LEADER TRAINING

WINTER 2026-27
Unit 3, Session 4

COMMUNION: AN OBEDIENT RESPONSE

1 CORINTHIANS 11:23-29

BIBLE STUDIES FOR LIFE

What are students discussing this week?

LEVELS OF BIBLICAL LEARNING

CHURCH

The Lord's Supper is one of the ordinances of the church, which represents the body and blood of Jesus as the payment of our sins.

THE QUESTION

Why is participating in Communion important for the believer?

THE POINT

Communion is a worshipful act of remembrance that invites us to reflect on the sacrifice Christ made for us.

MEMORY VERSE

For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

1 Corinthians 11:26, CSB

What should I consider when leading students in this discussion?

Often, things like Communion or the Lord's Supper can become more ritualistic for those who grow up in the church. Help students see that Communion is a deeply spiritual remembrance. Like baptism, we do it because Jesus commanded us to.

Be aware of students who come from other backgrounds that teach things differently. A common belief in other systems is that the elements become the *actual* body and blood of Jesus. The Southern Baptist Convention does not hold to this belief. Also, how often Communion is observed can vary in different churches. Students need to know what the Bible clearly teaches on Communion and that churches can choose how often they observe the Lord's Supper.

How can I pray for students this week?

PRAY

Pray that students will take seriously the importance of the Lord's Supper, and that they would take an honest assessment of their lives and remember Christ's sacrifice for us.