

BIBLE STUDIES FOR LIFE®

WINTER 2025-26

Unit 3, Session 1

CONNECTION POINT:

Trust and obedience are rooted in following God.

THE BIBLE MEETS

LIFE: In today's story, Ruth chooses to leave her home and follow her mother-in-law into a new land, even though it's risky and unfamiliar. She doesn't have a plan or a guarantee that things will work out, just trust in God. It would've been easier for Ruth to go back to what she knew, but she stayed faithful. Her trust and obedience opened the door for God's provision. Even in uncertain places, God is still leading and working through the choices we make in faith.

LIVE IT OUT: Your student has been encouraged to take practical steps to live out his or her faith.

FAMILY CONNECTION

Use these discussion starters to help foster a spiritual conversation with your family.

PRESCHOOL

Scripture: Ruth 1–2

Live It Out: Together, choose a friend to receive a kindness. Provide a meal or send a card. Encourage your child to show kindness to his friends.

Naomi was sad when her husband and sons died. She decided to move back to her home in Bethlehem. She told her son's wife, Ruth, to go home to her family. Ruth said, "I will go with you. I have learned about your God. I want to serve God with you."

Ruth and Naomi went to Bethlehem. The people were excited to see Naomi.

Ruth and Naomi needed food to eat. Ruth went into the fields to gather grain for their food. She walked behind the workers and picked up any grain they left on the ground.

Ruth was in a field that belonged to a man named Boaz. Boaz was part of Naomi's family. Boaz saw Ruth and made sure she had plenty of grain.

Ruth worked in Boaz's field until the grain harvest was finished. She was happy to help Naomi. Naomi and Ruth were thankful for the food and the way Boaz cared about them.

KIDS

Scripture: Ruth 1–2

Live It Out: Review the Bible story. Say that people can trust God and obey Him. Talk about ways your family trusts God. Pray, thanking God for his faithfulness to your family.

Naomi moved to Moab with her husband and two sons. The sons were married to women from Moab. Naomi's husband died, then her sons died. Naomi decided to return to her homeland. Ruth, the wife of one son, refused to leave Naomi.

Ruth and Naomi returned to Bethlehem at harvest time. Ruth asked Naomi for permission to gather grain behind workers in a field. The barley field Ruth went to belonged to Boaz, who was a relative of Naomi's. He asked his servant about Ruth. The servant answered, "She came with Naomi from Moab. She has worked hard all morning."

Boaz told his workers to leave behind extra grain for Ruth to gather. He told Ruth to stay in his field and his workers would watch after her.

Ruth asked Boaz why he was kind to her. He thanked her for caring for Naomi.

STUDENTS

Scripture: Ruth 1:1-6,16-17; Ruth 2:11-13,19-20

- What are some things you can do to practice trusting God's providence in the face of uncertainty?
- Are you willing to trust God's plan for your life, even when it feels risky? Why or why not?
- How might God be using you, like Boaz, to bless others who are vulnerable or in need?

Live It Out: This week, gather with your family and ask them how you all can show up for the people around you, especially when they're hurting or feeling alone. Who do you know specifically in your church that you can help as a family? Who does your student know at his or her school? Then, make a plan to help this person (or people) and put it into action.