

STAFF PERSONAL REFLECTION JOURNAL

Going Deeper

Try and find a quiet place such as the school chapel and, after watching the video, capture your thoughts on the following questions:

Q# 1

How do you think God sees you?

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Q# 2

What area of your spiritual life do you feel needs the most growth right now?

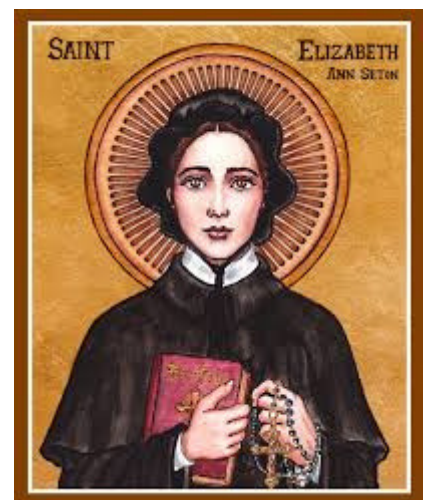
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“Nothing else is required than to act toward God, in the midst of your occupations, as you do, even when busy, toward those who love you and whom you love.”

St. Alphonsus Ligouri

Going Deeper

Who is a person you feel has advanced along the 'path of perfection'?
What qualities or attributes do you admire about them?

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“I will go peaceably and firmly to the Catholic Church for if Faith is so important to our salvation, I will seek it where the true Faith first began, seek it among those who received it from God himself.”

St. Elizabeth Ann Seton

Action Steps

IN the coming week try and focus upon one student who you feel needs some help along the journey toward Christian perfection. Perhaps there is some behaviour or attitude that is holding them back that you may be able to help with.