LEADER TRAINING

FALL 2026
Unit 1, Session 2

NAVIGATING TOUGH MOMENTS

MARK 14:32-42

BIBLE STUDIES FOR LIFE®

What are students discussing this week?

LEVELS OF BIBLICAL LEARNING

PEOPLE

We all encounter difficult moments in life. In Jesus, we have a Savior we can pray to, trusting that He knows what is best for us.

THE QUESTION

What can we learn from Jesus about how to pray during difficult times?

THE POINT

During difficult times, we can pray honestly and trust God's plan.

MEMORY VERSE

And he said, "Abba, Father! All things are possible for you. Take this cup away from me. Nevertheless, not what I will, but what you will."

Mark 14:36, CSB

What should I consider when leading students in this discussion?

Often, students are involved in heavy moments. Help them see that Jesus also experienced heavy things. It's crucial students see how Jesus responded and His posture during these times.

We need to help students see that just because we don't fully see God's plan (although Jesus did know the plan in this moment), we can trust God fully. He knows what He is doing, and He is in control.

How can I pray for students this week?

PRAY

Spend time this week praying that students would trust God fully, even when they don't know what will happen next.