Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

**Scripture**

Matthew 28:1-10

**Session Summary**

Easter is the most important weekend in history; the pinnacle of God’s plan to redeem people from sin and through Jesus Christ. In this session, we will explore the resurrection of Jesus from Matthew’s account. Jesus’ arrest, crucifixion, and death prompted great fear in His disciples, but we will see that when they encountered the risen Christ, that fear gave way to belief, joy, and obedience. And in doing so, we will see that the resurrection of Jesus likewise offers us the same.

**Conversation Questions**

- How should the empty tomb change the way we live as individuals?
- How should the empty tomb change the way we live together as a family?
- How should the empty tomb change the way we experience hard times?
- How does the resurrection of Jesus change the way we treat others outside our family?

**Family Challenge**

In addition to other family traditions taking place over the Easter weekend, be sure to spend some quality time as a family together discussing and celebrating the centrality of the resurrection to the Christian life.