

YERBA MATE:

STRONG LIKE COFFEE & HEALTHY LIKE GREEN TEA

PACKED WITH VITAMINS

It's rich in vitamins A, C, E, B1, B2, B3, B5, and B Complex.

LOADED WITH MINERALS

It contains calcium, manganese, iron, selenium, potassium, magnesium, phosphorus, and zinc.

BOOSTS IMMUNE SYSTEM

With over 90% more antioxidants than brewed green tea, Yerba Mate detoxifies the blood, prevents age-related illness, and reduces insomnia and stress.¹

IMPROVES FOCUS

Yerba Mate contains caffeine, antioxidants, and essential amino acids which will increase energy and improve focus.

PROMOTES DIGESTIVE HEALTH

Yerba stimulates healthy stomach acidity levels and cleanses the colon of harmful bacteria.

ENHANCES PHYSICAL ENDURANCE

Yerba mate contains high levels of antioxidants, vitamins, and minerals that provide a powerful energy boost.

SUPPORTS WEIGHT LOSS & TREATS DIABETES

Studies have shown Yerba Mate to be effective in the treatment of obesity and diabetes.²



¹ Modulation of Immune Function by Polyphenols

² Anti-obesity and anti-diabetic effects of Yerba Mate

