

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

QUESTION ONE

Q#1 Truth is a deep hunger of the human heart. Why do you think this is so? What is it about us that gives us the desire to encounter truth?

QUESTION TWO

Describe a time in your life when you encountered falsehood or betrayal rather than truth. What did you feel? Looking back what do you draw from this?

Q#2



“Lord, if your people need me, I will not refuse the work. Your will be done.”

ST. MARTIN OF TOURS,

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QUESTION THREE

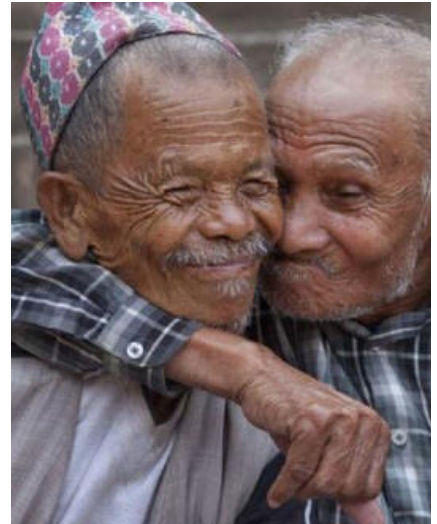
Q#3

Where is 'the truth' in your subject area or role? What aspect of your teaching do you think can help students encounter truth?

QUESTION FOUR

Q#4

Jesus did not claim to have ideas 'about the truth' - he claimed to be, 'the Truth'. At this stage of your spiritual journey what do you think about His claim?



"It is requisite for the relaxation of the mind that we make use, from time to time, of playful deeds and jokes."

ST. THOMAS AQUINAS

ACTION STEPS

1. Spend ten minutes on your own in the chapel over the next week reading John Chapter 8 v.32
2. Make it a priority to speak 'the truth' into the life of a struggling staff member or student over the coming week. Speak the truth about their inherent worth and value and preciousness in God's eyes. Speak the truth about their potential and help them find hope in whatever they face.