501 371-2411

E. RUSSELL BAXTER
COMMISSIONER

March 3, 1978

Ms. June Roberts, Assistant Manager
Airport Holiday Inn
3702 North Belteast
P.O. Box 60474
Houston, Texas 77205

Dear Ms. Roberts;

I would like to take this opportunity to again express my appreciation and my compliments on the outstanding service and accommodations at the Airport Holiday Inn during the recent regional leadership conference for handicapped individuals. I was especially impressed by the accessibility of your facility and the fact that your staff would not except excess gratituty for all of the many extra services that were required to assist the numerous disabled individuals at the conference. Such a cooperative considerate attitude is indeed rare in this day and age and I personally appreciate the assistance and considerations very much.

With reference to our discussion concerning tax incentives for private commercial establishments to become accessible to physically handicapped individuals, I am enclosing a copy of the federal register which details IRS regulations concerning the requirements necessary to be eligible for the tax deduction. In summary, any accessibility modifications necessary to meet the ANSI standards is directly deductible in the year incurred (through 1979) up to a maximum of \$25,000 per year. I would respectively recommend that at least your public restrooms be made accessible by widening doors, installing grab bars, etc. These items would not cost your company a significant amount because the cost is deductible from next years income tax.

I hope this information will be of assistance to you. Thank you again for the excellent service at your facility. If I may ever be of further service to you in any way, please do not hesitate to call upon us.

Sincerely,

Delbert O. Lewis, C.R.C. Consultant
REHABILITATION SERVICES DIVISION

Enclosure

cc: Mr. Lex Freeman ✓, Mr. Joe Register
Ms. Linda Wilson, Mr. Vince Bond
File

STATE OF COLORADO



DOROTHY ANDREWS
Chair person

DON GALLOWAY
Executive Director

JANET ANDERSON
Coordinator

RICHARD D. LAMM, Governor

GOVERNOR'S COUNCIL ON THE HANDICAPPED

State Services Building, Fifth Floor

1525 Sherman Street

Denver, Colorado 80203

(303)892-3518

January 9, 1978

Mr. Lex Frieders
9667 Meadowvale
Houston, Texas 77042

Dear Lex:

I have recently been in communication with Mike Phillips of Oklahoma concerning the five state conference you will be holding in February. Having similiar problems with state to state lack of implementation of Section 504, it is necessary for us to get together and form a strong joint coalition.

Mike indicated that you had received a grant to conduct this five state seminar. I would appreciate your sending your proposal for funds to aid us in developing our own coalition. If we are successful in getting this grant, we will coordinate with other coalitions.

I would also be interested in attending the February conference as an observer, and would like to receive all pertinent information. We are interested in forming a state-wide coalition in Colorado and your conference would assist us in our efforts.

Sincerely,

Don Galloway

Don Galloway
Executive Director

DG/vs

Dateline Houston - 2-19-78

The following news item is being sent to you for your information and for immediate release to local newspapers and other media. You are encouraged to contact these resources and do everything possible to "spread the word."

"Disabled leaders representing groups of handicapped individuals from throughout Texas met in Houston on February 18th and 19th and formally established the Texas Coalition of Citizens With Disabilities. The function of this organization is to coordinate the efforts of more than a million Texas citizens who, because of past discrimination, have not shared fully in the benefits available to the general population. An interim board consisting of persons who are blind, deaf, orthopedically impaired and developmentally disabled from five metropolitan areas of the state was selected.

Among the first tasks of this coalition will be its incorporation, the coordination of a state-wide delegate conference to be held later this year, and the establishment of procedures to insure that people with handicaps are not excluded from the voting process during the upcoming elections because of their disabilities.

An immediate priority of the coalition is the inclusion of viewpoints from all sectors of the state's handicapped population through a strong communication network established to invite input from persons and organizations who were unable to attend the recent meeting in Houston. Because of the need for solidarity in meeting obstacles which affect numerous disabilities, it is extremely important that an open exchange of information be encouraged. If you wish to be included, please contact

Ms. Pat Pound
11511 Fast Horse
Austin, Tx. 78759"

Research and Training Centers

Joseph
Fenton, Ed.D.

Unique among research and demonstration grants of HEW is the "Rehabilitation Research and Training Center" (RTC) program. The centers are separate organizations that operate in colleges or universities and are affiliated with a service delivery program.

The RTC program's uniqueness lies in its synergistic mission, which includes two major, interrelated responsibilities: to undertake "applied" rehabilitation research directed toward new rehabilitation methods and improve ways to provide them and to provide related training activities to disseminate and promote the use of the research findings.

The training responsibility also includes expanding and strengthening rehabilitation fields; training researchers; incorporating rehabilitation education into all related university curricula; and improving the effectiveness of rehabilitation services by conducting inservice and continuing education programs.

RTCs were authorized by legislation in 1961. The 1962 Appropriation Act included \$1 million "to strengthen research and training in vocational rehabilitation through the establishment of two pilot institutions." There are now 19 centers—12 specializing in medical rehabilitation, 3 specializing in vocational rehabilitation, 3 in mental retardation rehabilitation, and 1 in deafness rehabilitation. Grants range from \$250,000 to over \$1 million annually. The allocation for FY 1977 is a little less than \$14 million. Annually, the centers conduct over 400 research projects and 900 training programs, attended by approximately 60,000 people.

Centers have core research areas and all research must be in depth,

programmatic, clinically focused, and "applied." Training is responsive to federal, regional, and state priority needs relating to the rehabilitation problems of severely handicapped persons. Each center has a Regional Advisory Council made up of, among others, RSA regional and state DVR representatives; professional and community rehabilitation agencies; labor and industry; and consumer and other related departments within the university. The councils not only identify "real" research and training needs, but provide a communication link between the research "providers" and the "users." They exemplify the art of federal, regional, state, community, and university partnerships.

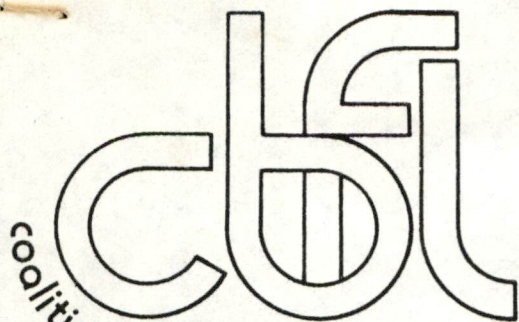
To disseminate and promote the use of research findings, prevent duplication, and encourage collaboration, the Special Center Office in RSA initiated a quarterly newsletter, the *Informer*, which reports on studies, research findings, techniques and procedures, training announcements, service innovations, major accomplishments, center publication references, and personnel developments. Also, published is an annual *Research Directory of Rehabilitation Research and Training Centers* containing abstracts of all completed and ongoing research projects; an *Audiovisual Aids Directory* of materials produced or used by the centers for teaching; a *Publications of the Research and Training Centers—A Bibliography*, listing articles, monographs, and other publications resulting from research and training projects; and a *Training Directory*. National meetings include all the RTCs, and regional, state, advisory committee, and consumers representatives. They provide further for inter-center cooperation, planning, and

information dissemination. The RTC listing of publications and training materials may be obtained by writing directly to the centers and the special center publications by writing to the Special Centers Office.

Centers are accountable for productivity through well established evaluation procedures. These include annual progress reports and continuation applications; peer, intra-university, advisory council, central office, regional, and state RSA agency review; and "on-site" visits. Evaluative factors include scientific merit; responsiveness to RSA priority goals and objectives; adequacy of research and training method, feasibility of outcomes, and cost; dissemination and usage strategies; regional, state, and community rehabilitation agency and advisory council relationships; and the extent intra-university inter-RTC coordination takes place. Overall consideration is given to the degree that each center impacts on the improvement of rehabilitation practices and service delivery systems; contributes to changes in policies and legislation; improvement of practitioner skills; and contributes to new scientific knowledge that helps to alleviate disabling conditions and reduce psychological, service, and economic dependency of severely handicapped citizens.

Ongoing RTC support gives RSA ready access to a corps of experts who serve as allies in achieving its goals and objectives. The synergistic mission to disseminate and promote the use of research findings reduces the usual long delay between the discovery of new knowledge and its application.

Dr. Fenton is Chief, Special Centers, Office of Research and Evaluation, RSA.



Coalition for barrier free living post office box 20803 houston, texas 77025

Tape or film in-
terviews can be
arranged through
Tim Fleck
526-1651

PRESS RELEASE

NOV.11, 1977

FOR IMMEDIATE RELEASE

HOUSTON HANDICAPPED RIGHTS GROUP

TO STAGE REGIONAL LEADERSHIP CONFERENCE

The Houston-based disabled rights organization, Coalition for Barrier Free Living, has been awarded a \$10,000 U.S. Dept. of Health, Education and Welfare grant to stage a leadership conference and workshop here this spring.

"The conference will bring together handicapped leaders from Texas and the four bordering states, Arkansas, Louisiana, Oklahoma, and New Mexico," says Coalition member Lex Frieden, Research Director for Texas Institute of Rehabilitation and Research's New Options program.

The Coalition for Barrier Free Living is composed of handicapped and non-handicapped people seeking to eliminate architectural and attitudinal barriers to people with disabilities.

"Participants at the upcoming conference will exchange information about developments in their communities," says Frieden.

(more)

CBFL CONFERENCE

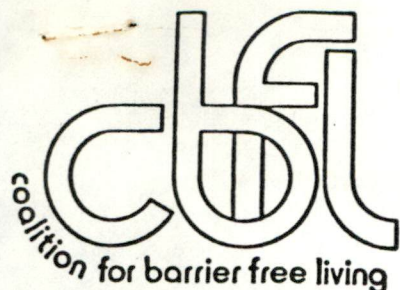
ADD ONE

"They will compare tactics for achieving goals like accessible mass transit, barrier-free housing, and the enactment and enforcement of legislation guaranteeing disabled people the right to a complete education and equal employment.

"We hope the conference will lay the groundwork for statewide coalitions of disabled people in Texas and surrounding states," Frieden concludes.

The conference will be held Feb. 18 and 19 at the Intercontinental Airport Holiday Inn. Approximately 40 persons will attend, including ten attendants.

Highlights of the gathering will include speeches by nationally known disabled rights leaders at a banquet open to the media. Regional leaders will hold a press conference at the conclusion of the gathering to announce future developments.



post office box 20803
houston, texas 77025

PRESS RELEASE

Tape or film in-
terviews can be
arranged through
Tim Fleck
526-1651

February 7, 1978

FOR IMMEDIATE RELEASE.....

HANDICAPPED LEADERS MEET TO ORGANIZE STATEWIDE ACTIVIST COALITIONS

More than forty handicapped leaders from Texas and the four bordering states will meet at the Airport Holiday Inn in Houston on February 18 & 19 to plan the formation of several statewide umbrella organizations. These coalitions will include groups of blind, deaf, and physically disabled individuals in search of enhanced opportunities for handicapped individuals in housing, transportation, education and employment.

The first of its kind in the nation, this weekend conference is being sponsored by the Houston based Coalition for Barrier Free Living. CBFL is a disabled rights organization composed of handicapped people seeking to eliminate attitudinal and physical barriers to persons with disabilities.

Highlights of the gathering will include a public forum on Saturday night featuring nationally known disabled rights leader Eunice Fiorito; and a press conference on Sunday afternoon where the formation of several statewide coalitions of disabled people will probably be announced.

Among those persons attending the conference will be the President of the Oklahoma Coalition of Citizens with Disabilities who recently filed a federal discrimination complaint against Oral Roberts University; and the Executive Director of the

more

Page 2
CBFL Press Release

American Coalition of Citizens with Disabilities who led recent sit-ins in HEW Secretary Califano's office in order to secure government regulations preventing discrimination against handicapped individuals.



post office box 20803
houston, texas 77025

LEADERSHIP TRAINING CONFERENCE AND ORGANIZATION

WORKSHOP FOR HANDICAPPED INDIVIDUALS

AIRPORT HOLIDAY INN

HOUSTON, TEXAS

FEBRUARY 18 & 19, 1978

FRIDAY NIGHT - Feb. 17, 1978

Arrival, getting acquainted, and hospitality room with cash bar. Registration runs from 8:00-10:00 p.m.

SATURDAY - Feb. 18, 1978

- | | |
|------------------|--|
| 9:00-9:30 a.m. | Welcome by Coalition for Barrier Free Living President Bob Geyer and City of Houston Mayor Jim McConn. |
| 9:30-10:45 a.m. | Introductory reports by state detailing organizational activities to date in each state. Reports will be 15 minutes long and will be coordinated by Regional Planning Committee representatives. |
| 10:45-11:15 a.m. | Break |
| 11:15-1:00 p.m. | Presentation by Frank Bowe, Executive Director of the American Coalition of Citizens with Disabilities, on "Why Should We Organize State Coalitions". |
| 1:00-2:30 p.m. | Lunch Break |
| 2:30-3:30 p.m. | Presentation by Oklahoma Coalition of Citizens with Disabilities on "How to Organize a State Coalition". |
| 3:30-4:00 p.m. | Break. |
| 4:00-6:00 p.m. | Individual states meet separately to plan future state-wide organizational activities. |
| 8:00-10:00 p.m. | Forum (open to press and public) featuring Eunice Fiorito, President of the American Coalition of Citizens with Disabilities, Washington, D.C. |

SUNDAY - Feb. 19, 1978

- | | |
|------------------|---|
| 9:00-11:30 a.m. | Individual states meet separately to plan state-wide activities. |
| 10:00-11:30 a.m. | Concurrent meeting of selected representatives at region-wide coalition caucus. |
| 11:30-12:30 p.m. | Final reports from individual states and conference wrap-up. |
| 12:30-2:00 p.m. | Lunch |
| 1:00-2:00 p.m. | Press Conference, report by states on individual plans. |
| 3:00 p.m. | Departure. |

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOURSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

March 1, 1978

Ray Miller
News Director
KPRC TV
8181 Southwest Freeway
Houston, Texas

Dear Mr. Miller:

As the organizer of the February 18-19, 1978 Leadership Training Conference for Handicapped Individuals, I was impressed with the report which Napoleon Johnson did on Saturday evening February 18th. I would like to secure a copy of that report to use as documentation of the success of our workshop; and to show handicapped people in other parts of the country what they might expect in terms of press coverage if they attempt to replicate our meeting. I would be glad to provide you with a blank 3/4" tape cassette, as well as any other information which you may need about the report or our use thereof.

Thank you for your consideration, and thank you for the excellent coverage.

Yours truly,

Lex Frieden
New Options Research Director

LF/asm

MS
1915 Santa Clara
Austin, TX 78757
Jan. 28, 1978

Dear Sir,
Enclosed

As I indicated in our recent
phone conversation, I am interested
in the Consumer Marketing Center
you have to the hold in Houston. The
18-19. My interest is both personal
and professional. I am personally
disabled and use a wheelchair &
modified van etc. I would like
to see an organized & effective effort
made to reduce the architectural &
social barriers that are a hindrance
in my life as well as the lives of
many other people.

My professional interest stems
from the fact that I have been
placed in special assignment to
the Civil Rights Division of the Texas
Dept. of Human Resources to coordinate

② the development of the agencies
response to Section 504. To achieve
the aim of 504, DHE must involve

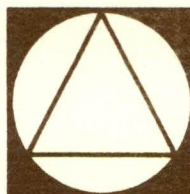
handicapped people. The first step
in doing that, I think, is finding
the people who want to be involved
in solving the problems the agencies
face in providing effective services
to unemployed opportunities to
handicapped people.

I understand that participation
in the Conference is by invitation &

Austin has its quota of representatives.
Do you think that the Conference
sponsors would object to me coming
as an observer? If so, then I will
await a second-hand report on the
outcome of the Conference. Of course,
then I will try to make the necessary
travel arrangements & look forward to hearing
from you.

Sincerely,
Virginia Roberts

Room 817, 1346 Connecticut Avenue, N.W. • (202) 785-4265
Washington, D.C. 20036



American Coalition of Citizens with Disabilities Inc.

December 21, 1977

Mr. Lex Frieden
New Options Research Director
New Options Transitional Project
Texas Institute for Rehab and Research
in the Texas Medical Center
1333 Marsund Avenue
P. O. Box 20095
Houston, Texas 77025

Dear Mr. Frieden:

Dr. Frank Bowe has spoken of you highly and suggested I contact you. Could you please send me a copy of your proposal for a five state regional coalition-forming conference?

The American Coalition of Citizens with Disabilities is conducting a Project to study consumer involvement in vocational rehabilitation. We feel your input would be most significant.

Thank you for your time.

Sincerely,

Rita

Rita A. Varela
Project Coordinator

RAV:mm

cc: Frank Bowe

*replied
1/5/78*



STATE OF NEW MEXICO

ROSWELL AREA COMMITTEE ON EMPLOYMENT OF THE HANDICAPPED

127 North Main Street

Roswell, New Mexico 88201

Office 623-0738 Home 623-7690

G.T. "Duke" Stallard, Chairman

James Lannom, Vice Chairman

Tom Ford, Secretary-Treasurer

February 3, 1978

Dear Sir:

In regards to your letter of January 6, 1978 pertaining to the workshop being held February 18TH & 19TH, my wife and I are planning on attending these meetings. We will be arriving either Friday or Saturday. Thank you for your invitation.

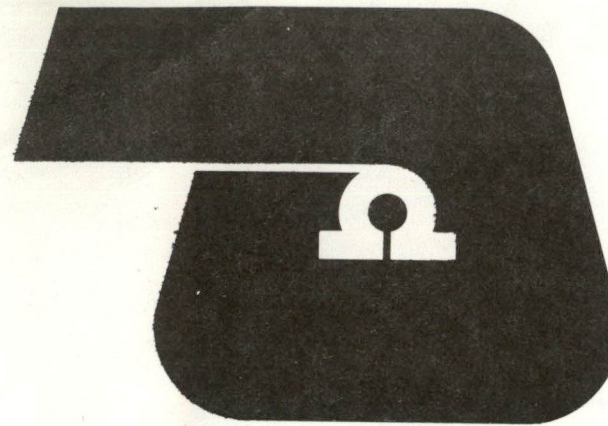
Sincerely yours

[Handwritten signature]

Ada, Steven Stokes, Box 5-77, c/o East Central State University,
 Ada 74820
Bartlesville, Dr. D. Clemans, 1419 Mary Lane, Bartlesville 74003
 918-333-7200
Calera-Durant, Karol Caldwell, Route 1, Box 254-#, Calera 74730
Enid, Wayne Evanson, 196 High Point, Enid, 73701, 405-234-1254
Geary & Central West OK., Virginia Moore, 120 W. Main, Geary, 73040
Lawton-Ft. Sill, PATH c/o Jim McNaughton, 6526 McGlauchlin Ave.,
 Ft. Sill, 73503, 405-357-2675
Norman, Gail Dunskey, 1616 Alameda, C-3 Norman, 1235 Dakota,
 405-321-4830 (Office) or Helen Kutz, 1235 Dakota, Norman
 730609, 405-321-6928
OKC Area, C-OCCD, 6100 N. Warren, OKC 73112, 405-946-5263
Ponca City, Mildred Verkins, 329 S. Birch, Ponca City, 74601,
 405-762-1308
Tulsa, WIN, Gwen Templeman, c/o 2223 E. 54, Tulsa 74105
 918-747-6691
Treasurer of OCCD, Dan Lindseu, Box 77, Vinita 74201

OCCD Newsletter
 6100 N. Warren
 OKC, OK 73112

D. E. Frieden
 6138 E. 53
 Tulsa, OK 74102



OCCD

NEWSLETTER OF OKLAHOMA COALITION OF CITIZENS WITH DISABILITIES

VOL. II ISSUE I

WINTER 1978

OCCD TO PARTICIPATE IN REGIONAL MEET

The Houston-based disabled rights organization, Coalition for Barrier Free Living, has been awarded a \$10,000 U.S. Dept. of Health, Education and Welfare grant to stage a leadership conference and workshop there this spring.

"The conference will bring together handicapped leaders from Texas and the four bordering states, Arkansas, Louisiana, Oklahoma, and New Mexico," says Coalition member Lex Frieden, Research Director for Texas Institute of Rehabilitation and Research's New Options program.

"Participants at the upcoming conference will exchange information about developments in their communities," says Frieden.

"We hope the conference will lay the groundwork for statewide coalitions of disabled people in Texas and surrounding states," Frieden concludes.

Mike Phillips, President of OCCD, attended a planning session Dec. 10th. Oklahoma is the only state of the five who have already formed a statewide coalition and will have a place on the program.

The Conference will be held Feb. 18 and 19 at the Inter-continental Airport Holiday Inn. Approximately 40 persons will attend, including ten attendants.

Highlights of the gathering will include speeches by nationally known disabled rights leaders at a forum. Regional leaders will hold a press conference at the conclusion to announce future plans.

OCCD STATE NEWS

NOTICES-ADVERTISING

OCCD ANNUAL CONVENTION

It is time for the OCCD Annual Convention, and plans are under way. This year it is being held in Oklahoma City at the Sheraton Century Center Hotel on April 15 and 16. A tentative program includes speakers, workshops, seminars, luncheon, banquet, talent show, devotional services, and business meetings, as well as exhibits. The President will hold a Board Meeting on Friday night from eight to ten P.M.

There will be a talent show on Saturday Nite after the Banquet. Anyone who would like to appear in the talent show please contact Brenda Covington, 1417 N.W. 106th St., OKC, OK before April 10th. Registration forms will be mailed.

SUMMARY OF OCCD BOARD MEETING

11/19/77 in Tulsa Okla.

Assistant Secretary, Pat Fallin

Fred Watterson, President of the OK Assoc. of the Deaf was elected acting 2nd V.P. of OCCD, to fill the vacancy.

Pat Fallin was named Assistant Secretary by the President, Mike Phillips, to work with Sandy Beasley.

Ray Yassar, Assistant Dean at the University of Tulsa Law School, was named General Counsel.

LeRoy Saunders has agreed to be chairman of the Convention Planning Committee. Brenda Covington was named as Program Chairman.

OCCD has been asked to send representatives to a regional planning conference in Houston, Texas, on February 17 and 18, 1978.

Those wanting to attend should write Pres. Mike Phillips stating their reasons for attending this very important conference.

Note: The next OCCD Board Meeting is March 4th at 10:00 A.M. at the Oklahoma League for the Blind at 5th & Douglas Streets. Possible changes in By-laws will be discussed. (The Tulsa meeting of January 19th was cancelled due to weather.) The Convention plans will also be finalized.

OKCAD shows captioned films every Saturday Nite at the Club House, 1106 N.W. 15th, OKC, 73106. Anyone is invited.

NOTICE:

Deadline for copy for the Spring Newsletter is April 20th!

OCCD Newsletter
6100 N. Warren
OKC, OK. 73112

DEAF AID

A slightly deaf old gentleman decided a hearing aid would cost too much, so he took a piece of copper wire and wrapped it around his ear.

"Can you hear better with that?" a friend asked.

"No," the old man replied, "but when people see it, they talk louder."

Do you need an answer from Dr. Poarch? For help, write:

The Question Corner
Dr. John E. Poarch
6701 N. Broadway, Ste. 404
OKC, OK 73116
405-840-3793

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OKC, OK. 73106

405-232-8500

Members of OCCD receive the Newsletter free.

AMERICAN SERVICE RENTAL
3921 S.E. Frank Phillips
Bartlesville, Ok. 74003

This organization sells & rents wheel chairs, patient lifts exercisers, etc for the use of the handicapped.

PEOPLE-THINGS

ACTIVE QUADRIPLAGIC 'HUMBLED'
BY HONOR FROM U.S. JAYCEES

By Greg Rubenstein
Tulsa World. Saturday
January 14, 1978

A quadriplegic psychologist with a broken arm and no battery cables for his electric wheel chair is in Tulsa today to be honored as one of the United States Jaycees' Ten Outstanding Young Men. "It's a phenomenal feeling," said 33 year old Frederick A. Fay, "It is rather humbling when you look at the list of previous winners, some of them people I have idolized."

The humbling list includes Ralph Nader, the Rev. Jesse Jackson, John F. and Bobby Kennedy, Gale Sayers, Jim Ryun and Gerald Ford.

Dr. Fay is a psychologist researcher at Tufts Medical Center in Boston, Mass., and an energetic battler for civil rights for handicapped persons. "We're a minority group, just like blacks and women," he said.

Fay's trip to Tulsa got off to a rough start when airline officials in Boston confiscated the battery to his electric wheel chair. Snow delayed his flight to Chicago. He arrived here late and hard-pressed for transportation.

"Some airlines just won't let you ship those batteries," he said. "It was that arbitrary." Tulsa Jaycees promptly located a battery, but the cable attachment was left in Boston. Compounding the problem was Fay's broken right arm.

A broken neck suffered when he fell off a trapeze in his Bethesda, Maryland back yard put Fay in a wheel chair 16 years ago. Within a year of the accident he and another disabled student formed "Opening Doors" a group aimed at providing the handicapped with counseling and information. It is still active in Washington, D.C.

To leave the old with a burst of song,
To recall the right and forgive the wrong
To forget the thing that binds you fast
To the vain regrets of the year that's past;
To have the strength to let go your hold
Of the Not-worth-while of the days grown old;
To dare go forth with a purpose true
To the unknown task of the world that's new;
To help your brother along the road
To do his work and to lift his load;
To add your gift to the world's good cheer,
Is to have and to give a Happy New Year.

A WAY TO A HAPPY NEW YEAR
Robert Brewster
Submitted by Wanda Hull

LEGISLATION-COMPLAINTS

ADOPTION PROPOSAL

A legislative proposal announced recently by Vice-President Walter Mondale would allow moderate-income families to adopt handicapped and other hard-to-place children and would expand the child welfare services of the states.

Mondale stated that the proposal to reform foster care illustrates the goal of the Carter administration "to redirect government policy whenever possible so that our efforts help to strengthen, rather than undercut the family."

Part one of the proposal would allow funds for foster care to be transferred to the adopting family after a hard-to-place child is adopted.

The proposal was offered by Vice-President Mondale during Senate hearings on HR 7200, a similar reform bill which passed the House in June.

CORPORATIONS CITED IN SECTION 503 VIOLATIONS

The Department of Labor has filed administrative complaints against three major corporations. The Department claims that Trans World Airlines, United Airlines and E.E. Black Ltd. of Honolulu have violated regulations under Section 503 of the Rehabilitation Act of 1973.

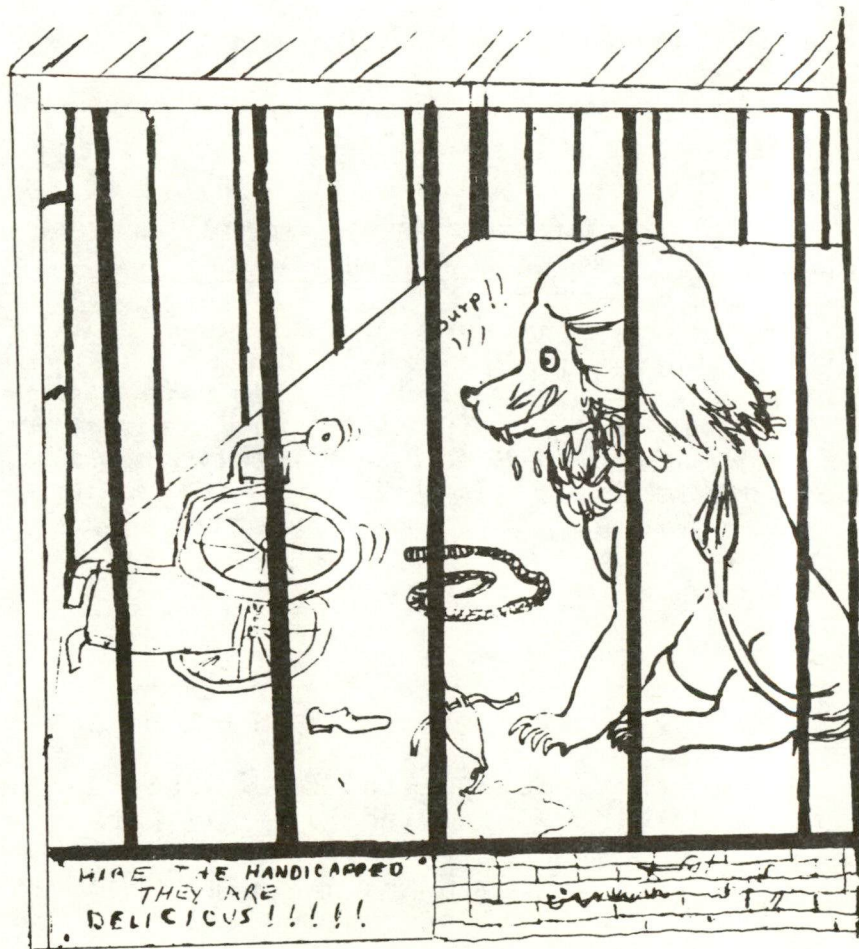
Section 503 requires all federal contractors with government contracts over \$2500 to take affirmative action to hire and advance in employment qualified handicapped individuals.

All three companies are in jeopardy of losing federal contracts and the right to bid for future federal contracts.

OFFICE OF CIVIL RIGHTS DRAGS WHEELS ON COMPLAINT

A check by Joe Fallin, OCCD attorney, on the progress of the complaint as it winds its way through the bureaucracy finds that it has not come up for review nor has a date been set for review. In the meantime OCCD has been asked to submit additional information, such as the ATSC citation, as it becomes available.

NATIONAL NEWS



ARTS IN EDUCATION PROGRAM OFFERED

The blending of community arts resources into the fabric of the school curriculum providing arts experiences for all children on a regular basis is the focus of the Arts in Education Program of the Oklahoma State Department of Education

A comprehensive arts program offers opportunities for experience in all the arts and is planned to reach all students. It would include a balance of three components:

1. ARTS EDUCATION is instruction by arts specialists in specific arts disciplines such as music, visual arts, drama and dance, as usually found in traditional programs.
2. ARTS IN BASIC EDUCATION is the broadening of traditional experiences to reach all students by integrating the arts into the curriculum K-12
3. SPECIALIZED ARTS EDUCATION is classes or activities for students with special needs, as well as those onetime experiences designed for entire student bodies. The curriculum might include special arts classes for the physically impaired, mentally retarded or gifted and talented. Short term experiences, such as the all school musical, the arts and crafts show, concerts and contests, and the occasional assembly program provide aesthetic enrichment and opportunities for students to become both participants and audience.

For assistance with planning a comprehensive arts program in your school, contact:

Peggy Long, Fine Arts Specialist, or Charles Mohr, Music Specialist, State Department of Education
 Hodge Education Building
 2500 North Lincoln,
 OKC 73105

(405) 521-3361

OKLAHOMA LEAGUE FOR THE BLIND'S REVIEW OF THE YEAR

During this past year, the League served 46 blind and visually handicapped people. Of these, 30 were partially sighted and 16 were totally blind, 25 had additional handicaps.

We provided them with evaluation services, adjustment aid and training in transcribing and medical and general data. The length of time each one spent in these training areas varies according to need.

High on our agenda this past year has been our self-study. Required as a prerequisite for accreditation by the National Accreditation Council.

A beautiful new auditorium is now completed and available to groups. For reservations call the League.

ECLECTIC EXCERPTS

From The Newscenter

By Wanda Hull

The Governor's Commission for the Deaf and Hearing Impaired met January 13 and 14. Dr. W.T. Griffing presented the invocation for Jim Dennis. The loss of Mr. Dennis is being felt by many organizations.

Dr. David Stuart was elected Chairman of the Commission for the year 1978.

Uniroyal Tires of Ardmore positively refuses to hire any deaf--a case of discrimination. Deaf have been asked to boycott Uniroyal products and dealers.

Next Governor's Commission meeting March 11, all day in the Lamplighter Room at Howard Johnson's Motor Lodge, 5004 N. Lincoln Blvd. Visitors welcome!

* * * * *

Mark your calendars and plan to attend the OCCD Annual Convention at the Sheraton Century Hotel in Oklahoma City on April 14, 15 and 16.

OFB

OFB announces the opening and operation of their office at 1306 N.W. 5th, OKC, OK. 73106, telephone 405-232-6672. With CETA funds a full time secretary and full time project director have been hired

The next OFB meeting will be March 10 and 11th at the Skirvin. Visitors are welcome.

By the Easter Seal Communicator

Several million deaf Americans will be able to see captioned television programs at the same time others watch the uncaptioned programs thanks to a new technological development. The closed-caption system has already been tested at 13 locations around the country, says Mrs. Loretta Cubberley of PBS, which helped to develop the system. The system should be available to the public within 2 years and will cost approximately \$100. In the meantime Mrs. Cubberley says that 256 PBS stations currently run about 10 hours of captioned programming per week. To find out what is available in your area, contact your local public broadcasting station. If you'd like more information on the captioning system write Mrs. Cubberley at: PBS, 475 L'Enfant Plaza, Washington, D.C., 20024.

FROM ACCD

BOARD CASTIGATES CALIFANO

The ACCD Board of Directors, meeting Dec. 3-4 in Phoenix, voted unanimously for a vigilant monitoring of Sec. of H.E.W.'s Joseph A. Califano, Jr. implementation of Sec. 504 and Executive Order 11914. The Board was appalled to learn that new complaints alleging discrimination under Sec. 504 would not even be investigated until 1980 at the earliest, that the Department's agencies have yet to get their collective heads together on what the rules mean, that compliance reviews will look not exclusively at Sec. 504 but at all Department-administered civil rights programs, that HEW has not significantly raised its dismal record of employment of disabled people (currently 1.41%, one of the worst records in government), and that the Department has not allocated any of its \$1 million in technical assistance contracts to helping disabled and their organizations become more aware of Sec. 504's provisions and more capable in offering the recipients the consultation mandated by the regulation.

From AMICUS...National Center for Law and the Handicapped

FINAL TRANSBUS REGULATIONS PUBLISHED SEPT. 23, 1977

An amendment to the Urban Mass Transportation Administration (UMTA) regulations on transportation for the elderly and the handicapped has been published in the FEDERAL REGISTER.

Basically, the amendment reiterates the Secretary of Transportation, Brock Adam's decision to mandate use of Transbus specifications after September 30, 1979, for all new standard buses which are acquired with funds from UMTA.

The specifications include a requirement for a stationary floor height of not more than 22 inches, an effective floor height, including a kneeling feature, of not more than 18 inches, and a ramp for boarding and exiting.

COMPLIANCE HOTLINE

A free service is being provided by MAINSTREAM, INC., a Wash. D.C. based nonprofit organization founded to encourage compliance with the Rehabilitation Act of 1973. Calls are received from all sectors of society concerned with regulations to Sec. 503 or 504. Callers can dial (202) 8331139.

OCCD CHAPTER REPORTS

ARCHITECTURAL BARRIER INFORMATION CENTER

ADA: By Cecilia Miers, Publicity Chairman
E.C.U.A.S.D.

The Association for Disabled Students was formed in the summer of 1977.

The Association was involved in a college carnival, and earned more funds than any other club, with 75% of the money earned going to the Community Chest Fund.

The Association has also had great results from T-shift sales in which we have a printed design of a triangle with an eye, an ear, and a wheel chair emblem with the Association's motto:

*It's the ability, not the disability
that counts.*

Our plans for this semester include sponsoring an Awareness Day, and to get more involved in community action, such as removal of barriers on campus.

BARTLESVILLE By Dorothy Hamilton
Bartlesville Club of the
Physically Handicapped

BCPH continues a program aimed at community awareness for the needs of the handicapped. Members of the Club serve on the Mayor's Committee for Employment of the Handicapped and are active in other areas.

Of particular interest is speaking out on good barrier free design for the Civic Center Complex of Bartlesville.

At our annual Christmas Party the club entered 16 members of the sheltered workshop of the Association of Retarded Children.

In January Dr. David Clemons was speaker on "Psychological Adjustment to Wheel Chair Living." Dr. Clemons continues to be an inspiration to us all.

Carolyn Adams was back, and spoke of the trials and joys of her freshman year in college. Carolyn says there are still barriers out there!

Of particular interest to our club is the search for new members among the very young handicappers and their parents. We can all help each other.

Next OCCD Board Meeting is March 4th in Oklahoma City at The League for the Blind, 5th and Douglas Streets, 10:00 A.M. This is an open meeting.

Director: Norma Walker, M.S.W.; Barrier Removal Info. Center,
East Central University, Ada, Oklahoma, 74820

East Central Oklahoma State University was granted funds in 1968 for the purpose of removing architectural barriers on campus and serving as a Regional Demonstration Site for barrier removal. Several different methods of removing barriers were employed on the East Central campus, demonstrating some of the alternatives available.

Since the time of the initial modifications, many workshops and seminars have been held on campus in relation to demonstration of the means of barrier removal. Visitors from the five-state region comprised of Louisiana, Texas, Arkansas, Oklahoma, and New Mexico, as well as visitors from other states throughout the nation have seen the demonstration site.

The Architectural Barrier Removal Information Center was established in order to disseminate barrier removal information more widely, and to provide assistance to persons who wanted to modify facilities.

To date, surveys have been made and written reports provided to Southeastern, OSU/TI, Oscar Rose Junior College, Oklahoma Baptist University, Central State University, the OU Health Sciences Center campus, Bacone College, University of Science and Arts of Oklahoma, and Oklahoma City University.

A one-day workshop on Programs and Services for Handicapped Students was held on August 18 at East Central University to provide state campus Student Services staff with information on how to meet special needs of the handicapped student as required in 504 regulations.

A two-day workshop is being held in October, to help Physical Plant staff in modifying barriers, a workshop is scheduled for November which will provide assistance to campus counseling staff in their work with handicapped students, in the areas of academic and vocational advisement as well as personal counseling.

The Center is currently responding to requests from staff at Oklahoma colleges and universities for information in relation to architectural accessibility and compliance with 504 regulations.

SPECIAL FEATURES

A "CP" ON CP by: GAIL DUNSBY

Cerebral Palsy can be defined as an injury to various parts of the brain primarily due to insufficient oxygen available to carry on the generation of brain cells necessary for growth and development. Although CP is popularly thought of as a birth defect (still the prevalent cause), severe head and brain injuries involving loss of oxygen which occur at any time during life may be considered and diagnosed as CP. Statistically, the incidence of CP, as stated by Chance and McDonald*, is estimated to be 550,000 Americans or three persons out of every thousand. Other handicapping conditions commonly found in individuals with CP include: mental retardation, learning disabilities, and a wide range of sight and hearing difficulties.

The authors discuss CP in terms of the following classifications:

(1) Spasticity - characterized by poor coordination and apparent tightness of arm and leg muscles, (2) Athetosis - most obvious in involuntary movements and speech impairments, (3) Ataxia - a noticeable lack of balance or a staggering type walk, (4) Tremor - involuntary rhythmic movements resembling nervousness, and (5) Rigidity - apparent through constant muscle tenseness or tightness. Frequently, a combination of any or a number of types is present in CP individuals, and speech and language difficulties found in all types.

Because of my five years working experience at the Oklahoma Cerebral Palsy Center, as well as other influences, it appears to me that "social retardation" can be almost, if not more, as much of a handicap as the physical disability. Very few children with moderate to severe handicaps have an opportunity to experience as much as his or her non-handicapped peers, and therefore grow up with a limited knowledge and experience in such skills as decision-making. While it is obvious that the degree of physical limitation influences this greatly, many disabled adults, it would appear, would be capable of assuming more responsibility for themselves if appropriate training and opportunity were available and emphasized throughout childhood and adolescence. Although this problem appears common to all types of handicaps, it seems more visible in CP.

*Chance & McDonald, Cerebral Palsy, Prentice Hall Publishers, 1963.

As usual, it is difficult to come up with much news specifically concerning the Norman area since those of us residing in Norman are part of the Oklahoma City Chapter. However, Helen Kutz recently participated as a panel member in a workshop sponsored by the Norman Public Schools to inform teachers about PL 94-142. Ms. Kutz has also been appointed to the Equal Opportunities Affirmative Action Committee at the University of Oklahoma and the Tele-Conference Committee (dealing with Section 504) under the auspices of Vocational Rehabilitation.

Speaking of OU, John Soergel and his staff are in the process of developing a Handicapped Programmatic Information and Service project to serve handicapped students attending OU as well as assisting in the implementation of Section 504 on the OU campus. As the project is still in its beginning stages, further information will be included in a later newsletter.

LATE FLASH!!!! It was learned Saturday, January 28th that the Oklahoma Humanities Committee has fully accepted the above-mentioned project proposal. Work will begin immediately; the first priority will be to set up a meeting which will include the core planners, academic humanists, and all interested OCCD members. At the time of this writing, February 25 1978 has been ~~tentatively~~ selected as a meeting date. SITE IS ST. ANTHONY'S

HOSPITAL FROM 9:00 TO 5:00

CENTRAL OCCD

The OKC area chapter has been trucking along these last few months on the 2nd Monday of each month. Various members have done Public Relations talks. Other members have spoken before educational groups. OCCD was represented on the Oklahoma C.P. Telethon. The chapter began surveying the City for a Barrier Free Guide. The Chapter will host the Annual Convention in April. Harriett Merrill and her team are continuing their hard work on the Video Tape.

Anyone is welcome to attend monthly meetings at 7:30 P.M. at St. Anthony's Hospital in the St. Francis Room, 2nd Floor, the second Monday of each month.

The February meeting will **NO MEETING - DUE TO WEATHER** and further work on the barrier survey.

The March meeting will be 1) Input into the Video Tapes, and 2) Information about services offered to the Deaf Community.

There will be no meeting in April, DUE TO THE STATE CONVENTION.

C. E. Waddle and Shirley Squires attended the Junior League Convention on Play Times and told about OCCD.

OCCD CHAPTER REPORTS

GEARY & WESTERN OK

In October, the Geary Area (Caddo County) organized the Handi-Dandi Club. They meet the 3rd Thursday of each month at 7:30 P.M. in the Geary Fellowship Hall. If transportation is needed, call 884-2335.

Club enrollment will be open. Dues have been set at \$3.00 for handicapped and \$5.00 for associate (non-handicapped) members. Guests are Welcome!

TULSA

UPDATE ON URU

DORMS AT ORAL ROBERTS UNIVERSITY INACCESSIBLE;
COMPLIANCE BOARD SUES HUD

Two inaccessible dormitory towers at Oral Roberts University in Tulsa have caused the federal Architectural and Transportation Barriers Compliance Board (ATBCB) to sue the Dept. of Housing and Urban Development (HUD), which provided funds for construction of the eight-story structures.

In a citation delivered to HUD Sec. Patricia Harris on Dec. 16, ATBCB Executive Director Robert Johnson alleged failure to provide access for physically handicapped persons to the Susie Vinson Residence for women and the Wesley Luehring Residence for men on the university's campus.

The legal action cites failures to comply with the Architectural Barriers Act of 1968, which requires all buildings and facilities owned, occupied, or financed by the United States Government to be accessible to and usable by physically handicapped persons. Alleged noncompliance includes lack of accessible primary entrances, ramps, sidewalk, parking lots, and elevator.

Johnson said HUD initially had advised the ATBCB that the complaint would be resolved and access to the buildings provided. "However, HUD has not taken necessary action to bring the dormitories into compliance."

An order issued by the ATBCB against a federal agency is final and binding and may include the withholding or suspension of federal funds and an order to take corrective action.

The two dormitories were constructed in 1972 with loans and grants given ORU by HUD. Each building houses 250 students.

The complaint brought to ATBCB was filed by Greg Bledsoe, former ORU student, who helped OCCD put together the complaint filed against ORU under Section 504 of the 1973 Rehab Act.

TULSA

COMMISSION SAYS NO TO BUILDERS

Tulsa's City Commission voted 5-0 to maintain that portion of the Tulsa BOCA building code pertaining to accessible apartments.

Tulsa builders Roger Hardesty and Lincoln Properties had appealed the code alleging that they had built some 80 accessible units and these were not being rented by the disabled. Surveys done by the WIN Committee and the Mayor's Commission on the Employment of the Handicapped showed that half this number had not been constructed and the half that had were poorly designed and had barriers to public facilities such as the leasing office laundry, and club rooms. Some of the better accessible apartments were not desirable. "Builders have followed the letter of the law not the spirit," says Dan Holt, MCEH member. "I, personally, would not rent an apartment that didn't have a place to put down my razor or toothbrush much less no where to store them."

The Commission's decision to keep the ratio of accessible apartments at 1 in 25 continues the administration's commitment to barrier-free design in Tulsa.

PAC PLAN APPROVED

Tulsa's Performing Arts Center Authority has approved the plan to make necessary renovations for better accessibility to the new PAC.

If plans are approved by the City Commission, some \$275,000 will be spent to install a hydraulic elevator from the parking garage to the gallery level then a rampway will be constructed to move patrons to the 3rd street lobby area. Handicapped parking will be moved to a location adjacent to the elevator waiting area.

Recommendations by the MCEH for a doorway to a level inside the Chapman Hall theater making seating closer to the stage accessible was rejected. Recommendations for an augmented hearing system for the hearing impaired was tabled for further study.

SIGN LANGUAGE CLASSES

Classes in sign language instructed by Fred Waterson, Pres. of OAD, and O'Neal Bennett are being held each Friday evening at 7:30 at the Recreation Center for the Physically Limited, 815 S. Utica. Everyone is urged to attend.

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOURSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

March 1, 1978

Mr. Jack White
United Fund Information
& Referral Service
1104 Waugh Drive
Houston, Texas

Dear Mr. White:

This letter has reference to interpreter services for the deaf provided by United Fund Information and Referral at the February 18th and 19th, 1978 Leadership Training Conference and Organization Workshop for Handicapped Individuals sponsored by the Houston Coalition for Barrier Free Living.

As you know, we invited several Title XX recipients who were deaf to attend this conference. It was our understanding that the attendance of these individuals at the meetings would enable United Fund to seek reimbursement of the interpreter services from State Title XX funds. As it happened, none of the necessarily low income deaf individuals choose to attend the conference. The United Fund interpreters did, however, work at the conference (approximately 40 hours). There were nine deaf individuals who required interpreter services and these individuals were well satisfied by the service which was provided. The deaf individuals in attendance at the conference were: Larry Evans, President, Texas Association of the Deaf, San Antonio, Texas; Mike Moore, Texas Commission for the Deaf, Austin, Texas; Ralph White, Texas Rehabilitation Commission, Austin, Texas; L. Eckstien, President Arkansas Association of the Deaf; Dave Myers, Louisiana Rehabilitation Commission; Frank Bagley, Oklahoma Association of the Deaf; Fred Waterson, Oklahoma Association for the Deaf; Daisy Rice, President, New Mexico Association of the Deaf; and Frank Bowe, Executive Director, American Coalition of Citizens with Disabilities, Washington, D.C.

I regret the fact that no Title XX recipients were in attendance at the conference so that the interpreter services which were provided could be reimbursed for that program. However, I have been assured by Mr. White, Mr. Moore, and Mr. Evans that these services should be reimbursed by the Texas Commission for the Deaf, the Texas Rehabilitation Commission, or another sponsoring source. If there is any difficulty in obtaining such reimbursement, please do not hesitate to contact me. In the event of any

such difficulty, I will make every personal effort to obtain reimbursement from another source for the services which were provided by United Fund.

Jack, as coordinator of the recent conference, I really appreciate the job that United Fund is doing to provide interpreter services for deaf individuals in our community. This is a sorely needed service, and I would be more than happy to work with you in any way to insure that the service is continued on an open basis for deaf individual who do not necessarily need welfare program criteria and standards.

Sincerely yours,

Lex Frieden
New Options Research Director

LF/asm

DEJEAN, DEJEAN AND DEJEAN

LAW OFFICES

March 6, 1978

ROBERT F. DE JEAN, SR.
ROBERT F. DE JEAN, JR.
BRODERICK C. DE JEAN

160 W. BELLEVUE ST.
OPELOUSAS, LOUISIANA 70570
TELEPHONE: 942-3820
942-4224

RE: OFN: R-2-I

Dear Lex:

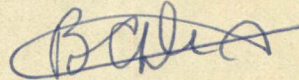
Please forgive the form, but this is the only way that I can find the time to contact my new friends that I met at the Houston "Coalition" Workshop. I hope that I will have time to drop you a more personal note in the near future.

Louisiana is just beginning to make advances in coalition efforts and otherwise securing the long over due rights for her handicapped citizens. All of us enjoyed and appreciated working with you and know that the future is brighter.

If I can be of any assistance at any time, please call and, if you are ever coming our way, I hope that you will let me show you some "Cajun" hospitality.

With kindest personal regards,

Sincerely yours,



Broderick "Riki" DeJean

BCD/iw

Lex, Thanks again for all the work all of you put into the conference. I'll be getting the promised letter off to Dr. Spencer ASAP.
Jake Cole,
Riki

LEADERSHIP TRAINING CONFERENCE AND
ORGANIZATIONAL WORKSHOPS FOR
HANDICAPPED INDIVIDUALS

Airport Holiday Inn
Houston, Texas
February 18-19, 1978

Transcribed, Duplicated and Bound
By
Volunteer Transcribing Services
Lighthouse for the Blind of Houston
Houston, Texas

Program	Page 1
Roster of Participants	3
Menu: Airport Holiday Inn	10

OTHER EXPENSE

	BUDGETED 10/1/77 9/30/78	SPENT to DATE	AVAILABLE to DATE	PROJECTED to 9/30/78	AVAILABLE or (OVEREXPENDED)
--	--------------------------------	---------------------	-------------------------	----------------------------	-----------------------------------

L. Frieden

Travel, Supplies, etc.

10,000

7,223

2,777

739

2,038

Totals on: 5-31-78

OTHER EXPENSEConsumer Leadership
Training Conference (26)BUDGETED
10/1/77
9/30/78SPENT
to
DATEAVAILABLE
to
DATEPROJECTED
to
9/30/78AVAILABLE
or
(OVEREXPENDED)

L. Frieden

Travel, Supplies, etc.

10,000

7,791

2,209

171

2,038

Totals on: 6-30-78

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOORSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

April 20, 1978

Richard C. Ferguson
103 Catron Apt. 75
Sante Fe, New Mexico 87501

Dear Richard,

Check number 84105 was mailed to you from Baylor College of Medicine on March 23, 1978. If you have not yet received your check by now, we should cancel it and issue you a new one. Please let me know.

Sincerely,

Lex Frieden
New Options Research Director

LF/asm

Richard C. Ferguson
103 Catron Apt. 75
Santa Fe, N. M. 87501
April 1, 1978

Dear Lex,

It has been around six weeks since we attended the Leadership Training Conference, and thus far I have not received my re-embursement check. I thought I'd better contact you to see whether the checks have been mailed out as yet. I thought perhaps that my check may have been lost in the mail.

Please let me know whether the checks have been sent. If they haven't, I'd appreciate hearing from you as to when we might expect to receive them.

Thanks for your assistance and co-operation.

Sincerely Yours,
Richard Ferguson

3450 Nicholson Drive
Apt. 1024
Baton Rouge, La. 70802

Dear Lex,

Below is a list (in alphabetical order) of the 8 delegates whom I feel can best represent Louisiana at the Coalition Conference. Enclosed are resumes for seven of the delegates. Mr. Morrison has not sent his resume yet but assured me via phone that will attend. Some of the delegates and alternates included more extensive resumes and additional information regarding their activities which I have also enclosed. We have managed to get a group which is quite representative of Louisiana's handicapped population. Also enclosed are resumes for four alternates. I have listed these in order of priority.

Delegates:

James H. Andrews
3740 Annette Drive
Metairie, La. 70001

Patsy P. Barrett
14920 Tiger Bend Road
Baton Rouge, La. 70816

Riki DeJean
160 W. Bellevue St.
Opelousas, La. 70570

David W. Myers
9425 Oliphant Dr.
Baton Rouge, La. 70809

David Morrison
4314 Whitefield Blvd.
Alexandria, La. 71301

Sudie Robinson
3450 Nicholson Dr.
Apt. 1024
Baton Rouge, La. 70802

(this is not the address
that you have; I have
moved)

Perry Tillman III
4616 Lafon Drive
New Orleans, La. 70126

James L. Womack
P. O. Box 629
Winnfield, La. 71483

Alternates:

Francis Kenneth Vince
2911 Kimberly Drive
Baton Rouge, La. 70814

P. Terrance J. Leach
5635 Marshall Foch
New Orleans, La. 70124

Russel Bijoux
Rt. 1, Box 165
Youngsville, La. 70592

Ronald L. Mora
4601 Woodland Drive
Metairie, La. 70002

I will be sending names of more alternates later. Also, it appears that several of us (at least 3) will be using personal vehicles. Will send more complete info later.

Thank you for your patience and consideration.

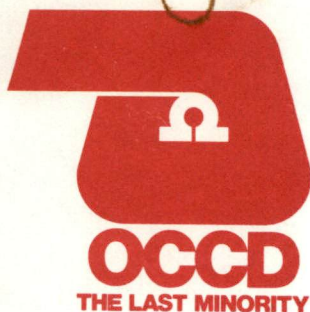
Sincerely yours,

Sudie

Sudie M. Robinson

5. Philip Pepper
6. Karen Backwell
7. Mac Ray

OKLAHOMA
COALITION OF CITIZENS
WITH DISABILITIES



Box 77, Vinita, OK 74301

DELEGATES AND ALTERNATE DELEGATES TO
CONFERENCE IN HOUSTON FEBRUARY 18 & 19.

DELEGATES

MIKE PHILLIPS
2223 E. 54th
TULSA, OKLA. 74105

Disability type-Uses wheelchair
Consumer Organizations-
Founder of WIN, Tulsa
1st Pres. OCCD
Ethnic, sex- White, male

JOE FALLIN
11863 E. 64th S.
Tulsa, Okla. 74133

Disability type-Blind
Consumer Organizations-
President of WIN, Tulsa
Board Member OFB
Board Member OCCD
Ethnic, sex--White, male

FRED WATTERSON
151 S. 168 E. Ave.
Tulsa, Okla. 74108

Disability type-Deaf
Consumer Organizations-
President of OAD
Vice Pres. OCCD
Vice Pres. WIN
Ethnic, sex---White, male

VON MIERS
Box 846, ECU
ADA, OKLA. 74820

Disability type-Quadriplegic
Consumer Organizations-
Pres. Handicapped
Coalition at East Central
University
Ethnic, sex--White, Male

JUDY POOL
3101 N. Virginia
Okla. City, Okla. 73118

Disability type-Blind
Consumer Organizations-
Editor, OFB Newsletter
Member OCCD
Ethnic, sex- White, female

JUDITH DENNIS
6100 N. Warren
Okla. City, Okla. 73112

Disability type-Paraplegic
Consumer Organizations-
Pres. OCCD Central
Editor OCCD Newsletter
Ethnic, sex- White, female

OKLAHOMA
COALITION OF CITIZENS
WITH DISABILITIES



Box 77, Vinita, OK 74301

DELEGATES CONT.

WANDA HULL
3112 NW 31st
Okla. City, Okla. 73113

Disability Type- Deaf
Consumer Organizations-
Board Member OAD
Member OCCD
Ethnic, sex- White, female

BRENDA COVINGTON
1417 NW 106th St.
Okla. City, Okla. 73114

Disability Type-Paraplegic
Consumer Organizations-
Member OCCD
Member OCCD Central
Ethnic, sex- Black, female

ATTENDANT

KENT RYALS
Box 69
Vinita, Okla. 74301

Disability Type-Post Polio- slight limp
Consumer Organizations-
OCCD Advocacy Committtee
Interpreter for deaf
Ethnic, sex- White, male

ALTERNATE DELEGATES

WAYNE EVANSON
Box 2188
Enid, Okla. 73701

Disability Type-Quadriplegic
Consumer Organizations-
Pres. N.O.H.O.
Member OCCD
Ethnic, sex- White, male

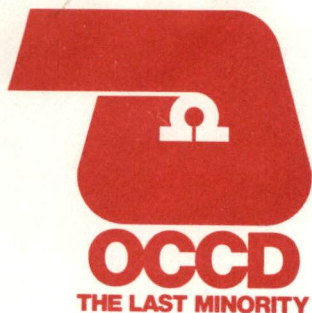
KAROL CALDWELL
Rt. 1 Box 254C
Calera, Ok. 74730

Disability Type-Paraplegic
Consumer Organizations-
Pres. SOCCD
Board Member OCCD
Ethnic,sex-White, female

Dorothy Hamilton
534 E. 16th
Bartlesville, Okla. 74003

Disability Type-Paraplegic
Consumer Organizations-
Pres. Bartlesville Club
Ethnic, sex- White, female

OKLAHOMA
COALITION OF CITIZENS
WITH DISABILITIES



Box 77, Vinita, OK 74301

W.T. GRIFFING
BOX 395
SULPHUR, OK. 73086

JEAN BENNETT
1410 NW 19th
Okla. City, Ok. 73106

O'NEAL BENNETT
1819 E. 16th Pl.
Tulsa, Okla. 74104

JUDY PHILLIPS
2223 E. 54th
Tulsa, Okla. 74105

PAT FALLIN
11863 E. 64th S.
TULSA, OK. 74133

ALTERNATE DELEGATES CONT.

Disability Type- Deaf
Consumer Organizations-
Editor OAD Newsletter
Board Member OCCD
Ethnic, sex- White, Male

Disability Type- Blind
Consumer Organizations-
Member OFB & OCCD
Ethnic, sex-White, female

Disability Type- Deaf
Consumer Organizations-
Member OAD, OCCD, & WIN
Ethnic, sex- White, male

Disability Type- Partial Quad
Consumer Organizations-
CO-founder WIN
Chairman of CHAIRPERSON
Member OCCD
Ethnic, sex- White, female

Disability Type- ~~Para~~plegic
Consumer Organizations-
Acting Sec. OCCD
Sec. WIN
Ethnic, sex- White, female



Zia Chapter
paralyzed veterans of america, inc.

2608 MONROE N.E. ALBUQUERQUE, NEW MEXICO 87110

Phone (505) 265-7049



January 6, 1978

Mr. Lex Frieden
P. O. Box 20095
Houston, TX 77025

Dear Lex:

Jim Seybold has been sick and I doubt
if he will be able to attend our conference
on February 18th and 19th in Houston.

Please replace Jim's name with the

Richard Ferguson

P.O. Box 1830

Santa Fe, N.M. 87503

Jerry Zimmerman

7808 Vista del Arroyo, NE

~~Santa~~ Fe, N.M. 87109

~~Albuquerque~~

Dr. Guy Exxon

109 Washington St. SE

~~Santa~~ Fe, N.M. 87108

~~Albuquerque~~



Zia Chapter
paralyzed veterans of america, inc.

2608 MONROE N.E. ALBUQUERQUE, NEW MEXICO 87110



Phone (505) 265-7049

December 22, 1977

Mr. Lex Frieden
The Texas Medical Center
P. O. Box 20095
Houston, TX 77025

Dear Lex:

I wish to place in nomination the following names listed according to the priority I believe they should be considered.

1. Ralph Markward, Quadriplegic SCI, Pres., Zia PVA, member of Executive Committee of the Governors Committee on Concerns of the handicapped.
2. Dr. Guy R. Exon, Chiropractic Dr., amputee, Chairman of the NM Governors Committee on Concerns of the Handicapped.
3. James E. Seybold, Paraplegic, Research Director, PVA, Executive Secretary of Governors Committee on Concerns of the Handicapped. P. O. Box 1830, Santa Fe, New Mexico 87503.
4. Lawrence Brandon, 40th First Plaza, 7th Floor, Albuquerque, NM 87102. Executive Director New Mexico Handicapped Association, walking C.P. with spastic arms and very mild speech defect.
5. Jerry Zimmerman, walking post polio, past president, NMHA.
6. Gary Cheadle, Executive Director of San Juan Co. Association for Retarded Citizens and Services to the Physically Handicapped. A real dynamo, has located 170 physically handicapped in San Juan County. 3539 E. 30th, Suite 104, Farmington, NM 87401.
7. Mrs. Daisey Rice, deaf, Director of Service, NM State Hospital, 794 Kathryn Ave., Las Vegas, NM 87701.
8. Mr. Richard Ferguson, blind, supervisor in DVR Services for the Blind. Very articulate over TV.

*3. Keith Harmon
83 Calle Wadito N.M.
Albuquerque NM 87120*



Zia Chapter
paralyzed veterans of america, inc.

2608 MONROE N.E. ALBUQUERQUE, NEW MEXICO 87110



Phone (505) 265-7049

Mr. Lex Frieden
December 22, 1977
page 2

9. Fred Shanks, 604 West 12th St., Silver City, NM 88061.
Post polio ambulates on crutches, vice chairman of Governors Committee on Concerns of the Handicapped.

10. Ernest T. Chavez, Veterans Benefits Service Officer for PVA and past president of Zia PVA, member of Mayors Commission on the Handicapped, involved in transportation, civil rights, member of Governors Committee on Health Planning, member of the UNM Deans Committee at the VA Hospital, quadriplegic, no attendant needed.

11. Miss Sue Wolfley, c/o Epilepsy Foundation of NM.
First National Bank Bldg., East, 7009 Prospect, N. E.,
Albuquerque, NM 87110.

12. Mr. Chris Isengard, 610 Gold Ave., S. W., Albuquerque, NM 87103, room 112. Director, Career Services for the Handicapped, Chairman of Albuquerque Committee on Employment of handicapped.

13. George T. Stallard, 127 North Main, Roswell, NM 88201. MS, quadriplegic with electric wheelchair, chairman of Roswell Committee on Concerns of the Handicapped. A rancher and business man. Would probably require an attendant to accompany him. His wife is as active as he is in Roswell for the handicapped.

14. Carl Frymire, 2001 Cactus St., Silver City, NM 88061.
Post polio paraplegic, Director of SWISH very active in Silver City.

Sincerely,

Ralph Markward
Ralph Markward,
Pres., Zia PVA

RM/tv

1. Ralph Markward, Quadriplegic SCI, Pres., Zia PVA, member of Executive Committee of the Governors Committee on Concerns of the handicapped.
2. Dr. Guy R. Exon, Chiropractic Dr., amputee, Chairman of the NM Governors Committee on Concerns of the Handicapped.
3. Kathi Harmon, 83 Calle Vadito, N. W., Albuquerque, NM 87120. Kathi is a member of the Governor's Committee on Concerns of the Handicapped.
4. Lawrence Brandon, 40th First Plaza, 7th Floor, Albuquerque, NM 87102. Executive Director New Mexico Handicapped Association, walking C.P. with spastic arms and very mild speech defect.
5. Jerry Zimmerman, walking post polio, past president, NMHA. C
6. Gary Cheadle, Executive Director of San Juan Co. Association for Retarded Citizens and Services to the Physically Handicapped. A real dynamo, has located 170 physically handicapped in San Juan County. 3539 E. 30th, Suite 104, Farmington, NM 87401.
7. Mrs. Daisey Rice, deaf, Director of Service, NM State Hospital, 794 Kathryn Ave., Las Vegas, NM 87701.
8. Mr. Richard Ferguson, blind, supervisor in DVR Services for the Blind. Very articulate over TV.

Jr. Cole

memorandum

To: RT-4 Program Research Heads

From: Mark Fuhrer, Ph.D. 

Date: 30 June, 1977

As discussed during our June Heads of Research meeting, the RT-4 base grant has been modestly enlarged. Since this affects the grant's current fiscal year ending September 30, some previously unbudgeted funds are available for "one-time" (e.g., non-personnel) expenditure. I would be pleased to hear from you during the coming week regarding needs that could be met by these funds. In the final prioritization process, considerable weight will be placed upon expenditures that enhance the shared capabilities upon which multiple research or training efforts depend.

*OK Do you have
suggestions on
this?
Jaw*

Jim

**P****L****A****C****E**

HYSICALLY

IMITED

SSOCIATION

FOR A

ONSTRUCTIVE

NVIRONMENT

International Symbol
of Access
for the Handicapped

3740 Annette Drive

Metairie, Louisiana 70001

Tel. # (504) 837-7555

February 16, 1978

MEMORANDUM

TO: Handicapped Consumer Leaders Conference & Workshop

FROM: James H. Andrews

The attached information is provided to the conference on the activities of P.L.A.C.E., International, and other organizations submitting information for this conference.

Sincerely,

James H. Andrews, President
P.L.A.C.E., International

Attachments



International Symbol
of Access
for the Handicapped

3740 Annette Drive • Metairie, Louisiana 70001 Tel. # (504) 837-7555

February 16, 1978

P.L.A.C.E., International
New Orleans Chapter

- 1973 - P.L.A.C.E., International formed in New Orleans.
- 1973 - Physically Limited included in two sections of the Bill of Rights of the Louisiana State Constitution.
- 1974 - License Plates for the Handicapped law enacted.
- 1975 - Ramp constructed at New Orleans City Hall.
- 1976 - Special parking spaces designated in the French Market
- 1976 - Louisiana State Legislature passed three resolutions sponsored by P.L.A.C.E., International, which also supplied a petition of support with 2,500 signatures:
 - #107 - Declaration of Independence for the Handicapped.
 - #108 - Re-evaluation of State Buildings to determine accessibility needs.
 - #109 - Requests the Regional Planning Commission to include the Handicapped and Elderly in transportation planning.
- 1976 - State Legislature provides funds in Capital Budget to make the State Office Building in New Orleans and the State Capitol in Baton Rouge accessible.
- 1976 - New Orleans Mayor Moon Landrieu formed Task Force on the Handicapped - six (6) P.L.A.C.E. members serve on this Task Force, currently.
- 1977 - \$80,000 City Bond issue prepared by the Task Force and P.L.A.C.E., passed for removal of architectural barriers.
- 1977 - \$60,000 in Community Development Funding allocated for removal of architectural barriers in New Orleans. (Proposal submitted by P.L.A.C.E., International.)
- 1977 - Physically Limited included in the New Orleans City Charter.
- 1977 - Resolutions passed by Jefferson Parish Council:
 - To investigate all sources of funds available to the parish to aid the Handicapped.
 - To change Building Codes to require accessibility.
 - To eliminate architectural barriers in Parish Buildings.
 - To advise the School Board of architectural barriers in the schools.
- 1977 - Building Codes of Jefferson Parish revised to require that all publicly owned buildings shall be made accessible and that all future buildings, public and private, will be made accessible to the Handicapped.
- 1977 - Workshop on the Handicapped held in New Orleans.
- 1977 - P.L.A.C.E. members selected as delegates to the White House Conference on the Handicapped.

February 16, 1978

P.L.A.C.E., International
New Orleans Chapter

1978 - Jefferson Parish erects accessible stand so that wheelchair users and other Handicapped persons can view the Mardi Gras Parades.

Major Projects now under way:

Require the City of New Orleans to purchase Transbuses.

Eliminate discrimination of the Handicapped by Insurance Companies.

Superdome is not accessible to the Handicapped.

Provide accessible Housing for the Handicapped.



P HYSICALLY L IMITED A SSOCIATION FOR A C ONSTRUCTIVE E NVIRONMENT

International Symbol
of Access
for the Handicapped

3740 Annette Drive • Metairie, Louisiana 70001 • Tel. # (504) 837-7555

February 16, 1978

P.L.A.C.E., International
Baton Rouge Chapter

- 1977 - Baton Rouge Chapter of P.L.A.C.E., International organized.
- 1977 - State Accessibility Bill #272 enacted as law.
- 1977 - Award presented to Riki DeJean for his work on Bill 272 and to Brenda Hoffpauir for achievement of College graduation.
- 1977 - Three P.L.A.C.E., International members appointed to serve on the Baton Rouge Mayors Committee on Employment of the Handicapped.
- 1977 - Resolution passed at Louisiana Womens Convention to define the needs of Handicapped women.
- 1977 - Cortanna Mall (10th largest in United States) provides parking spaces for the Handicapped.
- 1977 - Sudie Robinson attended Miss Wheelchair America contest.
- 1977 - P.L.A.C.E., International awarded \$5,000 grant to publish a booklet and conduct Workshops throughout the State on Accessibility Bill 272.
- 1977 - P.L.A.C.E., International supports the Spirit of Baton Rouge Bus which took Handicapped individual on tour of East Coast and publicized the need for accessible transportation in Baton Rouge.
- 1977 - P.L.A.C.E., International participates in Seminar on Employment of the Handicapped.

JAMES L. WOMACK
ATTORNEY AT LAW
P. O. BOX 629
WINNFELD, LOUISIANA 71483

OFFICE...103 WEST MAIN
PHONE 628-4444

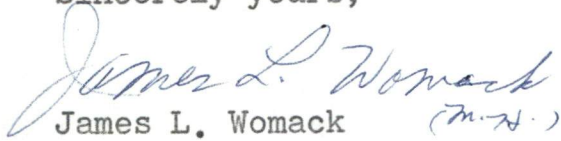
February 3, 1978

Mr. James H. Andrews, President
P.L.A.C.E. International
3740 Annette Drive
Metairie, Louisiana 70001

Dear Mr. Andrews:

In reply to your letter of February 1, 1978, I report that the D.A.V. is involved in a project of obtaining barrier-free ramps for the courthouse here in Winnfield. We are also trying to obtain ramps for curbs for the most-travelled sidewalks.

Sincerely yours,


James L. Womack (M.H.)

TLW:mh

DAVID W. MYERS

LA. ACTIVITIES

- ① Succeeded last year in getting our state education board to fire an unqualified and incompetent Superintendent of our state school for the deaf, then got them to hire a highly qualified person as Superintendent. This new Superintendent is congenitally deaf and is the first deaf man ever hired to run any state school for the deaf. In our struggle to solve problems at the school we marched twice on our state capitol. It was a struggle that lasted five years but which paid off handsomely.
- ② Have just succeeded in getting our educational TV stations in 4 cities to start carrying the ABC Captioned News - this will start March 6.
- ③ We are pushing for more interpreter services and for interpreter training.

④ We are working to get a coordinated statewide plan for education of the deaf

⑤ We are working for the implementation of a Commission for the Deaf which ~~was~~ has already been established by the legislature but not funded.

⑥ We are working to make TTY available to deaf persons in every part of the state, and to have TTY's placed in hospitals, law enforcement agencies and in the offices of service providers.

OTHER EXPENSE

	BUDGETED 10/1/77 9/30/78	SPENT to DATE	AVAILABLE to DATE	PROJECTED to 9/30/78	AVAILABLE or (OVEREXPENDED)
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Consumer Leadership
Training Conference (26)

L. Frieden

Travel, Supplies, etc.

10,000

4,784

5,216

2,179

3,037

Totals on: 3-31-78

Includes requisitions through 4-24-78

OTHER EXPENSE

	BUDGETED 10/1/77 9/30/78	SPENT to DATE	AVAILABLE to DATE	PROJECTED to 9/30/78	AVAILABLE or (OVEREXPENDED)
--	--------------------------------	---------------------	-------------------------	----------------------------	-----------------------------------

L. Frieden

Travel, Supplies, etc.

10,000

7,478

2,522

376

2,146

Totals on: 2-28-78

Lodging for Leadership
Training Conference
(Feb. 18-19) = \$ 1839.¹⁴₄

Meeting rooms and
refreshments (Feb. 18)
= \$ 177.40

Meeting rooms and
refreshments (Feb. 19)
= \$ 143.35

Total
\$ 2153.⁸⁹

ACRM '78 Symposium
Proposal
Event Held in the

Sub of the Art of

Conduct in Relat.

an. by ~~the~~

Human

Elm - Which

Kafka

Phillips

Robinson

Bowl

presenter

a brief & brief of report
followed by discussion
by me. and Q & A.
J. H. H.

**The Coalition for Barrier Free Living
Easter Seal Society Building
P.O. Box 20803
Houston, Texas 77025**

Photography by Frank Golden. Design by Ron Spataro. Typography by the Typeworks. A public service project of AD II.



Wheeling and Dealing
In Houston.

cbl
coalition for barrier free living

post office box 20803
houston, texas 77025

The Problem.

Sometimes, just getting around can be inconvenient.

But for the one of every eleven men and women in Houston who are handicapped by some kind of disability, it's more than inconvenient. It's often impossible. At times dangerous. And always frustrating.

The staircases, escalators, curbs, too narrow aisles and doors and too high telephones are barriers to the enjoyment of a full and rewarding life.

A Solution.

Rather than be pushed around, and pushed aside, some people are doing something. The something is the Coalition for Barrier Free Living. An organization of handicapped and non-handicapped alike, dedicated to the removal of all barriers, architectural and attitudinal.

The Coalition informs and educates. Communicating with the public generally and public officials, as well as owners of private facilities.

What's been done.

A young organization, the Coalition has been successful at accomplishing change.

Curbs in downtown Houston are being ramped. Houston's transit system is making public transportation more available to the elderly and the handicapped.

And by working with planners, the Coalition has opened up restaurants and theaters. Including Houston's entertainment complex, the Summit.

What still remains.

The barriers are coming down. But slowly. And so, too many buildings are completely inaccessible.

Laws which require that structures built with public money be made open to the handicapped are often unenforced. And

are unenforceable more often than not.

Removing the barriers of the mind.

Coalition projects include peer counseling to help the handicapped remove the barriers from their own minds. And speakers bureaus and public awareness campaigns to remove the mental blocks in others. The psychological barriers that are often the most difficult to hurdle.

You?

Yes, you. If you're confined to a wheelchair, use crutches, are blind, deaf or mentally retarded, the Coalition for Barrier Free Living is a way you can do something.

If you're not, you still stand to gain. Because we all gain from a more convenient city.

But do act, as a regular or associate member. Contact the Coalition in the Easter Seal Society Building at 3630 West Dallas. Telephone 526-1651.



RT-4

rehabilitation research and training center

To: Lex Frieden
From: Charles R. Poor
Date: August 15, 1978

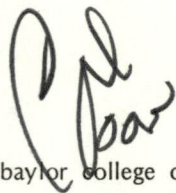
Thanks for supplying me with a copy of your CBFL Conference Report, 1978. As suggested earlier by Dr. Fuhrer, it is highly practical of you to include materials and procedures which were obviously fundamental to the "fabric" of the conference. Please convey my congratulations and appreciation to each person who helped produce the report.

I trust you have had an opportunity to explain to Fred Fay that a description of the "\$10,000" project is appropriately included in our just completed RT-4 Annual Progress Report as opposed to being referred to in earlier reports.

Thanks again for a job well done.

/ma

cc: M. Fuhrer
W. Spencer



baylor college of medicine & texas institute for rehabilitation and research
1333 moursund avenue houston, texas 77030 713 797 1440

MEMORANDUM

TO: Mr. Lex Frieden
FROM: Marcus J. Fuhrer, Ph.D. 
DATE: August 9, 1978

The report of the CBFL Conference sets a high standard indeed for such a document. By reproducing the documentation associated with planning and conducting the conference, the report goes a long way in enabling another group to do the same kind of thing at another time.

Those of us who value the RT-4 program also greatly appreciate the pains that were taken to acknowledge the Center's support. It is worthwhile investments like the one made in the CBFL Conference that help justify continuation of the RT-4 Center.

ccs: W. A. Spencer, M.D.
Mr. Charles Poor

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOORSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

August 2, 1978

Dear CBFL Conference Participant,

I am happy to enclose a copy of our Conference Report. I hope you find this document interesting, enjoyable, and useful. Your participation in this project was responsible for making it a success.

In addition to the Report, I am enclosing a booklet on organizing consumer groups which was produced by Tufts Rehabilitation Center, Boston and the Massachusetts Coalition of Organizations of the Handicapped. I believe you will find this to be an exceptionally useful reference.

Thank you very much for being involved with our conference project. I look forward to working with you further in the future.

Yours truly,



Lex Frieden,
CBFL/TIRR

LF/lfs

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOORSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

Memorandum 8/10/78

TO: Eunice Fiorito

FROM: Lex Frieden, New Options Research Director

I am happy to enclose a copy of our Conference Report. I hope you find this document interesting, enjoyable, and useful. Your participation in this project was responsible for making it a success.

The report will be distributed to Conference participants, A.C.C.D. member organizations, R&T Centers, and other interested groups and individuals. I believe this project was an important demonstration of how R&T Centers can facilitate consumer involvement in rehabilitation.

Thank you very much for being involved with our conference project. I look forward to working with you further in the future.

Copy
also to J. Bowe





PAGE 3

Page 3
100%

102%

