

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

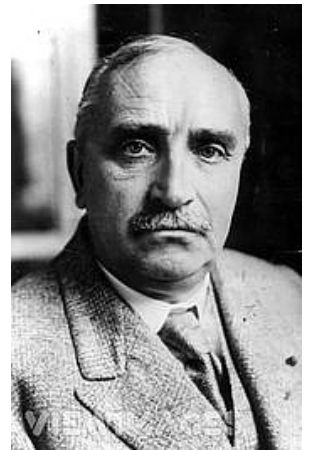
Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

Q# 1

Describe a person you know who demonstrates a constant disposition of charity. What do you notice about them?

Q# 2

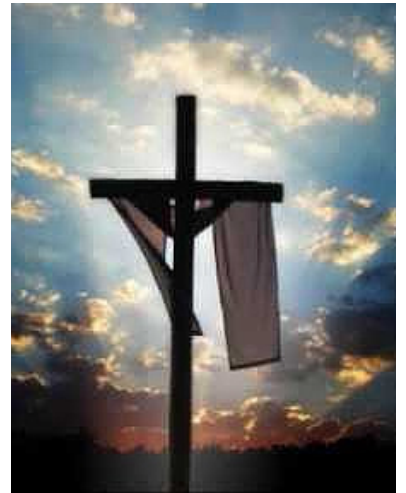
Whom do you find it hard to love or show charity to in your school community? Spend some time really reflecting on that relationship. What is the core of your challenge with them? What is the opportunity?



"Truth has nothing to do with the number of people it convinces."

Paul Claudel

Going Deeper

[illegible]

“The days in which we live now require heroic Catholicism, not casual Catholicism. We can no longer be Catholics by accident, but instead be Catholics by conviction.”

Bishop Daniel Jenky

Action Steps

This week, take the risk of asking someone who knows you very well what they observe about you in the area of charity or loving others. Ask them to be honest but gentle and reflect what they notice about your interactions with others and any areas where you could improve. Take those reflections to prayer and ask Jesus to gently strengthen you in this area of your life.