

Benefit

Cost

Cheating

Sexual Impurity

Prayerlessness

Selfishness

Anger

Food

Finances

4. Which of these ways are you tempted most often or strongly—physically, mentally, emotionally or spiritually ?

What helps you overcome these temptations?

5. How are we to help each other as we struggle with the tests and temptations of life? *Hebrews 3:13*

6. What was Moses's motivation to not fall into sin?
Hebrews 11:24-26

Is this always easy?
Hebrews 12:4

7. What do you need to do with your head, heart, and hands?

Taking it Home-

Pray with and for each other this week!

“Knowing the Truth About Jesus”

January 29, 2017

“The Truth About Jesus and Temptation”

Luke 4:1

If Jesus truly is the Son of God, He must pass the tests and handle temptations!

John 19:4, II Corinthians 5:21, Hebrews 7:26,27- “For it is fitting that we should have such a high priest, holy, innocent, undefiled, separated from sinners and exalted above the heavens; who does not need daily, like those high priests, to offer up sacrifices, first for his own sins, and then for the sins of the people, because this He did once for all when He offered up Himself.”

In what ways was Jesus tempted and anyone else tempted?

I John 2:15-17- “Do not love the world, nor the things in the world. If any one loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world. And the world is passing away, and also its lusts; but the one who does the will of God abides forever.”

1. Jesus was tempted physically (the lust of the flesh)

- tempted with desires to meet a need that is good in a bad way. *Luke 4:1-4*

Jesus quoted Scripture - *Deuteronomy 8:3, John 4:31-34*

2. Jesus was tempted mentally and emotionally -

(the lust of the eyes)- tempted with thoughts of doubt and feelings to escape painful hardships. *Luke 4:5-8*

Jesus quoted Scripture. *Deuteronomy 6:3, James 5:10-11*

3. Jesus was tempted spiritually (the pride of life)

- tempted with thoughts of putting God to the test
and not submitting to His revealed plan. *Luke 4:9-13*

Jesus quoted Scripture *Deuteronomy 6:16,*

Luke 22:42,
Psalms 119:105

Truths About Temptation

1. The initial thought to do evil is not sin.
Hebrews 4:15-16
2. You can resist the tempter and pass any test.
James 4:7
I Corinthians 10:13
3. The Holy Spirit gives us power to overcome temptation.
Galatians 5:16
4. The Word of God is essential for victory.
Psalms 119:9-11

So What.... A word for the

Head– Learn and obey God’s Word
John 13:17, II Peter 3:18

Heart– Be filled with the Spirit
Ephesians 5:18

Hands– Run from some sin.
I Corinthians 6:18

What was your take-away from Sunday?

Getting Connected– Loving Christ:

A possible interesting question to start your group- What was the longest you have ever gone without food and what were the circumstances?

Going Further– Growing in Christ:

1. This is the last week to review January’s verse of the month.

“For the Son of Man has come to seek and to save that which was lost.” Luke 19:10 NASB

Also this week pray for Atherton Baptist Homes as they lovingly care for retired missionaries and ministers.

2. Read *Luke 4:1-13* and reflect on the willingness of Jesus to be tested and tempted. How would you compare the circumstances of Jesus’s temptation (wilderness) to Adam’s (Garden of Eden)?
Genesis 2:8-9, 3:1-7

What does this tell us about Jesus and temptation?

3. All temptations have an appeal and a price to pay. We struggle with what we can gain by giving in compared to what we will lose.
Do a “Cost/Benefit Analysis” on these temptations:

Benefit

Cost

Harsh Words

Laziness

Gossip

Lying