



Session 2



ADAM AND EVE

Genesis 2:15-17; 3

The simple command issued in Genesis 2—to eat the fruit from any tree in the garden, except for one—proved to be too much for Adam and Eve to handle. Eve, when presented with a too-good-to-be-true scenario, chose to sin. Sin, by nature, is enticing. The reason we sin is mostly because sin is fun. When the serpent slyly presented the perceived advantages of eating the fruit over the benefits of not, Eve chose what appeared to be the more enticing of the two options. She then encouraged Adam to eat as well. Not until after the sinful act did the two realize the true ramifications of what they had done.

The calm communion with God, Who walked with the man and woman in the garden each day, had now been broken. Access to their Creator on a personal, intimate level was no more. Death entered the picture. Adam and Eve's work, which previously would have been much easier, was now marred by weeds, thorns, and thistles. The man and woman would experience pain, sadness, sickness, and ultimately death, themselves. To keep the man and woman from eating from the tree of life in the garden, God cast them out of the garden.

You may have read that last paragraph and thought, "Wow, harsh!" and on the surface, yes, it may be harsh; but this chapter also carries with it some very good news. Sin has a price. God told the first people to obey Him. They did not. The consequence of sin is that our world and our relationship with God are broken. The good news is that God had a plan to rescue people from sin and restore that broken relationship. God shared that plan in Genesis 3. Genesis 3:15 announces God's plan to one day crush the head of the serpent. That fulfillment would come through the person of Jesus Christ.

God provided, through the death of an animal, clothing for Adam and Eve as they left the garden. Jesus' death on the cross and resurrection provided the ultimate salvation for people. Encourage kids and preschoolers to resist sin, and rejoice with them in the salvation that comes through Jesus Christ.

SESSION FOCUS

TEXT TRUTH

God told people to obey Him.

BIBLE STORY

Genesis 2:15-17; 3

BIBLE VERSE

Deuteronomy 11:1

CHRIST IN CONTEXT

Genesis is a book about beginnings—the beginning of the world, the beginning of a people chosen by God, and the beginning of God’s plan to restore all people to Him through His Son, Jesus.

BIBLE SKILLS: Preschoolers will...

- Know there are two main parts of the Bible—the Old Testament and the New Testament.
- Begin to pronounce the names of the books of the Bible.



CONNECT WITH FAMILIES

Provide these weekly resources to help families explore the Bible together.

- Explore the Bible at Home Printable (Music & Print Extras)
- Preschool Activity Page
- Preschool Family Card

MISSIONS ACTIVITY: MAKE A FOOD POSTER



Tools: Bible, pictures of foods familiar to preschoolers, a few pictures of foods eaten in other countries, scissors, poster board or paper, glue

- Look on the Internet for pictures and foods for different ethnic groups. Cut out pictures ahead of time.
- Invite preschoolers to make a poster showing foods that are familiar to them and foods that are not. Ask the children if their families sometimes serve new foods and want them to try them. Listen to children describe their experiences.
- Talk about missionary children who move with their families to other countries to tell people about Jesus. Remark that often the missionary families eat foods that are new and different for them.
- Say: “God provides many different plants and grains for people and animals to eat. I am glad God knows what we need and provides for us.”

LEADER TIP!

Include this special missions-focused activity in addition to preschoolers’ Bible Explorations.

TEXT TRUTH

God told people to obey Him.

BIBLE STORY

Adam and Eve's Choice
Genesis 2:15-17; 3

BIBLE VERSE

Deuteronomy 11:1

ADAM AND EVE'S CHOICE

Genesis 2:15-17; 3

God created a beautiful garden called Eden for Adam to live in. (Adam was the first person God made.) God told Adam to work in the garden and watch over it. God told Adam he could eat from any of the trees in the garden except for one tree. God told Adam he could not eat from this special tree.

Later God made a woman, Eve, to be with Adam in the garden. Eve was to help Adam. Both Adam and Eve were to not eat from the special tree. That was God's instruction.

One day Eve decided to eat fruit from the special tree even though she knew God said to not do that. Eve even gave some fruit from the tree to Adam to eat.

As soon as Adam and Eve ate the fruit from the special tree, they knew they had made a wrong choice. They had broken God's instruction. They had disobeyed God.

God was not happy about this. God said to Adam and Eve, "Did you eat fruit from the special tree? What is this you have done?"

Eve tried to explain how she made the bad choice.

Then God told Adam and Eve that no longer would they be allowed to live in the beautiful garden

LEADER TIP

You choose! Are your preschoolers ready to learn memory verses? Decide which wording of the session Bible verse you want to use with your group.

BIBLE VERSE

From the Bible text:

Love God and always keep his commands. Deuteronomy 11:1

Paraphrase:

Love God and always obey Him. Deuteronomy 11:1



CIRCLE TIME (10-15 MINUTES, DEPENDING ON YOUR AGE GROUP)

GATHER

- Play a song (Music & Print Extras) as the preschoolers gather in the Circle Time area. When everyone is seated, toss a beanbag to a child and ask her to name something God made. Continue until every child has opportunity to answer.
- Lead the children to pretend to do tasks associated with working in a garden: pull weeds, water plants, hoe or chop the ground, rake leaves, and so forth.
- Say: “Today we will hear about some people who lived in a garden.”

HEAR THE BIBLE STORY

- Open the Bible to Genesis 2 or 3. Tell children that today’s Bible story is from the very first book of the Bible, Genesis.
- Say: “Today’s Bible story is about the first people God made. Listen to hear what happened to the first people.”
- Tell the Bible story in your own words.
- Pass the Story Picture around the circle so each child can see it, then lay it on the floor in front of the children.
- Ask: “What were the names of the first people? (*Adam and Eve*) Where did the people live? (*garden of Eden*) What happened when Adam and Eve disobeyed God?” (*They had to leave the garden.*)

PRACTICE BIBLE SKILLS

- Choose a preschooler to open the Bible to the Bible Marker at Deuteronomy 11:1. Read the verse and guide preschoolers to repeat the verse and reference with you.
- Say: “Deuteronomy is the fifth book of the Old Testament—Genesis, Exodus, Leviticus, Numbers, Deuteronomy. Let’s say ‘Genesis’ and ‘Deuteronomy.’”

PRAY

- Ask boys and girls to share any prayer concerns they may have. Pray for each concern.
- Close prayer time by thanking God for the Bible. Ask God to help boys and girls obey Him.

TOOLS

- Bible
- Music & Print Extras
- beanbag

PACK ITEMS

- 2 Story Picture: Adam and Eve’s Choice
- 17 September Bible Markers

EXPLORATION STATIONS (45-60 MINUTES)

TEXT TRUTH

God told people to obey Him.

BIBLE STORY

Adam and Eve's Choice
Genesis 2:15-17; 3

BIBLE VERSE

Love God and always obey Him.
Deuteronomy 11:1

PACK ITEMS

2 Story Picture: Adam and Eve's Choice
17 September Bible Markers
18 Genesis Letter Match
19 Choices Cards

PRINTABLES

Allergy Sign

Set up at least three stations to provide choices of multisensory activities and movement for busy preschoolers. Use the Bible in every exploration.

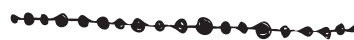
CHOOSE & MOVE



Tools: Bible, Choices Cards, small paper bag, tape, Preschool Family Card

- Cut apart all the cards. Tape the cards with faces on opposite walls at children's eye level. Drop the remaining cards in the bag.
- Put the Family Card in the Bible at Genesis 3.
- Direct a child to get a card from the bag. Remark that the card suggests a choice that is good or not good.
- Read the card, then tell the child to move to the face picture that relates to the choice.
- Talk about making choices. Say: "Adam and Eve made a choice, and God was not pleased with their choice."
- Show the Family Card and tell the Bible story.

CARE FOR A GARDEN



Tools: Bible, Activity Page, toy gardening tools, child-size gardening gloves, small plastic pots, empty seed packets

- Show the gardening tools to a few children. Talk about people planting and tending to gardens.
- Invite preschoolers to use the tools to pretend to care for a garden.
- Show the picture on the Activity Page. Comment: "Adam and Eve lived in a beautiful garden."
- Find Deuteronomy 11:1 in the Bible. Read the verse.
- Say: "God told Adam and Eve to obey Him, but they made a wrong choice."
- Tell the Bible story.

**BUILD WITH
INTERLOCKING BRICKS**

Tools: Bible, September Bible Markers, interlocking brick blocks, a few toy farm animals

- Place today's marker in the Bible at Deuteronomy 11:1.
- Invite preschoolers to create structures with the bricks. Suggest they build fences for the toy animals. Remark that Adam and Eve took care of animals in the garden.
- Open the Bible to Genesis 3 and tell the Bible story as children play.
- Comment: "God gave Adam and Eve some special instructions. But Adam and Eve disobeyed God. God made them leave the garden."
- Guide a child to open the Bible to the marked page. Lead preschoolers to repeat the Bible verse with you.
- Ask God to help children love and obey Him.

GLUE PAPER SHAPES

Tools: Bible; white paper; green, yellow, brown, pink, and blue construction paper cut into geometric shapes; glue sticks; scissors; marker; Genesis Letter Match

- Print the Bible verse at the top of each paper. Give a paper to a child and read the Bible verse. Invite the child to glue shapes on the paper to make a garden picture.
- Say: "God made a beautiful garden. Adam and Eve lived in the garden."
- Open the Bible to Genesis 2 or 3 and tell the Bible story. Comment: "Even though Adam and Eve made a bad choice and had to leave the garden, God still loved them and cared for them."
- A child waiting to make a garden picture may enjoy matching letters in the Genesis Letter Match.

**PREPARE A SNACK
BAG**

Tools: Bible, ingredients for snack mix, bowl and spoon for each ingredient, ziplock bags, marker, Allergy Sign

- Post the Allergy Sign near the door to inform parents of the foods in the room.
- Invite boys and girls to make a snack to take home to enjoy later.
- Give a child a bag and lead him to spoon one scoop of each ingredient into his bag. Print the child's name on his bag and put it aside.
- After a child finishes his bag, help him turn to Genesis 3. Remark that God gave Adam and Eve all that they needed in the garden. But God had one rule: do not eat from the special tree.
- Recall the Bible story for the child, then help him say today's Bible verse.

LEADER TIP!

Check with parents ahead of time about allergies to foods. Make food substitutions as necessary so each child can prepare a snack bag.

TEXT TRUTH

God told people to obey Him.

BIBLE STORY

Adam and Eve's Choice

Genesis 2:15-17; 3

The Bible story is printed on the back of the Story Picture.

BIBLE VERSE

Love God and always obey Him.

Deuteronomy 11:1

PACK ITEMS

2 Story Picture: Adam and Eve's Choice

PRINTABLES

Words to Trace: Genesis/Bible

NEXT HOUR (MORE EXPLORATIONS FOR PRESCHOOLERS)

Look for printable Next Hour Helps in Music & Print Extras.

PAINT WITH WATERCOLORS

Tools: Bible; Story Picture: Adam and Eve's Choice; watercolor paints and brushes; cups of water; Words to Trace: Genesis/Bible; white crayons

- Print copies of the Words to Trace page so each child can have one page.
- Encourage a child to use the white crayon to trace over the letters in the words. Say: "Those words are *Genesis* and *Bible*. Genesis is the first book in the Bible. It is where we learn about Adam and Eve's choice."
- After the child writes over the letters, guide him to paint over the page using the watercolors. The words should appear through the paint.
- Tell the Bible story as the children paint. Say: "Adam and Eve made a wrong choice. They disobeyed God. But God still loved Adam and Eve."
- Show the Story Picture as you tell more of the Bible story.

PLAY A TRAFFIC GAME

Tools: Bible, Music & Print Extras, sheet of red paper, sheet of green paper

- Give instructions for the game. Tell children: "Pretend to drive a car or truck around the room. When I hold up the green paper, you may move. When I hold up the red paper, you must stop."
- Play a song as the children follow directions. Invite preschoolers to take turns "directing traffic" using the papers.
- Afterwards, open the Bible to Genesis 2 or 3. Explain: "You obeyed when you followed the instructions. God gave instructions to Adam and Eve. God told them to obey Him."
- Turn to Deuteronomy 11:1 and add: "The Bible tells us to love God and always obey Him."

COOK A PRETEND MEAL

Tools: Bible, toy dishes, toy pans, potholders, 1 or 2 picture cookbooks (opt.)

- Lay the Bible with the kitchen items.
- Invite boys and girls to pretend to cook a meal. Talk about the foods they enjoy and times when children help families prepare meals.

- Talk about the Bible story as children work. Say: “God provided delicious food for Adam and Eve. But they decided to eat a food God did not want them to eat. Adam and Eve disobeyed God, and He was not pleased.”
- Help a preschooler find the Book of Genesis in the Bible. Comment: “Genesis tells about Adam and Eve. Genesis is the first book in the Old Testament.”

WORK PUZZLES

Tools: Bible, wooden puzzles featuring people and God’s world, Activity Page

- Open the Bible to Deuteronomy 11. Put the Bible near the puzzles.
- While preschoolers work puzzles, talk about choices people make every day. Describe some choices that are good or bad. (See Leader Tip.)
- Say: “Adam and Eve made a wrong choice. They chose to disobey God. Sometimes people disobey God, but God still loves them, just like He loved Adam and Eve.”
- Show the picture on the Activity Page and read today’s Bible verse.

LEADER TIP

Choices to suggest might include: listen to your teacher, eat candy rather than a piece of fruit, play quietly while baby sister rests, tear a page from a book, and so on.

CIRCLE TIME

GATHER

- Clap three times to get children’s attention. Direct preschoolers to sit in the Circle Time area.
- When children are settled, clap a series of patterns for preschoolers to copy: long, long, short, short, short. Repeat one time.

REVIEW THE BIBLE STORY

- Comment: “You had to listen carefully to my clapping to copy it. Adam and Eve had to listen when God gave them instructions.”
- Hold the Bible open to Genesis 3 and review the Bible story.
- Show the Story Picture. Choose one child to point to Adam, and another child to point to Eve.

- Ask: “What happened when Adam and Eve disobeyed God?” (*They had to leave the garden.*)

PRACTICE BIBLE SKILLS

- Open the Bible to the first page of Genesis. Say: “Genesis is the first book in the Bible. It is in the Old Testament. Say ‘Genesis’ with me.”
- Open the Bible to Deuteronomy 11:1 and read the verse aloud. Lead the children to say the verse and reference with you.

PRAY

- Thank God for loving people. Ask God to help boys and girls love Him and always do what He says.