

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

Q# 1

What do you think best helps form young people both humanly and spiritually? What role can God's grace play in this?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Q# 2

Can you describe one time in your life where you felt that you needed to rely on God's grace? How did God help you in this time?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

"Few souls understand
what God would
accomplish in them if
they were to abandon
themselves
unreservedly to Him
and if they were to
allow His grace to
mold them
accordingly."

St. Ignatius Loyola

Going Deeper

Do you feel that there is anything in your life right now that is holding you back from receiving God's grace? How do you think this can change?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

"What beauty? I don't see my beauty at all; I see only the graces I've received from God."

Saint Therese of Lisieux

Action Steps

This week, take time to reflect on the reading from 2 Corinthians 12:8-10. Reflect on how God's grace is strongest even in our weakness and difficulties. Try to identify at least one area in your life that needs God's grace and pray that, through God, you would be able to overcome it.