

THE OUTLINE

PART 4

| IS TV STILL RELEVANT?

- By the time an American reaches the age of 65, they will have spent 9 full years watching TV.
- The average child watches 1200 minutes (20 hours) of TV per week and has 38 minutes of meaningful conversation with a parent.
- Researchers are finding connections between adolescent behavior and the “imitation” factor from TV.

The World According to TV (some of this may be changing but very slowly)

- We’re all young and beautiful
- We all let our children raise themselves
- We’re mostly white
- All we ever think about is sex

IT'S ALL ABOUT THE MOBILE DEVICE

- “The Social Media Generation”

It's all about the devices, devices, devices!!

- The cell phone is much more than a phone

“It's a super-computer that can connect you to the world.”

-Economist

- Only “friend” and “like” people you know

- It's not smart to sleep with your phone

- Assume everything in your phone will become public

- Your kids' mobile device drives them to distraction

- Create a mobile device contract

BE AWARE OF ONLINE BULLYING

- Online bullying is growing monthly
- 160,000 kids stay away from school every day because of bullying
- The point system
- Understand “revenge porn” and harassment issues

SEXTING CAN BE A FORM OF BULLYING

- Sexting is the new “first base”

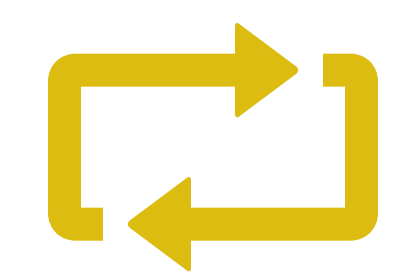
WHAT CAN WE DO?

Tips on Guiding Your Kids Online

1. The computer and TV are not babysitters.
2. The web is a resource, not a toy.
3. Have a parent/child privacy talk.
4. Pornography rules the web.
5. Computer must be in a highly visible place.
6. Consider a quality web filter.

HOW TO USE MEDIA IN A POSITIVE WAY

- The 25% Factor
- Family Nights (KISS: Keep it Short and Simple)
- Inspiration on YouTube
- Pizza and a Show
- Movie Night



PERSONAL & GROUP REFLECTION

PART 3

REFLECTION QUESTIONS:

1. At what age do you believe it's appropriate to give your kids a cell phone? What boundaries will you put in place?
2. Have your children ever been bullied via social media or any other way? Do you have a thought-out plan in the event they do get bullied?
3. Sexting is a big thing among young teens. Have you had a conversation with your kids about sexting? How will you help your younger kids prepare for times when this could happen to them as they get older?
4. What are the toughest guidelines for online use for you?
5. How are you using media in a positive way with your family?