

BIBLE STUDIES FOR LIFE®

WINTER 2025-26

Unit 3, Session 3

CONNECTION POINT:

God is always faithful to do what He says.

THE BIBLE MEETS

LIFE: God sent Elijah to a woman who was down to her last handful of flour and oil. Then, Elijah showed up with a request and a promise. It was a big ask of someone who was already running on empty. But the widow chose to trust. Her obedience opened the door for God's provision—not just for Elijah, but for the widow and her son too. This passage reminds us that even when we have very little, God is faithful to provide.

LIVE IT OUT: Your student has been encouraged to take practical steps to live out his or her faith.

FAMILY CONNECTION

Use these discussion starters to help foster a spiritual conversation with your family.

PRESCHOOL

Scripture: 1 Kings 17:1,8-16

Live It Out: Review the Bible story. Talk about the word obey and help her understand what it means. Remind your child when she obeys her parents she is obeying God.

God told Elijah the prophet to go to a town, where a woman would give him food and water. In the town, Elijah saw a woman gathering sticks to build a fire. She was a widow.

Elijah asked, "Would you bring me some water and a piece of bread, too?"

The woman said, "I only have a little bit of flour and oil. I was going to make bread for my son and myself."

Elijah said, "Go home and make some bread for me. Then make some bread for you and your son. You will have enough flour and oil until God sends rain."

The woman made bread for Elijah, herself, and her son. The flour and oil were not used up. The woman continued to make bread for Elijah, her son, and herself. They ate for many days. Elijah and the woman obeyed God.

KIDS

Scripture: 1 Kings 17:1,8-16

Live It Out: Review the Bible story. Say that God did what He promised; we can trust God to do what He says. Find God's promises in the Bible and how he kept each promise.

During a famine, God told Elijah to go to the town of Zarephath where a widow would care for him. Elijah obeyed God. When he arrived, he saw a widow gathering wood. He asked the woman to bring him water and some bread.

The widow told Elijah that she only had a handful of flour in the jar and a bit of oil. The widow said, "I will bake a small loaf of bread for me and my son so we can eat it and die."

Elijah said to her, "Don't be afraid. Go and do what you said, but first, make a small loaf of bread and bring it to me. Then make some for you and your son." Elijah explained that God had told him the widow's flour jar and her oil jug would last until God sent the rain.

The woman did what Elijah said. The widow fed her family and Elijah for many days, yet the flour jar did not run empty and the oil jug did not go dry—just as God had said.

STUDENTS

Scripture: 1 Kings 17:8-16

- When have you felt like you didn't have much to give, and what would it look like to trust God with what little you have?
- What does it tell you about God that He knows what we need before we ask?
- If faith is more about small daily steps than big moments, what's one simple way you can show trust in God this week?

Live It Out: With your student, discuss how you can shift your mindset from worrying about the future to fully trusting that God will take care of you in His perfect timing. Ask your student what things he or she may be worrying about and feel free to share your own. Then, spend time praying for these things together.