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▶ SOUTER: CHANGING THE SUPREME COURT ◀

U.S. News & WORLD REPORT

AUGUST 6, 1990

\$1.95

How to reverse **HEART DISEASE**

A tough new
program
to combat
America's
No. 1 killer



4 Letters to the Editor

CURRENTS

- 6 One Week:** Protecting the illogical optimism of farming
- 8 Eastern teaches a safety lesson ■ Mind taking an AIDS test, Doc? ■ Lean and green fast food ■ Van Gogh's ear (cont.) ■ Golden calves of the week**
- 13 John Leo on charges of police brutality**
- 16 Washington Whispers**

U.S. NEWS

- 18 In search of Souter.** Bush's choice for Supreme Court is a low-voltage, Yankee conservative. A look at the nominee
- 20 Where the new Court is heading**
- 24 Fouad Ajami on Thomas Jefferson, ultra all-American**
- 25 Tomorrow:** David Gergen and Steven V. Roberts on politics and Souter

WORLD REPORT

- 26 One big reason for Gorbachev's woes is that he cannot house his people**
- 31 Islam's new battleground with the West may be in the heart of Europe**
- 37 Worldgram:** Iraq forces an OPEC price hike; why the Khmer Rouge is winning



46 Cavazos, Bush: An education deficit?



18 David Souter, the play-it-safe nominee



26 In Moscow, trying to swap apartments



38 Long Islanders lobby for tax cuts

BUSINESS

- 38 Beyond the property tax.** Local governments hit business to raise bucks
- 42 An American risk taker drives Nissan; a Tokyo rebel works for Grace in Japan**
- 45 Economic Outlook:** Sylvia Nasar on the profit potential

HORIZONS

- 46 Education:** The President's worst subject. A failing grade on school reform
- 48 Sports & society:** George Steinbrenner
- 51 Astronomy:** Stardust tells us about the origin of the solar system
- 52 Conversation:** Historian John Kasson on vulgarity and civility in perspective

NEWS YOU CAN USE

COVER

- 54 Reversing heart disease.** A California doctor's regimen of stringent diet, moderate exercise and stress reduction could help many people fend off the nation's No. 1 killer
- 58 The path to a heart attack**
- 60 One man's PET scan**
- 62 The pressure-cooker factor**
- 63 News You Can Use:** Ear implants for kids; Lamaze seal; frequent-traveler alert
- 64 Editorial:** This is a "thriff" industry?



54 Walking for healthier hearts

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AUGUST 6, 1990



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TIME

**Just
Who Is
David
Souter?**



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TIME

THE WEEKLY NEWSMAGAZINE



NATION: Hoping to avoid a bruising confirmation fight, the President chooses a mystery man for the Supreme Court

David Souter's views on major constitutional issues—especially abortion—are largely unknown. He could be a Stealth candidate whom George Bush can slip past the Senate.
► **The bookish nominee** has a deep respect for tradition. Does he have a heart?

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WORLD: Brazil's Fernando Collor de Mello tries the most radical economic reform ever—but struggles to make it stick

While economists believe Collor's program is well reasoned, it has angered Big Business, alienated much of the middle class and invited the risk of a major recession.

► **Old demons** vs. new democracy could re-Balkanize Yugoslavia.

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BUSINESS: Iraq emerges as oil's crude enforcer

Saddam Hussein cows his overproducing neighbors and prompts OPEC's first price increase in four years.

► Eastern Air Lines gets a tough rap for poor maintenance.

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RELIGION: Surprise leader for the Anglicans

Lack of the usual upper-crust credentials could be a plus for George Carey, a junior English prelate from the evangelical wing who is the new Archbishop of Canterbury.

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EDUCATION: Mining diamonds in the rough

An unusual program in North Carolina propels young blacks toward college by involving parents and administering large doses of sustained attention.

58



LIVING: A new generation of roller coasters hurtles their human cargo through hair-raising plunges, stomach-churning twists and turns, unrelenting loops and rolls, and more!

Faster, higher and wilder rides are roaring into amusement parks. These megacoasters use computer technology and sophisticated engineering to create rides that send coaster enthusiasts reeling and keep them coming back for more and more.

60



TECHNOLOGY: The search for artificial life

Some scientists believe the programs inside their computers could actually be alive. What's really frightening is that they may just be right.

64



SHOW BUSINESS: What's up, Doc? Cartoons are back!

It was a craft that had sadly fallen into neglect. But spurred by hits like *The Simpsons* and *The Little Mermaid*, animation on both the big and small screen is booming once again.

66



PROFILE: Is she the elusive new woman executive?

At 37, Robin Burns is the new head of Estée Lauder. She hates hierarchies, loves risks and schussing through a negotiation as if it were powder on a slope in her native Colorado.

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Paul Davis

THE QUIET MAN

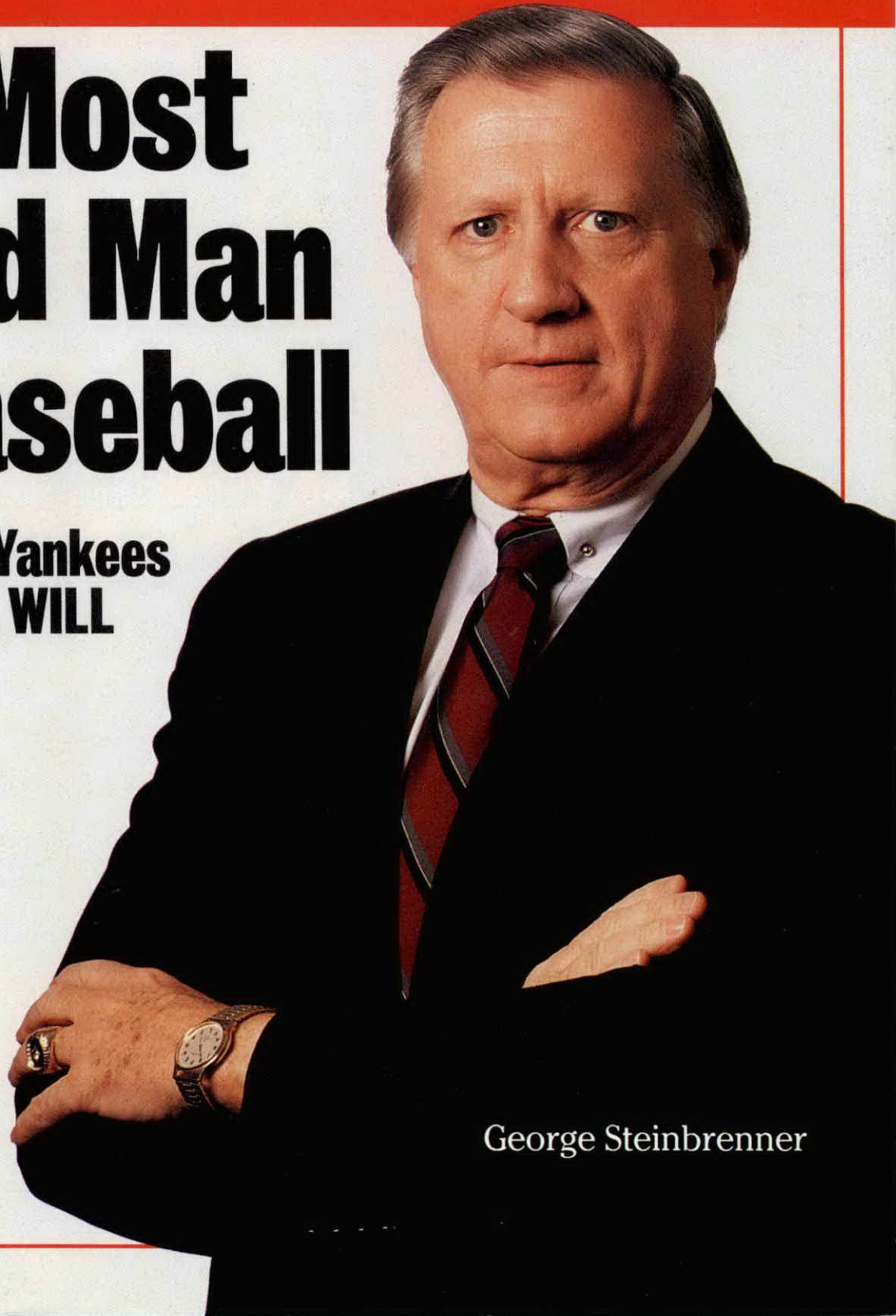
Where Does Judge Souter Stand?

Newsweek

August 6, 1990 : \$2.50

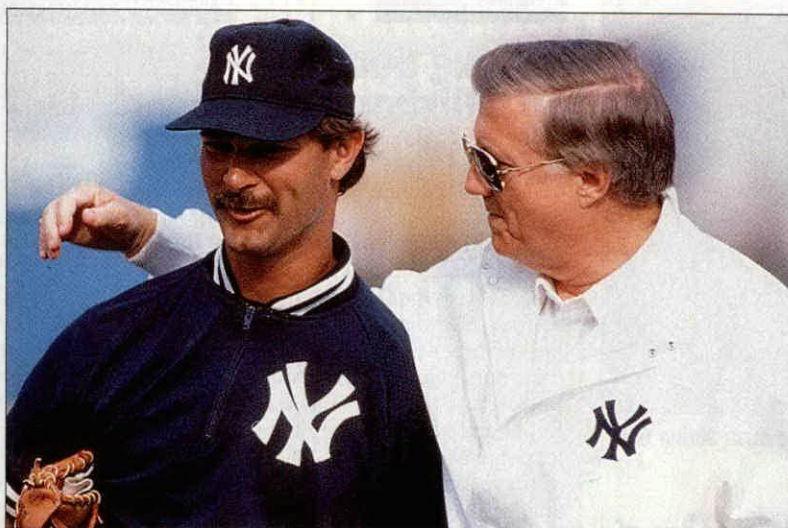
The Most Hated Man In Baseball

The Damned Yankees
By **GEORGE F. WILL**



George Steinbrenner





The Boss with injured superstar Don Mattingly, who may be out for the season

Baseball's Most Hated Man

George Steinbrenner, the reviled principal owner of the Yankees, is in trouble. His team is the worst in baseball, and the sometimes boorish boss who paid \$40,000 to a confessed gambler may wind up bounced from the sport. His enemies want his head, but Baseball Commissioner Fay Vincent is weighing the evidence. In a companion piece, George Will writes about the Yankees' one-man "error machine"—and Vincent's dilemma. **Lifestyle: Page 52**



Will on the Yankees



A private man faces a very public grilling

The Quiet Man

Last week George Bush named his first nominee for the Supreme Court: David Souter, a New Hampshire judge. "He was the perfect candidate," says one Bush aide. "No footprints." Politicians and the public—and combatants on both sides of the abortion war—scrambled to find out: where does Judge Souter stand? **National Affairs: Page 14**

Not Past Their Prime

As women of the baby-boom generation head into their 40s, menopause, the middle-aged rite of passage that used to be shrouded in secrecy and myth, is coming out of the closet. This final phase of the female reproductive cycle—which usually occurs between the ages of 45 and 55—is already emerging as the women's health topic of the '90s. **Society: Page 66**

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