



CREATE
WITH POWER
WORKBOOK

HIRO BOGA

Copyright ©Hiro Boga, 2022

All rights reserved. No part of this book may be reproduced or transmitted in
any form or by any means without written permission from the author.

HiroBoga.com

CREATE WITH POWER

Power is essential for bringing your vision for your business to full and vibrant life. In the *Create with Power* masterclass, you've explored what power is, where it comes from, how it functions in your life and world, and what it has to do with growing your business in ways that are both sustainable and renewable.

We also explored how you can access your personal power and the powers of wholeness and work with them skillfully to create your life, your business, and your world in harmony with your soul's vision and purposes.

Through a guided practice, you experienced gathering your power and placing it in service to your heart's truest desire. Listen to the *Gathering Your Power* audio, and then jot down your impressions, insights, and inner nudgings in the space provided here, or in your journal.

Here are some questions to help guide your exploration of power, and how accessing power and bringing it to bear on one difficult situation in your business can help you transform it.

Take your time with this. Explore these questions in a spirit of openness, curiosity, and buoyancy. Invite the Devas of clarity, truth, and humour to accompany you.

FIRST, ASK YOURSELF...

- Where in your business do you feel tightness, congestion, a lack of enthusiasm, a loss of delight? What feels stuck or stalled right now? What feels overwhelming, thorny, confusing, or just plain tedious or boring to you?

NEXT, EXPLORE HOW YOU FEEL ABOUT POWER, IN RELATIONSHIP TO THIS SITUATION.

- If you had the power to change this situation today, would you? What would this situation look and feel like, once you had transformed it to meet your heart's desire?
- If this transformation were to be offered to you right now, would you say Yes to it? Or are you ambivalent about having it?

- What do you believe about power? Really and truly? Where did these beliefs come from? What experiences have you had in your life that reinforce these beliefs?

- Power is...

- Power brings...

- What would a clear pathway between you and the fulfillment your heart's desire look like? Draw it below. Mark the steps you'll take along the way.

CONSIDER YOUR EXPERIENCES WITH POWER, AND THE STORIES THAT HAVE SHAPED YOUR VIEW OF POWER AND POWERLESSNESS.

- What is your earliest memory of experiencing your own power to see, to choose, to act, to make something happen because you wanted to?
- When was the first time you experienced power being abused?

- Who was it being used against and how, and by whom?
- What decisions did you make about power, as a result of experiencing power being abused?

- What are you afraid to let people see in you? Make a list. How does hiding these aspects of you affect your power?
- What are you ashamed of, in yourself? Make a list. Next to each one, write down how this is a source of your power.

NEXT, EXPLORE HOW YOUR BELIEFS ABOUT POWER PLAY OUT IN THIS PARTICULAR SITUATION IN YOUR BUSINESS.

- Do your beliefs and stories about power still hold true for you now?
- In what ways do these beliefs and stories affect your ability to act decisively to fulfill your true desires in this situation?

NOW, LET'S EXPLORE WHAT RIGHT RELATIONSHIP WITH POWER FEELS LIKE, FOR YOU, AT THIS TIME.

- What is the image or symbol that came to you during the guided practice, which represents your personal power in this moment?

- What do you experience, when you invite the flow of power from this image / symbol into your heart? Write about your experience.

NOW, TUNE INTO THAT ISSUE IN YOUR BUSINESS THAT YOU HAVE BEEN STRUGGLING WITH OR THAT'S ON YOUR MIND.

- Notice how you feel about it now. Notice the sensations in your body, your feelings, your thoughts, the story you tell about it.
- What do you know about it now that you didn't know before we began this exercise?

- Has your relationship with it changed as you've embodied more of your personal power? How will you approach this situation now? What steps will you take to create what you truly want here?

JOT DOWN NOTES ABOUT YOUR
EXPERIENCE, AND ANY IDEAS OR
INSIGHTS THAT COME TO YOU THAT
WOULD BE HELPFUL IN MOVING
THROUGH THIS ISSUE.

USE THIS PROCESS AS OFTEN AS YOU WISH, TO RECHARGE AND BUILD YOUR LEVEL OF PERSONAL POWER.

If you want to deepen your experience and anchor it more fully in your body, draw or paint and make a collage of the images that are tributes to and reminders of your personal power. Place your symbol of personal power in the center of your collage.

Hang your collage on the wall where you do your creative work, to remind you to access and turn on your personal power.

Surround yourself with reminders of your power, reminders that you can see, choose and act in ways that allow you to create your heart's desire with ease, clarity, and purposeful action. When you do this as a daily practice, you'll find that your business will transform in ways that are far beyond what you can currently imagine.

WHAT'S NEXT?

Thank you for joining me for the *Create with Power* masterclass.

If you'd like to learn more about how entrepreneurship guided by soul can transform your life and how energy alchemy and Devic partnership can serve you, your business and your community in profoundly powerful ways, I invite you to immerse yourself in *Become Your Own Business Adviser*, my 12-week self study program and deep dive into soul-powered business.

As with all of my programs, *Become Your Own Business Adviser* is the result of more than 40 years of my life's work in the fields of creative entrepreneurship, visionary leadership, and soul-sourced living.

Inside *Become Your Own Business Adviser*, you'll find soul and strategy, practical skills and inspired action, walking hand-in-hand to help you grow a business that is fully aligned with your values, your desires and your calling.

For a limited time, my team and I are also offering a special opportunity to receive my powerful *Heart of Support* program (a \$150 value), absolutely free, when you register for *Become Your Own Business Adviser*.

The Heart of Support is a valuable companion to *Become Your Own Business Adviser*, offering a generous invitation to explore your relationship with support in ways you may have never considered, and to heal, renew and nurture that relationship for a lifetime.

Support and provision are essential qualities that form a strong foundation for the world of your business. When you infuse the life of your business with support — when you both embody the essential qualities of support and receive its many forms freely — your business's presence and impact grows naturally, effortlessly and with greater ease.

[Click here](#) or visit the link on the next page to discover all the exciting details about this exclusive bundle that includes *Become Your Own Business Advisor* and *The Heart of Support*.

My programs have supported thousands of clients and students to reclaim joy, freedom and creative sovereignty, while enjoying prosperity and success on their own terms in their businesses and in their lives.

I wish you playfulness, ease, curiosity, and creative delight as you explore the world of your business through the portal of soul partnership and all that it offers you and your world.

**The *Become Your Own
Business Adviser* +
Heart of Support Bundle**

[EXPLORE THE BUNDLE »](#)

