

THE OUTLINE

PART 3

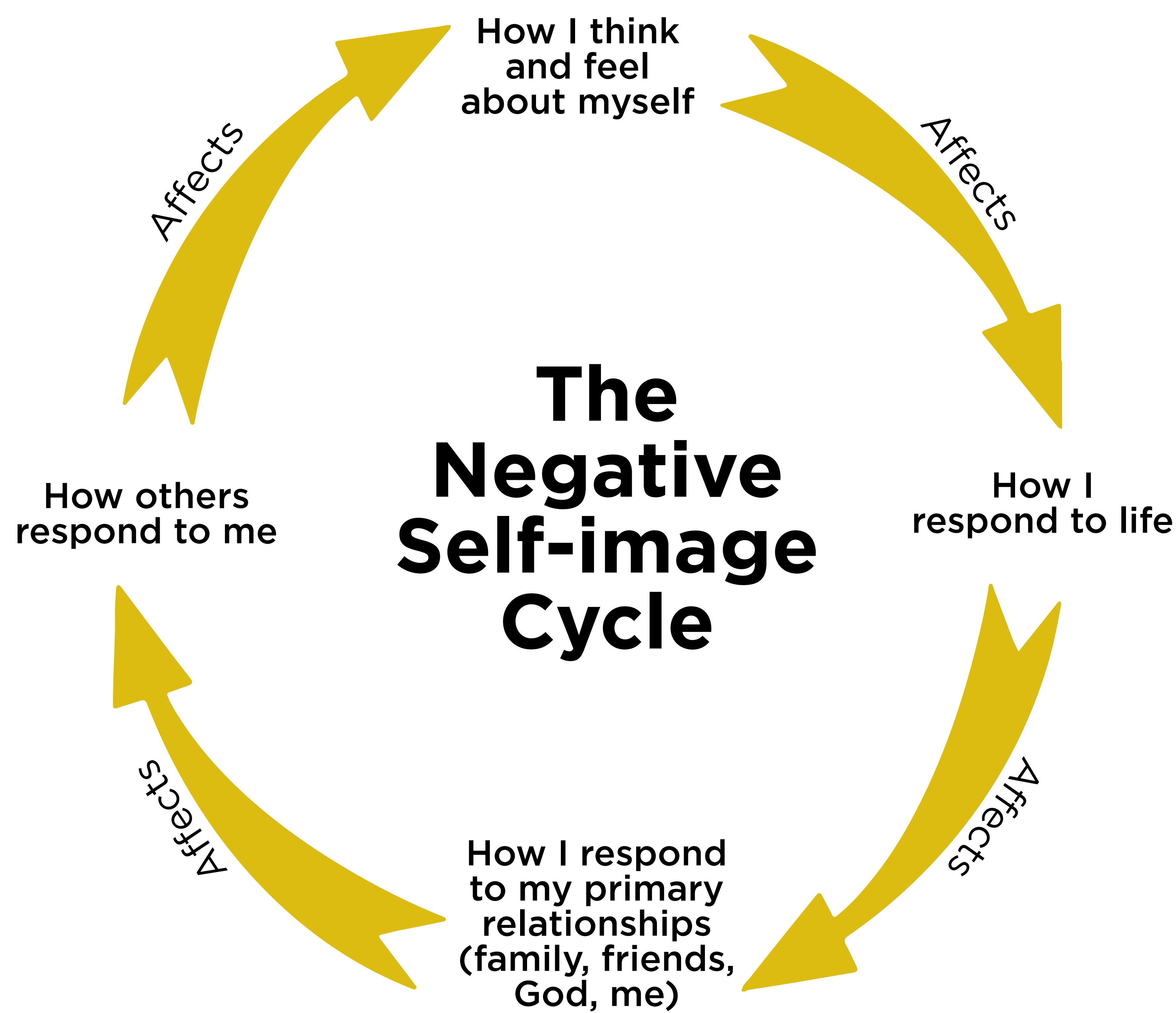
CRISIS #3: LOW SELF IMAGE OR IMPROPER SELF IMAGE

The foundation is being laid in the early years and then solidified often in the teen years...

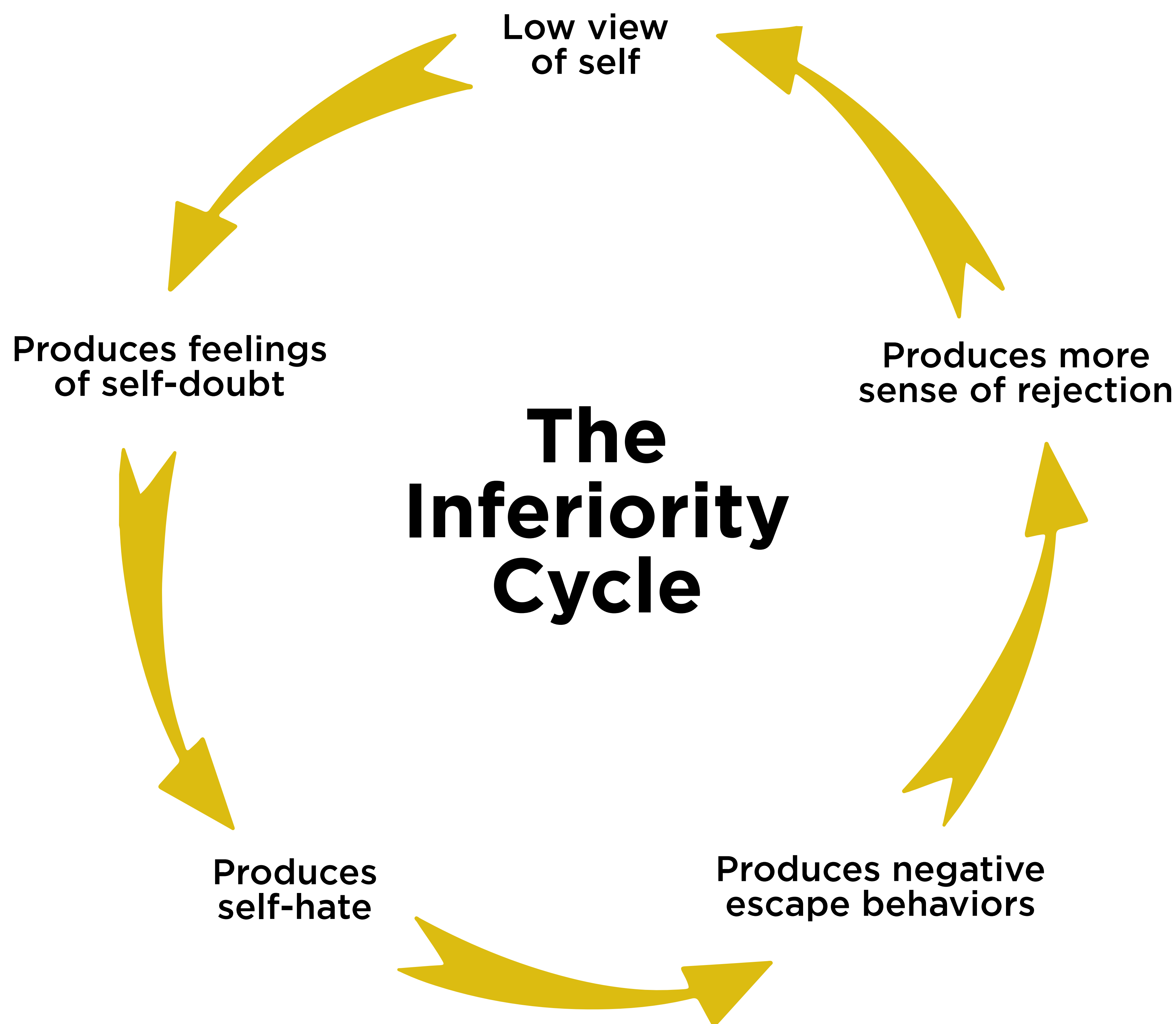
Every kid is facing four critical areas in their lives:

1. Developing a sense of identity
2. Establishing healthy relationships
3. Making life decisions
4. Developing a relationship with God

THE NEGATIVE SELF-IMAGE CYCLE



THE INFERIORITY CYCLE



PERSONAL & GROUP REFLECTION

PART 3

REFLECTION QUESTIONS:

1. How do you view a proper or healthy self-image as a form of fighting against negative cultural temptations?
2. How would you rate yourself in helping your kids with the four critical areas of a positive self-image? *(Developing a sense of identity, establishing healthy relationships, making life decisions, developing a relationship with God)*
3. Identify which area needs the most work for your children.
4. The negative self-image cycle must be broken for anyone to have a healthy self-image. Is there any section that stood out in your mind that needs extra attention with your children?
5. If you applied the inferiority cycle to your own life, how do you think it affected your moral and value choices growing up?