

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

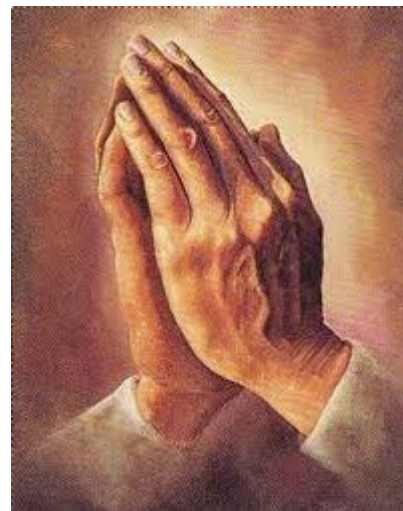
Q# 1

Was there a time in the last week where you really felt the presence of God? How can you find God's presence through your vocation and daily life?

[illegible]

Q# 2

Where are the physical places in your life that you find it easiest to feel close to God? What is it about these places that draw you into God's presence? How can you seek them out more?

[illegible]

“Pray with great confidence, with confidence based upon the goodness and infinite generosity of God and upon the promises of Jesus Christ. God is a spring of living water which flows unceasingly into the hearts of those who pray.”

St Louis de Montfort

Going Deeper

How do you react whenever God feels distant? How do you remind yourself of God's presence in these moments?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“When you approach the
tabernacle remember that he
has been waiting for you for
twenty centuries.”

St. Josemaria Escriva

Action Steps

Try find some time for Eucharistic Adoration this week. If that's not possible set aside some extra time for prayer in a church or chapel where he is present in the Tabernacle. Reflect on how close Jesus wishes to be with you in the Eucharist and how close he wishes to be with you in heaven where 'we will see him face to face' (Rev 22:4).