



Suit Up: The Belt of Truth

Main Scripture: Eph 6:10-19

Additional Scriptures: Eph 4:14; Col 2:25; Gen 3:4; Prov 3; Jn 8:31-36

Discussion Questions

Roman soldiers were dressed for battle. In order to aid agility and fight forcefully, they took their tunics and tucked them into their belts. The belt secured their core. It constrained, but freed them to fight well.

TRUTH

- Who retorted, "What is truth" in John's gospel?
- How do we know the truth?
- How are we to stand against false doctrine or deceitful schemes? Eph 4:14
- What was Satan's first move in the garden? How did he approach Eve?
- How did Satan receive authority?
- What happened to Satan's authority when Jesus died on the cross?
- Why do we wrestle (spiritual warfare) with demonic spirits today?
- How does the kingdom of God advance?

SUBMIT TO THE STANDARD

- How do we recognize God's boundaries? Why do we need them?
- What does it mean to submit to God as *Lord*?
- Why do we need revelation? How does this help us understand?

IDENTIFY THE LIES

- What's the lie that's coming against you now?
- What's the lie that's coming against your family or friend?
- How do you stand against these lies? What are you doing to strengthen your mind and spiritual life when an attack comes?

It's not Truth that sets you free, but the Truth you KNOW that sets you free!

READ JOHN 8:31-36

APPLY THE TRUTH

- How are you applying the Word of God? Give examples.
- Is there a particular scripture that helps you fight against the devil's schemes?

Put on the Belt!