

BIBLE STUDIES FOR LIFE®

WINTER 2025-26

Unit 1, Session 1

CONNECTION POINT:

The birth of Jesus reminds us of the promise that God came to us and for us.

THE BIBLE MEETS

LIFE: Gifts carry significant meaning for the ones giving and receiving them. During the Christmas season, we celebrate the greatest gift ever given to man—Jesus Christ. In this session, we will explore Immanuel, or “God is with us,” and how Jesus came to us, for us, and fulfilled the prophecy of His coming exactly as it was foretold. There is great promise for us as we see how the Creator desires to have a relationship with His creation.

LIVE IT OUT: Your student has been encouraged to take practical steps to live out his or her faith.

FAMILY CONNECTION

Use these discussion starters to help foster a spiritual conversation with your family.

PRESCHOOL

Scripture: Matthew 1:18-24; Luke 1:26-38

Live It Out: Remind your child that Mary and Joseph were chosen to be Jesus’ earthly parents and to care for Him. Pray, thanking God for His plan for Jesus to be born.

God sent the angel Gabriel to talk to Mary who lived in Nazareth and was to marry Joseph. The angel said, “Do not be afraid. God has chosen you to be the mother of God’s Son. You will name Him Jesus.”

Mary did not understand. The angel said, “God can do things people think cannot be done.” Mary said, “I will do what God wants.”

At night when Joseph was sleeping, God sent an angel to him in a dream. The angel told Joseph, “Do not be afraid to get married to Mary. Her baby is God’s Son. You will name Him Jesus. He will love people and teach them about God.”

Joseph remembered the dream when he woke up. He did as the angel said. He married Mary. Joseph and Mary waited for the special baby, Jesus, to be born.

KIDS

Scripture: Matthew 1:18-24; Luke 1:26-38

Live It Out: Help search the Scriptures to read about God’s plan to send Jesus to be born. Many prophets wrote these prophecies. God planned for Jesus from the beginning of time.

Mary was engaged to a man named Joseph. God sent an angel named Gabriel to tell Mary she had been chosen by God to have a son, who would be named Jesus, and become a king who would reign forever. Gabriel also told Mary that Elizabeth would also have a baby.

Mary said, “I am the Lord’s servant. Let it be as you say.”

An angel of the Lord also had good news for Joseph! When Joseph found out Mary would have a baby, he wondered whether he should still marry her. An angel appeared in a dream to Joseph with a message from the Lord.

Joseph heard the angel say, “Joseph, don’t be afraid to take Mary as your wife. The baby is God’s Son. You will name Him Jesus because He will save His people from their sins.”

When Joseph woke up, he did exactly what the angel said. Joseph married Mary.

STUDENTS

Scripture: Matthew 1:18-25

- When you’re in a place of waiting, do you wait patiently or with excitement and nervousness?
- Even though Jesus came for us, why do we attempt to live on our terms?
- What does it tell you about Jesus that He fulfilled what was promised?

Live It Out: Jesus knows what it means to be human and live in a chaotic culture filled with uncertainty. He brings comfort in the chaos. This week, discuss with your family how you have seen God bring you comfort during a chaotic time. Encourage each person to share a personal experience, and share your own with your family. Also, consider how God has comforted your family as a whole as well.