

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

QUESTION ONE

Q#1 Do you feel that there has been a moment in your life where you said a clear 'yes' to Jesus? Describe your feelings about your current sense of personal relationship with Him?

QUESTION TWO

Q#2 What makes it hard for you to deepen your spiritual life? What experiences, pressures, responsibilities or other factors make it hard to go deeper?



Pray with great confidence, with confidence based upon the goodness and infinite generosity of God and upon the promises of Jesus Christ. God is a spring of living water which flows unceasingly into the hearts of those who pray.

ST. LOUIS DE MONTFORT

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QUESTION THREE

Q#3 In your life so far can you describe a specific book, piece of music, film or other experience that triggered a sense of the spiritual for you?

QUESTION FOUR

Q#4 What might your answer to question three suggest to you about one of the ways Jesus wants to communicate with you? What is your 'spiritual language'?"



We are moving toward a dictatorship of relativism which does not recognize anything as definitive and has as its highest value one's own ego and one's own desires. The church needs to withstand the tides of trends and the latest novelties. We must become mature in this adult faith, we must guide the flock of Christ to this faith.

POPE BENEDICT XVI

ACTION STEPS

Make a firm commitment this week to explore a way in which Jesus might be seeking a deeper connection with you. Try finding a special book, poem, piece of music or art or an experience in nature that allows you some time to seek His presence.