

# STAFF PERSONAL REFLECTION JOURNAL

## *Going Deeper*

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

### QUESTION ONE

Q#1

Watch this week's video one more time? Try and identify one key point that really stuck out for you. What did you feel about?

---

---

---

---

---

---

---

---

---

---

---

---

### QUESTION TWO

Q#2

What one teaching of Jesus is most influential in your life? Can you think of something he taught that has an impact on you over the years or perhaps is something you aspire to?

---

---

---

---

---

---

---

---

---

---

---

---



"Many people mistake our work for our vocation. Our vocation is the love of Jesus."

MOTHER TERESA

# STAFF PERSONAL REFLECTION JOURNAL

## *Going Deeper*

### QUESTION THREE

**Q#3** Which teaching of Jesus do you find the hardest to live? What is it about this teaching that you find confronting or challenging?

---

---

---

---

---

---

---

---

---

---

### QUESTION FOUR

**Q#4** How do you feel about the idea that you actually participate in the teaching of Jesus? How does this make you feel?

---

---

---

---

---

---

---

---

---

---



“Everyone has their own specific vocation or mission in life; everyone must carry out a concrete assignment that demands fulfillment. Therein they cannot be replaced, nor can their life be repeated, thus, everyone’s task is unique as their specific opportunity to implement it.

VICTOR E. FRANKL  
HOLOCAUST SURVIVOR

## ACTION STEPS

1 In a journal identify two things you must value about teaching or most enjoy. Do you find there is a spiritual level of experience here? Take some time to journal the deep reasons why you chose to stay teaching.

2. In one of your classes identify a key teaching of Jesus’ that you would like the students to know more about. Take a couple of minutes at the start of each lesson to keep this teaching in front of them and discuss some practical ways they could live it out in the school community.