

# MENTORING WITH *Kimberly Wilson*



AND THE DAY CAME WHEN THE RISK TO  
REMAIN TIGHT IN A BUD WAS MORE  
PAINFUL THAN THE RISK IT TOOK TO BLOOM.  
—ANAIIS NIN

THANK YOU FOR EMBARKING ON THIS JOURNEY WITH ME. I'M HONORED TO WORK WITH YOU! THIS BOOKLET WILL HELP US PREPARE FOR OUR TIME TOGETHER. PLEASE RETURN YOUR RESPONSES WITHIN 48 HOURS OUR SCHEDULED SESSION.



KIMBERLYWILSON.COM

# Prep Sheet



**IN PREPARATION FOR OUR SESSION, PLEASE SPEND SOME QUIET TIME REFLECTING ON THE QUESTIONS BELOW.**

1. What are your objectives for seeking a mentor? (ex. seeking a fresh perspective, crave accountability, need advice)
2. What areas do you want to focus on? (ex. starting a business, writing a book, creating a self-care plan)
3. How do you think I can help?
4. What are three adjectives that describe you well?
5. What three main nuggets of info would you like to take away from our session?
6. Is there anything else that you would like me to know in advance of our session?
7. If connecting via phone or online, what is the number you would like me to call at our scheduled time?

**OPTIONAL OMWORK FROM HIP TRANQUIL CHICK + TRANQUILISTA:**

*Hip Tranquil Chick:* Create a vision statement. See Chapter 4 (Visionary Value) for more on this process.

*Tranquilista:* Peruse chapters 6-8 and note the topics that you'd like to explore further.

**THANK YOU FOR SHARING YOUR DREAMS. PLEASE RETURN THESE ANSWERS VIA EMAIL TO [KIMBERLY@KIMBERLYWILSON.COM](mailto:kimberly@kimberlywilson.com) 48 HOURS BEFORE OUR SESSION.**

# Mentoring Client Guide



**THANK YOU FOR EMBARKING ON THIS JOURNEY WITH ME.  
THIS SHEET GUIDES OUR MENTORING PARTNERSHIP.**

- 1) Mentoring sessions may be done via phone, Skype, FaceTime, or in person.
- 2) All sessions are confidential and are 50 minutes in length.
- 3) A mentoring session is \$199. Sessions can be paid via Visa or MasterCard (see attached form), online at [kimberlywilson.com](http://kimberlywilson.com), or in person via check, cash, or credit card.
- 4) You will be billed for all sessions not cancelled within 24 hours of your appointment time, except in the event of illness or an emergency.
- 5) Outside of a regular mentoring session, you will be billed for my time at your regular rate for services such as material review, research, or phone calls/emails that require more than five minutes. I will let you know of any substantial research or review that is necessary before proceeding.
- 6) If we are meeting via phone or Skype, I will call you. Please ensure I have your preferred contact information. My email address is [kimberly@kimberlywilson.com](mailto:kimberly@kimberlywilson.com) and it is the best way to reach me.
- 7) For ongoing doses of inspiration, visit my blog and bi-weekly podcast at [kimberlywilson.com](http://kimberlywilson.com).
- 8) Our mentoring alliance is a partnership. Please be vocal about your needs, desires, and questions. Helping you flourish is my mission. Please sign that you have read and understand this guide and return it to me via email or in person.
- 9) I, \_\_\_\_\_, agree that I have read this mentoring guide and am in agreement with the outlined guidelines. I will not hold Kimberly Wilson responsible for any damages and/or liability arising from our work together, either real or implied. I will put my heart into our work together and take action steps toward growth.

---

Signature

---

Date

# Credit Card Authorization



Kimberly Wilson is hereby authorized to charge to the following credit card for mentoring services provided at \$199 per session or \$749 for four sessions (no expiration date).

## CREDIT CARD INFORMATION

---

Client Name:

---

Credit Card Billing Address:

---

City, State + Zip:

E-mail Address:

---

Cell Phone #:

---

Name On Card:

---

Credit Card #:

---

Exp. Date (MM/YY):

---

Authorized Signature:

Date:

---

**I TAKE GREAT CARE TO PROTECT YOUR INFORMATION AND AM DELIGHTED TO COLLABORATE WITH YOU.**