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Collection/Office of Origin: Frieden, Lex, Collection
Series: Disability Rights Organizations
Subseries:

OA/ID Number: 52065
Folder ID Number: 52065-003

Folder Title:
[TIRR] New Options Research Correspondence [1976-1978]

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NEW YORK UNIVERSITY MEDICAL CENTER

Institute of Rehabilitation Medicine
400 EAST 34TH STREET, NEW YORK, N. Y. 10016
AREA 212 679-3200
CABLE ADDRESS: NYU MEDIC

July 20, 1978

Mr. Lex Frieden
New Options
105 Drew
Houston, Texas 77006

RE: REHABILITATION INDICATORS: A METHOD FOR ENHANCING ACCOUNTABILITY AND
THE PROVISION OF REHABILITATION SERVICES

Dear Lex:

Thank you for sending your evaluation materials. In reviewing the item pool, my reaction was that this could be very useful as a resource in the development of environmental indicators. As we begin to move in that area, we'll keep in mind your good suggestions re the environment.

Sincerely,

Margaret Brown
Project Coordinator

P.S. We've added "sexual activity" to the API's and are working on "transportation status" for the status indicators. These suggestions were very helpful.



NEW YORK UNIVERSITY MEDICAL CENTER

Institute of Rehabilitation Medicine

400 EAST 34TH STREET, NEW YORK, N. Y. 10016

AREA 212 679-3200

CABLE ADDRESS: NYU MEDIC

September 12, 1978

Mr. Lex Frieden
Texas Institute for Rehabilitation and
Research in the
Texas Medical Center
1333 Mourund Avenue
Houston, Texas 77025

Dear Lex:

Thank you for the materials you sent on August 20, 1978.

While I was away I attended a meeting pertinent to rehabilitation indicators in Arlington, Virginia. Your program was mentioned frequently and favorably by knowledgeable people. It sounds excellent. Keep up the good work.

Kindest regards.

Sincerely yours,

Leonard Diller, Ph.D.
Chief, Behavioral Science

mv



DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

OFFICE OF THE SECRETARY

WASHINGTON, D.C. 20201

August 2, 1978

Mr. Lex Frieden
New Options Research Director
Texas Institute for Rehabilitation
and Research
1333 Moursund Street
Houston, TX 77030

Dear Mr. Frieden:

We request a complimentary copy of your paper "Independent Living Arrangements for the Severely Disabled." If complimentary copies are not available, please send information on how we may obtain a copy of this publication.

Thank you for your assistance in this matter.

Sincerely,

Inez Fitzgerald
Clearinghouse on the Handicapped
Office for Handicapped Individuals

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOORSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

MEMO

TO: Gergen De Jong
FROM: Lex Frieden, New Options Research Director
RE: Request for New Options research materials

Please find enclosed current New Options research documents as requested.- Feel free to use and adapt them as desired with appropriate references as to the source. Any comments, questions, or suggestions relating to those materials would be appreciated and should be addressed to me. Also, I would appreciate your reciprocation by sending us copies of instruments which you may be using. I suspect it may be useful to compare data from our projects in the future, and in order to facilitate this, I have attached a recent project update. I will forward others to you as they become available. Thank-you for your interest in our project.

LF/lfs

cc: Jean Cole
Fred Fay

TUFTS UNIVERSITY SCHOOL OF MEDICINE - NEW ENGLAND MEDICAL CENTER HOSPITAL

DEPARTMENT OF PHYSICAL AND
REHABILITATION MEDICINE



REHABILITATION INSTITUTE
188 HARRISON AVENUE
BOSTON, MASSACHUSETTS 02111
AREA CODE 617-956-5622

July 7, 1978

Dr. J. Cole, Principal Investigator
Longitudinal Study of Quadriplegic Young Adults
Baylor University
Medical Rehabilitation Research and Training Center
1333 Moursund Avenue
Houston, Texas 77025

Dear Dr. Cole:

As you may already know, the Research and Training Center here at Tufts has implemented a project with goals similar to the TIRR cooperative living project in Houston. One aspect of this project calls for the development of an appropriate evaluation methodology to determine the outcomes of patients served by the project. I believe that you can be of assistance to us in this matter.

We would appreciate receiving any research instruments that you have developed to document the outcomes of persons served by the TIRR project. In addition, we would appreciate receiving any interim or final reports that you believe would be useful to us in developing an appropriate evaluation methodology.

Your assistance in this matter is most appreciated.

Sincerely,

Gerben DeJong

Gerben DeJong, Research Associate

cc: Glenn Diddel

GDJ:cr

*lex - Please
respond to
this. [signature]*



University of Houston

HOUSTON, TEXAS 77004

College of Architecture

July 24, 1978

Lex Friedon
TIRR Annex
West Drew
Houston, Tx.

Dear Lex,

We wish to extend our thanks to you for an informative interview. The conservation and brochures regarding disabled persons will be useful information to us.

Enclosed is a report to our advisor Dr. Petrini, describing our interview with you.

Thank you for taking the time to meet with us. We look forward to talking with you again.

Sincerely,

Barbara Zook Barbara Zook
Barbara Stessel Barbara Stessel
David Glascock D Glascock

cc

Dean Jenkins
Dr. Petrini

Report - Lex Friedon.
Date - July 6th, 1978
Title - New Options Program Director.
Place - T.I.R.R. Institute and T.I.R.R. Annex.

Lex Friedon is Director of the New Options Research Program at T.I.R.R.

New Options is a program at T.I.R.R. to help handicapped persons who leave institutions for home cope with problems not previously conceived.

In earlier time handicapped persons had the choice of living as a dependant to their family or in nursing homes. Through research grants and experience it was shown that handicapped persons would prefer a more co-operative living situation where they would share more responsibility. T.I.R.R. set up such a situation at the T.I.R.R. Center. This environment was still found to be too restrictive. Since the co-operative living experiment was housed in a portion of the T.I.R.R. Institute it eliminated activities which were contrary to institutional regulations

Objection to these regulations prompted some handicapped persons to move to homes and apartments. Independence hall a community of 300 apartments for the handicapped and the elderly does not foster the attitude of intergration with society rather an isolationist existence.

Handicapped persons in their strive for independence move to Willow Wood apartments, one year after the move the apartments were sold to new owners. The new owners thought that the reason all the apartments were not renting was because of the large number of handicapped persons. They stopped renting and renewing leases for handicapped persons. Some of the wealthier persons, irritated by the discrimination against them bound together to build Banyon Condominiums on 1911 Augusta Dr. Again this was not progressive because the move was towards isolation.

The new options program is a direct response to the recognition, of the strive to independence. If a strive to independence occurs naturally, then artificially we should be able to speed up the process.

The new options program is is now housed in T.I.R.R. annex where, Patients are responsible for scheduling their own care, practise skills necessary to move away from nursing homes, attend class room counseling and good educational field trips.

Skills necessary to move away from nursing homes might include; Homemaking, shopping, finance, social skills and mobility.

Class Room Instruction involves contact with handicapped persons more experienced in dealing with day to day problems.

Field Trips might include visits to the airport, to the bank, to the grocery store. These trips enable the handicapped person to recognize and deal with problems particular to their disability.

Lex Freedom said that the T.I.R.R. new options program was capable of accepting between 16 and 20 patients but that 8 was appropriate from the stand point of group dynamics.

Lex is responsible for research on the research utilization program for independant living.

The research untillization program is orientated to make information available to those in need. As an example Lex told us that occupational therapist in a New York facility had a similar program to that of T.I.R.R. but equipment and options were different. Not enough information was shared. At present the research utilization program is preparing six video tapes to mail out to handicapped people so they can see the range of alternative programs available for independant living. There is a lot of information but few people have access to it.

The Coalition for barrier free living distributes information which is limited to space in the news paper and the number of people present at speeches.

There is a need for a community information system where a handicapped person can locate an attendant, have his wheel chair repaired and have access to other goods and services.

Attendants may be listed in a registry for information referral. Houston is a large area with handicapped persons widely spread, making it difficult to focus service on any single part of the community.

Lex claims as a rule best attendants were conciencious objectors and students in health service programs. Second were students in general and house wives. The worst were ex offenders and people with other disabilities.

Lex told us insurance risk involved in housing the handicapped are great. Since quadraplegics and some paraplegics have no senses in parts of their body it is very easy as was the case at Willow Wood apartments for a handicapped person to burn himself. At Willow Wood Apartments a quadraplegic unaware over change in temperature in shower water suffered sever burns to his legs.

A good source of reference;

- 1) Manuscript for Independant Living. (Susan Phlueger)
- 2) Institute for Research Utilization W.O.C.
- 3) Bill Loffborough - Goodwill Industries.



NEW YORK UNIVERSITY MEDICAL CENTER

Institute of Rehabilitation Medicine
400 EAST 34TH STREET, NEW YORK, N. Y. 10016
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CABLE ADDRESS: NYU MEDIC

July 14, 1978

Mr. Lex Frieden
Texas Institute for Rehabilitation and
Research in the
Texas Medical Center
1333 Moursund Avenue
Houston, Texas 77030

Dear Lex:

I received your "New Options Research Document." I have not as yet had a chance to go over it in detail but my initial impression is highly favorable. I will be back to you when I have reviewed the document.

Best wishes for a pleasant summer.

Sincerely yours,

Leonard Diller, Ph.D.
Chief, Behavioral Science

mv

TUFTS UNIVERSITY SCHOOL OF MEDICINE - NEW ENGLAND MEDICAL CENTER HOSPITAL

DEPARTMENT OF PHYSICAL AND
REHABILITATION MEDICINE

CARL V. GRANGER, M.D.
PROFESSOR AND CHAIRMAN



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CARL V. GRANGER, M.D.
PHYSIATRIST-IN-CHIEF

PAUL J. CORCORAN, M.D.
ASSOC. PHYSIATRIST-IN-CHIEF

EVERETT M. DELABARRE, M.D.
GLEN E. GRESHAM, M.D.
KAMAL B. LABIB, M.D.
DAVID M. O'TOOLE, M.D.

MEMORANDUM

April 10, 1978

TO: Peer Review Committee

FROM: Janet Minch

RE: Involving Disabled Consumers in Rehabilitation

Enclosed please find your "advance" copy of the Final Draft of the "first year report" on the Consumer Involvement Project. Your comments, revisions and/or suggestions are most welcome. Please respond by April 21, 1978.

This report will be widely disseminated in its final form. If there are individuals or groups you want to add to the mailing list, please let me know. A copy editor will be revising this last draft along with any additional information I receive. I anticipate completion by the end of April.

Again and as always, I appreciate your interest and participation in our consumer involvement activities.

Enclosure

JAM:lfc

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOURSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

April 27, 1978

Ms. Janet Minch
Consumer Involvement Project
TUFTS Rehabilitation Project
185 Harrison Ave.
Boston, Massachusetts 02111

Dear Janet,

I was pleased to receive within the past few days both a first year report and a synopsis of planned activities for the Consumer Involvement Project. It appears as though you all have been doing lots of hard work.

With respect to the first year report, I would suggest that you include more information about the individual projects and fewer pages of charts and survey data. I realize that you have a great deal of data to present, but while it might be interesting to us, I doubt that the average reader would be interested in such a fine level of detail. I suggest that a brief, well conceived summary of the data and results would be sufficient for the main body of the report, and that more emphasis be given to your narrative discussion, conclusion, and recommendations.

As far as Project 5 is concerned, I am pleased to see new initiatives. I am anxious to know if you encounter any differences of opinion about the "V.R. Establishment" from professionals and consumers; and I look forward to finding out how you resolve those differences. The agenda sounds good, but I wonder how many people drop out or how many people are added from one meeting to the next. My concern here is continuity. Finally, I would like to know how much you have budgeted for each one of these meetings in the way of manpower and money.

Janet, I am sorry that we did not have more time to visit in New Orleans. I was really worn out then. I hope you all can maintain momentum and the direction you have established with consumer involvement. I will soon be sending you the report of a Consumer Leadership Training conference that RT-4 sponsored here in February. I hope you find it useful. In the meantime, I look forward to receiving more information about the Massachusetts project.

Your friend,

Lex Frieden, New Options Research Director

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
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Telephone
Area Code 713, 797-1440

MEMORANDUM: 4/27/78

TO: Dr. Kewalramani

FROM: Lex Frieden, New Options Research Director

I was sorry to have missed your April 21st Research Task Force meeting.

I received the notice on April 22nd.

Please do try to schedule farther ahead in the future.

Thank you for your consideration in this matter.

cc: David Stock
Dr. Fuhrer

LF/cr

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
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1333 MOORSUND AVENUE
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March 16, 1978

Dr. Paul Corcoran
Assoc. Psychiatrist-in-Chief
Tufts University School of Medicine
New England Medical Center Hospital
185 Harrison Avenue
Boston, Massachusetts 02111

Dear Paul,

I'm glad you enjoyed your recent visit to Houston. Enclosed are the research documents I promised you. Please do not hesitate to contact me if you have any suggestions.

Yours truly,

Lex Frieden
New Options Research Director

enclosures

LF/asm

TUFTS UNIVERSITY SCHOOL OF MEDICINE - NEW ENGLAND MEDICAL CENTER HOSPITAL

DEPARTMENT OF PHYSICAL AND
REHABILITATION MEDICINE

CARL V. GRANGER, M.D.
PROFESSOR AND CHAIRMAN



REHABILITATION INSTITUTE

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GLEN E. GRESHAM, M.D.
KAMAL B. LABIB, M.D.
DAVID M. O'TOOLE, M.D.

January 21, 1978

Tex Frieden
TIRR Annex
105 Drew Street
Houston, Texas 77006

Dear Tex:

I really appreciated the opportunity to visit with you and Joyce today. Thanks for giving up your Saturday afternoon for me.

Please remember to send me a copy of the "Independent Living Skills Questionnaire."

When I got to the Houston Airport and bought a paper, I learned of the 20" snow in Boston. I also learned that my flight was cancelled because their equipment was snowed in up North. I managed to get on to another flight to NYC and will try to get from there to Boston on the Train.

Thanks again!

Paul



STATE OF OKLAHOMA
OKLAHOMA PUBLIC WELFARE COMMISSION

DEPARTMENT OF INSTITUTIONS, SOCIAL AND REHABILITATIVE SERVICES
(Department of Public Welfare)

L. E. Rader
Director of Institutions,
Social and Rehabilitative Services

Mailing Address: P.O. Box 25352

Sequoyah Memorial Office Building
OKLAHOMA CITY, OKLAHOMA - 73125

January 26, 1978

In Reply - Address to Director
Attention: Lowell E. Green
Administrative Assistant

Mr. Lex Freiden
Director of Research
New Options Project
Texas Institute for Rehabilitation and Research
9667 Meadow Vale
Houston, Texas 77713

Dear Mr. Freiden:

January 26, Mr. Ralph Rouse of the Dallas Regional Office called me concerning your assistance in the development of Independent Living Evaluation Procedures. Due to your experience in the field of independent living and your discussion with Mr. Rouse, the materials contained in our Service Outcome Measurement Project Monographs may possibly be of benefit to the development of your evaluation measures.

As requested by Mr. Rouse, we are forwarding the following:

1. Case Difficulty and Client Change - Monograph I
2. Field Test of a Service Outcome Measurement Form: Case Difficulty - Monograph II
3. Field Test of a Service Outcome Measurement Form Client Change - Monograph III
4. Service Outcome Measurement Form (Factored Version)
Pretest-Protest Instrumentation and Practice Exercises
5. RVS Memo 78-2 Rehabilitation Service Outcome Measure

We trust this information will be assistive in your study and should questions arise, please feel free to contact Mr. Hostetter 405/521-3381 or address above.

Very truly yours,

L. E. Rader, Director of Institutions,
Social and Rehabilitative Services

Enclosures

JUDITH LEE STERLING
SAGAMORE I APT. #1115
115 W. SQUANTUM STREET
NORTH QUINCY, MASS. 02171

Jan. 10, 1978

Dear Lex,

Thank you so much for your papers! I found them very useful. You are doing good work!

Fred Fay and I have worked on projects together for the past year. He has really helped me a lot.

Have a wonderful New Year!

With best wishes,

Judy Sterling



DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

REGIONAL OFFICE

1200 MAIN TOWER BUILDING

DALLAS, TEXAS 75202

December 15, 1977

OFFICE OF
HUMAN DEVELOPMENT
SERVICES

Rehabilitation Services

Mr. Lex Frieden
New Options Research Director
Texas Institute for Rehabilitation
and Research
P. O. Box 20095
Houston, Texas 77025

Dear Lex,

How are you? I haven't seen you since the White House Conference on Handicapped Individuals last May.

I have been asked to serve on an Institute on Rehabilitation Issues Prime Study Group. Our task is to tackle the role of Vocational Rehabilitation in the development of an Independent Living Rehabilitation Program. We are to develop a publication on this subject for vocational rehabilitation practitioners (administrators, counselors, etc). Fred Fay and Joe LaRocca among others are serving on the Prime Study Group with me. I have been given the assignment of developing the chapter on "Evaluation". I interpret this chapter as being a state-of-the-art description of studies on measuring outcome in an Independent Living Rehabilitation Program. In other words, how can and should progress and success be measured since the "26" closure is inadequate? What sort of intermediate and long range objectives can be substituted for vocational objectives and how can accomplishment of those objectives be clearly and simply measured? Also evaluation could include the cost/benefit of an Independent Living Rehabilitation Program. What costs are involved? How do these compare with alternatives available to the severely handicapped person (nursing homes, hospitals, living with parents, etc.)? What are the benefits of such a Program? Does Independent Living foster personal and social independence and growth which in many instances leads to economic independence? How do these benefits compare with alternative living situations available to the severely handicapped person? What mechanisms or measurement devices can be utilized to measure individual "Independent Living Rehabilitation" outcome and how can we measure the cost/benefit of an Independent Living Rehabilitation Program that would be national in scope? What have some of the Projects done and discovered in these areas? These are some of my thoughts on what this chapter should address. What do you think?

Mr. Frieden

-2-

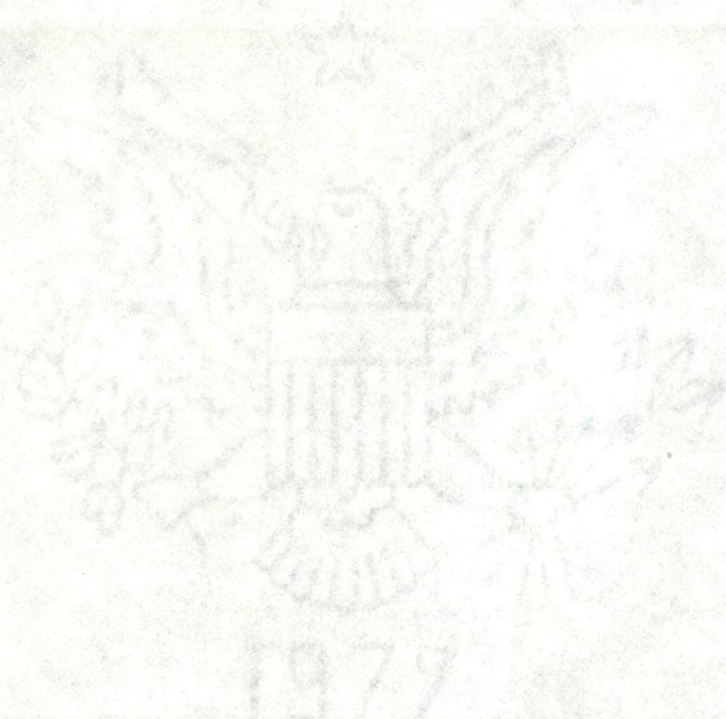
December 15, 1977

I would appreciate you sharing your thoughts and ideas and any information you have access to on this subject. Also please direct me to sources of information on this subject. I have to do my research and prepare my initial draft of the "Evaluation" chapter by mid February. Any ideas and direction you can provide me as soon as possible will be greatly appreciated.

Thank You

Ralph

— Ralph D. Rouse, Jr.
— Assistant Regional Representative



TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH

IN THE

TEXAS MEDICAL CENTER

1333 MOORSUND AVENUE

HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

January 5, 1978

Mr. Ralph Rouse, Jr.
Rehabilitation Services Administration
Department of Health, Education and Welfare
1200 Main Tower Bldg.
Dallas, Texas 75202

Dear Ralph:

It was good to hear from you. However, it has taken me a while to get back to your letter since I was somewhat overwhelmed by your long series of substantive and important questions. I must admit that I am glad it is you and not I who is trying to write the treatise you have outlined. As a matter of fact, the questions which you have detailed are so involved that I have serious reservations about whether the Institute of Rehabilitation Issues can make really valid recommendations within the limits of the time given for this project. In any case, I am reassured to know that you and Fred Fay among others are involved in the project, and I will assist you in whatever ways I can given the limits of my own time and responsibilities.

The questions you have outlined seem to cover the topic of evaluation of independent living rehabilitation programs in the broad context of vocational rehabilitation adequately. Many of these questions cannot now be answered, because we have not had enough experience with independent living rehabilitation programs. For example, we do not have sufficient data to make reliable judgments about the comparative costs and benefits of available residential alternatives. On the other hand, we do know something about what those costs and benefits might be. In strict terms of evaluation, only a few projects have attempted to use valid scientific methods to measure the effects of their programs. Most of the work in this area plays second fiddle to administration and service provision.

If you have not already done so, I suggest that you secure a copy of the state of the art review which was done by Susan Pflueger for the Institute for Research Utilization under the sponsorship of RSA. I believe you will find the annotated bibliography in that document quite useful. Also, I am enclosing some papers related to our New Options project which may give you some insight into the ways we approach evaluation.

Ralph, I realize that I have hardly begun to address the questions which you raised. I will continue to make notes on these issues and share them with you. I suggest that you call me when you have specific questions. In the meantime, I am sure you won't have any problem keeping busy.

Yours truly,

Lex Frieden
New Options Research Director

JUDITH LEE STERLING
SAGAMORE, APT. #1115
115 W. SQUANTUM STREET
NORTH QUINCY, MASS. 02171

J. Lee

Nov. 13, 1977

Dear Mr. Stock,

Presently I am a Master's candidate in Rehabilitation counseling at Boston University. I am doing a project on how independent living centers evaluate their success in teaching "independent living skills" to severely disabled individuals.

Please send me any information concerning the above at Texas Institute for Rehabilitation and Research.

Thank you very much!

J. Lee

Sincerely,

Judith Sterling

Lex Frieden - Annex

memorandum

To: Jean Cole, Ph.D.
Mr. Lex Frieden

From: Mark Fuhrer, Ph.D. *MF*

Date: 12 August, 1977

Re: The grant renewal request for the New Options Project

Because so much has been achieved during the first year of the project, it almost must have been a pleasure to prepare the progress report. There is one qualm I might give voice to for no other reason than to add credibility to the assertion that I read your magnificent report. This has to do with the proposal to obtain data from a group of subjects who are "eligible but who are unable to participate in the program." The potential virtue of obtaining data from such a group is clear. I wonder, though, whether the factors underlying these persons' inability to participate might 1) distinguish this group from those who are able to participate and 2) be correlated with some of the outcome measures.

Please realize that my intent is simply to assure you have fully considered the issue and not to stimulate a time-consuming reply from you.

EASTER SEAL SOCIETY OF LOS ANGELES COUNTY

Spinal Cord Injury Project

Roberta B. Trieschmann, Ph.D.
Project Director
Alan H. Facter
Executive Director

P.O. Box 2465
Culver City, Ca. 90230
(213) 822-5098
(213) 483-5692

July 11, 1977

Lex Frieden, Research Director
New Options
TIRR Annex
105 Drew Street
Houston, Texas 77006

Dear Lex,

Thank you for the opportunity to meet with you on July 7, 1977 to discuss the New Options program. I would appreciate receiving a copy of the final report of your original grant when it becomes available.

I promised Joyce that I would send to you all some of my publications in the area of sexuality and rehabilitation. Thus, I have enclosed a few selected items. Hope that these will be helpful to the group.

Again, thank you for meeting with me and sharing your information.

Sincerely



Roberta B. Trieschmann, Ph.D.
Project Director



NEW OPTIONS TRANSITIONAL PROJECT

April 5, 1976

Dr. Wilbert Fordyce
University of Washington
Seattle, Washington

Dear Dr. Fordyce,

Enclosed is a copy of the research plan I intend to follow in evaluating our transitional living program. I would appreciate any comments or suggestions you might have.

As you know, I would like to include the activity measure you developed for the Rehabilitation Indicators Study in this research.

Sincerely yours,

Lex Frieden
Research Director

LF/asm

June 21, 1976

Director, Department of Behavioral
Disabilities
University of Wisconsin - Madison
Alfred J. Butler
Madison, Wisconsin 53706

Dear Dr. Butler:

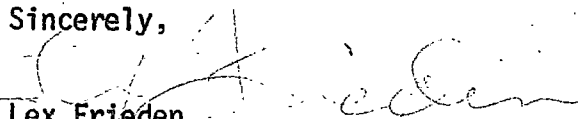
I found your recent article in the Journal of Rehabilitation very interesting. We at Texas Institute for Rehabilitation and Research are presently developing what I consider to be a non-traditional psychosocial rehabilitation program for severely physically disabled persons. I am enclosing a description of this program for your information.

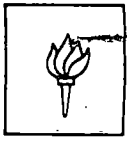
As Research Director of New Options, I would like to review your Human Service Scale, and perhaps use it as an evaluation tool in our program. Please send me as much information as you conveniently have available regarding the scale, including reports, data collection protocols, and copies of the instrument itself.

Your article does not specify how often the instrument can be repeated and still maintain reliability. Do you have any data on this aspect? I would like to try a test-retest procedure with a six-week interval between administrations.

I would be happy to try and incorporate any suggestions you may have about the application of the Human Service Scale to our project evaluation in my research strategy. Also, I would be pleased to share with you any data we may generate with this instrument. Thank you for your help. I look forward to hearing from you soon.

Sincerely,


Lex Frieden
New Options Research Director



NEW YORK UNIVERSITY MEDICAL CENTER

Institute of Rehabilitation Medicine

400 EAST 34TH STREET, NEW YORK, N. Y. 10016

AREA 212 679-3200

CABLE ADDRESS: NYU MEDIC

April 13, 1976

Mr. Lex Frieden
Research Director
Texas Institute for Rehabilitation
and Research in the Texas Medical Center
1333 Moursund Avenue
Houston, Texas 77025

Dear Mr. Frieden:

Your materials on the Transitional Living Program just arrived. The idea looks very good. When we have had a chance to review it, I will be happy to give you a more in-depth reaction.

Sincerely yours,

Leonard Diller, Ph.D.
Chief, Behavioral Science

mv

NEW OPTIONS TRANSITIONAL PROJECT

April 5, 1976

Dr. Leonard Diller
Institute of Rehabilitation Medicine
New York, New York

Dear Dr. Diller,

Enclosed is a copy of the research plan I intend to follow in evaluating our transitional living program. I would appreciate any comments or suggestions you might have.

Sincerely yours,

Lex Frieden
Research Director

LF/asm

April 5, 1976

Dr. Fred Fay
Tufts-New England Medical Center
Boston, Mass.

Dear Fred,

I have enclosed a copy of our Transitional Program description and research plan for your information. Also, I am sending a brief description of my Thesis as you requested.

I appreciate your help arranging for us to use Dr. Granger's data analysis system. I am anxious to receive updated protocols, etc.

If I don't talk to you before then, I will see you in Washington on the 24th.

Your Friend,

Lex Frieden
Research Director

LF/asm

TUFTS UNIVERSITY SCHOOL OF MEDICINE - NEW ENGLAND MEDICAL CENTER HOSPITAL

DEPARTMENT OF PHYSICAL AND
REHABILITATION MEDICINE
CARL V. GRANGER, M.D.
PROFESSOR AND CHAIRMAN



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CARL V. GRANGER, M.D.
PHYSIATRIST-IN-CHIEF
EVERETT M. DELABARRE, JR., M.D.
G. ROBERT DOWNIE, M.D.
NADIA A. KASSISSIEH, M.D.
KAMAL B. LABIB, M.D.

March 30, 1976

Mr. Lex Frieden
Social Service
Baylor College of Medicine
Medical Rehabilitation R&T Center
1200 Moursund Avenue
Houston, Texas 77025

Dear Lex,

Per our phone conversation with Carl, I am pleased
to have you using these.

Look forward to seeing you in D.C.

Sincerely,

Frederick A. Fay, Ph.D.
Director of Research

FAF:jc
enc.

MEMORANDUM

9/28/76

TO: Moe Cangoneri, Biomedical Engineering, Director
FROM: Lex Frieden, New Options Research Director
SUBJ: Bed Rest Time Monitors Installations

New Options will soon be using annex rooms # 18-27 for participants. I understand that rooms 20-25 are already wired for RTM's and I suggest room #19 be added to give us a full compliment of seven RTM's.

November 11, 1976

Professor Tanvera Dämbé
Department of Psychology
Clark University
Worcester, Mass. 01610

Dear Dr. Dämbé,

I really enjoyed meeting you at the APA meeting in Washington. I have been acquainted with your work in the field of rehabilitation psychology for several years and I respect you very much.

As you requested, I am enclosing a copy of my paper on Independent Living Arrangements for Severely Physically Disabled Individuals which was the basis of my APA presentation. Also, I am sending you copies of our New Options Transitional Project description and research outline. Please share with me any ideas you have regarding our study, as well as any references or information you feel are relevant.

Sincerely,

Lex Frieden
New Options Research Director

enclosures

LF/asm

TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH
IN THE
TEXAS MEDICAL CENTER
1333 MOORSUND AVENUE
HOUSTON, TEXAS 77030

P. O. Box 20095
Houston, Texas 77025

Telephone
Area Code 713, 797-1440

MEMORANDUM

TO: Jean Cole, Ph. D.
Lex Frieden

FROM: Lauro S. Halstead, M. D. *LH*

RE: New Options Research Meeting, 12-15-76

DATE: December 23, 1976

For the record, here is a summary of the topics we discussed at the meeting on Wednesday, December 15, 1976. If there are any major discrepancies or additions, please let me know.

- 1) Reviewed estimated costs of installing the rest time monitor system in 7 patient rooms at the Annex. Estimate, not including labor, was approximately \$636.00.
- 2) Reviewed projected costs for maintaining and monitoring the rest time system at the Annex for the next 12 months.
 - a) We agreed that the New Options Transition Program (NOTP) would cover the costs associated with renting 2 Modems and a leased line from the phone company for the remainder of the NOTP fiscal year (ends 9-30-77)(approx. \$60/mo)
 - b) We agreed that REC would cover costs associated with maintenance, repair, parts and labor. This would be charged to the RTM project.
 - c) We agreed that we will monitor real expenditures associated with the maintenance and upkeep of the RTM system for the next 9 months and review these costs with reference to projected expenses outlined in the attached itemized sheet. If the real expenses are seriously out of line with the projected costs, we will renegotiate the division of financial coverage.
 - d) We agreed that it might make sense for NOTP to cover any costs associated with replacing parts and equipment, damaged or broken, at the Annex which resulted from negligence or preventable causes.
- 3) NOTP will provide a research assistant to assist with data gathering, system monitoring and other nontechnical aspects of the general functioning of the RTM system

Memo - Jean Cole, Ph. D.
Lex Frieden

December 23, 1976
Page Two

at the Annex.

4) We agreed that it would be desirable if Lex and myself could begin to meet on a regular basis at the Annex to review data and problems related to behavioral monitoring in general. Tentatively, these meetings were set for each Tuesday morning.

5) The question was raised concerning how NOTP should reimburse REC for the Modems and leased line. This will be explored with Jackie Mechoulam.

cc: Joe Canzoneri

Attachments: 1. Copy of the list of anticipated costs per year
2. Costs of equipment at Annex

ADDENDUM to Item 2a: Coverage beyond 9-30-77 will be provided through 1977 if NOTP is refunded.

A. ANTICIPATED COSTS/YEAR - ANNEX RTM

1. Telephone Company Modem Rent (2) @ \$20.00/mo.	\$480.00
Telephone Company Leased Line @ \$19.50/mo.	234.00
2. Spare Parts	
I. Circuits	\$135.00
Pilot Lights	10.00
Print Heads	100.00
Bed Switches (20)	<u>250.00</u>
	555.00
3. Technician Time (100 hrs)	2000.00
4. Travel, Drew/Return (15¢/mi)	<u>25.00</u>
	\$ 3534.00

B. COST OF EQUIPMENT AT ANNEX

Cabinets	\$ 30.00
Crystal	16.00
Multiplexer	80.00
I. Circuits	55.00
Cable	190.00
Switches	25.00
Connectors	175.00
C. Board	30.00
Misc. (Diodes, caps, etc.)	<u>35.00</u>
	\$ 636.00

TEXAS INSTITUTE for REHABILITATION and RESEARCH
EMPLOYMENT AUTHORIZATION

Cost Center New Options Project
Name & No.: cost center - 241

Employee Name: Antoinette Marie Frey

Vacant Position

Date to Begin: 2/8/77

Position Title:

Starting Salary: \$300 per month (50% time)

Name of Previous Holder:

Class: **Race:** **Full Time:** **Position:**

New Position

Position Title: research assistant

Remarks:

Authorizations and Approvals

Date: **Authorization I:**

Signature of Person Submitting

Date: **Approval:**

Date:

Name:

2/2/77



TIRR 2-72



TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH

An Equal Opportunity Employer
1333 Moursund Avenue
PERSONNEL DEPARTMENT
Houston, Texas 77025

APPLICATION FOR EMPLOYMENT

Date: January 31, 1977
Position Applying for: RESEARCH ASSISTANT
Minimum Salary Requirement: _____
Date Available: FEBRUARY 3, 1977
Who referred you to this Institution?
DR. NORM LAWSON /
CLAUDE FREY

Mrs. FREY ANTOINETTE MARIE
Mr. Last (Please Print) First Middle Maiden

Shift you are able to work: 3 Days 3-11 11-7 Weekends Preferred Shift: TUES / THURS / FRI Full time Part time ☒

Present Address: 1217 BONNIE BRAE City HOUSTON State TEXAS Zip 77006

Phone 5239854 How long have you lived at this address? 16 YES Rent? Own home? ☒

Previous Address: _____ How long? _____

Birth Date: 8/2/57 Place of Birth: HOUSTON, TX If naturalized, give date, place & number: _____

Own car: NO Social Security No. 461-21-1268 Sex FEMALE Height 5'2" Weight 125 lbs.

Marital status: Single ☒ Engaged _____ Married _____ Separated _____ Divorced _____ Widowed _____

Full name of husband or wife: _____ Where employed? _____

List number of children under 21: _____ Ages: _____ Arrangements for child care: _____

IN CASE OF EMERGENCY CONTACT:

Name LOUIS J. OR ROSE M. FREY Phone No. 5239854 Relationship: FATHER/MOTHER

Address 1217 BONNIE BRAE City HOUSTON State TEXAS Zip 77006

When did you last consult a physician? January 29, '77 For what reason? OB/GYN CHECK UP

Have you any physical handicap, chronic disease, or disabilities? NO

If so, give nature and dates _____

List physical disabilities or limitations _____ Eyesight _____ Speech _____ Hearing _____

How much time have you lost through illness in the past two years? 1 DAY

Are you a veteran? _____ Draft classification _____ Kind and date of discharge _____

Have you ever been employed by TIRR? NO If so when? _____ In what job? _____

List friends or relatives presently employed here _____

Have you ever been discharged or forced to resign from any position? NO Have you ever been arrested, charged or held by Federal, State or other law enforcement authorities for any violation of any Federal law, State law, County or Municipal law, regulation or ordinance? Do not include traffic violations for which a fine of \$25. or less was imposed. All other charges must be included even if they were dismissed. Yes No ☒

Are you presently employed? Yes No ☒ If yes, explain: _____

May we contact your present employer? Yes No _____

Are you licensed or a certified member of any profession or trade? If yes, explain: _____

Yes No ☒ License or Certificate No. _____ Have you ever drawn compensation for an on-the-job accident or illness? NO

Will you submit to Physical Examination given by Texas Institute for Rehabilitation and Research? YES

EDUCATION: Circle Highest Grade Completed: High School 1 2 3 4 College 1 2 3 4 Advanced Degree

School	Name, City & State	From	To	Major Subjects or Degrees	No. of Credits	Date Last Attended
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High School	Mirabeau B. Lamar Houston, Tx.	Sept. 72	MAY 75			
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College	TEXAS A&M UNIVERSITY College Station, Texas	ARCH. Jan. 76	Dec. 76		32 HRS.	
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Other Schools	UNIVERSITY OF HOUSTON Houston, Tx.	FINE ARTS	Jan 77			
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or Courses	LOWELL COLLINS ART SCHOOL					
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Activities and organizations you belong to: YOUNG ADULTS (CHURCH GROUP)

List special skills or hobbies: GRAPHICS DESIGN - STUDY WORLD CULTURES AND LANGUAGES.

Do you type? YES Speed: 45 WPM Do you take shorthand? NO Speed _____ Do you use the dictaphone? _____

Office machines you can operate: _____ Posting _____ Ditto _____ Other _____

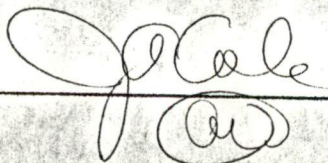
TEXAS INSTITUTE FOR REHABILITATION AND RESEARCH

PERSONNEL REQUISITION

DEPARTMENT: New Options Transitional Project DATE: 2/6/77
POSITION TITLE: Research assistant
COST CENTER: 241 SALARY: \$300.00 per month - 50% time
DATE NEEDED: 2/8/77 HOURS TO BE WORKED: 20 hrs week TO Tues, Thurs, 1/2 Fr
REPLACING: -----
NEW POSITION: Research Assistant
EDUCATION: high school , some college
AGE RANGE: -----
EXPERIENCE REQUIRED: none (will train)
DUTIES: 1) taking daily odometer readings, post same, compile, compute, and analyze
weekly graph, report/cycle; 2) RTM - check daily, compute, analyze, graph, report/cycle ;
3) follow-up forms - mail out, track, file; 4) evaluations - assist with data collection
compile, compute, file; 5) assist with Tufts forms; 6) contracts and agreements - obtain
and file; 7) maintain files and copies; 8) interviewing; 9) assist Project Director and
Research Director in developing and systematizing new research projects; 10) assist in
compiling, digesting, summarizing and abstracting material for training modules.
SPECIAL REQUIREMENTS: none

TO BE INTERVIEWED BY: Lex Frieden, Research Director
EXTENSION: 504 ROOM: annex HOURS: -----

DEPARTMENT HEAD SIGNATURE: _____



PLEASE USE THE REVERSE SIDE FOR JUSTIFICATION OF NEED.

(over)

A full-time research assistant's position is budgeted at \$600/month in the transitional project Research and Demonstration grant. These funds are earmarked for the purpose of assisting with data collection and processing and assisting in the development of new data collection instruments.

From

Frank Withrow

1/27/77

Lex

It was good to meet you
and to talk with you. I'm
sending you a copy of the
Developer's guide and the
BEH / NACHC report with
the research reference. I
forgot whether you or Fred
Fay asked for the research
reference. I'll send a
copy his way also.

Frank

March 3, 1977

Mr. Lou McCanna
Resource Manager
State of Oregon
Department of Human Resources
Vocational Rehabilitation Division
2045 Silverton Road, N.E.
Salem, Oregon 97310

Dear Mr. McCanna:

Enclosed is a copy of the narrative portion of our transitional project grant which you requested. I would like to know how you plan to use this information. Also, I would be happy to send you more up to date information on the progress of our program if you would find it useful.

Sincerely,

A handwritten signature in cursive script, appearing to read "Lex Frieden", written in dark ink.

Lex Frieden
New Options Research Director

LF/asm

enclosure



MICROTOWERTM

A development of the ICD Rehabilitation and Research Center
340 East 24th Street, New York, N.Y. 10010 Telephone (212) 679-0100

March 4, 1977

Mr. Lex Frieden
New Options
Texas Institute of Rehabilitation & Research
105 Drew Street
Houston, Texas 77042

Dear Lex:

Enclosed is our promotional material on the Micro-TOWER system, which includes a price list and order form in case you do decide to include Micro-TOWER in one of your grant applications.

I guess Jean told you that I instigated getting her on the Stout State Advisory Council. One good thing about this is that should we decide to do a joint project, she and I will have periodic opportunities to get together.

Hope all is well with you.

Sincerely yours,

Margaret E. Backman, Ph.D.
Director of Vocational and
Social Science Research

lex:

I think some factors in
this matter have changed
since we met with Peggy.
One is Judy's involvement,
and one is a firm date
of March 1 for the Voc.
unit to consolidate in
their new location. I'm
seeing it as more feasible
now than before to do
something in conjunction
with the Voc. people on this.
OVER



ICD Rehabilitation and Research Center

(INSTITUTE FOR THE CRIPPLED AND DISABLED)

340 EAST 24TH STREET / NEW YORK, NEW YORK 10010 / (212) 679-0100

December 14, 1976

Mr. Lex Frieden
Research Director
New Options
Texas Institute of Rehabilitation & Research
105 Drew Street
Houston, Texas 77025

Dear Lex:

I really enjoyed meeting with you and the other New Options' staff. I guess you heard that the other folks from TIRR were waiting to see me when I got back to the Exhibit.

I am sure that we will be able to work something out regarding some of your assessment needs. I think both of us like to move quickly and I guess the only question is how long it would take for us to get a project underway.

I spoke with Roy Bastian, the developer of Project Discovery. He gave me the enclosed brochure and told me that Gary Bethke, the evaluator at TIRR, has some of the Project Discovery kits if you would like to look at them. They may or may not be the kind of thing that you would need.

Let me know if you have any success during your visit to Washington.

Sincerely yours,

Margaret E. Backman, Ph.D.
Director of Vocational and
Social Science Research

:cw

encl.

cc: Jean Cole