

## THE OUTLINE

### PART 1

#### LIKewise, YOUR CHILDREN ARE UNIQUE!

#### REVOLUTION OF CHANGE IN A GENERATION OF CRISIS

*“For I know the plans I have for you,” declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope and a future.’” Jeremiah 29:11*

#### DO WE HAVE ANY CHANCE OF STEMMING THE TIDE OF TODAY’S YOUTH CULTURE?

Every thirty minutes in the United States:

- 29 kids will attempt suicide.
- 57 adolescents will run away.
- 22 teenage girls will get an abortion.
- 685 teenagers will use some form of narcotics.
- 188 young people will experience a serious drinking problem.

## **THE PRIVATE LIFE OF THE AMERICAN TEENAGER QUIZ**

True or False:

True  False

Much of the marijuana smoked today is 5% to 20% stronger than the marijuana President Clinton didn't inhale from the late 1960s.

True  False

In the United States, one out of three young women and one out of five to six young men will be sexually abused before age 19.

True  False

Over 50% of Christian young people will try an illicit drug before age 18.

True  False

Between 1/2 million and 2 million teenagers attempt suicide every year. Suicide is the third-largest killer of teenagers.

True  False

There were 3 million new cases of sexually transmitted diseases reported among teenagers last year.

True  False

1 out of 5 kids in middle school and high school have been "sexted" or have sexted someone else.

- We were 4, 6, 11, 14, 16 but we were never their age!

## **Three Areas of Cultural Crises in the Lives of Today's Young People...**

### **CRISIS #1: SEXUAL REVOLUTION**

#### **- How bad is it?**

- Cohabitation is on the rise
  - Greater chance of divorce
  - Greater chance of adultery
  - Less sexual satisfaction
  
- Pornography use is on the rise
  - Most new users are boys 12 to 17, and girls are right behind them
  
  - Average age of first exposure is 10 for boys and 12 for girls
    - Escalation of Pornography:
      - Viewing
      - Addiction
      - Escalation
      - Desensitization
      - Acting it out

**THE ANSWER DEALS WITH HEALTHY DIALOG AND EDUCATION THAT IS AGE APPROPRIATE**

- Ages 3 to 5: God made your body
- Ages 6 to 9: Lots of questions... Answer their questions
- Ages 10 to 14: Key stage with lots of changes
- Ages 14+: Talk about EVERYTHING

**HERE ARE A FEW THINGS THAT ARE IMPORTANT TO DISCUSS, ESPECIALLY AS THEY BECOME PRE-TEENS:**

Topics:

- Definition of puberty
- Changes in hair, voice, muscles, skin, and body odor
- Body size and shape
- Menstrual periods
- Sexual organs
- Emotions
- Sexual attraction
- Masturbation
- Pornography
- Sexual harassment and teasing
- God's design for sex (following the plan of God, who designed sexuality and proper sexual expression: I Corinthians 6:16-20)
- Sexual intercourse and virginity
- Pregnancy
- Dangers of sex (physical and emotional)
- Why wait? (abstinence, sexual integrity, purity)

## PERSONAL & GROUP REFLECTION

### PART 1

#### REFLECTION QUESTIONS:

1. Raising kids in today's culture with popular values that are different than yours can be difficult. How would you say you do facing the differing values?
2. Did anything surprise you as a result of taking the Private Life of the American Teenager quiz?
3. We are going through a sexual revolution in our society. What fears do you have for your children?
4. Pornography use is on the rise. Do you feel that you are adequately prepared to talk with your kids about this issue? Why or why not?
5. Jim discussed "age-appropriate sex education." Would you say your children have a healthy understanding of sex education for their age level?