

STAFF DISCUSSION JOURNAL

Going Deeper

PART 1

Scripture Reflection

As a staff, take a few moments to sit in total silence. Silence is a rare commodity and central to how God speaks with us.

After some time in silence, have one person read the following scripture from Luke Chapter 22

When the hour came, Jesus and his apostles reclined at the table. 15 And he said to them, "I have eagerly desired to eat this Passover with you before I suffer. 16 For I tell you, I will not eat it again until it finds fulfilment in the kingdom of God." 17 After taking the cup, he gave thanks and said, "Take this and divide it among you. 18 For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes." 19 And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."



"Without the burden of afflictions it is impossible to reach the height of grace. The gift of grace increases as the struggle increases."

St. Rose of Lima

Questions For Group Discussion:

Now, take a few moments in silence and then read it one more time.

How important is the sacramental life in your journey so far as an educator? Being honest, share your experience of the sacraments? If they are not an important part of your life can you share the reasons or barriers that make this the case?

How central is the sacramental life in your school community? Do the sacraments run deeper than occasional liturgies? What might be some ways the sacramental life could be deepened?

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PART 2

Take a moment to read aloud the following quote:

The greatness of the liturgy depends (we shall have to repeat this frequently) on its unspontaneity.

Pope Benedict XVI

In a culture of endless stimulation and distraction how do you feel the quote above reflects something important about the sacraments and , particularly, the Liturgy of the Eucharist.



“A humble soul does not trust itself, but places all its confidence in God.”

St. Faustina

STAFF PRAYER

Dear Jesus,

We pray for a renewed love for the sacraments.

Help us to see in each sacrament something of your beauty, truth and goodness.

We pray for a grace to return to the sacraments as central to both our personal growth in faith and to our communal life.

Help us to find you in the sacraments in a new and deeper way. Lead us to healing. Lead us to forgiveness. Lead us to your very self.

In your name Jesus we pray. Amen.