

## THE OUTLINE

### PART 3

#### THE LESSON OF A.W.E.: COMMUNICATING WITH AFFECTION, WARMTH, AND ENCOURAGEMENT

- Affection

- Warmth

- Encouragement

*"I can live two months on one good compliment." Mark Twain*

*"Every child needs at least one adult who is irrationally positive about them."  
Urie Bronfenbrenner*

## THE LESSON OF DISCIPLINE AND GRACE: CREATING A GRACE-FILLED HOME

1. Rules without relationship equal rebellion
  
  
  
  
  
  
  
  
  
  
2. Choose your battles wisely (but win!)
  - If I were your age, I might feel the same way...
  
  - “Nevertheless” ...
  
  - Life isn’t fair
  
  
  
  
  
  
  
  
  
  
3. Nagging doesn’t work
  
  
  
  
  
  
  
  
  
  
4. Don’t be afraid to admit your mistakes
  
  
  
  
  
  
  
  
  
  
5. Clearly express your expectations

## | THE STAGES OF PARENTING

- Stage One: Catering

- Stage Two: Controlling

- Stage Three: Coaching

- Stage Four: Consulting

- Stage Five: Caring

## PERSONAL & GROUP REFLECTION

### PART 3

#### REFLECTION QUESTIONS:

1. Affection, warmth and encouragement are the foundation of a happy home and healthy relationships. What makes practicing AWE on a daily basis difficult in your home ?
2. What is your reaction to the quote, “Every child needs at least one adult who is irrationally positive about them?” How do you remain positive when you also have to discipline and set boundaries?
3. What makes it difficult to choose your battles wisely? Were the practical statements Jim shared helpful? If so, which ones?
4. Parents often believe they clearly express expectations to their children, but the children don’t feel they were clearly expressed. Why the discrepancy?
5. What stage is your child in, and do you believe you are parenting in the right stage?