

THE OUTLINE

PART 4

BUILDING BLOCKS FOR A SOLID FAMILY - THE POWER OF A HEALTHY FAMILY

Is There Hope? – Yes!

WE CAN MAKE A DIFFERENCE! HERE'S HOW...

- Healthy Families Model **Integrity** (Authenticity)

“The person of integrity walks securely...” Proverbs 10:9a

- The Power of **Being There**

Children regard your very presence as a sign of caring and connectedness.

- Express **Affection, Warmth and Encouragement**

- Affection

- Warmth

- Encouragement

- **Communication** of Love is Key

Positive communication is the language of love for our children.

- Love Languages for your kids from Gary Chapman

1. Words of Affirmation
2. Quality Time
3. Receiving Gifts
4. Acts of Service
5. Physical Touch

- **Play** is a Necessary Ingredient for a Close-Knit Family

There is nothing like play to bring about family togetherness and communication.

- Energize Your Family's **Spiritual Life**

OUR GREATEST CALLING IN LIFE IS TO LEAVE A SPIRITUAL LEGACY FOR YOUR CHILDREN.

"Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give to you today are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates." Deuteronomy 6:4-9

- Loyalty to God

- Passing on Faith and Love

- How You Do It: Faith Conversations

PERSONAL & GROUP REFLECTION

PART 4

REFLECTION QUESTIONS:

1. Jim mentioned six building blocks for a solid family. No parent is perfect. Of the six building blocks, which one do you do well and which one needs improvement?
2. Expressing Affection, Warmth and Encouragement (AWE) is key to setting a healthy tone or environment in your home. What could you do to bring more AWE to the family relationships?
3. Do you know the “love languages” of each of your family members? Name them and try to shower them with that love language on a regular basis. If you don’t know their love language you can take the quiz at 5lovelanguages.com.
4. How is the play and fun factor in your home? What can you do to make it even better?
5. For many families, “spiritual nurture” is the least developed area of growth. What can you do to help lead your children toward a more fully developed spiritual life?