

# FREE\* 4 B'S

Week 4

**BACKWARDS VIDEO** We'll start the service with a video that crolling down reads lies of the enemy and scrolling up reads truth. It'll act as a bridge from last weekend's service.

**MEET WITH ME** – We'll teach this song up front so we can sing it with everyone at the end.

**BRIAN - THE BLAHS**– Brian's teaching will be divided into four sections. The f irst teaching block will be about the Blahs - the part of the freedom journey where you are just stuck in your bondage.

**STORY BLOCK #1**– These will be snippets from stories that are about the "blahs."

**LAYERS**– Each section of teachign will have a block of story snippets followed by a shortened version of a song. The first song will be "Layers" - available for free on crossroads.net. The songs will all be accompanied by a video of people in a room enacting the emotion of that stage.

**BRIAN - THE BREAKS** – The second teaching block will focus on the breaks, the part of the journey where you experience a break-through.

**STORY BLOCK #2**– These will be snippets from stories that are about the "breaks."

**SOMETHING CHANGED**– By Sara Groves

**BRIAN - THE BLUES** – The third teaching block will focus on the blues, the part of the journey where you experience a lull.

**STORY BLOCK #3**– These will be snippets from stories that are about the "blues."

**GRAVITY**– By John Mayer

**BRIAN - THE BLESSING** – The FOURTH teaching block will focus on the blessing, the part of the journey where you experience a the blessings of being freed

**STORY BLOCK #4**– These will be snippets from stories that are about the "blessing."

**I JUST SHOWED UP FOR MY LIFE**– By Sara Groves

**MEET WITH ME** – We'll sing this song at the end.

NOTE: Outline subject to change