



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 2: Spiritual discipline matching

- ☐ “Spiritual Discipline Matching Cards” printable

Option 3: No sew pillows

- ☐ 12-by-12-inch fleece, 2 squares per kid
- ☐ polyester fiber fill

Option 4: Shape it up

- ☐ play dough, 1 piece per kid



LEARN

Group Game: Freeze dance

- ☐ upbeat music



LOVE

Option 1: Restful collage

- ☐ magazines and catalogs

Option 2: Guided relaxation

- ☐ worship or instrumental music (optional)



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 2: Spiritual discipline matching

- ☐ “Spiritual Discipline Matching Cards” printable

Option 3: No sew pillows

- ☐ 12-by-12-inch fleece, 2 squares per kid
- ☐ polyester fiber fill

Option 4: Shape it up

- ☐ play dough, 1 piece per kid



LEARN

Group Demo: Prepare to rest

- ☐ backpack with items used to get ready for bed (bed sheet, toothbrush, pillow, book)



LOVE



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 2: Spiritual discipline matching

- ☐ “Spiritual Discipline Matching Cards” printable

Option 3: No sew pillows

- ☐ 12-by-12-inch fleece, 2 squares per kid
- ☐ polyester fiber fill

Option 4: Shape it up

- ☐ play dough, 1 piece per kid



LEARN

Group Activity: Rest!

- ☐ Bible verse coloring pages, 1 per kid
- ☐ play dough, 1 piece per kid



LOVE

Option 2: Nature walk

- ☐ small journal (optional)



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 2: Spiritual discipline matching

- ☐ "Spiritual Discipline Matching Cards" printable

Option 3: No sew pillows

- ☐ 12-by-12-inch fleece, 2 squares per kid
- ☐ polyester fiber fill

Option 4: Shape it up

- ☐ play dough, 1 piece per kid



LEARN

Group Demo: The Lord is my strength

- ☐ heavy objects, 4 or 5

Group Activity: Resting through prayer

- ☐ worship or instrumental music (optional)
- ☐ stickers
- ☐ mini marshmallows, 1 handful per kid
- ☐ toothpicks, 15-20 per kid
- ☐ sticky notes, 1 per kid
- ☐ Allergy Alert



LOVE

Option 1: Resting and stretching

- ☐ worship or instrumental music

Option 2: Wings of eagles

- ☐ "Eagle Outline" printable, 1 copy per kid
- ☐ tissue paper



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 3: Beach ball bonanza

- ☐ beach ball
- ☐ permanent marker

Option 4: Prayer mural

- ☐ large piece of paper

Option 5: Communication creation

- ☐ play dough, 1 piece per kid



LEARN



LOVE

Option 1: Prayer journal

- ☐ notebook or journals, 1 per kid
- ☐ stickers (optional)

Option 2: Planting prayer seeds

- ☐ small flower pots, 1 per kid
- ☐ soil
- ☐ flower seeds, 1 per kid
- ☐ water



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 3: Beach ball bonanza

- ☐ beach ball
- ☐ permanent marker

Option 4: Prayer mural

- ☐ large piece of paper

Option 5: Communication creation

- ☐ play dough, 1 piece per kid



LEARN

Group game: Throw it away

- ☐ large laundry baskets, 2
- ☐ safety cones, 6-8
- ☐ foam sports balls, 8 per team



LOVE

Option 1: Prayer chain

- ☐ 2-by-7 inch paper strips, 7-8 per kid

Option 2: Bible unscramble

- ☐ "James 5:16" printable, 2 copies



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 3: Beach ball bonanza

- ☐ beach ball
- ☐ permanent marker

Option 4: Prayer mural

- ☐ large piece of paper

Option 5: Communication creation

- ☐ play dough, 1 piece per kid



LEARN

Group game: Are you listening?

- ☐ sticky notes, 1 per kid

Group activity: Pray for others

- ☐ sticky notes, 1 per kid



LOVE

Option 1: Thinking of you cards

- ☐ note cards, 1 per kid

Option 2: Prayer stations

- ☐ "Prayer Station Signs" printable
- ☐ index cards, 1 per kid
- ☐ bandages, 1 per kid
- ☐ gold star stickers, 1 per kid
- ☐ heart stickers, 1 per kid
- ☐ globe or map stickers, 1 per kid



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 3: Beach ball bonanza

- ☐ beach ball
- ☐ permanent marker

Option 4: Prayer mural

- ☐ large piece of paper

Option 5: Communication creation

- ☐ play dough, 1 piece per kid



LEARN

Group Activity: Sculpt challenge

- ☐ play dough, 1 piece per kid



LOVE

Option 1: Banner prayers

- ☐ large sheet of paper

Option 2: Prayer rock reminders

- ☐ permanent marker
- ☐ smooth rocks, 1 per kid
- ☐ paint
- ☐ paintbrushes
- ☐ paper plates, 1 per kid



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 1: Spoon toss

- ☐ plastic spoons, 66

Option 4: Bible hop

- ☐ painter's tape

Option 5: Table tennis sort

- ☐ table tennis balls, 11
- ☐ baking tray
- ☐ chopsticks



LEARN

Group game: Good news pass

- ☐ foam, tennis, or beach ball
- ☐ music

Group demo: Good news experiment

- ☐ clear pitcher or bowl
- ☐ water
- ☐ food color
- ☐ liquid bleach



LOVE

Option 1: All the world clay makers

- ☐ blue modeling clay, 1 piece per kid
- ☐ green modeling clay, 1 piece per kid
- ☐ world maps or globes

Option 2: Evangelism bookmark

- ☐ 12-inch lengths of yellow yarn, 1 per kid
- ☐ 12-inch lengths of gray yarn, 1 per kid
- ☐ 12-inch lengths of red yarn, 1 per kid
- ☐ 12-inch lengths of white yarn, 1 per kid
- ☐ 12-inch lengths of green yarn, 1 per kid



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 1: Spoon toss

- ☐ plastic spoons, 66

Option 4: Bible hop

- ☐ painter's tape

Option 5: Table tennis sort

- ☐ table tennis balls, 11
- ☐ baking tray
- ☐ chopsticks



LEARN

Group game: Pass the hula hoop

- ☐ hula hoop, 1

Group demo: Good news gift

- ☐ cardboard boxes, 4-6
- ☐ plastic bottles, 4-6
- ☐ paper towel tubes, 4-6
- ☐ wrapping paper
- ☐ gift bows



LOVE

Option 1: Gospel picture book

- ☐ craft supplies

Option 2: Good news stones

- ☐ smooth stones, 2 or 3 per kid
- ☐ paint
- ☐ paint brushes
- ☐ paper plates
- ☐ permanent marker



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 1: Spoon toss

- ☐ plastic spoons, 66

Option 4: Bible hop

- ☐ painter's tape

Option 5: Table tennis sort

- ☐ table tennis balls, 11
- ☐ baking tray
- ☐ chopsticks



LEARN

Group game: Good news keep it up

- ☐ inflated balloon

Group demo: God's heart for evangelism

- ☐ heart-shaped stickers, 4 or 5 per kid



LOVE

Option 1: Prayer craft stick prompts

- ☐ jumbo craft sticks, 8 or 9 per kid
- ☐ ziplock bags, 1 per kid

Option 2: Gospel megaphone

- ☐ small foam cups, 1 per kid
- ☐ chenille stems, 1 per kid



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 1: Spoon toss

- ☐ plastic spoons, 66

Option 4: Bible hop

- ☐ painter's tape

Option 5: Table tennis sort

- ☐ table tennis balls, 11
- ☐ baking tray
- ☐ chopsticks



LEARN

Group game: Cupside down

- ☐ plastic cups, 4 per kid



LOVE

Option 1: Candy color gospel

- ☐ colorful candy pieces, 10-12 per kid
- ☐ Allergy alert
- ☐ bowls or cups, 1 per kid

Option 2: Map it out evangelism plan

- ☐ local map of your community



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)



PREPARE

FOR THE SESSION

PLAN the Session

- Pray, asking God to prepare your heart to teach and the hearts of kids to receive His Word.
- Read the *Leader Bible Study* and review the session plan.
- Decide which *Welcome* activities to prepare for the unit.
- Familiarize yourself with *Learn* section enough to teach naturally.
- Organize discipleship groups, including a plan for new kids.
- Print a copy of *Live* for each discipleship group leader.

GATHER Supplies

Keep the following items available at all times: Bibles, pens or pencils, markers, crayons, colored pencils, scissors, glue or tape, paper, index cards, basket or bin.



WELCOME

Option 1: Spoon toss

- ☐ plastic spoons, 66

Option 4: Bible hop

- ☐ painter's tape

Option 5: Table tennis sort

- ☐ table tennis balls, 11
- ☐ baking tray
- ☐ chopsticks



LEARN

Group game: Good news relay race

- ☐ bins, 4
- ☐ seeds, at least 1 per kid
- ☐ plastic spoons, 2

Group demo: Planting seeds of faith

- ☐ plant pot
- ☐ bag of soil
- ☐ watering can
- ☐ seeds, 3 or 4



LOVE

Option 2: Gospel seed bookmarks

- ☐ 2-by-8-inch strips of cardstock, 1 per kid
- ☐ packing tape, 1 strip per kid
- ☐ seeds
- ☐ cups or bowls, 1 per kid



LIVE

Get everyone talking

- ☐ toy microphone or item to represent a microphone (optional)
- ☐ inflatable beach ball (optional)
- ☐ permanent marker (optional)

Discuss Learn time

- ☐ poster board or large sheet of paper (optional)
- ☐ blindfold (optional)