

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

Q# 1

How have you experienced God during the past week? What people, experiences or conversations might have been God moments?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

“I believe that we must reach our brother, never toning down our fundamental oppositions, but meeting him when he asks to be met, with a reason for the faith that is in us, as well as with a loving sympathy for them as brothers.”

Dorothy Day

Q# 2

What area of schooling did you struggle most with when you were a student? When you reflect upon that which of your current students come to mind? How might they be a chance to practice a deeper compassion?

[illegible]

Going Deeper

Do you ever feel disappointed by God? In what areas of life do you sometimes feel abandoned?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“True charity consists in doing good to those who do us evil, and in thus winning them over.”

St. Alfonsus Ligouri

Action Steps

Try and attend an extra Mass this week. In the busyness of your daily life try and find a local Mass and take some time to just sit in the silence. Focus upon the consecration and upon Jesus in the Eucharist. Allow this time to be a blessing to you. Allow it to be a time just for silent, prayerful communion with Jesus. Let this experience radiate out into your work.