



Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

Scripture

Exodus 16:2-4,13-20; 17:3-6; 1 Corinthians 10:1-4

Session Summary

Even after God rescued and brought His people out of Egypt they complained. They complained about not having food or water. They even asked Moses why God would rescue them out of Egypt only to let them die in the dessert from hunger and thirst. Despite their complaints, God provided, and gave specific instructions for the Israelites to only gather the food they needed for that day. He wanted them to trust Him to provide for them every single day instead of acting out of fear. When the people complained about the water, Moses cried out to God in frustration. Once again, God responded with grace and mercy toward his people by telling Moses the exact steps to take to give the people water.

Conversation Questions

- Why is it sometimes tempting for our family to complain if God doesn't provide for our needs in the timing or ways we think He should?
- As a family, discuss the word *entitlement*. How does our complaining show that we might feel entitled to whatever it is we're asking God to provide?
- What are some ways our family can cut back on complaining in our home?
- Think about a difficult time our family experienced. How did God provide for us then?

Family Challenge

Set up a chalkboard, white board, or section of wall where you can place several sticky notes. Throughout the week, every time you are tempted to complain about something, praise God for a way He has already provided for you that day. At the end of the week, read through each of the notes of thankfulness as a family and talk about God's faithfulness to you.

Tip: Continue this practice past this week's challenge. Consider keeping a journal as well, noting how your family's attitudes change as you continue to express your praise and thankfulness to God.