

THE OUTLINE

PART 3

SEXUALITY

- Develop a Healthy View of Sexuality: Helping them build a solid foundation

Mixed messages

- Parents: Don't do it or silence
- Church: Don't do it because it's dirty, rotten and sinful; save that dirty rotten, sinful thing for marriage!
- Secular: This is how you do it and use birth control

A THEOLOGY OF HEALTHY SEXUALITY

God created sex

Genesis 2:18-25

He sees it as good

Genesis 1:26-31

Adultery

Exodus 20:14

Fornication

I Thessalonians 4:3

One Flesh

Matthew 19:4-6

Sexual Purity

I Corinthians 6:18-20

LIVE BY THE PURITY CODE

The Purity Code Pledge

In honor of God, my family, and my future spouse, I commit my life to sexual purity.

This involves:

- Honoring God with my body
- Renewing my mind for the good
- Turning my eyes from worthless things
- Guarding my heart above all else

- Thoughts on the science of cohabitation

- Greater chance of divorce
- Greater chance of adultery
- Less sexual satisfaction

- Sex before marriage equals instant intimacy

SPIRITUALITY

- Compatibility
- Developing Spiritual Intimacy
 - Prayer
 - Worship
 - Accountability and support
 - The Closer Challenge

REMARRIAGE

- What have you learned from your past?
- Successfully blending a family
- Remarriage Readiness Survey (see next page)

REMARRIAGE READINESS SURVEY

1. I believe I have learned all I can from my past marriage and made the appropriate adjustments and changes.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

2. I am coming into this marriage with appropriate expectations.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

3. I have dealt with all that I can from my past.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

4. [If there are children] My fiancé and I are on the same page about stepchildren and parenting issues.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

5. I have not kept secrets from my fiancé.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

6. I have lived my physical relationship with my fiancé with integrity and honor.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

7. I have discussed all financial issues and responsibilities with my fiancé.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

8. I have talked to my extended community and invited them to give me input into our relationship.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

9. There are no red flags in our relationship that I have not either dealt with or are dealing with in a healthy way.

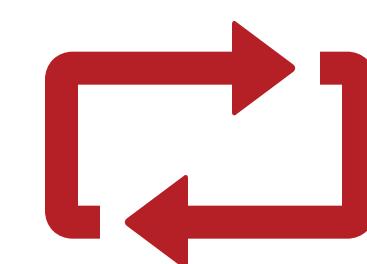
| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

10. I understand the communication and conflict issues of our relationship and believe I have the tools to thrive.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

11. I believe I am ready for remarriage.

| | Not at All | | | So-So | | | Absolutely | | | |
|---------------|------------|---|---|-------|---|---|------------|---|---|----|
| Me | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Fiancé | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |



PERSONAL & GROUP REFLECTION

PART 3

REFLECTION QUESTIONS:

1. Why do you think it is so difficult for people to talk about their view of sexuality in premarital education/counseling?
2. Is the Purity Code realistic in today's culture? What is the best way to approach a healthy sexuality while realizing that some couples have already compromised their standards?
3. Cohabitation is a major factor in relationships today. The studies Jim mentioned have deep, longterm issues like greater chance of divorce if they marry, greater chance of adultery in the marriage, and even less sexual satisfaction overall. In premarital counseling, how do you approach cohabitation with a couple who is living together before marriage?
4. Studies reveal that the success rate of a second (or more) marriage is lower than a first marriage. Jim contends that couples who are getting married for a second time must do the work to learn from their past relationship. Do you agree or disagree? Why?
5. Blending a family is not easy. What are principles you have learned to help people in this area?