

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

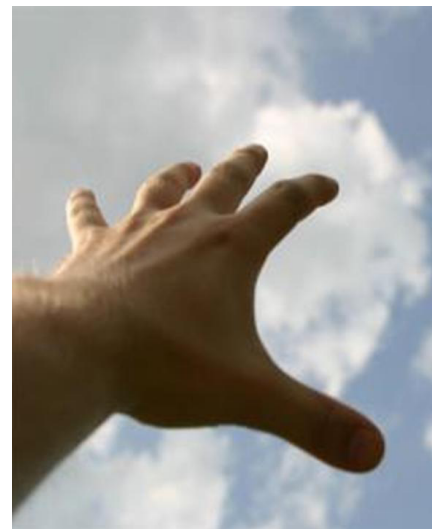
QUESTION ONE

Q#1 What things in your life that come from outside you are central to making your life feel meaningful? What outside sources feed your inner life?

QUESTION TWO

Can you recall a time when someone or something outside yourself made a big difference to your inner life? Describe what happened.

Q#2



"Our worst days are never so bad that you are beyond the reach of God's grace. And your best days are never so good that you are beyond the need of God's grace."

JERRY BRIDGES

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QUESTION THREE

Q#3 If you were completely honest, how does the presence of Christ feed your life in a week? In what ways are you exposed to the source?

QUESTION FOUR

Q#4 Over the years, how do you most easily encounter a sense of the spiritual? Is it through solitude, reading, music? What speaks to you most easily?



"All heroes are shadows of Christ"

JOHN PIPER

ACTION STEPS

1. Make the time to write a letter or short note to a person who has been a big source of support or growth in your life. Take the time to tell them in written format.