

SPRING 2026

Unit 1, Session 3

CONNECTION POINT:

We can trust God by placing Him first, knowing He will provide for us.

THE BIBLE MEETS

LIFE: Jesus offers wisdom, instruction, and encouragement when it comes to worry and anxiousness. He wasn't speaking as someone who was never tempted with worry; He had many situations worthy of worry throughout His life. He had no home, no consistent job, and often no shelter, food, or water. Yet Jesus told us not to worry in the passage we'll be looking at today, and He provides a thought process to help us with this difficult task.

LIVE IT OUT: Your student has been encouraged to take practical steps to live out his or her faith.

PRESCHOOL

Scripture: Luke 13:10-17

Live It Out: Review the Bible story as your child plays with a toy doctor's kit. Tell her that Jesus healed people because they are important to God.

Jesus was teaching in the synagogue on the Sabbath Day. He saw a woman who was bent over. For over 18 years, she had not been able to stand up straight.

Jesus called to the woman and told her she was healed. Then He put His hands on her. Immediately she could stand up straight. She began to praise and thank God.

One of the church leaders was angry because Jesus had healed her on the Sabbath Day. He said to the crowd, "The Sabbath Day should be a day of rest. You should come to be healed on another day."

Jesus told him, "Shouldn't this woman be healed even if it is the Sabbath Day?"

Many people at the synagogue were happy about all the amazing things Jesus was doing.

KIDS

Scripture: Matthew 6:25-34

Live It Out: Help your child talk through his worries. Explain that as Christians we don't need to worry, because God takes care of us. Pray with your child about his worries.

Jesus told the disciples and other people: "Don't worry about what you will eat or drink or what clothes you will wear. Life is about more important things than food and clothing.

Look at the birds. The birds do not grow or store food, but God feeds them! People are more important than birds. It doesn't do any good to worry because you cannot add a single moment to your life by worrying.

"And why do you worry about your clothes? Look at the flowers. They do not work or make their clothing. Yet King Solomon was not dressed as beautifully as the flowers. If God does that for the flowers, won't He do much more for you?"

"Do not worry. God already knows what people need. Seek first the kingdom of God, and His righteousness and all these other things will be given to you."

STUDENTS

Scripture: Matthew 6:25-34

- How can we know if we are trusting in ourselves or in God's love and provision?
- How can we grow in our reliance on God to meet our needs instead of trying to obtain our desires?
- Think of a time when you were worried about having a need met. Was it a need or desire, and what did you learn about God's provision through it?

Live It Out:

When considering our needs and desires, a biblical perspective differs greatly from a cultural or worldly perspective. As a family, discuss how these two perspectives differ. What does the world focus on? What does the culture focus on? In what specific ways can your family be an example to others by trusting in God's love and provision?