

## A NOTE TO SMALL-GROUP HOSTS

This video-based study is designed to be used with a small group of friends at home, at work, or at a church. If you're not already in a small group, start one of your own! It's easy.

### How to Start a Small Group

You don't have to be a teacher. You don't need any formal training. You don't even need any experience in a small group. Just keep these four things in mind, and you'll succeed as a small-group H.O.S.T.:

**H**ave a heart for people.

**O**pen your home to a group of friends who want to study with you.

**S**erve them a snack.

**T**urn on the video. The six video sessions by Rick Warren provide the teaching for each session of study.

If you can do those four things, you can host a small group of your own. All of the material and instructions you need are provided in this study guide. There's no experience necessary, so enjoy the journey!

The study guide material is meant to be your servant, not your master. So please don't feel pressured to discuss every question in every session. Feel free to select the questions that seem right for your group. The point is not to race through the sessions; the point is to take time to let God work in your lives. Nor is it necessary to "go around the circle" before you move on to the next question. Give people the freedom to speak, but don't insist on it. Your group will enjoy deeper, more open sharing and discussion if people don't feel pressured to speak up.

For more information and advice on hosting a small group, see the Helps for Hosts section on page 53-55.

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