

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

Q# 1

In what ways do you personally witness the Gospel to your students? How do you bring the content of these lessons to life?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Q# 2

How do you think that growing closer to Jesus helps us to be better Catholic teachers?

This image shows a blank sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“He who reads much
and understands
much, receives his fill.
He who is full,
refreshes others.”

St. Ambrose

Going Deeper

How do you think you can grow closer to Jesus? In what areas of your life and work can you ask for his grace?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

"If, however, you seek Jesus in all things, you will surely find Him."

Thomas a Kempis

Action Steps

This week, spend some time reflecting about how you witness the love of Christ and the message of the Gospels to your students. Use this as a springboard to go to prayer and ask God for whatever grace you need to live out your vocation.