

## How to Start a Fight

(Malachi 2:16 MSG) "I hate divorce,' says the God of Israel. 'I hate the violent dismembering of the 'one flesh' of marriage.

✓ \_\_\_\_\_.

(Jude 1:16 CEV) "These people grumble and complain and live by their own selfish desires. They brag about themselves and flatter others to get what they want."

(Proverbs 21:19 NLT) "It's better to live alone in the desert than with a quarrelsome, complaining wife."

✓ \_\_\_\_\_.

(2 Timothy 2:23 CEV) "Stay away from stupid and senseless arguments. These only lead to trouble,"

(Proverbs 21:23 GN) "If you want to stay out of trouble be careful what you say!"

✓ \_\_\_\_\_.

(Proverbs 11:12 NLT) "It is foolish to belittle one's neighbor; a sensible person keeps quiet."

(Proverbs 11:13 NLT) "A gossip goes around telling secrets, but those who are trustworthy can keep a confidence."

## Navigating Conflict

(James 1:19 NIV) "My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry."

1. Pay \_\_\_\_\_.

2. Seek to \_\_\_\_\_.

(Proverbs 10:19 NIV) "When words are many, sin is not absent, but he who holds his tongue is wise."

(Proverbs 29:20 NLT) "There is more hope for a fool than for someone who speaks without thinking."

3. Watch your \_\_\_\_\_.

(James 3:5-6 NIV) "Consider what a great forest is set on fire by a small spark. The tongue also is a fire...it sets the whole course of his life on fire, and is itself set on fire by hell."

4. Speak \_\_\_\_\_.

(Proverbs 15:4 NIV) "The tongue that brings healing is a tree of life..."

(Ephesians 4:29 NIV) "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

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## How to Start a Fight

(Malachi 2:16 MSG) “I hate divorce,’ says the God of Israel. ‘I hate the violent dismembering of the ‘one flesh’ of marriage.

### ✓ Complaining.

(Jude 1:16 CEV) “These people grumble and complain and live by their own selfish desires. They brag about themselves and flatter others to get what they want.”

(Proverbs 21:19 NLT) “It’s better to live alone in the desert than with a quarrelsome, complaining wife.”

### ✓ Arguing.

(2 Timothy 2:23 CEV) “Stay away from stupid and senseless arguments. These only lead to trouble,”

(Proverbs 21:23 GN) “If you want to stay out of trouble be careful what you say!”

### ✓ Belittling.

(Proverbs 11:12 NLT) “It is foolish to belittle one’s neighbor; a sensible person keeps quiet.”

(Proverbs 11:13 NLT) “A gossip goes around telling secrets, but those who are trustworthy can keep a confidence.”

## Navigating Conflict

(James 1:19 NIV) “My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.”

### 1. Pay attention.

### 2. Seek to understand.

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### 3. Watch your emotions.

(James 3:5-6 NIV) “Consider what a great forest is set on fire by a small spark. The tongue also is a fire...it sets the whole course of his life on fire, and is itself set on fire by hell.”

### 4. Speak words of life.

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